

Home and Community-Based Services (HCBS) Rules CONCEPT PROPOSAL

Enclosure C

Existing regional center vendors may receive funding to make changes to service settings and/or programs to help them come into compliance with the HCBS rules. To be considered for funding, vendors must complete and submit this form and the Provider Compliance Evaluation form by October 1, 2016, to the regional center with which it has primary vendorization.

This form may not exceed three pages and must be kept in Arial 12-point font. The narrative should link to the federal requirement that is not being met. The Provider Compliance Evaluation should guide the narrative. The results of the Evaluation should be clearly laid out in the narrative. Additionally, the narrative should describe how the funding would achieve compliance. Concept proposals should be developed with a person-centered approach, with proposed changes/activities focused on the needs and preferences of those who receive services. The estimated budget and timeline need not be detailed at this point but must include all major costs and benchmarks.

More information on the HCBS rules and this form can be found at:

<http://www.dds.ca.gov/HCBS/>

Vendor and vendor number	The Arc of San Diego (Sulpizio Family Arc Center, North Shores Vocational Center, East County Training Center, The Sol and Ruth Gerber Family Center, and Arc North County) Vendor numbers: H07971, H14862, H00571; H14812; H01251; H14811; H14604; HQ0143; HQ0443
Primary regional center	San Diego Regional Center
Service type and code	<ul style="list-style-type: none">• Five (5) Adult Development Center: service code 510• Four (4) Activity Center: service code 505
Number of consumers currently serving	419 total consumers across the nine (9) total programs
Barriers to compliance with the HCBS rules and/or project implementation	<ul style="list-style-type: none">• Inadequate number of staff to comply with HCBS rules• Settings rule concepts require staff training and ongoing intentional focus from dedicated staff• Need for accessible transportation
Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request	<p>A Definition of Community: "A feeling of fellowship with others, as a result of sharing common attitudes, interests and goals"</p> <p>The Arc of San Diego seeks to launch a project that will support each program participant in defining the communities with which they would like to engage and to provide staff the education and resources required to assist this engagement.</p> <p>The program will provide community integration focused staff to assist each program participant in identifying their current and desired communities and empower each program participant to regularly access these communities through informed and self-determined options. The program will train existing staff and provide additional staff to enable the individualized support necessary for</p>

	<p>program participants to make informed, personal choices about, and regularly access, their unique communities.</p> <p>Upon execution, this project will ensure The Arc's compliance with Federal Requirement #1. Currently, The Arc's Activity Centers ("AC") and Adult Development Centers ("ADC") are not achieving full compliance with this particular requirement because: existing staff ratios don't support the identification and integration with individually-defined communities; program staff need more training on individually defined communities and how to incorporate integration; and current program rates don't support the additional vehicles.</p> <p>Project funding would be used to train and introduce five (5) Choice and Integration Specialists (CIS) and five (5) Direct Support Aides into the aforementioned programs. The CISs would work in conjunction with program participants and staff in an assigned program; however, they would not report to the management of that program. To ensure their ultimate focus to the mission of meeting HCBS guidelines, CIS staff would report to the Chief Operations Officer. Project funding would also be used to retain, on a short-term basis, a consulting expert on the Home and Community-Based Services rules who would observe / assess each program and provide training to CISs as well as direct contact program and managerial staff on the fundamental tenets of the HCBS Waiver requirements. Lastly, project funding would be utilized to subsidize an additional vehicle and transportation costs associated with accessing the community in furtherance of this project.</p> <p>The Choice and Integration Specialist would be dedicated to serving the below three (3) primary functions while the Direct Service Aides would assist mainly in the third implementation function:</p> <ol style="list-style-type: none">1. <u>Defining each program participant's unique Community of Interest and creating Choice and Integration Plans reflecting those individualized preferences</u><ul style="list-style-type: none">• Develop a menu of individualized, self-determined community interests with each program participant memorialized in a Choice and Integration Plan (timing of Plan development corresponds with participant's annual Individual Program Plan meeting). A Choice and Integration goal of the participant's choosing will be added to the participant's Individualized Service Plan.• Create and maintain a database of each program participant's communities for purposes of
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	<p>facilitating engagement with others who identify similar communities enabling participants who have expressed similar social interests / desires to recreate and participate in their community of interest together</p> <p>2. <u>Training direct contact staff on the particulars of each program participant's Choice and Integration Plan and how to implement the plans on a day-to-day basis</u></p> <ul style="list-style-type: none"> • Educate staff on specific opportunities to incorporate each participant's personal community-focused ideas and activities into the program's curriculum and scheduled activities • Train staff regarding how to initiate and coordinate participant's access to their chosen activity <p>3. <u>Implementing Choice and Integration Activities alongside program staff through direct engagement</u></p> <ul style="list-style-type: none"> • Enable participants' day-to-day choices when the participant prefers an alternative to a scheduled curriculum activity and would like to engage in a co-located or nearby activity (i.e. accessing specific communities on-line in a computer lab) • Enable periodic personalized community integration events within the participants' community of interest. The CIS can assist with logistics and contribute to staffing- allowing, for instance, an individual to access the geographic community with one-on-one staffing while maintaining the ratio still on-site.
Estimated budget; identify all major costs and benchmarks—attachments are acceptable	<ul style="list-style-type: none"> • Salary for five (5) Choice and Integration Specialists: \$250k (\$20/hr. @ 2,080 hours/yr. plus benefits and taxes) • Salary for five (5) Direct Support Aides: \$155k (\$11.50/hr @2080 hrs/yr plus benefits and taxes) • Five (5) wheelchair accessible vans / access community : \$200k • Consulting HCBS Rules expert (assessment & training): \$20k
Requested funding for 2016-17	\$625,000 for 419 consumers (approximately \$1 per consumer hour)
Estimated timeline for the project	Ongoing (minimum of 1 year to develop individualized Choice and Integration Plans for each of the 419 program participants)