

#### **A Collaborative Effort of:**





#### **Cover art by Donald Roberts (1962 - 2009)**



Donald was a former member of the statewide Consumer Advisory Committee in California, Valley Mountain Regional Center Board of Directors, Olmstead Advisory Committee, California Memorial Project, and Self-Advocacy Council 6. Donald was dedicated to the empowerment of people with disabilities and expressed his experiences and dreams through his artwork

#### Who helped with this report?

We'd like to thank the 2010 members of the California Developmental Disabilities Consumer Advisory Committee. Their ideas helped make this report easy to understand! We'd also like to thank everyone who let us take and use their pictures. They helped make this report interesting.

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#### What Is National Core Indicators (NCI)?

Each year, NCI asks people with intellectual and developmental disabilities (IDD) and their families about the services they get and how they feel about them. NCI uses surveys so that the same questions can be asked to a large group.

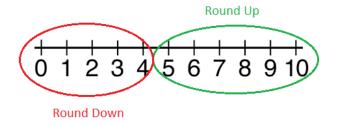
#### Who is interviewed?

Each year people in many states take part in an NCI meeting. Every year a new group of people are asked to meet. During the meeting people are asked the NCI survey questions. The questions are asked to the person who gets services from the state. For some questions, a family member, friend, or staff member who knows the person well can answer.

#### What is this report?

This report shows the answers that people gave to some NCI survey questions. Each page shows a different question and the answers. Each page also has a pie graph. It shows how many people said **yes** and how many said **no**. There are also words and stick figures that show how many yes and no answers there were for each question. The answers are whole numbers (like 60% or 90%).

For this report we round percentages to the nearest ten percent. To round, we look at the last digit in a number. If the digit is 5 or more, we "round up" to the next highest number with a zero. If the digit is 4 or less, we "round down" to the next lowest number with a zero.



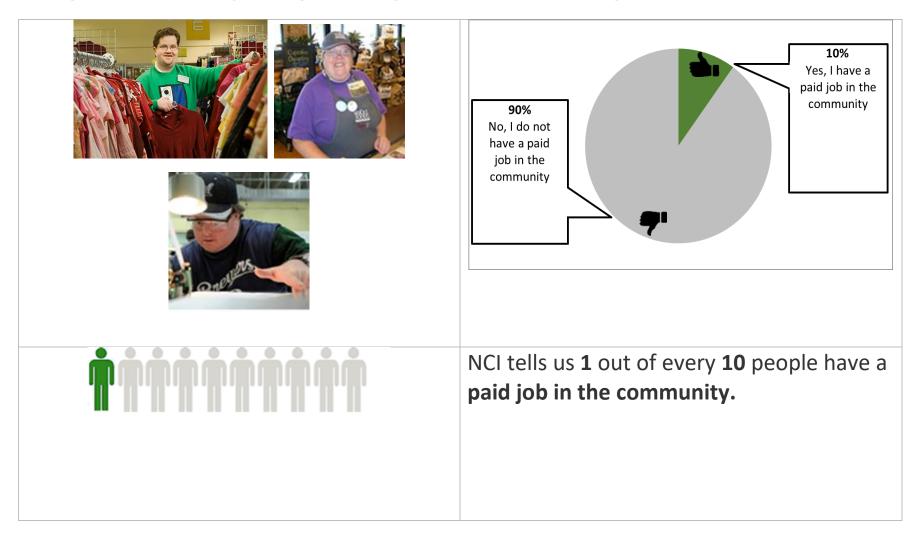
#### For example:

If 87% of people say they feel safe at home, we "round up" 90%.

If 12% of people say they have a paid job, we "round down" to 10%.

This report can help people talk about services and supports. If you want more information, you can look up the full report at: <a href="https://www.dds.ca.gov/rc/nci/reports/">https://www.dds.ca.gov/rc/nci/reports/</a>.

