Sharon

Quarterly update 7-30-20

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Keep my self busy with fun activities through the day



Stay Mobile





Do a variety of exercises







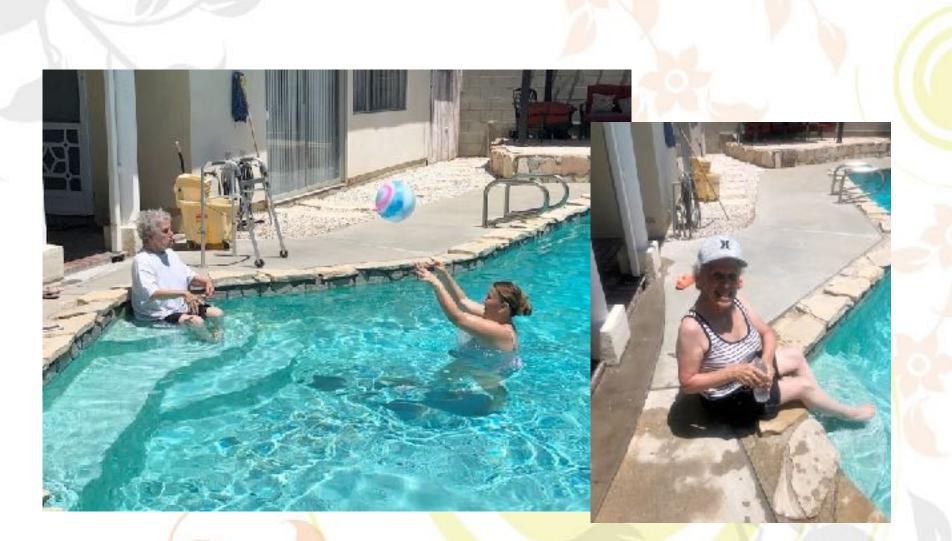


PARKS feed the ducks and picnics









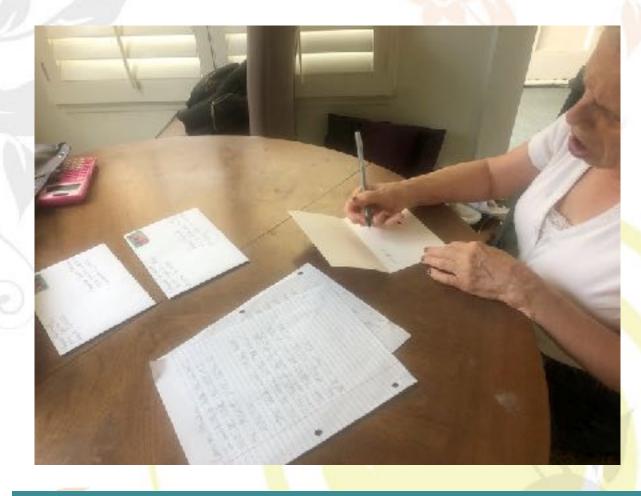


POOL at Veronica's

VOLUNTEER, Soles4Souls FLYERS







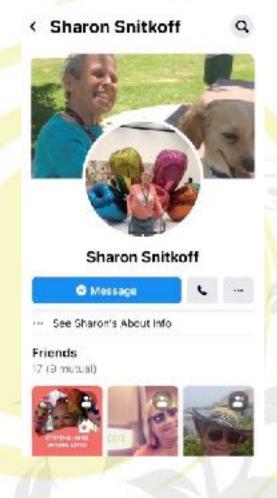
Thank you letter to first responders



E-mails and social media









New outdoor chairs and Laptop



Chores at home: do laundry, meals and clean

