

## APPLICATION REPORT

**Project Name:** Ally's Access and Equity Initiative Program  
**Applicant Organization:** Ally Comprehensive Services LLC  
**Awarded Amount:** \$148,419  
**Funding Announcement Name:** Promoting Service Access and Equity Grant



### PROJECT SUMMARY

Regional Center Fundamentals & Leadership Program for FDLRC and Navigating the I/DD Service Systems

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<b>Applicant Eligibility</b>		
<b>Applicant Information</b>		
<b>1. Project Title</b>	<b>Applicant Response</b>	
What is the Project Title?	Ally's Access & Equity Initiative Program	
<b>2. Awarded Amount</b>	<b>Applicant Response</b>	
	\$148,419	
<b>3. Organization Type</b>	<b>Applicant Response</b>	
Please check the box that describes your organization	Community Based Organization, non-501(c)(3) EIN	
<b>4. Description of Organization/ Group</b>	<b>Applicant Response</b>	
Provide a brief description of the organization/group (organization type, group mission, etc.). Explain what experience your organization has managing a program similar to the proposal and state the outcomes of that program.	Ally Comprehensive Services LLC (Ally) was created in early 2020 with the purpose of supporting the developmental disabilities community. Ally's mission and vision is to ensure individuals with developmental disabilities live fulfilling and meaningful lives. Through a person-centered approach, Ally strives to empower individuals with developmental disabilities and their loved ones by breaking barriers and providing the tools, information, and support needed to develop strong, informed advocates. This is an initial submission for such program funding for Ally; however, in addition to having a consulting contract with Frank D. Lanterman Regional Center, Ally has been awarded contracts with Kern Regional Center, Central Valley Regional Center, and the Regional Center of the East Bay in order to support these centers and their community with the Self-Determination Program implementation efforts. In this capacity, Ally provides individualized coaching and training support for participants and their loved ones struggling with the complexities of the Self-Determination Program in both English and Spanish, with the primary focus on the Latino community. Through these efforts it is clear that participants and their circle of support not only struggle with understanding the Self-Determination Program but also lack the essential regional center system knowledge that is fundamental to accessing needed support services.	
<b>5. Applicant in Good Standing</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
Is the applicant in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration?	Yes	
<b>6. Subcontractors in Good Standing</b>	<b>Applicant Response</b>	
Are the applicant's subcontractors in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration?	Not Applicable	
<b>Grant Reapplication Information</b>		
<b>Grant Reapplications Only</b>		
<b>1. Grant Number</b>	<b>Applicant Response</b>	
(Reapplications Only) What is the Grant Number of previously awarded project? If not applicable select Not Applicable.	Not Applicable	
<b>2. Project Title</b>	<b>Applicant Response</b>	
(Reapplications Only) What is the Project Title of previously awarded project? If not applicable select Not Applicable.	Not Applicable	
<b>3. Project Start &amp; End Dates</b>	<b>Applicant Response</b>	
(Reapplications Only) What are the Start & End Dates of the previously awarded project? If not applicable select Not Applicable.	Not Applicable	
<b>4. Project Duration</b>	<b>Applicant Response</b>	
(Reapplications Only) What is the Total Project Duration (in months) of the previously awarded project? If not applicable select Not Applicable.	Not Applicable	
<b>5. 2016/2017 Award</b>	<b>Applicant Response</b>	
(Reapplications Only) Enter the amount of funding that was awarded in FY 2016/2017. If not applicable select Not Applicable.	Not Applicable	
<b>6. 2016/2017 Expenses</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the amount of funding that was expended in FY 2016/2017. If not applicable select Not Applicable.	Not Applicable	
<b>7. 2016/2017 Remaining</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
(Reapplicants only) Subtract the Total Expenses from the Total Award to determine the amount remaining from FY 2016/2017. If not applicable select Not Applicable.	Not Applicable	
<b>8. 2017/2018 Award</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the amount of funding that was awarded in FY 2017/2018. If not applicable select Not Applicable.	Not Applicable	
<b>9. 2017/2018 Expenses</b>	<b>Applicant Response</b>	
(Reapplicants) Enter the amount of funding that was expended in FY 2017/2018. If not applicable select Not Applicable.	Not Applicable	
<b>10. 2017/2018 Remaining</b>	<b>Applicant Response</b>	
(Reapplicants only) Subtract the Total Expenses from the Total Award to determine the amount remaining from FY 2017/2018. If not applicable select Not Applicable.	Not Applicable	
<b>11. 2018/2019 Award</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the amount of funding that was awarded in FY 2018/2019. If not applicable select Not Applicable.	Not Applicable	
<b>12. 2018/2019 Expenses</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the total amount of funding that was expended, or is anticipated to be expended, in FY 2018/2019. If not applicable select Not Applicable.	Not Applicable	
<b>13. 2018/2019 Remaining</b>	<b>Applicant Response</b>	
(Reapplicants only) Subtract the Total Expenses from the Total Award to determine the amount remaining from FY 2018/2019. If not applicable select Not Applicable.	Not Applicable	
<b>14. 2019/2020 Award</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the amount of funding that was awarded in FY 2019/2020. If not applicable select Not Applicable.	Not Applicable	
<b>15. 2019/2020 Expenses</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the total amount of funding that was expended, or is anticipated to be expended, in FY 2019/2020. If not applicable select Not Applicable.	Not Applicable	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p><b>16. 2019/2020 Remaining</b></p> <p>(Reapplicants only) Subtract the Total Expenses from the Total Award to determine the amount remaining from FY 2019/2020. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>Not Applicable</p>	
<p><b>17. Total Awarded</b></p> <p>(Reapplicants only) Combine the amounts included in FY 2016/2017, FY 2017/2018, FY 2018/2019, and FY 2019/2020 for the total amount awarded for the project. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>Not Applicable</p>	
