San Diego Regional Center Home and Community-Based Services Waiver Monitoring Review Report

Conducted by:

Department of Developmental Services and Department of Health Care Services

February 19-March 1, 2019

TABLE OF CONTENTS

EXECUTIVE	E SUMMARY	page 3
SECTION I	REGIONAL CENTER SELF-ASSESSMENT	page 7
SECTION II	REGIONAL CENTER CONSUMER RECORD REVIEW	page 10
SECTION II	I COMMUNITY CARE FACILITY CONSUMER RECORD REVIEW	page 22
SECTION I	DAY PROGRAM CONSUMER RECORD REVIEW	page 25
SECTION V	CONSUMER OBSERVATIONS AND INTERVIEWS	page 29
SECTION V	1	
A.	SERVICE COORDINATOR INTERVIEWS	page 30
B.	CLINICAL SERVICES INTERVIEW	page 32
C.	QUALITY ASSURANCE INTERVIEW	page 35
SECTION V	111	
A.	SERVICE PROVIDER INTERVIEWS	page 36
B.	DIRECT SERVICE STAFF INTERVIEWS	page 37
SECTION V	III VENDOR STANDARDS REVIEW	page 38
SECTION IX	SPECIAL INCIDENT REPORTING	page 40
SAMPLE CO	ONSUMERS AND SERVICE PROVIDERS/VENDORS	page 42

EXECUTIVE SUMMARY

The Department of Developmental Services (DDS) and the Department of Health Care Services (DHCS) conducted the federal compliance monitoring review of the Home and Community-Based Services (HCBS) Waiver from February 19–March 1, 2019, at San Diego Regional Center (SDRC). The monitoring team members were Linda Rhoades (Team Leader), Nora Muir, Corbett Bray, Ray Harris, Bonnie Simmons, and Kathy Benson from DDS, and Raylyn Garrett from DHCS.

Purpose of the Review

DDS contracts with 21 private, non-profit corporations to operate regional centers, which are responsible under state law for coordinating, providing, arranging or purchasing all services needed for eligible individuals with developmental disabilities in California. All HCBS Waiver services are provided through this system. It is the responsibility of DDS to ensure, with the oversight of DHCS, that the HCBS Waiver is implemented by regional centers in accordance with Medicaid statute and regulations.

Overview of the HCBS Waiver Programmatic Compliance Monitoring Protocol

The compliance monitoring review protocol is comprised of sections/components designed to determine if the consumers' needs and program requirements are being met and that services are being provided in accordance with the consumers' individual program plans (IPP). Specific criteria have been developed for the review sections listed below that are derived from federal/state statutes and regulations and from the Centers for Medicare & Medicaid Services' directives and guidelines relating to the provision of HCBS Waiver services.

Scope of Review

The monitoring team reviewed a sample of 89 HCBS Waiver consumers. In addition, the following supplemental sample consumer records were reviewed: 1) three consumers whose HCBS Waiver eligibility had been previously terminated; and 2) ten consumers who had special incidents reported to DDS during the review period of November 1, 2017 through October 31, 2018.

The monitoring team completed visits to 12 community care facilities (CCF) and 23 day programs. The team reviewed 13 CCF and 28 day program consumer records and interviewed and/or observed 64 selected sample consumers.

Overall Conclusion

SDRC is in substantial compliance with the federal requirements for the HCBS Waiver program. Specific recommendations that require follow-up actions by SDRC are included in the report findings. DDS is requesting documentation of follow-up actions taken by SDRC in response to each of the specific recommendations within 30 days following receipt of this report.

Major Findings

<u>Section I – Regional Center Self-Assessment</u>

The self-assessment responses indicated that SDRC has systems and procedures in place for implementing the state and HCBS Waiver requirements addressed in the self-assessment criteria.

<u>Section II – Regional Center Consumer Record Review</u>

Eighty-nine sample consumer records were reviewed for 31 documentation requirements (criteria) derived from federal and state statutes and regulations and HCBS Waiver requirements. Criterion 2.13.a was 76 percent in compliance because 14 of the 59 applicable records did not contain documentation of all required quarterly face-to-face visits. Criterion 2.13.b was 75 percent in compliance because 15 of the 59 applicable records did not contain documentation of all required quarterly reports of progress. The sample records were 97 percent in overall compliance for this review.

SDRC's records were 95 percent and 98 percent in overall compliance for the collaborative reviews conducted in 2017 and in 2014, respectively.

Section III – Community Care Facility Consumer Record Review

Thirteen consumer records were reviewed at 12 CCFs for 19 documentation requirements (criteria) derived from Title 17, California Code of Regulations. The sample records were 100 percent in overall compliance for 16 criteria on this review. Three criteria were rated as not applicable for this review.

SDRC's records were 95 percent and 98 percent in overall compliance for the collaborative reviews conducted in 2017 and in 2014, respectively.

<u>Section IV – Day Program Consumer Record Review</u>

Twenty-eight consumer records were reviewed at 23 day programs for 17 documentation requirements (criteria) derived from Title 17, California Code of Regulations. The sample records were 99 percent in overall compliance for this review. Three criteria were not applicable for this review.

SDRC's records were 98 percent and 100 percent in overall compliance for the collaborative reviews conducted in 2017 and in 2014, respectively.

Section V – Consumer Observations and Interviews

Sixty-four sample consumers, or in the case of minors, their parents, were interviewed and/or observed at their CCFs, day programs, or in independent living settings. The monitoring team observed that all of the consumers were in good health and were treated with dignity and respect. All of the interviewed consumers/parents indicated that they were satisfied with their services, health and choices.

Section VI A – Service Coordinator Interviews

Sixteen service coordinators were interviewed using a standard interview instrument. The service coordinators responded to questions regarding their knowledge of the consumer, the IPP/annual review process, the monitoring of services, health issues, and safety. The service coordinators were very familiar with the consumers and knowledgeable about their roles and responsibilities.

<u>Section VI B – Clinical Services Interview</u>

Director of Clinical Services and the Coordinator of Behavioral Services were interviewed using a standard interview instrument. They responded to questions regarding the monitoring of consumers with medical issues, medications, behavior plans, the coordination of medical and mental health care for consumers, clinical supports to assist service coordinators, and the clinical team's role in the Risk Management, Assessment, and Planning Committee and special incident reporting.

Section VI C – Quality Assurance Interview

A quality assurance specialist was interviewed using a standard interview instrument. She responded to questions regarding how SDRC is organized to conduct Title 17 monitoring reviews, verification of provider qualifications, resource development activities, special incident reporting, and QA activities where there is no regulatory requirement.

Section VII A – Service Provider Interviews

Nineteen service providers at twelve CCFs and seven day programs were interviewed using a standard interview instrument. The service providers responded to questions regarding their knowledge of the consumer, the annual review process, and the monitoring of health issues, medication administration, progress, safety and emergency preparedness. The staff was familiar with the consumers and knowledgeable about their roles and responsibilities.

Section VII B - Direct Service Staff Interviews

Eleven CCF and four day program direct service staff were interviewed using a standard interview instrument. The direct service staff responded to questions regarding their knowledge of consumers, the IPP, communication, service delivery, procedures for safety, emergency preparedness, and medications. The staff were familiar with the consumers and knowledgeable about their roles and responsibilities.

