APPLICATI N REPORT

Project Name: La Familia Servi e A ess ogram Applicant Organization: La Familia Counseling Service Awarded Amount:

\$250,000.00

Funding Announcement Name: m ting Se vi e Ac ess and Equity G ant



PROJECT SUMMARY

La Familia Se vi e Ac ess g am (SAP) p vides ultu ally and linguisti ally ompetent servi es to Hispani and Spanish speaking individuals with intelle tual and developmental disabilities and thei families in Alameda and C ntra C sta c unties.

| APPLICANT TI N | APPLICANT RE P N | ATTACHM NTS |
|--|---|-------------|
| Applicant ligibilit | | |
| Applicant Information | | |
| 1. Project Title | Applicant Response | |
| What is the ect Title? | La Familia Servi e A ess ogram (SA) | |
| 2. Awarded Amount | Applicant Response | |
| | \$250,000.00 | |
| 3. r anization Type | Applicant Response | |
| Choose the esponse that best des ibes you ganization. | Community Based O ganization (CBO), 501()(3) | |
| 4. Description of rganization/Group | Applicant Response | |
| vide a b ief des ipti n of the ganization group. Explain what experien e you ganization has managing a p e t simila to the proposal and state the out omes f that pr ect. You may upload y u br hu e add a website link. | La Familia was founded in 1975 by ommunity members ommitted to advan ing health equity th ough in eased ac ess t ultu ally appropriate mental health servi es fo the Latinx C mmunity and othe underserved populations. Ou agen y emains ommitted t ou mission of providing underserved multi ultu al ommunities with the tools and support necessary to build resilien e, wellness, and e n mi power. Sin e 1977, under ont act with the Regional Center f the East Bay (RCEB), La Familia has p vided ase management and adv acy to thousands of individuals diagnosed with developmental disabilities and thei families. Sin e 2018, La Familia has been the ecipient f the P m ting Se vi e A ess and Equity program (f merly Disparity Funds ogram) grant and has served over 1,900 individuals and families. Feedback f om parti ipants and stakeholders has demonst ated that ou p g am su essfully in eases ac ess to RCEB servi es, and edu es disparities f Latino Regi nal Cente clients. | 1 |
| 5. Applicant in Good Standing | Applicant Response | |
| Is the appli ant in good standing with the Califo nia Se eta y of State, Califo nia F an hise Tax B a d, and Calif nia Department of Tax and Fee Administ ati n? lease upl ad onfi mation letter(s) proof of good standing. | Yes | 1 |
| 6. Subcontractors in Good Standing | Applicant Response | |
| A e the appli ant's subcont act s in good standing with the Calif nia Se eta y of State, Califo nia F an hise Tax Board, and Calif nia Department of Tax and Fee Administ ati n? | Not Appli able | |
| Grant Reapplication Information | | |
| Grant Reapplications nl | | |
| 1. Previous Award(s) | Applicant Response | |