<p><b>18. Initial Proposed Number of People Served</b></p> <p>(Reapplications Only) Include the initial number of people projected to be served. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>Not Applicable</p>	
<p><b>19. Actual Number of People Served</b></p> <p>(Reapplications Only) Include the actual number of people served. Explain why this number is different from the projected impact number. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>Not Applicable</p>	
<p><b>20. Regional Centers in Catchment Area</b></p> <p>(Reapplications Only) List all Regional Centers in the project catchment areas that the project has served. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>Not Applicable</p>	
<p><b>21. Cities Served</b></p> <p>(Reapplications Only) List the cities your project has served. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>Not Applicable</p>	
<p><b>22. Counties Served</b></p> <p>(Reapplications Only) List the counties your project has served. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>Not Applicable</p>	
<p><b>23. City of Los Angeles</b></p>	<p><b>Applicant Response</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
(Reapplications Only) If your project has served the City of Los Angeles, list the zip code(s) and/or community(ies) your project has served. If not applicable select Not Applicable.	Not Applicable	
<b>24. Activities to Date</b>	<b>Applicant Response</b>	
(Reapplications Only) Provide a detailed explanation of project activities to date. Include what the project has accomplished to date. From the start of the project to the date of reapplication, what are the key accomplishments? Have all activities been completed? If no, why not? If not applicable select Not Applicable.	Not Applicable	
<b>25. Project Impact &amp; Outcome</b>	<b>Applicant Response</b>	
(Reapplications Only) Provide a detailed explanation of project impacts and outcomes to date. Attach data (summary of pre-tests and post-tests), participant success stories to demonstrate project outcomes and impacts. Provide outcomes of your project's impact in serving the target communities. Using your attached data, provide a brief statement of key findings. If not applicable select Not Applicable.	Not Applicable	
<b>26. Project Objectives</b>	<b>Applicant Response</b>	
(Reapplications Only) What are the projects objectives in addressing disparities and what remains to be addressed/completed? Explain why these objectives have not been completed during the current grant period. Provide a brief description of the key lessons learned from your current project, if any. What were some of the challenges that prevented your project from meeting your objectives/measures? What are some strategies your organization plans to implement to address challenges, if any? If not applicable select Not Applicable.	Not Applicable	
<b>27. Project Transition</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
(Reapplications Only) If awarded, how will your current project transition into the 2020/21 proposed project? How does your proposed project complement your current project? Does your proposed project expand or continue your current project, if so how? What activities, measures, or target groups are being added? Provide a summary of the differences and reasons why you are proposing the change. If not applicable, select Not Applicable.	Not Applicable	
<b>General Application</b>		
<b>Proposal Summary</b>		
<b>1. Individuals Impacted</b>	<b>Applicant Response</b>	
Enter the projected number of individuals impacted.	250	
<b>2. People Served</b>	<b>Applicant Response</b>	
What is proposed number of people projected to be served?	250	
<b>3. Duration of project</b>	<b>Applicant Response</b>	
What is the duration of the project? Enter Start & End Dates.	Start Date: 03/01/2021, End Date: 02/28/2022	
<b>4. Duration of project (months)</b>	<b>Applicant Response</b>	
What is the total duration of project in months?	12	
<b>5. Regional Centers</b>	<b>Applicant Response</b>	
List all Regional Centers in the project catchment areas.	Project 1- Regional Center Fundamental and Leadership Program <ul style="list-style-type: none"> <li>• Frank D. Lanterman Regional Center (FDLRC)</li> </ul> Project 2- Navigating the IDD Service Systems (Trainings/Education) <ul style="list-style-type: none"> <li>• Kern Regional Center (KRC)</li> <li>• Central Valley Regional Center (CVRC)</li> </ul>	
<b>6. Cities Served</b>	<b>Applicant Response</b>	
List the city or cities your project proposes to serve.	Project 1- Regional Center Fundamental and Leadership Program <ul style="list-style-type: none"> <li>• Los Angeles (FDLRC catchment area)</li> <li>• Burbank</li> <li>• Glendale</li> <li>• Pasadena</li> </ul> Project 2- Navigating the IDD Service Systems <ul style="list-style-type: none"> <li>• Cities within Fresno, Merced, Madera, and Mariposa Counties,</li> <li>• Cities within Kern County, and</li> <li>• Cities within Inyo-Mono County</li> </ul>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p><b>7. Counties Served</b></p> <p>List the county or counties your project proposes to serve.</p>	<p><b>Applicant Response</b></p> <p>Project 1- Regional Center Fundamental and Leadership Program (FDLRC)</p> <ul style="list-style-type: none"> <li>• Los Angeles County</li> </ul> <p>Project 2- Navigating the IDD Service System (KRC &amp; CVRC)</p> <ul style="list-style-type: none"> <li>• Fresno, Merced, Madera, and Mariposa Counties,</li> <li>• Kern County, and</li> <li>• Inyo-Mono County</li> </ul>	
<p><b>8. City of Los Angeles</b></p> <p>If your project proposes to serve the City of Los Angeles, list the zip codes and/or communities your project will serve.</p>	<p><b>Applicant Response</b></p> <p>Project 1 (Regional Center Fundamentals and Leadership Program) proposes to serve areas in Los Angeles within the Frank D. Lanterman Regional Center's catchment area (e.g. Hollywood, Central Los Angeles, Pico-Union, Korea Town, among other neighborhoods within the catchment area).</p>	
<p><b>9. Community Based Organizations</b></p> <p>Will you be working with one or more Community Based Organization?</p>	<p><b>Applicant Response</b></p> <p>Yes</p>	
