

Interagency Coordinating Council (ICC) on Early Intervention Meeting

July 21, 2023



Housekeeping



Interpretación en español: haga clic en el globo blanco en la parte inferior de la pantalla con la etiqueta "Interpretation." Luego haga clic en "Spanish" y seleccione "Mute original audio."



ASL interpreters have been "Spotlighted" and live closed captioning is active



This meeting is being recorded

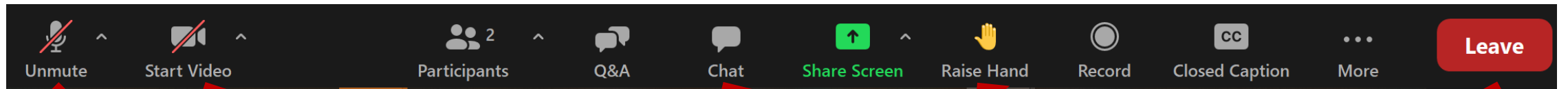


Materials are available at: <https://www.dds.ca.gov/services/early-start/state-icc-on-early-intervention-overview/>



Submit written comments via email to: earlystart@dds.ca.gov

Zoom Tips



Unmute mic only when it's your turn to speak



Turn your webcam on/off

All attendees can type questions/comments in the Q&A

Chat is available for Workgroup members only

Workgroup members can raise your hand when you want to speak

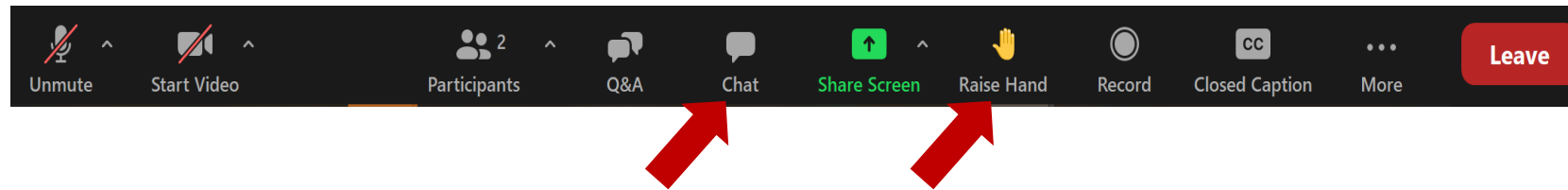
Leave the webinar at the end of the meeting



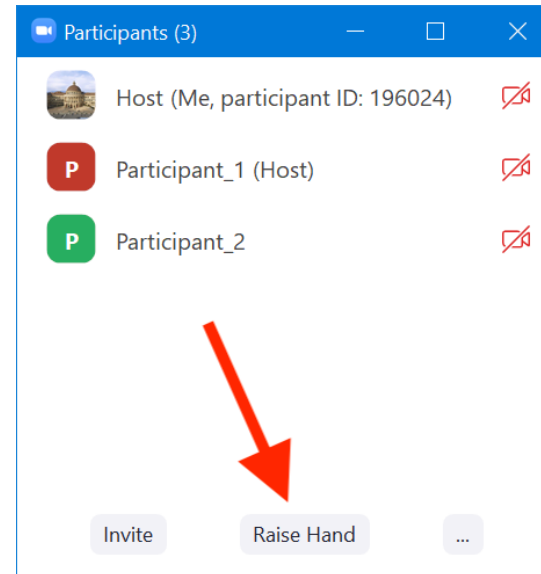
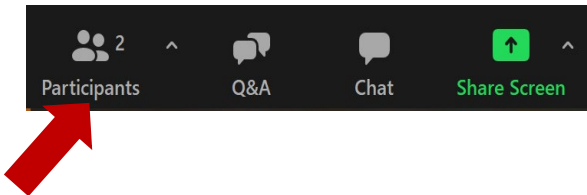
- For attendees, your video and microphone will not be available
- You will only see/hear workgroup members, DDS staff and presenters on screen
- Features will vary based on the version of Zoom and device you are using
- Some Zoom features are not available for telephone-only participants

Providing Comments- Appointed Members

Appointed Members: Please use the “Chat” or “Raise Hand” to comment



You may need to click on “Participants” and a new window will open where you can “Raise Hand”



Agenda

- I. Opening: Welcome and Roll Call
- II. Review ICC Mission and Purpose
- III. ICC Council Reports

Break

- IV. ARPA Initiative Updates
- V. Committee Reports
- VI. Video
- VII. Public Input
- VIII. Recap and Closing Remarks

ICC MISSION AND PURPOSE

To promote and enhance a coordinated family service system for infants and toddlers, ages birth to three years, who have, or are at risk for having a developmental delay or disability, and their families, by utilizing and encouraging a family-centered approach, family-professional partnerships, and interagency collaboration



ICC Council Reports

BREAK

ARPA Initiative Updates

ICC Diversification Pilot
Family Resource Centers Network of California

Family Wellness Pilot
Valley Mountain Regional Center



CA Interagency Coordinating Council (ICC) Community Engagement Project

IMPROVING THE COMMUNITY CAPACITY &
DIVERSIFICATION OF THE ICC - ARPA INITIATIVE



Background

1

AMERICAN RESCUE PLAN ACT (ARPA) provided one-time supplemental funds for IDEA Part C

2

Identified Need: The ICC wants to increase diverse representation, expertise, and community involvement

COMMUNITY ENGAGEMENT PROJECT GOAL

SUPPORT THE STATE'S ICC

1. OUTREACH ACTIVITIES
2. RECRUITMENT
3. TRAINING WITH INCENTIVES TO PARENTS
AND COMMUNITY MEMBERS TO PARTICIPATE
IN ICC ACTIVITIES AT THE STATE OR
COMMUNITY LEVEL



FRCNCA PARTNERS



Eastern LA FRC,
Project Lead



CARE Parents Network
Northern Regional lead



Parents Helping Parents of SLO
Southern Regional Lead

STRATEGY #1

Local Community Engagement Activities

- Gather information regarding opportunities for engagement and barriers to participation from the ICC, LICAs, Regional Centers, and other existing early childhood agency and community groups
- Identify opportunities to create connections or partnerships for leverage, engagement, and training implementation in underrepresented communities

STRATEGY #2

Leadership Development

- Develop easy to deploy Leadership training for community, family members/consumer parents interested in participating in Local or State ICC activities

