

# Home and Community-Based Services (HCBS) Rules CONCEPT PROPOSAL

Enclosure C

Vendor and vendor number	Alchemia - HN0405, HN0027 (NBRC) and HN89047 (GGRC)
Primary regional center	Corporate location in NBRC, equal numbers NBRC and GGRC
Service type and code	ADC 510
Number of consumers currently serving	100 (FTE of 55 in Marin County and 50 in Sonoma County)
Barriers to compliance with the HCBS rules and/or project implementation	Though person-centered planning happens on at least a biannual basis with the creation and updating of participants' ISPs, effectively supporting self advocacy and implementing person-centered thinking on a daily basis is challenging due to staff training needs, family dynamics, planning team dynamics, and community perceptions.
Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request	<p>Alchemia is a non-profit organization that connects people with intellectual and developmental disabilities to their communities - and the global community - through the visual, performing and creative arts. We strive to support the people we serve to become professional working artists. Artists we support have performed across the world and have exhibited their work as far as Japan.</p> <p>Alchemia supports person centered planning for all participants via - at minimum - biannual Individual Service Plan meetings. Through our licensed day program in Santa Rosa and our community based day programs in Petaluma and Marin County, Alchemia strives to support each participant to reach his/her artistic goals each day. However, though individuals served are encouraged to self-advocate and self-direct, our organization lacks the training and outreach resources necessary to make this a reality on a daily basis.</p> <p><b>Staff training and technical assistance</b> In order to fully implement person centered thinking, it is of critical importance that we offer the professionals we employ the opportunity to fully understand and practice individualized support that follows the goals and desires of each person we serve. Monthly trainings in person centered thinking through FY 2016-17, transitioning to biannual trainings in FY 2017-18, and FY 2018-19, will support professionals in our organization to reconceptualize their roles. Alchemia is happy to extend these training opportunities to members of the vendor community.</p> <p><b>Family support and education</b> Alchemia serves a number of participants in their 20s and 30s who live with their families. In many of these situations, the role of the participant in the family is not that of an adult child, but that of an adult who is a child. This brings up a need for family focused facilitation, support, and education to embrace person centered</p>

	<p>thinking, namely supporting families to understand that people with intellectual and developmental disabilities have the right to determine the course of their lives. Alchemia is happy to extend these education opportunities to families throughout Sonoma and Marin Counties.</p> <p><b>Planning team education and technical assistance</b> The success of a planning team in its support the needs of the individual depends on the team's understanding of its role and responsibilities. Those at Alchemia who lead planning team can benefit from facilitation training. In addition, Alchemia as a whole can benefit from best practices technical assistance to develop forms and processes that are in compliance with CMS guidelines and person-centered thinking. Alchemia is happy to extend these training opportunities to members of the vendor community.</p> <p><b>Community outreach, education and engagement</b> Implementing person centered thinking is also dependent upon a community's understanding of its role to support all of its members to participate. Support to attend public meetings, meet with decisionmakers, and facilitatie the use of public spaces and other available resources is essential for sustained community integration.</p>
<p>Estimated budget; identify all major costs and benchmarks—attachments are acceptable</p>	<p><b>Staff training and technical assistance</b> January - June 2017</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$7,200</b> (6 trainings, 2 trainers at \$200/hr., 6 hrs.)</li> <li>- NBRC: <b>\$7,200</b> (6 trainings, 2 trainers at \$200/hr., 6 hrs.)</li> </ul> <p>July 2017 - June 2018</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$2,400</b> (2 trainings, 2 trainers at \$200/hr., 6 hrs.)</li> <li>- NBRC: <b>\$2,400</b> (2 trainings, 2 trainers at \$200/hr., 6 hrs.)</li> </ul> <p>July 2018 - March 2019</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$2,400</b> (2 trainings, 2 trainers at \$200/hr., 6 hrs.)</li> <li>- NBRC: <b>\$2,400</b> (2 trainings, 2 trainers at \$200/hr., 6 hrs.)</li> </ul> <p><b>Family support, facilitation, and education</b> January - June 2017</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$1,200</b> (6 meetings, 1 facilitator at \$100/hr., 2 hrs.)</li> <li>- NBRC: <b>\$1,200</b> (6 meetings, 1 facilitator at \$100/hr., 2 hrs.)</li> </ul> <p>July 2017 - June 2018</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$2,400</b> (12 meetings, 1 facilitator at \$100/hr., 2 hrs.)</li> <li>- NBRC: <b>\$2,400</b> (12 meetings, 1 facilitator at \$100/hr., 2 hrs.)</li> </ul> <p>July 2018 - March 2019</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$1,800</b> (9 meetings, 1 facilitator at \$100/hr., 2 hrs.)</li> <li>- NBRC: <b>\$1,800</b> (9 meetings, 1 facilitator at \$100/hr., 2 hrs.)</li> </ul>

	<p><b>Planning team education and technical assistance</b> January - June 2017</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$3,600</b> (6 trainings, 2 trainers at \$200/hr., 3 hrs.)</li> <li>- NBRC: <b>\$3,600</b> (6 trainings, 2 trainers at \$200/hr., 3 hrs.)</li> </ul> <p>July 2017 - June 2018</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$1,200</b> (2 trainings, 2 trainers at \$200/hr., 3 hrs.)</li> <li>- NBRC: <b>\$1,200</b> (2 trainings, 2 trainers at \$200/hr., 3 hrs.)</li> </ul> <p>July 2018 - March 2019</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$1,200</b> (2 trainings, 2 trainers at \$200/hr., 3 hrs.)</li> <li>- NBRC: <b>\$1,200</b> (2 trainings, 2 trainers at \$200/hr., 3 hrs.)</li> </ul> <p><b>Community outreach, education and engagement</b> January - June 2017</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$4,000</b> (50 to 75 hours of outreach, plus space rental)</li> <li>- NBRC: <b>\$4,000</b> (50 to 75 hours of outreach, plus space rental)</li> </ul> <p>July 2017 - June 2018</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$8,000</b> (50 to 75 hours of outreach, plus space rental)</li> <li>- NBRC: <b>\$8,000</b> (50 to 75 hours of outreach, plus space rental)</li> </ul> <p>July 2018 - March 2019</p> <ul style="list-style-type: none"> <li>- GGRC: <b>\$4,000</b> (25 to 50 hours of outreach, plus space rental)</li> <li>- NBRC: <b>\$4,000</b> (25 to 50 hours of outreach, plus space rental)</li> </ul>
Requested funding for 2016-17	<p><b>FY 2016-17</b> GGRC: \$16,000 NBRC: \$16,000</p> <p><b>FY 2017-18</b> GGRC: \$14,000 NBRC: \$14,000</p> <p><b>FY 2018-19</b> GGRC: \$9,400 NBRC: \$9,400</p>
Estimated timeline for the project	January 2017 through March 2019