



# Sharon

Quarterly update  
7-30-20



**AVENUES**  
SUPPORTED LIVING SERVICES



**Keep my self busy with fun activities through the day**

# Stay Mobile



# Do a variety of exercises





# BOARD GAMES

# PARKS

## feed the ducks and picnics





## POOL at Veronica's

# VOLUNTEER, Soles4Souls FLYERS







**Thank you letter to first responders**

# E-mails and social media





## New outdoor chairs and Laptop

# Chores at home: do laundry, meals and clean