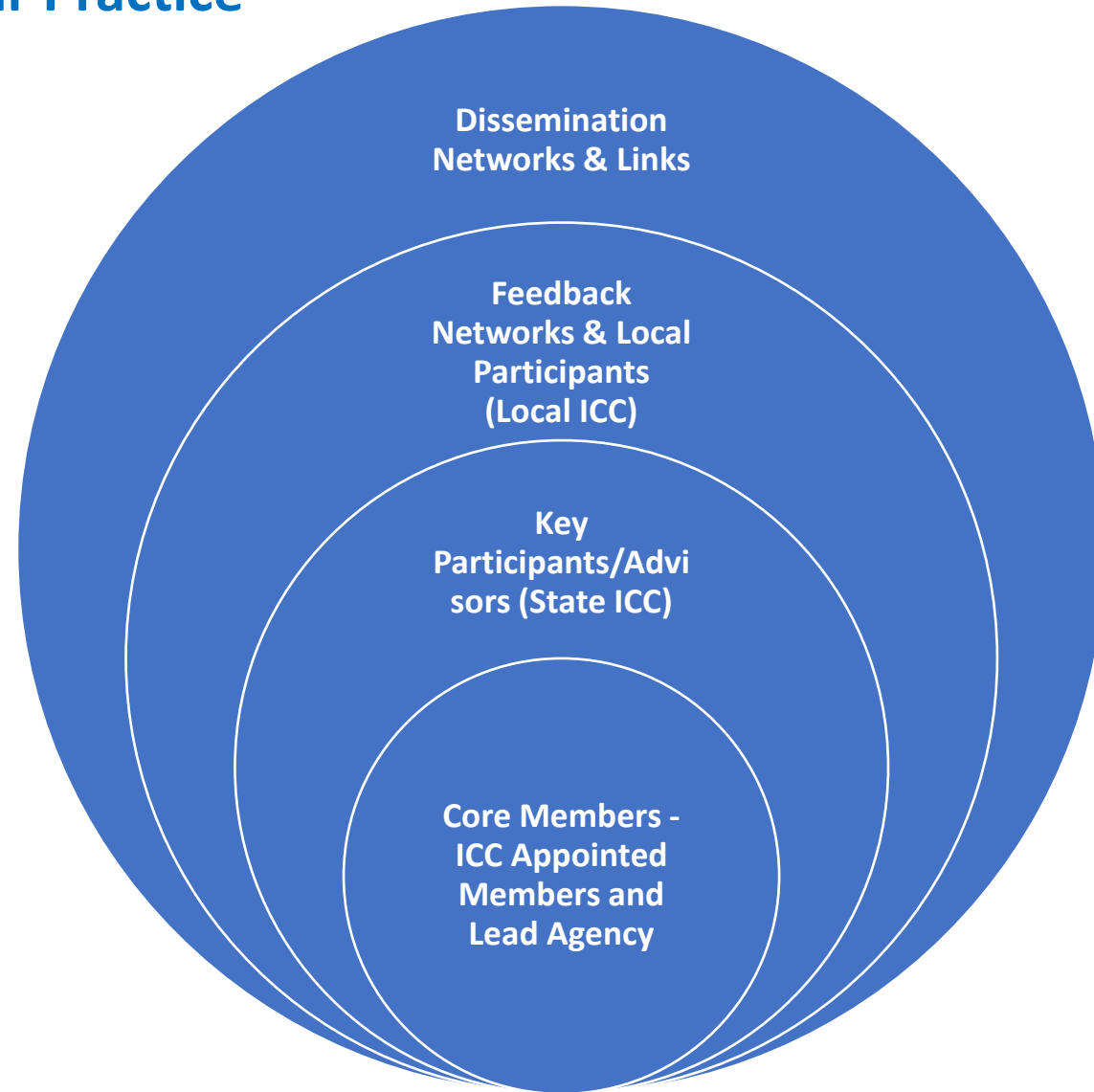
FAMILY RESOURCE CENTERS

Target up to 14 communities where no Local ICC exists or the Local ICC wants to support the mentoring of additional representatives to elevate to local or state-level ICC to establish or strengthen their Local ICC.



Is there a community that should be outreached to?

Engaging Everybody in our Practice



Engaging Everybody

Core Team

Leaders from diverse groups with responsibility to provide guidance to the lead agency for Part C in CA - appointed and agency members

Key Participants & Advisors

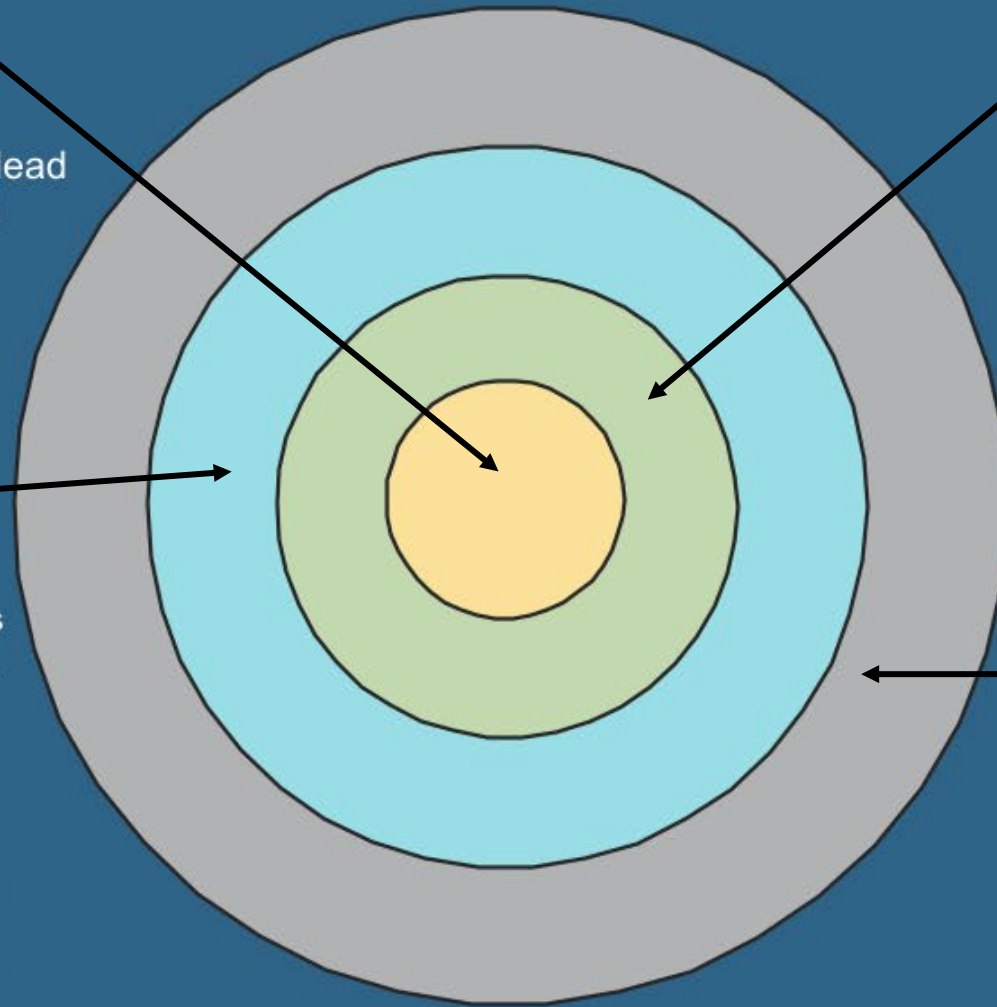
Groups and individuals that have responsibility for, or keen interest in, serving and supporting families in Part C. These key partners advise the core members on the issues that surface in the local communities, take information back to the community, and guide policies affecting families. They are community representatives that are selected to ignite the power of families to support their children's development as early as possible.

Extended Participants & Feedback Networks

Individuals reached through the organizations & networks that are key participants/advisors. They represent individuals who work at the practice, family or individual level. These participants have connections to early intervention & to the organizations that are active on issues of child care, health, growth, learning, and the wellbeing of children. They can bridge ideas as formulated and ideas as practiced (e.g., child rights, regulations and laws related to children and families)

Dissemination Networks & Communication Linkers

Participants from all the groups within the circles and all the other groups related to the issue. These groups receive information and their networks are asked to provide information. Network linkers create a buzz around supporting children and families and actively promote the work of the ICC Statewide and locally to ensure the children thrive.



Key Participants & Advisors

Advise the core members on the issues that surface in the local communities, take information back to the community, and guide policies affecting families.