<u>Section VIII – Vendor Standards Review</u>

The monitoring team reviewed twelve CCFs and four day programs utilizing a standard checklist with 23 criteria that are consistent with HCBS Waiver requirements. The reviewed vendors were in good repair with no immediate health or safety concerns observed.

Section IX – Special Incident Reporting

The monitoring team reviewed the records of the 89 HCBS Waiver consumers and 10 supplemental sample consumers for special incidents during the review period. SDRC reported all special incidents for the sample selected for the HCBS Waiver review. For the supplemental sample, the service providers reported 9 of the 10 incidents to SDRC within the required timeframes, and SDRC subsequently transmitted 9 of the 10 special incidents to DDS within the required timeframes. SDRC's follow-up activities for the 10 consumer incidents were timely and appropriate for the severity of the situation.

SECTION I

REGIONAL CENTER SELF-ASSESSMENT

I. Purpose

The regional center self-assessment addresses the California Home and Community-Based Services (HCBS) Waiver assurances criteria and is designed to provide information about the regional center's processes and practices. The responses are used to verify that the regional center has processes in place to ensure compliance with federal and state laws and regulations.

The self-assessment obtains information about SDRC's procedures and practices to verify that there are processes in place to ensure compliance with state and federal laws and regulations as well as the assurances contained in the HCBS Waiver application approved by the Centers for Medicare & Medicaid Services.

II. Scope of Assessment

SDRC is asked to respond to questions in four categories that correspond to the HCBS Waiver assurances with which the regional center is responsible for complying. The questions are shown at the end of this section.

III. Results of Assessment

The self-assessment responses indicate that SDRC has systems and procedures in place for implementing the state and HCBS Waiver requirements addressed in the self-assessment criteria.

✓ The full response to the self-assessment is available upon request.

Regional Center Self-Assessment HCBS Waiver Assurances			
HCBS Waiver Assurances	Regional Center Assurances		
State conducts level- of-care need determinations consistent with the need for institutionalization.	The regional center ensures that consumers meet ICF/DD, ICF/DD-H, or ICF/DD-N facility level-of-care requirements as a condition of initial and annual eligibility for the HCBS Waiver Program. Regional center ensures that the regional center staff responsible for certifying and recertifying consumers' HCBS Waiver eligibility meet the federal definition of a Qualified Mental Retardation Professional (QMRP). The regional center ensures that consumers are eligible for full-scope Medi-Cal benefits before enrolling them in the HCBS Waiver.		
Necessary safeguards have been taken to protect the health and welfare of persons	The regional center takes action(s) to ensure consumers' rights are protected. The regional center takes action(s) to ensure that the consumers' health needs are addressed. The regional center ensures that behavior plans preserve the right of		
receiving HCBS Waiver services.	the consumer to be free from harm. The regional center maintains a Risk Management, Risk Assessment and Planning Committee. The regional center has developed and implemented a Risk		
	Management/Mitigation Plan. Regional centers and local Community Care Licensing offices coordinate and collaborate in addressing issues involving licensing requirements and monitoring of CCFs pursuant to the MOU between DDS and Department of Social Services. The regional center has developed and implemented a quality assurance plan for Service Level 2, 3 and 4 community care facilities. The regional center reviews each community care facility annually to assure services are consistent with the program design and applicable laws and oversees development and implementation of corrective action plans as needed.		
	The regional center conducts not less than two unannounced monitoring visits to each CCF annually. Service coordinators perform and document periodic reviews (at least annually) to ascertain progress toward achieving IPP objectives and the consumer's and the family's satisfaction with the IPP and its implementation.		
	Service coordinators have quarterly face-to-face meetings with consumers in CCFs, family home agencies, supported living services, and independent living services to review services and progress toward achieving the IPP objectives for which the service provider is responsible. The regional center ensures that needed services and supports are in place when a consumer moves from a developmental center (DC) to a community living arrangement.		

Regional Center Self-Assessment HCBS Waiver Assurances		
HCBS Waiver Assurances	Regional Center Assurances	
Necessary safeguards have been taken to protect the health and welfare of persons receiving HCBS Waiver services (cont.)	Service coordinators provide enhanced case management to consumers who move from a DC by meeting with them face-to-face every 30 days for the first 90 days they reside in the community.	
Only qualified providers serve HCBS Waiver participants.	The regional center ensures that all HCBS Waiver service providers have signed the "HCBS Provider Agreement Form" and meet the required qualifications at the time services are provided.	
Plans of care are responsive to HCBS Waiver participant needs.	The regional center ensures that all HCBS Waiver consumers are offered a choice between receiving services and living arrangements in an institutional or community setting. Regional centers ensure that planning for IPPs includes a comprehensive assessment and information-gathering process which addresses the total needs of HCBS Waiver consumers and is completed at least every three years at the time of his/her triennial IPP. The IPPs of HCBS Waiver consumers are reviewed at least annually by the planning team and modified, as necessary, in response to the consumers' changing needs, wants and health status. The regional center uses feedback from consumers, families and legal representatives to improve system performance. The regional center documents the manner by which consumers indicate choice and consent.	

SECTION II

REGIONAL CENTER CONSUMER RECORD REVIEW

I. Purpose

The review is based upon documentation criteria derived from federal/state statutes and regulations and from the Centers for Medicare & Medicaid Services' directives and guidelines relating to the provision of Home and Community-Based Services (HCBS) Waiver services. The criteria address requirements for eligibility, consumer choice, notification of proposed action and fair hearing rights, level of care, individual program plans (IPP) and periodic reviews and reevaluations of services. The information obtained about the consumer's needs and services is tracked as a part of the onsite program reviews.

II. Scope of Review

1. Eighty-nine HCBS Waiver consumer records were selected for the review sample.

Living Arrangement	# of Consumers
Community Care Facility (CCF)	33
With Family	29
Independent or Supported Living Setting	27

2. The review period covered activity from November 1, 2017 through October 31, 2018.

III. Results of Review

The 89 sample consumer records were reviewed for 31 documentation requirements derived from federal and state statutes and regulations and HCBS Waiver requirements. Three supplemental records were reviewed solely for documentation that SDRC had either provided the consumer with written notification prior to termination of the consumer's HCBS Waiver eligibility or the consumer had voluntarily disenrolled from the HCBS Waiver.

- ✓ The sample records were 97 percent in compliance for 21 criteria. There are
 no recommendations for these criteria. One criterion was not applicable for this
 review.
- ✓ Findings for nine criteria are detailed below.
- ✓ A summary of the results of the review is shown in the table at the end of this section.

- IV. Findings and Recommendations
- 2.1.c The DS 3770 documents timely annual recertification.

Finding

Eighty-six of the eighty-seven (99 percent) applicable consumer records contained a DS 3770 annual recertification. However, the record for consumer #48 did not contain a DS 3770 recertification for 2017.

2.1.c Recommendation	Regional Center Plan/Response
SDRC should ensure that all case files	The team has a system for pre and post
of consumers on the Home and	checks to ensure that data entry for
Community-Based Services Waiver	recertifications are completed monthly.
have timely annual recertification	Additionally, DDS provides an error list,
documented on the DS 3770.	which we review for missing DS 3770s.

