

APPLICATION REPORT

Project Name: Padres en GANAS
Applicant Organization: GANAS
Awarded Amount: \$175,000.00
Funding Announcement Name: Promoting Service Access and Equity Grant



PROJECT SUMMARY

Community Connect project supporting Hispanic caregivers in the Chacolla Valley Inland Regional Center treatment area.

APPLICANT INFORMATION	APPLICANT RESPONSE	ATTACHMENTS
Applicant Eligibility		
Applicant Information		
1. Project Title What is the Project Title?	Applicant Response address on GANAS	
2. Awarded Amount	Applicant Response \$175,000.00	
3. Organization Type Choose the response that best describes your organization.	Applicant Response Community Based Organization (CBO) 501(c)(3)	
4. Description of Organization/Group Provide a brief description of the organization/group. Explain what experience your organization has managing a project similar to the proposal and state the outcomes that project. You may upload your brochure and add a website link.	Applicant Response https://www.theganas.org/services GANAS is a 501(c)3 non-profit organization founded by two mothers of children with special needs. These women are also professionals who provide support to Hispanic families in their underserved community. The name stands for Genuine Animate Navigate Assist Succeed. We are the bridge that is Genuine, Animates everyone, helps Navigate new and confusing territory. Assists in implementing new and confusing strategies and watches everyone Succeed with confidence. address on GANAS is a parent-to-parent model program that includes workshops, skill groups and consultations. The current Padres en GANAS Program is similar in that it offers support groups instead of skill groups. Current participants of the program have reported an increase in the understanding of service systems as well as being able to make an informed decision. Participants have also reported a reduced level of anxiety and an increased sense of hope, allowing them to be more effective.	
5. Applicant in Good Standing Is the applicant in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration? Please upload confirmation letter(s) proof of good standing.	Applicant Response Yes	
6. Subcontractors in Good Standing Are the applicant's subcontractors in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration?	Applicant Response Not Applicable	
Grant Reapplication Information		
Grant Reapplications		
1. Previous Award(s) Did your organization receive DDS grant funding in fiscal year 2019-2020-21? If yes go to question 2 to complete each column. If not skip this category and go to category 3.	Applicant Response Yes	
2. Previous Grant Award(s)	Applicant Response	

APPLICANT TITLE	APPLICANT RESPONSE	ATTACHMENT
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Since fiscal year 2019, complete a workflow DDS Service Access and Equity grant organization was awarded funding.	Year Awarded	Project Title	Grant Number	Award Amount
	2021	address on GANAS	20-C01	194,336.00

3. Previous Grant Outcomes	Applicant Response	
Provide a brief grant summary of your project outcomes for fiscal year 2019-20 and/ 2020-21.	<p>October 27, 2021 marks five months since address on GANAS launched in the community. Within that time, the project has presented 6 webinars on 3 different topics in English and Spanish. It has also hosted 2 support groups that have dug into data and communication barriers by helping parents identify their own barriers. The project also provided 56 consultations across 14 participants through IRC services IE navigation and general services.</p> <p>Please see participant testimonials below. They have been translated from Spanish.</p> <ul style="list-style-type: none"> • My name is [REDACTED]. When you have an experience of a child with special needs you tend to have to grow up and advocate for your child, and it turns out that before GANAS, as parents, we felt lost somehow. We needed more information, more support in navigating, in supporting each other. GANAS arrived, and change began to emerge. Why? Because GANAS has a structure of which the parent guides you as a parent to follow the processes that are already established by the same law by the same systems by the same organizations which little by little you learn to follow those processes. So, GANAS helps us focus on them. Not on getting lost and spending energy in wanting to follow structures that are not established that somehow serve that same system, those same organizations. Strategies for the parent to be able to navigate a little more easily, it's faster with that system that they established. And we're working on it, and it's every day you learn something new. And I thank GANAS because they are here, and they support us. • Good afternoon. My name is [REDACTED]. I am a mom of 2 kids with disabilities. Address on GANAS has come into my life when I have most needed someone's help and support. Address on GANAS has helped me understand some of the issues like the I, the IE, issues that I didn't know as a mother. I thank address on GANAS for coming here to the Valley because we didn't have anyone to help us. Address on GANAS has helped me, personally, to help me better understand the paths of special programs and certain things that my children need. I am very grateful to Maria and Martha, who care about each of my children. And not only with children with disabilities like my children but also with me, my husband and my, the son who has no special need. Since they [Maria and Martha] help me, they take a little weight off me; then I can move forward. I can take care of the rest of my family. Thank you address on GANAS. • My name is [REDACTED]. I am very grateful that there is a group like address on GANAS. I have felt very happy and supported because they not only give you ideas, but also guide you so that you learn what would be the best route to take. They don't tell you to do what they believe is what should be done, but they explain or ask you what you want to do for the good of your child. Thanks to M&M, Martha and Maria, I have felt a little more confident when I have to send an email or express myself. 	

