

**Home and Community-Based Services (HCBS) Rules  
CONCEPT PROPOSAL**

**Enclosure C**

Existing regional center vendors may receive funding to make changes to service settings and/or programs to help them come into compliance with the HCBS rules. To be considered for funding, vendors must complete and submit this form and the Provider Compliance Evaluation form by October 1, 2016, to the regional center with which it has primary vendorization.

**This form may not exceed three pages and must be kept in Arial 12-point font.** The narrative should link to the federal requirement that is not being met. The Provider Compliance Evaluation should guide the narrative. The results of the Evaluation should be clearly laid out in the narrative. Additionally, the narrative should describe how the funding would achieve compliance. Concept proposals should be developed with a person-centered approach, with proposed changes/activities focused on the needs and preferences of those who receive services. The estimated budget and timeline need not be detailed at this point but must include all major costs and benchmarks.

More information on the HCBS rules and this form can be found at:  
<http://www.dds.ca.gov/HCBS/>

Vendor and vendor number	Bakersfield Arc – PK5126
Primary regional center	Kern Regional Center
Service type and code	Day Program, Community Integration Training Program - 055
Number of consumers currently serving	142
Barriers to compliance with the HCBS rules and/or project implementation	<b>Employment Opportunities, Lanterman Act, the Right to Choose and Social Inclusion</b> —Options for client access to employment, knowing their rights and integration options needs to be further developed along with removing barriers and fears that restrict these individuals from securing employment and becoming members of the community. When it comes to improving employment opportunities, BARC needs to create a greater connection to employers for the employment placement of individuals who have been trained in job skills matching employers’ needs. In addition, there are many other dynamics that must be further addressed for individuals to step forward and succeed in community employment. For example social inclusion issues, such as barriers with transportation to the work place, fear of employment working alongside nondisabled individuals, family or individual fear of loss of SSI, lack of confidence in individual’s capacities by family or staff, resistance of staff to support individuals efforts to engage in outside employment, lack of individual knowledge of employment opportunities, no available or presented outside employment opportunities, and limited understanding of available community resources (i.e. banking options, entertainment, acquisition of a driver’s license, etc.). BARC staff requires further need of detailed training to help them to overcome their own personal bias that interferes with allowing client

	<p>options of choice. The current BARC environment of traditionally limiting individual initiative, autonomy, and independence in making normal routine life choices interferes with individuals being encouraged to engage in activities of their own choosing, their interaction with others, and daily activity choices. BARC has traditionally followed a regimented schedule dictated by program management and carried out by service level staff. The mindset of providing individuals with greater empowerment over choices that impact them is a cultural change for both individual and BARC staff. The rudiments of the Lanterman Act for guaranteeing freedom of choice by these individuals often times is overlooked and their rights not fully expressed to them or reinforced so that they are not fully aware that they have control over their own lives. Both staff and BARC served individuals have subordinated their roles to the dictates of the individual's care providers or BARC program management, out of convenience or fearing the risk (not trusting that these individuals can make the right decision). BARC needs to implement policy and training guidance for all stakeholders involved to be able to put more emphasis on individual's right to choice.</p>
<p>Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request</p>	<p>BARC acknowledges not meeting all the specific requirements of Federal Requirements #1, #3, #4 and #5 after completing the Provider Compliance Evaluation Enclosure B. The challenge is of meeting individual empowerment and choices as outlined in the above discussion. The solution requires that staff, individuals and their families have full and accurate information about the individual's service options, including skills training options, what employment opportunities exist, what services and other options exist in the nondisabled integrated community settings outside of BARC. This requires everyone to put their best foot forward to optimize the most advantageous choices for served individuals to become fully integrated into as many real life community settings as possible. It requires a better detailed understanding of the Lanterman Act and a cultural change. The end result is to find the solution to get closer to full compliance by creating a bridge between and among staff that fits with the choice needs of individuals and helps encourage and improve support from their families and care providers. BARC is proposing to create a new position of Transition Coordinator. This position will help to eliminate the barriers and fear that interferes with BARC achieving the HCBS federal requirements #1, #3, #4, &amp; #5 for achieving individual autonomy when it comes to their choices over their life. The new position will create greater links within the community with potential employers. The position will help move BARC individuals into employment within mainstream businesses. This will create a much greater employment component that adds choice for these individuals to be better integrated back into the</p>

	<p>community. Currently, this option is greatly lacking. Also, the position is greatly needed to strengthen BARC's constant adherence to the Lanterman Act in regards to individual choice. The position will help BARC to have on-going trainings to build an environment of choice for individuals served and promote greater individual autonomy. This requires trainings for both staff and individuals served. The position would help provide the new culture of individual autonomy for new staff and client orientations. This is a key role that must be filled in moving forward.</p>
<p>Estimated budget; identify all major costs and benchmarks— attachments are acceptable</p>	<p>The expected budgeted cost for the single Transition Coordinator position is \$73,793 for wages and benefits. Please see attached detailed budget. The new budgeted full-time position would fulfill the following benchmarks:</p> <ol style="list-style-type: none"> <li>1) Notification that by February 28, 2017 that BARC has been selected for funding.</li> <li>2) Contract signed by June 1, 2017.</li> <li>3) Recruit and hire the best qualified candidate for the Transition Coordinator position by July 1, 2017.</li> <li>4) Provide BARC staff new hire orientation and on-going quarterly trainings reinforcing the key Lanterman Act individual autonomy and choice by September 1, 2017.</li> <li>5) Provide new client orientations reinforcing the key Lanterman Act individual autonomy and choice by September 1, 2017.</li> <li>6) Created new outside employment job options adding to individual choices by October 1, 2017.</li> <li>7) Develop trainings and other resources for care providers of individuals served to improve individual choice by October 1, 2017.</li> <li>8) Continue on-going effort of community job development, staff, client and care-giver trainings, and Lanterman Act advocacy for individual autonomy.</li> </ol>
<p>Requested funding for 2016-17</p>	<p>\$73,793</p>
<p>Estimated timeline for the project</p>	<p>The project timeline start is estimated by June 1, 2017 at contract approval. Please reference the benchmarks above for the details of the expected major timeline events for this proposed project as well as the visual Timeline Chart attached. The proposed requested seed funding will help implement the proper staff member to ensure greater compliance with the mandates of meeting Home and Community-Based Services Rules.</p>