DROWNING IS SILENT

Signs of Distress

- Head tilted back
- Hair over forehead
- Can’t call for help
- Can’t wave for help
- Body is vertical
- “Climbing ladder” motion

There are NO WARNING or splashing SOUNDS associated with a drowning accident.

Children under age 5 are at a higher risk of drowning in a pool.

Six ways to have a safe summer...

1. Swim Skills
   Teach your child(ren) to swim at an early age, as backyard swimming pools account for over half of drowning deaths for children 0-5 years old each year.

2. Install Alarms
   Install alarms on house doors and around pool area.

3. Layers of Protection
   Layers of protection include adult supervision, fences, gates, latches, safety pool covers, education, throwing aids, and rescue techniques.

4. Eye
   Adults should keep a constant eye on children in or near any water including bathtubs, buckets, toilets, ponds, spas and pools.

5. Never Leave a Child Alone
   Never leave a child alone near water. Check the pool first if a child is missing.

6. Touch
   Designate an adult to be close enough to reach out and touch the child.

DID YOU KNOW...

- In general, boys are two times more likely to drown in a pool than girls.
- 68%
- 2/3 of fatal drownings occur between May and August for most age groups.

Immediate Treatment

- Yell for Help
- Call 911
- Perform CPR


The Drowning Prevention Foundation, Department of Developmental Services, Department of Public Health and Department of Social Services