APPLICATI N REPORT

 Project Name:
 Cong es Familia

 Applicant Organization:
 The Arc of California

 Awarded Amount:
 \$100,000



Funding Announcement Name: m ting Se vi e Ac ess and Equity G ant

PROJECT SUMMARY

This prect is designed to ontinue the effects we began this year to expand Congressing Familiar to the CVRC and VMRC catchment areas. The first component of this prectise to entinue to distribute in additional to the service of the

APPLICANT TI N	APPLICANT RE P N	ATTACHM NTS
Applicant ligibilit		
Applicant Information		
1. Project Title	Applicant Response	
What is the ect Title?	Congreso Familiar	
2. Awarded Amount	Applicant Response	
	\$100,000	
3. r anization Type	Applicant Response	
Choose the esponse that best des ibes you ganization.	Community Based O ganization (CBO), 501()(3)	
4. Description of rganization/Group	Applicant Response	
vide a b ief des ipti n of the ganization group. Explain what experien e you ganization has managing a p e t simila to the proposal and state the out omes f that pr ect. You may upload y u br hu e add a website link.	Cong es Familia is a ollaborative eff t f families, p fessi nals and se vi e p vide s dedi ated t pr m oting edu ation and leadership f Spanish-speaking families wh have y ung child en, adults, o elatives with intellectual and developmental disabilities (VDD). F over 20 years, Congreso Familiar has supported parents as they learn to navigate and understand systems that are not easy to understand and are often not provided in thei language. In 2020, Congreso Familia piv ted to an online platfo m whe e it ffe ed a total of 35 weeks of vi tual p g amming. C ng es Familia b ught families together almost eve y Satu day fo 9 months and in that time, we we e able to build ommunity, be vulnerable and support with ea h othe , sha e ou sto ies, and really c nne t with ea h othe on issues that matte s to the IDD ommunity. Altogether, we had a total attendance of over 1,000 parti ipants throughout those weeks. Please visit our website: congresofamilia . g f m e inf .	
5. Applicant in Good Standing	Applicant Response	i
Is the appli ant in good standing with the Califo nia Se eta y of State, Califo nia F an hise Tax B a d, and Calif nia Department of Tax and Fee Administ ati n? lease upl ad onfi mation letter(s) proof of good standing.	Yes	
6. Subcontractors in Good Standing	Applicant Response	
A e the appli ant's subcont act s in good standing with the Calif nia Se eta y of State, Califo nia F an hise Tax Board, and Calif nia Department of Tax and Fee Administ ati n?	Not Appli able	
Grant Reapplication Information		
Grant Reapplications nI		

