

Home and Community-Based Services (HCBS) Rules Reference Information

The Home and Community-Based Services (HCBS) rules supports people with disabilities to have full access to, and enjoy the benefits of, community living through long-term services and supports in the most integrated settings of their choosing. **Completion of this concept form is for the sole purpose of applying for compliance funding and does not take the place of provider assessments or remediation that the Department has required to determine provider compliance with the HCBS settings rules.**

Prior HCBS funding focused primarily on barriers to compliance with the 10 federal requirements of the HCBS Final Rule. HCBS funding for fiscal year 2021-2022 will still take the 10 federal requirements into account and will also place increased emphasis on the outcome of a provider's concept. To simplify the process, the federal requirements were placed in three categories that target similar outcomes. Those categories are Community Integration, Individual Rights, and Choice. A fourth category, Collaboration, may be used for a concept between multiple providers to develop a community resource or collaborate on a project benefiting multiple settings. The bulleted questions listed under each category are for providers to consider when thinking about their current operations and plans for the future. These questions should be used when considering ways to build a concept that will achieve increased person-centered practices ongoing.

Service providers may request a copy of their completed self-assessment, by contacting their regional center HCBS Program Evaluator. A blank copy of the assessment can be found at <https://www.dds.ca.gov/wp-content/uploads/2020/09/CADDSHCBSProviderSelfAssessment.pdf>.

More information on the HCBS rules and this form can be found at <https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/>.

Questions may be directed to HCBSregs@dds.ca.gov.

Community Integration

How will providers support the following through their services?

- Individuals receiving services in the community based on their needs, preferences and abilities.
- Individuals participating in activities in the community, which are routinely accessed by the general public, and are not solely for the purpose of supporting people with disabilities, as part of their plan for services.
- Individuals exercising control over their schedules and activities.
- Opportunities for activities in the community that include meaningful interaction with individuals not receiving regional center services, not including paid staff or volunteers (e.g. development of hobbies or interests, volunteering, job training, etc.).
- Access to competitive integrated employment opportunities. Note: information on California's Competitive Integrated Employment Initiative can be found at <http://www.chhs.ca.gov/home/cie/>

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Individual Rights

How will providers support the following through their services?

- Informing individuals, in a manner they can understand, of their rights to privacy, dignity, respect, and freedom from coercion and restraint.
- Communication with individuals based on their needs and preferences, including alternative methods of communication where needed (e.g., assistive technology, Braille, large font print, sign language, participants' language, etc.).
- Individuals have informed consent and regular review regarding residential agreements, admission agreements, or other forms of written residency agreements.
- Individuals taking active roles in program policies and shared house rules.
- Individuals understanding of the balance between the rights they have and respecting the rights of others, building skills of negotiation.
- Individuals' understanding of the different service options available to them, and working towards individualized goals with support.
- Choice regarding roommates or private accommodations.
- Visitors are welcome to visit the home at any time.
- Individuals going with visitors outside the home; such as for a meal or shopping, or for a longer visit outside the home, such as for holidays or weekends.
- Individuals having the freedom to move about inside and outside the home.
- For those requiring accessible supports, grab bars, seats in bathrooms, ramps for wheelchairs, etc., are available so that individuals can move about the setting as they choose.
- Appliances and furniture are accessible to every individual.

Choice

How will providers support the following through their services?

- Offering daily activities based on individual's needs and preferences.
- Structuring support so that individuals are able to interact with people they choose to interact with, both at home and in community settings.
- Structuring support so that individuals are able to participate in activities that interest them and correspond with their IPP goals.
- Supporting individuals in choosing which staff provide their care to the extent that alternative staff are available.
- Opportunities to modify services and/or voice concerns outside of the scheduled review of services (IPP review).
- Individuals having access to food at any time.
- Supporting individuals to set their own daily schedules.

Collaboration

- Does your program excel in a particular facet of your service type that can be beneficial to other programs in coming into compliance and strengthening person-centered practices?

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- Does your concept involve at least one additional agency who will share in the development and implementation of the concept?
- Are there increased benefits to people you serve by collaborating on this concept with other providers?
- Are you developing a community of practice? (i.e. a group of people who share a common interest and come together to learn from each other and achieve a common goal.)