#### Do you have a paid job in your community?

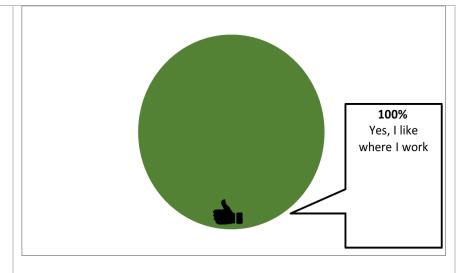


## Do you like where you work?







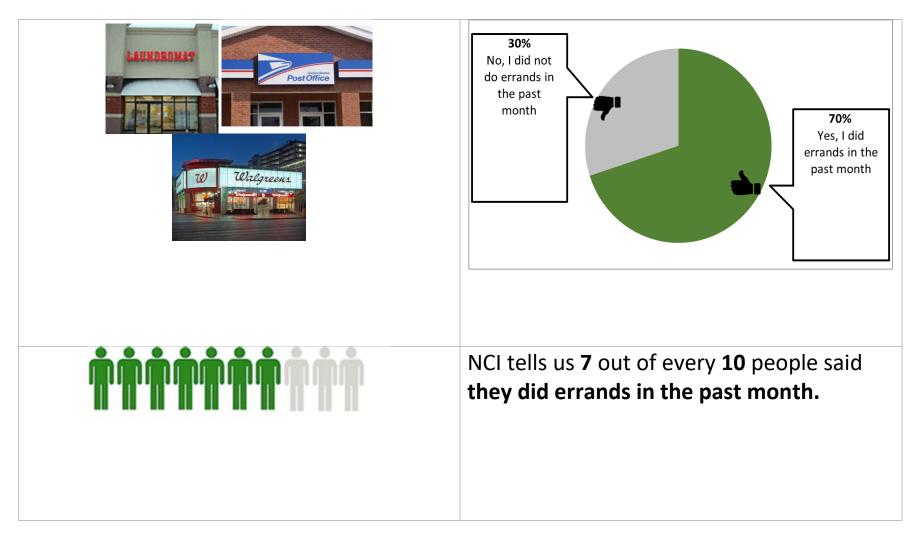


NCI tells us **10** out of every **10** people who have a paid job in the community said they like where they work.

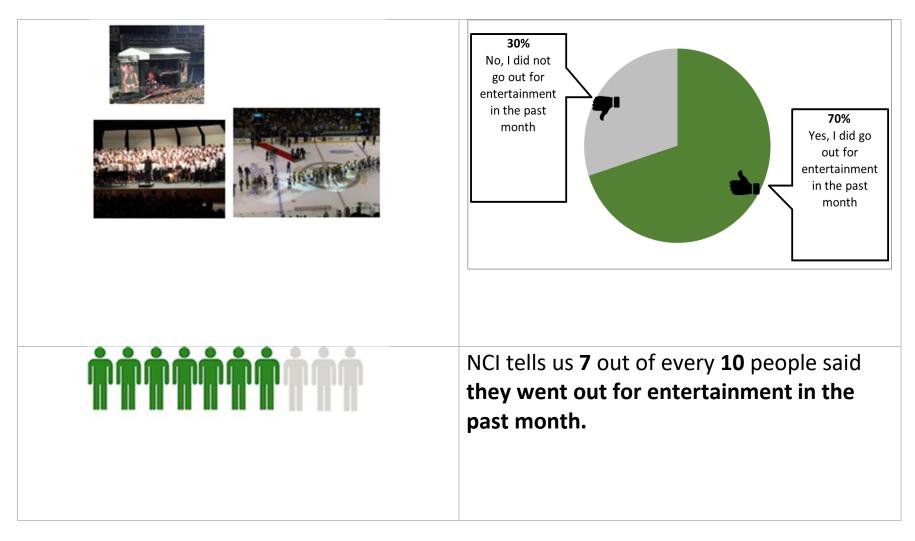
#### Did you go out shopping in the past month?



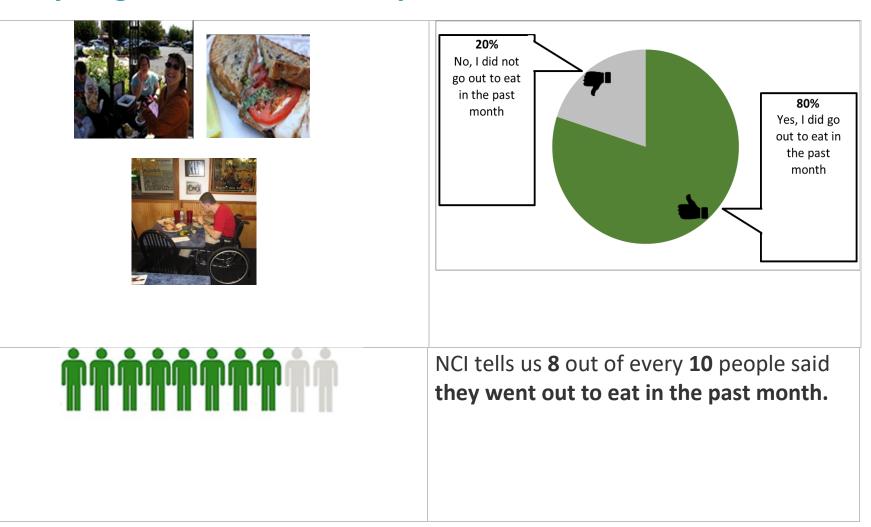
### Did you do errands in the past month?