Families

Rural Providers/FRCs

Insurance Companies, Managed Care

Parents with I/DD

Mental Health/Criminal Justice/Child Welfare

Legislative Representatives

Help Me Grow CA

Child Care Resource Centers

Small EI providers

Deaf parents

Birth Families/Foster/Resource/Adoptive
parents

Tribal Communities

Central Valley Area

Deaf/Blind advocates

Parents of children dually served/ low-
incidence

Journalists

NICU RN

Immigrant and Refugee Service Providers

Extended Participants/ Feedback Network

They represent individuals who work at the practice, family or individual level. These participants have connections to early intervention & to the organizations that are active on issues related to children and families

Families

Immigrant and Refugee Service Providers
Center for Early Intervention on Deafness

Physicians

Blind Children's Learning Center
Community College Early Childhood Departments
SELPA Service Coordinators

MIND Institute

Early/Head Starts

NICU RN/SW

California Hands & Voices

ECSE Training Programs

FRCs

CAEYC

Pathways to Hope

Deaf Mentors/Coaches

Developmental/NICU Follow-up Clinics/Huntington Hospital HR
Follow-up Clinic

Local government officials

Support group leaders/ Parent organization leaders

Home Health Nursing agencies

Indian Health Services

DCARA

UCEDDs

Black Infant Health

Acorns to Oak Trees

Speech/OT/PT providers

ASL Therapies

Fathers Network

Maternal Mental Health Network

Maternal Health Network

Miller's Children's and Women's Hospital Long Beach

John Tracy Clinic

Casa Colina

California State Schools

Izzi Head Start of SMC

La Familia Counseling Sacramento

Fatherhood Network/ San Bernadino

Leadership Curriculum Topics

- Telling your story in connection to Early Start
- Meeting Rules and Laws
- Robert's Rules of Order
- Laws, Regulation, & Policy
- Communication and Conflict Styles
- Exploring Opportunities Locally
- Engaging with the State ICC





Recommendation Report

- A model for implementation of training Statewide
- A post-training mentoring plan for the new family/community representative ICC members
- How might Early Start FRCs provide continued support and mentoring

WHAT'S NEXT?

1. Updates to the State Team ICC
2. Curriculum will be reviewed by DDS and Key informants from the ICC
3. Video creation to accompany new member orientation
4. Funding to FRCs for strategies had soft close on July 14th
5. Local Activities to start in August and September
6. Resources Padlet and Kumu will be initiated for identified local areas
7. Final recommendations will be provided to DDS and brought to the ICC





VMRC Family Wellness Project
Helping Families Thrive Together

Claire Lazaro, MD, MSN, APRN, NP-C

VMRC Clinical Director and Project Lead

Weston Perry, MS, CRC

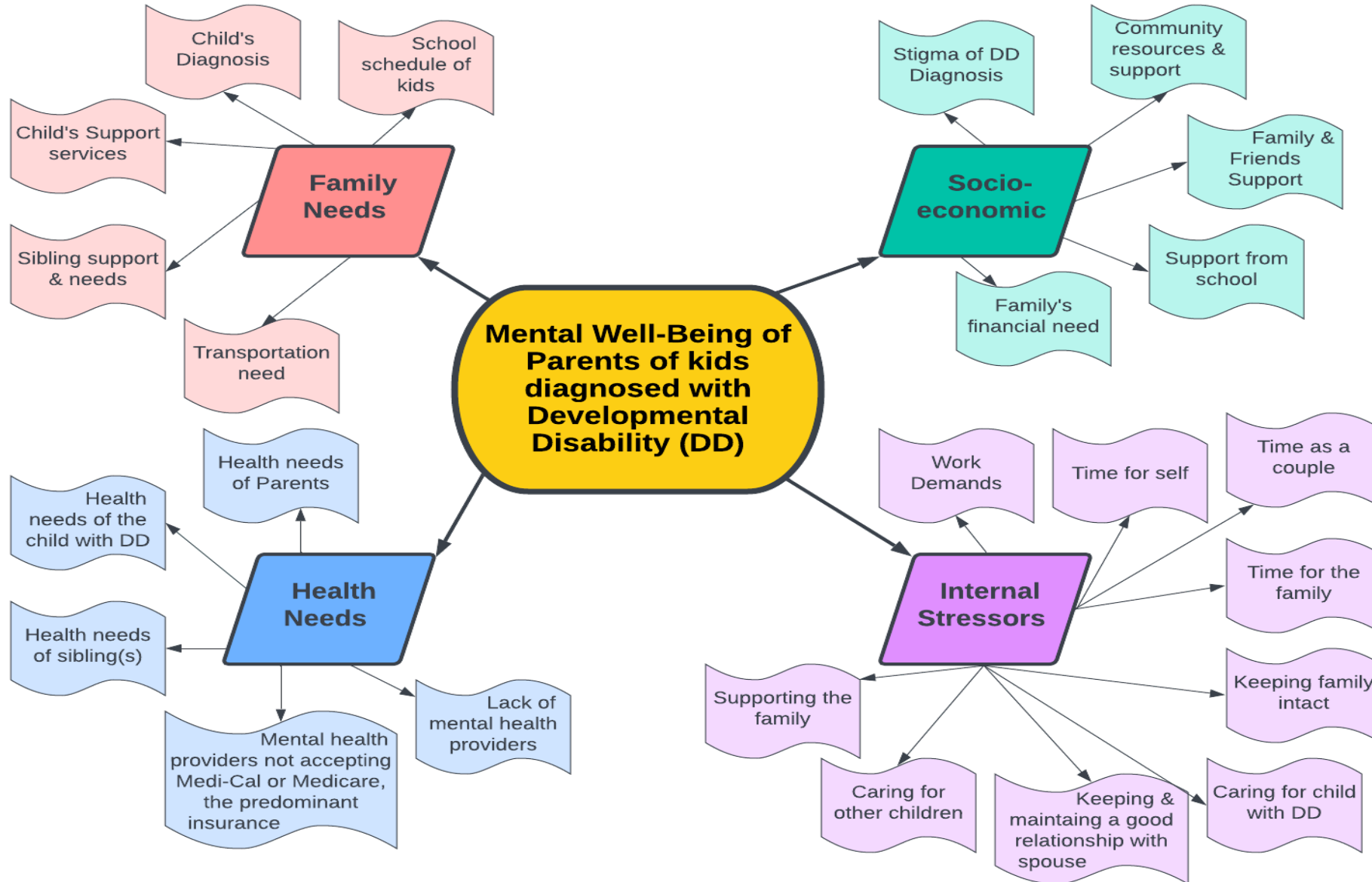
VMRC Family Wellness Coordinator

Mat Threet, MA

VMRC Family Wellness Navigator

Statewide Interagency Coordinating Council (ICC) on Early Intervention, July 21, 2023

Background (Scope of the Problem)





Implementation

Counseling offered to families at time of diagnosis. This will include parents/caregivers and siblings of consumers eligible for Early Childhood (0-5) with the choice to attend face-to-face or virtually. Periodic parent support groups offered w/ childcare and meals included.



Key Components:

- **Counseling Services for Early Childhood eligible families.**
- **Parent Support Groups**

Evidence to Support Intervention: Various Interventions Used and Best Evidence



► Best Practice Recommendation: Family Support for Mental Wellness of Parents/Caregivers.

- Position: Comprehensive, universally accessible family support must be provided in order to strengthen families socially, emotionally, physically and financially. must:
 - Create and provide meaningful support to parents with IDD designed to **ensure maximum opportunity for family wellness and cohesion;**
 - Provide support for families navigating systems of care, including early intervention, education, **mental/behavioral health**, and other systems.
 - Policies of family support and public and private systems for supporting families must be prioritized for when the need is most acute, such as when **caregivers first receive a disability diagnosis for their child;** during service system transitions or personal crises; and at the end of life.





