# NCI Adult Family Survey Regional Center Outcomes

Regional Center of Orange County Report

# Fiscal Year 2016-17





# **Table of Contents**

Quality Assessment Project and National Core Indicators™	1
What is NCI?	1
What is the NCI Adult Family Survey?	1
How were people selected to participate?	3
Data Analysis	
Weighting	
Limitations of Data	
What is Contained in This Report?	
Demographics of the Family Member	
GRAPH 1. MORE THAN ONE PERSON LIVING IN THE HOME HAS IDD	7
GRAPH 2. FAMILY MEMBER'S AGE	7
GRAPH 3. FAMILY MEMBER'S GENDER	7
GRAPH 4. FAMILY MEMBER'S DISABILITIES (CA QUALIFYING CONDITIONS)	7
GRAPH 5. FAMILY MEMBER'S TYPES OF DISABILITIES (CONTINUED)	8
GRAPH 6. FAMILY MEMBER'S TYPES OF DISABILITIES (CONTINUED)	8
GRAPH 7. FAMILY MEMBER'S HEALTH CONDITIONS	8
GRAPH 8. FAMILY MEMBER'S HEALTH CONDITIONS (CONTINUED)	8
GRAPH 9. FAMILY MEMBER'S RACE AND ETHNICITY	9
GRAPH 10. FAMILY MEMBER'S PREFERRED MEANS OF COMMUNICATION	9
GRAPH 11. FAMILY MEMBER'S PREFERRED LANGUAGE	9
GRAPH 12. FAMILY MEMBER'S PREFERRED LANGUAGE (CONTINUED)	9
GRAPH 13. FAMILY MEMBER'S PREFERRED LANGUAGE (CONTINUED)	10
GRAPH 14. FAMILY MEMBER HAS LEGAL COURT APPOINTED GUARDIAN OR CONSERVATOR	10
GRAPH 15. GUARDIAN OR CONSERVATOR RELATIONSHIP TO FAMILY MEMBER	10
GRAPH 16. FAMILY MEMBER'S HIGHEST LEVEL OF EDUCATION	10

	GRAPH 17. FAMILY MEMBER'S TYPICAL DAY ACTIVITIES: PAID INDIVIDUAL JOB IN THE COMMUNITY	11
	GRAPH 18. FAMILY MEMBER'S TYPICAL DAY ACTIVITIES: PAID SMALL GROUP JOB IN A COMMUNITY-BASED SETTING	11
	GRAPH 19. FAMILY MEMBER'S TYPICAL DAY ACTIVITY: UNPAID ACTIVITY IN A COMMUNITY-BASED SETTING	11
	GRAPH 20. FAMILY MEMBER'S TYPICAL DAY ACTIVITIES: PAID FACILITY-BASED SETTING	
	GRAPH 21. FAMILY MEMBER'S TYPICAL DAY ACTIVITIES: UNPAID ACTIVITY IN A FACILITY-BASED SETTING	12
	GRAPH 22. FAMILY MEMBER'S TYPICAL DAY ACTIVITIES: SCHOOL	12
	GRAPH 23. FAMILY MEMBER'S TYPICAL DAY ACTIVITIES: STAYS AT HOME	12
	GRAPH 24. FAMILY MEMBER'S TYPICAL DAY ACTIVITIES: OTHER	12
	GRAPH 25. FAMILY MEMBER'S SUPPORT NEEDS FOR SELF-INJURIOUS, DISRUPTIVE, AND/OR DESTRUCTIVE BEHAVIORS	13
	GRAPH 26. FAMILY MEMBER'S LEVEL OF HELP NEEDED WITH PERSONAL CARE ACTIVITIES (FOR EXAMPLE, BATHING, DRESSING, EATING)	13
	GRAPH 27. FAMILY MEMBER'S NEED FOR HELP WITH OTHER DAILY ACTIVITIES (FOR EXAMPLE, SCHEDULING, MANAGING MONEY, OR SHOPPING)	13
De	mographics of Respondent	
	GRAPH 28. RESPONDENT'S AGE	
	GRAPH 29. RESPONDENT'S HEALTH	
	GRAPH 30. RESPONDENT'S RELATIONSHIP TO FAMILY MEMBER	15
	GRAPH 31. RESPONDENT OR OTHER FAMILY MEMBER PROVIDES PAID SUPPORT TO FAMILY MEMBER RECEIVING SERVICES	15
	GRAPH 32. NUMBER OF ADULTS IN HOUSEHOLD (NOT INCLUDING FAMILY MEMBER RECEIVING SERVICES)	16
	GRAPH 33. NUMBER OF CHILDREN IN HOUSEHOLD	
	GRAPH 34. RESPONDENT'S HIGHEST LEVEL OF EDUCATION	16
	GRAPH 35. TOTAL TAXABLE HOUSEHOLD INCOME OF WAGE EARNERS IN THE PAST YEAR	16
	GRAPH 36. FAMILY MEMBER'S RESIDENTIAL DESIGNATION (URBAN/SUBURBAN OR RURAL)	17
	GRAPH 37. APPROXIMATELY HOW MUCH OUT-OF-POCKET (UNREIMBURSED) MONEY DID YOU SPEND LAST YEAR ON YOUR FAMILY MEMBER'S MEDICAL SERVICES, EQUIPMENT, SUPPLIES, THERAPIES, AND OTHER SERVICES?	17
	GRAPH 38. WHICH SERVICES OR THERAPIES DO YOU PAY FOR OUT-OF-POCKET (UNREIMBURSED)?	17
	GRAPH 39. WHICH SERVICES OR THERAPIES DO YOU PAY FOR OUT-OF-POCKET (CONTINUED)?	17
Ser	vices and Supports Received	18
	GRAPH 40. SERVICES AND SUPPORTS RECEIVED FROM THE REGIONAL CENTER	19
	GRAPH 41. ADDITIONAL SERVICES AND SUPPORTS RECEIVED	19
Inf	ormation and Planning	20
	GRAPH 42. DO YOU GET ENOUGH INFORMATION TO HELP YOU TAKE PART IN PLANNING SERVICES FOR YOUR FAMILY?	<b>2</b> 1
	GRAPH 43. IS THE INFORMATION YOU GET ABOUT SERVICES AND SUPPORTS EASY TO UNDERSTAND?	2

GRAPH 44. DOES THE CASE MANAGER/SERVICE COORDINATOR RESPECT YOUR FAMILY'S CHOICES AND OPINIONS?	21
GRAPH 45. DO YOU GET ENOUGH INFORMATION ABOUT OTHER PUBLIC SERVICES FOR WHICH YOUR FAMILY IS ELIGIBLE?	21
GRAPH 46. DO YOU NEED HELP PLANNING FOR YOUR FAMILY MEMBER'S FUTURE WITH RESPECT TO ANY OF THE FOLLOWING?	27
GRAPH 47. DO YOU NEED HELP PLANNING FOR YOUR FAMILY MEMBER'S FUTURE WITH RESPECT TO ANY OF THE FOLLOWING? (CONTINUED)	27
GRAPH 48. IF YOU ASKED FOR CRISIS OR EMERGENCY SERVICES DURING THE PAST YEAR, WERE SERVICES PROVIDED WHEN NEEDED?	22
GRAPH 49. DOES YOUR FAMILY MEMBER HAVE AN INDIVIDUAL PROGRAM PLAN (IPP)?	22
GRAPH 50. IF FAMILY MEMBER HAS AN IPP, DOES THE IPP INCLUDE ALL THE SERVICES AND SUPPORTS YOUR FAMILY MEMBER NEEDS?	23
GRAPH 51. IF FAMILY MEMBER HAS AN IPP, DOES YOUR FAMILY MEMBER GET ALL OF THE SERVICES LISTED IN THE IPP?	23
GRAPH 52. IF FAMILY MEMBER HAS AN IPP, DID YOU OR ANOTHER FAMILY MEMBER (BESIDE YOUR FAMILY MEMBER WITH A DISABILITY) HELP MAKE THE	IPP?23
GRAPH 53. IF FAMILY MEMBER HAS AND IPP, DID YOUR FAMILY MEMBER HELP MAKE THE IPP?	23
GRAPH 54. DID YOU DISCUSS HOW TO HANDLE EMERGENCIES (SUCH AS A MEDICAL EMERGENCY OR A NATURAL DISASTER) AT YOUR FAMILY MEMBER'S LAS	
GRAPH 55. IF YOUR FAMILY MEMBER TRANSITIONED OUT OF SCHOOL SERVICES DURING THE PAST YEAR, DID HE/SHE HAVE A TRANSITION PLAN?	
GRAPH 56. DOES YOUR FAMILY MEMBER HAVE ENOUGH SUPPORTS (FOR EXAMPLE, SUPPORT WORKERS, COMMUNITY RESOURCES) TO WORK OR VOLUNTEE COMMUNITY?	
GRAPH 57. DO YOU FEEL PREPARED TO HANDLE THE NEEDS OF YOUR FAMILY MEMBER IN AN EMERGENCY SUCH AS A MEDICAL EMERGENCY OR A NATURAL	J DISASTER? 24
cess and Delivery	25
GRAPH 58. ARE YOU OR YOUR FAMILY MEMBER ABLE TO CONTACT HIS/HER SUPPORT WORKERS WHEN YOU WANT TO?	26
GRAPH 59. ARE YOU OR YOUR FAMILY MEMBER ABLE TO CONTACT YOUR FAMILY MEMBER'S CASE MANAGER/SERVICE COORDINATOR WHEN YOU WANT TO	)?26
GRAPH 60. DO SUPPORT WORKERS COME AND LEAVE WHEN THEY ARE SUPPOSED TO?	26
GRAPH 61. DO SERVICES AND SUPPORTS CHANGE WHEN YOUR FAMILY MEMBER'S NEEDS CHANGE?	26
GRAPH 62. DO SUPPORT WORKERS SPEAK TO YOU IN A WAY THAT YOU UNDERSTAND?	27
GRAPH 63. ARE SERVICES DELIVERED IN A WAY THAT IS RESPECTFUL OF YOUR FAMILY'S CULTURE?	27
GRAPH 64. IF YOUR FAMILY MEMBER DOES NOT COMMUNICATE VERBALLY (FOR EXAMPLE, USES GESTURES OR SIGN LANGUAGE), ARE THERE SUPPORT WOLCOMMUNICATE WITH HIM/HER?	
GRAPH 65. DO SUPPORT WORKERS HAVE THE RIGHT INFORMATION AND SKILLS TO MEET YOUR FAMILY'S NEEDS?	25
GRAPH 66. DOES YOUR FAMILY MEMBER HAVE ACCESS TO THE SPECIAL EQUIPMENT OR ACCOMMODATIONS THAT S/HE NEEDS (FOR EXAMPLE, WHEELCHA COMMUNICATION BOARD)?	IR, RAMP, 28
GRAPH 67. CAN YOUR FAMILY MEMBER SEE HEALTH PROFESSIONALS WHEN NEEDED (FOR EXAMPLE, DOCTOR, DENTIST, PSYCHOLOGIST)?	28
GRAPH 68. DOES YOUR FAMILY MEMBER'S PRIMARY CARE DOCTOR UNDERSTAND HIS/HER NEEDS RELATED TO HIS/HER DISABILITY?	28
GRAPH 69. DO YOU HAVE ACCESS TO DENTAL SERVICES FOR YOUR FAMILY MEMBER?	28
GRAPH 70. DOES YOUR FAMILY MEMBER'S DENTIST UNDERSTAND HIS/HER NEEDS RELATED TO HIS/HER DISABILITY?	29
GRAPH 71. IF YOUR FAMILY MEMBER TAKES MEDICATIONS, DO YOU KNOW WHAT THEY'RE FOR?	20