<p><b>10. Regional Center Data</b></p> <p>If you plan to use regional center data for your project, indicate what steps you will take (or already have taken) to acquire it. For example, completing a data agreement, completing a data request, meeting with RC to discuss data availability/timelines, etc.</p>	<p><b>Applicant Response</b></p> <p>Project 1- Regional Center Fundamentals and Leadership Program for Frank D. Lanterman Regional Center (FDLRC)</p> <p>Ally has met with Frank D. Lanterman Regional Center's Executive Director, Melinda Sullivan, to discuss Ally's proposed community program and have determined the various ways in which FDLRC and Ally will collaborate on the proposed project. At this time, it is not anticipated that a data request is needed for the execution of this project; however, through our collaborative efforts, if a data agreement is determined to be needed in the future, Ally will discuss with FDLRC's Executive Director.</p> <p>Project 2- Navigating the IDD Service Systems (Training/Education) for Kern Regional Center (KRC) and Central Valley Regional Center (CVRC)</p> <p>Ally has met with the State Council on Developmental Disabilities (SCDD) Sequoia Office Manager, Yolanda Cruz, to determine service area needs of the Sequoia office area and their respective regional centers within. At this time, the project is focused on training and education to increase knowledge and understanding of the various IDD service systems throughout the area while gathering needed community and regional center input to determine future service access and equity program needs for Kern Regional Center and Central Valley Regional Center. At this time, regional center data outside of the public expenditure information is not needed for the initiation of this project; however, through collaborative efforts, if a data agreement is determined to be needed in the future, Ally will discuss with KRC and CVRC's Executive Directors.</p>	
<p><b>11. First Project Type Selection</b></p>	<p><b>Applicant Response</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
Select your first project type.	Family/consumer support services (coaching, enhanced CM)	
<b>12. Second Project Type Selection</b>	<b>Applicant Response</b>	
Select your second project type (if applicable).	Parent Education (online or in person trainings, etc)	
<b>13. Third Project Type Selection</b>	<b>Applicant Response</b>	
Select your third project type (if applicable).	Not Applicable	
<b>14. Multiple Organizations</b>	<b>Applicant Response</b>	
Does your project include partnership with one or more organizations either as a co-applicant or subcontractor? If "yes", please upload a letter of support from each organization, that includes an explanation of their role in the partnership.	No	
<b>15. Leverage &amp; Strategies</b>	<b>Applicant Response</b>	



APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>Describe how your organization will leverage and build upon strategies, collaborations, and lessons learned to continue to address the identified disparities after completion of the project. How will your project continue its work after the grant funding has concluded?</p>	<p>Ally Comprehensive Services will submit two distinct project proposals as part of its Access &amp; Equity Initiative Program. The following is how the the two projects will go forward after the grant funding has concluded,</p> <p>Project 1- Regional Center Fundamentals &amp; Leadership Program for Frank D. Lanterman Regional Center (FDLRC)</p> <p>The goal of Project 1 is to equip Latino/Hispanic, FDLRC families with information and support needed to navigate the regional center system and develop a comprehensive Individual Program Plan. Through group trainings and one-on-one support, participant's will gain the knowledge, confidence, and self-reliance to allow them to thrive indepedently and, in the long term, pave the way for the development of leadership skills. The expectation will be for these families to carry the skills and abilities gained forward, for themselves and their loved ones and to assist others. In doing so, the legacy of the program will be carried forward after the grant funding has concluded.</p> <p>Project 2- Navigating the I/DD Service Systems for Kern Regional Center (KRC) and Central Valley Regional Center (CVRC)</p> <p>The goal of Project #2 is to equip Latino/Hispanic and African American, KRC and CVRC participants with information to familiarize themselves with the regional center system, generic resources, rights and responsibilities, and advocacy support services. Through group trainings, participant's will gain the knowledge, understanding, confidence, and self-reliance to allow them to better navigate the developmental disabilities service systems intended to support them and their loved ones. Furthermore, this project will be partnering with other agencies such as the State Council on Developmental Disabilities (SCDD) Sequoia Office, automatically linking participants to one of the various advocacy agencies that exist to serve them. Participants will also be encouraged to take a leadership role by attending the focus group meetings throughout the year that will allow for future service access and equity program planning based on community insight, perceived barriers, and specific needs. The expectation will be for these families to carry the skills and abilities gained forward, for themselves and their loved ones and to assist others. In doing so and through the vital information gathered from the community, the legacy of the program will be carried forward after the grant funding has concluded.</p>	
<b>Target Population</b>		
<b>1. Target Groups Served</b>	<b>Applicant Response</b>	
<p>Select all groups the project will serve. If you select "Pacific Islander" or "Other" use comment section to list all groups.</p>	<p>Hispanic , African American</p>	
<p>Applicant Comment</p>	<p>Project 1 will serve Latino/Hispanic participants and families in English and Spanish. Project 2 will service Latino/Hispanic and African-American participants and families in English and Spanish.</p>	
<b>2. Number of Target Group Served</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
For each target group selected in previous question, list number served.	<p>Project 1- Regional Center Fundamentals and Leadership Program for Frank D. Lanterman Regional Center (FDLRC)</p> <ul style="list-style-type: none"> <li>Total number served: 45</li> </ul> <p>Project 2- Navigating the IDD Service Systems for Kern Regional Center (KRC) and Central Valley Regional Center (CVRC)</p> <ul style="list-style-type: none"> <li>Total number served: 200</li> </ul>	
<b>3. Languages</b>	<b>Applicant Response</b>	
Select all Languages the project will serve. If you select "Other" please list all languages.	Spanish	
Applicant Comment	Through these projects, Ally will provide services in English and Spanish.	
