

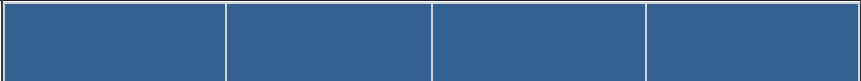
APPLICATION REPORT


Project Name: Advanced Parent Leadership Training
Applicant Organization: Frank D. Lanterman Regional Center
Awarded Amount: \$32,500.00
Funding Announcement Name: Mentoring Service Access and Equity Grant



PROJECT SUMMARY
 Advanced Leadership Training

APPLICANT INFORMATION	APPLICANT RESPONSE	ATTACHMENTS
Applicant Eligibility		
Applicant Information		
1. Project Title What is the exact Title?	Applicant Response Advanced Parent Leadership Training	
2. Awarded Amount	Applicant Response \$32,500.00	
3. Organization Type Choose the response that best describes your organization.	Applicant Response Regional Center (RC)	
4. Description of Organization/Group Provide a brief description of the organization/group. Explain what experience your organization has managing a project similar to the proposal and state the outcomes of that project. You may upload your brochure or add a website link.	Applicant Response Frank D. Lanterman Regional Center is 1 of 21 regional centers that serve individuals with or at risk for intellectual/developmental disabilities. Lanterman serves over 10,000 clients who reside in the areas of Central Los Angeles, Wilshire/Hollywood, Burbank, Glendale, Pasadena, La Canada/La Cienega. Lanterman's Keith Young Resource Center (KYRC) provides educational information, resources and referrals for clients and their families. The KYRC promotes the development of parent mentors through training and education. Currently, the KYRC maintains a pool of 40 active parent mentors. These mentors provide peer to peer support to other Lanterman parents in the form of Peer to Peer matches, welcome calls to new families and facilitation of 13 parent support groups. In 2020, a total of 630 welcome calls were conducted to new families and 51 Peer Support matches were made. The goal of the Advanced Parent Leadership Training is to increase capacity of the peer mentor program.	
5. Applicant in Good Standing Is the applicant in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration? Please upload confirmation letter(s) proof of good standing.	Applicant Response Yes	
6. Subcontractors in Good Standing Are the applicant's subcontractors in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration?	Applicant Response Yes	
Grant Reapplication Information		
Grant Reapplications		
1. Previous Award(s) Did your organization receive DDS grant funding in fiscal year 2019-2020-21? If yes, go to question 2 to complete each column. If no, skip this category and go to category 3.	Applicant Response No	
2. Previous Grant Award(s)	Applicant Response	

<p>Since fiscal year 2019, complete a workflow DDS Service Assessment and Equity grant you organization was awarded funding.</p>		
<p>3. Previous Grant Outcomes Provide a brief grant summary of your project outcomes for fiscal year 2019-20 and/ 2020-21.</p>	<p>Applicant Response Not applicable</p>	
<p>4. Project Transition If awarded, how will you currently project transition into the 2021-22 proposed project? Does your proposed project expand/continue your current project, if so how? What activities, measures, or target groups are being added? Provide a summary of the differences and reasons why you are proposing the change.</p>	<p>Applicant Response Not applicable</p>	
<p>General Application Proposal Summary</p>		
<p>1. Project Type Choose the project type that best describes your activities from the list below:</p>	<p>Applicant Response Education and Training</p>	
<p>2. Duration of project Choose the duration of your project.</p>	<p>Applicant Response 12 months</p>	
<p>3. Regional Centers Choose the Regional Center(s) that you project will serve. Check all that apply.</p>	<p>Applicant Response Frank D. Lanterman Regional Center</p>	
<p>4. Counties Served List the county/ counties you project proposes to serve. Check all that apply.</p>	<p>Applicant Response Los Angeles County</p>	
<p>5. City of Los Angeles If your project proposes to serve the City of Los Angeles, list the zip codes you project will serve.</p>	<p>Applicant Response Los Angeles: 90004, 90005, 90006, 90010, 90012, 90013, 90014, 90015, 90017, 90019, 90020, 90021, 90026, 90027, 90028, 90029, 90030, 90036, 90038, 90039, 90048, 90051, 90053, 90054, 90055, 90057, 90060, 90069, 90070, 90071, 90072, 90074, 90075, 90076, 90078, 90079, 90084, 90086, 90087, 90088, 90093, 90096 Glendale/Flintridge: 91012, 91020, 91021, 91023, 91046, 91201, 91202, 91203, 91204, 9120 , 91206, 91207, 91208, 91209, 91210, 91214, 91221, 91222, 91224, 91225, 91226 Bur bank: 91501, 91502, 91503, 91505, 91506, 91507, 91508, 91521, 91522, 91523 Pasadena: 91050, 91151, 91101, 91102, 91103, 91105, 91106, 91109, 91110, 91114, 91115, 91116, 91117, 91121, 91123, 91124, 91125, 91126, 91182, 91184, 91186, 91188, 91189</p>	
