

**Department of Developmental Services (DDS)**

**Consumer Advisory Committee (CAC)**

Meeting Minutes  
**November 20, 2020**

<b><u>Members Attended</u></b>	<b><u>Others Attended</u></b>
Deaka McClain	Nicole Patterson
Esther Kelsey	Jana Chapman-Plon
Shawn Costello	Sara Desumala
Tracey Mensch	Rachelle Munoz
Kim Rucker	Michael Shepard
Ryan Nelson	Keith Nelson
Lisa Utsey	Joshua Sudarma
Craig Moorman	Leslie Morrison
Sylvia Delgado	
Amy Lampe	
Charles Nutt	
<b><u>Members Absent</u></b>	
Tim Farrar	
Sam Yi	
James Wilson	

## 1. CALL TO ORDER

Deaka McClain, Chairperson, called the meeting to order at 11:00am

- A. Everyone introduced themselves
- B. Video Conference Zoom Ground Rules were read.
- C. The agenda was reviewed, and no changes were made. **It was moved** (Lisa Utsey), **seconded** (Craig Moorman), **and carried to approve the agenda.**
- D. The minutes of the October 2, 2020 CAC meeting were reviewed. **It was moved** (Ryan Nelson) **seconded**, (Kim Rucker), and **carried to approve the minutes.**

## 2. HEALTH PASSPORTS

Joshua Sudarma came to speak to the CAC about the importance of using a health passport. The health passport can help your medical professional understand how to best work with you.

- Health passports give medical professionals important information such as:
  - ❖ Your name
  - ❖ How you prefer to communicate
  - ❖ Your emergency contacts
  - ❖ Your medications
  - ❖ Other important information about you
- You can fill these out on your computer and then print them or print them out first and fill them out by hand.
- Bring your health passport with you if you need to go to a hospital or visit a doctor

You can find several versions that are available on the DDS website under the Coronavirus information and resources webpage

- <https://www.dds.ca.gov/corona-virus-information-and-resources/>

The DDS would like to encourage people to use a health passport because it can help you communicate when you need medical care.

### 3. **HOW I RAN FOR CITY COUNCILMAN**

Shawn Costello, a CAC Member did a presentation to the CAC about how he has run for a seat on the City Council In 16 elections in Dublin California. Shawn shared the process that people in his area follow when running for City Council:

- When you run for office you fill out a *Form 501: Intent to Run for Office*, and register it with the state of CA. Candidates get a packet (a big binder with a list of things you must do). The form that says that you will not put anyone down and that you will be fair to others. Candidates must:
  1. Collect at least 30 signatures of registered voters and turn the list in to the city clerk by the deadline.
  2. Fill out forms that says how much money you're going to collect.
- Then you participate in debates. The number of debates depends on the city.
- Participate in TV interviews.
- Have a campaign statement (Nicole shared Shawn's campaign statement) and pay a fee when filing your campaign statement.
- Come up with three words to describe yourself that will show up on the ballot next to your name.
- Have a lot of confidence

Shawn wears a sign and drive his wheelchair up and down the street to advertise. Nicole showed the results of the vote. Shawn got over 2,000 votes, which he's very happy about.

#### 4. **MEMBER SPOTLIGHT**

CAC members Lisa Utsey and Esther Kelsey shared their answers to the following questions with the CAC members:

- What made you get involved with advocacy work?
- Who is your biggest supporter? How do they encourage you to keep going?
- What would you tell your younger self as an advocate today?
- What would you say is the hardest part about being an advocate?
- What would you like to be doing in five years?
- Anything else you would like to share with the group?

#### 5. **CAC CERTIFICATES**

Deaka acknowledged Lisa Utsey and Esther Kelsey for serving six years on the DDS CAC and presented them with their Certificates of Appreciation. Nicole will mail the certificates as soon as they are signed.

#### 6. **ELECTIONS**

The election was held for Chairperson, Vice-Chairperson and Secretary.

- The CAC officers elected until June 2020 are:
  - ❖ Ryan Nelson as Chairperson
  - ❖ Deaka McClain as Vice-Chairperson
  - ❖ Kim Rucker as Secretary



## 7. **END MEETING**

Deaka McClain, Chairperson, adjourned the meeting at 1:10 pm

**Next CAC meeting will be February 17, 2021 10am-12:00pm**