VMRC Family Wellness Project
Helping Families Thrive Together

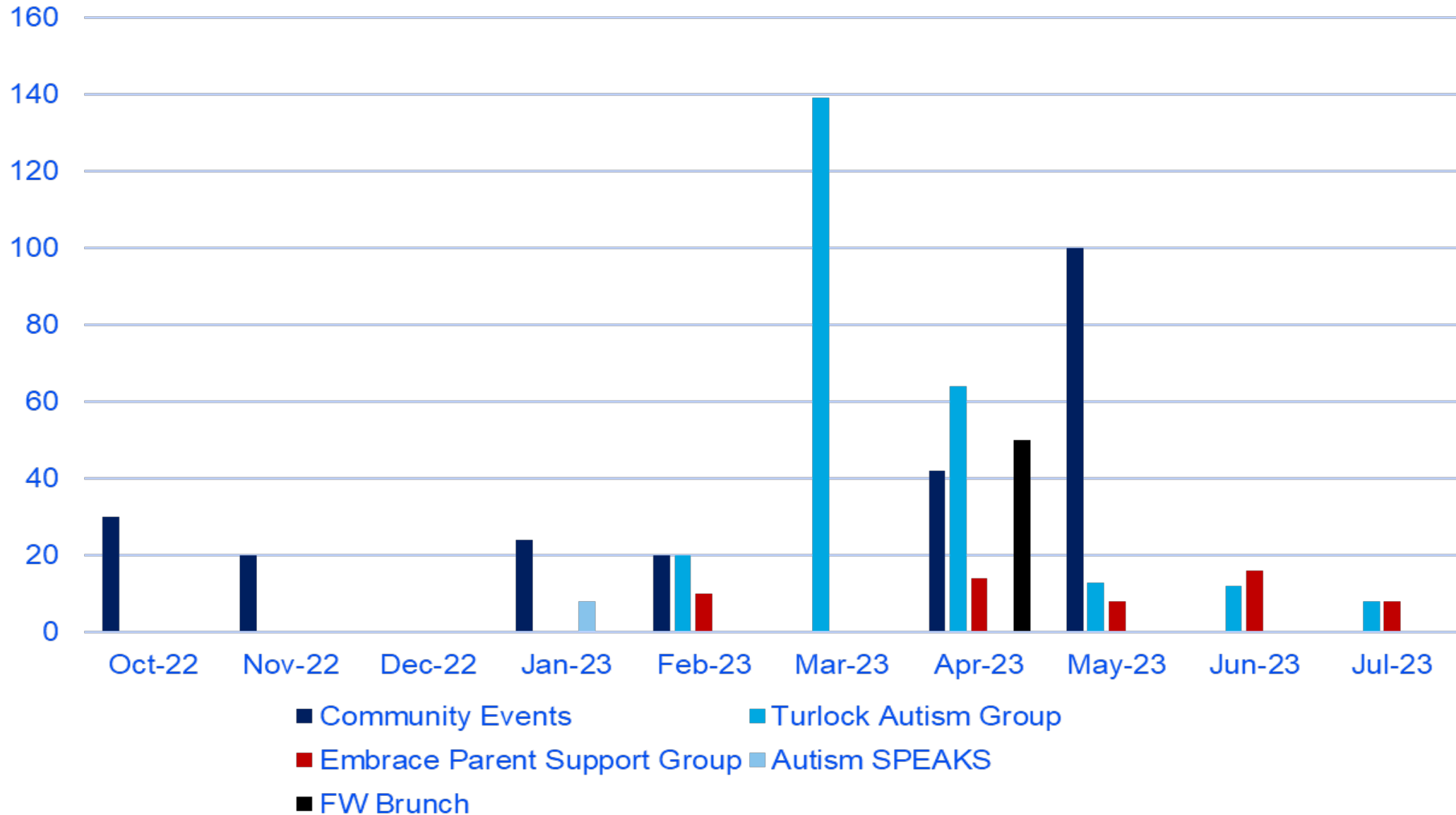
Parent Support Group and Community Outreach



Community Outreach



Number of families served (Community events and support groups)



Phase Three: March – Dec. 2023

- ▶ Testimonials from Parents/Families
 - “This event was informative. I learned about resources that are available for the family”
 - “Understanding parents struggles on a daily routine”
 - “Childcare was very helpful! Coping skills help me relax”
 - “It was a great resource with lots of wonderful tips and tools”
 - “Very beneficial and informative programs. Encouraging to see others who are in similar situations with similar stories”
 - “I got some helpful tools to use with my kids”
 - “Very helpful coping strategies”
 - “Triple P presentation was helpful. Also helpful to network with other parents”



VMRC Family Wellness Project
Helping Families Thrive Together

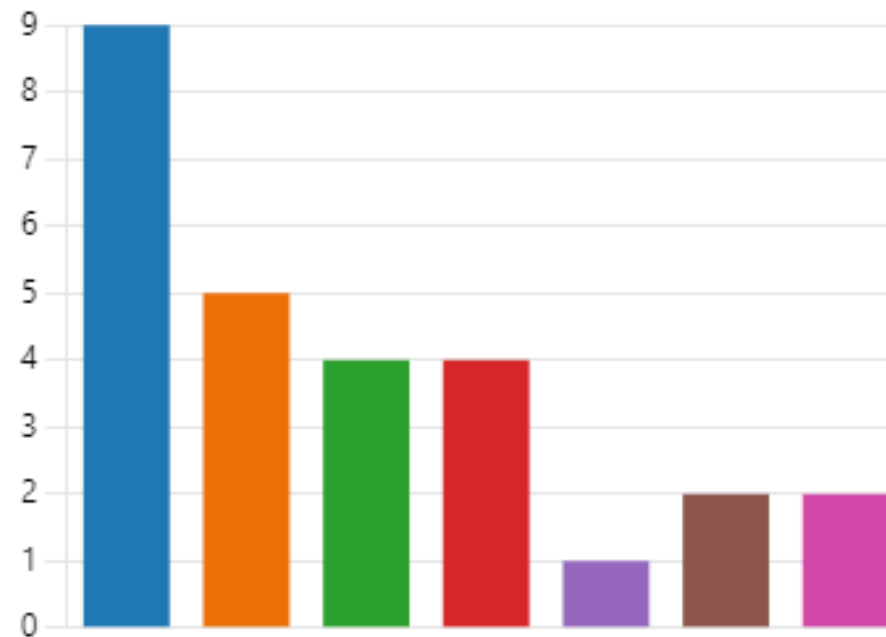
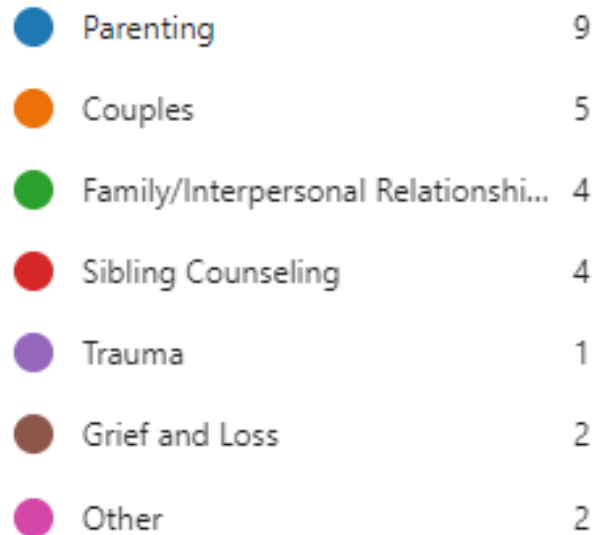
Family Counseling: Virtual or In-Person



