APP ICATI NR PORT

Project Name: Pa tne s in li ymaking (Adv a y T aining)

 Applicant Organization:
 Valley Mountain Regional Center

Awarded Amount: \$100,000

Funding Announcement Name: m oting Servi e A ess and Equity G ant



PROJ CT UMMARY

T provide omprehensive knowledge of parts of the IDD ommunity and thei I al ommunities in general. The prect will be accomplished by providing a series of taining terminal participants.

APPLICANT TI N	APPLICANT R PON	ATTACHM NT
Applicant ligibilit Applicant Information		
1. Project Title	Applicant Response	
What is the ect Title?	S ias en la f mulación de políti as/ artners in oli ymaking	
2. Awarded Amount	Applicant Response	
	\$100,000	
3. rganization Type	Applicant Response	
Choose the esponse that best des ibes y u ganization.	Regional Center (RC)	
4. Description of rganization/Group	Applicant Response	
ovide a brief des ipti n of the ganizati n g up. Explain what experien e y u ganization has managing a pr ect similar t the proposal and state the out omes f that p ect. You may upload y u br hu e add a website link.	Valley Mountain Regional Center was established in 1974, we serve over 16,000 individuals with developmental disabilities and their families. We provide ontinuous training poor tunities to families and providers thoughout the year. We also partner with unommunity to provide the CHOICES Conference for 500 Self-Advice at each ovider Best active on ference for 125 for use vice providers. To ny Anderson, the Executive Direction has five years of experience of a laborating with Family Vices, Family Resule Network for CA, and Family Empowerment Centers CA to unother statewide artners now oil ymaking CA program for 2007 to 2011.	
5. Applicant in Good Standing	Applicant Response	
Is the appli ant in good standing with the Calif nia Sec etary of State, Calif nia F an hise Tax Board, and Calif nia Department of Tax and Fee Administ ati n? lease upl ad onfi mation letter(s) pr f of good standing.	Yes	1
6. Subcontractors in Good Standing	Applicant Response	
A e the appli ant's subcont act s in good standing with the Calif nia Sec etary of State, Calif nia F an hise Tax Board, and Calif nia Department of Tax and Fee Administ ati n?	N t Appli able	
Grant Reapplication Information		
Grant Reapplications nl		
1. Previous Award(s)	Applicant Response	
Did y u ganizati n eceive DDS grant funding in fis al year 2019-20 2020-21? If yes, go t questi n t omplete each olumn. If n , skip this ategory and go t ategory 3.	Yes	
2. Previous Grant Award(s)	Applicant Response	