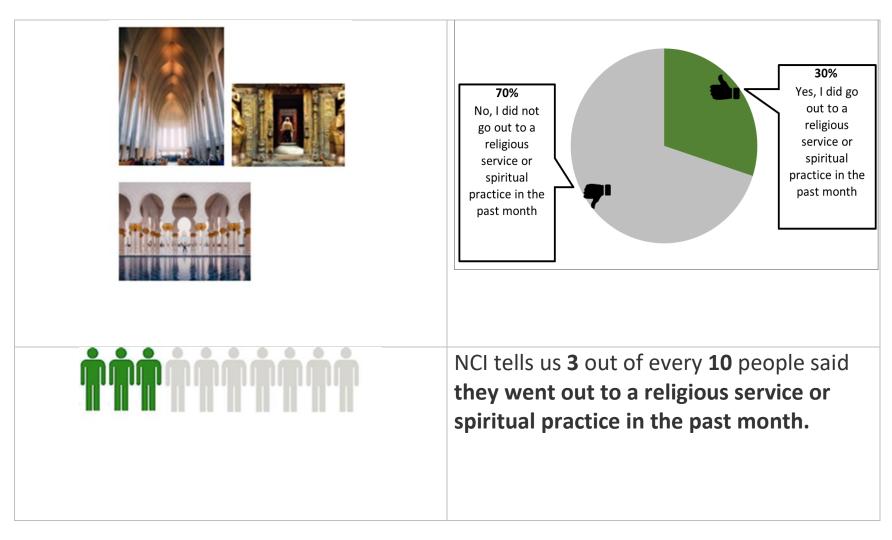
#### Did you go out for entertainment in the past month?



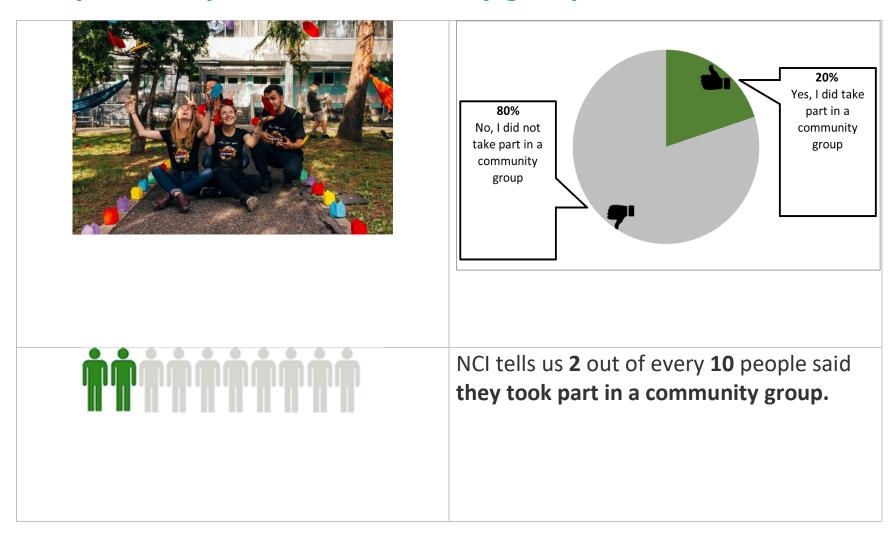
#### Did you go out to eat in the past month?



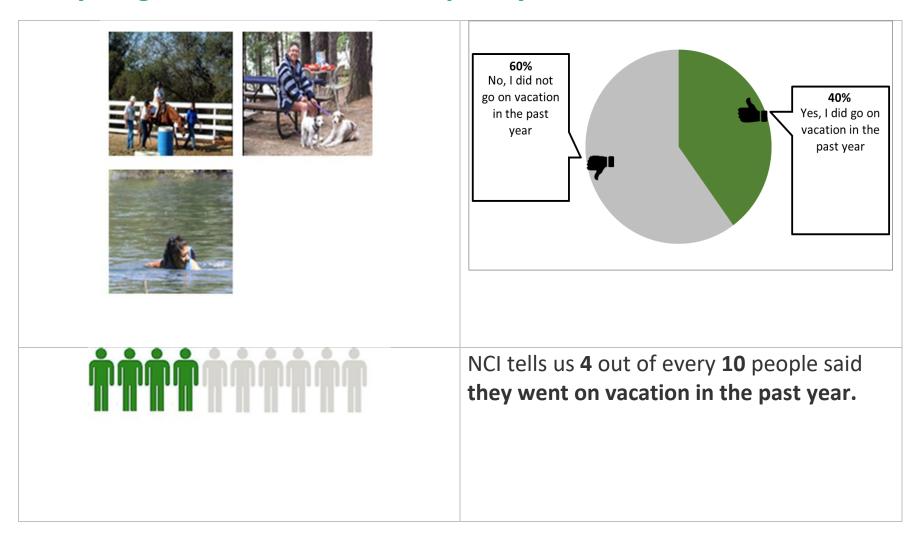
## Did you go out to a religious service or spiritual practice in the past month?



