7 Seven Rights of Assisting with Self-Administration of Medication
Medications are substances used to prevent or treat an illness. Knowing about medications and how to assist individuals in using them is vital to the health and well-being of those you support.
Safety is the #1 Priority

Following the **Seven Rights** each time you assist an individual with self-administration of medication is the best way for the Direct Support Professional (DSP) to prevent medication errors.
What are the Seven Rights?

The **Seven Rights** are needed to assure that medication is being taken safely. The Direct Support Professional needs to be sure he or she has the:

1. **Right** person
2. **Right** medication
3. **Right** dose
4. **Right** time
5. **Right** route
6. **Right** reason
7. **Right** documentation

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**Seven Rights of Assisting with Self-Administration of Medication**
1. Right Person

• It is important that you identify the right individual.

• Read the name of the individual on the medication label and compare it to the Medication Access Record (MAR).

• Use 2 identifiers such as a photo or name and date of birth.

• You can consult another staff member who knows the individual or ask the individual “What is your name?”.
2. Right Medication

• After you have verified that you have the right individual, read the name of the medication on the label.

• Read the medication label three times and compare it to the information on the individual’s MAR.
3. Right Dose

- Read the medication label for the correct dosage and compare it to the MAR.
- Be alert to any changes in dosage.
- Question any changes in dosage, color, size, or form of medication.
4. Right Time

- Read the medication label for directions as to when and how often the medication should be taken and compare it to the MAR.
- Medications must be taken at a specific time(s) of the day.
- You need to know when the individual took the last dose.
- You need to know if foods and liquids can be taken with the medication.
5. Right Route

- Read the medication label for the appropriate route or way to take the medication and compare it to the MAR.

- Route for tablets, capsules, and liquids is “oral”, which means it enters the body through the mouth.

- Other routes include nasal sprays, which are inhaled through the nose; topical, which includes dermal patches or ointments applied to the skin; eye drops, ophthalmic; and ear drops.

- Other more intrusive routes, such as injections; suppositories; or enemas are only to be administered by a licensed health care professional.
6. Right Reason

• Every medication has a condition/reason for why it is prescribed.

• Most medication labels have the condition/reason printed on the label, make sure to read it.

• It is the physician’s responsibility to write the correct information on the prescription for the pharmacy.

• Medications can be a “routine” medication or an “as needed” medication which is also called a PRN (Pro Re Nata) medication.
  – *PRN information and procedures are not discussed in this module.*
7. Right Documentation

- Documentation must be completed on the individual’s MAR every time a medication is taken.
- Documentation of medication includes noting self-administration, missed dosages, errors, side effects, drug interactions, refusals, and whether the individual was off site.
- Direct Support Professionals must sign/initial and indicate the right time and date the medication was taken on the MAR.
- Information on the MAR must match the information on the prescription label from the pharmacy.

Note: See next slide for sample MAR.
<table>
<thead>
<tr>
<th>Drug/Strength/Form/Dose</th>
<th>Hour</th>
<th>Month &amp; Year (MM/YY)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABC Pharmacy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1017 25th St., Sacramento, CA</td>
<td>8:00 AM</td>
<td>SL</td>
</tr>
<tr>
<td>Phone: (123) 555-7890 Fax: (123) 555-7891</td>
<td>4:00 PM</td>
<td></td>
</tr>
<tr>
<td>Rx: 10387 Dr. Diaz Patient Jordan Bird</td>
<td></td>
<td>9/30/18</td>
</tr>
<tr>
<td>TEGRETOL 400 mg #60 tablets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>TAKE 2 TABLETS ORALLY EVERY AM AND PM FOR SEIZURES (8:00 A.M., 4:00 P.M.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Expires: 3/31/20 Filled by: BRS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mfg. Many Medications Refills: 0</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Knowledge Check

There are **Seven Rights** of Assisting with Self-Administration of Medication, click the one that does NOT belong to the group.

- Person
- Time
- Documentation
- Reason
- Medication
- Route
- Weather
- Dose
Knowledge Check

There are **Seven Rights** of Assisting with Self-Administration of Medication, click the one that does NOT belong to the group.

Try Again! Click Here
Knowledge Check

There are **Seven Rights** of Assisting with Self-Administration of Medication, click the one that does NOT belong to the group.

