

Home and Community-Based Services (HCBS) Rules CONCEPT PROPOSAL

Enclosure C

Existing regional center vendors may receive funding to make changes to service settings and/or programs to help them come into compliance with the HCBS rules. To be considered for funding, vendors must complete and submit this form and the Provider Compliance Evaluation form by October 1, 2016, to the regional center with which it has primary vendorization.

This form may not exceed three pages and must be kept in Arial 12-point font. The narrative should link to the federal requirement that is not being met. The Provider Compliance Evaluation should guide the narrative. The results of the Evaluation should be clearly laid out in the narrative. Additionally, the narrative should describe how the funding would achieve compliance. Concept proposals should be developed with a person-centered approach, with proposed changes/activities focused on the needs and preferences of those who receive services. The estimated budget and timeline need not be detailed at this point but must include all major costs and benchmarks.

More information on the HCBS rules and this form can be found at:
<http://www.dds.ca.gov/HCBS/>

Vendor and vendor number	Foster Parent Training Center for Homes of Hope; HK6210
Primary regional center	Kern Regional Center
Service type and code	Residential facility – Children – Staff Operated; Service Code 920
Number of consumers currently serving	20
Barriers to compliance with the HCBS rules and/or project implementation	There are a lack of services available to teach consumers the skills necessary to optimize their individual strengths and drives in order to use autonomy and independence in making life choices. Our current service delivery structure is top down, meaning a social worker will assess needs and arrange service delivery. We need to restructure our service delivery system to take into account the federal requirements in regards to consumer choice, empowerment, and person-centered case planning. We also need to restructure our training plan to include annual reviews of the Lanterman Act, personal rights, privacy, and confidentiality.
Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request	We are a vendorized residential facility for children; however, in January, 2017 we will be vendorizing as a residential facility for adults as we will be offering transitional living services to foster youth turning 18 years of age until the age of 21 years. We are currently adding programming to our services that will allow Kern Regional Center consumers to increase their autonomy and independence through their person-centered service plan. Our new programs, which are open to all Homes of Hope clients, have three functions: 1) provide for weekly treatment team meetings with the person and their natural and community supports, 2) provide a peer mentor that works with the consumer daily on skill development and practice, and 3) provide a comprehensive educational program for staff,

RECEIVED
SEP 30 2016

BY: _____

	<p>caretakers, and consumers to learn how to empower consumers to learn new skills and address barriers to self-sufficiency and independence.</p> <p>Our program will use a Wraparound model, which involves Intensive Case Management. Both of these models are evidenced based with a wide variety of populations. These models provide weekly team planning meetings that include the consumer to identify goals, challenges, and develop a plan to meet the consumer's needs and a strong support team that helps provide guidance, prompting, and reinforcement. The consumer is central to the team planning meeting and their identified needs become central to the case planning process. This program will help bring into compliance our services to match with the HCBS federal requirement of (1) utilizing consumer identified settings with services that are based on the individual's needs and preferences; (2) optimizing individual initiative, autonomy, and independence in making life choices, including but not limited to, daily activities, physical environment, and with whom to interact, (3) facilitate individual choice regarding services and supports. Additionally, we are reorganizing our annual training plan to meet the federal requirement of (4) ensuring an individual's rights of privacy, dignity, and respect, and freedom from coercion and restraint are respected.</p>
	<p>Our peer mentors will be trained in a variety of evidence based practices, such as task analysis, differential reinforcement, peer-mediated instruction and intervention, and they will organize bi-weekly structured play groups for younger children. This is in addition to new hire and annual training for the Lanterman Act, consumer rights policies, and policies regarding privacy and confidentiality. We will also be offering a variety of independent living skills classes and activities, including our Successful Lives series. This series of classes consist of Successful Living, which focuses on daily living skills; Healthy Living, which focuses on health and mental health management; Mindful Living, which includes mindfulness skills and exploring spirituality; and Recovery Living with focuses on healthy decision making and addressing substance abuse issues. We will have monthly community dinners that all consumers will be invited to and monthly out of town trips to help consumers have a variety of experiences. We often have Saturday events to help build our Homes of Hope community.</p> <p>Our new programming will allow our consumers to take advantage of in-house services instead of being involved with multiple providers. Additionally, our foster parents who work with Kern Regional Center (KRC) consumers will obtain the same training as our staff. Our KRC</p>

**Home and Community-Based Services (HCBS) Rules
CONCEPT PROPOSAL**

Enclosure C

	foster parents will be required to complete an additional 20 hours of training a year to provide services to KRC consumers, in addition to the required yearly training hours for being a foster parent.
Estimated budget; identify all major costs and benchmarks—attachments are acceptable	Please see attached budget identifying the annual cost of our program. We will be conducting a Functional Assessment upon admission into our program, and then report quarterly the track client's progress. Other benchmarks will include progress in educational and vocational goals and weekly team meeting attendance in order to measure engagement. We will also complete client satisfaction surveys quarterly and upon exit and address program and systemic issues identified by consumers.
Requested funding for 2016-17	\$158,000.00
Estimated timeline for the project	The policies and procedures for our new service delivery model will be in place by January 31, 2018. If we are notified in February, 2017 that funding has been approved we would start the hiring process at that time. We would like to allow 4 weeks for the hiring process and 2 weeks for the training process upon hire. In order to account for the time for background checks and paperwork, we would expect to have staff on and ready to begin 8 weeks from the date of funding. This would allow our staffing to be in place by the time the executed agreement is in place by April 30, 2017. Therefore, we could start service delivery by May 1, 2017.