The Home and Community-Based Services (HCBS) rules ensure that people with disabilities have full access to, and enjoy the benefits of, community living through long-term services and supports in the most integrated settings of their choosing. In order to assist in determining eligibility for compliance funding, providers must complete this evaluation. Both "Yes" and "No" answers require an explanation. A "No" response *could* mean a service setting is out of compliance with the HCBS rules and is potentially eligible for funding to make necessary adjustments. Once this evaluation is completed, it should act as a guide for filling out the provider compliance-funding concept, which is required for any provider to be eligible for compliance funding. Completion of this evaluation is for the sole purpose of applying for compliance funding and does not take the place of future provider assessments that the Department may require to determine provider compliance with the HCBS settings rules. Only providers requesting compliance funding need to complete this evaluation.

Federal Requirements #1-5 apply to providers of all services, including residential and non-residential settings. Federal Requirements #6-10 are additional requirements that apply only to provider-owned or controlled residential settings.

The column labeled "Guidance" contains a series of questions intended to help identify compliance or non-compliance with each requirement as it relates to the HCBS rules. While responses to these questions can help in the determination of whether or not a particular requirement is met, these responses may not be the sole factor in this determination.

More information on the HCBS rules and this form can be found at https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/.

Questions may be directed to HCBSregs@dds.ca.gov.

Date(s) of Evaluation: 1/29/2021	Completed by: Alicia Carroll							
Vendor Name, Address, Contact: Turning Point of Central California, Inc.								
Lake House 5585 Sunrise Dr, Kelseyville Ca 95451	Journey On 16 Lorraine St., Ukiah, CA 95482							
(707)279-0467	(707)462-1603							
Vendor Number: Lake House - HR0419	Journey On - HR0249							
Service Type and Code: Residential - 113								

### Federal Requirement #1:

The setting is integrated in, and supports full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

### Guidance:

- Do individuals receive services in the community based on their needs, preferences and abilities?
- Does the individual participate in outings and activities in the community as part of his or her plan for services?
- If an individual wants to seek paid employment, does the home staff refer the individual to the appropriate community agency/resource?
- Do individuals have the option to control their personal resources, as appropriate?

Does the service and/or program meet this requirement? ☐ Yes ☒ No Please explain: As per Childs's ISPs and IPPs, we ensure that they have access toactivities that help meet their goals. Preferences are always are considered however cannot always be accommodated. Employment opportunities as of now are offered through the school setting primarily. The adults responsible for their care tend to be responsible for their resources.

#### Federal Requirement #2:

The setting is selected by the individual from among setting options, including non-disability-specific settings and an option for a private unit in a residential setting. The setting options are identified and documented in the person-centered service plan and are based on the individual's needs, preferences, and, for residential settings, resources available for room and board.

### Guidance:

- Does the provider have a current regional center Individual Program Plan (IPP) on file for all individuals?
- Does each individual's IPP document the different setting options that were considered prior to selecting this setting?

**Does the service and/or program meet this requirement?** ⊠ **Yes** □ **No** Please explain: All children have current IPPs on file. In general they do discussoptions tried before seeking placement, however not all do.