<p>6. Community Based Organizations Will you be working with other Community Based Organizations? If so, provide the name of the organization and how you will be working together.</p>	<p>Applicant Response Lanterman Regional Center will be subcontracting with Ally Comprehensive Services LLC. Subcontract will assist with development of training curriculum and will conduct the training services.</p>	
<p>7. Multiple Organizations</p>	<p>Applicant Response</p>	

<p>Does your project include partnership with one or more organizations either as a co-applicant or subcontract? If "yes", please upload a letter of support from each organization, that includes an explanation of their role in the partnership.</p>	<p>Yes</p>																			
<p>8. Strategies and Sustainability How will you perpetuate its work after the grant funding has concluded?</p>	<p>Applicant Response The project will recruit and train possible parent leaders/mentors. Participants will have the opportunity to join the group of existing parent leaders/peer support partners. For the past 20+ years, KYRC has trained parent leaders to become peer support partners. The program will continue to maintain and support a pool of new and active parent leaders. The new parent leaders will continue to meet regularly to explore leadership opportunities, share ongoing support, and identify needs. Participants will increase the pool of parent leaders to be considered for participation in regional Parent Board of Directors and/ regional Parent Committees.</p>																			
<p>1. Ethnic Groups Served Select the ethnicity group(s) the project will serve. For "Indian", "Pacific Islander", "Slavic" "Other" use comment section to list specific groups. Applicant Comment</p>	<p>Applicant Response African American, Chinese, Filipino, Hispanic, Japanese, Korean, Native American, Other (list) Other: Armenian, Russian</p>																			
<p>2. Ethnic Group(s), Language(s) and Number of Individuals Served For each ethnicity group, provide the number of individuals your project intends to serve and the related language(s).</p>	<p>Applicant Response</p> <table border="1" data-bbox="479 909 1333 1266"> <thead> <tr> <th data-bbox="479 909 776 1035"></th> <th data-bbox="776 909 1075 1035"></th> <th data-bbox="1075 909 1333 1035"></th> </tr> </thead> <tbody> <tr> <td data-bbox="479 1035 776 1083">Korean</td> <td data-bbox="776 1035 1075 1083">10</td> <td data-bbox="1075 1035 1333 1083">Korean</td> </tr> <tr> <td data-bbox="479 1083 776 1131">Filipino</td> <td data-bbox="776 1083 1075 1131"></td> <td data-bbox="1075 1083 1333 1131">Tagalog</td> </tr> <tr> <td data-bbox="479 1131 776 1180">African American</td> <td data-bbox="776 1131 1075 1180"></td> <td data-bbox="1075 1131 1333 1180">English</td> </tr> <tr> <td data-bbox="479 1180 776 1228">Other Asian</td> <td data-bbox="776 1180 1075 1228"></td> <td data-bbox="1075 1180 1333 1228">Other</td> </tr> <tr> <td data-bbox="479 1228 776 1266">Other</td> <td data-bbox="776 1228 1075 1266">0</td> <td data-bbox="1075 1228 1333 1266">as identified</td> </tr> </tbody> </table>				Korean	10	Korean	Filipino		Tagalog	African American		English	Other Asian		Other	Other	0	as identified	
Korean	10	Korean																		
Filipino		Tagalog																		
African American		English																		
Other Asian		Other																		
Other	0	as identified																		
<p>3. Age Group(s) Served Select all Age Groups the project will serve. Applicant Comment</p>	<p>Applicant Response Three to Five, Three to 21, 16 to 21, 22 and older Parents of children's 0-3yrs will not be included in the parent training efforts; however, they will not be excluded if interested.</p>																			
<p>Project Application Project Application</p>																				
<p>1. Project Summary and Organizational Experience</p>	<p>Applicant Response</p>																			

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENT
