

Home and Community-Based Services (HCBS) Rules DEPARTMENT FUNDING GUIDANCE

The Home and Community-Based Services (HCBS) rules ensure that people with disabilities have full access to, and enjoy the benefits of, community living through long-term services and supports in the most integrated settings of their choosing. In order to assist in determining eligibility for compliance funding, providers must complete this evaluation. Both “Yes” and “No” answers require an explanation. A “No” response *could* mean a service setting is out of compliance with the HCBS rules and is potentially eligible for funding to make necessary adjustments. Once this evaluation is completed, it should act as a guide for filling out the provider compliance funding concept, which is required for any provider to be eligible for compliance funding. **Completion of this evaluation is for the sole purpose of applying for compliance funding and does not take the place of future provider assessments that the Department may require to determine provider compliance with the HCBS settings rules. Only providers requesting compliance funding need to complete this evaluation.**

Federal Requirements #1-5 apply to providers of all services, including residential and non-residential settings. Federal Requirements #6-10 are additional requirements that apply only to provider-owned or controlled residential settings.

The column labeled “Guidance” contains a series of questions intended to help identify compliance or non-compliance with each requirement as it relates to the HCBS rules. While responses to these questions can help in the determination of whether or not a particular requirement is met, these responses may not be the sole factor in this determination.

More information on the HCBS rules and this form can be found at <https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/>.

Questions may be directed to HCBSregs@dds.ca.gov.

Date(s) of Evaluation: 1/29/2021	Completed by: Ramon de los Santos
Vendor Name, Address, Contact: Lexy’s ARF 108 Greenwood Drive South San Francisco, CA 94080	
Vendor Number: H88942	
Service Type and Code: 113	

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<p><u>Federal Requirement #1:</u> <i>The setting is integrated in, and supports full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • Do individuals receive services in the community based on their needs, preferences and abilities? • Does the individual participate in outings and activities in the community as part of his or her plan for services? • If an individual wants to seek paid employment, does the home staff refer the individual to the appropriate community agency/resource? • Do individuals have the option to control their personal resources, as appropriate?
<p>Does the service and/or program meet this requirement? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Please explain: Lexy's home residents have yearly review of their Individual service plans. One of the needs that the team have identified is a mini-wheelchair van. Two of the residents can still walk with assist but would need a mini- wheelchair van to be able to safely and comfortably go around the community and visit doctors as needed. A mini wheelchair van will be beneficial to our residents as they age in place.</p>	
<p><u>Federal Requirement #2:</u> <i>The setting is selected by the individual from among setting options, including non-disability-specific settings and an option for a private unit in a residential setting. The setting options are identified and documented in the person-centered service plan and are based on the individual's needs, preferences, and, for residential settings, resources available for room and board.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • Does the provider have a current regional center Individual Program Plan (IPP) on file for all individuals? • Does each individual's IPP document the different setting options that were considered prior to selecting this setting?
<p>Does the service and/or program meet this requirement? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Please explain: Lexy's Home is licensed to accept 4 individuals. Currently we have 3 individuals and have their own private rooms. Previously one room is shared by 2 individuals when we had 4 residents. The home will need to be renovated to accommodate 4 individuals without sharing a room. The property has enough space to extend and build another room. Each individual have current IPP and ISP.</p>	

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<p><u>Federal Requirement #3:</u> <i>Ensures an individual's rights of privacy, dignity and respect, and freedom from coercion and restraint.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • Does the provider inform individuals, in a manner they can understand, of their rights to privacy, dignity, respect, and freedom from coercion and restraint? • Does the provider communicate, both verbally and in writing, in a manner that ensures privacy and confidentiality? • Do staff communicate with individuals based on their needs and preferences, including alternative methods of communication where needed (e.g., assistive technology, Braille, large font print, sign language, participants' language, etc.)?
<p>Does the service and/or program meet this requirement? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Please explain: We communicate (verbal and written) with each individual, their case managers, legal guardians the home's guidelines, policies, ensuring each individual's rights, privacy, dignity and freedom from coercion and restraint.</p>	
<p><u>Federal Requirement #4:</u> <i>Optimizes but does not regiment individual initiative, autonomy, and independence in making life choices, including, but not limited to, daily activities, physical environment, and with whom to interact.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • Does the provider offer daily activities that are based on the individual's needs and preferences? • Does the provider structure their support so that the individual is able to interact with individuals they choose to interact with, both at home and in community settings? • Does the provider structure their support so that the individual is able to participate in activities that interest them and correspond with their IPP goals?
<p>Does the service and/or program meet this requirement? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Please explain: The home is able to provide individual activities according to their preference, but with certain limitations due to lack of appropriate transportation.</p>	

