



CALIFORNIA DEPARTMENT OF DEVELOPMENTAL SERVICES
COLOSTOMY & ILEOSTOMY TRAINING CURRICULUM REVIEW PROTOCOL

TRAINED STAFF WILL DEMONSTRATE KNOWLEDGE OF SKILLS IN THE AREAS SPECIFIED BELOW.
PLEASE INDICATE THE PAGE NUMBER NEXT TO THE TOPICS LISTED BELOW.

	ACTIVITIES	PAGE NUMBER	COMMENTS
1	KNOWLEDGE OF THE NORMAL DIGESTIVE SYSTEM		
	Digestive system diagram with labels		
2	OVERVIEW OF COLOSTOMIES AND ILEOSTOMIES		
	Purpose of colostomies and ileostomies		
	Knowledge of the types of colostomies and ileostomies		
	Respite workers shall be limited to changing bags and cleaning stoma as stated in WIC 4686 (a) (1)		
3	DEMONSTRATES SKILL IN THE PREPARATION OF CONSUMER		
	Knowledge of the importance of providing consumer privacy		
	Demonstrates skill in proper positioning both during and after procedure, which allows for privacy, comfort, and access to site		
4	DEMONSTRATION OF ASEPTIC TECHNIQUE		
	Demonstrates proper hand hygiene		
	Demonstrates knowledge of the importance of wearing gloves		
5	KNOWLEDGE OF HOW TO TAKE CARE OF COLOSTOMIES AND ILEOSTOMIES		
6			

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	KNOWLEDGE OF WHAT POUCHING SYSTEM OR APPLIANCE IS ORDERED FOR A CONSUMER		
7	KNOWLEDGE OF PROPER STORAGE OF EQUIPMENT AND SUPPLIES		
	Demonstrates skill in proper storage of equipment and supplies		
8	PREPARATION OF EQUIPMENT		
	Demonstrates skill in proper washing and maintenance of equipment		
9	CARE OF THE POUCHING SYSTEM AND THE SITE		
	Demonstrate skill in the following:		
	<ul style="list-style-type: none"> • Ability to understand and implement physician orders 		
	<ul style="list-style-type: none"> • Performing hand hygiene 		
	<ul style="list-style-type: none"> • Putting on gloves and proper disposal after procedure 		
	<ul style="list-style-type: none"> • Removal of bag 		
	<ul style="list-style-type: none"> • Removal of barrier/faceplate 		
	<ul style="list-style-type: none"> • Inspecting the site 		
	<ul style="list-style-type: none"> • Cleaning the area 		
	<ul style="list-style-type: none"> • Applying skin prep and allow to dry 		
	<ul style="list-style-type: none"> • As appropriate, using the measuring guide for new protective barrier (bevel the edges to prevent injury) 		
	<ul style="list-style-type: none"> • Apply the protective barrier over the stoma and smooth out wrinkles 		
	<ul style="list-style-type: none"> • Applying the new bag over the stoma 		

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	<ul style="list-style-type: none"> • Proper disposal of waste materials 		
	<ul style="list-style-type: none"> • Documentation of stoma appearance, characteristics of drainage, and consumer's reaction to procedure 		
10	IDENTIFICATION OF PROBLEMS		
	Demonstrates knowledge of appropriate interventions and when to call a responsible person (parent, emergency contact) when the following occur:		
	<ul style="list-style-type: none"> • A cut in the stoma 		
	<ul style="list-style-type: none"> • Anything unusual going on with the ostomy 		
	<ul style="list-style-type: none"> • Bad skin irritation or deep ulcers/sores 		
	<ul style="list-style-type: none"> • Bad or unusual odor 		
	<ul style="list-style-type: none"> • Bleeding from the stoma 		
	<ul style="list-style-type: none"> • Blockage at the stoma (obstruction) and/or the inner part of the stoma coming out 		
	<ul style="list-style-type: none"> • Continuous bleeding where stoma meets skin 		
	<ul style="list-style-type: none"> • Continuous nausea or vomiting 		
	<ul style="list-style-type: none"> • Cramps lasting more than 2 or 3 hours 		
	<ul style="list-style-type: none"> • Hernia 		
	<ul style="list-style-type: none"> • Injury to the stoma 		
	<ul style="list-style-type: none"> • Severe watery output lasting more than 5 or 6 hours 		
	<ul style="list-style-type: none"> • Unusual change in stoma size or color 		
11	KNOWLEDGE OF EMERGENCY PROCEDURES		

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	Demonstrates clear understanding of emergency plan		
	Knowledge of name and address of emergency staff/center available		
	Knowledge of emergency information posted clearly		
	Knowledge of when to call "911"		
12	KNOWLEDGE OF PROCEDURES FOR REPORTING OR RECORDING UNUSUAL EPISODES		
	Demonstrates skill in how to document and report problems		
	Demonstrates knowledge of procedures for notifying parents or professionals of problems		
13	CONTINUING EDUCATION REQUIREMENTS		
	Possession of current first aid certificate		
	Possession of a current Cardiopulmonary Resuscitation (CPR) course certificate		
	Annual recertification by training agency or designee to include both:		
	<ul style="list-style-type: none"> • Oral examination or interview 		
	<ul style="list-style-type: none"> • Monitoring/observation 		

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