Some previously funded concepts have successfully collaborated to assist other providers in enhancing their services through projects such as:

- Development of toolkits and resources regarding the Final Rule, or areas within the Final Rule (employment options, housing, person-centered planning, etc.), that can be broadly accessed.
- Training and knowledge-sharing with others in their catchment area.
- Creation of person-centered planning applications/software.

HCBS Final Rule: List of Federal Requirements

Federal Requirement #1: Access to the Community

The setting is integrated in, and supports full access of individuals receiving Medicaid HCBS to the greater community, including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

Federal Requirement #2: Choice of Setting

The setting is selected by the individual from among setting options, including non-disability-specific settings and an option for a private unit in a residential setting. The setting options are identified and documented in the person-centered service plan and are based on the individual's needs, preferences, and, for residential settings, resources available for room and board.

Federal Requirement #3: Right to be Treated Well

Ensures an individual's rights of privacy, dignity and respect, and freedom from coercion and restraint.

Federal Requirement #4: Independence

Optimizes but does not regiment individual initiative, autonomy, and independence in making life choices, including, but not limited to, daily activities, physical environment, and with whom to interact.

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Federal Requirement #5: Choice of Services and Supports

Facilitates individual choice regarding services and supports, and who provides them.

For providers who operate a residential setting:

Federal Requirement #6: Residential Agreement

The unit or dwelling is a specific physical place that can be owned, rented or occupied under a legally enforceable agreement by the individual receiving services, and the individual has, at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant law of the State, county, city or other designated entity. For settings in which landlord/tenant laws do not apply, the State must ensure that a lease, residency agreement or other form of written agreement will be in place for each participant and that the document provides protections that address eviction processes and appeals comparable to those provided under the jurisdiction's landlord/tenant law.

Federal Requirement #7: Privacy

- 1. Each individual has privacy in his/her sleeping or living unit:*
- 2. Units have entrance doors lockable by the individual, with only appropriate staff having keys to doors as needed.*
- 3. Individuals sharing units have a choice of roommates in that setting.*
- 4. Individuals have the freedom to furnish and decorate their sleeping or living units within the lease or other agreement.*

Federal Requirement #8: Schedule and Access to Food

Individuals have the freedom and support to control their own schedules and activities, and have access to food at any time.

Federal Requirement #9: Right to Visitors

Individuals are able to have visitors of their choosing at any time.

Federal Requirement #10: Accessibility

The setting is physically accessible to the individual.

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Regional center vendors may receive funding to make changes to service settings and/or programs to enhance current services through individualized service delivery. To be considered for funding, vendors must complete and submit this form to the regional center with which it has primary vendorization.

Instructions:

- The concept form on the next page must be used, may not exceed four pages plus the budget worksheet and any cost backup, and must be kept in Arial 12-point font. Submit the form in Microsoft Word or PDF format. An extra half page is permitted to answer questions about prior funding.
- Using a form from previous years will negatively impact a concept score. Please use the current FY 21-22 form.
- For providers that operate programs with several vendor numbers involved in one concept, one blueprint and concept form should be submitted and should list all vendor numbers for related/included programs. If multiple programs owned by the same parent company have different blueprints or concepts, additional applications can be submitted but should be attached in the same document as the other owned programs so they can be reviewed together.
- The concept includes detailed information that describes the funding requests and supports how the requests will assist the provider in **enhancing person-centered service delivery**.
- Concepts should demonstrate how the requested change in service delivery will impact individuals in **offering more choices and opportunities**.

While concept development should be individualized for each provider, some common themes persist among those that have been previously selected for funding.

Strengths of previously funded concepts:

- Identified the need as well as proposed a plan to provide outreach and information regarding the HCBS rules to individuals served and members of their support teams.
- Discussed the need for additional funds to effectively support individuals served on a more individualized basis in overcoming barriers to community integration and employment, as appropriate.
- Prioritized the preferences of individuals served and utilized their feedback in the development of the concept.