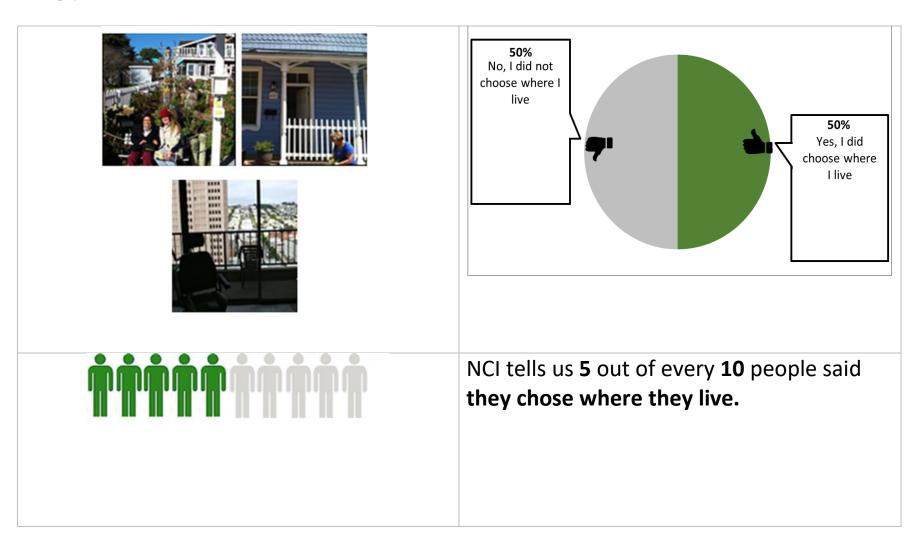
### Did you take part in a community group?



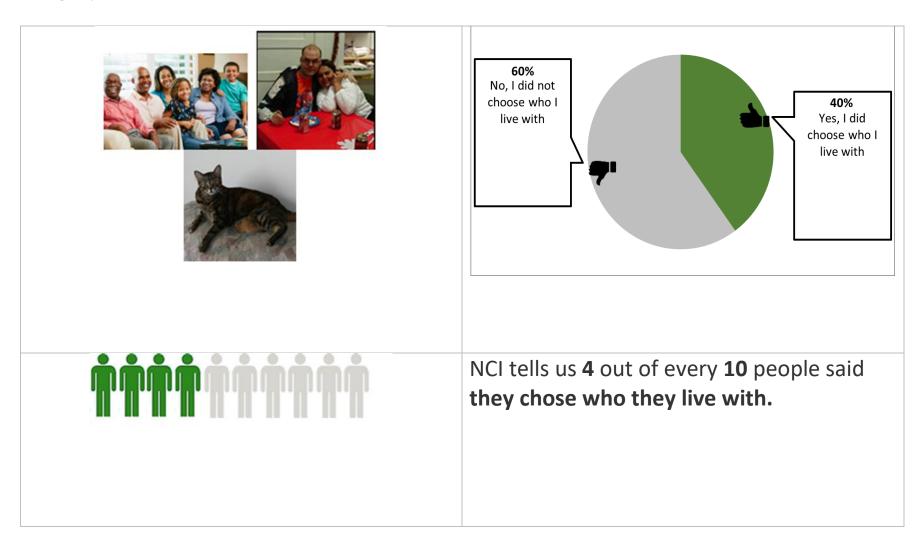
### Did you go on vacation in the past year?