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<p><u>Federal Requirement #5:</u> <i>Facilitates individual choice regarding services and supports, and who provides them.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • Does the provider support individuals in choosing which staff provide their care to the extent that alternative staff are available? • Do individuals have opportunities to modify their services and/or voice their concerns outside of the scheduled review of services?
<p>Does the service and/or program meet this requirement? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Please explain: We support individuals in being able to choose the staff they like to work with and the activities they choose to participate in, based on their current IPP/ISP. The individual and the team are given opportunity to change or modify activities based on the individual's preference.</p>	

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Only providers of services in **provider-owned or controlled residential settings** need to complete the remainder of this evaluation. In **provider-owned or controlled residential settings**, in addition to the above requirements, the following requirements must also be met:

<p><u>Federal Requirement #6:</u> <i>The unit or dwelling is a specific physical place that can be owned, rented or occupied under a legally enforceable agreement by the individual receiving services, and the individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant law of the State, county, city or other designated entity. For settings in which landlord/tenant laws do not apply, the State must ensure that a lease, residency agreement or other form of written agreement will be in place for each participant and that the document provides protections that address eviction processes and appeals comparable to those provided under the jurisdiction's landlord/tenant law.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • As applicable, does each individual have a lease, residency agreement, admission agreement, or other form of written residency agreement? • Are individuals informed about how to relocate and request new housing?
<p>Does the service and/or program meet this requirement? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Please explain: All residents have admission agreement completed by the regional center and/ or their legal guardians/conservator.</p>	
<p><u>Federal Requirement #7:</u> <i>Each individual has privacy in his/her sleeping or living unit: Units have entrance doors lockable by the individual, with only appropriate staff having keys to doors as needed. Individuals sharing units have a choice of roommates in that setting. Individuals have the freedom to furnish and decorate their sleeping or living units within the lease or other agreement.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • Do individuals have a choice regarding roommates or private accommodations? • Do individuals have the option of furnishing and decorating their sleeping or living units with their own personal items, in a manner that is based on their preferences? • Do individuals have the ability to lock their bedroom doors when they choose?
<p>Does the service and/or program meet this requirement? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Please explain: Lexy's home has 3 bedrooms but is licensed to accept 4 residents. Right now the 3 residents have their individual rooms that they are able to lock and have the option to decorate and arrange the room suited to their preference or need. To meet the</p>	

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<p>requirement of having individual rooms, the home needs to be renovated to have an additional room and provide an ADA bathroom. Currently the home has 2 regular bathrooms. As our residents age, and develop difficulty in walking, it will be best to provide them with an ADA bathroom to ensure safety of everyone.</p>	
<p><u>Federal Requirement #8:</u> <i>Individuals have the freedom and support to control their own schedules and activities, and have access to food at any time.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • Do individuals have access to food at any time? • Does the home allow individuals to set their own daily schedules? • Do individuals have full access to typical facilities in a home such as a kitchen, dining area, laundry, and comfortable seating in shared areas?
<p>Does the service and/or program meet this requirement? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Please explain: We ensure that the safety of each resident in the home. Each individual have access to food at anytime and they also have access to the entire home. With the health and safety of each resident considered first.</p>	
<p><u>Federal Requirement #9:</u> <i>Individuals are able to have visitors of their choosing at any time.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • Are visitors welcome to visit the home at any time? • Can individuals go with visitors outside the home; such as for a meal or shopping, or for a longer visit outside the home, such as for holidays or weekends?
<p>Does the service and/or program meet this requirement? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Please explain: All residents are welcome to accept visitors in the home. They are allowed to be taken out by their families for outings, shopping etc. Their visitors are not allowed to sleep in the home.</p>	
<p><u>Federal Requirement #10:</u> <i>The setting is physically accessible to the individual.</i></p>	<p><u>Guidance:</u></p> <ul style="list-style-type: none"> • Do individuals have the freedom to move about inside and outside the home or are they primarily restricted to one room or area? • Are grab bars, seats in bathrooms, ramps for wheelchairs, etc., available so that individuals who need those supports can move about the setting as they choose?

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	<ul style="list-style-type: none"> • Are appliances and furniture accessible to every individual?
<p>Does the service and/or program meet this requirement? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p> <p>Please explain: Individuals are free to move around the home, Renovating the home and converting it to a non-ambulatory home will give them more freedom to move around inside and outside the home. Our residents ages are from 57-67, as they become older preparing the home to be non-ambulatory will be beneficial to each individual so they can stay at Lexy's home as they age.</p>	

CONTACT INFORMATION

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ACKNOWLEDGEMENT

By checking the box below, I acknowledge that completion of this evaluation is for the sole purpose of applying for compliance funding and does not take the place of future provider assessments that the Department may require to determine provider compliance with the HCBS settings rules.