<p>Provide a clear and concise project summary that includes a defined target population, catchment area, and project design. Specifically describe what your project will accomplish and how it will benefit the community served. In your answer, include what experience your organization has working with the target population?</p>	<p>The target population for the project are Lanterman parents who are non-English speaking parents (Spanish, Korean, Filipino, Other Asian, Armenian, Russian) and African American parents. The project will serve the entire Lanterman catchment area: Central LA, Wilshire/Hollywood, Burbank, Glendale, Pasadena, LaCanada/LaCrescenta. The project will provide effective parent leadership training. The goal will be to develop a framework based on research of parent leadership and shared experiences. Parent leaders will learn advanced skills to help support other parents to navigate the system and provide 1:1 peer-to-peer support. Parents will be given the opportunity to make a difference, share experiences and ideas. Parents will learn to recognize the impact of speaking publicly about their life experiences.</p> <p>Parent leadership occurs when parents address the challenges of parenting children with special needs, gain the knowledge and skills to function in meaningful leadership roles and represent a parent voice. When parents are recognized and encouraged to be leaders, leadership becomes the cornerstone of an effective program. A broader impact can be achieved when staff and community stakeholders work together with parent leaders to achieve positive change, increase access and equity to services and improve the community's understanding of regional services.</p> <p>It is important to engage parents in meaningful leadership roles to ensure better outcomes for all families. Lanterman continually advances meaningful leadership for parents where they can share leadership in making decisions to improve services, programs and supports for families. The advanced leadership training program will offer successful and innovative strategies for promoting and implementing meaningful parent leadership in our community. The training will recognize the value and expertise of the life experiences of parents.</p> <p>For almost 20 years, Lanterman Regional Center has demonstrated the effectiveness of engaging parents in meaningful leadership roles to ensure better outcomes for families with support groups co-facilitated by LRC parent leaders and staff. During the past several months, groups were conducted via virtual trainings, monthly meetings and technical assistance provided by KYRC staff. Lanterman continues to advance opportunities for parents where they can share leadership in making decisions to improve services, and policies such as participation in the Board of Directors and Board committees.</p>	
<p>2. Data and Community Input Explain how the target population(s) are underserved using RC OS data or other data as supporting evidence of the disparity. In your answer, include how your organization used input from the community and/or target population to design the project?</p>	<p>Applicant Response</p> <p>Per capita expenditures by ethnicity/race at Lanterman Regional Center indicate that the lowest per capita expenditures are shown to be in the Polynesian community with an average of \$6,324 per capita expenditures, followed by Native American \$7,906, Hispanic \$11,279, Asian \$15,321 and Filipino \$17,068 compared to White \$22,463 and Black/African American \$24,128.</p> <p>Over the past year, Lanterman has conducted Coffee with Lanterman sessions at non-English speaking parents support groups and Peer Support Parent meetings with parents who have expressed an interest in leadership development opportunities and trainings. In 2020, Lanterman conducted a virtual Leadership training with a total of 18 attendees. Participants expressed interest in advanced leadership training opportunities.</p>	
<p>3. Uniqueness How is the proposed project unique (different from a currently funded grant (e.g., strategies, activities, and objectives) in the proposed regional center catchment area? If the project is similar to a currently funded grant listed on the Department's website, how is the proposed project different?</p>	<p>Applicant Response</p> <p>Lanterman's Advanced Parent Leadership training differs from other parent education programs in the immediate catchment area. Lanterman's parent leadership training will focus on a customized training for existing and new parent leaders. Parent leaders will have the opportunity to connect with each other and share their leadership skills, opportunities, questions, ideas and more. Parents will learn to share and develop expertise related to leadership skills. Current Lanterman parent leaders will expand skills and further develop critical leadership abilities to take action. The Advanced Leadership training program will include training, technical assistance, and coaching to pave the way for other parents to take on key leadership roles and collaborate with regional center as well as at the national, state and local levels.</p>	