2.2 Each record contains a dated and signed Medicaid Waiver Consumer Choice of Services/Living Arrangements form (DS 2200). [SMM 4442.7; 42 CFR 441.302(d)]

<u>Findings</u>

Eighty-four of the eighty-nine (94 percent) sample consumer records contained a completed DS 2200 form. However, the records for consumers #7, #22, #29, #59, and #81 did not contain a signed and dated DS 2200 form. Subsequent to the monitoring review, consumers #59 and #81 signed and dated the DS 2200. Accordingly, no recommendation is required.

2.2 Recommendations	Regional Center Plan/Response
SDRC should ensure that the DS 2200 forms for consumers #7, #22, and #29 are properly signed and dated.	The process of adding individuals to Medicaid Waiver (MW) has changed in 2018. SDRC does not add individuals to MW without first having a signed DS 2200. During the recertification process, all DS 2200 forms are reviewed for accuracy. If a new form is needed, the team is using spreadsheets to monitor completion and notifying management when the corrections are not made. #22 was removed from MW due to an error in the recertification process. #29 We located the signed COS form dated 4/10/14 – supporting documentation included.

2.5.b The consumer's qualifying conditions documented in the CDER are consistent with information contained in the consumer's record.

[SMM 4442.5; 42 CFR 441.302(c); Title 22, CCR, §51343]

Findings

Eighty-four of the eighty-nine (94 percent) sample consumer records documented level-of-care qualifying conditions that were consistent with information found elsewhere in the record. However, information contained in five consumer records (detailed below) did not support the determination that all of the issues identified in the CDER and DS 3770 could be considered qualifying conditions. Unless otherwise noted in the list below, the following were identified as qualifying conditions on the DS 3770, but there was no supporting information in the consumers' records (IPP, progress reports, vendor reports, etc.) that described the impact of the identified conditions or need for services and supports.

- 1. Consumer #6: "Habitual lying." During the monitoring review, a new DS 3770 was completed removing the above as a qualifying condition. Accordingly, no recommendation is required.
- 2. Consumer #29: "Disruptive behavior."
- 3. Consumer #43: "Assistance scheduling/attending medical appointments."
- 4. Consumer #64: "Reminders to complete dressing." During the monitoring review, a new DS 3770 was completed removing the above as a qualifying condition. Accordingly, no recommendation is required.
- Consumer #67: "Braces/splints/cast."

2.5.b Recommendations	Regional Center Plan/Response
SDRC should determine if the items listed above for consumers #29, #43, and #67 are appropriately identified as qualifying conditions. The consumers' DS 3770 forms should be corrected to ensure that any items that do not represent substantial limitations in the	Consumer #29 – New IPP completed to reflect "disruptive behavior" and COS form signed in 4/2014. The IPP and MW 3770 are attached for supporting documentation.
consumers' ability to perform activities of daily living and/or participate in community activities are no longer identified as qualifying conditions. If SDRC determines that any of the issues above are correctly identified as qualifying conditions,	Consumer #43 – The SC is working with the individual to update the IPP to indicate the two qualifiers. Consumer #67 – SC will obtain the COS DS 2200 to disenroll and an

the original determinations should be submitted with the response to this	updated DS MW 3770 form will be completed.
report.	

2.6.a The IPP is reviewed (at least annually) by the planning team and modified, as necessary, in response to the consumer's changing needs, wants or health status. [42 CFR 441.301(b)(1)(l)]

Finding

Eighty-seven of the eighty-eight (99 percent) applicable consumer records contained documentation that the consumer's IPP had been reviewed annually by the planning team. However, there was no documentation that the IPP for consumer #37 was reviewed annually.

2.6.a Recommendation	Regional Center Plan/Response
SDRC should ensure that the IPP for consumer #37 is reviewed at least annually by the planning team.	PM and SC training has been implemented to emphasize the importance of completing annual reviews and utilizing a reliable tracking method.

2.6.b The HCBS Waiver Standardized Annual Review Form (SARF) is completed and signed annually by the planning team to document whether or not a change to the existing IPP is necessary and that the consumer's health status and CDER have been reviewed. (HCBS Waiver Requirement)

<u>Findings</u>

Fifty-eight of the sixty-four (91 percent) applicable consumer records contained a completed SARF. However, records for six consumers did not contain a completed SARF as indicated below:

- 1. Consumer #3: The IPP was dated 8/10/17.
- 2. Consumer #5: The SARF was dated 10/12/17 but was not signed.
- 3. Consumer #10: The IPP was dated 9/24/17.
- 4. Consumer #62: The IPP was dated 6/15/16.
- 5. Consumer #73: The SARF was dated 5/2/18 but was not signed.
- 6. Consumer #80: The SARF was dated 1/14/18 but not signed until 1/30/19. Accordingly, no recommendation is required.

2.6.b Recommendations	Regional Center Plan/Response
SDRC should ensure that a SARF is completed and signed for consumers #3, #5, #10, #62, and #73 during the annual IPP review process.	Consumer #3: 7/2018, SARF was not signed; 7/16/2019 SARF completed/signed. Consumer #5: 10/12/2017 signature was started but not completed; 10/28/2019 SARF was completed/signed. Consumer #10: SARF for 2018 missing; 9/18/19 SARF completed. Consumer #62: 6/14/2017 signed SARF. SARF 2018 Missing. Consumer #73: SARF was not signed; SC was trained on completion and follow-up with SARFs. Supporting documentation included.

2.9.d The IPP addresses the services which the day program provider is responsible for implementing. [W&I Code §4646.5(a)(2)]

Finding

Forty-two of the forty-three (98 percent) applicable sample consumer records contained IPPs that addressed the consumers' day program services. However, the IPP for consumer #48 did not address the services which the day program provider is responsible for implementing.

2.9.d Recommendations	Regional Center Plan/Response
SDRC should ensure that the IPP for	Staff received training to include
consumer #48 addresses the services	information in the IPP for the services
which the day program provider is	the day program is responsible for
responsible for implementing.	implementing.

2.10.a The IPP includes a schedule of the type and amount of all services and supports purchased by the regional center. [W&I Code §4646.5(a)(4)]

<u>Findings</u>

Eighty-three of the eighty-nine (93 percent) sample consumer IPPs included a schedule of the type and amount of all services and supports purchased by SDRC. However, IPPs for six consumers did not indicate SDRC funded services as indicated below:

- 1. Consumer #36: Behavior Management Program;
- 3. Consumer #47: Public Transportation, ADC, and Crisis Team;
- 4. Consumer #48: Crisis Team;
- 5. Consumer #56: Public Transportation;
- 6. Consumer #61: Dentistry; and,
- 7. Consumer #62: Personal Assistant.

2.10.a Recommendations	Regional Center Plan/Response
SDRC should ensure that the IPPs for consumers #36, #47, #48, #56, #61, and #62 include a schedule of the type and amount of all services and supports purchased by SDRC.	Consumer #48 has updated information on the crisis team. In general, during IPP meetings, services are discussed. It can then take time to locate an available provider, enter the contract and obtain approval. Following this process, the information is updated to the IPP services pages. However, if the IPP has been locked and distributed, the services pages will not update. SCs have been informed of the importance of completing updates to the IPP to reflect the most current services.