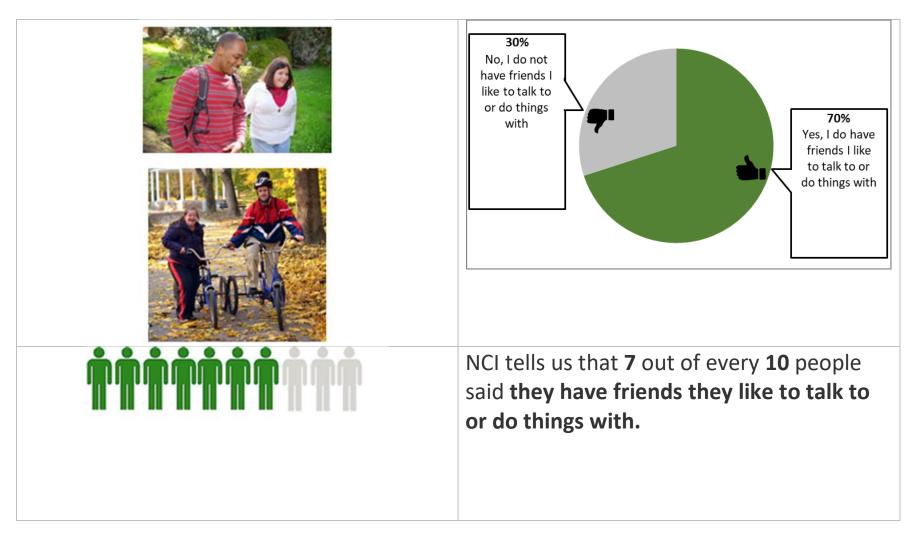
## If you do not live with family, did you choose where you live?



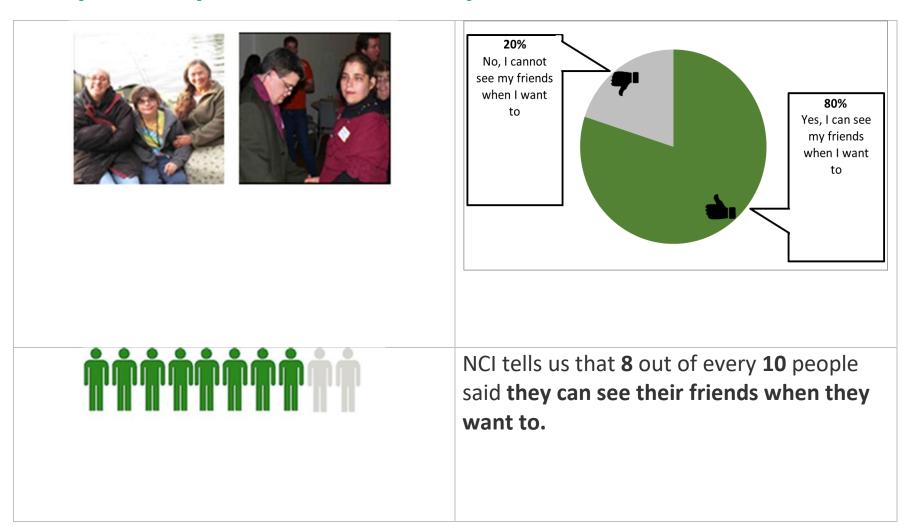
## If you do not live with family, did you choose who you live with?



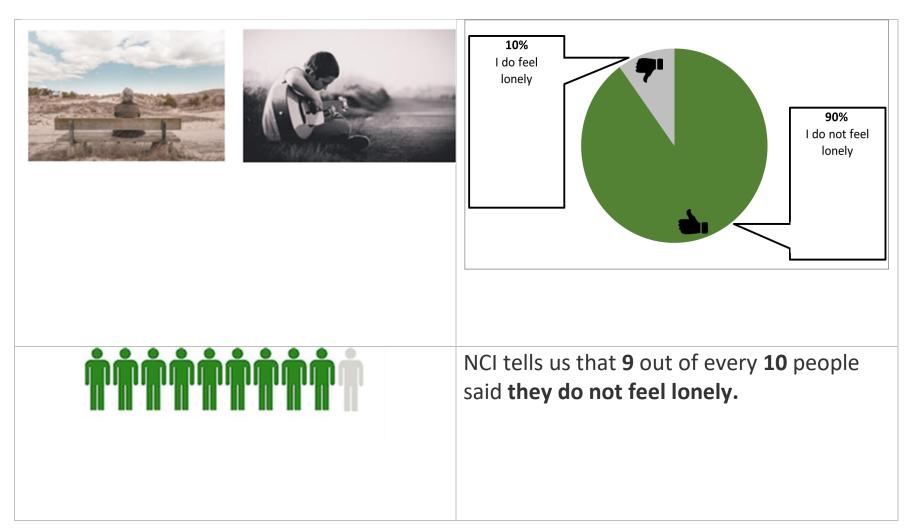
### Do you have friends you like to talk to or do things with?