	THE MEDICATIONS (WHEN IT SHOULD BE TAKEN, HOW MUCH TO TAKE, POTENTIAL SIDE EFFECTS)?	
	GRAPH 73. IF YOUR FAMILY MEMBER USES MENTAL HEALTH SERVICES, DOES THE MENTAL HEALTH PROFESSIONAL (FOR EXAMPLE, PSYCHOLOGIST, PSYCHIATRIST, COUNSELOR) UNDERSTAND YOUR FAMILY MEMBER'S NEEDS RELATED TO HIS/HER DISABILITY?	
	GRAPH 74. IF YOU NEED RESPITE SERVICES, DO YOU HAVE ACCESS TO THEM?	30
	GRAPH 75. IF YOU HAVE ACCESS TO RESPITE SERVICES, ARE YOU SATISFIED WITH THE QUALITY OF THOSE SERVICES?	30
	GRAPH 76. DOES YOUR FAMILY GET THE SUPPORT NEEDED?	30
	GRAPH 77. WHAT ADDITIONAL SERVICES ARE NEEDED?	30
	GRAPH 78. WHAT ADDITIONAL SERVICES ARE NEEDED? (CONTINUED)	
Ch	oice, Decision Making and Control	32
	GRAPH 79. CAN YOUR FAMILY CHOOSE OR CHANGE THE AGENCY THAT PROVIDES YOUR FAMILY MEMBER'S SERVICES?	33
	GRAPH 80. CAN YOUR FAMILY CHOOSE OR CHANGE YOUR FAMILY MEMBER'S SUPPORT WORKERS?	33
	GRAPH 81. DOES YOUR FAMILY DIRECTLY MANAGE SUPPORT WORKERS (FOR EXAMPLE, HIRING AND DECIDING SCHEDULE)?	33
	GRAPH 82. DO SERVICE PROVIDERS FOR YOUR FAMILY MEMBER WORK TOGETHER TO PROVIDE SUPPORT?	33
	GRAPH 83. DID YOU, YOUR FAMILY MEMBER, OR SOMEONE ELSE IN YOUR FAMILY CHOOSE OR CAN CHANGE CASE MANAGER/SERVICE COORDINATOR IF WANTED?	34
Inv	volvement in the Community	35
	GRAPH 84. DOES YOUR FAMILY MEMBER TAKE PART IN ACTIVITIES IN THE COMMUNITY (FOR EXAMPLE, GOING OUT TO A RESTAURANT, MOVIE, OR SPORTING EVENT)	)? 36
	GRAPH 85. FOR YOUR FAMILY MEMBER, WHAT ARE THE OBSTACLES OR BARRIERS TO PARTICIPATION IN ACTIVITIES IN THE COMMUNITY?	36
	GRAPH 86. DOES YOUR FAMILY MEMBER HAVE FRIENDS OR RELATIONSHIPS WITH PEOPLE OTHER THAN PAID SUPPORT WORKERS OR FAMILY?	36
	GRAPH 87. IN YOUR COMMUNITY, ARE THERE RESOURCES THAT YOUR FAMILY CAN USE THAT ARE NOT PROVIDED BY THE REGIONAL CENTER?	36
	GRAPH 88. DOES YOUR FAMILY TAKE PART IN ANY FAMILY-TO-FAMILY NETWORKS IN YOUR COMMUNITY?	37
Sat	tisfactiontisfaction	38
	GRAPH 89. OVERALL, ARE YOU SATISFIED WITH THE SERVICES AND SUPPORTS YOUR FAMILY MEMBER CURRENTLY RECEIVES?	39
	GRAPH 90. DO YOU KNOW THE PROCESS FOR FILING A COMPLAINT OR GRIEVANCE ABOUT PROVIDER AGENCIES OR STAFF?	39
	GRAPH 91. IF A COMPLAINT OR GRIEVANCE RELATED TO YOUR FAMILY MEMBER WAS FILED OR RESOLVED IN THE PAST YEAR, ARE YOU SATISFIED WITH THE WAY IT HANDLED AND RESOLVED?	
	GRAPH 92. DO YOU KNOW HOW TO REPORT ABUSE OR NEGLECT RELATED TO YOUR FAMILY MEMBER?	39
	GRAPH 93. WITHIN THE PAST YEAR, WAS A REPORT OF ABUSE OR NEGLECT FILED ON BEHALF OF YOUR FAMILY MEMBER?	40
	GRAPH 94. DO YOU FEEL THAT SERVICES AND SUPPORTS HAVE MADE A POSITIVE DIFFERENCE IN THE LIFE OF YOUR FAMILY MEMBER?	4(
	GRAPH 95. DO YOU FEEL THAT SERVICES AND SUPPORTS HAVE REDUCED YOUR FAMILY'S OUT-OF-POCKET EXPENSES FOR YOUR FAMILY MEMBER'S CARE?	40
	GRAPH 96. HAVE THE SERVICES OR SUPPORTS THAT YOUR FAMILY MEMBER RECEIVED DURING THE PAST YEAR BEEN REDUCED, SUSPENDED, OR TERMINATED?	40
	GRAPH 97. HAVE THE SERVICES OR SUPPORTS THAT YOUR FAMILY MEMBER RECEIVED BEEN INCREASED IN THE PAST YEAR?	41

	GRAPH 98. ARE SERVICES AND SUPPORTS HELPING YOUR FAMILY MEMBER TO LIVE A GOOD LIFE?	41
CA	Specific Questions	42
	GRAPH 99. DID YOU GET A COPY OF YOUR IPP IN YOUR PREFERRED LANGUAGE?	43
	GRAPH 100. ARE THERE SUPPORT WORKERS AVAILABLE WHO CAN SPEAK TO YOU IN YOUR PREFERRED LANGUAGE?	43
	GRAPH 101. HAVE SERVICES AND SUPPORTS HELPED KEEP YOUR FAMILY MEMBER HOME?	43
	GRAPH 102. HAS YOUR FAMILY MEMBER MOVED FROM A DEVELOPMENTAL CENTER (DC) TO THE COMMUNITY IN THE PAST FIVE YEARS?	43
	GRAPH 103. HOW LONG HAS YOUR FAMILY MEMBER LIVED IN THE COMMUNITY?	44
	GRAPH 104. ARE THE SERVICES THAT WERE DECIDED UPON IN THE INDIVIDUAL DEVELOPMENT TEAM (IDT) MEETING (COMMUNITY TRANSITION PLANNING MEETING) BEING DELIVERED TO YOUR FAMILY MEMBER IN THE COMMUNITY?	

# Quality Assessment Project and National Core Indicators™

This report contains regional center level results from California's statewide National Core Indicators (NCI) Adult Family Survey data collection from fiscal year 2016-17 (FY 16/17) in accordance with Welfare and Institutions Code (WIC), Section 4571. WIC, Section 4571 directs the Department of Developmental Services (DDS) to collect accurate, reliable, and valid consumer and family satisfaction measures as well as individual outcome data. In California, data from this project will be used to review and benchmark statewide and regional center developmental disability service system performance. <sup>1</sup> This report shows Adult Family Survey findings from Regional Center of Orange County compared to the California statewide and NCI averages. Regional centers can use this report to help guide strategic planning and monitor systemic changes.