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Vendor name	CENTRAL HOME, MCHAROLD HOME, SOPHIA'S HOME
Vendor number(s)	HB1039, HB0551, HB1208
Contact Name	ERNESTO GOLEZ JR
Contact Email Address	butchgolezjr@aol.com
Primary regional center	REGIONAL CENTER OF THE EAST BAY
Service type(s)	ADULT RESIDENTIAL FACILITY
Service code(s)	915
Number of consumers typically and currently served	4, 6, 4
Typical and current staff-to-consumer ratio	1 STAFF: 2 CONSUMERS, 1 STAFF: 1 CONSUMERS
<p>1. Please provide a brief description of the service/setting. Include what a typical day consists of during regular program as well as how services are currently being provided. This response must include the baseline/current levels for any aspects of the program for which the concept proposes funding. If you have previously identified your program as compliant with the HCBS Final Rule through the Self-Assessment, what changes have occurred that has changed your level of compliance?</p>	
<p>The Home is a level 4 Adult Residential Facility that meant to assist consumers in maintaining and developing their best level of independent functioning by emphasizing the highest amount of rewards and quality of life possible. Six (6) consumers, ranging in ages from 18 to 59, will be provided with a structured living environment through the program. The facility provides a home-like environment in which the consumers are well taken care of the staff like a family member by providing them a well-balanced meal, continuous medication management, and a joyous atmosphere while enjoying their activities at home and outside. The facility will support consumers in exploring and celebrating cultural variety by providing them with opportunities to participate in activities and events that will educate them about cultural diversity. Together within inclusive community setting, the residential goal is to assist individual consumers to realize their goals and dreams, as defined in their Individual Service Program. The residential program is designed to help each consumer function as independently as possible in his or her home, school, day program, and community. Pre-pandemic, consumers enjoy participating in the community environment such as outings. Consumers were also provided with transportation by the Day Program. However due to strict implementation of COVID-19 health and safety protocols, consumers can no longer enjoy the benefit of having safe transportation to and from their given appointments such as checkups, Day program activities and outing. Due to lack of transportation and adherence with the strict stay-at-home policy, consumers are at risk to be exposed to other individuals, particularly those to whom they are routinely exposed on a daily basis. The facility hopes to continue pending community outings and also for their routine medical checkup by having a readily accessible vehicle to transport and ensure the protection of the consumers.</p>	
<p>Project Narrative Description: While filling out this section, reflect on how services are typically provided and how that might have changed in the past year. Think</p>	

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about what has been learned in the past year and how that might shape services going forward. Funding awarded through this concept can span the course of up to two years which would allow time to shape services to be more person-centered and align with the HCBS federal requirements.

2. Please provide a brief summary narrative of the concept for which you are requesting funding, including justification for the funding.

The Home faces shortcomings. In line with these, the facility would like to request for funding for the following: 1. The facility believes that every consumer should engage as a part of the community. It is vital to provide the consumers the optimal course of living. As an active part of the community, the administrator and staff assist the consumers in their weekly socials and recreational activities. During outing events, individuals often connect with the community and other people, which helps them preserve a cheerful disposition, which enables them prevent depression and enhances their physical and mental health. An additional readily available vehicle will be a great help to fulfill this outcome. 2. Staff Training is vital to provide an efficient and effective service to the consumers. Central Home would like to request a fund to hire a professional training coordinator to make the staff more competent and qualified individuals to provide a holistic care to the consumers. Well-trained staff provides high quality service and minimal issues to the consumers in any given situations. 3. It is timely and relevant during this COVID-19 pandemic to have an additional room for quarantine purposes, thus, the facility requests for funds to build an ADU (Accessory Dwelling Unit). The main goal of the ADU is to create an additional separate wing of the house that gives comfort and flexibility on the consumers without compromising their risk health concerns. During this COVID-19 Pandemic, it is inevitable that the consumers will have an exposure with the other individuals outside the home. The ADU will serve as an isolation quarantine room in adherence to the minimum standard health protocol separating the potential infected consumer from non-infected. Allocating for an ADU fund is of great help in minimizing the risk of COVID-19 outbreak within the home.

3. Identify which category/ categories this concept addresses.

- Community Integration
- Individual Rights
- Choice
- Collaboration

4. Please list the proposed objectives and outcomes of the concept, as well as the methods of achieving and tracking them. How will this concept assist you in reaching goals within the category that you are requesting funds?

