

Home and Community-Based Services (HCBS) Rules Reference Information

The Home and Community-Based Services (HCBS) rules supports people with disabilities to have full access to, and enjoy the benefits of, community living through long-term services and supports in the most integrated settings of their choosing. **Completion of this concept form is for the sole purpose of applying for compliance funding and does not take the place of provider assessments or remediation that the Department has required to determine provider compliance with the HCBS settings rules.**

Prior HCBS funding focused primarily on barriers to compliance with the 10 federal requirements of the HCBS Final Rule. HCBS funding for fiscal year 2021-2022 will still take the 10 federal requirements into account and will also place increased emphasis on the outcome of a provider's concept. To simplify the process, the federal requirements were placed in three categories that target similar outcomes. Those categories are Community Integration, Individual Rights, and Choice. A fourth category, Collaboration, may be used for a concept between multiple providers to develop a community resource or collaborate on a project benefiting multiple settings. The bulleted questions listed under each category are for providers to consider when thinking about their current operations and plans for the future. These questions should be used when considering ways to build a concept that will achieve increased person-centered practices ongoing.

Service providers may request a copy of their completed self-assessment, by contacting their regional center HCBS Program Evaluator. A blank copy of the assessment can be found at <https://www.dds.ca.gov/wp-content/uploads/2020/09/CADDSHCBSProviderSelfAssessment.pdf>.

More information on the HCBS rules and this form can be found at <https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/>.

Questions may be directed to HCBSregs@dds.ca.gov.

Community Integration

How will providers support the following through their services?

- Individuals receiving services in the community based on their needs, preferences and abilities.
- Individuals participating in activities in the community, which are routinely accessed by the general public, and are not solely for the purpose of supporting people with disabilities, as part of their plan for services.
- Individuals exercising control over their schedules and activities.
- Opportunities for activities in the community that include meaningful interaction with individuals not receiving regional center services, not including paid staff or volunteers (e.g. development of hobbies or interests, volunteering, job training, etc.).
- Access to competitive integrated employment opportunities. Note: information on California's Competitive Integrated Employment Initiative can be found at <http://www.chhs.ca.gov/home/cie/>

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Individual Rights

How will providers support the following through their services?

- Informing individuals, in a manner they can understand, of their rights to privacy, dignity, respect, and freedom from coercion and restraint.
- Communication with individuals based on their needs and preferences, including alternative methods of communication where needed (e.g., assistive technology, Braille, large font print, sign language, participants' language, etc.).
- Individuals have informed consent and regular review regarding residential agreements, admission agreements, or other forms of written residency agreements.
- Individuals taking active roles in program policies and shared house rules.
- Individuals understanding of the balance between the rights they have and respecting the rights of others, building skills of negotiation.
- Individuals' understanding of the different service options available to them, and working towards individualized goals with support.
- Choice regarding roommates or private accommodations.
- Visitors are welcome to visit the home at any time.
- Individuals going with visitors outside the home; such as for a meal or shopping, or for a longer visit outside the home, such as for holidays or weekends.
- Individuals having the freedom to move about inside and outside the home.
- For those requiring accessible supports, grab bars, seats in bathrooms, ramps for wheelchairs, etc., are available so that individuals can move about the setting as they choose.
- Appliances and furniture are accessible to every individual.

Choice

How will providers support the following through their services?

- Offering daily activities based on individual's needs and preferences.
- Structuring support so that individuals are able to interact with people they choose to interact with, both at home and in community settings.
- Structuring support so that individuals are able to participate in activities that interest them and correspond with their IPP goals.
- Supporting individuals in choosing which staff provide their care to the extent that alternative staff are available.
- Opportunities to modify services and/or voice concerns outside of the scheduled review of services (IPP review).
- Individuals having access to food at any time.
- Supporting individuals to set their own daily schedules.

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Collaboration

- Does your program excel in a particular facet of your service type that can be beneficial to other programs in coming into compliance and strengthening person-centered practices?
- Does your concept involve at least one additional agency who will share in the development and implementation of the concept?
- Are there increased benefits to people you serve by collaborating on this concept with other providers?
- Are you developing a community of practice? (i.e. a group of people who share a common interest and come together to learn from each other and achieve a common goal.)