#### Can you see your friends when you want to?



### Do you ever feel lonely?

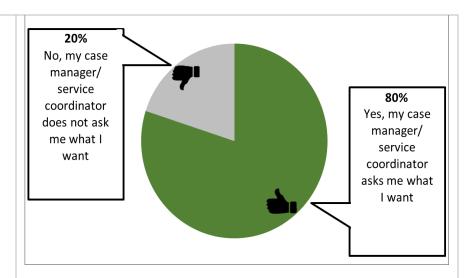


## Does your case manager/service coordinator ask what you want?





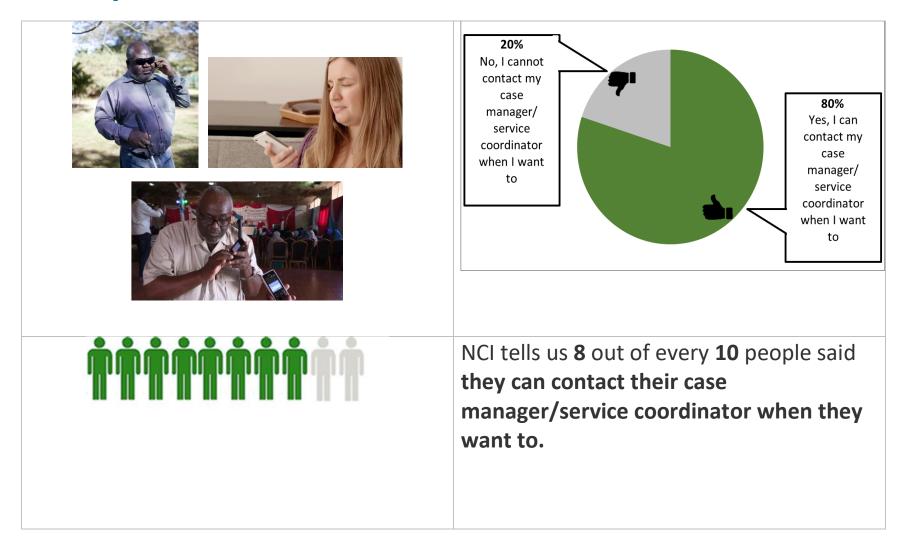




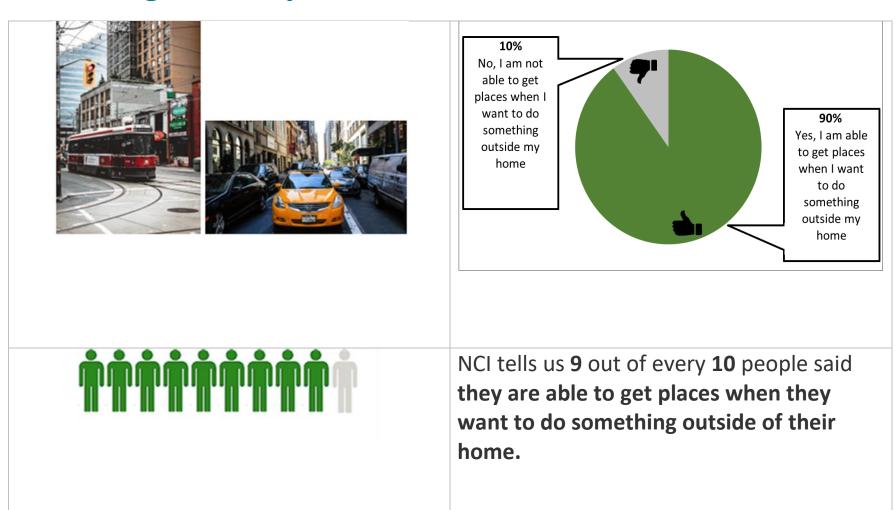


NCI tells us 8 out of every 10 people said their case manager/service coordinator asks them what they want.

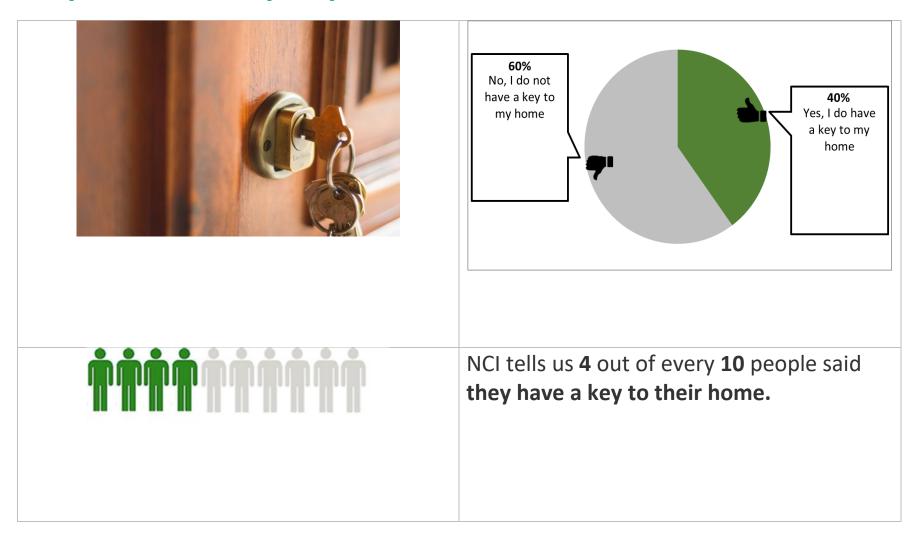
## Can you contact your case manager/service coordinator when you want to?