### Federal Requirement #3:

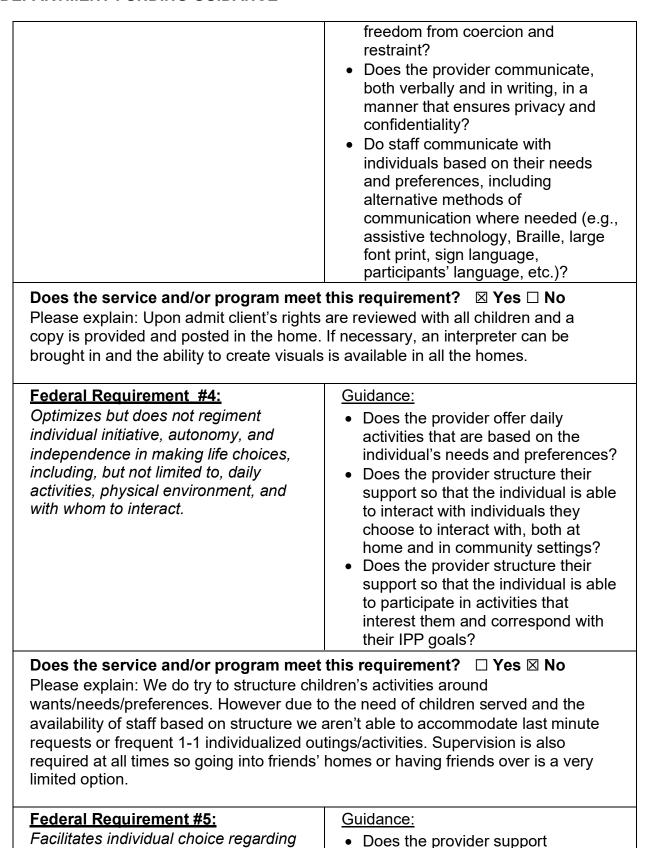
Ensures an individual's rights of privacy, dignity and respect, and freedom from coercion and restraint.

#### Guidance:

 Does the provider inform individuals, in a manner they can understand, of their rights to privacy, dignity, respect, and

services and supports, and who

provides them.



individuals in choosing which staff

	<ul> <li>provide their care to the extent that alternative staff are available?</li> <li>Do individuals have opportunities to modify their services and/or voice their concerns outside of the scheduled review of services?</li> </ul>
Does the service and/or program meet Please explain: All children have access to SocialWorkers upon request. Since we are responsibleare usually responsible for the accommodations are not available due to ratios.	to their Service Coordinators and/or re a children's placement the adults eir services. Staff changes and

#### **Federal Requirement #6:**

The unit or dwelling is a specific physical place that can be owned. rented or occupied under a legally enforceable agreement by the individual receiving services, and the individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant law of the State. county, city or other designated entity. For settings in which landlord/tenant laws do not apply, the State must ensure that a lease, residency agreement or other form of written agreement will be in place for each participant and that the document provides protections that address eviction processes and appeals comparable to those provided under the jurisdiction's landlord/tenant law.

#### Guidance:

- As applicable, does each individual have a lease, residency agreement, admission agreement, or other form of written residency agreement?
- Are individuals informed about how to relocate and request new housing?

**Does the service and/or program meet this requirement?** ⊠ **Yes** □ **No** Please explain: Admission's Agreements are on all file for all individual's served. Again, we are working with children so ultimately the adults are responsible for these decisions. As a child get closer to and turns 18, they are more involved and their input and decisions are taken into account pending availability or feasibility of their choice.

### Federal Requirement #7:

Each individual has privacy in his/her sleeping or living unit:

### Guidance:

 Do individuals have a choice regarding roommates or private accommodations?

- Units have entrance doors lockable by the individual, with only appropriate staff having keys to doors as needed.
- Individuals sharing units have a choice of roommates in that setting.
- Individuals have the freedom to furnish and decorate their sleeping or living units within the lease or other agreement.
- Do individuals have the option of furnishing and decorating their sleeping or living units with their own personal items, in a manner that is based on their preferences?
- Do individuals have the ability to lock their bedroom doors when they choose?

**Does the service and/or program meet this requirement?** ⊠ **Yes** □ **No** Please explain: All children have private bedrooms; there is no option for a roommate. They are able to decorate their bedroom as they choose to. Due to the nature of the children served locks on their door is generally not an option.

### Federal Requirement #8:

Individuals have the freedom and support to control their own schedules and activities, and have access to food at any time.

#### Guidance:

- Do individuals have access to food at any time?
- Does the home allow individuals to set their own daily schedules?
- Do individuals have full access to typical facilities in a home such as a kitchen, dining area, laundry, and comfortable seating in shared areas?

**Does the service and/or program meet this requirement?** □ **Yes** ⋈ **No** Please explain: Fresh fruit and vegetables are available 24/7. There is a menu that is followed for meals and snacks with designated time frames. The children should be a part of the menu planning process and do have options to 1 or 2 alternatives weekly. The children do not set their own schedule but it is designed to accommodate the needs of all children served.