Some previously funded concepts have successfully collaborated to assist other providers in enhancing their services through projects such as:

- Development of toolkits and resources regarding the Final Rule, or areas within the Final Rule (employment options, housing, person-centered planning, etc.), that can be broadly accessed.
- Training and knowledge-sharing with others in their catchment area.
- Creation of person-centered planning applications/software.

HCBS Final Rule: List of Federal Requirements

Federal Requirement #1: Access to the Community

The setting is integrated in, and supports full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

Federal Requirement #2: Choice of Setting

The setting is selected by the individual from among setting options, including non-disability-specific settings and an option for a private unit in a residential setting. The setting options are identified and documented in the person-centered service plan and are based on the individual's needs, preferences, and, for residential settings, resources available for room and board.

Federal Requirement #3: Right to be Treated Well

Ensures an individual's rights of privacy, dignity and respect, and freedom from coercion and restraint.

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Federal Requirement #4: Independence

Optimizes but does not regiment individual initiative, autonomy, and independence in making life choices, including, but not limited to, daily activities, physical environment, and with whom to interact.

Federal Requirement #5: Choice of Services and Supports

Facilitates individual choice regarding services and supports, and who provides them.

For providers who operate a residential setting:

Federal Requirement #6: Residential Agreement

The unit or dwelling is a specific physical place that can be owned, rented or occupied under a legally enforceable agreement by the individual receiving services, and the individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant law of the State, county, city or other designated entity. For settings in which landlord/tenant laws do not apply, the State must ensure that a lease, residency agreement or other form of written agreement will be in place for each participant and that the document provides protections that address eviction processes and appeals comparable to those provided under the jurisdiction's landlord/tenant law.

Federal Requirement #7: Privacy

- 1. Each individual has privacy in his/her sleeping or living unit:*
- 2. Units have entrance doors lockable by the individual, with only appropriate staff having keys to doors as needed.*
- 3. Individuals sharing units have a choice of roommates in that setting.*
- 4. Individuals have the freedom to furnish and decorate their sleeping or living units within the lease or other agreement.*

Federal Requirement #8: Schedule and Access to Food

Individuals have the freedom and support to control their own schedules and activities, and have access to food at any time.

Federal Requirement #9: Right to Visitors

Individuals are able to have visitors of their choosing at any time.

Federal Requirement #10: Accessibility

The setting is physically accessible to the individual.

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Regional center vendors may receive funding to make changes to service settings and/or programs to enhance current services through individualized service delivery. To be considered for funding, vendors must complete and submit this form to the regional center with which it has primary vendorization.

Instructions:

- The concept form on the next page must be used, may not exceed four pages plus the budget worksheet and any cost backup, and must be kept in Arial 12-point font. Submit the form in Microsoft Word or PDF format. An extra half page is permitted to answer questions about prior funding.
- Using a form from previous years will negatively impact a concept score. Please use the current FY 21-22 form.
- For providers that operate programs with several vendor numbers involved in one concept, one blueprint and concept form should be submitted and should list all vendor numbers for related/included programs. If multiple programs owned by the same parent company have different blueprints or concepts, additional applications can be submitted but should be attached in the same document as the other owned programs so they can be reviewed together.
- The concept includes detailed information that describes the funding requests and supports how the requests will assist the provider in **enhancing person-centered service delivery**.
- Concepts should demonstrate how the requested change in service delivery will impact individuals in **offering more choices and opportunities**.

While concept development should be individualized for each provider, some common themes persist among those that have been previously selected for funding.

Strengths of previously funded concepts:

- Identified the need as well as proposed a plan to provide outreach and information regarding the HCBS rules to individuals served and members of their support teams.
- Discussed the need for additional funds to effectively support individuals served on a more individualized basis in overcoming barriers to community integration and employment, as appropriate.
- Prioritized the preferences of individuals served and utilized their feedback in the development of the concept.

