

## APPLICATION REPORT

**Project Name:** Napa County Promotoras; Parent Education and Leadership Project

**Applicant Organization:** Napa Valley Child Advocacy Network, Inc.  
dba ParentsCAN

**Awarded Amount:** \$90,682

**Funding Announcement Name:** Promoting Service Access and Equity Grant



### PROJECT SUMMARY

ParentsCAN Promotora program has implemented services that have been making a positive impact on the stated goal of increasing equity and reducing Purchase of Service disparities for Napa County families raising a child between the ages of 3 to 21 with an intellectual disability. In the next grant cycle we will continue to offer this successful suite of services to a larger group of parents. Most importantly ParentsCAN will move beyond assisting individuals on a one by one basis to empowering a cohort of parents. By providing trained parent leaders with mentoring and support after they are trained, ParentsCAN aims to create a self-sustainable set of parents who are able to advocate within systems from positions of leadership for system change.

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<b>Applicant Eligibility</b>		
<b>Applicant Information</b>		
<b>1. Project Title</b> What is the Project Title?	<b>Applicant Response</b> Napa County Promotoras: Parent Education and Leadership Project	
<b>2. Awarded Amount</b>	<b>Applicant Response</b> \$90,682	
<b>3. Organization Type</b> Please check the box that describes your organization	<b>Applicant Response</b> Community Based Organization (CBO), 501(c)(3)	
<b>4. Description of Organization/Group</b> Provide a brief description of the organization/group (organization type, group mission, etc.). Explain what experience your organization has managing a program similar to the proposal and state the outcomes of that program.	<b>Applicant Response</b> Napa Valley Child Advocacy Network Inc, DBA ParentsCAN, was established in 2005, as a 501(c)(3) Community Based Organization created to meet the unique needs of parents and caregivers of children and youth ages 0 to 25 with special needs and disabilities, including those children and youth with intellectual disabilities who are eligible for Regional Center services. The agency's vision is to create a community where every individual is accepted and valued. Our mission is to partner with and guide parents when challenges arise in their children's education, health, behavior, or development so that their children can reach their full potential. All ParentsCAN's programs focus on reaching underserved families to help them access services for their children.	
<b>5. Applicant in Good Standing</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
Is the applicant in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration?	Yes	
<b>6. Subcontractors in Good Standing</b>	<b>Applicant Response</b>	
Are the applicant's subcontractors in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration?	Not Applicable	
<b>Grant Reapplication Information</b>		
<b>Grant Reapplications Only</b>		
<b>1. Grant Number</b>	<b>Applicant Response</b>	
(Reapplications Only) What is the Grant Number of previously awarded project? If not applicable select Not Applicable.	17-C39, 18-C16, 19-C39	
<b>2. Project Title</b>	<b>Applicant Response</b>	
(Reapplications Only) What is the Project Title of previously awarded project? If not applicable select Not Applicable.	Napa County Promotora and Parent Education Project	
<b>3. Project Start &amp; End Dates</b>	<b>Applicant Response</b>	
(Reapplications Only) What are the Start & End Dates of the previously awarded project? If not applicable select Not Applicable.	Start Date: 03/01/2020, End Date: 02/28/2021	
<b>4. Project Duration</b>	<b>Applicant Response</b>	
(Reapplications Only) What is the Total Project Duration (in months) of the previously awarded project? If not applicable select Not Applicable.	12	
<b>5. 2016/2017 Award</b>	<b>Applicant Response</b>	
(Reapplications Only) Enter the amount of funding that was awarded in FY 2016/2017. If not applicable select Not Applicable.	\$0.00	
<b>6. 2016/2017 Expenses</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the amount of funding that was expended in FY 2016/2017. If not applicable select Not Applicable.	\$0.00	
<b>7. 2016/2017 Remaining</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
(Reapplicants only) Subtract the Total Expenses from the Total Award to determine the amount remaining from FY 2016/2017. If not applicable select Not Applicable.	\$0.00	
<b>8. 2017/2018 Award</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the amount of funding that was awarded in FY 2017/2018. If not applicable select Not Applicable.	\$70,920.00	
<b>9. 2017/2018 Expenses</b>	<b>Applicant Response</b>	
(Reapplicants) Enter the amount of funding that was expended in FY 2017/2018. If not applicable select Not Applicable.	\$70,920.00	
<b>10. 2017/2018 Remaining</b>	<b>Applicant Response</b>	
(Reapplicants only) Subtract the Total Expenses from the Total Award to determine the amount remaining from FY 2017/2018. If not applicable select Not Applicable.	\$0.00	
<b>11. 2018/2019 Award</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the amount of funding that was awarded in FY 2018/2019. If not applicable select Not Applicable.	\$74,127.00	
<b>12. 2018/2019 Expenses</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the total amount of funding that was expended, or is anticipated to be expended, in FY 2018/2019. If not applicable select Not Applicable.	\$74,127.00	