4. Project Transition	Applicant Response	
If awarded, how will you currently project transition into the 2021-22 proposed project? Does your proposed project expand or continue your current efforts? What activities, measures, or target groups are being added? Provide a summary of the differences and reasons why you are proposing the change.	<p>If awarded, our current project would transition into the 21-22 proposal by first creating a "Phase 1" of the year like a school year, then ask participants if they would like to continue in the program. These who accept would not be required to do an intake process but will be informed of the program changes before they make their decision.</p> <p>Webinars would continue to be provided in the same format and they will remain open to those who are not enrolled.</p> <p>Support groups will be modified and become Skill Groups. The group will transition into a platform to practice the skills that have been talked about at a webinar and consultation level. Examples include role-playing, meeting conversations, role-playing asking questions and even learning new technical skills important for effective advocacy, among others. Currently, the support groups are more one-on-one satisfaction based about topics that were discussed at the webinar with up to a title.</p> <p>Consultations would be modified in that after the intake process each parent will be guided with completing their items along with a peer counselor right after intake. The first step is to have all documents and responses ready for review. Second, it's to work with a peer-counselor to create a timeline of events and third, it's to complete their child's special file with peer-counselor support. This change is recommended because our current program has notified a commitment that parents are coming to us in confusion, assumptions, and misinformation. More importantly, we have had to start by creating a timeline of what said what, when, etc. and have even requested respondents to be able to piece things together and explain a situation. After we help the parent understand those items and explain what is happening and why is when we find that parents are able to make a decision and take action. Updating this into the consultation structure will result in much time being directed on teaching a title items instead of focusing on the confusion.</p>	

General Application Proposal Summary		
1. Project Title	Applicant Response	
Choose the project type that best describes your activities from the list below:	Community Connection	

2. Duration of project Choose the duration of your project.	Applicant Response 12 months	
3. Regional Centers Choose the Regional Center(s) that you prefer to serve. Check all that apply.	Applicant Response Inland Regional Center	
4. Counties Served List the county or counties you prefer to serve. Check all that apply.	Applicant Response Riverside County	
5. City of Los Angeles If your project proposes to serve the City of Los Angeles list the zip codes you prefer to serve.	Applicant Response Not Applicable	
6. Community Based Organizations Will you be working with other Community Based Organizations? If so, provide the name of the organization and how you will be working together.	Applicant Response Not Applicable	
7. Multiple Organizations Does your project include partnership with other member organizations either as a co-applicant or subcontractor? If "yes" please upload a letter of support from each organization, that includes an explanation of their role in the partnership.	Applicant Response No	
8. Strategies and Sustainability How will you expect to continue its work after the grant funding has concluded?	Applicant Response Our organization is working on a 5-year plan for continuing Behavioral Health Services which will begin to provide enough revenue for supporting the address on GANAS program and even expanding it as the program grows. This will allow for the quality to maintain as well as the program to remain free.	
Project Application		
1. Ethnic Groups Served Select the ethnicity group(s) the project will serve. For "Indian", "Pacific Islander", "Slavic", "Other" use comment section to list specific groups. Applicant Comment	Applicant Response Hispanic	
2. Ethnic Group(s), Language(s) and Number of Individuals Served For each ethnicity group, provide the number of individuals you expect to serve and the related language(s).	Applicant Response	
3. Age Group(s) Served Select all Age Groups the project will serve. Applicant Comment	Applicant Response Birth up to Thirteen (Early State) Thirteen to 21 Age groups are reflective of the child's age.	
Project Application		
1. Project Summary and Organizational Experience	Applicant Response	