| APPLICANT TI N | | APPLICANT | R PON | | ATTACHM NT |
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| Did y u ganizati n eceive DDS grant funding in fis al year 2019-20 2020-21? If yes, go t question 2 t mplete ea h lumn. If n , skip this ategory and go t ategory 3. | Yes | | | | |
| 2. Previous Grant Award(s) | Applicant Response | | | | |
| Sin e fis al year 2019, mplete a wf each DDS Se vi e A ess and Equity g ant y ur ganizati n was awa ded funding. | Year Awarded | Project Title | Grant Num er | Award Amount | |
| was awa ded fulldling. | 2019-2020 | La Familia Disparity Funds g am | 19-C13 | \$320,428 | |
| | 2020-2021 | La Familia Disparity Funds g am | 20-C13 | \$330,500 | |
| 3. Previous Grant utcomes | Applicant Response | | | | |
| ovide a b ief grant summa y of y u pr ect ut mes f fis al year 2019-20 and/ 2020-21. | out each and engagements attendees, 10 parent w ks one ment ing sessions. A eported feeling m e omf f a ent Leaders expresse atta hment f full eport). Ti deliverables proposed in the ac ess and ensu e equitable. The ugh ut the pandeming information and updates on basines with each essential in the pandeming of the pandeming information and updates on basines with estimation expectation. During 2019-2020, Lift talling 1032 partification in the pandeming in the p | date, this program has seest ategies in luding the face high period pover 360 passes eported in u most eccentrate and a feeling of in eased of the eport dem nst ates that either a the eport dem nst eport dem nst eport ep | e ved 494 individuals and in ilitati in f10 ientati ns warents, 10 tainings f pareint qua terly eport, 80% for es exervi es and thei ability onfiden e in thei ability onfiden e in thei ability to het tup gram is ntakt theet, and mst importantly, is lients and thei families. It alole by onne ting will enters, RCEB mmunitions heduling, and ommunitientati nst taling 370 part groups with 144 parents out groups with 144 parents autino Equity Summit (ime duals with Intellectual and Deand bar iers to btaining sepanish-speaking population. For it is a stand 13 professionals where experience first hand the dership skills and utilize Registrant edu e OS dispanent to edu e OS dispanent edu e OS dispanent edu edu e OS dispanent edu | plemented innovative ith a total of 119 at leaders, and 20, ne-nientati n attendees t self-adv ate and 100% telp the families (see meet all bj ectives and t in ease servi e th families and p viding y meetings, and othe nity-based E and f d articipants, 39 w ksh ps actively parti ipating. As Encuent Latino de velopmental Disabilities and vices as well as ideas for this event, we about Inequities in the OS 2021, with a total of 222 or attended this event. Impact of these servi es gional Center se vi es that whall Center Staff, and ther tities feligible, Latin Hernandez, the | 4 |
| 4. Project Transition | support g up in Ri hm nd, Applicant Response | | and Sportary | | |

| APPLICANT TI N | APPLICANTR P N | ATTACHMENT |
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| If awa ded, h w will y u cu ent p e ttransiti nint the 2021-22 proposed pr ect? Does y u proposed pr ect expand ontinue y u cu ent p e t, if s h w? What a tivities, measu es, o ta get g ups are being added? ovide a summa y of the diffe en es and easons why y u are proposing the hange. | La Familia's u ent p e t peri d will end Ap il 30, 2022. Up n awa d, se vi es will ntinue with the new p e t te m sta ting May 1, 2022. Key staff fo this p e t a e hi ed and trained, with infrastru tu e in pla e t ensu e seamless ntinuati n f all u ent activities including, monthly o ientati ns and utrea h a tivities in alignment with DDS guidelines and prect bjectives. The La Familia Se vie Acess gam (SAP) has nsistently implemented p gam a tivities, meeting and exeding bjectives. All u ent servies and ut ea h will ntinue t be nducted in-pes n and vitually tensu e equitable acess. Texpand on u ent pet, La Familia will add a new Leadership Development training seies, ta geting Hispani, Spanish-speaking parents and a egives. at i ipants will have hands-nptunities the develop self-advacy and publispeaking skills, in easing thein infidene in seeking and navigating Reginal Centes vies and mmunity resues. Patiipants will attended tue-style training sessions, ommittee meetings, and ommunity wkshops and out each events. As pat of the added measues, La Familia staff antiipate en lling at least 10 paents and caegives into ouf ist leadership development ht, with 90% epting in eased cinfidene in self-advay, publispeaking, digital literacy, and ability tinavigates vies inside and outside the RC system. La Familia proposes the integration for malleadership development training as a dieteffot to expand uimpat, based nouexpeienes ving and inteating with Reginal Cente clients and families. Ou leadership development training cuilum will pide additinal spaefo paents and caegives to build nnetins, patie what they aleaning, and challenge themselves in a safe, cultually, and linguistially mpetent envionment. | |
| General Application | | |
| Proposal ummar | | |
| 1. Project T pe | Applicant Response | |
| Ch se the p e t type that best des ibes y u a tivities fr m the list below: | Edu ati n and T aining | |
| 2. Duration of project | Applicant Response | |
| Choose the du ation f you pr ect. | 12 m nths | |
| 3. Regional Centers | Applicant Response | |
| Ch se the Regi nal Cente (s) that y u p e t will se ve. Che k all that apply. | Regi nal Cente f the East Bay | |
| 4. Counties Served | Applicant Response | |
| List the unty o unties y u p e t p p ses to se ve. Che k all that apply. | Alameda C unty , C nt a Costa County | |
| 5. Cit of Los Angeles | Applicant Response | |
| If you prect poposes to seve the City fLos Angeles, list the zipedes yupet will seve. | N tAppli able | |
| 6. Communit Based rganizations | Applicant Response | |
| Will y u be w king with ne r mo e C mmunity Based Organizati ns? If s , p vide the name of the ganizati n and h w y u will be w king togethe . | N tAppli able | |
| 7. Multiple rganizations | Applicant Response | |
| Does you prect in lude partnership with one o moe o ganizatins eithe as a c-appliant o subntrato? If "yes", please upload a lette f supptfrmeah ganizatin, that in ludes an explanatin f theile in the partnership. | No No | |
| 8. Strate ies and Sustaina ility | Applicant Response | |

