Note: Complete this form for **each** proposed project. Please refer to the Proposal Submission Instructions for clarification for any of the following questions.

Section I. Grantee Information (New and Reapplications)

Please check the box that	describes your organization	
Regional Center (RC)	X Community- Based Organization (CBO), 501(c)(3)	☐ CBO, non- 501(c)(3) ☐ EIN or No EIN

a. Name of organization/Group	b. Date
BPSOS Center for Community Advancement	September 24, 2019
c. Primary contact (Name)	
Hang Nugyen, MCJS; Executive Director	
d. Mailing address	
13950 Milton Ave., Ste. 301 Westminster, CA	92683
e. Primary e-mail address	f. Primary phone number
Hang.nguyen@bpsos.org	(714) 463-6358
g. Secondary contact email address	h. Secondary contact phone number
Hai.hoang@bpsos.org	(714) 248-7433

 Brief description of the organization/group (organization type, group mission, etc.).
 Include experience your organization has had managing a program similar to the proposal and the outcomes of that program.

This 12-month Parent Training and Education project builds upon the existing 2018-19 DDS approved project activities to expand the scope of family support services, outreach, and parent education training with the goal of reducing POS disparities among underserved Vietnamese individuals with developmental disabilities and their family members.

BPSOS-CCA is a community-based organization, under IRC section 501(c)3. Our mission is to "empower, organize and equip Vietnamese individuals and communities in their pursuit of liberty and dignity." We are particularly positioned and equipped to implement this project due to our deep roots in the local Vietnamese community, extensive knowledge of Regional Center services, and 39 years of experience in mitigating disparities, and our competency in providing direct services to underserved Vietnamese individuals with developmental disabilities and their family members. Since 2014, we have implemented several federal and state grant programs, linking over 6,000 Vietnamese families in Orange County to social and health services. We are an approved Local Educational Agency by the California Department of Education since 2017. In the same year, BPSOS-CCA was contracted with the California Mental Health Services Oversight and Accountability Commission (MHSOAC) to support advocacy, training and education, and provide educational outreach for immigrants and refugees. Since 2017, BPSOS-CCA became a vendorized partner with the RC system. In 2018, we received funding from DDS to providing family support services and parent educational training for Vietnamese IDD.

j. If you check the CBO box, describe how your organization meets the definition of a CBO.

BPSOS-CCA is exempt from federal income under Internal Revenue Code Section 501(c)3 and is classified as public charities. IRS exemption letter enclosed.

Section II. Grant Reapplication - Project Information (Reapplications Only)

If the organization is applying to continue a previously awarded project, complete this section in addition to all other required sections and attachments. Complete this section if your proposal will continue a previously awarded project without changes to the target population, geographic area, activities, or objectives; **OR**, if you proposal will expand a previously awarded project into other target populations, geographic areas, activities, or objectives. **After completion**, **continue to Section III**.

Summary Information

a. Grant Number: 17-C7		
b. Project Title: Parent Training ar	nd Education	
c1. Start Date: 01/01/2018	c2. End Date: 12/31/2019	
d. Total Project Duration (in mo	nths): 24	

Fiscal Information

Fiscal Year (FY)	e. Awarded*	f. Expended
FY 2016/17	e1. \$	f1. \$
FY 2017/18	e2. \$ 315,760	f2. \$ 168,505
FY 2018/19	e3. \$	f3. \$
Total	e4. \$ 315,760 (e1 + e2 + e3)	f4. \$ 168,505 (f1 + f2 + f3)

^{*}If your project was a multiyear project that was fully funded during one FY, enter the total amount of funding in that corresponding FY. For example, if a 2-year project was fully funded in FY 2016/17, then the amount awarded should be included in 6a. Projects that received funding in more than one FY, should enter the awarded amounts for each corresponding FY.

Project Information

h. Number of individuals originally proposed to be impacted	800
i. Actual number of individuals impacted by the project and why it is higher or lower than the proposed number.	484
j. RC(s) in the project catchment area(s)	Regional Center of Orange County
k. List the city(ies) your project has served:	Santa Ana, Anaheim, Fountain Valley, Huntington Beach, Newport Beach, Irvine, Westminster, Buena Park, Tustin, Laguna Hills, San Clemente, Midway City, Orange, and Costa Mesa

I. List the county(ies) your project has served:	Orange County
m. If your project has served the City of Los Angeles, list the zip code(s) and/or community(ies) served*:	N/A

n. Provide a detailed explanation of project activities to date. What has the project accomplished to date?