<b>13. 2018/2019 Remaining</b>	<b>Applicant Response</b>	
(Reapplicants only) Subtract the Total Expenses from the Total Award to determine the amount remaining from FY 2018/2019. If not applicable select Not Applicable.	\$0.00	
<b>14. 2019/2020 Award</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the amount of funding that was awarded in FY 2019/2020. If not applicable select Not Applicable.	\$79,446.00	
<b>15. 2019/2020 Expenses</b>	<b>Applicant Response</b>	
(Reapplicants only) Enter the total amount of funding that was expended, or is anticipated to be expended, in FY 2019/2020. If not applicable select Not Applicable.	\$29,550.00	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p><b>16. 2019/2020 Remaining</b></p> <p>(Reapplicants only) Subtract the Total Expenses from the Total Award to determine the amount remaining from FY 2019/2020. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>\$49,896.00</p>	
<p><b>17. Total Awarded</b></p> <p>(Reapplicants only) Combine the amounts included in FY 2016/2017, FY 2017/2018, FY 2018/2019, and FY 2019/2020 for the total amount awarded for the project. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>\$224,493.00</p>	
<p><b>18. Initial Proposed Number of People Served</b></p> <p>(Reapplications Only) Include the initial number of people projected to be served. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>50</p>	
<p><b>19. Actual Number of People Served</b></p> <p>(Reapplications Only) Include the actual number of people served. Explain why this number is different from the projected impact number. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>182 unduplicated families have been served to date. These families used at least one of the Promotora Program services offered but many were engaged in multiple services. This result is nearly twice the amount the 100 families that were projected to be served.</p>	
<p><b>20. Regional Centers in Catchment Area</b></p> <p>(Reapplications Only) List all Regional Centers in the project catchment areas that the project has served. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>North Bay Regional Center (NBRC)</p>	
<p><b>21. Cities Served</b></p> <p>(Reapplications Only) List the cities your project has served. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>American Canyon, Calistoga, Napa, St. Helena</p>	
<p><b>22. Counties Served</b></p> <p>(Reapplications Only) List the counties your project has served. If not applicable select Not Applicable.</p>	<p><b>Applicant Response</b></p> <p>Napa County</p>	
<p><b>23. City of Los Angeles</b></p>	<p><b>Applicant Response</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
(Reapplications Only) If your project has served the City of Los Angeles, list the zip code(s) and/or community(ies) your project has served. If not applicable select Not Applicable.	Not Applicable	
<b>24. Activities to Date</b>	<b>Applicant Response</b>	
(Reapplications Only) Provide a detailed explanation of project activities to date. Include what the project has accomplished to date. From the start of the project to the date of reapplication, what are the key accomplishments? Have all activities been completed? If no, why not? If not applicable select Not Applicable.	<p>ParentsCAN received its first DDS Disparity grant in FY17-18 (Grant #17-C39). This grant launched the Napa County Promotora Program in collaboration with North Bay Regional Center (NBRC).</p> <p>ParentsCAN recruited and trained two part-time Promotoras who were themselves Hispanic and had the lived experience of raising a child with an intellectual disability. These “shared” characteristics allow clients to feel that the advice they are getting is trustworthy and relevant. It is easier for clients to talk about the barriers to accessing NBRC services with someone who shares their language, culture and the unique experience of parenting a child with a disability.</p> <p>In collaboration with the NBRC, ParentsCAN also developed protocols to identify families who might need further assistance to access NBRC services they qualified for but were not receiving.</p> <p>Finally ParentsCAN worked diligently with the NBRC Disparity Coordinator to make continual improvements to the project, including finding creative ways to reach families that would benefit from the Promotora Program. ParentsCAN hosted a community town hall meeting for Spanish speaking families to review Regional Center Disparity data in collaboration with NBRC that was well attended and received.</p> <p>These activities laid the foundation for a successful Promotora program.</p> <p>In the second Disparity Funds grant cycle FY18/19 (grant # 18-C16), ParentsCAN enhanced its Promotora Program by creating and providing parent education and assistance to parents as follows:</p> <ol style="list-style-type: none"> <li>1. Created “New Family Orientation” workshops delivered in Spanish for families newly eligible for NBRC services. The Orientations, held in collaboration with NBRC, took place at the ParentsCAN Resource Center, which is centrally located and easy for families to access with the goal of increasing parental knowledge of the regional center and community services available to them.</li> <li>2. Provided the parent education workshop “Understanding the IPP”, delivered in Spanish to NBRC eligible families with the goal of increasing parents’ advocacy skills in accessing needed regional center services for their child.