<b>4. Age Groups Served</b>	<b>Applicant Response</b>	
Select all Age Groups the project will serve. If you select "Other" please list groups.	Three to 21 , 22 and older , Birth up to Three (Early Start)	
Applicant Comment		
<b>Project Application</b>		
<b>Project Application</b>		
<b>1. Project Summary</b>	<b>Applicant Response</b>	
Provide a clear and concise project summary that includes a defined target population, catchment area, and project design. Specifically describe what your project will accomplish and how it will benefit the community served.	For Project 1- Regional Center Fundamentals and Leadership Program, Ally Comprehensive Services (Ally) will collaborate with the Frank D. Lanterman Regional Center (FDLRC) with the primary goal of equipping Latino/Hispanic FDLRC families with information and support needed to navigate the regional center system, increase service access, and equity. Ally will accomplish this by providing Latino/Hispanic participants with a series of trainings that will be offered three (3) times over the 12-month grant period in English (1) and Spanish (2). This Regional Center Fundamentals series is specifically tailored to understanding the key components of the regional center system as a whole including a thorough understanding of the Individual Program Plan (IPP) process, purchase of service and service utilization, rights and responsibilities, person-centered approaches, and the importance of leadership within the community. Additionally, participants will be provided with one-on-one coaching/advocacy services following their participation in the various training sessions to assist with evaluating the appropriateness of their or their loved one's IPP and assist with implementation of their newly acquired skills. Although training sessions are not unique in the efforts to reduce purchase of service disparities, Ally's training curriculum is different given that the trainings will be developed and provided by a former FDLRC service coordinator and regional manager and focus on understanding the IPP development process (and everything that comes along with the process: rights and responsibilities, communicating with their service coordinator, use of generic resources, goal development and monitoring, understanding of Regional Center service standards. etc.). Additionally, a supplemental Leadership training	

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	<p>series with additional individual coaching/advocacy support will be offered at least three (3) times over the 12-month grant period in English (1) and Spanish (2). The ultimate goal will be to increase the participant's knowledge, confidence, and self-reliance which will allow them to thrive independently and, in the long term, pave the way for the ongoing development of leadership skills. For this project, Ally will focus on its efforts on addressing the needs of the FDLRC's Latino/Hispanic community by addressing the cultural and linguistic barriers that exist and prevent families from accessing the needed services. This proposed project will also analyze the purchase of service disparities and will focus on diminishing these disparities.</p> <p>For Project 2- Navigating the I/DD Service Systems, Ally will collaborate and partner with other community agencies such as the State Council on Developmental Disabilities (SCDD) Sequoia Office, with the primary goal of equipping Latino/Hispanic and other underserved participants within the Kern Regional Center (KRC) and Central Valley Regional Center (CVRC) area with information and training needed to navigate the regional center system, generic resources, and other community agencies serving the I/DD community to increase service access and equity. Ally will accomplish this by partnering with others to provide participants with various trainings that will be offered in both English and Spanish over the 12-month grant period. This Navigating the I/DD Service Systems series is specifically tailored to understanding the key components of the regional center system as a whole including a thorough understanding of the Individual Program Plan (IPP) process, purchase of service and service utilization, rights and responsibilities, generic resources, other community agencies, person-centered approaches, and the importance of leadership within the community. Although training sessions are not unique in the efforts to reduce purchase of service disparities, Ally's proposed project is different given that the trainings will be developed and provided by a former FDLRC service coordinator and regional manager in partnership with other community experts and focus on understanding this specific community's needs through individual participation and community input for future service access and equity program planning that meets this catchment area's specific needs. Additionally, there will be at least four (4) community focus group meetings over the 12-month grant period that will explore perceived barriers, specific community needs, and encourage leadership skills. The ultimate goal will be to increase the participant's knowledge, confidence, and self-reliance which will allow them to thrive independently and, in the long term, pave the way for the ongoing development of leadership skills. For this project, Ally will focus on its efforts on addressing the needs of KRC and CVRC's Latino/Hispanic community by addressing the existing barriers that prevent participants from accessing the needed services. This proposed project will also analyze training surveys, participant input, and community input in order to plan for future service access and equity program(s) tailored to KRC's and CVRC's catchment area.</p>	
<b>2. Organization Experience</b>	<b>Applicant Response</b>	