<p>4. Improve Equity and Service Access How will you promote equitable access, and reduce barriers to services for individuals with intellectual and developmental disabilities and their families?</p>	<p>Applicant Response</p> <p>The Advanced Leadership training project will promote equitable opportunity to access services and supports. The project will reach out to parent leaders to engage parents in leadership roles to ensure better outcomes for families. A broader impact can be achieved when parent, staff and community stakeholders work together to achieve positive change to improve equity, access and education barriers to services for children with intellectual and developmental disabilities and their families. Parent leaders will provide valuable input about challenges, service inequities and new possibilities to improve access and utilization of services. The program will ask questions parent leaders will make suggestions about issues relating to the role of parent leadership and share ideas. Participants will learn skills to advocate with local elected officials and possibly participate in stakeholder groups with DDS.</p>	
<p>5. Support of RC Plan</p>	<p>Applicant Response</p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENT
<p>How does this project support the RC plan to promote equity and educate disparities in your proposed target area? If you are a RC, how does this project support your recommendations and plan to promote equity and educate disparities in your target area? How will you project collaborate with other organizations that serve individuals with intellectual and developmental disabilities and their families?</p>	<p>The program will recruit and engage parents from underserved communities. The project will provide a voice and engage parents and families who are marginalized. The training will focus on communication, cultural responsiveness, ethics and professionalism. The comprehensive training will utilize learning strategies, small group discussions and experiential exercises with individual participants. Parent leaders will learn techniques within their communities to benefit from services. Parent leaders will develop individual action plans to network with other organizations within their communities to increase awareness, share personal stories and pave the way for other families to become engaged.</p>	
<p>6. Project Activities</p> <p>Note: Before answering this question, applicants must complete the Activities Template located in the middle tab directly above.</p> <p>Clearly and specifically state how the schedule of activities demonstrates the steps that the project will take to achieve its stated objective and measures.</p>	<p>Applicant Response</p> <p>Q1: (Jan-March 2022)- The development of training and materials will be completed. Parents will be recruited and selected.</p> <p>Q2 & Q3: (April- September)- Parent training will include communication, cultural responsiveness, ethics and professionalism, individualized action plans. The training series will include a total of 4 sessions (2 hours each) comprehensive trainings. The series will consist of 1 core session and 3 in-depth sessions on advanced leadership skills and advocacy. Participants participate in one of all 4 sessions. The training will utilize learning strategies, small group discussions, and experiential exercises. The participants will complete individual assessments, pre and post surveys. Each training will include a maximum of 2 participants.</p> <p>B Q4 (October- Dec)- All parent leaders who complete one (one) of the 4 trainings will continue to be supported and mentored. Participants will receive ongoing coaching sessions, feedback and peer support to take on key leadership roles within regional enter board of directors and committees as well as network with state and local officials.</p> <p>Program evaluation, data collection and analysis will be completed.</p> <p>All participants will complete a self assessment of leadership skills at the beginning of the program. They will also complete pre-surveys and post surveys after each training to measure their competency and confidence in leadership skills.</p>	