</li> <li>3. Assisted in Child Find activities to help Spanish speaking parents with their initial contact with North Bay Regional Center and provided support through the eligibility process with the goal of decreasing barriers in making initial contact with Regional Center.</li> </ol> <p>The third and current disparity funds grant FY19/20 (Grant #19-C39) built on the knowledge acquired in the previous grants to add a Parent Leadership Training to the program.</p> <p>ParentsCAN expected to launch the Parent Leadership Training in May of 2020 but the Covid-19 pandemic delayed that launch. ParentsCAN has since modified the curriculum for online use. In October 2020, ParentsCAN started the virtual, 8 week session Parent Leadership training with 12 parents enrolled. There is a continued need for parent engagement for systems change to create services to meet Hispanic families’ unique cultural needs.</p>	
<b>25. Project Impact &amp; Outcome</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>(Reapplications Only) Provide a detailed explanation of project impacts and outcomes to date. Attach data (summary of pre-tests and post-tests), participant success stories to demonstrate project outcomes and impacts. Provide outcomes of your project's impact in serving the target communities. Using your attached data, provide a brief statement of key findings. If not applicable select Not Applicable.</p>	<p>Purchase of Service Data- the big picture.</p> <p>In 2017, NBRC Purchase of Service data for Napa County Hispanic families of children eligible for NBRC services, ages 3-21, showed 74 Hispanic Napa County families had been approved for but not used respite services.</p> <p>That same POS data as of 6/30/19 showed only 22 families still had approved but unused respite services. Based on this data the number of Hispanic Napa County families with open but unused respite services was reduced by 70% in the 18 months since the of ParentsCAN Napa County Promotora program launched.</p> <p>As of June 2020, NBRC POS data for Napa County Hispanic families of children eligible for NBRC services, ages 3-21, showed 77 Hispanic Napa County families were approved for respite. Of these families only 8 had not used respite services. Therefore the number of families with open respite POS had increased by 4% with overall usage of respite services climbing to 89.6%. This indicates that the Promotora program, now in its third cycle, has been effective in promoting access and reducing purchase of service disparities.</p> <p>Year by Year</p> <p>In the first grant year ParentsCAN established the foundation for a successful Promotora program. As client data from NBRC was extremely delayed ParentsCAN was able to create a successful outreach event. The Town Hall meeting was attended by 25 Hispanic parents. This venue gave parents an opportunity to hear directly from NBRC about the disparity issues and also ask questions and make comments about access to services for their children. During the grant period, ParentsCAN served 115 unduplicated Regional Center families, providing these families with 357 service contacts exceeding our grant target goal of serving 50 families for the first year.</p> <p>In the second year ParentsCAN continued to offer individualized navigation services for generic and NBRC services. To expand the knowledge and skills of parents two workshops to be delivered in Spanish were added. The "New Family Orientation" workshops were for families newly eligible for NBRC services to increase their knowledge of the regional center and community services available to them. The parent education workshop "Understanding the IPP", increases parents' advocacy skills in accessing needed regional center services for their child. 50 unduplicated parents attended one or both of these workshops. 100% of the families who completed the workshop surveys found the trainings very helpful. On a scale from 1-4 families scored an average on the following statements regarding workshops attended:</p> <ul style="list-style-type: none"> <li>-Information is useful for my family and for my situation (3.8)</li> <li>-I'm more knowledgeable regarding Regional Center services (3.7)</li> <li>-I feel more confident accessing services from my service coordinator (3.6)</li> <li>-I'm better able to effectively advocate for services for my child and family (3.8)</li> </ul> <p>A parent survey is attached.</p> <p>Through Child Find activities ParentsCAN supported 24 Spanish speaking parents with their initial contacts for eligibility with North Bay Regional Center to decrease barriers in making initial contact with Regional Center.</p> <p>During the grant period, ParentsCAN served 85 unduplicated Regional Center families exceeding our grant target goal of serving 50 families.</p> <p>The third and current disparity funds grant FY19/20 (Grant #19-C39) built on the knowledge acquired in the previous grants to expand the program by adding Parent Leadership training. Participants are surveyed during and after completing the course for evaluation purposes.</p> <p>ParentsCAN served 28 unduplicated Regional Center families in Quarter 1 and 2 of the current year.</p>	<div style="border: 1px solid black; width: 20px; height: 20px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>
<b>26. Project Objectives</b>	<b>Applicant Response</b>	



APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>(Reapplications Only) What are the projects objectives in addressing disparities and what remains to be addressed/completed? Explain why these objectives have not been completed during the current grant period. Provide a brief description of the key lessons learned from your current project, if any. What were some of the challenges that prevented your project from meeting your objectives/measures? What are some strategies your organization plans to implement to address challenges, if any? If not applicable select Not Applicable.</p>	<p>Gaining the trust of a community takes time. The original referral based design depended on NBRC for the identification of families. This had to be changed as the data was extremely delayed and families are not often referred directly from the Regional Center. The majority of families engaged have originated through self referrals from ParentsCAN community outreach or current client families.</p> <p>Hispanic families have multiple cultural barriers to accessing NBRC services. NBRC services are often seen as government services. Issues around Immigration, Public Charge and overall distrust of government services continue to be barriers to accessing needed services such as respite. Hispanic culture respects institutions and people with roles of authority. Questioning a social worker or asking to speak with a supervisor is perceived as being disrespectful. This can make advocating for more or different services an uncomfortable activity.</p> <p>Hispanic families also face other cultural barriers to access traditional regional center services. Is it not customary to have a "stranger" care for your child, particularly for a child with special needs. Hispanic families often do not understand the purpose of respite, how to find a provider or how using these services can keep their family healthy and strong.</p> <p>The ParentsCAN Promotoras must spend significant time explaining the benefits of respite and how to best utilize the support to meet the needs of their family. Because the Promotoras are Hispanic parents who themselves use regional center services, they are able to explain how services work and their benefits. Families are also more comfortable discussing their needs with the Promotora who reflect their culture. This counseling has helped several families begin to utilize services to help their family. We continue to find other language and cultural barriers in families requesting and utilizing services for their child.</p>	
<b>27. Project Transition</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>(Reapplications Only) If awarded, how will your current project transition into the 2020/21 proposed project? How does your proposed project complement your current project? Does your proposed project expand or continue your current project, if so how? What activities, measures, or target groups are being added? Provide a summary of the differences and reasons why you are proposing the change. If not applicable, select Not Applicable.</p>	<p>Our proposed project will continue to offer the navigation services, follow up with families, workshops and outreach developed in the previous grants. The previous grants have allowed us to build a partnership and open lines of communication with NBRC. ParentsCAN has been able to develop protocols, tools and trainings to help assist families on an individual level.</p> <p>But "to create transformational changes toward a culturally and linguistically competent developmental disabilities system, which reflects service quality and is responsive to the beliefs, values, attitudes, language, behaviors, and choices of the diverse individuals and their families who receive services" you must have those voices at every level within the system. The next logical step is to mentor parents leaders so they can support each other and work together to inform the service design and delivery from within the system.</p> <p>This grant will expand scope of training parent leaders by adding a mentoring/group support component. The Parent Leadership training does an excellent job of introducing Hispanic parents to the basics of system change. Mentoring parents after the training will ensure that parents have the opportunity to continue learning and expanding their leadership activities. Monthly group sessions will address any barriers they encounter and help brainstorm how to overcome them. Particular attention will be paid to parents' access to and knowledge about technology.</p> <p>By building upon the trust and relationship we have with the community and mentoring groups of parents equipped to advocate within systems for systems change, we expect to be able to create transformational change.</p>	