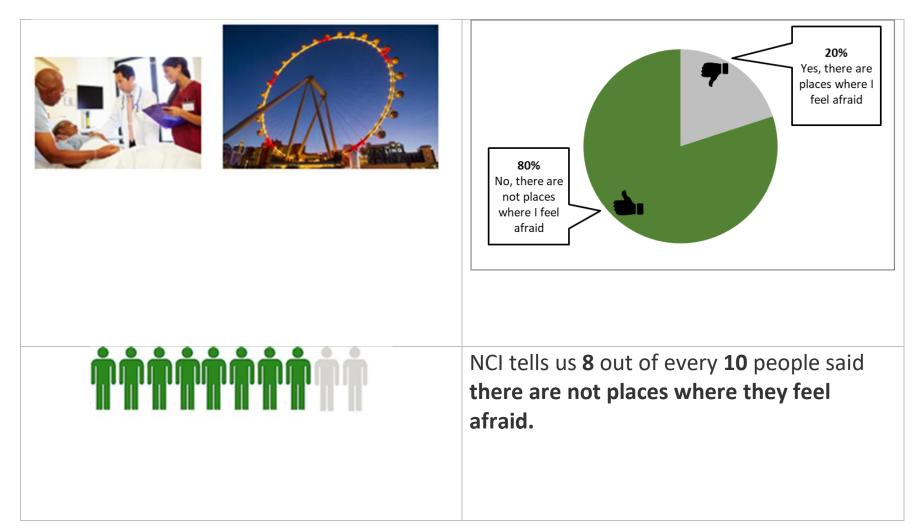
# Are you able to get places when you want to do something outside your home?



### Do you have a key to your home?



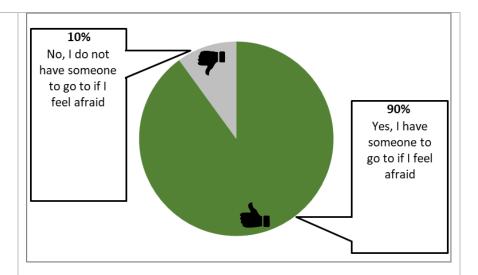
#### Are there places where you feel afraid?



#### Do you have someone to go to if you feel afraid?



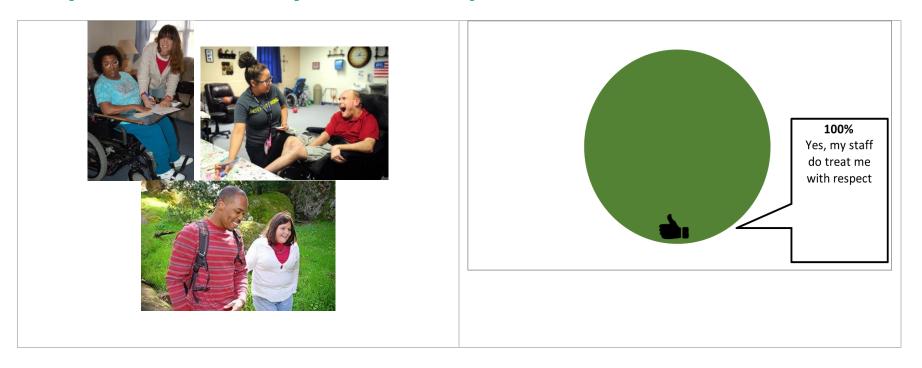






NCI tells us 9 out of every 10 people said they have someone to go to if they feel afraid.