# What is NCI?

The National Core Indicators (NCI) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

NCI has developed more than 100 standard performance measures (or 'indicators') that states use to assess the outcomes of services for individuals and families, including outcomes in the areas of employment, rights, service planning, community inclusion, choice, health, and safety. In 2016-17 a total of 46 states, the District of Columbia and 22 sub-state entities participated in NCI.

# What is the NCI Adult Family Survey?

The NCI Adult Family Survey is used to gather data on family outcomes. It is mailed to families who have an adult family member who lives in the family home and receives at least one service other than case management from the state developmental disabilities agency.

<sup>&</sup>lt;sup>1</sup> Refer to the California Adult Family Survey Report FY 16/17 for information about Quality Assessment Project implementation, NCI and California's statewide results.

The survey collects demographic information on both the individual receiving services and the person who fills out the survey (the 'respondent') as well as information on services and supports received. The survey is continually refined and tested to ensure it is valid and reliable.

In 2016-17, a total of 11,419 Adult Family Surveys were completed across 16 states.<sup>2</sup> The survey contained six groupings of questions ("sub-domains") that probe specific areas of quality service provision: information and planning, access and delivery of services, choice and control, community connections, satisfaction, and outcomes (see Table A1 below). Respondents also had the option of writing openended comments concerning their family's participation in the service system.

Table A1. NCI Family Survey - sub-domains and concern statements

Sub-Domain	Concern
Information and Planning	Families/family members with disabilities have the information and support necessary to plan for their services and supports.
Access & Support Delivery	Families/family members with disabilities get the services and supports they need.
Choice, Decision Making & Control	Families/family members with disabilities determine the services and supports they receive and the individuals or agencies who provide them.
Involvement in the Community	Family members with disabilities use integrated community services and participate in everyday community activities.
Satisfaction	Families/family members with disabilities receive adequate and satisfactory supports.
Outcomes	Individual and family supports make a positive difference in the lives of families.

<sup>&</sup>lt;sup>2</sup> States that conducted the Adult Family Survey in 2016-17 were: CA, DC, DE, FL, GA, KY, LA, MD, MN, MO, MS, NC, NJ, OK, PA, and UT.

# How were people selected to participate?

In California, all eligible families were mailed a survey for the Adult Family Survey FY16/17. The State Council on Developmental Disabilities (SCDD) mailed out the paper survey to 22,348 eligible families. A total of 4,917 usable surveys across the 21 regional centers were returned.

All participating states were asked to administer the survey to a random sample of at least 1,000 families, all of whom have an adult family member with a developmental disability who lives in the family home and receives at least one direct service or support other than service coordination.

Beginning in 2016-17, states had a choice of mailing paper surveys to families selected in their sample, sending a URL link for families to complete surveys online (referred to as "direct entry"), or both. In previous years, states only had the option to mail paper surveys. A total of seven states (*not* including California) had at least a portion of surveys completed via direct entry mode.<sup>3</sup>

All states mailed out a paper survey to families selected in their sample. A sample size of 1,000 was recommended with the expectation of a 40% return rate or greater (yielding 400 or more usable responses per state). However, most states decided to sample more than 1,000 families, expecting a lower response rate than 40%. A final sample size of 400 would guarantee a +/- 5% margin of error and a 95% confidence level when interpreting the results. Both the confidence level and margin of error used are widely accepted standards for reviewing results, regardless of population size. States with fewer than 1,000 potential respondent families were instructed to send surveys to all eligible families. With response rates lower than expected, we included in our national reports those states that submitted fewer than 400 surveys up to a margin of error of no greater than +/- 7%.

<sup>&</sup>lt;sup>3</sup> States that used the direct entry or mail and direct entry options were: DE, KY, LA, MO, MS, NC, and NJ. For more information on response rates and mode, please see the Methodology section within the national edition of the 2016-17 Adult Family Survey Report.

# **Data Analysis**

Surveys received from the state were considered valid, based on the following two criteria:

- 1. The respondent indicated the individual with an intellectual or developmental disability receiving services lived in the family home.
- 2. At least a portion of survey questions were answered aside from demographic information.

Questions left blank or marked 'not applicable' are not included in analysis. For most questions, 'don't know' responses were excluded from analysis. Two questions in the Satisfaction section combine 'no' and 'don't know' responses, those questions are asterisked. Data are not shown for items if the regional center had fewer than 20 respondents.

# Weighting

In previous years, the NCI average was calculated as the simple arithmetic mean of all state means (an approach known as "average of averages"). This year, the approach has been enhanced to take into account the relative numbers of people receiving services through participating states' systems. Beginning this year, the NCI averages contained in this report are "weighted" means. Applying statistical weights allows a state that provides services to a larger number of people (but is represented in the data by a sample of the same size as other states) to have a higher influence on the overall NCI average—that is, the state's contribution to the NCI average is proportional to its service population. The weights used in calculations for this report were developed using each participating state's number of survey respondents and its total survey-eligible population.

Please note: the California Averages included in this report are <u>unweighted</u> averages across the state.

# **Limitations of Data**

The NCI Adult Family Survey is a tool for assessing system-wide performance. It is not intended to be used to monitor individuals or providers. The NCI Statewide Average should not be interpreted as defining or providing a benchmark for "acceptable" levels of

performance or satisfaction. Instead, it describes average levels of performance or satisfaction across the State; it is up to public managers, policy-makers, and other stakeholders to use the data to determine programmatic and policy-related priorities.

# What is Contained in This Report?

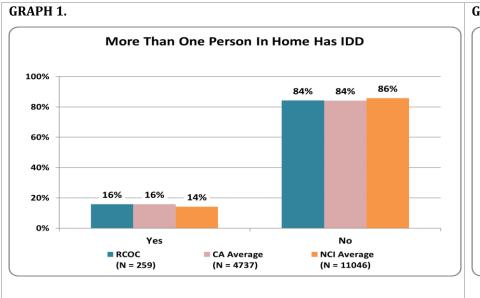
This report illustrates 2016-17 NCI Adult Family Survey demographic and outcome results from Regional Center of Orange County compared to the CA statewide average and the weighted NCI average.

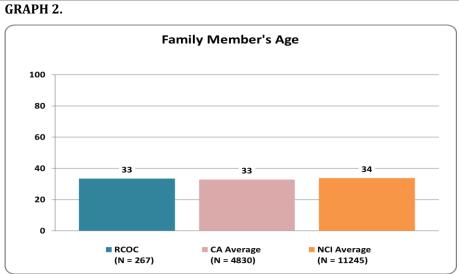
The number of responses per each question by regional center, state, and across NCI states are included in each chart. All results are shown in chart form. In charts, "N" refers to the total number of respondents. All state and national data results for this survey can be found online at: http://www.dds.ca.gov/QA/.

National	Core	Indica	tors™

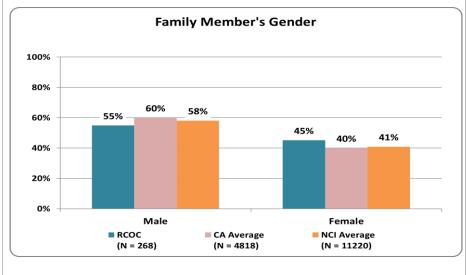
# **Demographics of the Family Member**

This section provides demographic profiles of the family member about whom the survey was completed.

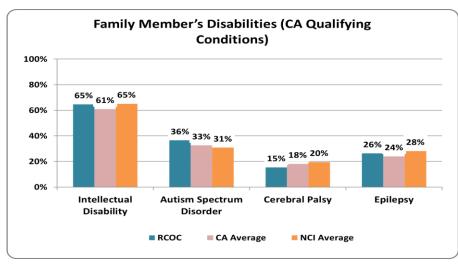






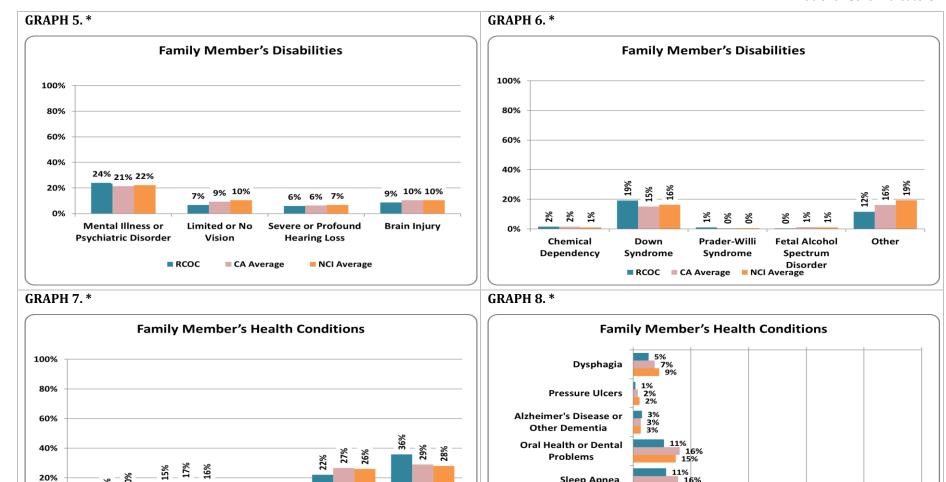






<sup>\*</sup> Categories are not mutually exclusive, therefore N is not shown.