2.13.a Quarterly face-to-face meetings are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 community care facilities, family home agencies or supported living and independent living settings. (Title 17, CCR, §56047; Title 17, CCR, §56095; Title 17, CCR, §58680; Contract requirement)

Findings

Forty-five of the fifty-nine (76 percent) applicable sample consumer records had quarterly face-to-face meetings completed and documented. However, the records for 14 consumers did not meet the requirement as indicated below:

- 1. The records for consumers #5, #8, #13, #15, #16, #22, #37, #39, #40, #61, #66, and #71 contained documentation of only three of the required meetings.
- 2. The records for consumers #24 and #63 contained documentation of only one of the required meetings.

2.13.a Recommendations Re	Regional Center Plan/Response
to-face meetings are completed and documented each quarter for consumers #5, #8, #13, #15, #16, #22, #24, #37, sup	SDRC agrees with the missing parterly meetings. SCs have beceived additional training and support to track needed quarterly neetings.

2.13.b Quarterly reports of progress are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 community care facilities, family home agencies or supported living and independent living settings. (Title 17, CCR, §56047; Title 17, CCR, §56095; Title 17, CCR, §58680; Contract requirement)

Findings

Forty-four of the fifty-nine (75 percent) applicable sample consumer records had quarterly reports of progress completed for consumers living in community out-of-home settings. However, the records for 15 consumers did not meet the requirement as indicated below:

- 1. The records for consumers #5, #8, #13, #15, #16, #19, #22, #39, #40, #61, #66, and #71 contained documentation of only three of the required quarterly reports of progress.
- 2. The record for consumer #37 contained documentation of only two of the required quarterly reports of progress.

3. The records for consumers #24 and #63 contained documentation of only one of the required quarterly reports of progress.

2.13.b Recommendations	Regional Center Plan/Response
SDRC should ensure that future quarterly reports of progress are completed for consumers #5, #8, #13, #15, #16, #19, #22, #24, #37, #39, #40, #61, #63, #66, and #71.	SDRC agrees with the findings for the missing quarterly documentation. SDRC has created a template to streamline documentation and developed an improved tickler system to track quarterly meetings.

Regional Center Consumer Record Review Summary Sample Size = 89 +3 Supplemental Records						
	Criteria	+	-	N/A	% Met	Follow-up
2.0	The consumer is Medi-Cal eligible. (SMM 4442.1)	89			100	None
2.1	Each record contains a Medicaid Waiver Eligibility Record (DS 3770), signed by a Qualified Mental Retardation Professional (QMRP), which documents the date of the consumer's initial HCBS Waiver eligibility certification, annual recertifications, the consumer's qualifying conditions and short-term absences. [SMM 4442.1; 42 CFR 483.430(a)]	Criterion 2.1 consists of four sub-criter (2.1.a-d) that are reviewed and rated independently.				
2.1.a	The DS 3770 is signed by a Qualified Mental Retardation Professional and the title "QMRP" appears after the person's signature.	89			100	None
2.1.b	The DS 3770 form identifies the consumer's qualifying conditions and any applicable special health care requirements for meeting the Title 22 level-of-care requirements.	89			100	None
2.1.c	The DS 3770 form documents annual recertifications.	86	1	2	99	See Narrative
2.1.d	The DS 3770 documents short-term absences of 120 days or less, if applicable.	2		87	100	None
2.2	Each record contains a dated and signed Medicaid Waiver Consumer Choice of Services/Living Arrangements form, (DS 2200). [SMM 4442.7; 42 CFR 441.302(d)]	84	5		94	See Narrative
2.3	There is a written notification of a proposed action and documentation that the consumer has been sent written notice of their fair hearing rights whenever choice of living arrangements is not offered, services or choice of services are denied, the consumer/parent/legal guardian or legal representative does not agree with all or part of the components in the consumer's IPP, or the consumer's HCBS Waiver eligibility has been terminated. [SMM 4442.7; 42 CFR Part 431, Subpart E; W&I Code §4646(g)]	3		89	100	None

	Regional Center Consumer Record Review Summary Sample Size = 89 + 3 Supplemental Records						
	Criteria	+	-	N/A	% Met	Follow-up	
2.4	Each record contains a current Client Development Evaluation Report (CDER) that has been reviewed within the last 12 months. (SMM 4442.5; 42 CFR 441.302)	88		1	100	None	
2.5.a	The consumer's qualifying conditions and any special health care requirements used to meet the level-of-care requirements for care provided in an ICF/DD, ICF/DD-H, and ICF/DD-N facility are documented in the consumer's CDER and other assessments. (SMM 4442.5; 42 CFR 441.302(c); Title 22, CCR, §51343)	89			100	None	
2.5.b	The consumer's qualifying conditions documented in the CDER are consistent with information contained in the consumer's record.	84	5		94	See Narrative	
2.6.a	IPP is reviewed (at least annually) by the planning team and modified as necessary in response to the consumer's changing needs, wants or health status. [42 CFR 441.301(b)(1)(l)]	87	1	1	99	See Narrative	
2.6.b	The HCBS Waiver Standardized Annual Review Form is completed and signed annually by the planning team to document whether or not a change to the existing IPP is necessary, and health status and CDER have been reviewed. (HCBS Waiver requirement)	58	6	25	91	See Narrative	
2.7.a	The IPP is signed, prior to its implementation, by an authorized representative of the regional center and the consumer, or where appropriate, his/her parents or legal guardian or conservator. [W&I Code §4646(g)]	89			100	None	
2.7.b	IPP addenda are signed by an authorized representative of the regional center and the consumer, or where appropriate, his/her parents, legal guardian, or conservator.	12		77	100	None	
2.7.c	The IPP is prepared jointly with the planning team. [W&I Code §4646(d)]	89			100	None	
2.8	The IPP includes a statement of goals based on the needs, preferences and life choices of the consumer. [W&I Code §4646.5(a)]	89			100	None	

Regional Center Consumer Record Review Summary Sample Size = 89 + 3 Supplemental Records						
	Criteria	+	-	N/A	% Met	Follow-up
2.9	The IPP addresses the consumer's goals and needs. [W&I Code §4646.5(a)(2)]	crite	Criterion 2.9 consists of seven sub- criteria (2.9.a-g) that are reviewed independently.			
2.9.a	The IPP addresses the qualifying conditions identified in the CDER and Medicaid Waiver Eligibility Record (DS 3770).	89			100	None
2.9.b	The IPP addresses special health care requirements.	31		58	100	None
2.9.c	The IPP addresses the services which the CCF provider is responsible for implementing.	33		56	100	None
2.9.d	The IPP addresses the services which the day program provider is responsible for implementing.	42	1	46	98	See Narrative
2.9.e	The IPP addresses the services which the supported living services agency or independent living services provider is responsible for implementing.	28		61	100	None
2.9.f	The IPP addresses the consumer's goals, preferences and life choices.	89			100	None
2.9.g	The IPP includes a family plan component if the consumer is a minor. [W&I Code §4685(c)(2)]	17		72	100	None
2.10.a	The IPP includes a schedule of the type and amount of all services and supports purchased by the regional center. [W&I Code §4646.5(a)(4)]	83	6		93	See Narrative
2.10.b	The IPP includes a schedule of the type and amount of all services and supports obtained from generic agencies or other resources. [W&I Code §4646.5(a)(4)]	89			100	None
2.10.c	The IPP specifies the approximate scheduled start date for the new services. [W&I Code §4646.5(a)(4)]	12		77	100	None
2.11	The IPP identifies the provider or providers of service responsible for implementing services, including but not limited to vendors, contract providers, generic service agencies and natural supports. [W&I Code §4646.5(a)(4)]	89			100	None