APPLICANT TI N	APPLICANT R PON				ATTACHM NT
Sin e fis al year 2019, mplete a wf each DDS Se vi e A ess and Equity g ant y u ganizati n	Year Awarded	Project Title	Grant Num er	Award Amount	
was awa ded funding.	2019-2020	Inte p ete T aining and Language A ess	19-VMRC-07	100,000	
3. Previous Grant utcomes	Applicant Response				
ovide a brief g ant summa y of y u pr ect ut mes f fis al year 2019- 20 and/ 2020-21.	Language A ess to give ur intrinterp eting from English t Spar understood. We have seen familieginal enter se vi es by heari in assisting families in understan ac essing the generi es ur es	Dutcomes fr m ur u ent grant for 2019-2020: Ou p e t was f used on Interpreters and T anslators and anguage A ess to give ur interp eters better exposure t the nuances of the egi nal enter that they we enterp eting from English t Spanish. Sometimes ur terms a e not easily interpreted if the full ontext is not understood. We have seen families access generi es ur es and improve their a ess and understanding f egi nal enter se vi es by hearing about them in their language. T anslatin of V abulary has been a massive key no assisting families in understanding the meaning of se vi es. Nevertheless, families not nice to essing the generies ur es and egi nal enter se vi es. One of the most significant utcomes f mithis pet in as been to ontinue providing taining to the Interpreters and translators who are vendors of VMRC.			
4. Project Transition	Applicant Response				
If awarded, h w will y u u ent pr ect t ansiti n int the 2021-proposed pr ect? Does y u proposed pr ect expand ontinue y u urrent p e t, ifs h w? What activities, measu es, target groups are being added? vide a summa y of the diffe en es and easons why y u a e proposing the hange.	Ou fi st prects entered on infer mal mate ials, and buildin mmunity event. In 2018 we tine in Stanislaus C unty us was the la gest event in ue on tanslated mate ials desithey bette underst due glanguages. This poposal aim deep and omprehensive knoand how timpact hanges in While a essand the expansimmunity have been the veand adds self-advates as a	g up u mmunity partininued t build u ut econd largest a ea. In 20 gional enter's hist y ho bing servi es and put an ional enter system as the st f us n onsume swledge of se vi es, adv these systems t improvin of infilmatin, knowle iding themes s far in the services of t	nerships though ut each, teach apacity and held up of the continued to the	ulminating in a la ge second Cultu al Fai, this g w and u annual event b. The next year we f us ment f u inte p ete s s nd a gon t othe adre fadv ates with a ther mmunity systems, the ommunity's needs. egional enter and u	
General Application					
Proposal Summar	Anniinant Dannana				
Project T pe Choose the pr ect type that best des ibes y u activities f om the list below:	Applicant Response Educati n and T aining				
2. Duration of project					
L. Duration of project	Applicant Response				
Choose the du ati n of y u pr ect.	Applicant Response 12 m nths				
· -					
Choose the du ati n of y u pr ect.	12 m nths	nter			
Choose the du ati n of y u pr ect. 3. Regional Centers Choose the Regional Center(s) that y u pr ect will serve. Che k all that	12 m nths Applicant Response	nter			
Choose the du ati n of y u pr ect. 3. Regional Centers Choose the Regional Center(s) that y u pr ect will serve. Che k all that apply.	12 m nths Applicant Response Valley M untain Regional Ce		ounty , Stanislaus C unty ,	Tu lumne C unty	
Choose the du ati n of y u pr ect. 3. Regional Centers Choose the Regional Center(s) that y u pr ect will serve. Che k all that apply. 4. Counties Served List the ounty ounties y u pr ect p oposes t se ve. Check all	12 m nths Applicant Response Valley M untain Regional Ce Applicant Response		ounty , Stanislaus C unty ,	Tu lumne C unty	
Choose the du ati n of y u pr ect. 3. Regional Centers Choose the Regional Center(s) that y u pr ect will serve. Che k all that apply. 4. Counties Served List the ounty ounties y u pr ect p oposes t se ve. Check all that apply.	12 m nths Applicant Response Valley M untain Regional Ce Applicant Response Amador C unty , Calaveras of		ounty , Stanislaus C unty ,	Tu lumne C unty	
Choose the du ati n of y u pr ect. 3. Regional Centers Choose the Regional Center(s) that y u pr ect will serve. Che k all that apply. 4. Counties Served List the ounty ounties y u pr ect p oposes t se ve. Check all that apply. 5. Cit of Los Angeles If y u pr ect p oposes t se ve the City of Los Angeles, list the zip des	12 m nths Applicant Response Valley M untain Regional Ce Applicant Response Amador C unty, Calaveras of		ounty , Stanislaus C unty ,	Tu lumne C unty	
Choose the du ati n of y u pr ect. 3. Regional Centers Choose the Regional Center(s) that y u pr ect will serve. Che k all that apply. 4. Counties Served List the ounty ounties y u pr ect p oposes t se ve. Check all that apply. 5. Cit of Los Angeles If y u pr ect p oposes t se ve the City of Los Angeles, list the zip des y u pr ect will serve. 6. Communit Based	12 m nths Applicant Response Valley M untain Regional Ce Applicant Response Amador C unty, Calaveras of Applicant Response N t Appli able	c unty , San J aquin Co xtensive involvement f at parti ipants get a om general. Nt only will we), family es u e ente s	mmunity based ganiza aprehensive knowledge of be w king with u stand s (FRN), independent living	ti ns because one f the parts of the IDD mmunity and ommunity partners like gente s (DRAIL),	

