

## Department of Developmental Services

### **Total Resources**

<b>Program Budget</b>	<b>Actual* FY 2020-21</b>	<b>Estimated FY 2021-22</b>	<b>Projected FY 2022-23</b>
State Operations Expenditures	\$ 250,787	\$ 500,000	\$ 500,000
Local Assistance Expenditures	\$233,847	\$730,453	\$738,097
Positions	3 FTE	3 FTE	3 FTE

*\*Information above does not reflect final expenditures; the Department of Developmental Services (DDS) uses an accrual-basis accounting system that allows DDS three years to liquidate its Current Fiscal Year encumbrances (Per State of California Government Code Chapter 1 section 16304).*

### **General Overview**

The Department of Developmental Services (DDS) oversees MHSA funding for regional centers that develop innovative projects. These projects focus on prevention, early intervention, and treatment for children and adults with mental health diagnoses and provide support for families.

DDS distributes MHSA funds to regional centers throughout California utilizing a competitive application process.

### **A brief description of each project and notable outcomes is below:**

#### **Redwood Coast Regional Center (RCRC)**

Areas Served: Mendocino County, Lake County, Humboldt County, and Del Norte County

#### **Families and Supports Together (F.A.S.T.)**

##### Program Description:

Redwood Coast Regional Center, in collaboration with several local agencies, targets improved social and emotional development in children birth to age five. Participating agencies include Easter Seals to implement early intervention programs, North Coast Nurture Center to provide Incredible Years training, Autism Intervention Professionals for behavior consultation, and RL Therapies for speech and ancillary therapy.

##### Program Outcomes (Fiscal Year 2020-2021):

- Established the Grant Advisory Council consisting of parents, community partners, education and healthcare professionals;

- Convened two workforce development trainings including *Early Childhood Mental Health 101* (25 participants) and *Is Your Child Missing Out* (161 participants);
- Hosted 36 early intervention professionals via virtual Provider Academies to build workforce capacity in social and emotional development with 100% of attendees reporting satisfaction with presentation impact and quality;
- Conducted *Incredible Years* training for 15 families with most children demonstrating progress and improvement across multiple behavior areas per the Functional Behavior assessment;
- Hosted 62 parents via virtual Parent Academies (offered in both Spanish and English) who reported 100% satisfaction with topics, content, and presentations;
- Provided services for social emotional development with 93 children who increased their overall developmental score by an average of 18% per the DAYC-2 assessment; and
- Hosted Virtual Circle Time, a natural environment program, for 20 children aged birth to five years old.

Administrative Funds:

<b>Program Budget</b>	<b>2020-21* (Actual)</b>	<b>2021-22 (Estimated)</b>	<b>2022-23 (Projected)</b>
State Operations Expenditures	N/A	N/A	N/A
Local Assistance Expenditures	\$187,366	\$192,127	\$193,047
Positions	N/A	N/A	N/A

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**San Diego Regional Center (SDRC)**

Area Served: Imperial County

**Peer LINKS**

Program Description:

In collaboration with the National Alliance on Mental Illness (NAMI), the project provides mental health services to consumers ages 12 and older with developmental disabilities by linking them with a peer support specialist for case management, providing mental health and drug/alcohol recovery services, and supporting participants in identifying personal goals for recovery and wellness.

Program Outcomes (Fiscal Year 2020-2021):

- Recruited, onboarded and trained a Program Manager and two Peer/Family Support Specialists;
- Convened an MHSA Steering Committee with 29 attendees;
- Presented about the new program to SDRC staff (35 attendees);
- Provided outreach to community crisis centers, recovery programs, schools, probation, and community-based organizations;
- Provided 2 workshops to community members on *Anxiety and COVID* (in both Spanish and English);
- Identified and enrolled 25 individuals with developmental disabilities and mental health challenges to begin services;
- Referred 72% of the participants to mental health services (68% actively received treatment);
- Assisted 81% of program participants in identifying personal goals for recovery and wellness;
- Reported 70% of program participants had an increase in satisfaction in social activities and relationships;
- Reported 57% of program participants had a decrease in experiencing depression;
- Reported 46% of program participants had a decrease in experiencing anger; and
- Reported 57% of program participants had a decrease in experiencing anxiety.

Administrative Funds:

<b>Program Budget</b>	<b>2020-21 (Actual)*</b>	<b>2021-22 (Estimated)</b>	<b>2022-23 (Projected)</b>
State Operations Expenditures	N/A	N/A	N/A
Local Assistance Expenditures	\$0	\$331,466	\$331,530
Positions	N/A	N/A	N/A

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**South Central Los Angeles Regional Center (SCLARC)**

Area Served: South Central Los Angeles

**Children’s Collaborative Mental Health Project (CCMHP)**

Program Description:

In partnership with Kedren Community Mental Health Center and Shields for Families, the project provides person-centered mental health assessment and referrals to consumers ages 10-17 that are dually diagnosed or at risk of developing a mental health disorder.

Program Outcomes (Fiscal Year 2020-2021):

- Modified SCLARC’s Mental Health Risk Assessment Tool and Mental Health Screening tool;
- Conducted training on Mental Health Services and Referral Processes for Service Coordinators;
- Convened CCMHP interdisciplinary team to develop care plans for high-risk SCLARC consumers ages 10-17;
- Conducted outreach to the County Department of Mental Health and community mental health agencies;
- Enrolled 48 children in the CCMHP;
- Collaborated with 78 professionals in the CCMHP;
- Provided training to 110 service coordinators and providers on *Understanding Dual Diagnosis*;
- Provided training to 33 clinicians on *Developmental Disabilities and Coexisting Psychiatric Conditions*; and
- Provided training to 39 parents/caregivers on *Understanding Your Child’s Developmental Disability and Other Coexisting Behaviors*.

Administrative Funds:

<b>Program Budget</b>	<b>2020-21* (Actual)</b>	<b>2021-22 (Estimated)</b>	<b>2022-23 (Projected)</b>
State Operations Expenditures	N/A	N/A	N/A
Local Assistance Expenditures	\$93,812	\$206,860	\$213,520
Positions	N/A	N/A	N/A

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To date, over 2,000 service providers, regional center staff and other professionals, families, and consumers have participated and benefitted from MHSAs projects. Tools, resources, training curricula, PowerPoint presentations and other training materials for each specific project are available on each individual project’s website.