

APPLICATION REPORT

Project Name: Navigator Program
Applicant Organization: South Central Los Angeles Regional Center
Awarded Amount: \$450,000
Funding Announcement Name: Promoting Service Access and Equity Grant



PROJECT SUMMARY

Provide one-to-one system navigation, and group education, to individuals and families served by SCLARC, to increase POS and general services.

APPLICANT INFORMATION	APPLICANT RESPONSE	ATTACHMENTS
Applicant Eligibility		
Applicant Information		
1. Project Title What is the Project Title?	Applicant Response Navigator Program	
2. Awarded Amount	Applicant Response \$450,000	
3. Organization Type Choose the response that best describes your organization.	Applicant Response Regional Center (RC)	
4. Description of Organization/Group Provide a brief description of the organization/group. Explain what experience your organization has managing a project similar to the proposal and state the outcomes of that project. You may upload your brochure or add a website link.	Applicant Response SCLARC is a free, non-profit organization which coordinates support services for individuals diagnosed with developmental disabilities, young children with developmental delays, and their families. One of 21 Regional Centers in California, SCLARC's has successfully implemented Navigator Program since 2017, bringing the program to communities on the experience and relationships built by the Family Resource Center. SCLARC's Navigator Program provides parents and caregivers with education and support with understanding and acquiring Regional Center and genetic services, and is very successful, with 197 individuals receiving 332 new individual Region I Center services last year alone. During last fiscal year, the program also supported 100 new children and adults through the intake process for Early Start or Limestone to become eligible for SCLARC services. SCLARC's website is www.sclarc.org .	
5. Applicant in Good Standing Is the applicant in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration? Please upload confirmation letter(s) proof of good standing.	Applicant Response Yes	2
6. Subcontractors in Good Standing Are the applicant's subcontractors in good standing with the California Secretary of State, California Franchise Tax Board, and California Department of Tax and Fee Administration?	Applicant Response Not Applicable	
Grant Reapplication Information		
Grant Reapplications		
1. Previous Award(s) Did your organization receive DDS grant funding in fiscal year 2019-2020-21? If yes, go to question 2 to complete each column. If not, skip this category and go to category 3.	Applicant Response Yes	
2. Previous Grant Award(s)	Applicant Response	