For 2018-2019 project year, BPSOS-CCA has assisted 484 individuals to gain access to cultural and linguistic appropriate educational information on RC services and available resources; 90 persons with IDD were screened for eligibility; 53 individuals with IDD utilized POS services; 70 parents received Parent Education training to self-advocate and tap available resources.

o. Provide a detailed explanation of project impacts and outcomes to date. Attach data as well as success stories to demonstrate project outcomes and impact.

BFrom 1/1/2018 to 9/30/2019, to eliminate Purchase of Service (POS) disparities, BPSOS-CCA directly increased opportunities for underserved Vietnamese individuals with developmental disabilities (IDD) and their family members to gain access to culturally and linguistically appropriate services to maximize self-sufficiency, facilitate community integration and encourage participation in society. To this end, we implemented a multi-pronged approach that included:

- (1) Outreach and education campaign using culturally and linguistically appropriate information. Through mass media (VietFaceTV 57.2), we reached to approximately 20,000 Vietnamese residents in Southern California. Through training workshops and at community events, we provided education to 484 people.
- (2) Parent Education training for 70 parents to gain necessary skills and knowledge to self-advocate and look for appropriate social services. In this model, a frontline parent mentor is recruited from the target community and trained to provide support to disadvantaged community members, helping them to access and use social services. The values of the model are based on the recognition that each person is the agent of his or her own recovery and all services can be organized to support recovery.
- (3) Family support services screened 90 people and provided 53 Vietnamese IDD and their family members with case management to coordinate the provision of navigation and other support services.

This approach incorporated strength-based, family-centered case management that included assisting the RC with translation and support from initial intake and assessment to development of an Individual Program Plan (IPP) or an Individual Family Service Plan (IFSP), enrollment for generic services, and provision of direct services.

To measure project impact, BPSOS-CCA collected over 70 surveys from IDD and their family members using the Rand 36-Item Health Survey (SF-36) to measure physical functioning, bodily pain, role limitations due to physical health problems, role limitations due to personal or emotional problems, emotional well-being, social functioning, energy/fatigue, and general health perception. Preliminary results from the surveys showed that 50% of the surveyed participants had limitations in physical functioning, social functioning, and fatigue and all participants (100%) expressed limitations due to emotional health issues.

Because this is our first year implementing the Parent Training Program, program activities are still in-progress and objectives have not been completed.

p. What are the projects objectives in addressing disparities and what remains to be addressed/completed? Explain why these objectives have not been completed during the current grant period.

From 2018-2019, the Parent Education and Training targeted some of the most hard-toreach and vulnerable subgroups of Vietnamese with the following objectives:

- At least 36,000 Vietnamese residing in Orange County will gain increased knowledge and awareness of RCOC services, consumer's rights, and available resources in the community.
- At least 800 Vietnamese will have access to culturally and linguistically appropriate social and health services through coordinated services; at least 85% of them will utilize services. Through a combination of outreach and education activities, approximately 20,000 Vietnamese residents in Southern California increased awareness of RC services through the use of mass media (VietFace TV 57.2). Through training workshops, 484 people increased knowledge of RC services and consumer rights. Through family support services, we provided screening for 90 Vietnamese for RC services with 53 persons with IDD accessing POS. Through Parent Education Training workshops, 70 parents gained increased knowledge to self-advocate and navigate the system of social services. We continue to work on meeting the proposed objectives. Each quarter, we provided the Department a report that includes activity progress, outcome deliverables, and identified challenges faced by the Vietnamese population. For example, through the course of project implementation, three barriers have been identified for the Vietnamese community in Orange County: 1) The lack of awareness about RC services; 2) Prevalence of mental illnesses among parents of IDDs; 3) The need for legal support for conservatorship.

Through interactions with IDDs and their families, we found a significant number of parents with children with developmental disabilities who suffered from mental health issues -- this barrier was not being addressed properly. While many programs including RC system are focused on providing services to help children with DD, few programs also address the needs for parents--many of whom suffer from mental health issues of their own. In such circumstances, children with developmental disabilities face diminished likelihood of access to all services that are readily available to them and that they need. Another need that emerged through the course of services is the need for legal counsel as it relates to conservatorship for disabled adults. Due to the overall cost of conservatorship and linguistic barriers, few families—especially Vietnamese—get conservatorship. Without powers granted in a conservatorship, persons with DD and their family members have difficulty accessing POS. To address the urgent need for legal support, BPSOS-CCA partnered with the Public Law Center and hosted monthly free legal counsel workshops for families and individuals with low-income. To date, 15 conservatorship cases were filed. Due to the high demand, we have started a waitlist to gain acess to legal support services. Funding from DDS will enable us to continue providing family support services for underserved Vietnamese IDD and family members.