<p>7. Project Measures</p> <p>Before answering this question, applicants must enter performance measures into the Activities Template located in the middle tab directly above.</p> <p>Are your proposed measures appropriate to track the project's objective and activities? Explain how your proposed measures provide insight into the effectiveness of the overall design of the project and demonstrate how the impact on the community will be evaluated.</p>	<p>Applicant Response</p> <p>Proposed measures will include: self assessments of participant leadership skills, pre and post surveys to measure learned skills. Every participant will complete a self assessment. Results of the self assessment will be used to help participants develop new skills and strengthen abilities. The pre and post surveys will be conducted at every session to measure knowledge before and after the training sessions.</p> <p>Participants will be asked if they would like to join the Peer Support Partner program to mentor other parents. It is the goal of the program to recruit participants to join the Peer Support Partner program.</p> <p>Participants will be asked if willing to represent the regional center in advocacy activities. It is the goal of the program to recruit 10 participants who are willing to represent regional center in advocacy activities.</p>	
<p>8. Budget Template and Narrative</p>	<p>Applicant Response</p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENT
<p>Note: Before answering this question, applicants must complete the Budget Template located in the tab directly above.</p> <p>In your Budget Template, explain how the project budget is consistent with the stated project objective and activities, and clearly and concisely explain how the proposed expenditures support the overall project design and proposed outcomes.</p> <ul style="list-style-type: none"> Budget Template example is located at Attachment C. Budget Details and Restrictions are available here. 	<p>Subcontract will work with KYRC Director to develop training curriculum, data collection, analysis and reporting on program.</p> <p>KYRC Family Support Specialist will assist subcontract with facilitation of training as well as recruitment and promotion.</p> <p>KYRC Family Support Specialist will work with participants on an ongoing basis to mentor and support their leadership development and promote leadership opportunities.</p> <p>KYRC Family Support Specialist will work with participants who volunteer to be peer support partners.</p>	
<p>9. Budget Costs</p> <p>Explain how the project budget costs are clearly associated with the project activities and objectives and confirm that the budget does not include non-allowable costs funded by the surpluses.</p>	<p>Applicant Response</p> <p>The budget costs are directly associated with costs for subcontract to develop curriculum and training materials including self assessment, Peer Survey and Peer Surveys.</p> <p>Subcontract will be allocated 100 hours to be completed in Q1 (Jan-Mar 2022). KYRC Director will work closely with subcontract to implement program.</p> <p>Upon completion of the development of training curriculum and materials, subcontract will be allocated 8-10 hrs. to conduct 4 trainings (April - September), will conduct 4 training sessions, each session will be conducted in 2 hrs. The 4 training sessions will be conducted between April- September 2022.</p> <p>KYRC Family Support Specialist will promote and recruit participants for the trainings and assist with facilitation.</p> <p>Subcontract will be allocated 60 hrs. (September to December) to review, analyze, collect data and provide results. KYRC Director will work closely with subcontract during evaluation process.</p> <p>KYRC Director will be responsible for overall oversight, implementation and reporting.</p>	
<p>Proposal Certification</p>		
<p>Certification</p>		
<p>1. Confirm Proposal Discussion with RC(s)</p> <p>CBOs are required to discuss their proposal with each RC(s) the CBO is intending to serve. If you are a CBO, have you discussed your proposal with each RC you are intending to serve?</p>	<p>Applicant Response</p> <p>Yes</p>	
<p>2. RC Contact</p> <p>CBOs are required to submit their application on directly to the Department and to each RC(s) attachment the CBO is intending to serve. If you are a CBO, state the name(s) of the contact person(s) at each RC you have discussed your proposal with.</p>	<p>Applicant Response</p> <p>Not applicable</p>	
<p>3. Applicant Certification</p>	<p>Applicant Response</p>	

APPLICANT TITLE	APPLICANT RESPONSE	ATTACHMENT
<p>By submitting this application, the Applicant is certifying the truth and accuracy of the proposal. The applicant also certifies that if you have subcontracting organizations, each participating organization has reviewed your project and agrees to their assigned activities, measures, and the budget.</p>	<p>Yes</p>	
<p>Applicant Comment</p>		