APPLICANT INFORMATION	APPLICANT RESPONSE				ATTACHMENT
<p>Sine fiscal year 2019, complete a workflow for DDS Service Areas and Equity grant organization was awarded funding.</p>	<p>Year Awarded</p>	<p>Project Title</p>	<p>Grant Number</p>	<p>Award Amount</p>	
	<p>2019</p>	<p>Early Childhood Outreach and Screening Program</p>	<p>19-SCLARC- 3</p>	<p>159,979</p>	
	<p>2019</p>	<p>Regional Center Leadership Academy</p>	<p>19-SCLARC- 9</p>	<p>69,500</p>	
	<p>2019</p>	<p>Navigate</p>	<p>19-SCLARC- 1</p>	<p>465,708</p>	
	<p>2020</p>	<p>Navigate Program</p>	<p>20-SCLARC</p>	<p>465,708</p>	
<p>3. Previous Grant Outcomes</p> <p>Provide a brief grant summary of your project outcomes for fiscal year 2019-20 and/ 2020-21.</p>	<p>Applicant Response</p> <p>During fiscal year 2020-21, beginning in April of 2021, SCLARC's Navigate Program continued work with individuals and families in getting access to systems of care and acquiring services for individuals with developmental disabilities. Navigate worked with both individuals new to the Regional Center system through the intake process, and with existing individuals served by SCLARC. Despite the ongoing pandemic the program was able to continue with no pause, and achieved desired outcomes through phone and virtual work with families.</p> <p>Key outcomes for this current 2020-21 grant cycle, period of 6 months includes:</p> <ul style="list-style-type: none"> Receiving 480 new cases referrals, with 169 of those successfully entering the program due to achieving their goal of either acquiring a new service or receiving education or advocacy support. Staff is currently working with 566 individuals and families to achieve their individual goals such as understanding their child's psychological level, equipping Personal Assistant services through P.S., or applying for IHSS. 44 children and adults who became eligible during this 6 month period, for either enrollment or LTR membership, for receiving Navigate support through the process. 35 consumers who received new P.S. services, total of 43 different services, including Independent Living Services, Respite, Personal Assistance, and Behavior Services. 85 individuals who received genetic services for the first time, helping individuals who became eligible for In Home Support Services or Supplemental Security Income (SSI). <p>The program is successful in helping families get in new services because of the detailed one to one education and follow up throughout the process of service acquisition. Many of the individuals supported received multiple services depending on their needs including many community-based services including ABA through Medi-C, CCS, Medi-C funded therapies, and non-individual services.</p> <p>Although the pandemic continues to present challenges for conducting outreach, the Navigate program connected with families in need of support with applying for SCLARC intake through the state's social service agencies. An example of these services is Personal Services for Children South LA (PCSLA), which refers children to the Navigate program for support with the intake process for both enrollment and LTR membership. Navigate provides individuals and families with education on the SCLARC eligibility and intake process, support with getting necessary information to complete intake process, and follow up with families throughout the process of identifying scheduling and emotional needs.</p>				
<p>4. Project Transition</p> <p>If awarded, how will you currently be transitioning into the 2021-22 proposed project? Does your proposed project expand on current activities, or are new activities being added? Provide a summary of the differences and reasons why you are proposing the change.</p>	<p>Applicant Response</p> <p>The pandemic brought attention to the need for support services in order for children and adults with developmental disabilities and their families to live full and engaged lives in their communities. Based on the demographics of the services provided by SCLARC the geographic locations of African-American, Latino, and Spanish-speaking will not change, but the program will aim to increase the number of individuals served during the 21-22 fiscal year. During the 2021-22 fiscal year the project will expand to include a new workshop, Accessing Behavior Services. This training curriculum was added in response to the growing number of persons in need of support with accessing ABA services through Medi-C.</p>				
<p>General Application Proposal Summary</p>					
<p>1. Project Type</p> <p>Choose the project type that best describes your activities from the list below:</p>	<p>Applicant Response</p> <p>Community Center</p>				
<p>2. Duration of project</p>	<p>Applicant Response</p>				

Choose the duration of your project.	12 months										
3. Regional Centers Choose the Regional Center(s) that you prefer to serve. Check all that apply.	Applicant Response South Central Los Angeles Regional Center										
4. Counties Served List the county/ counties you prefer to serve. Check all that apply.	Applicant Response Los Angeles County										
5. City of Los Angeles If you prefer to serve the City of Los Angeles, list the zip codes you prefer to serve.	Applicant Response 90011, 90012, 90013, 90007, 90008, 90011, 90016, 90018, 90037, 90043, 90044, 90047, 90056, 90058, 90059, 90061, 90062.										
6. Community Based Organizations Will you be working with other Community Based Organizations? If so, provide the name of the organization and how you will be working together.	Applicant Response Not Applicable										
7. Multiple Organizations Does your project include partnership with other community organizations either as a contractor or subcontractor? If "yes", please upload a letter of support from each organization, that includes an explanation of their role in the partnership.	Applicant Response No										
8. Strategies and Sustainability How will you be able to continue its work after the grant funding has concluded?	Applicant Response This project provides system integration to underserved individuals and families in order to use new services in place, and allows SCLARC leadership to identify best services, and solutions to increase equity in service provision. The program's success in building the capacity of underserved individuals and families for successful outcomes in living for services has built positive relationships based on trust with our community. Education on topics such as region level services, or the IPP process has provided households of underserved individuals with the tools they need to be an active participant in their future work with their SCLARC Service Coordinator, and enabled them for future self-advocacy. While the Neighborhood Program would not be sustainable without grant funding, the impact of the program has left a legacy of families who believe and support services available to their loved ones, and how to live and do better for future services.										
1. Ethnic Groups Served Select the ethnicity group(s) the project will serve. From "Indian", "Pacific Islander", "Slavic", "Other" use comment section to list specific groups. Applicant Comment	Applicant Response Hispanic, African American										
2. Ethnic Group(s), Language(s) and Number of Individuals Served For each ethnicity group, provide the number of individuals you prefer to serve and the related language(s).	Applicant Response										
	<table border="1"> <thead> <tr> <th>Ethnic Group(s)</th> <th>Individuals Served</th> <th>Language(s)</th> </tr> </thead> <tbody> <tr> <td>African American</td> <td>13</td> <td>English</td> </tr> <tr> <td>Latin</td> <td>695</td> <td>English, Spanish</td> </tr> </tbody> </table>	Ethnic Group(s)	Individuals Served	Language(s)	African American	13	English	Latin	695	English, Spanish	
Ethnic Group(s)	Individuals Served	Language(s)									
African American	13	English									
Latin	695	English, Spanish									
3. Age Group(s) Served Select all Age Groups the project will serve.	Applicant Response Birth up to Thirteen (Early Start), Thirteen to Fifteen, Thirteen to Twenty One, Sixteen to Twenty One, Twenty Two and older										