| H w will y u p e t c ntinue its w k afte the g ant funding has n luded? | La Familia SA is mmitted t inc ease se vice ac ess and equity with the purpose of inc easing the likelihood of individuals with intellectual and developmental disabilities being able t eside in the least est i tive environment and ability t hoose if they stay with their family live independently. La Familia has established deep coted elationships in the mmunity and ontinues t explore partnerships and funding ppor tunities t expand our existing se vi es. The staff fo this p oposed p ect a e a tive leaders in the developmental disabilities netw k as membe s f the Developmental Disabilities C unc il in Alameda and Cont a Costa ounties, Congreso Familiar, RCEB-Dive sity and Equity Committee, Self-Dete mination Local Advis y C mmittee, Autism Star Confe ence, and the State C unc il of Developmental Disabilities. Our agency is mmitted t partnering with I al and statewide ganizations t adv ate f the Latino mmunity. | | |
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| | | | |
| 1. thnicit Groups Served | Applicant Response | | |
| Sele t the ethni ity g up(s) the p e t will se ve. F "Indian", "acifi Islander", "Slavi " "Othe " use mment se ti n to list spe ifi groups. | Hispani | | |
| Appli ant Comment | eople who identify as Hispani , Latino, Latinx, o Indigen us and a e p ima ily Spanish speaking | | |
| 2. thnicit Group(s), Language(s) and Num er of Individuals Served | Applicant Response | | |
| F ea h ethni ity g up, p vide the numbe findividuals y u p e t intends to se ve and the elated language(s). | | | |
| 3. Age Group(s) Served | Applicant Response | | |
| Sele tall Age G oups the prectwill se ve. | Th ee to Five , Th ee to 21 , 22 and olde , 16 to 21 , Bi th up to Th ee (Ea ly Sta t) | | |
| Appli ant C mment | Se vi es will ta get the Regi nal Cente f the East Bay c nsumers potential onsume s and thei families while identify as Hispani, Latino, Latinx, indigen us and are primarily Spanish speakers of all ages, with emphasis in families living believe the federal poverty line. | | |
| Project Application | | | |
| Project Application | | | |
| Project Summar and r anizational Experience | Applicant Response | | |