Does y u pr ect in lude partnership with one m e ganizati ns either as a o-appli ant sub nt at ? If "yes", please upload a lette f support f meach ganizati n, that in ludes an explanati n f thei le in the partnership.				
8. Strategies and Sustainabilit	Applicant Response			
H w will y u p e t ntinue its w k afte the grant funding has n luded?	If this national model f adv acytaining is su essful in u area it may become a int p e t f u partner ganizati ns. It ould m ve f ward independently with a fee f se vi e finan ing model (like many othe similar events have done). Both the CHOICES Self-Adv a yC nferen e and the ovider Best acti e symposiums are self-sustaining and onsidered valuable ommunity es u es.			
1. Ethnicit Groups Served	Applicant Response			
Sele t the ethni ity g up(s) the pr ect will serve. F "Indian", "acifi Islander", "Slavi " "Other" use mment se tion t list spe ific groups.	Hispani			
Appli ant Comment				
2. Ethnicit Group(s), Language(s) and Number of Individuals Served	Applicant Response			
F each ethni ity group, provide the number of individuals y u p e t intends t serve and the elated language(s).				
	the	10	English	
3. A e Group(s) Served	Applicant Response			
Sele tall Age G oups the pet will se ve.	Th ee t 1, and lder, 16 t 1, Th ee t Five, Bi th up t Th ee (Early Start)			
Appli ant Comment	The p ima y ta get ages are parents of 8-12 year old and 18-24 year old, and adult nsumers.			
Project Application				
Project Application				
Project Summary and rganizational xperience	Applicant Response			

APPLICANT TI N APPLICANT R PON ATTACHM NT

ovide a lear and on ise prect summa y that in ludes a defined ta get population, at hment area, and pet design. Specifically describe what yupect will acmplish and how it will benefit the mmunity served. In yuanswer, in lude what experieney uganizatin has wking with the ta get population?

Valley M untain Regional Center proposes t implement the m st widely kn wn adv acy t aining p ogram developed f people with developmental disabilities and thei families. artners in oil ymaking is a well establish adv acy t aining p ogram developed by the Minnes ta G ve n 's C un il n Developmental Disabilities (MGCDD) in 1987. Sin e it's beginning the program has t ained m e than 27,000 self-adv ates and parents f hildren with developmental disabilities ac ss this ount y and internationally. As des ibed by MGCDD, the p ogram "teaches people with disabilities and family members the power f adv acyt positively hange the way people with disabilities are supported, viewed, taught, live and w k. Adv ates have hanged the natu e f supports and servi es f people with disabilities in areas su h as edu ation, empl yment, ivil ights, and ommunity living." The f us of the partnership expands f m one with legislat s and I al politi ians, the egional enter, and edu ati n offi ials, t mmunity groups and edu at s and p viders. This proposal is different f m even the standard artners in I i ymaking ogram because it will be held primarily in Spanish s that u m n lingual Spanish speaking families a e the p ima yf us instead of the g up needing additional ac mmodati ns. In the end f the prect parti ipants will gain inf mation and kn wledge of the wh le mmunity system, they will learn why and h w se vi es and servi e systems were eated and how adv ates parti ipate in thei oversight and h w they

Cu i ulum

The taining will be an eight m nths (ne weekend a m nth) intensive experience with participants often making lifeling nnections with the advates and polisymakers if various levels. Some if the tip is if the program will in lude the following:

- 1. Hist y f the Disability C mmunity/Adv acy Movement
- 2. In lusive Edu ati n
- 3. Se vi e C dination (Case Management and Self-Di ected Servi es)
- 4. es n-Centered lanning and es n-Centered Thinking
- 5. Supported, C mpetitive, & Cust mized Empl yment
- 6. Supported Living/H me of Y u Own

w kt hange them when needed.

- 7. C mmunity O ganizing, Adv a y, and Meeting with ubli Offi ials
- 8. Having a Visi nf the Future
- 9. State Legislati n and Federal Legislati n and the esses
- 10. a liamentary $\mbox{ \ \ edu\ es\ f\ \ }$ Boards, Commissions, C $\mbox{ \ un\ \ ils, Committees, et\ }$.
- 11. Se ving n Boards
- 12. Assistive Techn I ogy, ositi ning, and Behavi
- 13. Media and C mmuni ations Skills
- 14. G aduati n Ceremony and H w t Maintain an Adv acy Netw k int the Futu e

This program will benefit u enti e egion because it esults in parti ipants gaining the onfiden e and skills t se ve n l al boards and ommissions ganizing thei own support adv acy g ups t help othe s. VMRC has extensive experien e p viding t ainings and la ge onferen es with u self-adv ates and p viders and we have w ked with u Hispani parents groups t ganize seve al sh t 1-3 h u w ksh ps.