APPLICANT TITN	APPLICANT RESPONSE	ATTACHMENT
Applicant Comment		
Project Application		
Project Application		
<p>1. Project Summary and Organizational Experience</p> <p>Provide a clear and concise summary that includes a defined target population, current status, and project design. Specifically describe what you project will accomplish and how it will benefit the community served. In your answer, include what experience your organization has working with the target population?</p>	<p>Applicant Response</p> <p>The Navigator Program provides education and support to individuals served by SCLARC and helps them with accessing services when they are able to. Participants are engaged with multiple systems of care is often confusing, as different systems have varying eligibility requirements, timelines and required documentation. The program serves individuals served by SCLARC with no current services, including education on SCLARC's Program menu of services, and offering education on how to request services, and advocate for their needs. The program also works with families only for IHSS, SSI, and Medi-Cal funded services including ABA and other therapies. The program serves children and adults in need of support through their kindergarten assessment process for both Lente and Elysta services. The program is open to all of SCLARC's service area of South Los Angeles and Southern LA cities, and help in the general population of Latinos, African-American and Spanish-speakers.</p> <p>Program staff include three Navigators and four Navigators, who work one-to-one with families to improve their knowledge of service systems, and provide support to those seeking open new services in place, or increase existing services. Program staff also provide group education sessions on the topics of:</p> <ul style="list-style-type: none"> Regional Center review and the IPP, In-Home Supportive Services (IHSS), Accessing Behavioral Services, and Transition to Adulthood. <p>Program referrals come from self-referral of individuals who were made aware of the Navigator Program from outreach, or through participation in self-referrals through a Service Coordinator. Each family is contacted by a assigned Navigator to identify goals for their working relationship. Families are offered one-on-one and group education depending on their services they identify as needed, and throughout the process of a clarification of eligibility, the Navigator maintains consistent contact to ensure that barriers to services are removed, to remind clients of important deadlines and next steps.</p> <p>Staff understand the complexities of Services, as well as the genetic services for individuals with disabilities, and help many of program staff are bilingual in Spanish. Navigators begin relationship building during initial meeting or discussion and review service system details, then provide regular check-ins as needed during the application process, depending on their service system. Participants are also invited to attend group workshops about systems of care, or receive one-to-one education if they cannot attend group training. The Navigator Program has successfully served over 3,377 individuals and families since its inception, connecting children and adults to SCLARC for the first time through their process, and with supporting families with acquiring Services such as respite services. The program has helped families receive needed SSI, IHSS, ABA and other genetic resource benefits.</p>	
<p>2. Data and Community Input</p> <p>Explain how the target population(s) are understood using RCOS data and other data as supporting evidence of the disparity. In your answer, include how your organization used input from the community and/or target population to design the project?</p>	<p>Applicant Response</p> <p>Individuals served in Fiscal Year 2019-20, 70% were Latino, 22% African-American, 6% other, 2% White, and 42% are primarily Spanish-speaking. Latinos in FY 19-20 had a average annual PCS of \$9,588, compared to African-Americans, who had a average PCS of \$20,061, and other ethnicities which had an average PCS of \$18,365. I should be noted that more cost-effectively reside in L.L. communities where higher among African-American and other ethnic groups, and among those who lived home, African-Americans had a average annual expenditure of \$11,418, and other ethnic groups a average PCS of \$7,408.</p> <p>A focus of SCLARC's efforts to improve equity in service provision is through the Navigator Program, which focuses on reaching those with no PCS. The number of Latinos with no PCS dropped from 21% in FY 17-18, down to 13% in FY 19-20. Among African-Americans, those with no PCS dropped from 16% to 10.5%. Finally, these numbers have also improved for Spanish-speakers, who previously showed 17% with no PCS in FY 17-18, which has since decreased to 12%. While these improvements highlight the success of SCLARC's efforts to improve equity, focus on improving equity in services received by ethnic groups, and continued efforts to reach those with no PCS will be the focus of the upcoming year. The Navigator Program collects feedback from participants through surveys, and SCLARC discusses program outcomes during public board meetings and annual Town Hall meetings.</p>	
<p>3. Uniqueness</p>	<p>Applicant Response</p>	