| APPLICANT TI N | APPLICANT R PON | ATTACHM N | ΝT |
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| ovide a lear and on ise prect summa y that in ludes a defined ta get population, at hment area, and pet describe what yupect will acmplish and how it will benefit the mmunity seved. In yuanswer, in lude what expeience yuganization has wking with the taget population? | La Familia has over 45 years f experience p viding ase management and adv a y se vices f Latino, Spanish speaking Regional Center (RC) numers esiding in Alameda and Cont a C sta ounties. La Familia has su essfully managed DDS g ant funding since January 2018, eaching ve 4,000 individuals and families up to the p esent time. With this funding, La Familia SA will se ve a t tal f 500 lients in Alameda and Cont a C sta ounties and their families, and out each t an additional 3,600 individuals thrugh mmunity-based engagement ppor tunities. Se vices will ta get RCEB onsume s potential onsumers and their families who identify as Hispanic, Latino, Latino, indigenous and are p ima ily Spanish speakers f all ages, with emphasis on families living below the federal poverty line. Ou p ogram design seeks t inc ease lients' knowledge and ability t navigate the system, t educe bar iers that prevent families f m equesting se vices and exe ising their ights, and t build t ust between public systems and the Latino ommunity. T a omplish this, ur p ogram design delivers ultu ally and linguisti ally mpetent se vices and activities that include the facilitation fromthly ientaltions and w skhops in Spanish, parent support groups, peer support servi es, and leadership development t aining. La Familia will ontinue as host f ur Annual Latino Equity Summit, se ving ve 200 onsumers, a egive s, and professionals each year. O ientations are facilitated monthly in Ilabor ation with the ogram Supervis , arent Leader C dinat and a ent Leaders. tential lients a e assigned t the Family Res ur e Spe ialist who will each out via phone t int duce themselves, s hedule ientation, provide eminders, and act as a point f ntact f questions and 1:1 onsultation. Du ing ientation, parents and a egive s have the ppor tunity t netw k with one another and engage with a ent Leaders t learn about the support go in their I all mmunity and ur new leadership developments eies. arents a encouraged t part ii pate in monthly k shops that ve typic s su h as Individu | 1 | |
| 2. Data and Communit Input Explain how the target population(s) are underse ved using RC OS data othe data as supporting eviden e of the disparity. In y u answer, in lude how y u ganizati n used input f m the mmunity and/ta get population t design the prect? | Applicant Response Data f om the RCEB OS Expenditu e Data f 2019-2020 shows that Latin RC nsume s ntinue t be underse ved elative t thei peers f m ther groups. Total expenditu es amongst Hispani families was \$56,735,373 mpared t thei White unte parts at \$201,250,019 and t tal expenditu es f Spanish-speaking families was \$3,575,173 ompared t English-speaking families at \$9,160,900. Fu the m e, the per entage of utilizatin f English (81.8%) speakers is 7.2% highe ompared t Spanish (74.6%) speakers. La Familia SA s li its feedback via a variety of methods. Ou dilect s and leadership team attend I all events and a elementer of the East Bay Dive sity and Equity C mmittee, and L all Advis y C mmittee (LAC). These meetings provide poor tunities to elive input f minimers, adviates, and egional enter staff to discuss su esses and hallenges to improve implementation. Fexample, parents and a egive shave eported hallenges elated to technology and moniting thei hild's a tivity nline and on digital devies. This feedback helps to infiniment the topic supposition of the staff and Lients duing inteleviews, fous grups, and su veys that a eladministe ed thoughout the yea. These st ategies support the development of data-diven programs that a elitually sensitive and meet the emeiging needs of the mmunity. (See testiminals) | 2 | |
| 3. Uniqueness | Applicant Response | | |