APPLICANT TI N		APPLICANT	R P N		ATTACHMENT
1. Previous Award(s)	Applicant Response				
Did y u ganizati n e eive DDS grant funding in fis al year 2019-20 2020-21? If yes, go t questi n 2 t mplete ea h lumn. If n , skip this ategory and go t ategory 3.	Yes				
2. Previous Grant Award(s)	Applicant Response				
Sin e fis al year 2019, omplete a w fo ea h DDS Se vi e A ess and Equity g ant y u ganizati n was awarded funding.	Year Awarded	Project Title	Grant Num er	Award Amount	
was awarded randing.	2020-21	Latin s Ap endiend Junt s	20-C29	\$283,769	
3. Previous Grant utcomes	Applicant Response				
pr ect ut mes f fis al year 2019- 20 and/ 2020-21.	families f people with intel have never wned used limited knowledge of how the nunte ed have sha ed to pportunity thave meat becoming bette advorate half all walks filifesh wing to the half of a life should be first high a lif	CVRC cat hment a eas, p vided te hn I gy trainings and vi tual p esentati ns t Spanish-speaking amilies f people with intelle tual and developmental disabilities. A big maily f the palents we have met ave never wned used an i ad bef e, some did n t have email addresses while othe s had some mited knowledge of how t partilipate in t ainings using a vi tual platfolm. The families we have ment ave never when a used an i ad bef e, some did n t have email addresses while othe s had some mited knowledge of how t partilipate in t ainings using a vi tual platfolm. The families we have mute ed have shaled him ye are of being palent fittings of this pelent and they are thankful for the poor tunity thave melene essit information and esule in the interest and they are thankful for the poor tunity thave melene essit information and esule in the interest and they are thankful for the poor tunity that have melene essit information and esule es in their area. They also enthalful for the poor tunity that have melene essit in the interest and they are thankful for the poor tunity that have melene essit information and esule essit that been a pivilege with essing families fall walks of life shiming up and wanting to bette themselves and elives skills to implie with essit in the same time to attend the distribution and tainings and it is effeshing to see that they do not think they are to lid to lean. We have alshed patilipation in firm fathe significant of the ainings. We have eached 199 partilipants who have the information and tainings. We have eached 199 partilipants who have the information about uple to them to shale with the families they supplied up to a firm they in a firm person tein logy tainings and 9 hous fivitual diplication of them to shale exist the families were up and the distribution and tainings. We shale logged 27 hus of in-person tein logy tainings and 9 hous fivitual diplication to ensure the hill gy is with families to be sull essignated and they were they predict the supplication. They have one ging tein i			
4. Project Transition	Applicant Response				
If awa ded, h w will y u cu ent p e ttransiti n int the 2021-22 proposed pr ect? Does y u proposed pr ect expand ontinue y u cu ent p e t, ifs h w? What a tivities, measu es, o ta get g ups are being added? ovide a summa y of the diffe en es and easons why y u are proposing the hange.	on how to use the iPa s, suppor Families will also be able to accontinue to meet families in the technology an resources Familanguage Many lack the technic the trainings and the esire they The 21 project provided receive ongoing support that not meaningful impact to help recuive nee to continue to bring the learning about technology and of this project and have share	ort families on how to use, have cess presentations on topics of VMRC an CVRC catchmen rulies have share the important oblogical knowle ge, and we have to learn an introduction for families to other organization in their are ce the igital ivi e for Spanish ainings, information, and e uca nee virtual access to informatint to provi e iPads to families the dark ue to the digital divive want to be able to len out to the court of the c	Their interest but most important areas, we have learned about the confreceiving this technical survive been impressed with the efficiency where the community where the community of the familians, as pecially the familians and resources. Parents have her their children have less the confront and resources their children have less than the RCEB catchment area. We gust as much as the families in the families in the families so that they can have	t an use an email a ress atty, in their language. As we the lack of access they have to oport and information in their orts they are making to atten they are hungry to continue to them. For this project to have a nose in isolate communities, illies are in the infant stages of a saked about the continuation life long isabilities. We believe there are families in the other two regional centers.	
General Application					
Proposal ummar					

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Applicant Response Applica					
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Regional Centers Applicant Response Gert at IValley Regional Cente Valley Murtain Regional Cente Regi nal Cente Cente Regional C	2. Duration of project	Applicant Response			
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	ianguage(s).	Hispani	400	Spanish	