I AGREE

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Regional center vendors may receive funding to make changes to service settings and/or programs to help them come into compliance with the HCBS rules. To be considered for funding, vendors must complete and submit this form and the provider compliance evaluation form as one packet to the regional center with which it has primary vendorization.

Instructions:

- The concept form on the next page must be used, may not exceed four pages plus the budget worksheet and any cost backup, and must be kept in Arial 12-point font. Submit the form in Microsoft Word or PDF format. An extra half page is permitted to answer questions about prior funding.
- Using a form from previous years will negatively impact a concept score, so please ensure the current FY 20-21 form is used.
- For providers that operate programs with several vendor numbers involved in one concept, one evaluation and concept form should be submitted and should list all vendor numbers for related/included programs. If multiple programs owned by the same parent company have different compliance evaluations or concepts, additional applications can be submitted but should be attached in the same document as the other owned programs so they can be reviewed together.
- The results of the evaluation should be clearly laid out in the section referring to identification of federal requirements that are currently out of compliance, which the concept will address.
- The concept form includes detailed information that describes the funding requests and supports how the requests will assist the provider to come into compliance.
- There should be a clear link between what is being requested and the federal requirement currently out of compliance.
- Concepts should demonstrate how the requested change in service delivery will impact individuals in offering more choices and opportunities.

Strengths of previously funded concepts:

- Identified the need as well as proposed a plan to provide outreach and information regarding the HCBS rules to individuals served and members of their support teams.
- Discussed the need for additional funds to effectively support individuals served on a more individualized basis in overcoming barriers to community integration and employment, as appropriate.
- Prioritized the preferences of individuals served and utilized their feedback in the development of the concept.
- Implemented a sustainable plan for person-centered planning/thinking and training regarding the HCBS rules.
- Enabled residents to age in place and exercise more choice and independence.

More information on the HCBS rules and this form can be found at <https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/>.

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Vendor name	M.Ingco Inc – Lexy's ARF
Vendor number(s)	H88942
Primary regional center	Golden Gate Regional Center
Service type(s)	Adult Residential Facility
Service code(s)	113
Number of consumers typically and currently served	4 residents Currently serving 3
Typical and current staff-to-consumer ratio	1 staff to 2 consumer
1. Please provide a brief description of the service/setting. Include what a typical day consists of during regular program as well as how services are currently being provided. This response must include the baseline/current levels for any aspects of the program for which the concept proposes funding.	
<p>Lexy's Home provides care and services for adults with developmental disabilities. A typical day consists of assisting them in their daily living. We currently have 3 individuals living in our home that need full assist in their selfcare, meal preparation, medication and money management. We provide an in-home day program that includes a variety of daily activities, ie. Exercise, table-top activities, music therapy and outings in the community- going to parks, malls, restaurants etc. In our current situation, considering social distancing. Our community outings are limited to individual van rides. The ages of the consumers are to be considered as well. Our residents' age ranges from 57-67. To ensure their long term stay in the home we will need the home to be converted to a non-ambulatory home providing wheelchair access, and ADA bathroom. The wheelchair accessible mini-van would also ensure that community outings will be provided safely and comfortably to the individuals that we serve.</p>	
<p>Project Narrative Description: While filling out this section, reflect on how services are typically provided and how that might have changed in the past year. Think about what has been learned in the past year and how that might shape services going forward. Funding awarded through this concept can span the course of up to two years which would allow time to shape services to be more person-centered and align with the HCBS federal requirements.</p>	
2. Please provide a brief summary narrative of the concept for which you are requesting funding, including justification for the funding.	
<p>We are requesting funding for: Mini wheelchair Van, Renovation of the home to be converted from an Ambulatory to a Non- Ambulatory home, providing an ADA bathroom, ramps and widen doors to accommodate wheelchairs. An additional room for the purpose of having each individual their own room. As our residents age, the home needs to adjust and be able to provide to their changing needs. Providing these, we will be able to ensure that they can age in place.</p>	
3. Identify which HCBS federal requirements this concept addresses that are currently out of compliance. Could be all or a subset of those identified as out of compliance on the evaluation.	
1_x 2_x 3___ 4_x 5___ 6___ 7_x 8___ 9___ 10_x__	
4. For each HCBS out-of-compliance federal requirement that is being addressed by this concept, describe the barriers to compliance and why this concept is necessary. If this information is in the evaluation section, please copy it here.	