APPLICANT TITLE	APPLICANT RESPONSE	ATTACHMENT
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<p>Provide a clear and concise project summary that includes a defined target population at home area, and project design. Specifically describe what your project will accomplish and how it will benefit the community served. In your answer include what experience your organization has working with the target population?</p>	<p>The address in GANAS program will target the population of Hispanic caregivers who have children with a special need, age 0-18 years and who reside in the Coachella Valley under the Inland Regional Center at home area. The goal of this project is for caregivers to increase awareness of self meaning their role and understanding their child's needs and diagnosis. Caregivers would also increase their knowledge of services systems gain specific advocacy skills and increase the practice of advocacy across various settings. As a result the community will benefit by showing an increase in independence and OS.</p> <ul style="list-style-type: none"> Initial Meeting: Caregivers will meet with a Peer-Counselor who will gather intake forms explain the program guidelines and parent expectations. The caregiver will also begin to develop their child's profile with a Peer-Counselor. 1:1 Consultation: Caregivers will have a minimum of two meetings per month with a Peer-Counselor. At the beginning the child's profile will be completed, a timeline will be created to help the family analyze their information objectively. After this has been completed the Peer-Counselor will create individualized specific measurable achievable, realistic and timely action steps for the caregiver to work on barriers. Separate from assisting caregivers with navigating their barriers the Peer-Counselors will help identify strengths and deficits to work on advocacy skill development by using Behavior Skills Training and the Icing Task Analysis data. This will allow parents to monitor their progress and increase confidence. Skill Group: There will be meetings that focus on building up a specific skill, including skills that have been worked on during consultations. Participants will practice generalizing their skills across program peers. Some meetings will be hosted for focus on the development of technical skills that impact advocacy. For example per the feedback from community and observation some skills that can be developed are logging into a virtual meeting, sending an email as well as uploading documents. Workshops: There will be a series of caregiver workshops available to all. There has been positive feedback on the unique style of webinars. Address in GANAS has been praised in how it utilizes complex on-site simple ones. Tips were included in Inland Regional Center services general services how to collaborate effectively and others. <p>Parent participant feedback earning a tablet was not an incentive. The feeling of relief was. A proposed incentive for this project is for the top 10 parents with highest participation to receive an address in GANAS Advantages package that will include materials for better advocacy. For example a video recording print gift certificate an adaptive class for their child, and a gas card.</p> <p>Through a combined experience of 15 years working with the target population the project design remains mindful of a caregiver's individual journey. See attached.</p>	<p>3</p>
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<p>2. Data and Community Input</p> <p>Explain how the target population(s) are understood using RC OS data and other data as supporting evidence of the disparity. In your answer include how your organization used input from the community and target population to design the project?</p>	<p>Applicant Response</p> <p>2018/2019 RC OS data show that Hispanic families with non OS is at 25.3% compared to White families which are at 20.2%. In comparison 2019/2020 data show that Hispanic families are at 26.1% compared to White families which are at 20.7%.</p> <p>2018/2019 data also show that 22.4% of families with Spanish as a primary language do not have OS compared to families whose primary language is English which is at 19.9%. In comparison 2019/2020 data show 21.5% of primarily Spanish speaking families do not have OS compared to primarily English speaking families which is at 20.2%.</p> <p>Finally OS data show that Hispanic families have one of the least amounts of annual expenditures per capita at \$9,387 in 2018/2019 and \$10,923 in 2019/2020 compared to that of White families which is \$19,001 and \$21,747 respectively. Of these expenditures there is a utilization rate of 83.1% in 2018/2019 and 79.8% in 2019/2020 for Hispanic families compared to 85.5% in 2018/2019 and 84% in 2019/2020 for White families.</p> <p>While speaking to parent participants many did not understand the IRC system and its process for service approval. While reviewing IRC and IE meeting recordings with caregivers some who have voice concerns did not express it clearly. For example, stating their child "really likes water" instead of saying that water is a "safety issue" was not placed in an appropriate place in their child's IEP. Our project design includes a focus on making clear statements that represent the issue.</p>	
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<p>3. Uniqueness</p>	<p>Applicant Response</p>	
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APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENT
<p>How is the proposed project unique/different from a currently funded grant (e.g., strategies, activities, and objectives) in the proposed regional center at home area? If the project is similar to a currently funded grant listed on the Department's website, how is the proposed project different?</p>	<p>The project is designed by parent-professionals who are a part of the same community that it serves. The project uses evidence-based methods (Applied Behavior Analysis) that follow an individualized, goal-oriented and data-driven approach. Goals have not only been created, but individual data has been collected to show a regressive progress. In this case, the end goal is for caregivers to have the ability to make confident choices and not just know the material, but to also be able to speak up and act based on that material. The evidence already a consultant not acknowledge that is currently being used. During this project, the excel worksheet would be updated to include a task analysis for each individual skill being targeted during group and consultation meetings. This is aside from the tasks which will continue to be assigned during consultation meetings.</p> <p>This project is also unique in that the progress and pace is up to the individual. They can take advantage of a part of the program such as only one on one consultations take advantage of the full program (worksheets, skill groups, and consultations) and be a part of a community that is about being a participant.</p> <p>Aside from our own project that is currently funded, there is not another one like it that is currently funded in the at home area which we are targeting (Cacahella Valley - Lewiston Community).</p>	
<p>4. Improve Equity and Service Access</p> <p>How will you promote equity access, and reduce barriers to services for individuals with intellectual and developmental disabilities and their families?</p>	<p>Applicant Response</p> <p>The multi-faceted, individualized, and parent-to-parent structure of the address in GANAS program is designed to improve equity access and reduce barriers to services. We would do this by first building rapport and trust in the underserved Hispanic community in the Cacahella Valley and gaining popularity through word of mouth. There have been several parents referring their parent friends to this program. This will be and has been accomplished by first listening to caregivers' concerns. Afterwards a baseline is identified and this is followed by helping them create and reach short-term goals for their barriers.</p> <p>After barriers are tackled, address in GANAS will begin to work on a set of skills important for effective advocacy. Each skill will be broken down into a task analysis data sheet and added as a sheet into their individual task. Data will be collected individually for each caregiver. Doing so will allow us to pinpoint individual barriers and create interventions for the caregiver to overcome them. This will then improve a participant's confidence in participation and overall advocacy which will result in equity access and education of barriers to services.</p>	
<p>5. Support of RC Plan</p> <p>How does this project support the RC plan to promote equity and reduce disparities in your proposed at home area? If you are a RC how does this project support your recommendations and plan to promote equity and reduce disparities in your at home area? How will you collaborate with their organizations that serve individuals with intellectual and developmental disabilities and their families?</p>	<p>Applicant Response</p> <p>According to the 2019/2020 IRC Disparity Report and OS data, 4,167 clients with Hispanic ethnicity did not have OS and 1,658 clients whose primary language is Spanish did not have OS. IRC's goal is to promote equity and reduce disparities in these areas. Address in GANAS will support that by working with the same targeted areas. Our project supports the RC plan to promote equity and reduce disparities in the Cacahella Valley (Inland Regional Center at home area) by following caregivers and using their own feedback to create goals for themselves. Doing so gains their buy-in to follow through with accomplishing the assigned task. In the current project, a goal is usually connected to one of the current systems in place (IRC Medical, Sheriff's District, Community) and another step towards equity.</p> <p>Our project will continue to collaborate with their organizations such as IE Autism Society, Building Bridges United Central Latino Commission and others by exchanging information and referring families to such resources.</p>	
<p>6. Project Activities</p>	<p>Applicant Response</p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENT
<p>Note: Before answering this question, applicants must complete the Activities Template located in the middle table directly above.</p> <p>Clearly and specifically state how the schedule of activities demonstrates the steps that the project will take to achieve its stated objective and measures.</p>	<p>The schedule of activities demonstrates the large steps that the three components of our project will take to each our stated objective: facilitating advocacy skills for Hispanic caregivers in the special needs community.</p> <p>In preparation and delivery of consultation data for grant activities 1, 2, 3, 6, and 7 would be included. Data for grant activities 2, 3, and 5 will be included during group meetings. At the workshop level of the project design, grant activities 2, 3, and 4 would provide an opportunity for data collection. For the project overall grant activities 8 and 9 will be used to observe the project's effectiveness. The analyzing of data across activities along with creating specific data systems within each activity (i.e., the consultation track and participant intake) is what will be used to determine the needs of the individual throughout the project, specifically at the group and consultation level. Continuous monitoring of this data will assist us making timely adjustments and continue our hope for an upward trend in their progress which is tied to all activities and represents an upward trend toward the project's stated objective as well.