Surveying Interest in Counseling Services

10. Choose the areas of counseling you are most interested in exploring for yourself and family.

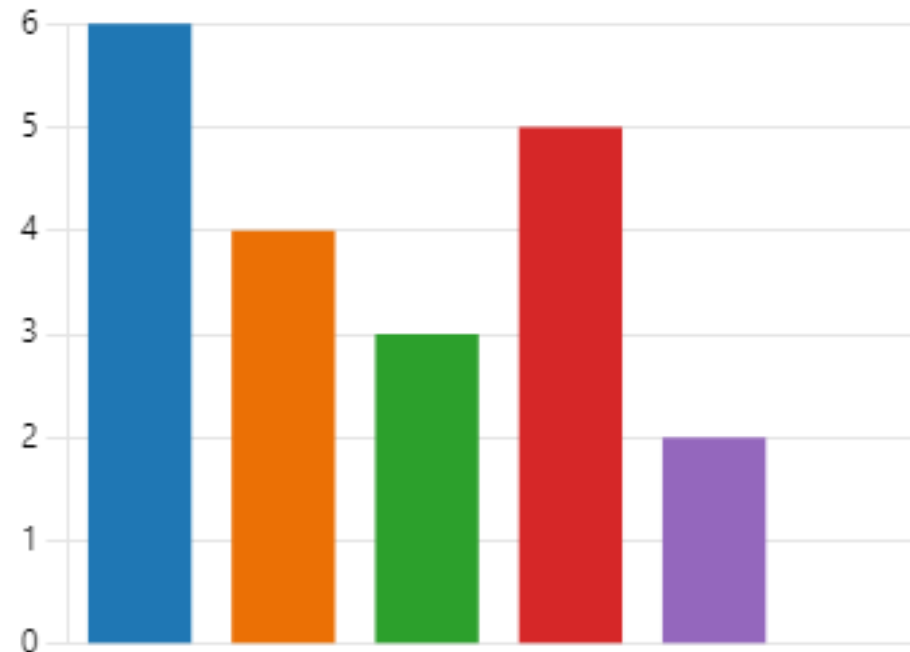
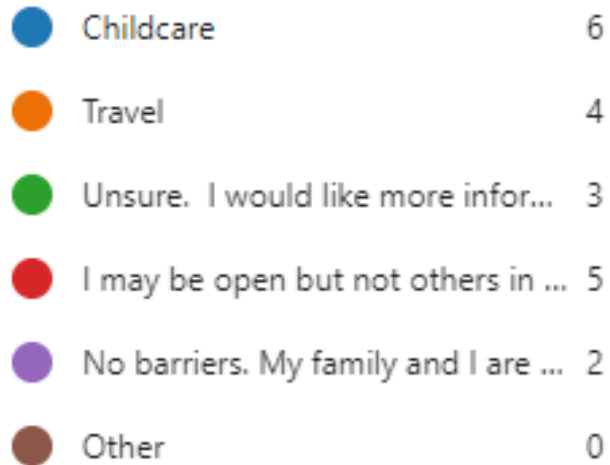
[More Details](#)



Surveying Interest in Counseling Services

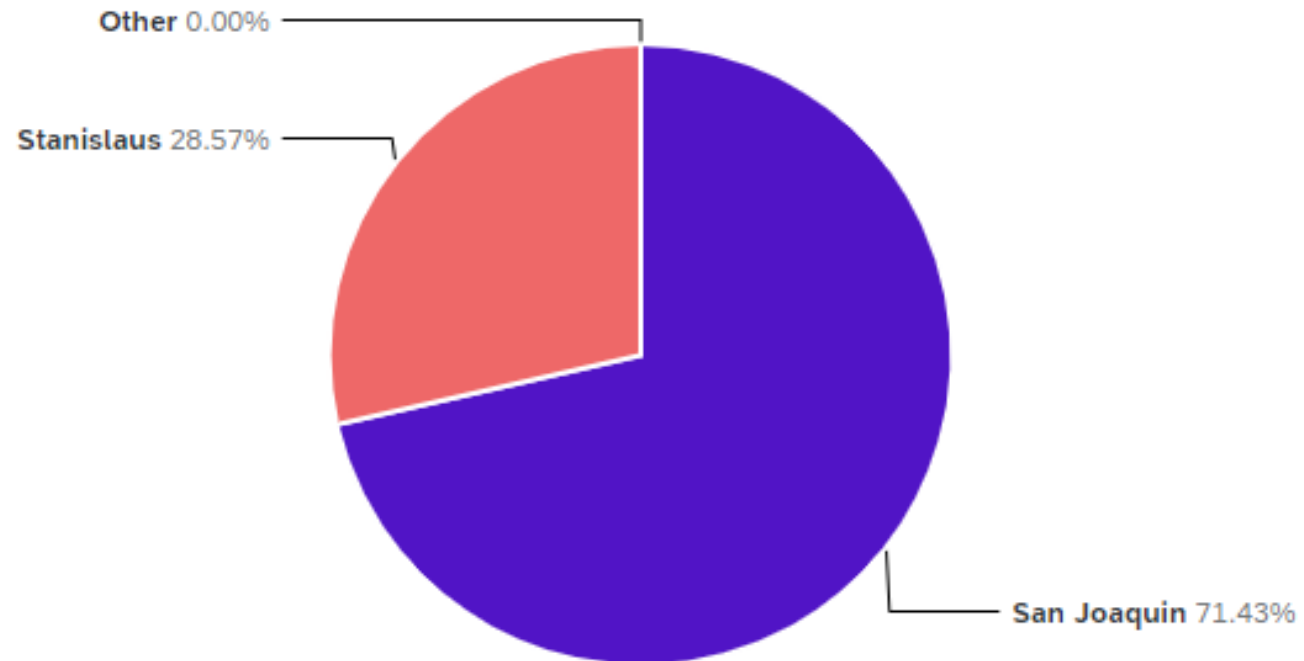
11. What current barriers (if any) would keep you and/or your family from receiving free counseling services?

[More Details](#)