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In all the HCBS out-of-compliance federal requirement, limited budget is the main reason why the home is unable to comply with these requirements.
5. For each out-of-compliance federal requirement that is addressed in this concept, please explain how the concept will bring the vendor into compliance by March 2023.
Once funding is provided, renovation can be started as soon as possible and can be finished within 8 to 12 months. Mini-wheelchair van will be purchased as soon as funding is available. Lexy's home can be in compliance before 2023
6. What are the proposed outcomes and objectives of the concept, and what are the methods of achieving and tracking them?
One of the main objective is to ensure that residents will be able to stay in the home for a long period of time. Converting the home to a Non ambulatory home ensures that. Providing a mini-wheelchair van ensures their ability to be in the community and be able to go wherever they want and need to.
7. Please describe how and/or what was done to include input from the individuals served in developing this concept? Discuss not only the development of the concept, but also what steps were taken to identify the interests and desires of the individuals and who was involved in that process.
The concept is based on the IPP's and ISP's of each individual. The team in the home composed of the Licensee, Administrator, Home Manager, Case Manager from the Regional Center, Legal Guardians/Conservators, Behaviorist, and the Individual met and discussed the resident's current and future needs. These were conceptualized not only in consideration of the being compliant but also considering the health and safety of the residents.
8. Please describe how the concept you propose will enable you to provide more person-centered services to your clients.
Providing these improvements, renovation and additional vehicle enables us to provide a more person centered service to each individual we serve by ensuring that their current and future needs. We will be able to address their individual needs.
9. Please address your plan for maintaining the benefits, value, and success of your project at the conclusion of 2020-21 HCBS Funding.
Conversion to a non ambulatory home and procurement of a wheelchair van is a long term investment. Funding this concept ensures the longevity of the home and assures that current residents will be able to live here as they age.
10. Write a brief narrative below explaining each major cost category and timeline. Complete the budget template at the end of the concept sheet. An excel version with formulas is available. When applicable, budgets should include personnel/benefits, operating costs such as consultants or training, administrative expenses/indirect costs, and capital costs (assets lasting more than 2 years). If project spans 2 years or occurs in phases, budget should be separated by phase/year. Administrative costs, if any, must comply with DDS' vendor requirements, including a cap of 15% of the sum of personnel/benefits, consulting, and operating costs (must exclude capital costs). This information can be found at this link .
1. Renovation (additional room, ADA bathroom, ramps, Widening of doorways, etc.) \$200,000.00

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<p>Timeline: 8 months. 2. Procurement of Wheelchair accessible van \$ 60,000.00 Other incidental expense will be paid by Lexy's home: insurance, maintenance, etc. Timeline: 2 months after funding is granted.</p>	
<p>11. Please address sustainability of funding sources for all programs or concepts requiring any funding past the timeframe of the requested funding, especially those that involve staff or other long-term costs. Please mark "not applicable" if costs will all be incurred during the program timeframe; up to two years.</p>	
<p>Not applicable</p>	
<p>12. Have you or the organization you work with been a past recipient of DDS funding? If yes, what fiscal year(s)?</p>	<p>HCBS Funding ___ No ___ Yes. If Yes, FY(s) _____ Disparity Funding ___ No ___ Yes. If Yes, FY(s) _____ CPP Funding ___ No ___ Yes. If Yes, FY(s) _____ CRDP Funding ___ No ___ Yes. If Yes, FY(s) _____</p> <p>If yes to any question be sure to answer questions 13 and 14.</p>
<p>For providers who have received prior HCBS, Disparity, CPP or CRDP Funding from DDS</p>	
<p>13. If your organization has received prior funding from any of the above sources, please provide an update on the prior funding project. You may copy and paste from progress update(s) previously provided to regional centers or DDS.</p>	
<p>14. If your organization received prior funding, please explain how the current funding request is not redundant with any prior funding received and/or builds on the prior funding but was not part of the original funding.</p>	

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 CONCEPT FORM

HCBS CONCEPT BUDGET	
Vendor Name	Lexy's ARF
Vendor Number(s)	H88942

		Wage and Benefits
Personnel (wage + benefits)		
Personnel Subtotal		
Operating expenses		
Hotel rental for Consumer during construction		
Extended Stay		
Operating Subtotal		
Administrative Expenses		
1. Construction Permits		
2. Design and Plans.		

Administrative Subtotal	
Capital expenses	
Purchase of Wheelchair Accessible Van	
Home Renovation:	
1. Additional room	
2. ADA bathroom	
3. Ramps and widening of doors	Hallways
Capital Subtotal	
Total Concept Cost	

See Attachment F for budget details and restrictions

			\$ -
			\$ -
	\$ 30,000		\$ 30,000
	\$ 60,000		\$ 60,000
			\$ -
	\$ 60,000		\$ 60,000
	\$ 35,000		\$ 35,000
	\$ 100,000		\$ 100,000
			\$ -
			\$ -
			\$ -
			\$ -
	\$ 255,000	\$ -	\$ 255,000
	\$ 320,000	\$ -	\$ 320,000