| APPLICANT TI N | APPLICANT R PON | ATTACHM NT |
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| H wis the proposed pr ect unique diffe ent fr ma u ently funded grant (e.g., st ategies, a tivities, and bj ectives) in the p oposed egional cente cat hment a ea? If the p e t is similat a u ently funded grant listed on the Department's website, h w is the proposed pr ect diffe ent? | The p oposed pr ect, La Familia Servi e A ess ogram, will be an extensi n f u urrent p gram, La Familia Dispa ity Funds g am, funded by DDS. Unique t ur p g am, all staff a e Hispani and bilingual, speaking English and Spanish. This p e t will include a new leadership development p gram designed specifi ally f parents and aregivers f hild en with intellectual and developmental disabilities. The leadership development t aining will ffe parents the pportunity t en oll in a leadership t aining se ies t gain a deeper understanding of t pi s su h as the Lante man A t, RCEB li ies and edu es, Self-Dete mination, the Client's Rights Offi e, the Devel pmental Disabilities C uncil, the State C uncil and the use f techn logy as a leadership and mmuni ations tool. This will p vide hands-on practi et devel p leadership skills su h as out each, publi speaking, netw king, and w kshop fa ilitation. The pu pose f this new p gram mponent is t fu ther build onfiden e with navigating se vi es inside and utside of the RC system. Many parents eport diffi ulty navigating es u es outside f the RC system such as sch ls and ec eati nal p ograms whi h esult in f ust ati n and dist ust. Leadership development t aining will be a unique p ogram mponent f tu ther edu e bar iers that p event families f m equesting servi es and exe ising thei ights while ntinuing t st engthen t ust between publi systems and the Latin C mmunity. | |
| 4. Improve quit and Service Access | Applicant Response | |
| H w will y u p e t imp ve equity, access, and edu e ba ie s t se vices f individuals with intelle tual and developmental disabilities and thei families? | La Familia SA integrates inn vative st ategies t edu e bar iers and ensu e equitable access t se vi es f the Latin mmunity. Out ea h events and mate ials a e designed in a family-f iendly, mmunity-iented style t p vide welc ming and ultu ally familia messaging t nne t with families in a meaningful way. This in ludes ulturally elevant events su h as u annual end f the year event La osada t engage prospective RCEB lients in a elebrat y manne that foste s nne ti n and belonging. We have found this t be an effe tive way t break down bar iers elated t the stigma and hesitati n t seek help and e e ive publi se vices. La Familia publishes all notifi ati ns, b hu es, and digital ontent in Spanish, in luding u monthly newslette (See atta hed) Ou s ial media platf ms, su h as u Facebook g up (788+ foll we s), a e established as publi f ums that lients and families ely nf updates, upcoming events, and publi es ur es whe e nsume s seek and sha e inf mati n. These t ls ntinue t be useful in st engthening the onne ti n and ac ess t u servi es as well as allowing ust mizati n f messaging t meet the needs of individuals and families with hildren wh have developmental disabilities. | 8 |
| 5. Support of RC Plan | Applicant Response | |
| H w does this p e t support the RC plant pr m ote equity and edu e disparities in yu p oposed at hment a ea? If y u a e a RC, how does this pr ect support yu e mmendati ns and plant pr m ote equity and edu e disparities in yu at hment area? H w will yu p e t llaborate with ther ganizati ns that se ve individuals with intelle tual and developmental disabilities and thei families? | T pr m ote equity and edu e disparities in Alameda and Cont a Costa unties, La Familia will in ease the utilizati n f RCEB se vi es fo Latin , Spanish-speaking lients and families. In alignment with the DDS | 8 |
| 6. Project Activities | e d of effe tively serving this (Latin) mmunity." Ou p ogram has established eliable meth ds f mmuni ati n with pa tne s and lients that all w us t sha e inf mati n elated t DDS di e tives t RC in a lear and timely manne as well as RC poli ies and pr edu es. Clear messaging in Spanish leads t parents feeling m e supported and likely t equest servi es. (See Letters) Applicant Response | |

| APPLICANT TI N | APPLICANT R PON | ATTACHM NT |
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| Note: Before answerin this question, applicants must complete the Activities Template located in the middle tab directl above. Clearly and specifi ally state how the s hedule of activities dem nst ates the steps that the p e t will take to achieve its stated bj ective and measu es. | The La Familia SA implementation and design learly outlines the a tivities that will take pla e t deliver an empowering learning experien e that p vides edu ation and t aining f Spanish-speaking parents and aregive s t maximize the utilizati n of Regional Cente servi es and generi esou ces. The schedule factivities is designed t meet the spe ifi needs f lients with developmental disabilities and their families t ensu e acress truiturally and linguisti ally appropriate servi es. Trachieve un bjective of in easing parents and aregivers ability truiting and linguisti ally appropriate servi es. Trachieve un bjective of in easing parents and aregivers ability truiting and linguisti ally appropriate servi es. Trachieve un bjective of in easing parents and aregivers ability truiting and linguisti ally appropriate servi es. Trachieve un bjective of in easing parents and aregivers ability truiting and linguisti ally appropriate servi es. Trachieve un bjective of in easing parents and aregivers ability truiting and linguisti ally appropriate servi es. Trachieve un bjective of in easing parents and aregivers ability truiting and linguisti ally appropriate servi es et entity annual unents es and families. Further more, the program design offers a comprehensive approach to engagement, providing nenenenenenenenenenenenenenenenenenen | |
| 7. Project Measures Before answerin this question, applicants must enter performance measures into the Activities Template located in the middle ta directl above. A e y u p oposed measu es appropriate t tack the prect's bjective and a tivities? Explain hwy u proposed measu es provide insight int the effe tiveness f the overall design f the prect and dem nst ate how the impatn the mmunity will be evaluated. | Applicant Response The p oposed measu es f La Familia SA a e di e tly elated with the p e t's b e tive and a tivities t all wf pr per evaluation and th ugh assessment fimpact. ogram measu es are designed t ta k qualitative and quantitative data f each activity as a s u e finf mati n fo implementati n improvements and modifi ations. Quantitative measu es su h as the # f ientati ns, # fattendees at ientati ns, mmittee meetings, pa ent supp t g ups and t ainings; and dem g aphic inf mation f attendees all w p ogram staff t evaluate effe tiveness in eaching La Familia SA 's ta get populati n. Fu the m e, lient satisfaction su veys p vide insight int individual experien e and impact. F example, du ing 2019 - 2020, 144 parents and a egive s actively parti ipated in one f u parent support g ups; 222 individuals attended the Latin Equity Summit hosted by La Familia (Februa y 2021); arent Leaders provided 89 one-on- ne ment ing sessions, and 100% f lients and families we e Hispani Spanish speaking. Data lle ted via su veys showed that 100% f ientati n attendees ep ted they had a bette understanding of RCEB se vi es. Th ough lient testimonials, ne parent stated: "I always ntinue t learn in every w ksh p and ientati n. I feel nfident t pass the inf mati n t the families." (See atta hed Final Report) C lle tively, these measu es provide omprehensive data t evaluate the quality and effe tiveness f La Familia SA se vi es. Data is eviewed monthly and dis ussed du ing Local Advis ry C mmittee meetings t identify ppor tunities f imp vement and hanges that an be made t in ease the engagement f Latin families wh have hild en with devel pmental disabilities in RC se vices. | |
| 8. Budget Template and Narrative | Applicant Response | |