#### Federal Requirement #9:

Individuals are able to have visitors of their choosing at any time.

#### Guidance:

- Are visitors welcome to visit the home at any time?
- Can individuals go with visitors outside the home; such as for a meal or shopping, or for a longer visit outside the home, such as for holidays or weekends?

Does the service and/or program meet this requirement? 

✓ Yes 

No
Please explain: Due to the nature of children served visitors are not allowed in the home unless it has been preplanned and it safe for them to be present. This is generally reserved for professional workers and family for short periods. The program strongly encourages children to visit with family. This frequently

includes overnight visits. However leaving with a "friend" to go to something is not an option if they are not an adult a part of their treatment team or designated.

#### Federal Requirement #10:

The setting is physically accessible to the individual.

### Guidance:

- Do individuals have the freedom to move about inside and outside the home or are they primarily restricted to one room or area?
- Are grab bars, seats in bathrooms, ramps for wheelchairs, etc., available so that individuals who need those supports can move about the setting as they choose?
- Are appliances and furniture accessible to every individual?

Does the service and/or program meet this requirement?  $\ \square$  Yes  $\ \boxtimes$  No

Please explain: Children are restricted from areas where staff cannot maintain supervision; they cannot go into each other's bedrooms and certain areas that are locked to store medications, toxins, sharps etc. They are not able to leave the facility grounds without staff however are allowed outside if supervision can bemaintained and they are demonstrating safe behavior.

The facility can be modified to accommodate the child's needs when necessary All common area furniture is available to the child; however, there might be times where the children are purposely asked to split up between rooms.

Appliances are available to children with staff supervision during designated times.

#### CONTACT INFORMATION

Contact Name: Jason Moore, Regional Director

Contact Phone Number: (707) 463–8346

Email Address: jmoore@tpocc.org

### **ACKNOWLEDGEMENT**

By checking the box below, I acknowledge that completion of this evaluation is for the sole purpose of applying for compliance funding and does not take the place of future provider assessments that the Department may require to determine provider compliance with the HCBS settings rules.

**⊠ I AGREE** 

Regional center vendors may receive funding to make changes to service settings and/or programs to help them come into compliance with the HCBS rules. To be considered for funding, vendors must complete and submit this form and the provider compliance evaluation form as one packet to the regional center with which it has primary vendorization.

#### Instructions:

- The concept form on the next page must be used, may not exceed four pages plus
  the budget worksheet and any cost backup, and must be kept in Arial 12-point font.
  Submit the form in Microsoft Word or PDF format. An extra half page is permitted to
  answer questions about prior funding.
- Using a form from previous years will negatively impact a concept score, so please ensure the current FY 20-21 form is used.
- For providers that operate programs with several vendor numbers involved in one concept, one evaluation and concept form should be submitted and should list all vendor numbers for related/included programs. If multiple programs owned by the same parent company have different compliance evaluations or concepts, additional applications can be submitted but should be attached in the same document as the other owned programs so they can be reviewed together.
- The results of the evaluation should be clearly laid out in the section referring to identification of federal requirements that are currently out of compliance, which the concept will address.
- The concept form includes detailed information that describes the funding requests and supports how the requests will assist the provider to come into compliance.
- There should be a clear link between what is being requested and the federal requirement currently out of compliance.
- Concepts should demonstrate how the requested change in service delivery will impact individuals in offering more choices and opportunities.

### Strengths of previously funded concepts:

- Identified the need as well as proposed a plan to provide outreach and information regarding the HCBS rules to individuals served and members of their support teams.
- Discussed the need for additional funds to effectively support individuals served on a more individualized basis in overcoming barriers to community integration and employment, as appropriate.
- Prioritized the preferences of individuals served and utilized their feedback in the development of the concept.
- Implemented a sustainable plan for person-centered planning/thinking and training regarding the HCBS rules.
- Enabled residents to age in place and exercise more choice and independence.

More information on the HCBS rules and this form can be found at <a href="https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/">https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/</a>.