APPLICANT QUESTION	APPLICANT RESPONSE	ATTACHMENT
<p>How is the proposed project unique/different from a currently funded grant (e.g., strategies, activities, and objectives) in the proposed regional center at home area? If the project is similar to a currently funded grant listed on the Department's website, how is the proposed project different?</p>	<p>SCLARC's Nig or P og m is both unique nd inc edibly successful in o iding one o one se ice of milies, nd in showing d to suppor og m success. Since is ince ion, he og m h s successfully wo ked wi h 3,377 indi idu ls nd f milies, with o e 500 consume s recei ing new P S se ices, and o e 450 consume s recei ing new community-b sed se ices. As esul of he suppor ovided by na ig tors, mo e han 375 child en nd dul s recei ed eligibility h ough he Region I Cen e .</p> <p>While he e o he en educ ion nd communi y connec or ojec s funded in he SCLARC se ice e , he N ig or P og m is unique in is l cemen both wi hin Region I Cen e nd wo king wi hin the F mily Resou ce Cen e . S ff h e access o clien files, which is icul ly useful in suppor ing f milies in a lyi ng fo gene ic se ices, which often equi e copies of he client sychologic l e o o IPP. S ff e ble o discuss c ses di ec ly wi h SCLARC's intake e ms, o Se ice Coordina o s, as hey wo k in the same building. This close wo king relationship reduces the amoun of ime to esolve oblems, nd of cilit e he s of new P S se ices. N ig o s ff recei e ining from SCLARC's C se M n gemen e m on P S olicies nd ocedures, nd ovide input through n inte de o mten l committee o iden ify common b ie s in se ice p o ision and o wo k collabo i ely to iden ify solu ions.</p>	
<p>4. Improve equity and Service Access</p> <p>How will you p e timp ve equity, a ess, and redu e ba ie s to se vi es f individuals with intelle ual and developmental disabilities and their families?</p>	<p>Applicant Response</p> <p>This ojec o ides indi iduals se ed by SCLARC nd hei c egi e s wi h one to one educ ion nd sys em na ig ion suppor in cqui ing se ices nd benefi s ha c n im o e hei lives. Ta ge ing indi idu ls with no cu ent P S funded se ices, s ff ovide e ch f mily wi h SCLARC menu of se ices o e iew, p o ide educ ion on he urpose of he IPP, nd offe suppor wi h eques ing se ices. S ff lso wo k wi h f milies o cqui e new generic ser ices including IHSS, SSI, s eci l educ ion, C l Fresh benefi s, nd Medi-C l funded se ices including ABA, di e s, nd othe he ies.</p> <p>This p oject reduces b ie s fo f milies who h e p e iously not had success in ecei ing needed suppor i e se ices o benefi s by o iding hem a b seline educ ion nd unde s nding of he sys em o which they e l ying. Staff lso hel ents icul e hei child's needs, nd unde s nd he s ecific eligibility equi emen s of systems, le ding to be e outcomes. The og m elies on building us ing rel ionshi wi h f milies, m ny of whom ex ess h their p e ious ex e ience at SCLARC was f us ing o neg ive. The consi en follow u of N ig o s ff wi h f milies h oughou the p ocess of a lyi ng fo se ices suppor s f milies who encoun e ques ions o ba ie s, nd hel s ents to feel suppor ed hroughout hei journey of finding new se ices.</p>	
<p>5. Support of RC Plan</p> <p>How does this project support the RC plan to p mote equity and edu e disparities in you proposed at hment area? If you a e a RC, how does this p e t support you e mmendati ns and plan to p m ote equity and edu e dispa ities in you cat hment area? How will you p e t collaborate with ther ganizati ns that se ve individuals with intelle ual and developmental disabilities and their families?</p>	<p>Applicant Response</p> <p>P of SCLARC's ecommenda ions nd l n o omote equi y nd educe dis i ies is o continue he successful im lementa ion of he N ig or P og m. Th oughout he ndemic, while o her communi y og ms s w decline in efe ls nd c se numbe s, he og m m in ined a close connection o f milies, offe ed hone nd i ual suppor, nd ecei ed n inc e se in efe ls com ed o evious yea s. The og m s ecifically achie es go ls ela ed o inc e sing equi y by su or ing indi iduals in ccessing Regional Cente eligibility nd new P S se ices.</p> <p>The ojec works coll bor i ely wi h se e l community-b sed org niza ions, including he Ci y of Los Angeles De men on Dis bility, which p oided og m icip n s me l deli e y se ices, nd co-hosted PPE nd food box dis ibu ion e en the LA Coliseum, se ing mo e h n 400 Region I Cen e f milies. The YMCA of Los Angeles has lso been key ne during he ndemic, working with SCLARC na ig tors o hos mul i l e dri e h ough e en s to dis ibu e items o f milies s uggli ng wi h cqui ing food nd PPE supplies. These e ents helped the p og m to m in in a be e elationship and connec ion to f milies icip ing in the N ig o og m, and o relie e some of the financial h dshi m ny faced during he ndemic. N ig ors continue o wo k collabo i ely with he USC UCEDD a Child en's Hos it l Los Angeles (CHLA), which offe s suppor wi h physici n follow up nd medic l documenta ion.</p>	
<p>6. Project Activities</p>	<p>Applicant Response</p>	