	Regional Center Consumer Record Review Summary Sample Size = 89 + 3 Supplemental Records						
	Criteria	+	-	N/A	% Met	Follow-up	
2.12	Periodic reviews and reevaluations of consumer progress are completed (at least annually) to ascertain that planned services have been provided, that consumer progress has been achieved within the time specified, and the consumer and his/her family are satisfied with the IPP and its implementation. [W&I Code §4646.5(a)(6)]	89			100	None	
2.13.a	Quarterly face-to-face meetings are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 community care facilities, family home agencies or supported living and independent living settings. (Title 17, CCR, §56047; Title 17, CCR, §58680; Contract requirement)	45	14	30	76	See Narrative	
2.13.b	Quarterly reports of progress are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 community care facilities, family home agencies or supported living and independent living settings. (Title 17, CCR, §56047; Title 17, CCR, §58680; Contract requirement)	44	15	30	75	See Narrative	
2.14	Face-to-face reviews are completed no less than once every 30 days for the first 90 days following the consumer's move from a developmental center to a community living arrangement. (W&I Code §4418.3)			89	NA	None	

SECTION III

COMMUNITY CARE FACILITY CONSUMER RECORD REVIEW

I. Purpose

The review addresses the requirements for community care facilities (CCF) to maintain consumer records and prepare written reports of consumer progress in relation to the services addressed in the individual program plan (IPP) for which the facility is responsible. The criteria are derived from Title 17, California Code of Regulations.

II. Scope of Review

Thirteen consumer records were reviewed at 12 CCFs visited by the monitoring team. The facilities' consumer records were reviewed to determine compliance with 19 criteria.

III. Results of Review

The consumer records were 100 percent in compliance for 16 criteria. Three criteria were not applicable for this review.

- ✓ The sample records were 100 percent in compliance for 16 applicable criteria. There are no recommendations for these criteria.
- ✓ A summary of the results of the review is shown in the table at the end of this section.

	Community Care Facility Record Review Summary Sample Size: Consumers = 13; CCFs = 12							
	Criteria	+	, -	N/A	% Met	Follow-up		
3.1	An individual consumer file is maintained by the CCF that includes the documents and information specified in Title 17 and Title 22. [Title 17, CCR, §56017(b); Title 17, CCR, §56059(b); Title 22, CCR, §80069)	13			100	None		
3.1.a	The consumer record contains a statement of ambulatory or nonambulatory status.	13			100	None		
3.1.b	The consumer record contains known information related to any history of aggressive or dangerous behavior toward self or others.	4		9	100	None		
3.1.c	The consumer record contains current health information that includes medical, dental and other health needs of the consumer including annual visit dates, physicians' orders, medications, allergies, and other relevant information.	13			100	None		
3.1.d	The consumer record contains current emergency information: family, physician, pharmacy, etc.	13			100	None		
3.1.e	The consumer record contains a recent photograph and a physical description of the consumer.	13			100	None		
3.1.i	Special safety and behavior needs are addressed.	11		2	100	None		
3.2	The consumer record contains a written admission agreement completed for the consumer that includes the certifying statements specified in Title 17 and is signed by the consumer or his/her authorized representative, the regional center and the facility administrator. [Title 17, CCR, §56019(c)(1)]	13			100	None		
3.3	The facility has a copy of the consumer's current IPP. [Title 17, CCR, §56022(c)]	13			100	None		

	Community Care Facility Record Review Summary Sample Size: Consumers = 13; CCFs = 12								
	Criteria	+	-	N/A	% Met	Follow-up			
3.4.a	Service Level 2 and 3 facilities prepare and maintain written semiannual reports of consumer progress. [Title 17, CCR, §56026(b)]	8		5	100	None			
3.4.b	Semiannual reports address and confirm the consumer's progress toward achieving each of the IPP objectives for which the facility is responsible.	9		4	100	None			
3.5.a	Service Level 4 facilities prepare and maintain written quarterly reports of consumer progress. [Title 17, CCR, §56026(c)]	5		8	100	None			
3.5.b	Quarterly reports address and confirm the consumer's progress toward achieving each of the IPP objectives for which the facility is responsible.	5		8	100	None			
3.5.c	Quarterly reports include a summary of data collected. (Title 17, CCR, §56013(d)(4); Title 17, CCR, §56026)	5		8	100	None			
3.6.a	The facility prepares and maintains ongoing, written consumer notes, as required by Title 17. [Title 17, CCR, §56026(a)]	13			100	None			
3.6.b	The ongoing notes/information verify that behavior needs are being addressed.	9		4	100	None			
3.7.a	Special incidents are reported to the regional center within 24 hours after learning of the occurrence of the special incident. (Title 17, CCR, §54327)			13	NA	None			
3.7.b	A written report of the special incident is submitted to the regional center within 48 hours after the occurrence of the special incident. (Title 17, CCR, §54327)			13	NA	None			
3.7.c	Follow-up activities were undertaken to prevent, reduce or mitigate future danger to the consumer. (Title 17, CCR, §54327)			13	NA	None			

SECTION IV

DAY PROGRAM CONSUMER RECORD REVIEW

I. Purpose

The review criteria address the requirements for day programs to maintain consumer records and prepare written reports of consumer progress in relation to the services addressed in the individual program plan (IPP) that the day program provider is responsible for implementing. The criteria are derived from Title 17, California Code of Regulations.

II. Scope of Review

Twenty-eight consumer records were reviewed at 23 day programs visited by the monitoring team. The records were reviewed to determine compliance with 17 criteria. Three criteria were not applicable for this review.

III. Results of Review

The consumer records were 100 percent in compliance for 12 criteria. Three criteria were rated as not applicable for this review.

- ✓ A summary of the results of the review is shown in the table at the end of this section.
- ✓ Findings for two criteria are detailed below.

IV. Findings and Recommendations

4.2 The day program has a copy of the consumer's current IPP. [Title 17, CCR, §56720(b)]

<u>Findings</u>

Twenty-six of the twenty-eight (93 percent) sample consumer records contained a copy of the consumer's current IPP. However, the records for consumer #20 at day program #8 and consumer #36 at day program #3 did not contain a copy of their current IPPs.

4.2 Recommendation	Regional Center Plan/Response
SDRC should ensure that the records for consumer #20 at day program #8 and consumer #36 at day program #3 contain a current copy of the consumer's IPP.	The day programs received the most current IPPs.

4.4.a The day program prepares and maintains written semiannual reports of the consumer's performance and progress. [Title 17, CCR, §56720(c)]

Finding

Twenty-four of the 25 (96 percent) applicable consumer day program records contained written semiannual reports of consumer progress. However, the record for consumer #33 at day program #11 contained only one of the required progress reports.

4.4.a Recommendation	Regional Center Plan/Response
SDRC should ensure that day program provider #11 prepares written semiannual reports of consumer progress.	Tangem Guest Home has provided reports for consumer #33, and it is in the consumer's record. The reports are dated: 10/31/17, 4/23/2018, 7/31/2018, 10/31/18; The day program Innovative Center also provided reports 8/31/2018, 2/26/2018, and 8/31/2017. SC notified the programs to maintain their files with these documents.