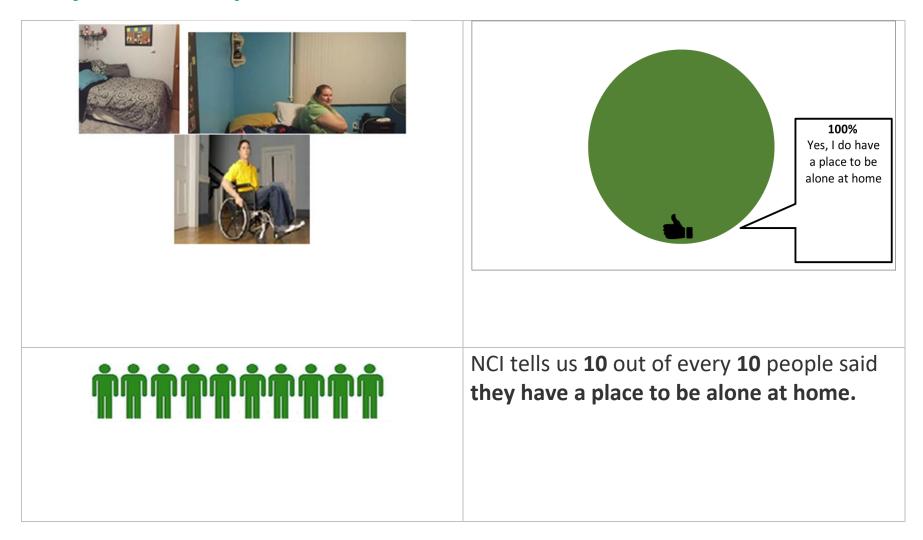
### Do your staff treat you with respect?



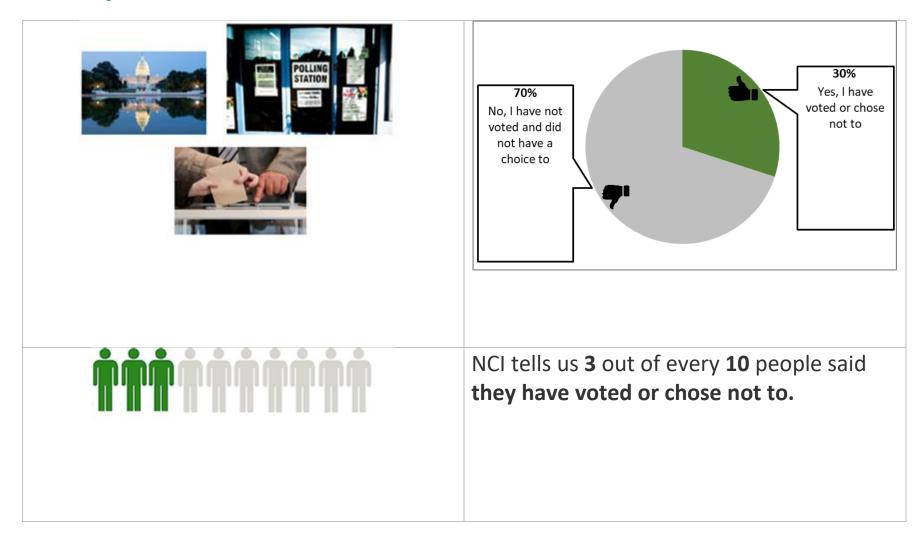


NCI tells us that **10** out of every **10** people said **their staff treat them with respect.** 

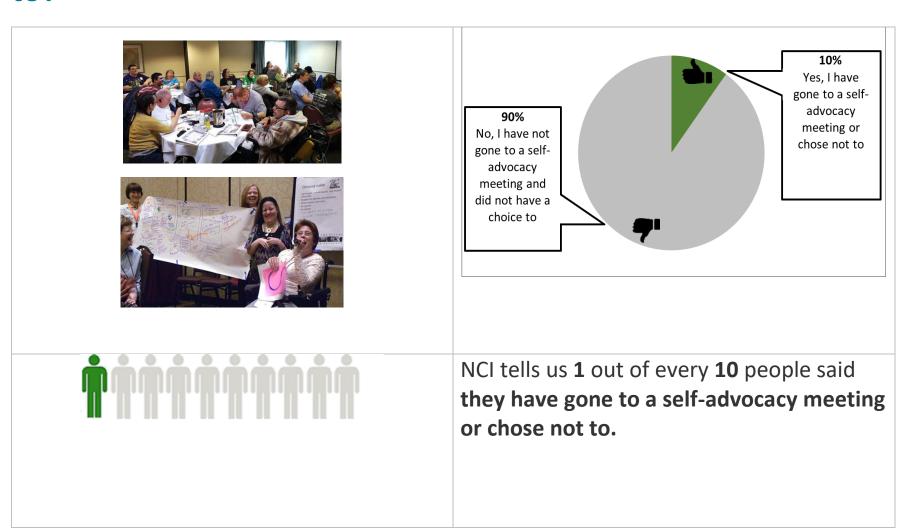
#### Do you have a place to be alone at home?



### Have you ever voted or chose not to?



## Have you gone to a self-advocacy meeting or chose not to?



## What We Have Learned from the National Core Indicators In-Person Survey

NCI Results From People Across Regional Center of the East Bay (RCEB) in 2017-18
User-Friendly Version



https://www.nationalcoreindicators.org/

#### A Collaborative Effort of



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