Vendor name	Turning Point of Central California, Inc.
Vendor number(s)	Lake House #HR0419; Journey On-# HR0249
Primary regional center	Redwood Coast Regional Center
Service type(s)	Residential
Service code(s)	113
Number of consumers typically and currently served	8 Consumers, 4 consumers per 113 home listed
Typical and current staff-to-consumer ratio	2 Staff to 1 Consumer ratio

1. Please provide a brief description of the service/setting. Include what a typical day consists of during regular program as well as how services are currently being provided. This response must include the baseline/current levels for any aspects of the program for which the concept proposes funding.

This program is located in a residential neighborhood, in a single-family home. All children have their own bedrooms and there is a bathroom designated for individuals served. Yard space, living room, kitchen and dining rooms are all common areas and easily accessed at any time. Each individual has been assigned a daily schedule including wake up, morning hygiene, breakfast, school time, lunch, free time and structured activities. Afternoons and evenings include homework, chores, meal prep, dinner and evening hygiene. Appointments and visits are incorporated into their daily schedule. Weekly menus and monthly activity schedules are posted and followed. The children currently offer limited contributions to the menu and schedule decisions as most outings and meals are designed to address overlapping needs of all children in the program at a given time.

Project Narrative Description: While filling out this section, reflect on how services are typically provided and how that might have changed in the past year. Think about what has been learned in the past year and how that might shape services going forward. Funding awarded through this concept can span the course of up to two years, which would allow time to shape services to be more person-centered and align with the HCBS federal requirements.

2. Please provide a brief summary narrative of the concept for which you are requesting funding, including justification for the funding.

The purpose of this concept is to address identified deficits in the areas of person-centered planning and to meet the expressed desire for children to increase self-determination by setting the foundation for a paradigm shift within the agency toward Person Centered Practices. Turning Point proposes funding to cover costs associated with the 2-day Person-Centered Practices Training for a cohort of 4 staff (Direct Support Professional (DSP), Consultant/Mental Health Professional (MHP), Program Director, Regional) in each of the 2 funding years (8 staff total). Enhanced staff-training and expert consultation will aid in the development of action plans and Person Centered Plans (Malloy, Couture & Drake, 2011) for up to 4 select children per calendar year (up to 8 children total) who are at the start of their program, so they have adequate time to develop meaningful action plans with people and their circles of support vs. creating for treatment plans for them.

3. Identify which HCBS federal requirements this concept addresses that are currently out of compliance. Could be all or a subset of those identified as out of compliance on the evaluation.

Federal Requirements #1, #4 & #8

4. For each HCBS out-of-compliance federal requirement that is being addressed by this concept, describe the barriers to compliance and why this concept is necessary. If this information is in the evaluation section, please copy it here.

<u>Federal Requirement #1</u>: Preferences are always are considered however cannot always be accommodated due to safety and supervision needs. Employment opportunities as of now are primarily offered through the school setting. The adults responsible for their care tend to be responsible for their resources.

<u>Federal Requirement #4:</u> ...due to the need of individuals served and the availability of staff based on structure, we aren't able to accommodate last minute requests or frequent 1-to-1 individualized outings/activities. Supervision is also required at all times so going into friends' homes or having friends over is a very limited option.

Federal Requirement #8: ... Children are restricted from areas where staff cannot maintain supervision; they cannot go into each other's bedrooms and certain areas that are locked to store medications, toxins, sharps etc. They are not able to leave the facility grounds without staff however are allowed outside if supervision can be maintained and they are demonstrating safe behavior. The facility can be modified to accommodate the child's needs when necessary All common area furniture is available to the child; however, there might be times where the children are purposely asked to split up between rooms.

5. For each out-of-compliance federal requirement that is addressed in this concept, please explain how the concept will bring the vendor into compliance by March 2023.

To achieve compliance with Federal Requirement #1, #4 & #8, over the 2-year funding period, this concept will increase client self-determination by teaching more effective skills for problem solving, goal setting and decision making through social skills groups, house meetings, increased client involvement and (when possible) leadership of their IPP/ISP/IEP meetings. This concept will require staff training in the Person-Centered standards of practice, Person-Centered Thinking, Person-Centered Descriptions, action plans and Person Centered Plans for this specific setting/population. Each action plan will incorporate their personal choices into decisions about daily activities, physical environment, with whom they interact, and activity choices during free time in ways that are compatible with their treatment and supervision needs. Action plans will include corresponding "soft skills" required to meet socialization goals and will be tiered (short-term/intermediate/long-term) so that skills are gradually developed and practiced as the individual nears transition into adulthood.