2. Data and Communit Input

Explain how the target population(s) are underse ved using RC OS data othe data as supporting eviden e of the disparity. In y u answer, in lude how y ganizati n used input f m the mmunity and/ ta get population t design the pr ect?

Applicant Response

We have identified a disparity in spending f Hispani s in the t ansition age ange sh wing that the Hispani mmunity makes up 41% of this population but the VMRC expenditu e epresent nly 28%. When mpared t the Cau asian group the differen e mes t 19%.

The second a ea f on en is where we see the largest disparity. Hispani hild en 10-12 years ld epresent 46% of that age group but the VMRC expenditures epresent only 27%. When mpared to the Caucasian g oup the difference omes to 37%.

The artners p ogram not only p vides parti ipants with large s ale ontext f the IDD mmunity but it will als des ibe the purpose f each f the se vi es provided and how the servi e standards are eated and hanged. VMRC has been pursuing the answe s for the disparities knowing that for some age groups disparities don't exist but this informati n has led us t meet in focus g oups with family groups to lea n m e. Some f initial findings in lude a mist ust and misunderstanding of the IDD System and ther systems, la k f kn wledge of self-adv acy and la k f trust in thei hild en's self-adv acy, limited knowledge of what se vi es a e supposed to do achieve, la k f understand of the purpose and limitati ns of each institution that is supposed to be there t help them. The partners program will e uit fi st from these age groups and will provide t aining on these t pi s in great detail.