<sup>\* ±</sup> Epilepsy corresponds to NCI category 'seizure disorder/neurological condition'.



Sleep Apnea

Other

16%

20%

■ RCOC ■ CA Average ■ NCI Average

40%

60%

80%

100%

Cancer

■ RCOC ■ CA Average ■ NCI Average

**High Blood** 

Pressure

High

Cholesterol

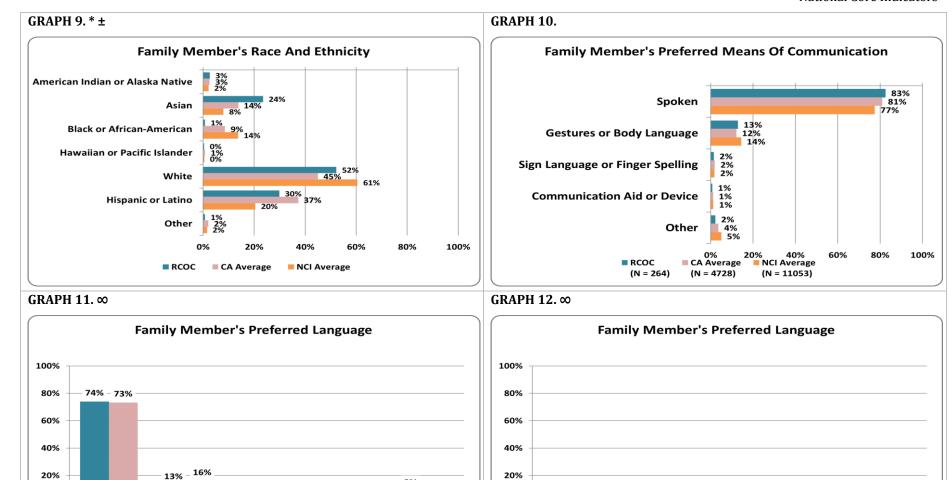
Diabetes

0%

Cardiovascular

Disease

<sup>\*</sup> Categories are not mutually exclusive, therefore N is not shown.



Spanish

■ RCOC

(N = 272)

1%

Mandarin

1%

Tagalog

CA Average

(N = 4849)

8%

1%

Vietnamese

0%

0%

0%

Arabic

■ RCOC

(N = 272)

Armenian

Korean

English

0%

Farsi

CA Average

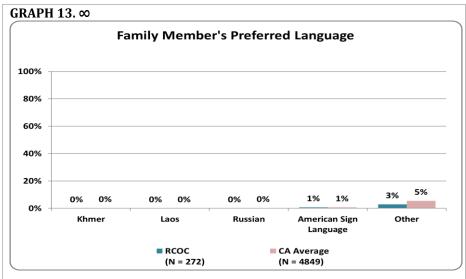
(N = 4849)

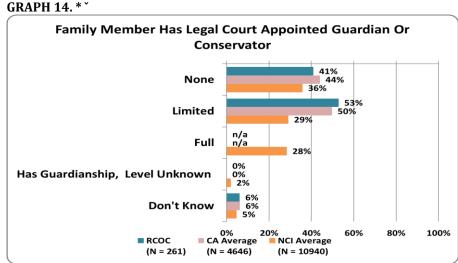
Hmong

<sup>\*</sup>Categories are not mutually exclusive, therefore N is not shown.

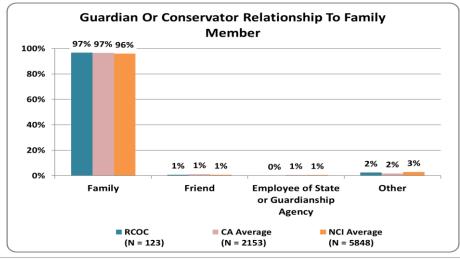
<sup>±</sup> NCI race and ethnicity categories are based on the Census model; CA records Hispanic/Latino as a race group.

<sup>∞</sup> California-specific question

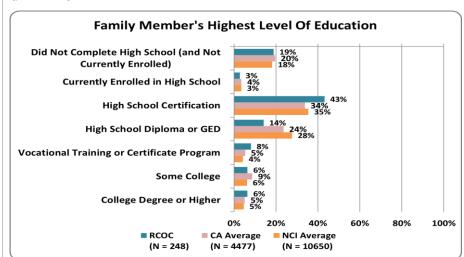








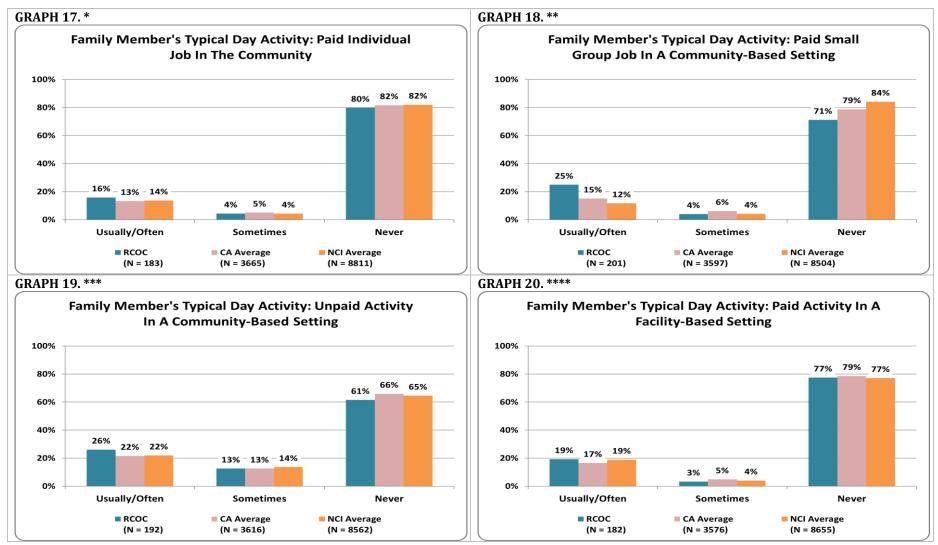
#### **GRAPH 16.**



<sup>∞</sup> California-specific question

<sup>\*&#</sup>x27;Don't Know' responses included in denominator

<sup>\*</sup> Full guardianship is not applicable in California.



<sup>\*&</sup>quot;Paid individual job in the community" is defined as: a person working at an individual job in a local business alongside peers who do not have disabilities. Job is part of the typical labor market (e.g., competitive employment).

<sup>\*\*&</sup>quot;Paid small group job in a community-based setting" is defined as: an activity is done in an integrated setting, as part of a group of not more than 8 people with disabilities (e.g., enclave, work crew).

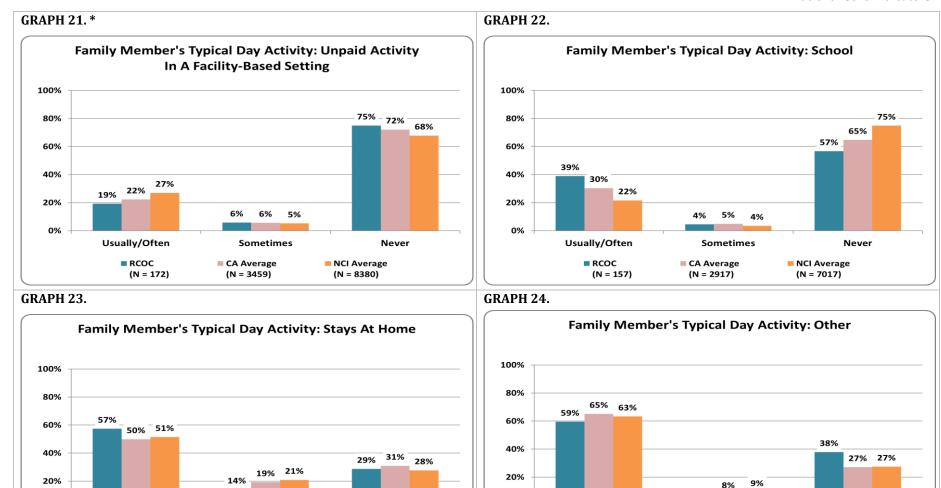
<sup>\*\*\* &</sup>quot;Unpaid Activity in a Community-based Setting" may include: volunteering, skills training, and staff-supported community connections.

<sup>\*\*\*\* &</sup>quot;Paid activity in a facility-based setting" may include activities in a workshop, activity center, or business that primarily hires people with disabilities.