3. Age Group(s) Served **Applicant Response** Sele tall Age G oups the pr ect will Bi th up to Th ee (Ea ly Sta t), Th ee to Five, Th ee to 21, 16 to 21, 22 and older Appli ant C mment Project Application **Project Application** 1. Project Summar and **Applicant Response** r anizational Experience ovide a lear and on ise p e t This project is esigne to continue the efforts we began this year to expan Congreso Familiar to the CVRC an VMRC summa y that in ludes a defined catchment areas The first component of this project will be to continue to distribute iPads to those two regional centers an ta get p pulati n, cat hment a ea, add the RCEB catchment area for the iPad istribution Congreso Familiar will continue to identify families who lack and pr ect design. Specifi ally evices an we will provide the technological trainings they need to on how to use the technology so that they can access des ibe what you pr ect will the virtual trainings mplish and h wit will benefit the The secon component is to connect families to the trainings that Congreso Familiar has been provi ing families for years on mmunity se ved. In y u answe, topics of interest to Spanish speaking families who have family members with intellectual an evelopmental isabilities in lude what expe ience y ur The project is esigne to provi e virtual presentations over a 4 month perio an will be ma e available to VMRC an ganizati n has w king with the CVRC families who have not been able to access information in their language. Our goal is to bring much nee e ta get p pulati n? information an e ucation to empower families an make sure they learn about supports an services that are available to them an their children Families currently lack the technological supports they need to access information Congreso Familiar is a collaborative effort of families, professionals an service provi ers dedicated to promoting education an lea ership for Spanish speaking families who have young children, a ults, or relatives with isabilities For over years, Congreso Familiar has supported parents as they learn to navigate and understan systems that are not easy to understan an are often not provi e in their language Our goal is to continue to provi e iPa s an technology trainings to the VMRC an the CVRC catchment areas an we woul also like to inclu e RCEB families to participate in the iPa istribution an technology trainings Congreso Familiar has a long history of provi ing information, e ucation, an resources to Spanish speaking families both at the in person conferences an last year, virtually. By bringing this invaluable resource to VMRC an CVRC families, we know that they will learn what services an resources are in their community an they will learn how to access those resources Families will be able to learn about processes that they may not have even thought of just yet such as conservatorship, but that will be useful for them in the future Congreso Familiar's goal is to e ucate parents at all levels to allow them to make informe decisions regar ing their chil ren's e ucational, me ical, social/emotional nee s 2. Data and Communit Input Applicant Response Explain h w the ta get p pulati n(s)We have met with families in the VMRC an CVRC catchment areas who have share how challenging the past year has are underse ved using RC OS data been for them as they have struggle to stay connecte and effectively a vocate for their chil ren's nee s Many of the ther data as supporting eviden e families in these catchment areas were face with not having access to or knowle ge of technology. During the pandemic, it f the dispa ity. In y u answe, became apparent that they lacked the support, information, an resources to transition to virtual platforms in lude how y ur ganizati n used After receiving the iPads, families have expressed the importance of continuing this project and as a mom sai :"our input fr m the c mmunity and/o children's isabilities will not go away in a year" She share that technology is a long term nee that will help to better ta get p pulati n to design the equip them as they navigate the systems of care for their chil ren Families have share how invaluable the access to pr ect? technology is for them an they have mentione that this project has provi ed the help and support they have lacked for Regional Center POS data for fiscal year 9- 2020 shows that Spanish speaking families continue to receive less in service ollars compare to their white counterparts in all three regional centers. Congreso Familiar aims to bring valuable information to Spanish speaking parents in a way that they can un erstan it We inten to ad ress the isparities by provi ing the knowledge of how systems work and by helping parents un erstand their rights to help them become better a vocates for the nee s of their chil ren or family members with I/DD. 3. Uniqueness Applicant Response H wis the proposed or lectunique Congreso Familiar is run an organize by bilingual parents an family members who understan first hand the challenges of diffe ent fr m a cu ently funded a vocating for a regional center client. We have a ifferent perspective because we have been an continue to be in their g ant (e.g., st ategies, a tivities, and shoes, an we recognize this process is not easy an is ongoing. The staff on this project have years of knowle ge learning objectives) in the proposed egional how to navigate complex systems such as the educational and the regional center system to provi e the best outcomes for enter at hment a ea? If the p e t our own family members is similar t a u ently funded grant We can empathize with the struggles that parents face in accessing information an resources and we recognize that these listed on the Department's website, challenges are magnifie when someone oes not speak the language h wis the proposed pr ect diffe ent? This project is unique in that we meet families where they are, provide support in their language and we understan the cultural implications that sometimes makes accessing resources difficult Congreso Familiar relies on a committee that is ma e up of other parents, professionals, an volunteers who are de icate to ensuring that parents' needs are addressed in a culturally appropriate manner. We pri e ourselves in securing top notch presenters that are bilingual to make sure that families can connect with them This creates a safe an welcoming environment where families feel comfortable sharing an asking questions openly This project will provi e much needed access to technology by istributing iPa s an we will provide technology trainings in their language to provi e encouragement 4. Improve quity and Service

Applicant Response

Access

APPLICANT TI N	APPLICANT R P N	ATTACHMENT
How will y u p e t imp ve equity, a ess, and redu e ba ie s to se vi es f individuals with intelle tual and developmental disabilities and thei families?	C ng es Familia will be the vehi le that VMRC and CVRC families need t not nly learn about diffe ent systems that matte to them and thei hild en but will als teach them adv acy and leadership skills that will p vide I ng lasting effe ts fo yea s to c me. Families have sha ed with us that the la k fres u es al ng with the la k fre hn I gy have seve ely impa ted thei ppor tunity t a ess inf matin and se vies. Families that have hildren with a disability a e at a disadvantage when it omes t finding appropriate es u es. As parents, we are n t p epared t deal with the disability se vies ystem and if the info matin stotin u language, it eates unne essa y ba ies that C ng eso Familiar helps ve ome by p viding info matin in thei language by p esente s who a e kn wledgeable and culturally app p iate. C ng es Familia aims to imp ve equity and a ess to informatin by ensuring paents be me bette equipped to advorted their family members. Families who understand the systems are bette able to a ess se vies and supposite to their family members. We tea hip a ents not only about what their ights are but als how to effectively use their ights in a manner that will be beneficial in addressing their hildren's needs. C ng es Familia aims to povide paents with life-I ng skills that will in ease their service eas.	
5. Support of RC Plan	Applicant Response	
H w does this prect support the RC plan to permote equity and edue disparities in you proposed at hment area? If you a e a RC, h w does this permote to an and plan to precedent of the precedent	Spanish speaking families who have a child or family member with an intellectual an evelopmental isability are at a disadvantage because many of these families lack resources, they on't speak the language, and o not realize they have rights Congreso Familiar supports an promotes equity an access by provi ing valuable information in a way they can un erstand the systems they need to navigate. Information and knowledge are power The more information we can provi e to parents, the more knowledge they will have to support and advocate for their loved ones. We will partner with VMRC an CVRC to continue to identify families that can benefit from our iPa loaner program, an we will continue the technology trainings to make sure families know how to operate their devices. We are also collaborating with the local FRCs in those areas, agencies such as the local offices of the State Council, parent groups an various other organizations such as chapters of The Arc CA who have been instrumental in supporting our istribution efforts	