3. Uniqueness

Applicant Response

APPLICANT TI N	APPLICANT R PON	ATTACHM NT
H w is the proposed pr ect unique diffe ent fr m a u ently funded grant (e.g., st ategies, a tivities, and objectives) in the proposed egional cente cat hment a ea? If the p e t is similat a u ently funded grant listed, a	Cu ently there a e t aining programs that f us specifi se vi es es u es and they are designed t gain info mati n useful f the individual pa ti ipant. While this p ogram will esult in gaining kn w ledge of t pi s important f the individual in the m ment they will achieve far m e. The parti ipants will als get an understanding of issues that they will need in the futu e, will be t ained f be an advale and a ommunity leaders f othe s, and they will likely eate lifelong personal elationships with fell wartners which have externely important f esilien e f advales.	
listed n the Department's website, how is the proposed pr ect diffe ent?	In addition t this standard s hedule this program will be amended t establish a highly ultu ally mpetent f mat t in lude sessions with a primary f us in Spanish. Othe modifications t the national program in lude:	
	1. Dispute esoluti n (h w the pr ess w ks, y u ights, y u appeal levels, the vari us types of dispute pr esses at the state and I al level and in the egional enter, edu ati n, IHSS, Medi-Cal, SSI, et .).	
	2. Cultu al C mpeten e (how t demand servi es a e provide in a way t meet all family needs with nsiderati nf the unique needs impacted by an individual's ultu al and ethni backg und).	
	Finally the ther differen e is that this program will be in pers n and parti ipants and presenters must show pr f f va inati n t parti ipate. This last provisi n is important for establishing equal apport amongst parti ipants.	
4. Improve quit and Service Access	Applicant Response	
H w will y u p e t improve equity, ac ess, and edu e bar iers t se vices f individuals with intellectual and developmental disabilities and thei families?	VMRC has several initiatives t imp ve equity and ac ess t se vi es and emoving bar iers su h as providing servi e dinat s with m e language ac ess es u es, pay differentials f bilingual staff, elevant legal se vi es f Spanish speaking onsume s, impli it bias t aining and ultu al and linguisti mpeten e t aining, and m e. However, this p e tempowers the nsumers and families t be the hange agents t improve equity, ac ess, and emove bar iers f themselves and thers.	
	As the number f a tne s graduates grows in u mmunity the e will be m e people involved in decisi n making positi ns and they will be inf med and equip with the kn wledge and nfiden e t st ategi ally make the needed hange happen. One of the artners g aduates D nald Roberts was a an effe tive leader among his peers and f ught f many auses imp tant t the ommunity. artne s graduates have become egional enter board members, family es u e enter di e t s, egional enter employees, egional state un il advis y members, self-adv acy p esidents, nati nal speakers, and even Kennedy f undati n inte ns and tw f me DDA t mmissioners.	
	The p e t will esult in nfident well inf med adv ates able t ganize thers and impact hange effe tively but n one kn ws the full potential this type of t aining program will have n u l al mmunity br ader it depends on the g aduates though we know many have gone nt d g eat things f u mmunity.	
5. Support of RC Plan	Applicant Response	
H w does this prect support the RC plant prmote equity and edue disparities in yupoposed at hmentaea? If yuaeaRC, hw does this prect support yuemmendatins and plant prmote equity and edue disparities in yuathmentarea? Hwill yupet	One if the less in swe as a legional enter have learned and intinue to learn is that these issues innected to equity and disparities and to be addressed esolved solely by VMRC. We have the ability to hange polity, hange enhane to alining four staff, address un internal implition it bias, and make their ganizational service standard hanges. However, lack if to ust and lack of knowledge informational in a leagest barriers to moment ation and the effect eachest the services supports needed. This proceed epresents a major investment in a small group if 50 advortes but each year we should be able to add 50 molecular equivalents. We will help us in unplansity understand what hanges would turn this disparity a undiand provide us with guidance and advorted add initiatives we have not thought if yet.	
that se we individuals with intelle tual and developmental disabilities and thei families?	We will llaborate with a full team f mmunity partners (families, onsumers, providers, SCDD, DRAIL, FRN, and ther mmunity groups) wh will help us in developing this group f skilled adv ates wh become the leaders and poli ymakers in u mmunity f the near futue.	
6. Project Activities	Applicant Response	
Note: Before answering this question, applicants must complete the Activities Template located in the middle tab directl above.	Ea h activity is aimed at p viding inst u ti n materials and a learning envi onment that will address the mpetencies necessay for g aduating f m a a tners in 1 i ymaking intensive p ogram. The prect will nt inuously measure the ate f learning of all it's partitipants using a ombination of both qualitative and quantitative measures.	1
Clearly and specifi ally state how the s hedule of activities demonst ates the steps that the p e t will take to achieve its stated objective and measu es.		
7. Project Measures	Applicant Response	