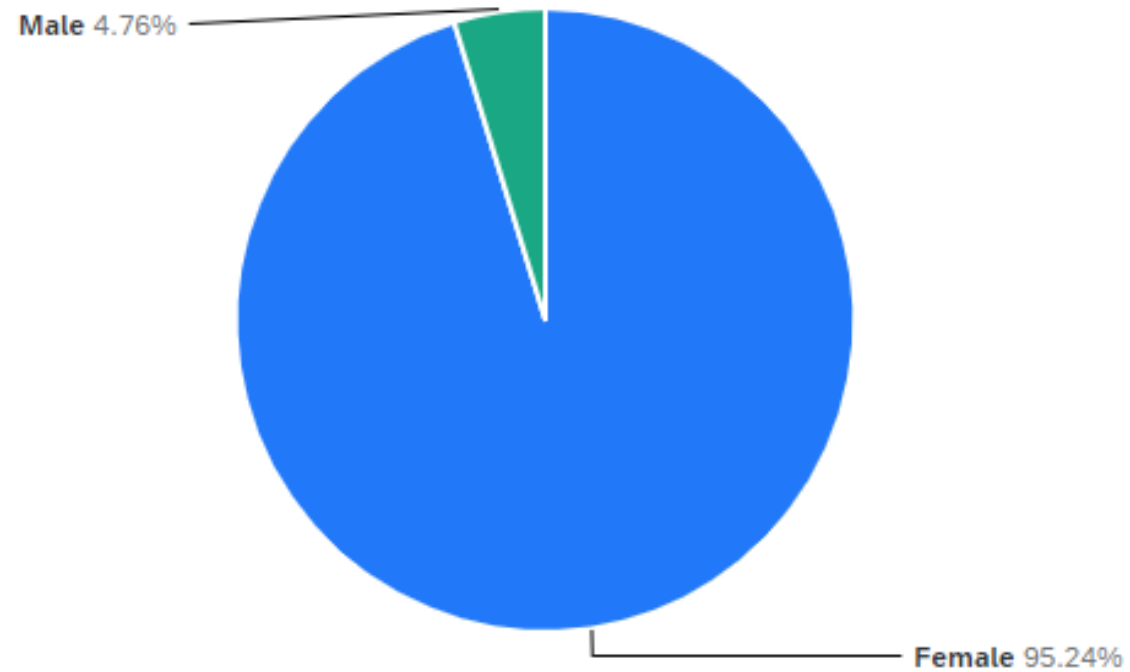
Current Family Wellness Participant Demographics

County of Residence ⓘ



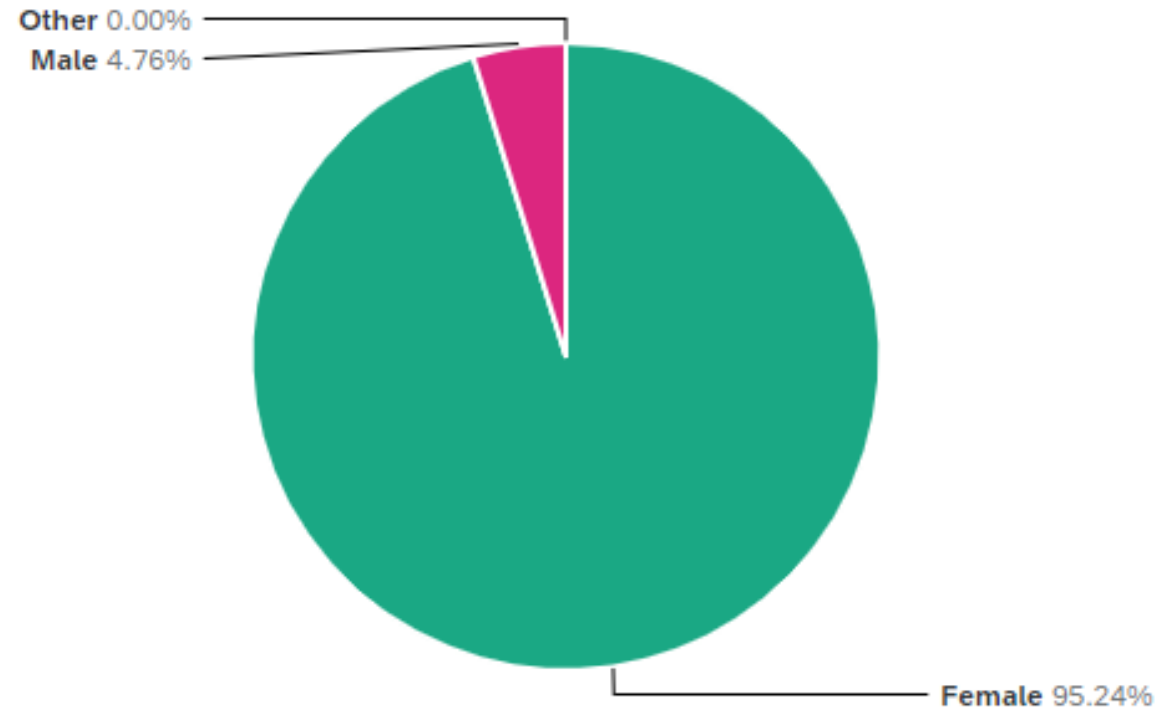
Current Family Wellness Participant Demographics

Sex at birth ⓘ



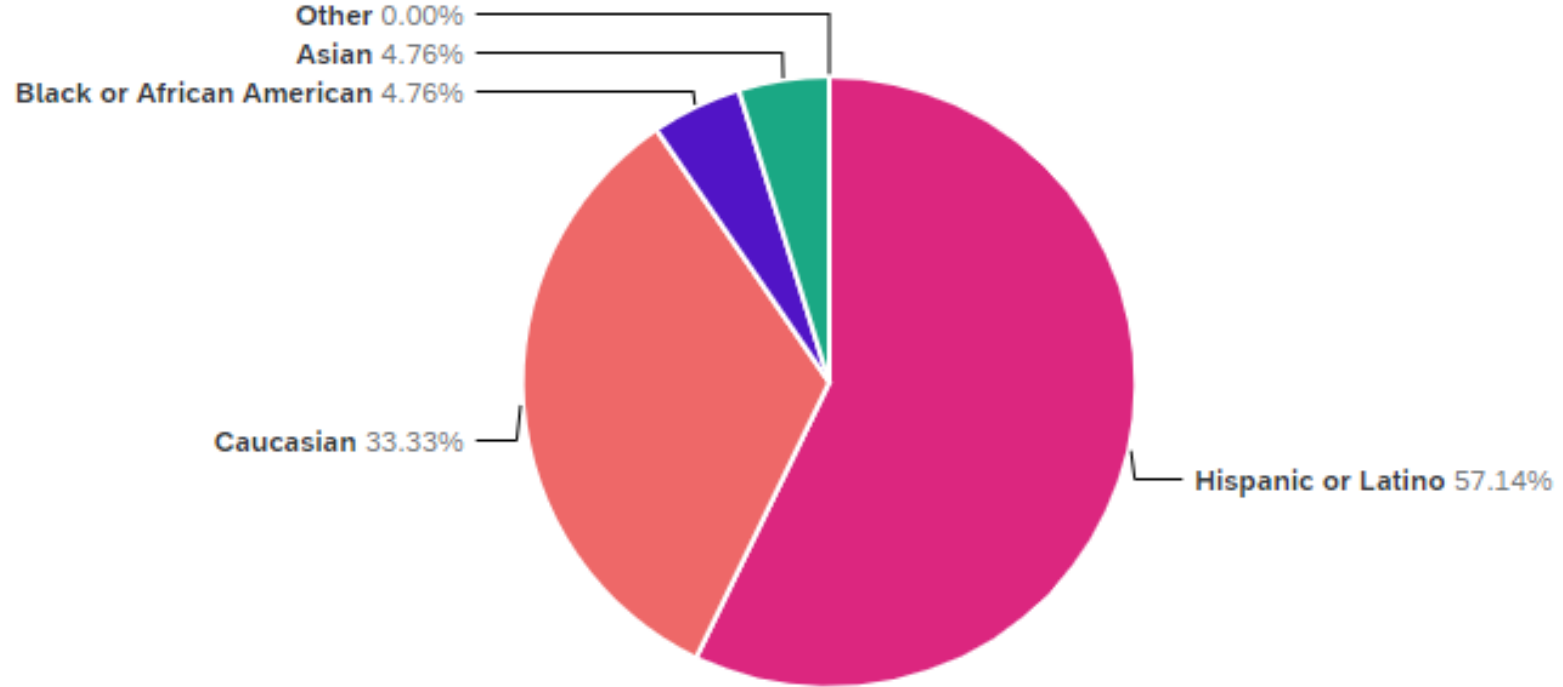
Current Family Wellness Participant Demographics