**General Application**

**Proposal Summary**

<b>1. Individuals Impacted</b>	<b>Applicant Response</b>	
Enter the projected number of individuals impacted.	420	
<b>2. People Served</b>	<b>Applicant Response</b>	
What is proposed number of people projected to be served?	120	
<b>3. Duration of project</b>	<b>Applicant Response</b>	
What is the duration of the project? Enter Start & End Dates.	Start Date: 03/01/2021, End Date: 02/28/2022	
<b>4. Duration of project (months)</b>	<b>Applicant Response</b>	
What is the total duration of project in months?	12	
<b>5. Regional Centers</b>	<b>Applicant Response</b>	
List all Regional Centers in the project catchment areas.	North Bay Regional Center	
<b>6. Cities Served</b>	<b>Applicant Response</b>	



APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
List the city or cities your project proposes to serve.	American Canyon, Calistoga, Napa, St. Helena	
<b>7. Counties Served</b>	<b>Applicant Response</b>	
List the county or counties your project proposes to serve.	Napa County	
<b>8. City of Los Angeles</b>	<b>Applicant Response</b>	
If your project proposes to serve the City of Los Angeles, list the zip codes and/or communities your project will serve.	Not Applicable	
<b>9. Community Based Organizations</b>	<b>Applicant Response</b>	
Will you be working with one or more Community Based Organization?	No	
<b>10. Regional Center Data</b>	<b>Applicant Response</b>	
If you plan to use regional center data for your project, indicate what steps you will take (or already have taken) to acquire it. For example, completing a data agreement, completing a data request, meeting with RC to discuss data availability/timelines, etc.	ParentsCAN continues to meet with and consult NBRC on all aspects of the project. ParentsCAN is particularly interested in Purchase of Service data to track if families engaged in the grant services are accessing more NBRC services. Typically the NBRC data is not available on a timely basis. The staff person we have been working with over the last three years has left the agency. ParentsCAN is in the process of building a relationship with the new Federal Grants Coordinator at NBRC.	
<b>11. First Project Type Selection</b>	<b>Applicant Response</b>	
Select your first project type.	Community Connector (Example: Promotora or Navigator)	
<b>12. Second Project Type Selection</b>	<b>Applicant Response</b>	
Select your second project type (if applicable).	Parent Education (online or in person trainings, etc)	
<b>13. Third Project Type Selection</b>	<b>Applicant Response</b>	
Select your third project type (if applicable).	Family/consumer support services (coaching, enhanced CM)	
<b>14. Multiple Organizations</b>	<b>Applicant Response</b>	
Does your project include partnership with one or more organizations either as a co-applicant or subcontractor? If "yes", please upload a letter of support from each organization, that includes an explanation of their role in the partnership.	No	
<b>15. Leverage &amp; Strategies</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
Describe how your organization will leverage and build upon strategies, collaborations, and lessons learned to continue to address the identified disparities after completion of the project. How will your project continue its work after the grant funding has concluded?	<p>As a family resource center ParentsCAN is by design a safe place for families to seek help with whatever challenges they face. All of the programs focus on reaching underserved families to help them access services for their children and families. ParentsCAN works with these families to: (1) Connect them to other parents who have similar experiences for emotional, social and practical support; (2) Guide them to services they need; (3) Teach them how to advocate for their children; and finally (4) Train them to mentor other families, educate providers and advocate for system change.</p> <p>A Enhancing the Parent Leadership training with the follow-up mentoring and group support will give parents who have been trained with the opportunity to : (1) discuss any challenges they encounter with the mentor and other group members; (2) expand their knowledge of how systems work; (3) expand their access to and knowledge of technology; and (4) use the strength of numbers to have their voices heard.</p> <p>Changing systems to meet the needs of our most vulnerable populations will improve the system for everyone.</p> <p>C</p>	