6. What are the proposed outcomes and objectives of the concept, and what are the methods of achieving and tracking them?

**Objective #1:** To train staff at all levels of the organization in Person Centered Practices and build competencies for shifting the treatment paradigm. **Method:** Creation of two (2) training cohorts, one in each funding year, composed of staff from all levels of the organization. **Outcome:** To shift program culture through a shared philosophy that results in interventions and programming decisions more aligned with the standards of person-centered supports.

**Objective #2:** To co-create individualized, person-centered descriptions and action plans and implement a Person Centered Plan for each participant that connects their unique goals to actual opportunities and resources available within the community. **Method:** Each Person Centered Plan will be initially developed within a 120 day time frame, one client at time upon completion of Person Centered Training by personnel and will be regularly discussed with the individual, updated according to their preferences and interests throughout treatment, and provided to the individual upon transition into adulthood. Self- determination will be measured using the age-appropriate version of the evidence-based Arc's Self-Determination Scale. **Outcome:** To help people lead self-determined lives.

7. Please describe how and/or what was done to include input from the individuals served in developing this concept? Discuss not only the development of the concept, but also what steps were taken to identify the interests and desires of the individuals and who was involved in that process.

Qualitative interviews with children and their support persons have revealed a deep sense of discouragement after transition into adulthood or another environment when a client either fails to meet their goals or returns to treatment. Consistent themes of 1) individuals being unable to harness a sense of self-determination in decision making, and 2) being inadequatelypracticed/scaffolded in making healthy, pro-social decisions for themselves were consistently reinforced by the institutionalization that can occur as a result of stayingin residential treatment for extended periods of time.

8. Please describe how the concept you propose will enable you to provide more personcentered services to your children .

This concept is intended to re-orient staff throughout the organization to see the client as leading person-driven lives vs. offering them person centered care. With two training cohorts, the earlier will model implementation of those standards in the creation of meaningful action plans, and the creation of Person Centered Plans, Turning Point will increase individuals' subjective experience of self-determination as measured by improved scores on the Arc's Self-Determination Scale.

9. Please address your plan for maintaining the benefits, value, and success of your project at the conclusion of 2020-21 HCBS Funding.

The staff to receive the training will be selected based on their commitment to the missional shift and a willingness to carry out the model with careful attention to fidelity. They will also agree to incorporate their training into team discussions, IPP and IEP meetings as well as the ongoing work with the children and their person centered action plan/s. At the completion of the 2-year funding, management staff will make the decision on whether to pursue additional funding to cover costs associated with training a trainer (including advanced training, mentoring etc.).

10. Write a brief narrative below explaining each major cost category and timeline. Complete the budget template at the end of the concept sheet. An excel version with formulas is available. When applicable, budgets should include personnel/benefits, operating costs such as consultants or training, administrative expenses/indirect costs, and capital costs (assets lasting more than 2 years). If project spans 2 years or occurs in phases, budget should be separated by phase/year.

Administrative costs, if any, must comply with DDS' vendor requirements, including a cap of 15% of the sum of personnel/benefits, consulting, and operating costs (must exclude capital costs). This information can be found at this link.

**Wages.** Year 1 & 2- Minimum staff-to-client ratios must be maintained at all times to maintain compliance and safety. These labor costs are to cover overtime for line staff that will fill in for those who are training. Year 2- Labor will also cover consultant time for attending the trainings. The consultants will help staff adapt evidence-based practices to practice and retain life skills. Consultants will attend team meetings on a monthly basis on rotation, according to the specialty needs of children in treatment at that time. This allows flexibility and immediate access to assistance while staff are working to collaborate on meaningful action plans

**Training costs, travel & per diem.** *Year 1-* This line item includes tuition/travel associated with a 2-day training for 4 staff in Person Centered Practices (potentially split between multiple weeks). *Year 2-* This line item includes tuition/travel associated with a 2-day training for 4 additional staff/consultants in Person Centered Practices. (8 staff total between the 2 years). **Expendable equip.** 2 laptops (1 for each home) to be used primarily for Person Centered Planning. **Program supplies.** To assist in the collaborative facilitation of those planning sessions (e.g. markers, easels, flip charts, poster/butcher paper, post-its, etc.)