APPLICANT TITN	APPLICANT RESPONSE	ATTACHMENT
<p>Note: Before answering this question, applicants must complete the Activities Template located in the middle table directly above.</p> <p>Clearly and specifically state how the schedule of activities demonstrates the steps that the project will take to achieve its stated objective and measures.</p>	<p>In order to support underserved communities in acquiring P-S funded services and generic benefits, the project will:</p> <ul style="list-style-type: none"> Identify consumers with no P-S who are underserved and provide one-on-one support with acquiring P-S services and/or generic benefits; Hold Region I Client Outreach and the IPP Workshop for SCLARC consumers; Hold IHSS Workshop for SCLARC consumers; Hold Accessing Behavioral Services Workshop for SCLARC consumers; Hold Transition to Adulthood Workshops for SCLARC consumers with a child age 14 or 21. <p>These activities allow the Navigator Program to continue its work to increase the number of underserved individuals who receive new P-S, increase the number of P-S services acquired, and increase the number of individuals who become eligible for SCLARC's early intervention and Lante m n services. While the program provides one-on-one support once family is established with living, requesting, and specific services, group workshops help establish baseline of understanding among parents, so that they can rely on the specific service system, and can make an informed choice about their own readiness to move forward. For example, following the IHSS workshop, many parents decide whether they are ready to submit an application, either because they feel they do not have the time to complete the assessment process, or because they have no yet identified workers.</p> <p>Group workshops are an integral part of the project, and complement the one-on-one support provided by Navigators. Staff hold trainings in both English and Spanish, including Regional Client Outreach and the IPP, IHSS, Transition to Adulthood, Accessing Behavioral Services, and hold twice monthly ABA clinic for those parents needing support with child medical plans or provide services on conference line.</p> <p>The project will use measures supported by DDS for Community Connector projects. In addition, the measures included in this proposal project success is demonstrated through the number of individuals who successfully complete the program through receiving equated education, or through the acquisition of the desired services. The project can also demonstrate success in increase of P-S and generic services through summary lists of the number of individuals who have received each individual service.</p>	
<p>7. Project Measures</p> <p>Before answering this question, applicants must enter performance measures into the Activities Template located in the middle table directly above.</p> <p>Are you proposing measures appropriate to track the project's behavior and activities? Explain how your proposed measures provide insight into the effectiveness of the overall design of the project and demonstrate how the impact on the community will be evaluated.</p>	<p>Applicant Response</p> <p>SCLARC's measures will support the agency in showing the success of the project objectives and activities. The project aims to support individuals served by SCLARC and their families in receiving education and support in navigating various systems of care in order to receive new services and benefits. As such, the measures show the number of individuals served, enumerate the services received, including measures for individuals who become eligible for SCLARC services for the first time. In addition, measures on parent education show the program impact through the number of individuals served and through summaries of their knowledge gains and feedback.</p>	
<p>8. Budget Template and Narrative</p>	<p>Applicant Response</p>	