| APPLICANT TI N | APPLICANT R PON | ATTACHM NT |
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| Note: Before answerin this question, applicants must complete the Budget Template located in the tab directl above. In you Budget Template, explain h w the p e t budget is nsistent with the stated p e t bj ective and activities, and learly and on isely explain how the p oposed expenditu es support the overall pr ect design and proposed out omes. • Budget Template example is I ated at Atta hment C. • Budget Details and Rest i tions are available he e. | See ompleted Budget Template with ustifi ation and nar ative. | |
| 9. Budget Costs | Applicant Response | |
| Explain how the p e t budget sts a e lea ly asso i ated with the p e t activities and bj ective and onfi m that the budget does n t in lude n nall wable osts sts funded by othe s u es. | All p et budget osts entered on the budget template a e in alignment with DDS guidelines as all wable osts and die tly ass lated with the p et bjective and a tivities. As detailed in the Budget Na ative, each budget line item supports pers nnel, outreach, educatin, training activities and se vices that a elitical the implementation of this program. ersonnel is esponsible for person oversight including evaluatin, peorting, outreach, and training. All operating expenses support a tivities such as the delivery of ientations, we kshops, taining, and peer support se vies, overing osts such as stipends of a ent Leaders, in-state travel, equipment, supplies, and marketing materials. Lastly, Indie t/Administrative Costs meet the 15% ap of personnel and operating expenses. All expenses listed in the budget template meet the iteria period of the grant guidelines. The La Familia Se vice Access ogram budget does not in lude non-all wable osts. | |
| Proposal Certification | | |
| Certification | | |
| Confirm Proposal Discussion with RC(s) | Applicant Response | |
| CBOs are equi ed t dis uss thei proposal with each RC(s) the CBO is intending t serve. If you are a CBO, have y u dis ussed y u p oposal with each RC you are intending t se ve? | Yes | 1 |
| 2. RC Contact | Applicant Response | |
| CBOs are equi ed t submit thei appli ati n on u ently t the Department and t each RC(s) at hment the CBO is intending t se ve. If y u a e a CBO, state the name(s) f the nta t pe s n(s) at ea h RC y u have discussed y u proposal with. | Jairo Guiza Dive sity & Equity Spe ialist Regional Center of the East Bay (510)678-1131 JGuiza@ ceb. g Lisa Kleinbub Exe utive Dire t | |
| | Regional Center of the East Bay | |
| | (510) 618-7705 | |
| | lkleinbub@ eb. g | |
| | Fax (510) 618-7779 | |
| | Applicant Response | |

| APPLICANT TI N | APPLICANT R P N | ATTACHMENT |
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| By submitting this appli ati n, the Appli ant is e tifying the truth and a u a y of the p oposal. The appli ant als e tifles that if you have sub ntra ting o ganizati ns, ea h parti ipating ganizati n has eviewed you pr ect and agrees t thei assigned activities, measu es, and the budget. | Yes | |
| Appli ant C mment | | |