11. Please address sustainability of funding sources for all programs or concepts requiring any funding past the timeframe of the requested funding, especially those that involve staff or other long-term costs. Please mark "not applicable" if costs will all be incurred during the program timeframe; up to two years.

#### Not applicable.

12. Have you or the organization you work with been a past recipient of DDS funding? If yes, what fiscal year(s)?

HCBS Funding X No_Yes. If Yes, FY(s)
Disparity Funding X No Yes. If Yes, FY(s)
CPP Funding No_X Yes. If Yes, FY(s)_FY 15/16CRDP
Funding X No Yes. If Yes, FY(s)
If ves to any question, be sure to answer questions 13 and 14.

### For providers who have received prior HCBS, Disparity, CPP or CRDP Funding from DDS

13. If your organization has received prior funding from any of the above sources, please provide an update on the prior funding project. You may copy and paste from progress update(s) previously provided to regional centers or DDS.

Yes, Country Roads received a \$50,000 enhancement grant in FY 2015/2016. A Training program was put together for staff to provide best practice care We have signed a start-up contract with ACRC for an EBSH home; however, no funds have been dispersed to date.

14. If your organization received prior funding, please explain how the current funding request is not redundant with any prior funding received and/or builds on the prior funding but was not part of the original funding.

Previous funding was not related to person-centered practices.

# Home and Community-Based Services (HCBS) Rules CONCEPT FORM

HCBS CONCEPT BUDGET											
Vendor Name	Turning Po	int o	f Centra	al Califori	nia, Iı	nc.					
Vendor Number(s)	Lake House #	HR04	119; Jou	rney On-	# HR	0249					
		W/a	age and	Ye	ar 1 Bu	ıdget	Year	2 Bud	get	Tota	al
			nefits	FTE	An	nual Cost	FTE			Cos	t
Personnel (wage + benefits)											
Program Director		\$	4,164	1	\$	4,164	1	\$	4,188	\$	8,352
Regional Director /Administra	tive	\$	4,325	1	\$	4,325	1	\$	4,350	\$	8,675
Mental Health Provider		\$	3,039	1	\$	3,039		\$	-	\$	3,039
Direct Support Professionals		\$	3,235	1	\$	3,235	1	\$	2,647	\$	5,882
						\$ -			\$ -		\$ -
Personnel Subtotal					\$	14,763		\$	11,185	\$	25,948
Operating expenses											
Office Supplies					\$	2,500		\$	2,300	\$	4,800
Program Supplies					\$	2,600		\$	2,400	\$	5,000
Expendable Equipment/Furnit	ture				\$	4,000		\$	500	\$	4,500
Staff Training					\$	9,800		\$	9,800	\$	19,600
Staff Travel					\$	3,650		\$	3,650	\$	7,300
O/S Labor- Consultant								\$	5,760	\$	5,760
Other Recruitment/HR					\$	200		\$	200	\$	400
										\$	-
										\$	-
										\$	-
										\$	-
										\$	
										\$	
					\$	-		\$	-	\$	
Operating Subtotal					\$	22,750		\$	24,610	\$	
Administrative Expenses											
Admin Expense (15%)					\$	5,627		\$	5,369	\$	10,996
											\$ -
											\$ -
											\$ -
Administrative Subtotal		<u> </u>			\$	5,627		\$	5,369	\$	10,996
Capital expenses											
											\$ -
											\$ -
											\$ -
											\$ -
											\$ -
											\$ -
Capital Subtotal						\$ -			\$ -		\$ -
Total Concept Cost					Н	\$43,139			\$41,165	Г	\$84,304