

Service Definition – General Self-Directed Supports (Service Code 099)

General Self-Directed Supports (General SD Supports) occur after a potential participant completes a Self-Determination Program (SDP) orientation and before enrollment in the SDP.

Providers of General SD Supports must meet distinct vendor qualifications. The General SD Supports vendor packet is available [here](#).

Regional centers may authorize General SD Supports for up to 40 hours following receipt of written information about the proposed services, estimated hours, and service cost. Additional hours may be authorized on a case-by-case basis for potential SDP participants who need more intensive supports to successfully transition into SDP as specified in the Department's directive.

General SD Supports

General SD Supports, as directed by the potential SDP participant, may provide assistance and coaching and/or training individually or as part of a group setting to help the potential SDP participant(s) gain a thorough understanding of the SDP.

General SD Supports include the following services provided by a qualified General SD Supports provider to a potential SDP participant enrolling in SDP. Examples of responsibilities include assistance, coaching, training, and support with self-advocacy in the following areas:

1. Individual program planning.
 - a. Coordination with an individual who provided the Initial Person-Centered Plan.
 - b. Assistance at the individual program planning meeting to identify the potential SDP participant's needs, goals, and services in the SDP.
2. Coordinating how services and supports are provided.
 - a. Finding and hiring qualified staff or an agency provider.
 - b. Negotiating staff pay or provider rate.
3. Understanding the process for obtaining criminal background checks for staff, if applicable.
 - a. Basic information about who can provide services (e.g., qualifications, rules on who may or may not be paid).
 - b. Basic information about how to manage staff (e.g., setting expectations and hours of work, timely submission and claiming for hours worked).
 - c. Coaching on all aspects of onboarding and training staff.

4. Understanding how to manage the 12-month SDP individual budget through the spending plan.
 - a. Education about generic sources of funding to maximize use of SDP funds.
 - b. Understanding the process and providing assistance to obtain a certified 12-month budget, understanding how an SDP individual budget is developed and reviewing/developing the individual spending plan.
 - c. Learning and developing basic skills in budgeting and tracking monthly expenditures.
 - d. Basic information about the use of SDP funds (e.g., as required in state or federal law and regulations).
 - e. Assistance with establishing communication and coordination between the regional center, FMS provider, and staff.
5. Collateral contacts, documentation, and activities associated with the above.