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Vendor name	Bright Life Care Home II
Vendor number(s)	HN0595
Contact Name	Princess Diana Silverio
Contact Email Address	brightlifecarehome@gmail.com
Primary regional center	NBRC
Service type(s)	915
Service code(s)	RCFE 4i
Number of consumers typically and currently served	4
Typical and current staff-to-consumer ratio	1:2
<p>1. Please provide a brief description of the service/setting. Include what a typical day consists of during regular program as well as how services are currently being provided. This response must include the baseline/current levels for any aspects of the program for which the concept proposes funding. If you have previously identified your program as compliant with the HCBS Final Rule through the Self-Assessment, what changes have occurred that has changed your level of compliance?</p>	
<p>Bright Life Care Home II is an RCFE (4i) with 4 beds. The home is currently at capacity with 4 residents. The residents are served at a 1:2 staff to consumer ratio. The residents within this home all receive 24 hour care and support with all Activities of Daily Living. This may include assistance with meals, cooking, cleaning, dressing, showering, using the restroom, and other tasks related to hygiene. In addition to supports in these areas, BLCH2 also assists it's residents in leisurely or recreational activities, receiving support from sources in the community, and in the achievement of personal goals. After coming to a deeper understanding of the meaning of HCBS and Person Centered Planning through trainings attended in the last year, BLCH2 has found itself lacking in the area of Community Integration (FR#1) and Choice (FR#2). When reevaluating our services through the lens of Person Centered Planning, we have found that while we offer our residents the opportunities to access the community on occasion, they are typically taken as an entire group/household to one location at a time, based on what we as providers feel they may like or prefer. We would like to continue our shift towards becoming a more Person Centered organization, however certain limitations arise such as having only occasional access to a van that is shared between other licensed homes.</p>	
<p>Project Narrative Description: While filling out this section, reflect on how services are typically provided and how that might have changed in the past year. Think about what has been learned in the past year and how that might shape services going forward. Funding awarded through this concept can span the course of up to two years which would allow time to shape services to be more person-centered and align with the HCBS federal requirements.</p>	
<p>2. Please provide a brief summary narrative of the concept for which you are requesting funding, including justification for the funding.</p>	
<p>BLCH2 is requesting HCBS funding to purchase two 5 seater sedans, that can be used to transport our residents to locations and services within the community. BLCH2 is requesting two smaller vehicles, as opposed to one large van, as it will help ensure community outings are not "one size fits all" group activities, but rather individualized and based on resident's choice or</p>	

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<p>preferences. Having two vehicles will also allow BLCH2 to increase the number of community outings per month.</p>
<p>3. Identify which category/ categories this concept addresses.</p>
<p><input checked="" type="checkbox"/> Community Integration <input type="checkbox"/> Individual Rights <input checked="" type="checkbox"/> Choice <input type="checkbox"/> Collaboration</p>
<p>4. Please list the proposed objectives and outcomes of the concept, as well as the methods of achieving and tracking them. How will this concept assist you in reaching goals within the category that you are requesting funds?</p>
<ul style="list-style-type: none"> • 4 out of 4 residents within BLCH2 will be able to access community activities or services based on their likes, needs, and preferences. • 4 out of 4 residents will be able to make choices in regards to where or how they spend time in the community. • 4 out of 4 residents will benefit from increased privacy when they need to attend medical appointments as smaller vehicles will encourage medical appointments be staggered. • 4 out of 4 residents will benefit from an increase in community outings as a result of having 2 vehicles available. <p>Outcomes of these objectives will be tracked, reported, and submitted to resident's Service Coordinator on their Quarterly Reports.</p>
<p>5. Please describe how and/or what was done to ensure that individuals served by the program led the development of this concept? Discuss not only the development of the concept, but also what steps were taken to identify the interests and desires of the individuals and who was involved in that process.</p>
<p>BLCH2 used processes like person centered practices, components of PATH/Liberty Plan, and discussions with the residents and their support circles to identify interest, preferences, and goals. Through these processes it was made evident that giving more opportunities for choice and access to the community would enhance community integration and shift our home towards being more person centered.</p>
<p>6. Please describe how the concept you propose will enable you to provide more person-centered services to the individuals you serve.</p>
<p>The concept proposed will enhance person centeredness for our residents within our home. The funding for two vehicles will lend to more opportunities for our residents to have access to preferences, supports, and activities found in the community, that are more individualized to them. With the two smaller sedans, BLCH2 will be able to break away from the mold of using one large van for "one size fits all" group activities.</p>
<p>7. What percentage of individuals served by your program will directly benefit from implementation of this concept?</p>
<p>100% of our residents will benefit from this concept.</p>
<p>8. Please address your plan for maintaining the benefits, value, and success of your project at the conclusion of 2021-22 HCBS Funding.</p>
<p>At the end of 2021-22 HCBS funding, residents will continue to benefit from the use of two sedans as it will lend to the ability to make choices about where, when, and how they spend time in the community. The two vehicles will continue to ensure our residents have access to activities they like, and services they need with added privacy.</p>

