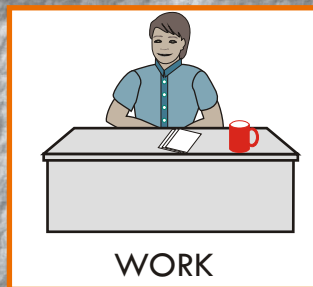


PICTURE STICKER BOOK

For use with the
“Making My Own Choices” Booklet
and “Satisfaction Guide”



Consumer Advisory Committee
Department of Developmental Services
Office of Human Rights and Advocacy Services
1600 9th Street, Room 240
Sacramento, California 95814
(916) 654-1888 www.dds.ca.gov

My Life, My Way



INSTRUCTIONS AND USE



HOME

Pages: 1 - 2



FRIENDS, FAMILY
& STAFF

Pages: 3 - 4



FUN

Pages: 5 - 7



COMMUNITY

Pages: 8 - 9



WORK

Pages: 10



HEALTH & SAFETY

Pages: 11

Introduction

This Picture Sticker Book was developed by the Department of Developmental Services DDS Consumer Advisory Committee in 2005 as part of the IPP and Choice Making series. Committee members feel it is important that people have the right to make choices about where and how they spend their time and with whom they spend it. To do this, people need information about these choices in ways they understand. Participating in decisions like these will improve people's quality of life.

Committee members developed this Sticker Book, the "Making My Own Choices" and "Satisfaction Guide" to help people in developmental centers tell helpers and advisors what they want for their life in the community, and while still living at the developmental center.

Instructions for using this book

This Picture Sticker Book is a companion to "Making My Own Choices" and the "Satisfaction Guide" published by the DDS Consumer Advisory Committee. This Picture Sticker Book is divided into six color coded sections to help locate pictures to assist people to communicate the important things they would like to do. The pictures are designed as simple drawings of typical things to do that are important or places to go.

Once a person has had an opportunity to go over the books "Making My Own Choices" and/or the "Satisfaction Guide" they can choose a picture from the section that matches the part of the book they are working on.

These pictures can also be used with other projects or charts that will benefit each person's independence and choice. Both booklets have instructions of how to use these stickers as well.

Review the following before working with the Stickers:

1. Review the Picture Sticker Book sections and understand how it is organized. Note: Each section is divided by content area and color coding.(See above)
2. The beginning of each section has pages with the name of a picture, suggestions of what the picture could represent and a sample of the sticker. Find the sticker on the following page, remove and place in the appropriate box in the booklet.
3. Below are a few suggestions if you do not find an appropriate picture:
 - A. Use one of the blank stickers and draw a picture on it.
 - B. Take or use a digital photo of the person and activity.
 - C. Use a picture from a magazine.

The stickers are available for download and printing at www.dds.ca.gov.

To purchase additional labels go to www.planetlabel.com. Label size information: 2 1/2" x 2 1/2" square - 12 per page.

The DDS Consumer Advisory Committee (CAC) thanks the following that helped make this booklet possible:

The California Department of Developmental Services

Cliff Allenby, Director

Carol Risley and Kathleen Ozeroff,

Office of Human Rights and Advocacy Services

Michael Long, Consumer Coordinator

Association of Regional Center Agencies CAC

Participating California People First and

Self-Advocacy Groups

Participating Regional Center CACs



The Board Resource Center, Inc.

www.brcenter.org

Mark Starford and Sherry Beamer

Donna Aikins Design

WestEd, Inc.



Consumer Advisory Committee 2005

Adaptation Subcommittee: Nyron Battles, David Miller, Betty Pomeroy, Lori Sloan

For additional copies or information, contact:

Department of Developmental Services

Office of Human Rights and Advocacy Services

1600 9th Street, Room 240

Sacramento, California 95814

(916) 654-1888 www.dds.ca.gov