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<p>What experience does the organization/group have working with the target population?</p>	<p>Ally Comprehensive Services LLC was established in early 2020 for the purpose of working with clients and families to navigate through the complexities of the various systems that exist to serve individuals with developmental disabilities. Katie Ramirez, Founder of Ally Comprehensive Services LLC (Ally), is a former Frank D. Lanterman Regional Center (FDLRC) employee; Ms. Ramirez served the regional center as a service coordinator and as a regional manager. In her roles at the FDLRC she worked directly with the Center's Latino/Hispanic community and saw, first hand, the difficulties that this community had with accessing the services they needed. Furthermore, she witnessed firsthand the client's/family's lack of understanding of the various regional center processes. Although Ms. Ramirez held a position of influence as a Regional Manager, due to the competing priorities, high volume of clients, and managing the particular emergency at hand, ensuring that the client/family acquired the understanding to maneuver through the IPP development process was virtually non-existent; essentially, due to the aforementioned, the majority of her time was spent on crisis management and very little was spent on proactive measures. Before her tenure at FDLRC, she spent ten years at Children's Institute Inc., working with the underserved Latino and Korean community in the Central Los Angeles area providing clients and families with supporting them in obtaining their objectives through strength-based goal setting, resource procurement, and individualized education/training. The primary goal in this role was to empower low-income families by increasing their knowledge through individual and group trainings, enhancing leadership skills, breaking perceived barriers, and elevating their confidence to create strong, self-sufficient advocates. In recent ventures, Ally also assists clients and families transition into the Self-Determination Program. Not surprisingly, many of the clients Ally is currently assisting through this transition process lack the fundamental understanding of the Regional Center system, which is instrumental in understanding the Self-Determination Program and its various components. With the development of Ally comes the flexibility to decide where and how to focus the agencies efforts.</p>	
<p><b>3. Underserved Target Populations</b></p>	<p><b>Applicant Response</b></p>	
<p>Explain how the target population(s) are underserved using RC POS data or other data as supporting evidence of the disparity.</p>	<p><b>Project 1- Regional Center Fundamentals and Leadership Program for Frank D. Lanterman Regional Center</b></p> <p>For the purposes of this grant, Ally proposes to serve the Latino community throughout the FDLRC catchment area, however will focus its efforts to the underserved communities of Central Los Angeles. These communities have suffered a disproportionate allocation of resources which has left them without adequate access to basic care and community services. Households earn well below the federal poverty level. The population in these neighborhoods is primarily Latino, recent immigrants, who have difficulties with navigating educational and social service systems that can be confusing and bureaucratic and simply not accessible to this community. Without the benefit of the appropriate education and support, many of these families find themselves in distress and forgoing much needed services, like those offered by the regional center system. In general, the Latino community in these areas of Los Angeles face widespread disparities caused by multiple factors, including poverty, health issues, low educational attainment, lack of income, lack of affordable housing, immigration issues, etc.</p> <p>Concerning utilization of regional center purchase of service (POS) dollars, based on the most recent available Expenditure Data, the Latino community within the FDLRC catchment area is accessing services at the lowest rates as compared to their African-American and White Counterparts,</p>	

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	<p>In accordance with FY 2018/2019 data, Per Capita approved service authorization and Per Capita service expenditures are as follows,</p> <p><b>African-American:</b></p> <p>Approved Authorizations: \$27,787</p> <p>Expenditures: \$20,810</p> <p><b>White:</b></p> <p>Approved Authorizations: \$26,104</p> <p>Expenditures: \$19,950</p> <p><b>Hispanic (Latino):</b></p> <p>Approved Authorizations: \$13,594</p> <p>Expenditures: \$9,345</p> <p>In accordance with FY 2018/2019 data, Per Capita service expenditures by Language, are as follows,</p> <p><b>English:</b></p> <p>Approved Authorizations: \$21,470</p> <p>Expenditures: \$15,867</p> <p><b>Armenian:</b></p> <p>Approved Authorizations: \$23,762</p> <p>Expenditures: \$118,697</p> <p><b>Korean:</b></p> <p>Approved Authorizations: \$21,713</p> <p>Expenditures: \$16,209</p> <p><b>Spanish:</b></p> <p>Approved Authorizations: \$13,462</p> <p>Expenditures: \$9,238</p> <p>Overall, based on the Expenditure data, the Latino community is receiving less purchase of service approvals as compared to other ethnic groups served by the FDLRC, with further disparities seen for those clients who are monolingual Spanish speaking. This project will allow participants to better understand the regional center system, its processes and policies, and the overall Individual Program Plan development for the purposes of securing the needed and most appropriate services.</p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
	<p data-bbox="574 197 1203 254"><b>Project 2- Navigating the IDD Services Systems for Kern Regional Center and Central Valley Regional Center</b></p> <p data-bbox="574 331 1260 842">For the purposes of this grant, Ally proposes to serve the Latino and other underserved communities, within Central Valley Regional Center (CVRC) and Kern Regional Center's (KRC) catchment areas. As with the Latino communities in Los Angeles, the Latino and other underserved communities within CVRC's and KRC's catchment areas have experienced a disproportionate allocation of resources which has left them without adequate access to basic care and community services. Households earn well below the federal poverty. The population in this area of the State is in large part Latino, recent immigrants in rural communities, who have difficulties with navigating educational and social service systems that can be confusing and bureaucratic, and simply not accessible. Without the benefit of the appropriate education and support, many of these families find themselves in distress and forgoing much needed services, like those offered by the regional center system. In general, the Latino and other underserved communities within the CVRC's and KRC's catchment areas face widespread disparities caused by multiple factors, including poverty, health issues, low educational attainment, lack of income, lack of affordable housing, immigration issues, geographic barriers, etc.