

# DROWNING IS SILENT

## Signs of Distress

HEAD TILTED BACK

CAN'T CALL FOR HELP

HAIR OVER FOREHEAD

CAN'T WAVE FOR HELP

BODY IS VERTICAL

"CLIMBING LADDER" MOTION



There are NO WARNING or splashing **SOUNDS** associated with a drowning accident.



<5

Children under age 5 are at a higher risk of drowning in a pool.



## Six ways to have a safe summer...

1

Swim Skills

Teach your child(ren) to swim at an early age, as backyard swimming pools account for over half of drowning deaths for children 0-5 years old each year.



2

Install Alarms

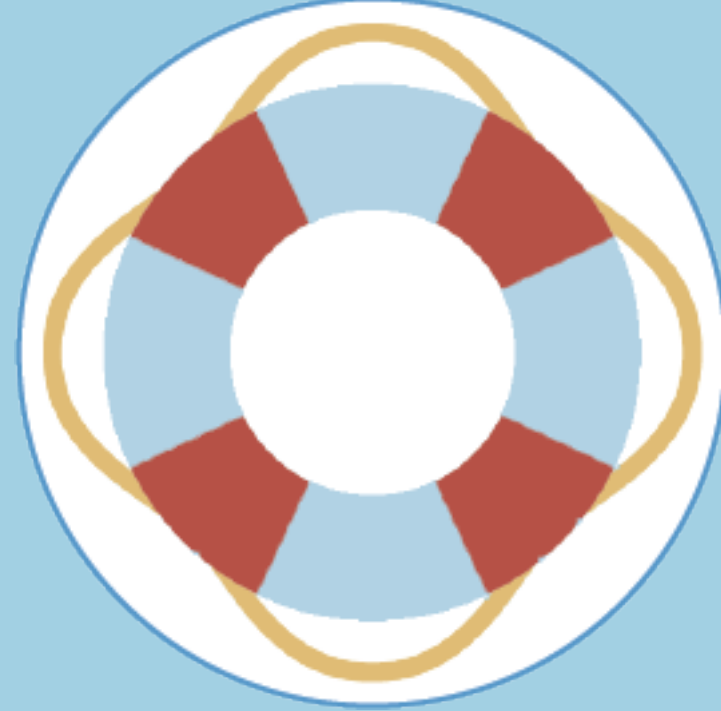
Install alarms on house doors and around pool area.



3

Layers of Protection

Layers of protection include adult supervision, fences, gates, latches, safety pool covers, education, throwing aids, and rescue techniques.



4

Eye

Adults should keep a constant eye on children in or near any water including bathtubs, buckets, toilets, ponds, spas and pools.



5

Never Leave a Child Alone

Never leave a child alone near water. Check the pool first if a child is missing.



6

Touch

Designate an adult to be close enough to reach out and touch the child.



68%

In general, boys are two times more likely to drown in a pool than girls.



2/3

2/3 of fatal drownings occur between May and August for most age groups.

## DID YOU KNOW...

Drowning is the leading cause of death for toddlers 1-4 years old.

## + Immediate Treatment +



Yell for Help

911

Call 911



Perform CPR



Visit: [www.dds.ca.gov/drowning](http://www.dds.ca.gov/drowning) | [www.drowningpreventionfoundation.org](http://www.drowningpreventionfoundation.org) | [www.cdph.ca.gov](http://www.cdph.ca.gov)

The Drowning Prevention Foundation, Department of Developmental Services, Department of Public Health and Department of Social Services