Try Again! Click Here
There are **Seven Rights** of Assisting with Self-Administration of Medication, click the one that does NOT belong to the group.

**Click here to continue**
Read and Compare Three Times (3x)

When assisting an individual, you must read and compare the information on the medication label to the information on the Medication Administration Record (MAR) three times before the individual takes the medication.

ALWAYS REMEMBER the SEVEN RIGHTS!!!
First Check - Verification

When you remove the medication from the storage area.

Read and compare the information on the Medication Label to the information on the Medication Administration Record (MAR).
Second Check - Preparation

When you prepare the medication in individual doses from the original labeled container.

Read and compare the information on the Medication Label to the information on the Medication Administration Record (MAR).
Third Check - Presentation

When you provide the medication to the individual, just before you assist them to take the medication.

Read and compare the information on the Medication Label to the information on the Medication Administration Record (MAR).
Something’s wrong!

If, at any time, you discover that any of the information does not match, **STOP**.

You may have the **wrong** individual, or be preparing the **wrong** medication in the **wrong** dose at the **wrong** time.

Think through of all the possibilities and if still unsure, ask another DSP or your Administrator. In some cases, you may need to call the doctor or pharmacist.
Remember

When Assisting with Self-Administration of Medications, You Must Ensure That…

• The Right person…
• Receives the Right medication…
• In the Right dose…
• At the Right time…
• By the Right route…
• For the Right reason
• With the Right documentation.
Resources

Click the link below for more information regarding the Seven Rights of Assisting with Self-Administration of Medication and other best practices and procedures to providing care to individuals with intellectual or developmental disabilities.

Quiz Time

1. If at any time you see that one of the Seven Rights does not match, you should:
   A. Go on to the next right
   B. Stop and get help from another staff, your supervisor, the doctor or the pharmacist
   C. Change the right
   D. Stop and try to assist a different individual instead

Check your answer  Click Here
Quiz Time

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   A. Go on to the next right
   B. Stop and get help from another staff, your supervisor, the doctor or the pharmacist
   C. Change the right
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Check your answer  Click Here  B

Seven Rights of Assisting with Self-Administration of Medication
2. The Medication Administration Record (MAR) must be read three times before the individual takes the medication, there are three checks involve in this process, what are those?

A. Verification, Preparation, and Presentation
B. Administration, Documentation, and Reporting
C. Verification, Delivery, and Documentation
D. Handwashing, Preparation, and Presentation
2. The Medication Administration Record (MAR) must be read three times before the individual takes the medication, there are three checks involve in this process, what are those?

A. Verification, Preparation, and Presentation
B. Administration, Documentation, and Reporting
C. Verification, Delivery, and Documentation
D. Handwashing, Preparation, and Presentation

Check your answer  Click Here  A  Next Question
Quiz Time

3. When the right dose of medication is taken, the individual receives the correct:
   A. Brand name of medication
   B. Category of medication
   C. Amount of medication
   D. Side effects of medication

Check your answer

Click Here
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   A. Brand name of medication
   B. Category of medication
   C. Amount of medication
   D. Side effects of medication

Check your answer Click Here Next Question
Quiz Time

4. Which of these is one of the “Seven Rights” of Assisting with Self-Administration of Medication?

A. Right DSP
B. Right Doctor
C. Right Time
D. Right Facility

Check your answer

Seven Rights of Assisting with Self-Administration of Medication
4. Which of these is one of the “Seven Rights” of Assisting with Self-Administration of Medication?

A. Right DSP
B. Right Doctor
C. Right Time
D. Right Facility

Check your answer  Click Here  C  

Seven Rights of Assisting with Self-Administration of Medication
5. Documenting self-administration of medication:
   A. Isn’t necessary
   B. Increases medication safety and reduces risk of medication errors
   C. Saves time during doctor visits
   D. Reduces the amount of time needed for administration of medication

Check your answer  Click Here
5. Documenting self-administration of medication:
   A. Isn’t necessary
   B. Increases medication safety and reduces risk of medication errors
   C. Saves time during doctor visits
   D. Reduces the amount of time needed for administration of medication
End of Presentation

Click Here to Close