</p> <p data-bbox="574 869 1243 978">Concerning utilization of regional center purchase of service (POS) dollars, based on the most recent available Expenditure Data, the Latino and African-American communities within the CVRC and KRC catchment areas are as follows,</p> <p data-bbox="574 1056 634 1079"><b>CVRC</b></p> <p data-bbox="574 1157 748 1180"><b>African-American:</b></p> <p data-bbox="574 1207 867 1230">Approved Authorizations: \$18,428</p> <p data-bbox="574 1260 773 1283">Expenditures: \$15,690</p> <p data-bbox="574 1310 639 1333"><b>White:</b></p> <p data-bbox="574 1360 867 1383">Approved Authorizations: \$23,139</p> <p data-bbox="574 1413 773 1436">Expenditures: \$20,283</p> <p data-bbox="574 1463 743 1486"><b>Hispanic (Latino):</b></p> <p data-bbox="574 1514 857 1537">Approved Authorizations: \$9,919</p> <p data-bbox="574 1566 764 1589">Expenditures: \$8,089</p> <p data-bbox="574 1667 1260 1745">Based on this data, Latino and other underserved clients trail the White counterparts in purchase of service expenditures, with Latino clients having one of the lowest approvals.</p> <p data-bbox="574 1871 618 1894"><b>KRC</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
	<p><b>African-Americans:</b></p> <p>Approved Authorizations: \$31,015</p> <p>Expenditures: \$18,292</p> <p><b>White:</b></p> <p>Approved Authorizations: \$33,327</p> <p>Expenditures: \$21,388</p> <p><b>Hispanic (Latino):</b></p> <p>Approved Authorizations: \$17,453</p> <p>Expenditures: \$9,554</p> <p>Based on this data, Latino and other underserved clients trail the White counterparts in purchase of service expenditures, with Latino clients having one of the lowest approvals.</p> <p>Overall, based on the Expenditure data, the Latino and other underserved communities are receiving less purchase of service approvals as compared to other ethnic groups served by the by both CVRC and KRC. This project will allow participants to better understand the regional center system, its processes and policies, and gain exposure to the many advocacy service agencies that exist to support them.</p>	
<b>4. Input from Community</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>How did your organization use input from the community and/or target population to design the project? What methods did your organization use to allow the community to advise you in designing the project? Were there any changes to your project design as a result of community input?</p>	<p>In an effort to design the two proposed projects (Regional Center Fundamentals and Leadership Program and Navigating the I/DD Service Systems), Ally engaged in the following activities,</p> <ul style="list-style-type: none"> <li>-Discussions with stakeholder agencies (Frank D. Lanterman Regional Center [FDLRC] and the State Council on Developmental Disabilities, Sequoia Office) concerning the needs for their respective catchment areas.</li> <li>- Solicited input from various community groups: support groups and Independent Facilitator training groups.</li> <li>- Need for this training was also gleaned and solicited from Ally's direct work with clients within the Self-Determination Program.</li> </ul> <p>Based on the input provided by stakeholders, community members, and clients of the regional center system, yes, changes were made to the Ally's original project. Adjustments were made to the curricula proposed for both projects and the addition of the one-on-one support services proposed for the clients at the FDLRC. Ally made the decision to treat the proposed one-on-one component for the project at the FDLRC as a pilot. The project is designed to be implemented on a relatively small scale to ensure its success.</p>	
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<p><b>5. Improve Access</b></p>	<p><b>Applicant Response</b></p>	
<p>How will your project improve equity, access and reduce barriers to services for individuals with intellectual and developmental disabilities and their families and is sustainable?</p>	<p><b>Project 1- Regional Center Fundamentals and Leadership Program</b></p> <p>The primary goal of this program is to equip Latino, FDLRC families with information and support needed to navigate the regional center system.</p> <p>Ally will improve equity, access and reduce barriers by providing families with a series of trainings specifically tailored/focused to understanding the fundamentals of the regional center system, as a whole, and providing a thorough understanding of the Individual Program Plan (IPP) process, rights, and responsibilities. Additionally, participants will be provided with one-on-one coaching/advocacy services following their participation in the training sessions to assist with evaluating the appropriateness of their/their love-one's IPP and assist with implementation of their newly acquired skills in, for example, the development of a comprehensive IPP incorporating the appropriate services and supports.</p> <p>The ultimate goal of the program will be to increase participant's knowledge, confidence, and self-esteem which will allow them to thrive independently and, in the long term, pave the way for the development of leadership skills. In gaining the aforementioned abilities, clients and families will be able to understand where they fit into the regional center system, will have the confidence to engage in purposeful discussions with their service coordinator and have the ability to focus their advocacy skills to securing the appropriate</p>	



APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
