

March 30, 2020

Important notice from the Department of Developmental Services about

## Additional Participant-Directed Services

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### **What to know**

**You can choose who helps you with certain types of services.**

During the COVID-19 outbreak we want to make sure you can get the services you need.

### **What's changing**

Now you can choose who helps you with personal assistance, independent living skills, and supported employment services.

The people you choose can be friends or some cases family members. Your regional center can tell you who is allowed to help you. If you are interested, talk to your Service Coordinator.

### **Questions?**

Please contact your local regional center. If they cannot help you, please email [DDSC19@dds.ca.gov](mailto:DDSC19@dds.ca.gov)

### **Learn more**

See the Department notice about Governor Gavin Newsom's declared State of Emergency due to the COVID-19 outbreak.

Link to full text of the Department of Developmental Services directive:  
[Guidance for Additional Participant-Directed Services](#)