APPLICANT TI N	А	PPLICANT R PON		ATTACHM NT
Before answerin this question,	Quantitative Data			
applicants must enter performance measures into the Activities Template located in the middle tab directl above. A e y u p oposed measu es appropriate t t ack the pr ect's objective and a tivities? Explain h w y u proposed measu es provide insight int the effe tiveness fthe overall design fthe pr ect and demonst ate h w the impact n the mmunity will be evaluated.	Ea h session will begin with a pre-test of the g oup's ur ent understanding and knowledge ontent t be learned. F example, the fist sessi n is about the hist y of the disability mmunity and the hanges th oughout hist y in the apprace hes t supporting people with developmental disabilities and their families. The session will begin with the pre-test on facts, and pers nall y beliefs and impressions. The final test will in lude the same fact questions but als will be developed t gage any hanges in beliefs brader understanding as t why ertain things are d ne the way they are today. Qualitative Data Qualitative Data Will be gathered in the end of the p ogram in the f m f a program evaluation. The p e t will eport n how many people g aduate, their self-assessment in their onfidence level in being a hange agent, and their assessment of whether not they feel the have permanent allies in advia.			
8. Budget Template and Narrative	Applicant Response			
Note: Before answering this	8 Months o kers F s	\$ 48,000 (16 s kers t \$3000 ch)	\$ 48,000.00	
question, applicants must complete the Budget Template				
located in the ta directly a ove.	8 Months o k rs Tr v ls	\$ 19,200 (16 s k rs t \$1200 ch)	\$ 19,200.00	
In y u Budget Template, explain h w the p e t budget is nsistent with	Prticip nt Pr Diem Trv I (ovr 0 miles)	\$5000 (\$.58 mile stim t d tabout 15 o le n ding 15 miles r imburs m nt ch w y)	\$ 5,000.00	
the stated p e t objective and activities, and learly and n isely	M teri Is	\$1 ,500 (50 rtici nts t \$ 50 ch)	\$ 12,500.00	
explain how the p oposed	Int rpret rs	Int rpret rs \$3507, (r t is \$ 7.40 n hour)	\$ 3,507.00	
expenditu es support the overall pr ect design and proposed out omes.	Tr nsl tors	15 g s r s ssion \$12000 (r t is .\$20 r word not to xc d \$1500)	\$ 12,000.00	
 Budget Template example is I ated at Atta hment C. Budget Details and Rest i ti ns are available he e. 	Con r nce it F cility	\$15000 (VMRC will us our cilities or II cc ton o th sessions. Th in I w k nd will includ con r nce cilities cost to include the hotel b Ilroom, the m Is o the rtici nts, nd the udio nd visual costs or the r s ntations).	\$ 15,000.00	
	Region I C nt r it F cility: Th only costs or cilities on th r m ining w k nds will be or the cost of m ls d y)	\$40,000 (\$50 d y r rson qu ls \$5000 month/w k nd)	\$ 35,000.00	
	Proj ct F c ilitator (contract)	\$30,000	\$ 30,000.00	
	Tot I overhead st are estimated at 15% (addit development, per diems.	\$200,000 ional \$27,031) t ac untf payment of	\$ 180,207.00 inv i es, ont act	
9. Budget Costs	Applicant Response			
Explain how the p e t budget sts	8 Months o kers F s	\$ 48,000 (16 s kers t \$3000 ch)	\$ 48,000.00	
are learly ass iated with the p e t activities and objective and onfi m that the budget does n t in lude n n-all wable osts sts funded by	8 Months o krs Trvls Prticipnt Pr Diem Trvl (ovr 0 miles)	\$ 19,200 (16 s k rs t \$1200 ch) \$5000 (\$.58 mile stim t d t about 15 o le n ding 15 miles r imburs m nt ch w y)		
othe s u es.	M teri Is	\$1 ,500 (50 rtici nts t \$ 50 ch)	\$ 12,500.00	
	Int rpret rs	Int rpret rs \$3507, (r t is \$ 7.40 n hour)	\$ 3,507.00	
	Tr nsl tors	15 g s rs ssion \$12000 (r t is .\$20 r word not to xc eed \$1500)	\$ 12,000.00	
	Con r nce it F cility	\$15000 (VMRC will us our cilities or II cc ton o th sessions. Th in I w k nd will includ con r nc cilities cost to include the hotel b Ilroom, the m Is o th rticip nts, nd th udio nd visual costs or the r s ntations).	\$ 15,000.00	
	Region I C nt r it F cility: Th only costs or cilities on th r m ining w k nds will be or the cost of m ls d y)		\$ 35,000.00	
	Proj ct F c ilitator (contract)	\$30,000	\$ 30,000.00	
	Tot I	\$200,000	\$ 180,207.00	
	Indir ct 15%		\$27,031 207,238	

Confirm Proposal Discussion with RC(s)	Applicant Response	
CBOs are equi ed t dis uss thei proposal with each RC(s) the CBO is intending t serve. If you are a CBO, have y u dis ussed y u p oposal with each RC you are intending t se ve?	Yes	
2. RC Contact	Applicant Response	
CBOs are equi ed t submit thei appli ati n on u ently t the Department and t each RC(s) at hment the CBO is intending t se ve. If y u a e a CBO, state the name(s) f the nta t pe s n(s) at each RC you have dis ussed y u proposal with.	n/a	
3. Applicant Certification	Applicant Response	
By submitting this appli ati n, the Appli ant is ertifying the t uth and ac u a y of the p oposal. The appli ant als ertifies that if y u have subcont acting ganizati ns, each parti ipating ganizati n has eviewed y u pr ect and agrees t thei assigned activities, measu es, and the budget.	Yes	
Appli ant C mment	T ny Ande s n	