The challenges that are currently holding us from becoming compliant are a limitation of reliable and secure transportation to partake in daily activities scheduled in the community, including the difficulty to realize residents' IPP goals that would need transportation. Their frustration sometimes results to aggressive behavior and decreased their quality of life. The Home would be grateful if will receive funding for a bigger van. Outings will give our consumers the opportunity to interact with other individuals and peers whom they encounter in the different places the go to while simultaneously honoring client safety. The ADU would give more access to additional part of the home

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to do more activities with residents. Allocating for an ADU fund is of great help in minimizing the risk of COVID-19 outbreak within the home.
5. Please describe how and/or what was done to ensure that individuals served by the program led the development of this concept? Discuss not only the development of the concept, but also what steps were taken to identify the interests and desires of the individuals and who was involved in that process.
Administrator met the residents as well as the staff to determine consumers current needs and preferences with regards to federal requirements.
6. Please describe how the concept you propose will enable you to provide more person-centered services to the individuals you serve.
With more choices comes the opportunity for the individual in the home to build greater self-regulations, life meaning and purpose. The Home feels that Community outings will give our consumers the opportunity to interact with other individuals and peers whom they encounter in the different places the go to while simultaneously honoring client safety.
7. What percentage of individuals served by your program will directly benefit from implementation of this concept?
All consumers will benefit this proposal if granted funding. It will make their life more meaningful and enjoyable.
8. Please address your plan for maintaining the benefits, value, and success of your project at the conclusion of 2021-22 HCBS Funding.
If granted funding, the Home will ensure to utilize it to educate and reiterates person-centered awareness and continue discover and meaningful activities and outings determined by the residents at home.
9. Write a brief narrative below explaining each major cost category and timeline. Complete the budget template at the end of the concept sheet. An Excel version with formulas is available. When applicable, budgets should include personnel/benefits, operating costs such as consultants or training, administrative expenses/indirect costs, and capital costs (assets lasting more than 2 years). If project spans 2 years or occurs in phases, budget should be separated by phase/year. Administrative costs, if any, must comply with DDS' vendor requirements, including a cap of 15% of the sum of personnel/benefits, consulting, and operating costs (must exclude capital costs). This information can be found at this link .
If Funding granted, will be utilized, purchased, and build where necessary within three (3) to (6) months of granted funding.
10. Please address sustainability of funding sources for all programs or concepts requiring any funding past the timeframe of the requested funding, especially those that involve staff or other long-term costs. Please mark "not applicable" if costs will all be incurred during the program timeframe; up to two years.
-The Home will maintain the Vehicle as always compliance with the requirements to ensure the safety of the consumers. -Building ADU will be justifiable for the life of each consumer to use.

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<p>11. Have you or the organization you work with been a past recipient of DDS funding? If yes, what fiscal year(s)?</p>	<p>HCBS Funding <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes. If Yes, FY(s) _____</p>
	<p>Service Access and Equity Funding <input type="checkbox"/> No <input type="checkbox"/> Yes. If Yes, FY(s) _____</p>
	<p>CPP Funding <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes. If Yes, FY(s) _____</p>
	<p>CRDP Funding <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes. If Yes, FY(s) _____</p>
<p>If yes to any question be sure to answer questions 13 and 14.</p>	
<p>For providers who have received prior HCBS, Disparity, CPP or CRDP Funding from DDS</p>	
<p>12. If your organization has received prior funding from any of the above sources, please provide an update on the prior funding project. You may copy and paste from progress update(s) previously provided to regional centers or DDS.</p>	
<p>N/A</p>	
<p>13. If your organization received prior funding, please explain how the current funding request is not redundant with any prior funding received and/or builds on the prior funding but was not part of the original funding.</p>	
<p>N/A</p>	

HCBS CONCEPT BUDGET						
Vendor Name		CENTRAL HOME, MCHAROLD HOME, SOPHIA'S HOME				
Vendor Number(s)		HB1039, HB0551, HB1208				
	Wage and Benefits	Year 1 Budget		Year 2 Budget		Total
		FTE	Annual Cost	FTE	Annual Cost	Cost
Personnel (wage + benefits)						
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Position Description			\$ -		\$ -	\$ -
Personnel Subtotal			\$ -		\$ -	\$ -
Operating expenses						
PCP TRAINING			\$ 10,000			\$ 10,000
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
Operating Subtotal			\$ 10,000		\$ -	\$ 10,000
Administrative Expenses						
INSTALL ADU UNIT			\$ 140,000			\$ 140,000
						\$ -
FORD TRANSIT VAN XL			\$ 49,500			\$ 49,500
						\$ -
						\$ -
						\$ -
						\$ -
Administrative Subtotal			\$ 189,500		\$ -	\$ 189,500
Capital expenses						
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
						\$ -
Capital Subtotal			\$ -		\$ -	\$ -
Total Concept Cost			\$ 199,500		\$ -	\$ 199,500

See Attachment F for budget details and restrictions