Gender ⓘ



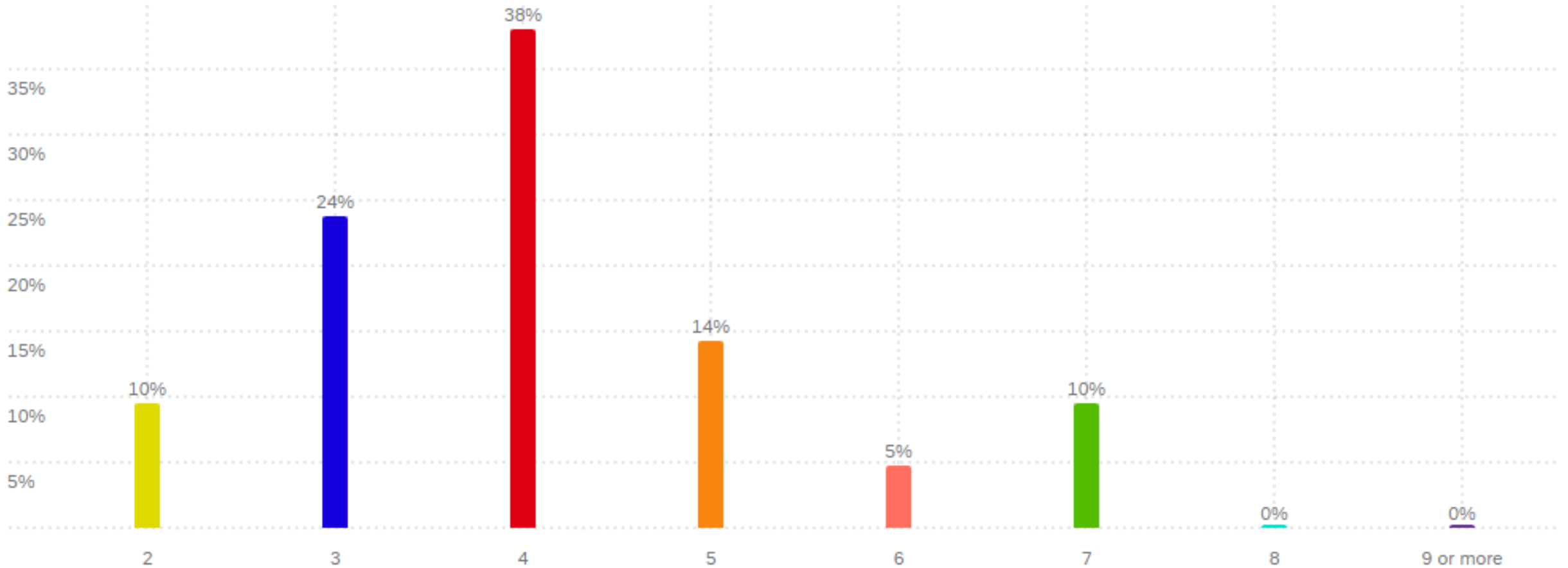
Current Family Wellness Participant Demographics

Race and Ethnicity ⓘ



Current Family Wellness Participant Demographics

How many people live in your household? 21 ⓘ





Counseling Rooms in Stockton, Modesto and San Andreas Offices...



Family Testimonial

► Quote from Parent, KC Ferreira (Turlock Autism Group)

- "Having the Family Wellness Project's support has been invaluable to TAG. Being able to coordinate events and not worry about food and the costs of food has been a huge relief off my shoulders. And it's such a wonderful experience to give these parents a night off. They show such an appreciation for the food and companionship. **For a few hours, the parents know they are not alone, and that someone cares. That is priceless.**"

Phase Four

Dec. 2023-2024

- ❖ Measure Outcomes
 - ❖ Dissemination
- ❖ Sustainability Plan
 - ❖ Scale-Up Plan



Phase Four: Dec. 2023 - 2024

Measure Outcomes: Data Collection



Aim	Source	Outcome Measures	Instrument
1	Patient	Reduction of Psychological Distress (individual) Improvement in psycho-social functioning	Depression Anxiety Stress Scales-21 (DASS-21) by Lovibond and Lovibond (1995) Validity: Cronbach's alpha = 0.74-0.91 (Moya et al., 2022; Mills et al., 2021). Parental Stress Scale by Berry and Jones (1995) – 18-item questionnaire Validity: Cronbach's alpha = 0.96 (Mills et al., 2021).
2	Patient	Improvement in relational functioning of the family	Quality of Life Enjoyment Satisfaction Questionnaire – Short Form (Q-LES-Q-SF) by Endicott et al. (1993) Validity: Cronbach's alpha = 0.90 (Stevanovic, 2011).
3	Patient	Improved couple's relational functioning	Revised Dyadic Adjustment Scale (Crane et al., 2000; Busby et al., 1995) Validity: Cronbach's alpha = 0.90 (Crane et al., 2000; Busby et al., 1995).
4	Patient	Learned coping strategies for future use	Family Empowerment Scale (Koren et al., 1992) - adopted/modified Validity: Cronbach's alpha = 0.97 (Boztepe et al., 2022; Koren et al., 1992).
5	Patient	Feasibility of the study: virtual vs in-person	Session Rating Scale (Duncan et al., 2003) – adopted/modified Validity: Cronbach's alpha = 0.90 (Duncan et al., 2003).

Phase Four: Dec. 2023 - 2024



Data Analysis Plan

Aim 1 Determine the impact of the QI project on reduction in psychological distress and improvement in psychosocial functioning.

- Depression Anxiety Stress Scales-21 → paired *t*-test (alpha=0.05)
- Parental Stress Scale → paired *t*-test (alpha=0.05)

Aim 2 Determine the impact of the QI project on improvement in relational functioning of the family.

- Quality of Life Enjoyment Satisfaction Questionnaire - Short Form → paired *t*-test (alpha=0.05)

Aim 3 Determine the impact of the QI project on improvement in the couple's relational functioning.

- Revised Dyadic Adjustment Scale → paired *t*-test (alpha=0.05)

Aim 4 Determine the impact of the QI project on the ability to utilize the coping tools and strategies parents and caregivers learned to similar scenarios in the future.

- Family Empowerment Scale → paired *t*-test (alpha=0.05)

Aim 5 Determine the impact of the QI project on the feasibility of virtual versus in-person counseling intervention.

- adopted version of the Session Rating Scale → independent *t*-test (alpha=0.05)

Family Testimonial



[Video Link Here](#)



Discussion and Questions



FamilyWellness@vmrc.net



THANK YOU!