BPSOS-CCA is in good standing with the Department. Furthermore, while we have not fully achieved the objectives to date, the Department has determined that we are progressing toward meeting the deliverables in accordance with proposed scope of work, and the DDS Program Guidelines.

q. If awarded, how will your current project transition into the 2019/20 proposed project?

This proposal will expand the current DDS project to achieve equitable access to services and support Vietnamese individuals diagnosed with developmental disabilities to utilize POS services.

The fundamental principle in which the Parent Education and Training program is built upon is the equitable right of IDDs to make choices affecting their own lives – this is achieved by providing support to consumers or, where appropriate, to parents, legal guardian or conservator in term of access to culturally and linguistically relevant information to aid the consumer in making his/her choice. This priniciple also aligns with the Lanterman Legislation (WIC 4502.1). From lessons learned and survey assessment, the majority of clients (70%) reported they were limited in English; 1 out of every 2 (50%) clients reported limitations in physical functioning, social functioning, and fatigue and all participants (100%) expressed limitations due to emotional health issues. To address challenges unique to the Vietnamese community we will expand on current program activities to focus on providing: (1) Family Support Services, (2) Outreach and education to increase awareness and knowledge of the RC services, and consumers rights, and available resources, and (3) Parent Education and Training services.

The continuation of the Parent Education and Training program is critical to the Vietnamese community in Orange County. Aside from BPSOS-CCA, there are few providers in the Orange County region that offer comprehensive Family Support Services for Vietnamese IDDs, from screening/intake to assisting IDDs and their family to gain access to culturally and linguistically relevant information, and supporting family in accessing and utilizing POS and support families maximize opportunities and choices in living, working, learning, and contributing to the community. Since the Parent Education and Training program began in 2018, BPSOS-CCA has quickly become the choice service provider by community members and RCOC to serve the Vietnamese community.

We are positioned to immediately implement the Parent Education and Training program. BPSOS-CCA has 39 years of experience providing direct services to the Vietnamese community, a team of 12 bilingual and bicultural staff members, a facility centrally located in the heart of "Little Saigon", established partnership with the RCOC and the trust of the Vietnamese community.

Section III. Proposal Summary (New and Reapplications)

a. Project title	Parent Education and Training Program		
b. Total amount requested	\$ 175,000		
c. Projected number of individuals impacted	120		
d. Duration of project (months)	12 months Start date: 03/01/2020 End date: 02/28/2021		
e. RC(s) in the project catchment area(s)	Regional Center of Orange County		
f. List the city(ies) your project proposes to serve:	Santa Ana, Anaheim, Fountain Valley, Huntington Beach, Newport Beach, Irvine, Westminster, Buena Park, Tustin, Laguna Hills, San Clemente, Midway City, Orange, and Costa Mesa		
g. List the county(ies) your project proposes to serve:	Orange County		
h. If your project proposes to serve the City of Los Angeles, list the zip code(s) and/or community your project will serve*	N/A		
i. Will you be working with one or more CBO(s)?	□ Yes*** ⊠ No		
j. Will the project require aggregate data from the RC(s)?	□ Yes*** ⊠ No		

^{*}Zip code information for Los Angeles County can be found at: https://www.dds.ca.gov/RC/regionMap.cfm?view=laCounty

^{***}If yes, please provide letter(s) indicating that the CBO(s) and/or RC(s) have reviewed the proposal and are in support of collaboration and data sharing.

