

Speaker 1: What is a bully?

Speaker 2: A bully is someone who's mean to another individual.

Speaker 3: A bully is somebody who bothers the other person or intimidates them in any way.

Speaker 5: Someone being mean to you.

Speaker 4: Have you ever been bullied?

Speaker 3: Yes.

Speaker 4: What happened?

Speaker 3: I was sitting in a class and somebody stuck some gum in my hair.

Speaker 4: Where did it happen?

Speaker 3: At school.

Speaker 4: Who did it?

Speaker 3: One of my classmates.

Speaker 4: What did you do?

Speaker 3: I had to sit there because I was in class.

Speaker 4: How did it make you feel?

Speaker 3: Pretty mad.

Speaker 1: Have you ever been bullied?

Speaker 2: Yes.

Speaker 1: What happened.

Speaker 2: Two kids knocked me down. I was walking down the stairs and they knocked me down on the stairs. Then I ended up crying.

Speaker 1: Were you at school, home, work, or out in the community?

Speaker 2: School.

Speaker 1: Who did it?

Speaker 2: Two middle school, junior high school kids.

Speaker 1: So it was classmates?

Speaker 2: Yes.

Speaker 1: What did you do? Fight back, walk away, yell at them, ask them to stop?

Speaker 2: Ask them to stop and walk away.

Speaker 1: Good idea.

Speaker 2: [crosstalk] get up and walk away.

Speaker 1: How did it make you feel? Sad, angry, alone, scared?

Speaker 2: Sad and scared.

Speaker 1: Have you ever been bullied?

Speaker 5: Yeah, people tease me and push me around or something.

Speaker 1: What happened first and then what happened next?

Speaker 5: Cried and then I got mad.

Speaker 1: Where it happen?

Speaker 5: At school.

Speaker 1: Who did it?

Speaker 5: A kid.

Speaker 1: What did you do?

Speaker 5: I just walked away or told the teacher.

Speaker 1: How did it make you feel?

Speaker 5: Upset and sad.

Speaker 3: I opened up my door one morning and found some toilet paper all over my tree. And later on I went to check it out and go clean it up. It was a mess. I was very livid.

Speaker 5: Some kids at the bus stop are bullying, I mean, mean to the bus driver or other kids. That's why me and Andy don't take the bus anymore because every time they won't let us sit on the seat. Every time you get mad about it they laugh about it and then when the bus driver gets mad they laugh about it and they won't let you sit down. Then when the bus driver gets mad, he stops somewhere and lets them out. They're mean and not nice.

Speaker 2: A few months back in May when I was at work, my job coach asked me to do something. My coworkers came and tried to push me aside and good thing I grabbed my chair because otherwise I would have fallen down.

Speaker 3: Not get into a fight with the bully because it only makes the situation go from bad to worse.

Do not hang around places where the bullies are.

Do not ignore what happened.

Don't believe what the bully says.

Walk or run away if the bully tries to hurt you.

Get some help.

Tell a trusted adult.

Make a plan for what to do if it happens again.