	<p>services from the regional center. Sustainability will be ensured going forward, given that participants will apply their acquired skills when interfacing with the regional center (or generic resource service provider) and have the opportunity to apply the skills going forward.</p> <p><b>Project 2- Navigating the I/DD Service System (trainings/Education)</b></p> <p>Ally will collaborate and partner with other community agencies such as the State Council on Developmental Disabilities (SCDD) Sequoia Office, with the primary goal of equipping Latino/Hispanic community within Kern Regional Center (KRC) and Central Valley Regional Center (CVRC) catchment areas with information and training needed to navigate the regional center system, generic resources, and other community agencies serving the I/DD community to increase service access and equity.</p> <p>Ally will improve equity, access and reduce barriers by providing participants with various trainings that will be offered in both English and Spanish over the 12-month grant period. This Navigating the I/DD Service Systems series is specifically tailored to understanding the key components of the regional center system as a whole including a thorough understanding of the Individual Program Plan (IPP) process, purchase of service and service utilization, rights and responsibilities, generic resources, other community agencies, person-centered approaches, and the importance of leadership within the community.</p> <p>The ultimate goal will be to increase the participant's knowledge, confidence, and self-reliance which will allow them to thrive independently and, in the long term, pave the way for the ongoing development of leadership skills. For this project, Ally will focus on its efforts on addressing the needs of KRC and CVRC's Latino/Hispanic and other underserved communities by addressing the existing barriers that prevent participants from accessing the needed services. In gaining the aforementioned abilities, participants will gain a general understanding of the regional center system and the other various systems that exist to support the needs of the I/DD community. Through the acquisition of this general understanding of the regional center system and the other various systems, clients and participants will begin to gain the advocacy skills needed to better navigate the various systems and gain exposure to the advocacy agencies that exist to support them; thus ensuring sustainability and a desire to continue to seek out learning opportunities.</p>	
<b>6. Support RC's Recommendations</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>How does this project support the RC recommendations and plan to promote equity and reduce disparities in their catchment area? If you are a RC, how does this project support your recommendations and plan to promote equity and reduce your identified disparities? How will your project collaborate with other organizations that serve individuals with intellectual and developmental disabilities and their families?</p>	<p>Ally will be working with three regional centers, Central Valley Regional Center (CVRC), Kern Regional Center (KRC) and the Frank D. Lanterman Regional Center (FDLRC) in the implementation and execution of the two proposed projects (Regional Center Fundamentals and Leadership Program and Navigating the VDD Service Systems). In all three Regional Centers, the Latino/Hispanic community is experiencing significant issues with disparity. The Latino/Hispanic community requires further education in the understanding the regional center system, including understanding the importance of the Individual Program Plan and how to develop a comprehensive service-plan. The regional center system, as a whole, through its various initiatives to diminish purchase of service inequities focuses on training and development of leadership and advocacy skills. Ally's two proposed projects will meet this need and develop participants who are confident, purposeful, and well informed.</p>	
<p><b>7. Project different or unique</b></p>	<p><b>Applicant Response</b></p>	
<p>How is the proposed project unique or different from a currently funded grant (e.g., strategies, activities, and goals) in the proposed regional center catchment area? If the project is similar to a currently funded grant listed on the Department's website, how is the proposed project different?</p>	<p>The curriculum is taught by a regional center insider who has extensive knowledge of the regional center system, IPP development process, knowledge of service standards, etc. Advocacy support will be provided to understand their IPP, importance of their IPP and content, how they fit in the system, increase POS, support with appeal/hearing proceedings if necessary, prepare person-centered priority goals/supports in preparation for their IPP or monitoring review and enhancing leadership skills.</p>	
<p><b>8. Activities &amp; Measures to Achieve Goal</b></p>	<p><b>Applicant Response</b></p>	
<p>Clearly and specifically state how the schedule of activities and measures demonstrate the operational details and steps that the project will take to achieve its stated goals, activities, and measures. <b>Note: Before answering this question, applicant may want to complete the Activities Template located in the tab directly above.</b></p>	<p><b>Project 1- Regional Center Fundamentals and Leadership Program for Frank D. Lanterman Regional Center (FDLRC)</b></p> <p>Ally Comprehensive Services (Ally) will collaborate with the Frank D. Lanterman Regional Center (FDLRC) with the primary goal of equipping Latino/Hispanic FDLRC families with information and support needed to navigate the regional center system, increase service access, and equity. Ally will accomplish this by providing Latino/Hispanic participants with a series of trainings that will be offered three (3) times over the 12-month grant period in English (1) and Spanish (2). The Regional Center Fundamentals training series will serve up to 15 participants per series, up to 45 participants in all. Before the start of the first training series, participants will go through an initial intake process that will thoroughly explain the training cohort and the individual coaching/advocacy services provided as part of their participation in the program. A pre and post survey will analyze participants knowledge of the regional center system, an Individual Program Plan, Annual Review, Quarterly Review, appeal rights, complaint process, service coordinator role, etc. Additionally, an assessment of the IPP including the inventory of regional center purchase of service in place at the time of intake and inventory of regional center purchase of service at the time of exit will be conducted. Lastly, an assessment of generic resources (pre and post) will also be analyzed. After each series training, participants will also complete a satisfaction survey in order to analyze the effectiveness of the training and to gather additional community input for future planning.</p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