APPLICANT INFORMATION	APPLICANT RESPONSE	ATTACHMENT
<p>Note: Before answering this question, applicants must complete the Budget Template located in the tab directly above.</p> <p>In your Budget Template, explain how the proposed budget is consistent with the stated project objective and activities, and clearly and concisely explain how the proposed expenditures support the overall project design and proposed outcomes.</p> <ul style="list-style-type: none"> Budget Template example is located at Attachment C. Budget Details and Restrictions are available here. 	<p>The proposed budget includes costs for salary and benefits for three Negotiated or Specialized and four Negotiated or Specialized, full-time and one half-time, provide education, skill development, training, and guidance to Negotiators working with consumers and families. These Specialized also work one-on-one with consumers and families to acquire services. Negotiators primarily work one-on-one with individuals and families, offering support and education in negotiating systems of care to obtain services. Negotiators also conduct educational workshops. Funding benefits calculations were based on currently prescribed local, state, and federal rates and were estimated at 34% of the salary rate.</p> <p>Traveling expenses include individual housing fees for GoToWebinars, laptop hardware use to host online trainings, and host recorded trainings with registration fees for those who cannot attend live training. A contracted interpreter for bilingual English/Spanish parent education workshops, or translation of new sessions or informational handouts, is also included.</p> <p>The budget also includes the annual subscription costs for text communication system or information of educational opportunities, community focused resources, and to send specific communication or registered families to remind them about appointments. The program will purchase office supplies for staff such as pens and paper, and will also purchase instructional supplies for parent education such as binders, pens and paper, or consumable organizational binders.</p> <p>Indirect costs include those for administration or supervision of the project from executive staff and the Family Resource Program Manager, who will collect and report and ensure successful implementation of the project. Additional indirect costs include those for accounting, payroll, janitorial, security, printing and utilities. Finally, indirect costs include those for information technology support to ensure equipment used by staff is working, able to be updated with new software, and hardware equipment technology support when needed.</p>	
<p>9. Budget Costs</p> <p>Explain how the project budget costs are clearly associated with the project activities and objective and confirm that the budget does not include non-allowable costs funded by the surplus.</p>	<p>Applicant Response</p> <p>The budget for this project is entirely focused on the implementation of one-on-one support of families and educational workshops. The budget includes costs related to salary and benefits for three Negotiated or Specialized, and four Negotiators who will implement the project. The project expenses include subscription for GoToWebinars to allow for individual hosting of educational workshops, in addition to translation, text communication system, office supplies and instructional supplies for parent education. All of these costs will support Negotiators in providing education and effective communication and supporting families. The budget is aligned with the implementation of program activities and measures, with the bulk of the budget dedicated to staff who implement the project activities and measures.</p>	
<p>Proposal Certification</p> <p>Certification</p>		
<p>1. Confirm Proposal Discussion with RC(s)</p> <p>CBOs are required to discuss their proposal with each RC(s) the CBO is intending to serve. If you are a CBO, have you discussed your proposal with each RC you are intending to serve?</p>	<p>Applicant Response</p> <p>Yes</p>	
<p>2. RC Contact</p> <p>CBOs are required to submit their application directly to the Department and to each RC(s) attachment the CBO is intending to serve. If you are a CBO, state the name(s) of the contact person(s) at each RC you have discussed your proposal with.</p>	<p>Applicant Response</p> <p>NA</p>	
<p>3. Applicant Certification</p> <p>By submitting this application, the Applicant is certifying the truth and accuracy of the proposal. The applicant also certifies that if you have subcontracting organizations, each participating organization has reviewed your project and agrees to their assigned activities, measures, and the budget.</p>	<p>Applicant Response</p> <p>Yes</p>	

APPLICANT T I N	APPLICANT R P N	ATTACHMENT
Applicant Comment		