

**Department of Developmental Services (DDS)**

**Consumer Advisory Committee (CAC)**

Meeting Minutes  
**February 17, 2021**

<b><u>Members Attended</u></b>	<b><u>Others Attended</u></b>
Deaka McClain	Nicole Patterson
Esther Kelsey	Jana Chapman-Plon
Shawn Costello	Sara Desumala
Tracey Mensch	Elizabeth Mard
Kim Rucker	Michael Shepard
Ryan Nelson	Keith Nelson
Lisa Utsey	Joshua Sudarma
Sam Yi	Leslie Morrison
Sylvia Delgado	
Amy Lampe	
Charles Nutt	
Trina Castro	
<b><u>Members Absent</u></b>	
Tim Farrar	
Craig Moorman	
James Wilson	

## 1. CALL TO ORDER

Chairperson, Ryan Nelson called the meeting to order at 10:00 am

- A. Everyone introduced themselves
- B. Video Conference Zoom Ground Rules were read.
- C. CAC Dress Code were read
- D. The agenda was reviewed, and no changes were made. **It was moved** (Charles Nutt), **seconded** (Deaka McClain), **and carried to approve the agenda.**
- E. The minutes of the November 20, 2020 CAC meeting were reviewed. **It was moved** (Shawn Costello) **seconded**, (Kim Rucker), and **carried to approve the minutes.**

## 2. CAC SAFETY TRAINING RESULTS

Nicole went over the results of the safety training surveys from a previous meeting.

- Safe, Unsafe, and Uncertain
  - How to Identify the Feeling of Being Safe and Unsafe
- Circle of Relationship: Who to Trust
  - Who is Ok to Trust
  - What to do When Someone Makes You Feel Uncomfortable
  - Telling Someone You Trust
- The Right to Privacy
  - The Right to Ask for Privacy
  - My Rights When It Comes to Privacy in My Personal Space
  - My Rights When It Comes to Privacy of My Body
- Guards against tricks, lies, and scams
  - Developing a Safety Plan

- Changes in Relationships
  - Components of Domestic Violence
  - Sexual Assault
  - Verbal Abuse
- First aid
  - First Aid Kit
  - Self-Adminstrated First Aid for Minor Cuts and Scrapes
  - Nosebleeds
  - Choking,
  - Burns
- Dealing with Emergencies
  - Emergency Dispatch Scenarios
- Self Defense
- Sexual Harassment

Next steps. What to focus on first:

- What is safe and what is not safe.
- Emergency scenarios
  - Go bags
- Changes in relationships
  - Domestic violence
  - Sexual assault
  - Verbal abuse
- New items to add:
  - Scam calls and telemarketing
  - Police brutality
  - Violent Crimes against people with disabilities.

The executive team will discuss these topics, flesh them out, and schedule another meeting with the rest of the CAC before we start inviting presenters

### 3. **COMPETITIVE INTEGRATED EMPLOYMENT ROAD**

Elizabeth Mard from DDS shared the online Roadmap to Competitive Integrated Employment (CIE). She would like members' opinions and input on this tool. Topics include:

- Synopsis of what CIE is
- Roadmaps by age group
- Resources for obtaining employment assistance
  - Department of Rehabilitation (DOR)
  - America's Job Center of California (AJCC)
  - Regional Center
    - ❖ Paid Internship Program (PIP)
      - ✓ All ages starting at 18
      - ✓ Supported Employment Services
      - ✓ Tailored Day Services (TDS)
- Elizabeth shared part of the YouTube video "Work Is for All!"
- SSI Resources
- Acronyms
- Frequently Asked Questions

Elizabeth asked the CAC to provide any feedback about the road map within two weeks.

### 4. **AGENDA ITEMS FOR 2021**

Tabled until after Exec Team meets

### 5. **CAC MEMBER CHECK-IN**

CAC members gave a brief update on how their community assignments are going. Also, members that are in self-determination gave a brief update on how it is going.



## 6. **END MEETING**

Ryan Nelson, Chairperson at adjourned the meeting at  
12:06pm

**Next CAC meeting will be June 8-9, 2021- Dates may change**