

July 15, 2020

## Important notice from the Department of Developmental Services about Rule Change Updates for In-Home Respite Workers

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### **What to know**

**We want to provide you with the greatest flexibility to receive services and supports.**

During the COVID-19 outbreak we want to make sure you stay healthy and receive the services you need.

### **What's changing**

#### **In-Home Respite Workers:**

- Your In-Home Respite Workers are not required to have CPR or First Aid Training before they start helping you if you do not have chronic or presenting health concerns. They must get training within 30 days after starting work.
- This is being done to increase the number of staff that are available to support you.

### **Questions?**

Please contact your local regional center. If they cannot help you, please email [DDSC19@dds.ca.gov](mailto:DDSC19@dds.ca.gov).

### **Learn more**

See the Department notice about Governor Gavin Newsom's declared State of Emergency due to the COVID-19 outbreak.

Link to full text of the Department of Developmental Services directive:  
[Extension of Waivers, Modifications and Directives due to COVID-19](#)