	<p>A Leadership training series for the Latino/Hispanic community with additional individual coaching/advocacy support will be offered at least three (3) times over the 12-month grant period in English (1) and Spanish (2). The ultimate goal will be to increase the participant's knowledge, confidence, and self-reliance which will allow them to thrive independently and, in the long term, pave the way for the ongoing development of leadership skills. For this project, Ally will utilize pre and post surveys to assess the understanding, skills and knowledge of leadership and its importance in the I/DD community before the initiation of the Leadership training series and individual coaching and then again upon the participants exit. After each series training, participants will also complete a satisfaction survey in order to analyze the effectiveness of the training and to gather additional community input for future planning.</p> <p><b>Project 2- Navigating the I/DD Service Systems (Training/Education) for Kern Regional Center and Central Valley Regional Center</b></p> <p>Ally will collaborate and partner with other community agencies such as the State Council on Developmental Disabilities (SCDD) Sequoia Office, with the primary goal of equipping Latino/Hispanic and other underserved participants within the Kern Regional Center (KRC) and Central Valley Regional Center (CVRC) area with information and training needed to navigate the regional center system, generic resources, and other community agencies serving the I/DD community to increase service access and equity. Ally will accomplish this by partnering with others to provide participants with various trainings that will be offered in both English and Spanish over the 12-month grant period. This Navigating the I/DD Service Systems series is specifically tailored to understanding the key components of the regional center system as a whole including a thorough understanding of the Individual Program Plan (IPP) process, purchase of service and service utilization, rights and responsibilities, generic resources, other community agencies, person-centered approaches, and the importance of leadership within the community. Participants will complete training surveys at the end of each training and provide input on their overall satisfaction with the training, knowledge gained, additional topics of interest, etc. so that the data can be analyzed along with participant input during such trainings.</p> <p>Additionally, there will be at least four (4) community focus group meetings over the 12-month grant period that will explore perceived barriers, specific community needs, and encourage leadership skills. The ultimate goal will be to increase the participant's knowledge, confidence, and self-reliance which will allow them to thrive independently and, in the long term, pave the way for the ongoing development of leadership skills. For this project, Ally will focus on its efforts on addressing the needs of KRC and CVRC's Latino/Hispanic and other underserved communities by addressing the existing barriers that prevent participants from accessing the needed services. This proposed</p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
	<p>project will also analyze focus group recommendations, perceived barriers, and satisfaction surveys in order to plan for future service access and equity program(s) tailored to KRC's and CVRC's specific catchment area needs.</p>	
<p><b>9. Measures</b></p> <p>Are your proposed measures appropriate to track project goals and activities, provide insight into the effectiveness of the overall design of the project and demonstrate how the impact on the community will be evaluated?</p>	<p><b>Applicant Response</b></p> <p>The measures set forth in the Activities Template to track project goals and activities include both quantitative and qualitative data and information analysis that will demonstrate how the impact on the community will be evaluated for the two proposed projects (Regional Center Fundamentals &amp; Leadership Program and Navigating the VDD Service Systems (Training/Education)).</p>	
<p><b>10. Budget Narrative</b></p> <p><b>Note: Before uploading your Budget Narrative, applicants should complete the Budget Template located in the tab directly above. After you complete the Budget Template, please return to this question to upload your Budget Narrative.</b></p> <p>The project budget is consistent with stated projected goals and activities, and clearly and concisely explains how the proposed expenditures support the overall project design. The project budget costs are clearly associated with the project activities and goals. The project budget does not include non-allowable costs. The overall project budget is appropriate to the outcomes proposed. Please attach your Budget Narrative document. An example of a Budget Narrative can be found in Attachment C.</p>	<p><b>Applicant Response</b></p>	<div style="border: 1px solid gray; width: 20px; height: 20px; margin: auto; display: flex; align-items: center; justify-content: center;">1</div>
<b>Proposal Certification</b>		
<b>Certification</b>		
<p><b>1. Applicant &amp; Regional Center Discussion</b></p>	<p><b>Applicant Response</b></p>	
<p>If you are a CBO, have you discussed your proposal with the RC(s)?</p>	<p>Yes</p>	
<p><b>2. Applicant Certification</b></p>	<p><b>Applicant Response</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>By submitting this application, the Applicant is certifying the truth and accuracy of the proposal. The applicant also certifies that if you have subcontracting organizations, each participating organization has reviewed your project and agrees to their assigned activities, measures, and the budget. (Select Yes or No and enter you name in the comment box.)</p>	<p>Yes</p>	
<p>Applicant Comment</p>	<p>Katie Ramirez</p>	