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9. Write a brief narrative below explaining each major cost category and timeline. Complete the budget template at the end of the concept sheet. An Excel version with formulas is available. When applicable, budgets should include personnel/benefits, operating costs such as consultants or training, administrative expenses/indirect costs, and capital costs (assets lasting more than 2 years). If project spans 2 years or occurs in phases, budget should be separated by phase/year.

Administrative costs, if any, must comply with DDS' vendor requirements, including a cap of 15% of the sum of personnel/benefits, consulting, and operating costs (must exclude capital costs). This information can be found at this [link](#).

Both sedans will be purchased within 3 months of funding.

10. Please address sustainability of funding sources for all programs or concepts requiring any funding past the timeframe of the requested funding, especially those that involve staff or other long-term costs. Please mark "not applicable" if costs will all be incurred during the program timeframe; up to two years.

Not Applicable.

11. Have you or the organization you work with been a past recipient of DDS funding? If yes, what fiscal year(s)?

HCBS Funding ___ No x Yes. If Yes, FY(s) 20-21
 Service Access and Equity Funding ___ No ___ Yes. If Yes, FY(s) ___
 CPP Funding ___ No ___ Yes. If Yes, FY(s) ___
 CRDP Funding ___ No ___ Yes. If Yes, FY(s) ___
 If yes to any question be sure to answer questions 13 and 14.

For providers who have received prior HCBS, Disparity, CPP or CRDP Funding from DDS

12. If your organization has received prior funding from any of the above sources, please provide an update on the prior funding project. You may copy and paste from progress update(s) previously provided to regional centers or DDS.

Bright Minds Residential Carehome is the parent company for BLCH and BLCH2. BLCH received HCBS Funding in FY20-21 to fund for 2 positions titled Person Centered Planning Trainer, whose role was to ensure Person Centeredness became embedded within BLCH's policies and protocols. Since the beginning of the funding in July 2021, BLCH is on track with all of its Q1 Milestones which included hiring for the 2 positions and receiving training under an outside PCP consultant. Four 8-hour trainings were held in Aug/Sept with the consultant. Ongoing supervision is being held quarterly. BLCH did not receive funding for a vehicle in FY20-21.

13. If your organization received prior funding, please explain how the current funding request is not redundant with any prior funding received and/or builds on the prior funding but was not part of the original funding.

The current funding request is not redundant in that prior funding was related to hiring PCP related positions. Prior funding aimed to embedded Person Centeredness into BLCH's policies and protocols, while this current funding request aims to put Person Centeredness into action.

HCBS CONCEPT BUDGET		FY21-22				
Vendor Name		Bright Life Care Home II				
Vendor Number(s)		HN0595				
	Wage and Benefits	Year 1 Budget		Year 2 Budget		Total
		FTE	Annual Cost	FTE	Annual Cost	Cost
Personnel (wage + benefits)						
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Personnel Subtotal			\$ -		\$ -	\$ -
Operating expenses						
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
Operating Subtotal			\$ -		\$ -	\$ -
Administrative Expenses						
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
Administrative Subtotal			\$ -		\$ -	\$ -
Capital expenses						
Toyota Sedan			\$ 46,085			\$ 46,085
Toyota Sedan			\$ 46,085			\$ 46,085
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
Capital Subtotal			\$ 92,170		\$ -	\$ 92,170
Total Concept Cost			\$ 92,170		\$ -	\$ 92,170

See Attachment F for budget details and restrictions

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1/22



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\$46,085 MSRP \$46,085

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Virtual Appointments

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First name

Last name

Email

Phone (optional)

Subject

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Comments

I'd like to know if the New 2021 Toyota Avalon TRD you have listed on Cars.com for \$46,085 is still available.