k. Project Type Selection(s)		
Select your <u>one primary</u> project type.	Select your <u>one secondary</u> project type (if applicable).	Select your <u>one tertiary</u> project type (if applicable).
□ Translation (equipment, translator services, translating brochures or materials, etc.) □ Outreach (community events, website or social media design, materials, etc.) □ Workforce capacity (staff training, incentives for bilingual employees, etc.) □ Parent education (online or in person trainings, workshops, etc.) □ Promotora (Peers educating community members about access RC services) □ Family/ consumer support services (1:1 coaching, enhanced case management, service navigation, etc.)	☐ Translation ☐ Outreach ☐ Workforce capacity ☒ Parent education ☐ Promotora ☐ Family/ consumer support services	☐ Translation ☐ Outreach ☐ Workforce capacity ☐ Parent education ☐ Promotora ☐ Family/ consumer support services
I. Target Population (Race/Ethnicity)	**************************************	W.
Select all groups the project will serve	Proposed Number of Individ Primary Project Type	luals Impacted by the
☐ African American	674 141 mm i i i	
☐ Cambodian		
☐ Chinese		
☐ Filipino		
☐ Hispanic		
☐ Hmong		
□ Indian		
☐ Japanese		
☐ Korean		
☐ Mien		
□ Native American		
☐ Pacific Islander (list):		
	120	
☐ Other (list):		
m. Target Population: Language (select a	Il groups the project will se	rve)
☐ Cantonese ☐ Japanese	☐ Mien ☐ Taga	
☐ Hmong ☐ Korean	NUMBER OF STREET	namese
☐ Indian ☐ Mandarin	☐ Spanish ☐ Othe	
n. Target Population: Age Group (select a		erve)
☐ Birth up to Three (Early Start)	⊠ 16 to 21	
□ Three to Five	⋈ 22 and older	
☐ Three to 21	Other (list):	

Section IV. Proposal Certification

mation attached is true an	d correct.
Date:	02/28/2020
information attached is t	rue and correc
Date:	
	<u> </u>
	**
Date:	
	nation attached is true and the distribution of the distribution attached is to the distribution of the di

^{**}As applicable. If more subcontractors are needed, complete additional copies of this section.

Disparity Funds Program SERVICE BUDGET (ATTACHMENT D-1)

Applicant Name and Address			
BPSOS Center for Community Advancement			
13950 Milton Ave. Suite 310			
Westminster, CA 92683			

	minster, CA 92683		Year 1 Annual Budget		
Line No.	PERSONNEL-Salary and Benefits		Annual Salary	Annual FTE to Disparity Grant (Percentage)	Annual Cost to Disparity Grant
1	Name: Hang Nguyen Title/Position: Project Administrator	Existing PositionNew Position	\$55,080.00	15%	\$8,262.00
2	Benefits: 21.56%		\$11,875.25	15%	\$1,781.29
3	Name: Hai Hoang Title/Position: Project Director	☐ Existing Position☐ New Position	\$51,000.00	15%	\$7,650.00
4	Benefits: 21.56%		\$10,995.60	15%	\$1,649.34
5	Name: Everlynn Tran Title/Position: Project Manager	Existing PositionNew Position	\$42,840.00	30%	\$12,852.00
6	Benefits: 21.56%		\$9,236.30	30%	\$2,770.89
7	Name: TBD Title/Position: Project Coordinator	□ Existing Position ☑ New Position	\$36,000.00	100%	\$36,000.00
8	Benefits: 21.56%		\$8,408.40	100%	\$8,408.40
9	Name: TBD Title/Position: Project Coordinator	□ Existing Position ☑ New Position	\$36,000.00	50%	\$18,000.00
10	Benefits: 21.56%		\$7,761.60	50%	\$3,880.80
11	Name: TBD Title/Position: Project Assistant	□ Existing Position □ New Position	\$23,040.00	60%	\$13,824.00
12	Benefits:		\$4,967.42	60%	\$2,980.45
13	Name: Title/Position:	Existing PositionNew Position			
14	Benefits:				
15	Name: Title/Position:	□ Existing Position □ New Position			
	Benefits:				
	Personnel Subtota				\$118,059.17
	OPERATING EXPENSES				
16	Rent				\$27,315.79

	Administrative/Indirect Cost Subtotal TOTAL (rounded to nearest dollar)	\$6,459.00
		\$8,459.00
30		
29		
28		
27	Accounting	\$5,300.00
26	Audit	\$2,025.00
25	Insurance	 \$1,134.00
	ADMINISTRATIVE/INDIRECT COSTS	
	Operating Subtotal	\$43,481.82
24		
23		
22	Food/Beverages	\$2,649.90
21	Advertisement	\$6,940.00
20	Office Supplies	\$1,620.00
19	Telecommunications	\$2,136.13
18	Copying/Printing	\$1,620.00
	Local Travel	\$1,200.00

MAXIMUM BUDGET

\$170,000.00