Never

■ NCI Average

(N = 1946)



0%

Usually/Often

■ RCOC

(N = 37)

NCI Average

(N = 6963)

Never

Sometimes

■ CA Average

(N = 2748)

0%

Usually/Often

■ RCOC

(N = 143)

3%

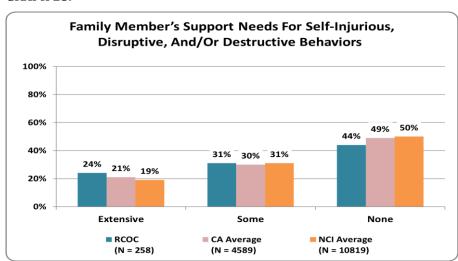
■ CA Average

(N = 842)

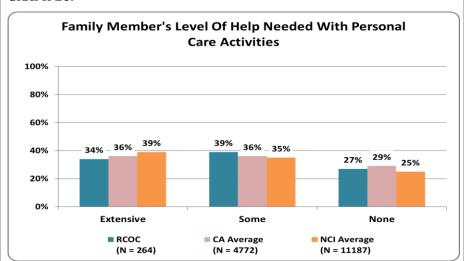
Sometimes

<sup>\* &</sup>quot;Unpaid activity in a facility-based setting" may include day habilitation, senior programs or drop-in centers.

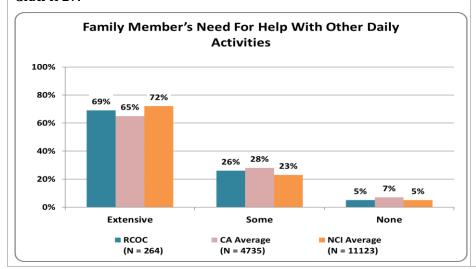
# GRAPH 25.



# GRAPH 26.

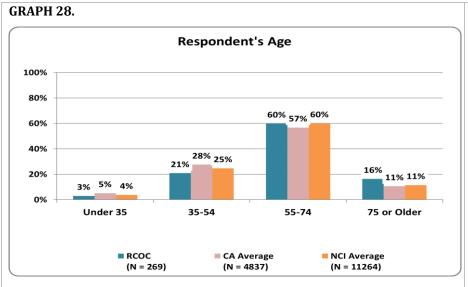


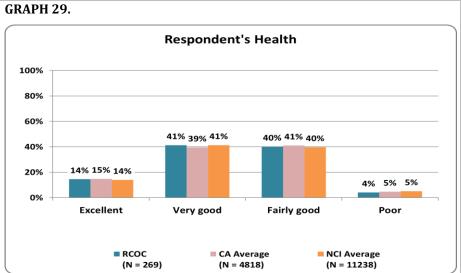
#### **GRAPH 27.**



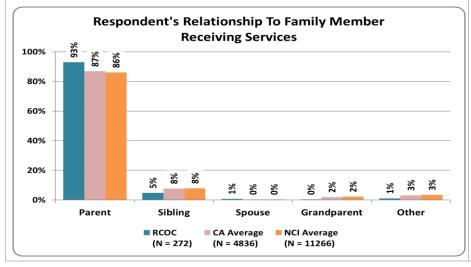
# **Demographics of Respondent**

This section provides demographic information about the respondent.

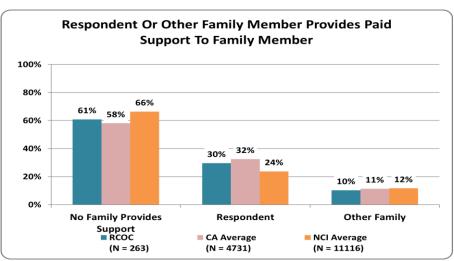




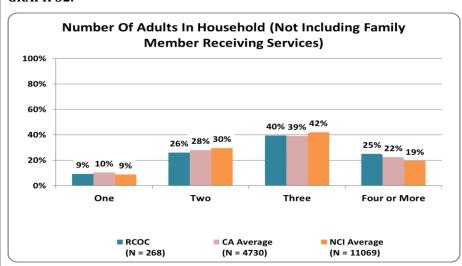




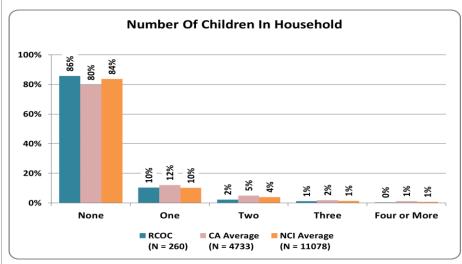
## **GRAPH 31.**



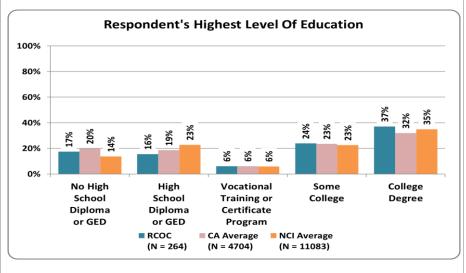
# GRAPH 32.



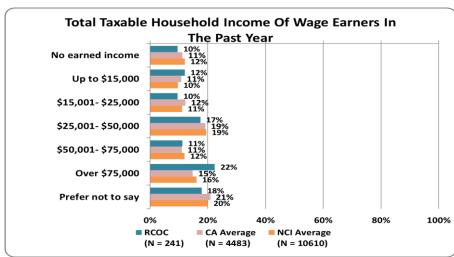
# GRAPH 33.

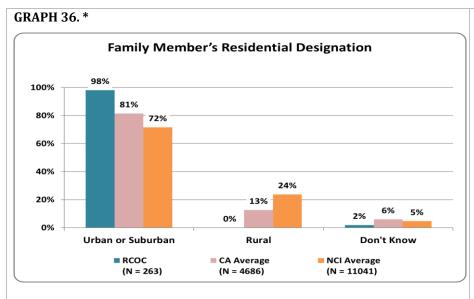


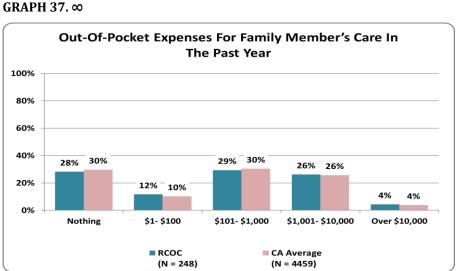
#### **GRAPH 34.**

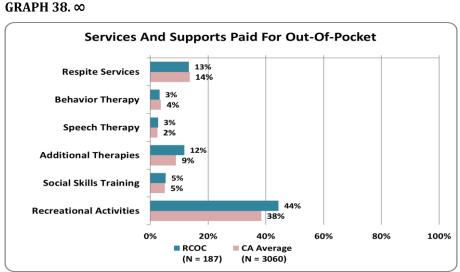


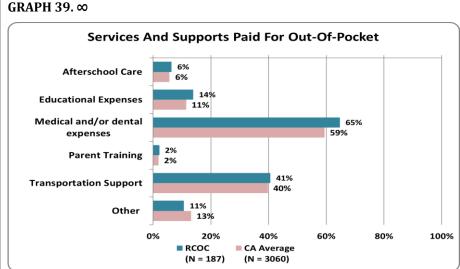
## GRAPH 35.









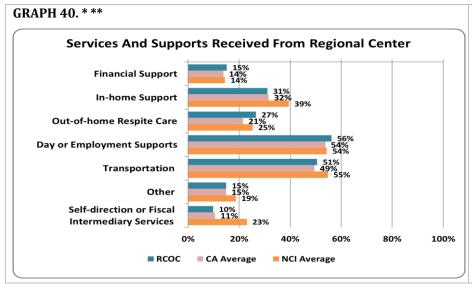


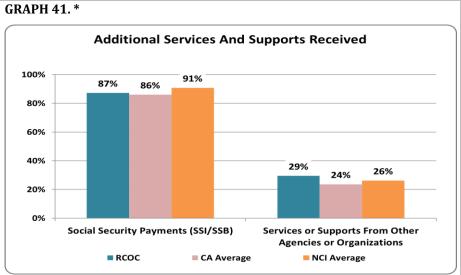
∞ California-specific question; categories are not mutually exclusive

<sup>\*&#</sup>x27;Don't Know' responses included in denominator

# **Services and Supports Received**

This section provides information about the services and supports received by the family from the Regional Center.





<sup>\*</sup>Categories are not mutually exclusive, therefore N is not shown

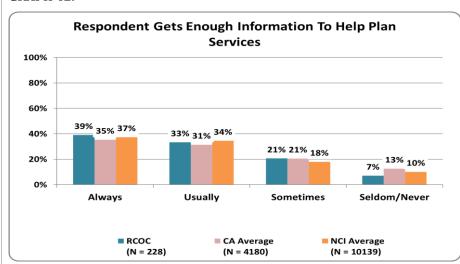
<sup>\*\*</sup> Note, NCI average refers to DD agency support

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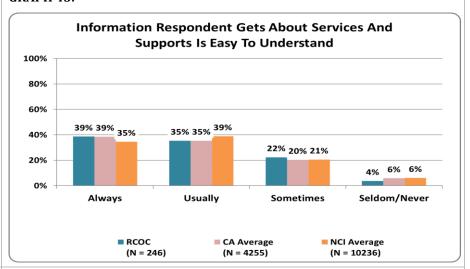
# **Information and Planning**

FAMILIES AND FAMILY MEMBERS WITH DISABILITIES HAVE THE INFORMATION AND SUPPORT NECESSARY TO PLAN FOR THEIR SERVICES AND SUPPORTS.

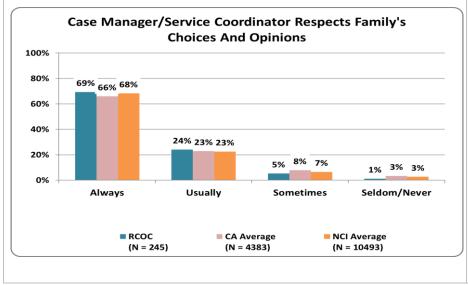
## GRAPH 42.



