

IN-HOME RESPITE SERVICES

Respite services support family members who care for a person with developmental disabilities. Respite is often used to give caregivers personal time or time to take care of other family needs. Regional centers can pay for respite services when a person with developmental disabilities needs more care and supervision than people of the same age without developmental disabilities.

The number of respite care hours and type of respite service (see below) may be different depending on what a family needs. Please work with your service coordinator to decide how many hours and which service will work best for you.



AGENCY RESPITE

A vendored agency sends a respite worker to your home to care for an individual to give you a break. The regional center will pay for the service directly.

The workers may be someone you feel comfortable with and speaks your preferred language.

The last step is to schedule the times you need them to come.



EMPLOYER OF RECORD (EOR) RESPITE

If you have a person that you trust to care for an individual already, then that person can be your respite worker. They do this by becoming an employee of an Employer of Record (EOR) respite agency.

They are then hired by the respite agency to work only for your family. The regional center pays the respite agency, and the agency pays the person.

The person must be 18 years or older, CPR Certified, and live outside of your home.



PARTICIPANT DIRECTED SERVICE (PDS) RESPITE

You can find a respite worker and work with a Financial Management Service (FMS) to pay them. Participant Directed Services (PDS) Respite lets you choose who to hire, when they come, and you supervise their work. The FMS will pay the respite worker for you.

The workers may be someone you feel comfortable with and speaks your preferred language.

For additional information visit:

https://www.dds.ca.gov/general/eligibility/support_services/

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