

Speaker 1: The Healthy Home Checklist. Keeping a clean home might not seem so important, but people can and often do get sick from germs in the home. That's why we made the Healthy Home Checklist. You can find it by going to the Safety Net website and searching for Healthy Home Checklist. By doing these things every day, you'll keep your home clean.

Every day in the kitchen, do the dishes, wipe the counter and sink. Wipe the stove top. Take out the garbage. You've got a clean kitchen.

Every day in the bathroom, wipe the counter and sink. Give the bowl a quick scrub. Now your bathroom is clean.

Every day in the bedroom, pick up clothes, make the bed. Now your bedroom is clean.

Every day in each room, pick up the clutter, wipe up dirt or spills on the floor. Now your room is clean.

Every week, remember to dust in all rooms, vacuum the carpet and mop the floors, clean bathroom mirrors, the sink, toilet, the shower and the tub. Wash and change your sheets and towels. Clean out the refrigerator by throwing out old food, and remember to take out the trash in every room.

Remember: clean, clean, clean. Do a little every day. Keep your home clean and dry. Throw out the trash. Get rid of clutter and get started now. Congratulations, you have done it. Enjoy your clean home.