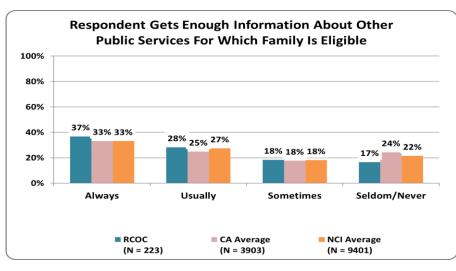
# GRAPH 43.

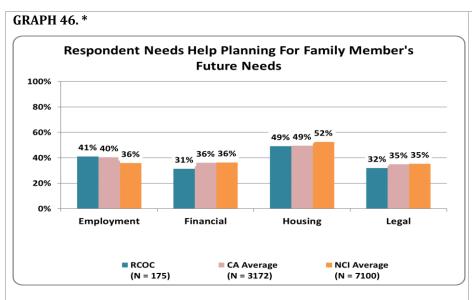


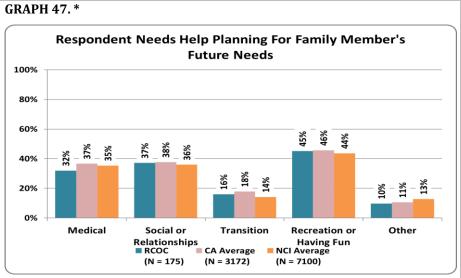
#### **GRAPH 44.**

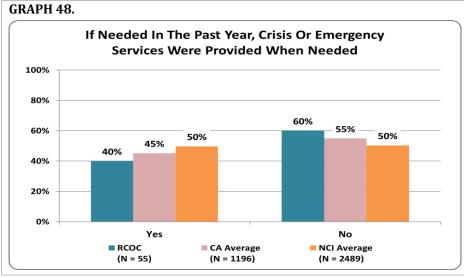


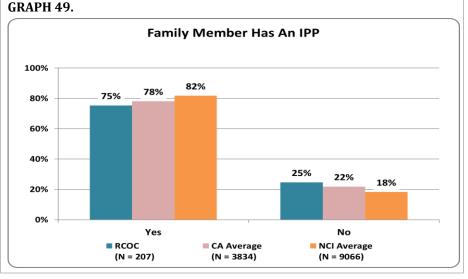
#### GRAPH 45.





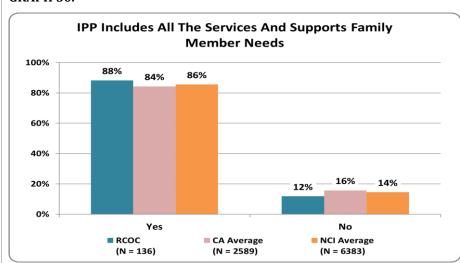




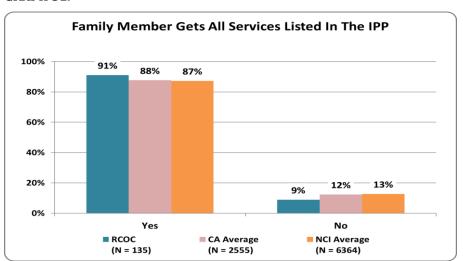


<sup>\*</sup>Categories are not mutually exclusive

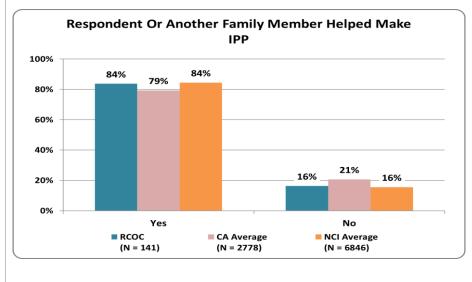




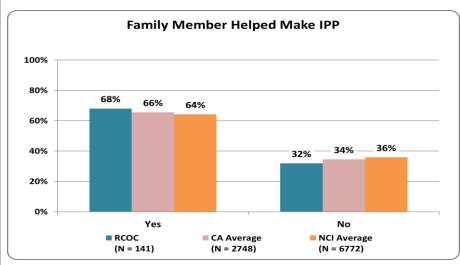
# GRAPH 51.



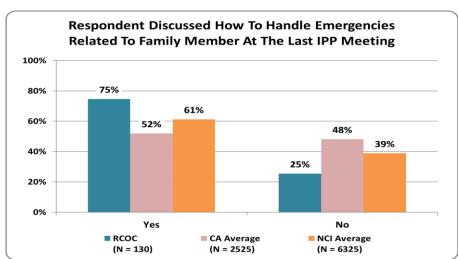
#### **GRAPH 52.**



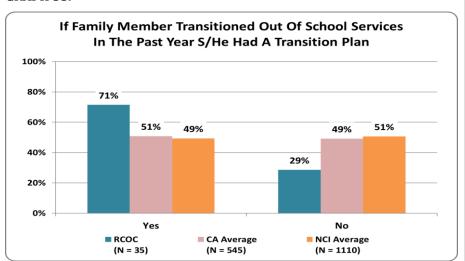
## GRAPH 53.



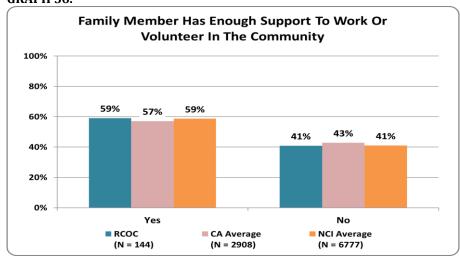




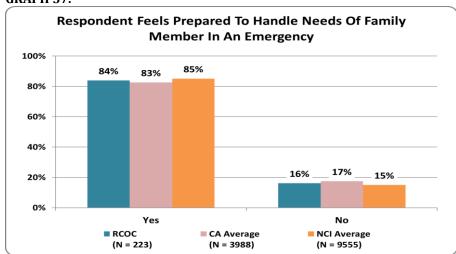
# GRAPH 55.



### GRAPH 56.



#### **GRAPH 57.**

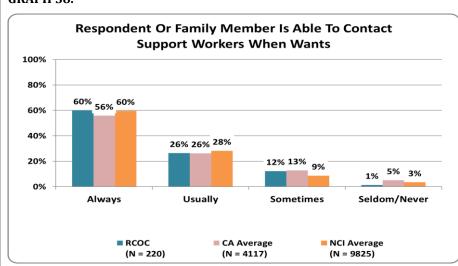


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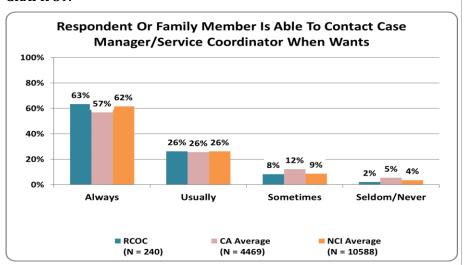
# **Access and Delivery**

FAMILIES AND FAMILY MEMBERS WITH DISABILITIES GET THE SERVICES AND SUPPORTS THEY NEED.

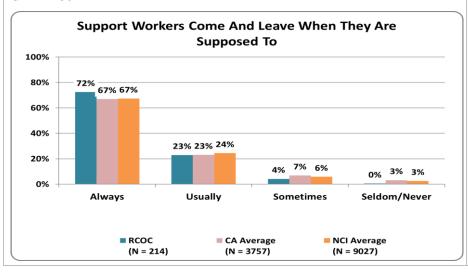
# GRAPH 58.



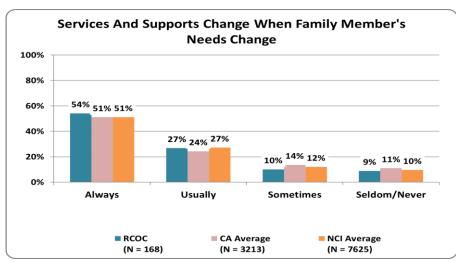
#### **GRAPH 59.**

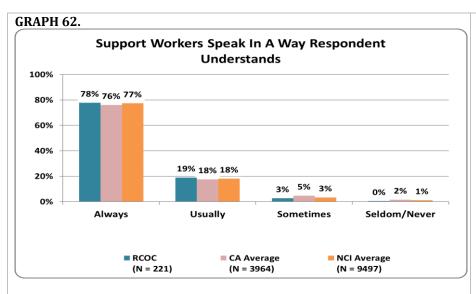


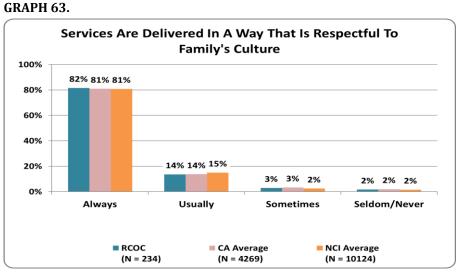
### GRAPH 60.