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By clicking here, you authorize Cars.com and its sellers/partners to contact you by text/calls which may include marketing and be by autodialer. Calls may be pre-recorded. You also agree to our Privacy Statement. Consent is not required to purchase goods/services.

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Exterior color	Ice Edge
Interior color	–
Drivetrain	Front-wheel Drive
MPG	21 30 <small>i</small>
Fuel type	Gasoline
Transmission	8 Speed Automatic
Engine	3.5L V6 24V PDI DOHC
VIN	4T1FZ1FB9MU067043
Stock #	MU067043
Mileage	11,227 mi.
Vehicle history	–

Features

Convenience	Adaptive Cruise Control Navigation System Remote Start
Entertainment	Bluetooth Premium Sound System
Exterior	Alloy Wheels
Safety	Backup Camera Brake Assist Lane Departure Warning Rear Cross Traffic Alert Stability Control
Seating	Leather Seats

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4.7 ★★★★★ (1,368 reviews)

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Seller's notes about this car

We are excited to offer this 2021 Toyota Avalon. You deserve a vehicle designed for higher expectations. This Toyota Avalon TRD delivers with a luxurious, well-appointed interior and world-class engineering. Just what you've been looking for. With quality in mind, this vehicle is the perfect additio ...

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\$768/mo.

Estimated payment for 60 months at 0% APR*

Show breakdown 

Car price
\$46,085

Down payment (optional)
\$0

Trade-in value (optional)
\$0

Length of loan (in months)

12

24

36

48

60

72

84

Annual percentage rate APR
0.00%

Sales tax
0.00%

*Title and other fees and incentives are not included in this calculation, which is an estimate only. Monthly payment estimates are for informational purpose and do not represent a financing offer from the seller of this vehicle. Other taxes may apply.

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Consumer reviews

4.7  9 reviews)

88% of drivers recommend this car

Rating breakdown (out of 5

Comfort	4.6
Interior design	4.7
Performance	4.7
Value for the money	4.7
Exterior styling	5.0
Reliability	5.0

Most recent consumer reviews

2.7 

can not enter without hitting your head

May 9, 2021

By sloman from springfield va

Owns this car

Visability from this car is like driving a Brinks armor truck with short windows. Don't pull close to the line at a traffic light you cannot look up and see the light. I would not want to take this car on a long road trip your back would be broke. What a disapointment. Less than a thousand miles and I would sell it today.

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April 27, 2021

By Jen from Dyersburg, tn

Owens this car

I wanted a car that would fit myself and my family. We are all 6ft tall or taller. This was it!!!
She rides like a dream and fits our giant kids!

[Show full review](#) ▾

5.0 ★★★★★

My third Avalon

March 31, 2021

By Wjthree from Rehoboth Beach, De.

Owens this car

This being my third Avalon should speak for itself. I love the styling, performance, and reliability of this car but most of all, I love the interior dimensions for the front and rear seating areas. I am 6'2" and with the drivers seat set to where I like it, I have no problem sitting in the back seat with plenty of leg, shoulder and head room. Seats 5 adults very comfortably. Love this car!

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Special offers

Best cash offer on Avalon TRD Sedan

\$1,810 total bonus cash

Exp. November 30, 2021

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Finance rate on Avalon TRD Sedan

Standard APR

3.99% for 60 months

4.09% for 66 months

4.19% for 72 months

4.44% for 75 months

5.19% for 84 months

Exp. December 31, 2021

Disclaimer: Must finance through TFS.

College/Student bon Avalon TRD Sedan

- Retail College Graduat

Exp. January 3, 2022

Disclaimer: All eligible school located within the 50 United

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