	Day Program Record Review Summary Sample Size: Consumers = 28; Day Programs = 23							
	Criteria	+		N/A	% Met	Follow-up		
4.1	An individual consumer file is maintained by the day program that includes the documents and information specified in Title 17. (Title 17, CCR, §56730)	28			100	None		
4.1.a	The consumer record contains current emergency and personal identification information including the consumer's address, telephone number; names and telephone numbers of residential care provider, relatives, and/or guardian or conservator; physician name(s) and telephone number(s); pharmacy name, address and telephone number; and health plan, if appropriate.	28			100	None		
4.1.b	The consumer record contains current health information that includes current medications, known allergies; medical disabilities; infectious, contagious, or communicable conditions; special nutritional needs; and immunization records.	28			100	None		
4.1.c	The consumer record contains any medical, psychological, and social evaluations identifying the consumer's abilities and functioning level, provided by the regional center.	28			100	None		
4.1.d	The consumer record contains an authorization for emergency medical treatment signed by the consumer and/or the authorized consumer representative.	28			100	None		
4.1.e	The consumer record contains documentation that the consumer and/or the authorized consumer representative has been informed of his/her personal rights.	28			100	None		
4.1.f	Data is collected that measures consumer progress in relation to the services addressed in the IPP which the day program provider is responsible for implementing.	28			100	None		
4.1.g	The consumer record contains up-to-date case notes reflecting important events or information not documented elsewhere.	28			100	None		

	Day Program Record Review Summary Sample Size: Consumers = 28; Day Programs = 23							
	Criteria	+		N/A	% Met	Follow-up		
4.1.h	The consumer record contains documentation that special safety and behavior needs are being addressed.	24		4	100	None		
4.2	The day program has a copy of the consumer's current IPP. [Title 17, CCR, §56720(b)]	26	2		93	See Narrative		
4.3.a	The day program provider develops, maintains, and modifies, as necessary, documentation regarding the manner in which it implements the services addressed in the IPP. [Title 17, CCR, §56720(a)]	28			100	None		
4.3.b	The day program's individual service plan or other program documentation is consistent with the services addressed in the consumer's IPP.	28			100	None		
4.4.a	The day program prepares and maintains written semiannual reports. [Title 17, CCR, §56720(c)]	25	1	2	96	See Narrative		
4.4.b	Semiannual reports address the consumer's performance and progress relating to the services which the day program is responsible for implementing.	26		2	100	None		
4.5.a	Special incidents are reported to the regional center within 24 hours after learning of the occurrence of the special incident. (Title 17, CCR, §54327)			28	NA	None		
4.5.b	A written report of the special incident is submitted to the regional center within 48 hours after the occurrence of the special incident. (Title 17, CCR, §54327)			28	NA	None		
4.5.c	There is appropriate follow-up to special incidents to resolve issue and eliminate or mitigate future risk. (Title 17, CCR, §54327)			28	NA	None		

SECTION V

CONSUMER OBSERVATIONS AND INTERVIEWS

I. Purpose

The consumer observations are conducted to verify that the consumers appear to be healthy and have good hygiene. Interview questions focus on the consumers' satisfaction with their living situation, day program and work activities, health, choices, and regional center services.

II. Scope of Observations and Interviews

Sixty-four of the eighty-nine consumers, or in the case of minors, their parents, were interviewed and/or observed at their day programs, employment sites, community care facilities (CCF), or in independent living settings.

- ✓ Thirty-four consumers agreed to be interviewed by the monitoring teams.
- ✓ Nineteen consumers did not communicate verbally or declined an interview, but were observed.
- ✓ Eleven interviews were conducted with parents of minors.
- ✓ Twenty-five consumers were unavailable for, or declined, interviews.

III. Results of Observations and Interviews

All consumers/parents of minors indicated satisfaction with their living situation, day program, work activities, health, choices, and regional center services. The appearance for all of the consumers who were interviewed and observed reflected personal choice and individual style.

SECTION VI A

SERVICE COORDINATOR INTERVIEWS

I. Purpose

The interviews determine how well the service coordinators know their consumers, the extent of their participation in the individual program plan (IPP)/annual review process, and how they monitor services, health and safety issues.

II. Scope of Interviews

- 1. The monitoring team interviewed 16 SDRC service coordinators.
- 2. The interview questions are divided into two categories.
 - ✓ The questions in the first category are related to the consumers selected by the monitoring team.
 - ✓ The questions in the second category are related to general areas.

III. Results of Interviews

- 1. The service coordinators were very familiar with their respective consumers. They were able to relate specific details regarding the consumers' desires, preferences, life circumstances and service needs.
- 2. The service coordinators were knowledgeable about the IPP/annual review process and monitoring requirements. Service providers and family members provided input on the consumers' needs, preferences and satisfaction with services outlined in the IPP. For consumers in out-of-home placement settings, service coordinators conduct quarterly face-to-face visits and develop written assessments of consumer progress and satisfaction. In preparation for the quarterly visits, service coordinators review their previous progress reports, pertinent case notes, special incident reports, and vendor reports of progress.
- 3. To better understand issues related to consumers' use of medication and issues related to side effects, the service coordinators utilize SDRC's medical director and online resources for medication.

4. The service coordinators monitor the consumers' services, health and safety during periodic visits. They are aware of the consumers' health issues. The service coordinators are knowledgeable about the special incident reporting process and work with the vendors to ensure all special incidents are reported and appropriate follow-up activities are completed.

SECTION VI B

CLINICAL SERVICES INTERVIEW

I. Purpose

The clinical services interview is used to obtain supplemental information on how the regional center is organized to provide clinical support to consumers and service coordinators. This interview aids in determining what measures the regional center is utilizing to ensure the ongoing health and safety of all Home and Community-Based Services Waiver consumers.

II. Scope of Interview

- 1. The questions in the interview cover the following topics: routine monitoring of consumers with medical issues, medications and behavior plans; coordination of medical and mental health care for consumers; circumstances under which actions are initiated for medical or behavioral issues; clinical supports to assist service coordinators; improved access to preventive health care resources; role in the Risk Management Assessment and Planning Committee and special incident reports (SIR).
- 2. The monitoring team interviewed the Director of Clinical Services and the Coordinator of Behavioral Services at SDRC.

III. Results of Interview

- The clinical team includes physicians, registered nurses, psychologists, genetic counselors, behavior specialists, social workers, a forensic and mental health specialist, a dental coordinator and an autism services coordinator. Additionally, SDRC has contracted for Registered Dental Hygienists in Alternative Practice (RDHAP), physical, occupational, and speech therapy services, a pharmacist, behavioral management services, and most recently a mobile crisis team.
- 2. The clinical team is available to consult with service coordinators in evaluating consumers with medical and/or medication issues on an as-needed basis. The pharmacist is available by referral from service coordinators, providers, family or consumers for consultation regarding medication concerns. If needed, members of the clinical team will make home visits to evaluate and coordinate care. Additionally, team members work with hospitals, psychiatric facilities, local physicians and consumer advocates to ensure consumers' medical needs are addressed appropriately.