POS data for fiscal year 9- 2020 shows the disparities in all three regional centers

Regional Center	Spanish speaking population	Expen itures for Hispanics	Expenditures for Whites
CVRC	53.69%	\$7,692	\$24,570
VMRC	37.39%	\$7,961	\$18,558
RCEB	23.94%	\$7,810	\$32,538

6. Project Activities

Note: Before answerin this question, applicants must complete the Activities Template located in the middle ta directly above.

Clea ly and spe ifi ally state h w the schedule factivities dem nst ates the steps that the p e t will take to achieve its stated objective and measu es

Applicant Response

Congreso Familiar's goal has always been to provide information, education, an leadership trainings to Spanish speaking families. We recognize that learning to navigate all systems is challenging an those challenges are magnifie when someone oesn't speak the language. The purpose of this project is to reach families in the VMRC an CVRC catchment areas who speak Spanish and who have limite access to the technology to stay connecte. We will continue to identify families who o not have access to technology, we will provide them with an iPa an will provide trainings on how to use the evice an the apps. Once families have a evice an un erstan how to use it, they will be able to connect to the virtual presentations. We will partner with the regional centers an other community partners to ensure families have access to the upcoming presentations on topics that will be useful as they continue to advocate for their chil ren's needs.

We will recruit highly qualifie bilingual trainers to bring valuable information that families will be able to use. Most importantly, we value fee back from the families which we will obtain by provi ing surveys that we will use to help gui e the project.

It is important to note that the presentations we sche ule will be available to the entire CVRC an VMRC community an will not be limite to the families who receive the evices During our iPa istributions, we have alrea y hear families in icate that they will be sharing the information with "other families they know." It gives us great pleasure to know that families are looking out for each other, an we support their willingness to share these great resources with others as often as possible.

