## Winter Weather Safety

Winter weather and cold temperatures can be dangerous. Winter weather may include rain, snow, hail, flooding, strong winds, and very cold temperatures. Power outages also may happen. Stay safe and healthy by planning ahead. Create an emergency plan.



#### 1) Get Emergency Alerts

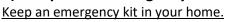
Below are some ways to know what is happening in your community:

- Sign up with <u>CalAlerts</u>
- Need information on resources or referrals for human health and social assistance programs, contact <u>2-1-1</u>.
- <u>Check your local city and county</u> to sign up for their notifications and social media sites (i.e.: Twitter, Facebook, Instagram, etc.)
- <u>Red Cross Emergency App</u>- You can see different emergencies in your community and choose different zip codes.
- Sign Up for Power Outage Alerts
  - Pacific Gas & Electric
  - Southern California Edison
  - San Diego Gas & Electric

#### OTHER RESOURCES:

- CalHHS Resource Guide
- DDS.ca.gov (<u>Consumer</u>) (<u>Provider</u>)
- Ready.gov
- Notifications to reduce electricity use
- Medical Baseline Allowance
- Disability Disaster Access & Resources

#### 2) Prepare an Emergency Kit



- Here is a bulletin that tells you what to put in your emergency kit: <u>Preparing for an</u> <u>Emergency</u>
- More information for service providers can be found here: Preparing for an Emergency



# 3) Prepare Your Home and Vehicle for Winter Weather

 Your home can be a shelter. You may need your vehicle to leave the area or to shelter in when away from home. Here is information on preparing your home and vehicle: <u>Be Ready</u>, <u>Winter Weather</u> For Service Providers: <u>Preparing for a Winter Storm | Winter Weather</u> (cdc.gov)





### 4) Make an Emergency Plan and Practice it



<u>Practice</u> at least 2-3 times per year. Test your communications plan and evacuation routes. Update your plan, as needed.



Consumer QR Code

**Provider QR Code** 





This Emergency Preparedness Bulletin is produced by the Department of Developmental Services to alert and educate individuals and direct service providers to specific risks identified with our community. Please provide feedback on this bulletin and what we can do better through this survey: Bulletin Survey