References



- ▶ American Association on Intellectual and Developmental Disabilities [AAIDD]. (2020, February 12). Family Support. Retrieved on March 31, 2023, from <https://www.aaid.org/news-policy/policy/position-statements/family-support>
- ▶ Berry, J. O., & Jones, W. H. (1995). The Parental Stress Scale: Initial Psychometric Evidence. *Journal of Social and Personal Relationships*, 12(3), 463-472.
- ▶ Boztepe, H., Çınar, S., Kanbay, Y., Acımış, B., Özgür, F., & Terzioglu, F. (2022). Validity and reliability of the Family Empowerment Scale for parents of children with cleft lip and/or palate. *Child: care, health and development*, 48(2), 277–285. <https://doi.org/10.1111/cch.12928>
- ▶ Busby, D.M., Christensen, C., Crane, D.R. and Larson, J.H. (1995), A revision of the dyadic adjustment scale for use with distressed and nondistressed couples: Construct hierarchy and multidimensional scales. *Journal of Marital and Family Therapy*, 21: 289-308. <https://doi.org/10.1111/j.1752-0606.1995.tb00163.x>
- ▶ California Department of Developmental Services [DDS]. (2022, May). 2022 May Revision. Retrieved on July 16, 2022, from https://www.dds.ca.gov/wp-content/uploads/2022/05/May_Revision_2022.pdf
- ▶ Cogswell, M. E., Coli, E., Tian, L. H., Tinker, S. C., Ryerson, A. B., Maenner, M. J., Rice, C. E., & Peacock, G. (2022). Health needs and use of services among children with developmental disabilities – United States, 2014-2018. *CDC MMWR Morbidity and Mortality Weekly Report*, 71, 453-458. DOI: <http://dx.doi.org/10.15585/mmwr.mm7112a3>
- ▶ Crane, D. & Middleton, Kenneth & Bean, Roy. (2000). Establishing criterion scores for the Kansas Marital Satisfaction Scale (KMSS) and the Revised Dyadic Adjustment Scale (RDAS). *American Journal of Family Therapy*. 28. 53-60. 10.1080/019261800261815.
- ▶ Duncan, B., Miller, S., Sparks, J., Claud, D., Reynolds, L., Brown, J., et al. (2003). The session rating scale: Preliminary psychometric properties of a “working” alliance measure. *Journal of Brief Therapy*, 3, 3–12. Retrieved on February 19, 2023 from https://www.researchgate.net/profile/Scott-Miller-32/publication/254093433_The_Session_Rating_Scale_Preliminary_Psychometric_Properties_of_a_Working_Alliance_Measure/links/0f317538912cb16115000000/The-Session-Rating-Scale-Preliminary-Psychometric-Properties-of-a-Working-Alliance-Measure.pdf

References



- ▶ Endicott, J., Nee, J., Harrison, W., & Blumenthal, R. (1993). Quality of Life Enjoyment and Satisfaction Questionnaire: a new measure. *Psychopharmacology bulletin*, 29(2), 321–326.
- ▶ Iida, N., Wada, Y., Yamashita, T., Aoyama, M., Hirai, K., & Narumoto, J. (2018). Effectiveness of parent training in improving stress-coping capability, anxiety, and depression in mothers raising children with autism spectrum disorder. *Neuropsychiatric Disease and Treatment*, 14 doi:10.2147/NDT.S188387
- ▶ Lee, N. A., Furrow, J. L., & Bradley, B. A. (2017). Emotionally focused couple therapy for parents raising a child with an autism spectrum disorder: A pilot study. *Journal of Marital & Family Therapy*, 43(4), 662-673. doi:10.1111/jmft.12225
- ▶ Legislative Analyst's Office. (2021, November). The 2021-22 California Spending Plan Human Services Department of Developmental Services (DDS). Retrieved on July 16, 2022, from <https://lao.ca.gov/Publications/Report/4476/1>
- ▶ Lovibond, P. F., & Lovibond, S. H. (1995). The structure of negative emotional states: comparison of the Depression Anxiety Stress Scales (DASS) with the Beck Depression and Anxiety Inventories. *Behaviour research and therapy*, 33(3), 335–343. [https://doi.org/10.1016/0005-7967\(94\)00075-u](https://doi.org/10.1016/0005-7967(94)00075-u)
- ▶ Lucyshyn, J. M., Miller, L. D., Cheremshynski, C., Lohrmann, S., & Zumbo, B. D. (2018). Transforming coercive processes in family routines: Family functioning outcomes for families of children with developmental disabilities. *Journal of Child and Family Studies*, 27(9), 2844-2861. doi:10.1007/s10826-018-1113-5
- ▶ Mills, A. S., Vimalakanthan, K., Sivapalan, S., Shanmugalingam, N., & Weiss, J. A. (2021). Brief report: Preliminary outcomes of a peer counselling program for parents of children with autism in the south Asian community. *Journal of Autism and Developmental Disorders*, 51(1), 334-340. <https://doi.org/10.1007/s10803-020-04538-9>
- ▶ Moya, E., Larson, L. M., Stewart, R. C., Fisher, J., Mwangi, M. N., & Phiri, K. S. (2022). Reliability and validity of depression anxiety stress scale (DASS)-21 in screening for common mental disorders among postpartum women in Malawi. *BMC psychiatry*, 22(1), 352. <https://doi.org/10.1186/s12888-022-03994-0>

References



- ▶ Peer, J. W., & Hillman, S. B. (2014). Stress and resilience for parents of children with intellectual and developmental disabilities: A review of key factors and recommendations for practitioners. *Journal of Policy and Practice in Intellectual Disabilities*, 11(2), 92-98. doi:<https://doi.org/10.1111/jppi.12072>
- ▶ Resnick, B. (2021, June 30). Tools of Public Health Practice and Decision Making [PowerPoint slides]. CoursePlus. <https://courseplus.jhu.edu/core/index.cfm/go/pb:page.view/colD/14845/pageID/88777/>
- ▶ Rosswurm, M.A. and Larrabee, J.H. (1999), A Model for Change to Evidence-Based Practice. *Image: the Journal of Nursing Scholarship*, 31: 317-322. <https://doi.org/10.1111/j.1547-5069.1999.tb00510.x>
- ▶ Special Olympics. (n.d.). What is intellectual disability? Retrieved on July 16, 2022, from <https://www.specialolympics.org/about/intellectual-disabilities/what-is-intellectual-disability>
- ▶ Stevanovic, D. (2011). Quality of Life Enjoyment and Satisfaction Questionnaire—short form for quality of life assessments in clinical practice: A psychometric study. *Journal of Psychiatric and Mental Health Nursing*, 18(8), 744–750. <https://doi.org/10.1111/j.1365-2850.2011.01735.x>
- ▶ The World Bank [WB]. (2022, April). Disability Inclusion. Retrieved on July 16, 2022, from <https://www.worldbank.org/en/topic/disability#2>
- ▶ World Health Organization [WHO]. (n.d.). Mental Health. Retrieved on July 16, 2022, from https://www.who.int/health-topics/mental-health#tab=tab_2

Committee Reports

Improving State Systems
Communications

VIDEO

PUBLIC INPUT

Public Input Guidelines

- **COMMENTS CAN BE IN WRITING OR SPOKEN**
All comments are published as part of the public record and provided to ICC members
- **EACH PERSON HAS 2 MINUTES TO COMMENT**
We want to make sure there's time to hear from everyone. Longer comments? Submit them in writing to ensure your full message is shared
- **COMMENTING ON BEHALF OF OTHERS**
One person is welcome to share input from others, please just be mindful of time, summarize key points and turn in any written statements
- **IF YOU WANT TO SPEAK, SIGN IN**
Signing in allows us to call on you when it is time for public comment
- **PLEASE BE SPECIFIC**
A clear statement-including specific suggestions for addressing any concerns you may have- is most helpful
- **WANT TO SHARE A POWERPOINT OR VIDEOS AS PART OF YOUR PUBLIC COMMENT?**
Email EarlyStart@dds.ca.gov at least 14 days in advance with any audio/visual needs

THANK YOU FOR JOINING OUR MEETING



ICC Webpage: [State ICC on Early Intervention Overview](#)

DDS Early Start Mailbox: earlystart@dds.ca.gov