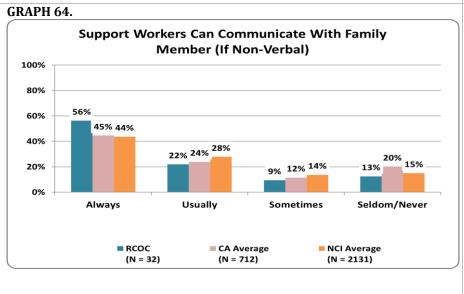


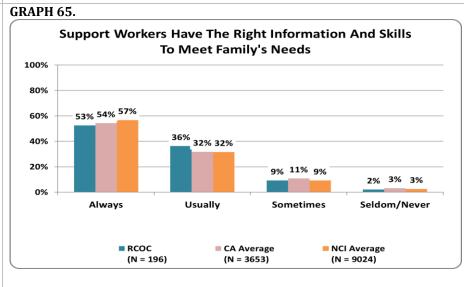
## GRAPH 61.



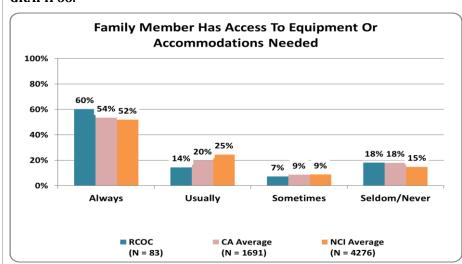




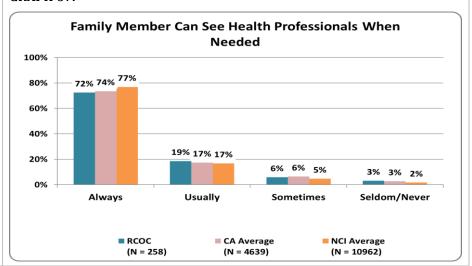




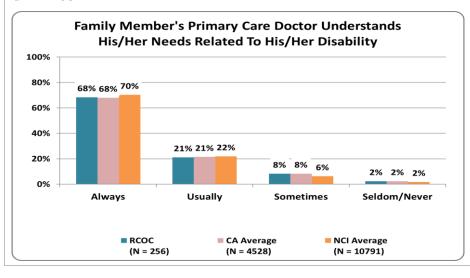
## GRAPH 66.



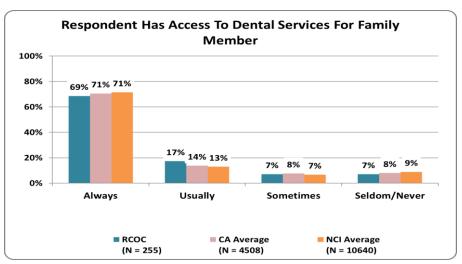
#### **GRAPH 67.**



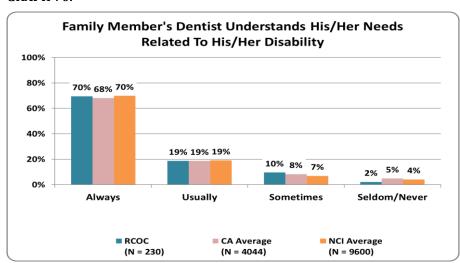
### **GRAPH 68.**



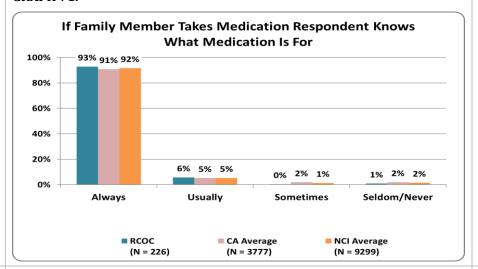
## **GRAPH 69.**



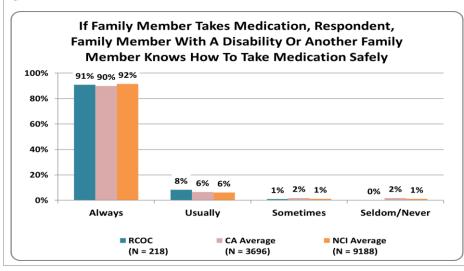
## GRAPH 70.



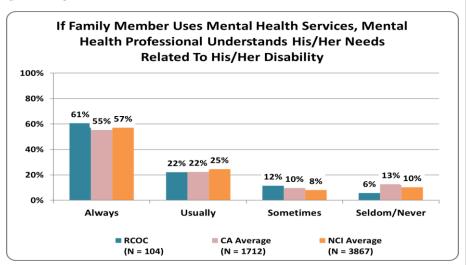
#### **GRAPH 71.**

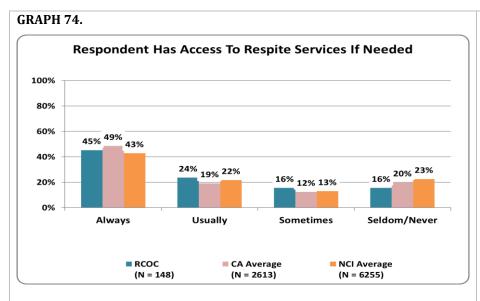


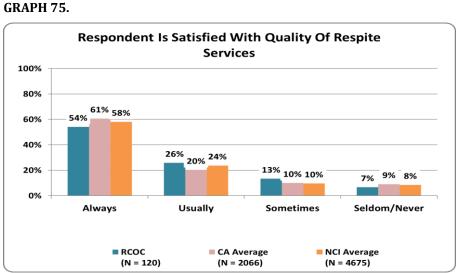
### **GRAPH 72.**



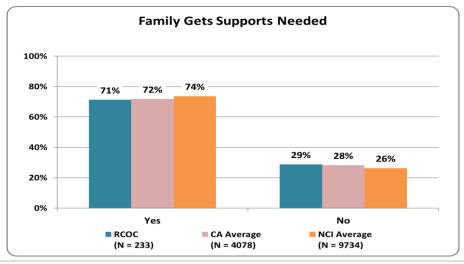
### **GRAPH 73.**



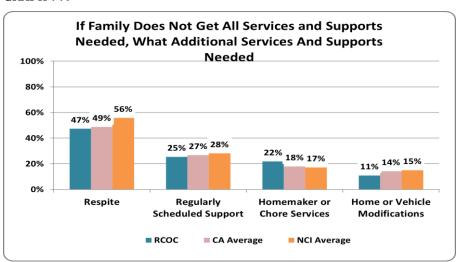




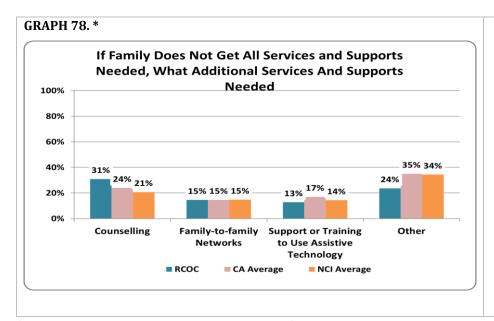
## **GRAPH 76.**



## **GRAPH 77.** \*



<sup>\*</sup> Categories are not mutually exclusive, therefore N is not shown.

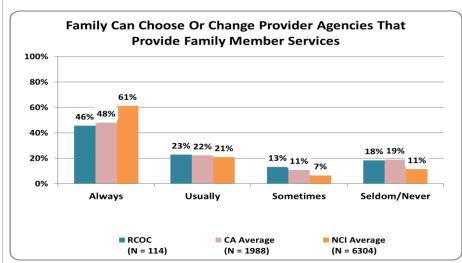


<sup>\*</sup> Categories are not mutually exclusive, therefore N is not shown.

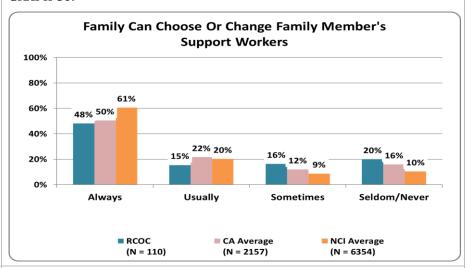
## **Choice, Decision Making and Control**

FAMILIES AND FAMILY MEMBERS WITH DISABILITIES DETERMINE THE SERVICES AND SUPPORTS THEY RECEIVE AND THE INDIVIDUALS OR AGENCIES WHO PROVIDE THEM.

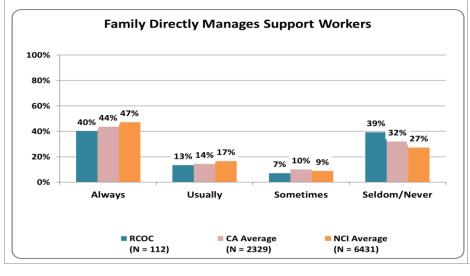
### **GRAPH 79.**



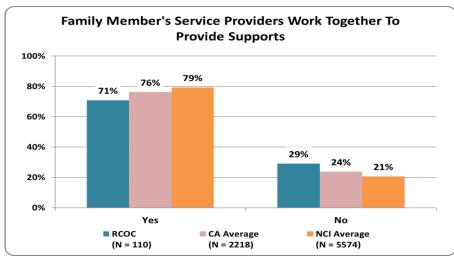
## GRAPH 80.