<b>Target Population</b>		
--------------------------	--	--

1. Target Groups Served	Applicant Response	
Select all groups the project will serve. If you select "Pacific Islander" or "Other" use comment section to list all groups.	Hispanic	
Applicant Comment		
2. Number of Target Group Served	Applicant Response	
For each target group selected in previous question, list number served.	120	
3. Languages	Applicant Response	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
Select all Languages the project will serve. If you select "Other" please list all languages.	Spanish	
Applicant Comment		
<b>4. Age Groups Served</b>	<b>Applicant Response</b>	
Select all Age Groups the project will serve. If you select "Other" please list groups.	Three to 21	
Applicant Comment		
<b>Project Application</b>		
<b>Project Application</b>		
<b>1. Project Summary</b>	<b>Applicant Response</b>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>Provide a clear and concise project summary that includes a defined target population, catchment area, and project design. Specifically describe what your project will accomplish and how it will benefit the community served.</p>	<p>ParentsCAN has deepened its knowledge of both the Regional Center and its clients through the work of these grants. Working together we have created procedures to help clients understand and access NBRC services for the benefit of their families. With the successful introduction of a Parent Leadership program, Hispanic clients of NBRC should be better equipped to have their voice heard in system design and delivery. With ample input from these families disparities should be addressed in a timely manner.</p> <p>ParentsCAN implements proven practices from the following two models: 1) the Family Resource Center-Family Support model and 2) Parent-to-Parent Programs for Families of Children with Special Needs. As a specialized family resource center ParentsCAN implements effective family support practices that have been demonstrated to create positive proven and effective prevention strategy for addressing the many challenges families face by building on the strengths of families to empower parents to care for their children. Effective programs are characterized by providing core and comprehensive services, including peer support, resource and referrals services and case management.</p> <p>The Principles of Family Support Practice as outlined by the Family Resource Coalition of America are the framework for service delivery. The peer support component employed in the Parent-to-Parent (P2P) model is an emerging practice that has been researched by the Beach Center on Disabilities at the University of Kansas to be an effective strategy for families of children with a wide range of disabilities. P2P programs enable parents to achieve the following outcomes: 1) make cognitive adaptations to disability in the family, 2) make progress when dealing with specific problems, and 3) become more effective at coping with the demands of parenting a child with a disability while maintaining a desirable family life. The study further recognizes that P2P support "...offers a unique form of assistance that is not typically met by the formal service system."</p> <p>As a central access point for families, ParentsCAN offers programming that comprehensively addresses many of the barriers families of children with disabilities face and includes Screening for Developmental and Social Emotional Delays, Access to Healthcare and Mental Health services, Referrals to Basic Needs such as Food, Shelter, Childcare and Transportation, in addition to services to address the specific needs of children with developmental and intellectual disabilities.</p>	
<p><b>2. Organization Experience</b></p>	<p><b>Applicant Response</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>What experience does the organization/group have working with the target population?</p>	<p>ParentsCAN has over 15 years of experience in Napa County, serving significantly isolated populations including families with additional barriers to services and who are either low income, Hispanic, immigrant and live in rural areas of the county. Half of the staff of ParentsCAN, including the Executive Director, are themselves bi-lingual and bi-cultural Hispanic/Spanish speakers who are also parents of children with special needs, many of their children are also Regional Center clients.</p> <p>In FY19-20, families who make up the significantly isolated populations of low income, limited English proficiency, culturally diverse, and families who live in rural locations comprise over 80% of families served by ParentsCAN. Of these families, 64% reported household income at or below \$40,000, 53% of families receiving ParentsCAN services during this period received services in Spanish, and 26% of families lived in rural areas of Napa County. All of our services are bi-lingual and free of charge.</p> <p>ParentsCAN is also designated as the Napa County Family Resource Center, contracted by DDS to provide support to families of infants and toddlers ages 0-3 who are eligible for Early Start which include children with developmental delays.</p> <p>ParentsCAN facilitates a variety of monthly Spanish support groups for parents of children and youth with developmental disabilities. Currently we host virtual monthly support groups for parents of children with Autism, parents of children and youth with Down Syndrome and a Transition group for parents of youth ages 16-25 with intellectual disabilities.