- 3. The Coordinator of Behavioral Services is available to assist with complex behavior issues and to consult with service coordinators regarding review of behavior plans. He also visits hospitalized consumers in psychiatric facilities and assists with coordination of care and discharge planning. Psychologists consult with consumers' primary care doctors as requested. The Behavior Modification Review Committee reviews behavioral intervention plans that are considered potentially restrictive or aversive.
- 4. Staff training is provided by members of the clinical team on various health-related topics, such as autism, dual diagnosis, medication management, cerebral palsy, and epilepsy. Training is also provided to vendors, consumers, families and the community. Recent topics have included signs and symptoms of illness, Down syndrome, medication safety, healthy eating and lifestyle, and an autism training series that meets one time per month for 12 months, bringing in community experts to present for both service coordinators and the community.
- 5. SDRC has improved access to healthcare resources through the following programs:
 - ✓ The Anderson Dental Center/Children's Hospital, which provides training for consumers and providers, and treatment for consumers in Residency Dental Program;
 - ✓ Dental Coordinator & RDHAP, who provide in-home visits for evaluations and cleanings;
 - ✓ Collaborating with King Chavez Dental Clinic;
 - ✓ Providing consultations for consumers, families, and providers who request assistance with medication and nutritional needs;
 - ✓ Autism program;
 - ✓ Safety Alert, Inc., a twenty-four-hour on-call crisis team that assists with difficult mental health cases;
 - ✓ Victims Assistance Support Team; and,
 - ✓ Nurses contributing articles to the SDRC Vendor Bulletin.
- 6. Physicians and nurses participate in SDRC's Risk Management, Assessment, and Planning Committee. Members of the clinical team review all SIRs for hospitalized consumers, and medical-related special incident reports are reviewed as needed. The regional center also utilizes Mission Analytics Group, Inc., the State's risk management contractor, to analyze special

incidents for trends. The clinical team uses this information to make recommendations for appropriate follow-up and training as needed.

SECTION VI C

QUALITY ASSURANCE INTERVIEW

I. Purpose

The informational interview with quality assurance (QA) staff ascertains how the regional center has organized itself to conduct Title 17 monitoring of community care facilities (CCF), two unannounced visits to CCFs, service provider training, verification of provider qualifications, resource development activities, and quality assurance among programs and providers where there is no regulatory requirement to conduct quality assurance monitoring.

II. Scope of Interview

The monitoring team interviewed a QA specialist who is part of the team responsible for conducting SDRC's QA activities.

III. Results of Interview

- 1. The annual Title 17 visits are conducted by the quality assurance specialists. The two unannounced visits are conducted annually by the service coordinators, who function as facility liaisons to the CCFs. Any issues or concerns from the facility liaisons are reported to the program manager of the appropriate unit for follow-up. When substantial inadequacies are identified, corrective action plans (CAP) are issued. Most CAPs allow the vendor 30 days to correct the situation. The QA team will follow up and provide further training to the vendor, if necessary. SDRC provides staff orientation training in identifying substantial inadequacies and immediate dangers, and on their roles and responsibilities during visits to CCFs.
- 2. The special incident report (SIR) coordinator receives all SIRs. SDRC's case managers will follow up on vendor-related SIRs, while the service coordinator will follow up on any family-related SIRs. The Residential Manager is a member of the Risk Management Assessment and Planning Committee, which meets monthly. They recommend additional trainings be provided to staff and vendors based on SIR trend analysis.
- 3. The QA team members also monitor day programs annually. In addition, the Residential Manager requires new residential providers to complete Residential Specialist Services Training offered twice a year. This is a six-toeight-week series of classroom instruction that all new providers are required to complete.

SECTION VII A

SERVICE PROVIDER INTERVIEWS

I. Purpose

The interviews determine how well the service provider knows the consumers; the extent of their assessment process for the individual program plan (IPP) development and/or review; the extent of their plan participation; how the plan was developed; how service providers ensure accurate documentation, communicate, address and monitor health issues; their preparedness for emergencies; and how they monitor safety and safeguard medications.

II. Scope of Interviews

- 1. The monitoring team interviewed service providers at 12 community care facilities and seven day programs where services are provided to the consumers who were visited by the monitoring team.
- 2. The interview questions are divided into two categories.
 - ✓ The questions in the first category are related to sample consumers selected by the monitoring team.
 - ✓ The questions in the second category are related to general areas.

III. Results of Interviews

- 1. The service providers were familiar with the strengths, needs and preferences of their consumer.
- 2. The service providers indicated that they conducted assessments of the consumer, participated in their IPP development, provided the programspecific services addressed in the IPPs and attempted to foster the progress of their consumer.
- The service providers monitored the consumer's health issues and safeguarded medications.
- 4. The service providers communicated with people involved in the consumer's life and monitored progress.
- 5. The service providers were prepared for emergencies, monitored the safety of the consumer, and understood special incident reporting and follow-up processes.

SECTION VII B

DIRECT SERVICE STAFF INTERVIEWS

I. Purpose

The interviews determine how well the direct service staff know the consumers and their understanding of the individual program plan and service delivery requirements, how they communicate, their level of preparedness to address safety issues, their understanding of emergency preparedness, and their knowledge about safeguarding medications.

II. Scope of Interviews

- 1. The monitoring team interviewed 15 direct service staff at 11 community care facilities and four day programs where services are provided to the consumer who was visited by the monitoring team.
- 2. The interview questions are divided into two categories:
 - ✓ The questions in the first category are related to sample consumers selected by the monitoring team.
 - ✓ The questions in the second category are related to general areas.

III. Results of Interviews

- 1. The direct service staff were familiar with the strengths, needs and preferences of their consumer.
- 2. The direct service staff were knowledgeable about their roles and responsibilities for providing the services addressed in the consumer's IPP.
- 3. The direct service staff demonstrated that they understood the importance of communication with all individuals concerned with the consumer.
- 4. The direct service staff were prepared to address safety issues and emergencies and were familiar with special incident reporting requirements.
- 5. The direct service staff demonstrated an understanding about emergency preparedness.
- 6. The direct service staff were knowledgeable regarding safeguarding and assisting with self-administration of medications where applicable.

SECTION VIII

VENDOR STANDARDS REVIEW

I. Purpose

The review ensures that the selected community care facilities (CCF) and day programs are serving consumers in a safe, healthy and positive environment where their rights are respected. The review also ensures that CCFs are meeting the Home and Community-Based Services Waiver definition of a homelike setting.

II. Scope of Review

- 1. The monitoring teams reviewed a total of twelve CCFs and four day programs.
- 2. The teams used a monitoring review checklist consisting of 24 criteria. The review criteria are used to assess the physical environment, health and safety, medications, services and staff, consumers' rights, and the handling of consumers' money.

III. Results of Review

All of the CCFs and the day programs were found to be in good condition with no immediate health and safety concerns. Specific findings and recommendations are detailed below.

IV. Findings and Recommendations

8.1.e Personal Hygiene

Finding

CCF #10 was storing consumer toothbrushes in an unsanitary manner.

8.1.e Recommendation	Regional Center Plan/Response
SDRC should ensure that the provider at CCF #10 follows sanitary measures for storing hygiene products.	CCF #10 was notified of the change required and liaison confirmed the correction has been made.

8.2.c Non-Pro Re Nata (PRN) Medication Records

Finding

CCF #10 was not routinely keeping records of medications taken by the consumer.