</p> <p>The schedule of activities also provides a path that can be broken down into smaller bites for each. For example, to achieve activity 1, research and development of consultation materials we will complete a list of advocacy skills and create data sheets for each. Each activity is part of a key component that is nested to the design and success of this project. To show the best impact and growth at a consultation level, the project materials should be developed and used. We will continue to look at what systems are working and which are not across each activity and make the adjustments needed to ensure that the project continues on the path towards achieving the objective.</p> <p>The following are examples of how we will navigate and address the behavior throughout grant activities. The activity nested to coordinating with like-minded community partners is an important step for the project that it can connect the families with resources which can support many aspects of hardship that our project does not cover. Also, the majority of our participants are entirely Spanish speakers and are in need of translation of written materials as well as orally translating their Spanish messages back into English so that they receive and understand the intended message. These real examples are how we will achieve our stated objective of ensuring Hispanic caregivers implement advocacy skills.</p>	
<p>7. Project Measures</p> <p>Before answering this question, applicants must enter performance measures into the Activities Template located in the middle table directly above.</p> <p>Are you proposing measures appropriate to track the project's behavior and activities? Explain how your proposed measures provide insight into the effectiveness of the overall design of the project and demonstrate how the impact on the community will be evaluated.</p>	<p>Applicant Response</p> <p>Our proposed measures for this project are the equated standardized measures for a community on the project. The detail and specificity of gaining information throughout the life of the project from start to finish will provide insight to the effectiveness of the project design and catch barriers that arise which will allow for timely adjustment, if needed. The measures provide the opportunity for each activity to be viewed from different angles and relies on behavior data to explain it.</p>	
<p>8. Budget Template and Narrative</p>	<p>Applicant Response</p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENT
<p>Note: Before answering this question, applicants must complete the Budget Template located in the tab directly above.</p> <p>In your Budget Template, explain how the proposed budget is consistent with the stated project objective and activities, and clearly and concisely explain how the proposed expenditures support the overall project design and proposed outcomes.</p> <ul style="list-style-type: none"> Budget Template example is located at Attachment C. Budget Details and Restrictions are available here. 	<p>As seen on the Budget Template and Narrative section, the proposed budget is consistent with the stated project objective and activities in the following ways:</p> <p>Executive Director</p> <p>This person will work on activities 01-09 independently as well as collaborate with the Director of Padres in GANAS.</p> <p>Director of Padres con GANAS</p> <p>This person will work on activities 01-09 independently as well as consult and collaborate with the Executive Director</p> <p>Video Conferencing Software</p> <p>Video Conferencing Software will support with activity 02. Coordinating with community partners 03, assist with translation services during consultations 04, will be the format to present workshops, 05, hosting group meetings, 06, consultations, and 07, follow-up meetings.</p> <p>Equipment</p> <p>Equipment is connected with all 09 activities due to the Director of Padres in GANAS needing a desktop computer system and webina equipment to replace a laptop that is currently being used and has presented unnecessary barriers throughout the user process.</p> <p>Advertising and Web Presence</p> <p>Expenses include an annual website fee and advertisement through translation services due to 03, translating our website into Spanish advertising program which includes webinars (04), consultations (06) groups (05) and follow-ups (07).</p> <p>Instructional Items and Incentives</p> <p>This expense covers materials such as visuals and worksheets for parents to keep. This will assist with providing instructional items related to activities such as 03 translation services 04 workshops 05 Group Meetings, 06 consultations, and 07 follow-ups. It will also cover the purchase of incentives for 10 parents who have the highest attendance across the three services combined.</p> <p>Printing</p> <p>Printing expense covers ink and paper for the items we will be printing and mailing in regard to activities 01, 03, 04, 05, 06, and 07.</p> <p>Office Supplies and Software</p> <p>Expense for general office supplies such as pens, paper, highlighters, etc. as well as and programs used to create visuals for a give a better understanding on reports. This applies to activities 03, 04, and 05.</p> <p>Postage and Shipping</p> <p>This expense covers the postage and shipping of printed materials to the respective regarding activities 03, 04, 06, 07, and 09.</p> <p>Accounting and Human Resources Software</p> <p>This expense provides support for grant spending and monitoring of funds as well as payroll.</p> <p>General Management</p> <p>This expense covers the activities for the direction and implementation of the organization as a whole.</p> <p>The proposed expenditures support the overall project design and proposed outcomes by focusing on the development and design of materials in activities 01, 03, 08, and 09 as well as the implementation of what was developed through activities 04, 05, 06, and 07. All the expenditures support each activity and overall project objective and are tied to each other.</p>	
9. Budget Costs	Applicant Response	

