

# COORDINATED FAMILY SUPPORT (CFS) FACT SHEET FOR INDIVIDUALS AND FAMILIES

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## What is CFS?

CFS is a new service specifically designed for adults with developmental disabilities who choose to live with their family. CFS was created in response to input from families about the lack of available services for adult individuals who choose to live in the family home.

CFS service will be tailored, individualized, and flexible to meet the changing needs and preferences of the individual being served along with their family/caregiver.

## CFS Supports

CFS is designed to help you and your family coordinate and schedule the services you receive. CFS can help you and your family learn more about your diagnosis and assist with planning for the future, as well as help you learn how to access additional services that you may qualify for. CFS can provide training for the people who support you so that they are better prepared to work with you and your family. CFS can help you identify transportation, back-up providers, and help you learn about self-advocacy groups in your area. CFS will be provided in your language and in a way that is respectful of your culture. You will help design and tailor your CFS service.

## Who is eligible for CFS?

CFS is for adults (18 years and older) who live with their family and are receiving services from a Regional Center.

## How can I sign up for CFS?

If you live at home with your family and you think you need CFS, let your Regional Center Service Coordinator know. They will schedule an IPP team meeting to determine how CFS can assist you and your family. If you are referred for CFS, a CFS provider will meet with you and your family to talk about what you want to achieve by using CFS. Together, the CFS provider, along with you and your family, will prepare a plan that identifies which services you need assistance with and how the CFS provider will help you.

## CFS Surveys

The Department of Developmental Services is interested in how CFS helps you and your family. You will be asked to complete a very short survey once services begin and then maybe once or twice while you are receiving the service. This will help the Department know if CFS is working for you and your family.