</p> <p>ParentsCAN is a second responder, assisting vulnerable populations with critical information, resources and supplies during an emergency. In this role, we focus on ensuring that families, particularly Hispanic families and families of children with disabilities are prepared for and informed during an emergency and have access to services to fully recover.</p> <p>ParentsCAN also convenes the Napa County Disability Committee which brings together over 15 disability serving organizations with the goal of establishing a strong professional network, elevate the voice of children and individuals with disabilities in public venues and work together to improve quality of life for people with disabilities in our community.</p> <p>ParentsCAN has successfully been selected for 3 Disparity fund grants in FY17/18, FY18/19, and FY19/20; through these grants we have strengthened our partnership with North Bay Regional Center, and have worked in collaboration with the Office of Client Rights and State Council on Developmental Disabilities to reach Hispanicparents in our community to better access and understand the Regional Center system.</p>	
<p><b>3. Underserved Target Populations</b></p>	<p><b>Applicant Response</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>Explain how the target population(s) are underserved using RC POS data or other data as supporting evidence of the disparity.</p>	<p>The 2020 NBRC Performance Report shows that NBRC serves 9,570 Status 2 clients under the Lanterman Act - people who have a developmental and/or intellectual disability in the counties of Napa, Solano, and Sonoma. In North Bay Regional Center's (NBRC) catchment area, 24% self-identify as Hispanic and 38% of NBRC consumers are age 3-21. The top two "threshold" languages used by DDS clients are English (81.7%) and Spanish (16.4%).</p> <p>This data also shows that for FY18-19 the per capita expenditures were \$24,508 for Caucasian/ White consumers and \$7,830 for Hispanic consumers, a disparity of \$16,678. NBRC has listed Per Capita Purchase of Service by individual's primary language as an area of needed improvement.</p> <p>In Napa County, Hispanic families experience at least one of the following barriers to accessing information and support; being low-income, limited English proficiency, immigrant status and cultural barriers.</p>	
<p><b>4. Input from Community</b></p>	<p><b>Applicant Response</b></p>	
<p>How did your organization use input from the community and/or target population to design the project? What methods did your organization use to allow the community to advise you in designing the project? Were there any changes to your project design as a result of community input?</p>	<p>The Promotora project is built upon parent input from the families we serve as well as from public forums hosted in collaboration with North Bay Regional Center. This project is designed to be responsive to the needs of parents of children with disabilities and who are significantly isolated from available sources of information and support. The design also incorporates best practices in working with Hispanic/Latino families and feedback from our extensive network of professional partners. We know from our 15 years of experience that significantly isolated parents will engage in services when they are offered in the manner, language and places they feel most comfortable.</p>	
<p><b>5. Improve Access</b></p>	<p><b>Applicant Response</b></p>	
<p>How will your project improve equity, access and reduce barriers to services for individuals with intellectual and developmental disabilities and their families and is sustainable?</p>	<p>ParentsCAN has deepened its knowledge of both the Regional Center and its clients. Working together we have created procedures to help clients understand and access NBRC services for the benefit of their families. With the successful introduction of a Parent Leadership program, Hispanic clients of NBRC should be better equipped to have their voice heard in system design and delivery. With ample input from these families on how to design and provide services, disparities in services should diminish over time.</p>	
<p><b>6. Support RC's Recommendations</b></p>	<p><b>Applicant Response</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>How does this project support the RC recommendations and plan to promote equity and reduce disparities in their catchment area? If you are a RC, how does this project support your recommendations and plan to promote equity and reduce your identified disparities? How will your project collaborate with other organizations that serve individuals with intellectual and developmental disabilities and their families?</p>	<p>The 2020 NBRC Performance Report published by North Bay Regional Center cites “per capita purchase of service expenditures by individual’s primary language” as an improvement goal.</p> <p>Additionally the NBRC Performance Contract Plan 2020, state the following as planned activities:</p> <ul style="list-style-type: none"> <li>-Build relationships and work with community-based organizations to collaborate and organize parent workshops on topics chosen based on parent feedback</li> <li>-Hold “Orientation to NBRC” presentations with CBO support groups</li> <li>-Continue to work on how to grow the cultural and linguistic competence of NBRC and partners addressing disparities re: availability, access, acceptability, quality and utilization of services</li> </ul> <p>The Napa County Promotora project directly aligns with these goals, by working collaboratively with NBRC to reach parents and ensure that Hispanic families in Napa County are knowledgeable about services available and are able to request and utilize services to meet their child and family needs.</p>	
<b>7. Project different or unique</b>	<b>Applicant Response</b>	



APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>How is the proposed project unique or different from a currently funded grant (e.g., strategies, activities, and goals) in the proposed regional center catchment area? If the project is similar to a currently funded grant listed on the Department's website, how is the proposed project different?</p>	<p>In collaboration with North Bay Regional Center, ParentsCAN received FY2017-18 Disparity Funding to create policy and procedures for a Promotora project to meet the needs of Hispanic/Spanish speaking families in Napa County.</p> <p>ParentsCAN now employs two part-time Promotoras who are Hispanic, speak Spanish, are trained in the Promotora (or community health worker) model, and have personal experience navigating Regional Center services. The ParentsCAN Promotoras received extensive training from NBRC regarding: the overall goal of the project, roles between Promotora and Service Coordinators, and an overview to Regional Center services available to families of children with developmental disabilities. ParentsCAN was also able to develop a referral process to identify families who will benefit from Promotora services and tools to capture parent's knowledge and use of services, including a Family Need Assessment, pre/post survey and family care plans.</p> <p>With continued FY2018-19 Disparity Funds, the Promontoras deepened their understanding of family needs and barriers. Responding to this new knowledge, ParentsCAN and North Bay Regional Center provided two parent education workshops, "Regional Center Orientation" and "Understanding the IPP" designed to increase parents' knowledge of regional center services and improve advocacy skills in accessing needed services for their child. NBRC is now conducting virtual Orientations on a quarterly basis for all 3 catchment counties. ParentsCAN refers newly identified families to the training.</p> <p>In addition to individual assistance and parent education, ParentsCAN began to assist Spanish speaking parents with their initial contact with North Bay Regional Center to provide support through the eligibility process. During the latest grant we were able to refer 24 new families for eligibility.</p> <p>In FY19-20 ParentsCAN, in collaboration with the State Council on Developmental Disabilities, launched a "Parent Leadership Training and Mentoring Project." This project recruits NBRC parents who have been served as part of this grant funding to be trained to advocate for system change and receive ongoing mentoring when the training is completed. ParentsCAN's first training was scheduled for May 2020. Due to COVID-19 the training was delayed and the curriculum was modified for online participation. In October 2020, we launched our first virtual Spanish Parent Leadership series with 12 parents enrolled in the class. The Parent Leadership mentor will provide these parents ongoing opportunities to improve their skills and work together to effect change. The mentor will survey parents to understand their needs and challenges and track parent satisfaction.</p>	
<p><b>8. Activities &amp; Measures to Achieve Goal</b></p>	<p><b>Applicant Response</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p>Clearly and specifically state how the schedule of activities and measures demonstrate the operational details and steps that the project will take to achieve its stated goals, activities, and measures. <b>Note: Before answering this question, applicant may want to complete the Activities Template located in the tab directly above.</b></p>	<p>ParentsCAN Promotora program has implemented services that have been making a positive impact on the stated goal of increasing equity and reducing Purchase of Service disparities for Napa County families raising a child between the ages of 3 to 21 with an intellectual disability.</p> <p>In the next grant cycle we will continue to offer this successful suite of services to a larger group of parents. Most importantly ParentsCAN will move beyond assisting individuals on a one by one basis to empowering a cohort of parents. By providing trained parent leaders with mentoring and support after they are trained, ParentsCAN aims to create a self-sustainable set of parents who are able to advocate within systems from positions of leadership for system change.</p>	
<p><b>9. Measures</b></p>	<p><b>Applicant Response</b></p>	
<p>Are your proposed measures appropriate to track project goals and activities, provide insight into the effectiveness of the overall design of the project and demonstrate how the impact on the community will be evaluated?</p>	<p>ParentsCAN has clearly identified outcomes that are achievable, measurable and monitored to assure the program is implemented consistent with research-based best practices and effective in achieving its stated goals. ParentsCAN is committed to continuous evaluation as an essential component of program quality assurance and improvement.</p> <p>ParentsCAN uses a secure web-based data collection system to track program outputs and outcomes. Family activity contacts for each family are collected by categories including mode of delivery and service type. All contacts are aggregated for a total number of units of services delivered.</p> <p>ParentsCAN has an Evaluation system in place. Evaluation tools and timing are based on the types of services families use, such as intensive mentoring services, support groups or educational trainings. ParentsCAN is working to align our evaluation practices with the statewide standard set of impact measures for the Promotora program.</p> <p>Parents who attend a support group are surveyed with a follow up phone call conducted by an impartial party to assess if information learned has been applied. Parents complete a post-survey at the end of each Parenting Education class to evaluate their increase in knowledge of subject matter. Parents will be surveyed using the standardized questions provided by DDS.</p> <p>Program data is reviewed monthly by Advocates and Management to ensure that the program is making satisfactory progress towards meeting outcome goals, to identify challenges and to make any changes needed to service delivery. Reporting required by DDS will be supplied in full on the appropriate schedule. ParentsCAN has met all the evaluation and reporting requirements of DDS successfully through the three grants.</p>	
<p><b>10. Budget Narrative</b></p>	<p><b>Applicant Response</b></p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENTS
<p><b>Note: Before uploading your Budget Narrative, applicants should complete the Budget Template located in the tab directly above. After you complete the Budget Template, please return to this question to upload your Budget Narrative.</b></p> <p>The project budget is consistent with stated projected goals and activities, and clearly and concisely explains how the proposed expenditures support the overall project design. The project budget costs are clearly associated with the project activities and goals. The project budget does not include non-allowable costs. The overall project budget is appropriate to the outcomes proposed. Please attach your Budget Narrative document. An example of a Budget Narrative can be found in Attachment C.</p>		1
<b>Proposal Certification</b>		
<b>Certification</b>		
<b>1. Applicant &amp; Regional Center Discussion</b>	<b>Applicant Response</b>	
If you are a CBO, have you discussed your proposal with the RC(s)?	Yes	1
<b>2. Applicant Certification</b>	<b>Applicant Response</b>	
By submitting this application, the Applicant is certifying the truth and accuracy of the proposal. The applicant also certifies that if you have subcontracting organizations, each participating organization has reviewed your project and agrees to their assigned activities, measures, and the budget. (Select Yes or No and enter you name in the comment box.)	Yes	
Applicant Comment	Christine Roth	