<p>Explain how the project budget costs are clearly associated with the project activities and objective and confirm that the budget does not include non-n-able costs. Costs funded by other sources.</p>	<p>The project budget costs are clearly associated with the project activities such as:</p> <ul style="list-style-type: none"> • Video Conferencing Software for Zoom is estimated 50%. • Equipment cost for a desktop computer system with web camera equipment such as a camera for the Diet of address in GANAS which spends 100% of their time on activities. Currently a laptop is in use and has brought up some barriers. • Advertisement and web presence costs include an annual fee for a website manager and content. Costs also include paying for web advertising after all free advertising avenues have been exhausted. • Instructional Items and Incentives costs are associated with purchasing organizational materials for the information that is being shared with a caregiver throughout the program. Incentives are meant to motivate a caregiver to participate and complete follow-ups as often as possible. This proposal year will be presenting the top 10 parents with an "advocacy package". • Printing costs are associated with dining with community partners as well as providing printed materials for instructional items that have been developed for caregivers. • Office Supplies and Software costs are related to pens highlighters planners and software we may use to create materials for caregivers to better understand adoption. • Storage and Shipping costs are associated with the shipping printed materials to a caregiver and community partners. • Accounting and Human Resources software are costs that provides support for monitoring grants and payroll personnel who are responsible for completing the project activities. • General Management is an indirect cost that covers the activities for the direction and control of the organization as a whole. <p>None of the items mentioned above are considered non-n-able costs.</p>	
<p>1. Confirm Proposal Discussion with RC(s)</p> <p>CBOs are required to discuss their proposal with each RC(s) the CBO is intending to serve. If you are a CBO have you discussed your proposal with each RC you are intending to serve?</p>	<p>Applicant Response</p> <p>Yes</p>	
<p>2. RC Contact</p> <p>CBOs are required to submit their application on only to the Department and to each RC(s) that the CBO is intending to serve. If you are a CBO state the name(s) of the contact person(s) at each RC you have discussed your proposal with.</p>	<p>Applicant Response</p> <p>Liliana Garni from Inland Regional Center</p>	1
<p>3. Applicant Certification</p> <p>By submitting this application the Applicant is certifying the truth and accuracy of the proposal. The applicant also certifies that if you have subcontracting organizations each participating organization has reviewed your project and agrees to their assigned activities measures and the budget.</p>	<p>Applicant Response</p> <p>Yes</p>	
<p>Applicant Comment</p>		