7. Project Measures

Applicant Response

TI N **APPLICANT** APPLICANTR P N ATTACHMENT Before answering this question, The progress of this project will be tracke by utilizing the activities an measures we have outline. We will be able to applicants gather the nee e information by utilizing surveys, tracking participation uring the virtual trainings, and tracking the number must enter performance measures of iPa s that are lent out throughout the life of our project. These measures will highlight the work we o an will keep us into the Activities accountable for making sure we are doing what we set out to accomplish. By monitoring these activities and measures on a Template located in the middle ta quarterly basis, we will be able to make a justments as nee e to make sure we stay on track. Being able to visually look directl a ove at ata will inform us about a itional outreach efforts we need to focus on Congreso Familiar has always relie on family fee back an we welcome comments an suggestions because we want to A e v u p oposed measu es make sure that we are fulfilling the nee's of the community. We use this fee back to make changes as nee e an /or bring appropriate t tack the pr ect's other components or other topics to our presentations. Family fee back has always been a critical part in gui ing our work be tive and a tivities? Explain h w throughout the years an we make sure families understan that this is a support that is for them By asking for family y u p oposed measu es p vide fee back, we set out to help families un erstan the importance of speaking up which is something that is ifficult for many insight int the effe tiveness f the Spanish speaking families ve all design fthe p e t and Success stories are another way to highlight the work that we o. A lot of the times, we become so focuse on our daily dem nst ate h w the impa t on the activities that we may forget to pause to think about the impact our projects are really having on the community. By sharing mmunity will be evaluated. these stories, we are better able to appreciate the efforts that go into providing these resources to nee y families 8. Budget Template and Narrative **Applicant Response** Note: Before answerin this The bu get for this project has been thoroughly reviewe and supports the proposed activities to achieve our project outcomes. The personnel expenses associate with this project will allow us to continue to provide the support families nee question, applicants must complete the Budget Template by indivi uals who understan first hand the challenges associate with learning about an navigating complex systems to a vocate for a family member with IDD. Our objective is to i entify Spanish speaking families an provide the information located in the tab directl above. an e ucation they will nee to increase their awareness, a vocacy, an lea ership skills It is important for us to have In y u Budget Template, explain h w qualifie staff who speak their language, fully understan their challenges, and empathize with the cultural implications that the p e t budget is nsistent with can become barriers to access the information they need. These positions will support and will accomplish all our the stated pr ect objective and performance measures an activities. a tivities, and clea ly and c n isely The operating expenses are minimal an will allow us to fulfill our objectives an activities Being able to provi e the explain h w the proposed presentations via a virtual platform allows us to keep the operating expenses own. The in-state travel, transportation and expenditu es support the ve all food/beverage expenditures will support our efforts when we have more in person iPad distributions and the technology pr ect design and proposed trainings. We quickly learne that walking families through the process of setting up an email and learning how to pavigate a out omes device can be challenging. However, when we are able to support the families in person, it has a greater impact because we · Budget Template example is can troubleshoot with them before they go home an attempt to use the technology on their own. A itionally, we have I ated at Atta hment C. been able to set up virtual drop-in hours where we have been able to answer any last minute questions and ensure their · Budget Details and Restri ti ns evices are working before they join the virtual presentations Families have talke to us about the importance of continuing are available he e this project because for a longer perio of time because their children's isabilities will not en in a year. These expenses will support and will accomplish all our performance measures an activities for the next two years We also have minimal in irect costs associate with this project but will be useful in supporting our proposed measures an activities Applicant Response 9. Budget Costs Explain h w the pr ect budget osts This buget is consistent with our objective an activities. Our primarily goal is to continue to make iPa savailable to are learly ass iated with the prect families who currently o not have access to technology Along with borrowing a evice, Congreso Familiar will continue to a tivities and oble tive and c infilm provi e in person technology trainings on how to use an iPa an how to navigate the apps on their iPa , how to navigate that the budget does not in lude n nthe Congreso Familiar webpage, Facebook page an our YouTube channel We have learned that hands on training has all wable sts osts funded by worke best for families because we are able to be there as they navigate the ifferent platforms inclu ing Zoom We can the s ur es. in ivi ually work with each parent and answer any questions they have before joining the virtual trainings. We recognize that oing this in person provi es the on support some families nee to feel comfortable using technology that they have not ha access to before. Allowing us to travel to their neighborhoo s is helping us meet families where they are, an we are also helping them meet other parents in their area that share the same interests. Families feel comfortable borrowing a evice that has been equipped with a urable case for protection, an they are reassured that the evices are covered un er Apple Care in case anything breaks Families have tol us this provides them with peace of mind as they also have ongoing technical support in case anything were to happen to their devices. We are able to track any evice that is lost by utilizing the tracking software and we can customize each device epending on each family's comfort level. The best part of having the tracking software is that we can wipe an restart each device shoul something happen to it but also when a family returns a device, it can be checke out to someone else without compromising anyone's personal information. We have learne what it takes to run this project an have been able to keep our costs to a minimum. This bu get does not inclu e non allowable costs an will meet our project activities.

Proposal Certification

Certification

1. Confirm Proposal Discussion with RC(s)

Applicant Response

CBOs are equi ed t dis uss thei proposal with each RC(s) the CBO is intending t serve. If you are a CBO, have y u dis ussed y u p oposal with each RC you are intending t se ve?	Yes	
2. RC Contact	Applicant Response	
CBOs are equi ed t submit thei appli ati n on u ently t the Department and t each RC(s) at hment the CBO is intending t se ve. If y u a e a CBO, state the name(s) f the nat tpe s n(s) at ea h RC y u have discussed y u proposal with.	We have iscusse our intent to continue our project for the next two years with CVRC an VMRC Both regional centers are aware that the iPa istribution will continue on an on going basis as more families are identifie as lacking a evice an nee e technology trainings. The virtual presentations on topics of interest for parents will also be made available to both catchment areas. We have also iscussed with RCEB our proposal to expan the iPad istribution to their families because we recognize that many of them have struggle with the igital ivi e, and we want to help close that gap. We know that there are families that still nee support learning how to navigate the technology to access supports an services for their family members. CVRC E Araim, Executive Director. VMRC Christine Couch & Tara Sisemore-Hester, Directors of Adults an Chil ren's Services. RCEB Lisa Kleinbub, Executive Director & Jairo Guiza, Diversity & Equity Specialist.	
3. Applicant Certification	Applicant Response	
By submitting this appli ati n, the Appli ant is e tifying the truth and ac u a y of the p oposal. The appli ant als ertifies that if y u have subcont acting ganizati ns, each parti ipating ganizati n has eviewed y u pr ect and agrees t thei assigned activities, measu es, and the budget.	Yes	
Applicant C mment	at icia Alben	