



CALIFORNIA DEPARTMENT OF DEVELOPMENTAL SERVICES
URINARY TRAINING CURRICULUM
REVIEW PROTOCOL

TRAINED STAFF WILL DEMONSTRATE KNOWLEDGE OF SKILLS IN THE AREAS SPECIFIED BELOW.
PLEASE INDICATE THE PAGE NUMBER NEXT TO THE TOPICS LISTED BELOW.

	ACTIVITIES	PAGE NUMBER	COMMENTS
1	BASIC ANATOMY OF THE URINARY SYSTEM <ul style="list-style-type: none">• Urinary system diagram with labels		
2	PURPOSE OF THE URINARY CATHETER <p>Respite workers shall be limited to emptying, changing bags and care of the catheter site as stated in WIC 4686 (a) (2)</p>		
3	KNOWLEDGE OF THE DIFFERENT TYPES OF CATHETERS <ul style="list-style-type: none">• Straight catheter• Foley catheter/In-dwelling catheter• Suprapubic catheter		
4	KNOWLEDGE OF WHERE THE PROCEDURE CHECKLIST IS PLACED AND FOLLOWS ALL PROCEDURES		
5	KNOWLEDGE OF THE DIFFERENT SIZES OF DRAINAGE BAGS <ul style="list-style-type: none">• Leg bag• Large bag (down drain)		
6	ABILITY TO PERFORM ASEPTIC TECHNIQUE <ul style="list-style-type: none">• Demonstrates knowledge of proper hand hygiene technique• Demonstrates knowledge of the importance of wearing disposable gloves• Demonstrates knowledge of proper equipment preparation		

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	• Demonstrates understanding of microbial contamination and the prevention of infection		
	• Demonstrates sterile technique		
7	DEMONSTRATES SKILL IN THE PREPARATION OF CONSUMER		
	• Knowledge of the importance of providing consumer privacy		
	• Demonstrates skill in explaining procedures to consumer		
	• Demonstrates skill in proper positioning both during and after procedure		
8	DEMONSTRATES SKILL IN THE CARE OF A CATHETER		
	Ability to understand and implement physician orders		
	Performs hand hygiene		
	Demonstrates skills of sterile technique (i.e. wearing gloves)		
	Demonstrates ability to gather and organize equipment		
	Demonstrates ability to inspect the condition of a catheter and determine when replacement is needed as listed in the identification of potential complications		
	Demonstrates skill in cleansing the urethral opening		
	→For female, wipe from the urinary meatus to the rectum		
	→For male, wipe in a circular motion cleaning from the meatus down to the glans		
	Demonstrates ability to monitor the catheter for proper placement		
	Demonstrates skill in emptying bag appropriately		
	Demonstrates skill in measuring urine intake and output		
	Demonstrates proper glove removal and disposal		
9	DEMONSTRATES SKILL IN EMPTYING AND CHANGING BAGS		
10	CLEANING OF EQUIPMENT		

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	Demonstrates skill in proper washing and maintenance of equipment		
11	STORING SUPPLIES		
	Demonstrates skill in proper storage of equipment and supplies		
12	IDENTIFICATION OF POTENTIAL COMPLICATIONS		
	Ability to recognize complications of catheter use, provide immediate treatment/interventions, and contact a health care provider		
	• Allergies (i.e. latex)		
	• Bleeding into or around the catheter		
	• Blood in the urine (hematuria)		
	• Catheter draining little or no urine despite enough fluid intake		
	• Consumer complaints of tenderness or pain		
	• Fever, chills		
	• Indwelling catheter becomes dislodge		
	• Leakage of large amounts of urine around the catheter		
	• Sediment in the catheter or drainage bag		
	• Skin breakdown		
	• Urethra injury		
	• Urethra swelling		
	• Urinary retention (catheter plugged)		
	• Urinary tract or kidney infections		
	• Urine with strong smell or that is thick		
13	KNOWLEDGE OF EMERGENCY PROCEDURES		
	Knows when to call 911 and understands the emergency plan		

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	Knows contact information of responsible person or emergency staff		
	Knows where the emergency information is posted		
14	PROCEDURES FOR REPORTING OR RECORDING UNUSUAL EPISODES		
	Demonstrates skill in how to document and report problems		
	Demonstrates knowledge of procedures for notifying parents or professionals of problems		
15	CONTINUING EDUCATION REQUIRMENTS		
	Possession of a current first aid certificate		
	Possession of a current Cardiopulmonary Resuscitation (CPR) course certificate		
	Annual recertification by training agency or designee to include both:		
	• Oral examination or interview		
	• Observation		

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