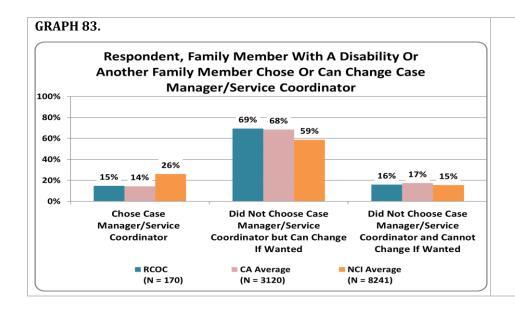


#### GRAPH 81.



#### **GRAPH 82.**

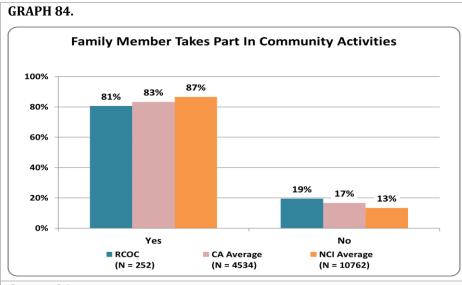


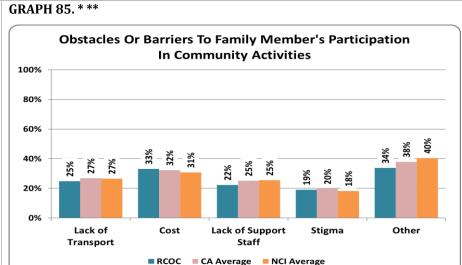


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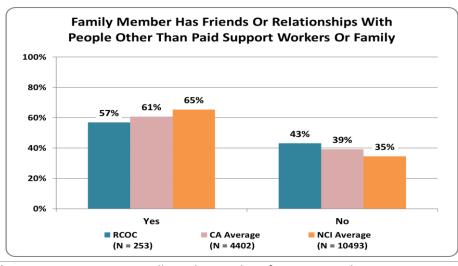
# **Involvement in the Community**

FAMILY MEMBERS WITH DISABILITIES USE INTEGRATED COMMUNITY SERVICES AND PARTICIPATE IN EVERYDAY COMMUNITY ACTIVITIES.

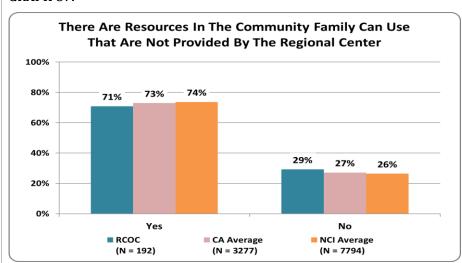






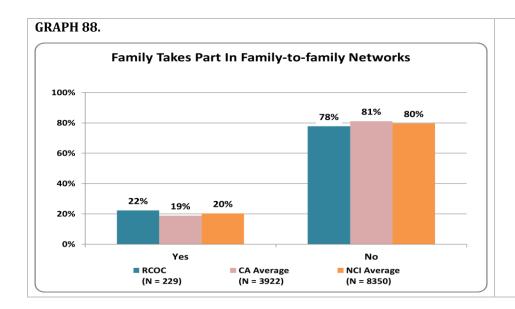






<sup>\*</sup>Categories are not mutually exclusive, therefore N is not shown.

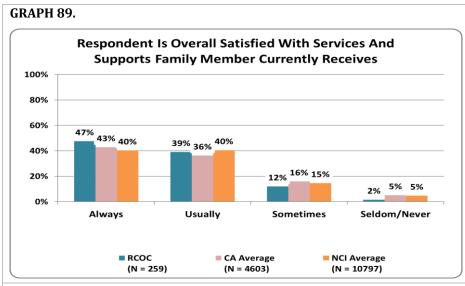
<sup>\*\*</sup>Note, NCI average refers to DD agency support

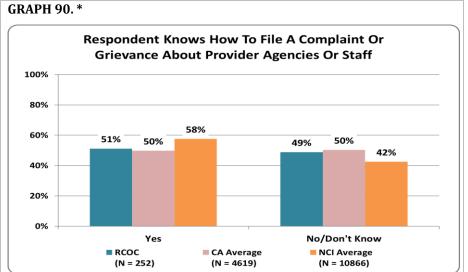


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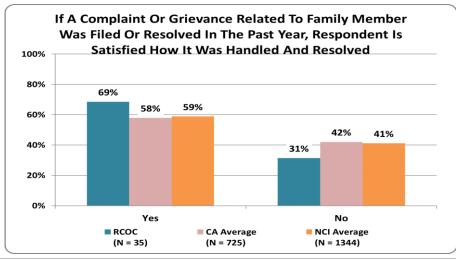
## **Satisfaction**

 $FAMILIES\ AND\ FAMILY\ MEMBERS\ WITH\ DISABILITIES\ RECEIVE\ ADEQUATE\ AND\ SATISFACTORY\ SUPPORTS.$ 

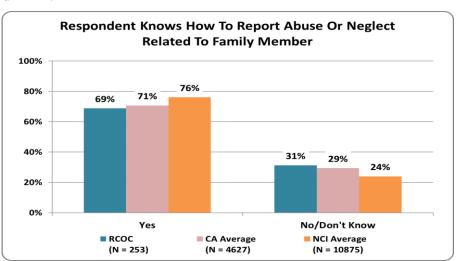






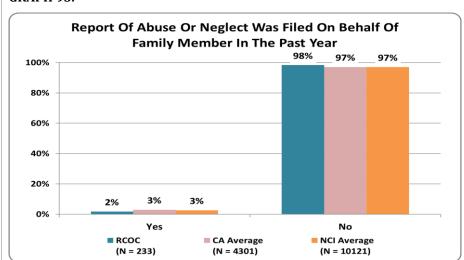




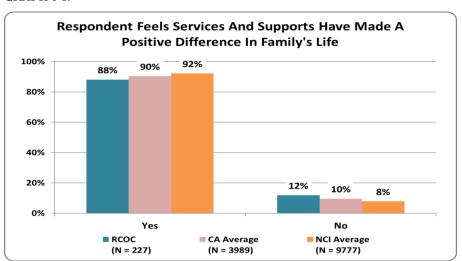


<sup>\*</sup>For this question, 'No' and 'Don't Know' responses were combined.

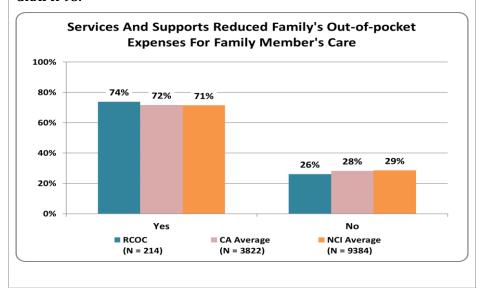
## GRAPH 93.



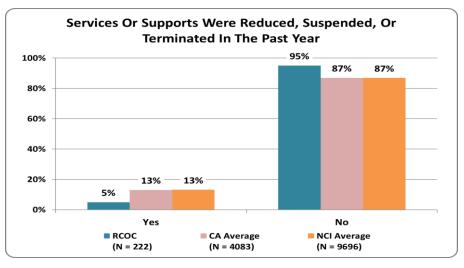
## GRAPH 94.

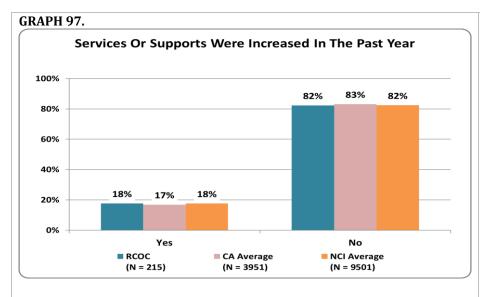


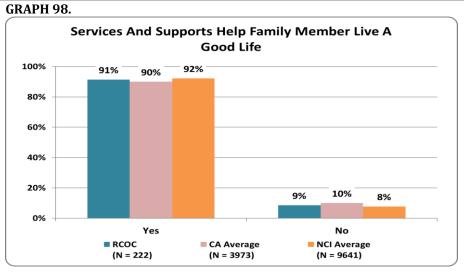
#### **GRAPH 95.**



### **GRAPH 96.**

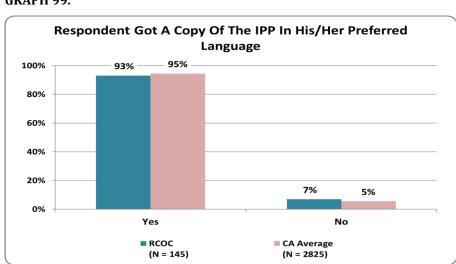




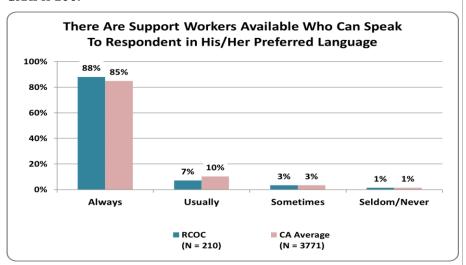


**CA Specific Questions** 

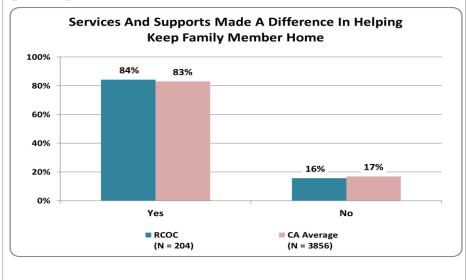




## **GRAPH 100.**



#### **GRAPH 101.**



### **GRAPH 102.**