8.2.c Recommendation	Regional Center Plan/Response
SDRC should ensure CCF #10 properly documents all required medication information.	CCF #10 was notified of the change required and liaison confirmed the correction has been made. In addition, training has been provided on medication monitoring.

8.2.d Pro Re Nata Medication Records

Finding

CCF #2 was not documenting the time, dosage, name of the medication or consumer's response to a PRN medication.

8.2.d Recommendation	Regional Center Plan/Response
SDRC should ensure that CCF #2 properly documents all required PRN	CCF #2 was notified of the change required by the liaison and received
medications information.	medication record training.

8.3.c First Aid

Finding

Day program #8 had five direct care staff that did not have current first aid certificates. The first aid classes were completed after the review, and copies of the new cards were e-mailed to DHCS. Accordingly, no recommendation is required.

SECTION IX

SPECIAL INCIDENT REPORTING

I. Purpose

The review verifies that special incidents have been reported within the required timeframes, that documentation meets the requirements of Title 17, California Code of Regulations, and that the follow-up was complete.

II. Scope of Review

- Special incident reporting of deaths by SDRC was reviewed by comparing deaths entered into the Client Master File for the review period with special incident reports (SIR) of deaths received by the Department of Developmental Services (DDS).
- 2. The records of the 89 consumers selected for the Home and Community-Based Services (HCBS) Waiver sample were reviewed to determine that all required special incidents were reported to DDS during the review period.
- 3. A supplemental sample of 10 consumers who had special incidents reported to DDS within the review period was assessed for timeliness of reporting and documentation of follow-up activities. The follow-up activities were assessed for being timely, appropriate to the situation, resulting in an outcome that ensures the consumer is protected from adverse consequences, and that risks are either minimized or eliminated.

III. Results of Review

- 1. SDRC reported all deaths during the review period to DDS.
- 2. SDRC reported all special incidents in the sample of 89 records selected for the HCBS Waiver review to DDS.
- 3. SDRC's vendors reported nine of the ten (90 percent) incidents in the supplemental sample within the required timeframes.
- 4. SDRC reported nine of the ten (90 percent) incidents to DDS within the required timeframes.
- 5. SDRC's follow-up activities on consumer incidents were appropriate for the severity of the situations for the ten incidents.

IV. Findings and Recommendations

<u>Consumer #SIR 2:</u> The incident occurred on December 15, 2017. However, the vendor did not submit a written report to SDRC until December 20, 2017.

<u>Consumer #SIR 7:</u> The incident was reported to SDRC on October 29, 2018. However, SDRC did not report the incident to DDS until November 5, 2018.

Recommendation	Regional Center Plan/Response
SDRC should ensure that the vendor for consumer #SIR 2 reports special incidents within the required timeframe.	Service providers are given a reminder when they report SIRs outside the required timelines. SDRC has increased SIR trainings to service providers in all regions of San Diego and Imperial County. Another SIR coordinator half position has been created to improve compliance with reporting guidelines.
SDRC should ensure that all special incidents are reported to DDS within the required timeframe.	SDRC is continuing to examine timely submission of SIRs, and with the addition of another SIR coordinator, there will be backup for when the SIR coordinator is off or unavailable to address the volume of SIRs. SIR trainings for SCs and PMs are coordinated quarterly in all the SDRC office locations.

SAMPLE CONSUMERS AND SERVICE PROVIDERS/VENDORS

HCBS Waiver Review Consumers

#	UCI	CCF	DP
1	XXXXXX	1	
2	XXXXXX	7	
3	XXXXXX	12	
4	XXXXXX	3	
5	XXXXXX	11	
6	XXXXXX	8	
7	XXXXXX	6	
8	XXXXXX	2	
9	XXXXXX	10	
10	XXXXXX	5	
11	XXXXXX	4	
12	XXXXXX	4	
13	XXXXXX	9	
14	XXXXXX		4
15	XXXXXX		12
16	XXXXXX		
17	XXXXXX		1
18	XXXXXX		1
19	XXXXXX		9
20	XXXXXX		8
21	XXXXXX		15
22	XXXXXX		15
23	XXXXXX		14
24	XXXXXX		14
25	XXXXXX		7
26	XXXXXX		7
27	XXXXXX		5
28	XXXXXX		6
29	XXXXXX		
30	XXXXXX		22
31	XXXXXX		
32	XXXXXX		23
33	XXXXXX		11
34	XXXXXX		10
35	XXXXXX		11
36	XXXXXX		3
37	XXXXXX		2

#	UCI	CCF	DP
38	XXXXXX		17
39	XXXXXX		18
40	XXXXXX		16
41	XXXXXX		21
42	XXXXXX		19
43	XXXXXX		
44	XXXXXX		
45	XXXXXX		2
46	XXXXXX		20
47	XXXXXX		
48	XXXXXX		
49	XXXXXX		
50	XXXXXX		
51	XXXXXX		
52	XXXXXX		
53	XXXXXX		
54	XXXXXX		
55	XXXXXX		
56	XXXXXX		
57	XXXXXX		
58	XXXXXX		
59	XXXXXX		
60	XXXXXX		
61	XXXXXX		
62	XXXXXX		
63	XXXXXX		
64	XXXXXX		
65	XXXXXX		
66	XXXXXX		
67	XXXXXX		
68	XXXXXX		
69	XXXXXX		
70	XXXXXX		
71	XXXXXX		
72	XXXXXX		
73	XXXXXX		
74	XXXXXX		
75	XXXXXX		
76	XXXXXX		
77	XXXXXX		

#	UCI	CCF	DP
79	XXXXXX		
80	XXXXXX		
81	XXXXXX		
82	XXXXXX		
83	XXXXXX		
84	XXXXXX		
85	XXXXXX		
86	XXXXXX		
87	XXXXXX		
88	XXXXXX		
89	XXXXXX		

Supplemental Sample Terminated Waiver Consumers

#	UCI
90	XXXXXX
91	XXXXXX
92	XXXXXX

HCBS Waiver Review Service Providers

CCF#	Vendor
1	XXXXXX
2	XXXXXX
3	XXXXXX
4	XXXXXX
5	XXXXXX
6	XXXXXX
7	XXXXXX
8	XXXXXX
9	XXXXXX
10	XXXXXX
11	XXXXXX
12	XXXXXX

Day Program #	Vendor
1	XXXXXX
2	XXXXXX
3	XXXXXX
4	XXXXXX
5	XXXXXX
6	XXXXXX
7	XXXXXX
8	XXXXXX
9	XXXXXX
10	XXXXXX
11	XXXXXX
12	XXXXXX
13	XXXXXX
14	XXXXXX
15	XXXXXX
16	XXXXXX
17	XXXXXX
18	XXXXXX
19	XXXXXX
20	XXXXXX
21	XXXXXX
22	XXXXXX
23	XXXXXX

SIR Review Consumers

#	UCI	Vendor
SIR 1	XXXXXX	XXXXXX
SIR 2	XXXXXX	XXXXXX
SIR 3	XXXXXX	XXXXXX
SIR 4	XXXXXX	XXXXXX
SIR 5	XXXXXX	XXXXXX
SIR 6	XXXXXX	XXXXXX
SIR 7	XXXXXX	XXXXXX
SIR 8	XXXXXX	XXXXXX
SIR 9	XXXXXX	XXXXXX
SIR 10	XXXXXX	XXXXXX