



EMERGENCY PREPAREDNESS BULLETIN

SPRING SAFETY • MARCH 2025

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Spring Into Action

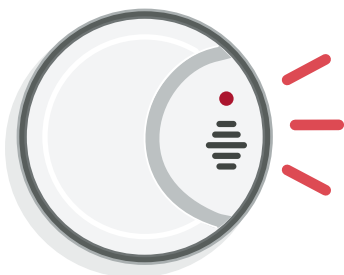
Spring is a great time to enjoy the outdoors. This Bulletin provides some tips to stay safe and have fun.

Emergency Preparedness



- Check your emergency kit. Does everything in the kit still work?
- Throw away old food, medicine, or batteries. Replace them with new ones.
- Store your emergency kit in a place where you can grab it quickly.
- Learn what to include in your emergency kit at www.ready.gov/kit

Check Smoke and Carbon Monoxide Alarms



- Change your alarm batteries two times a year. An easy way to remember this is to change the batteries every time you set your clocks for daylight savings time.
- Test your alarms every month to make sure they work.
- If your alarms are older than 10 years, get new ones.
- Learn more on the importance of smoke alarms at home: [NFPA Smoke Alarm Safety Tips \(nfpa.org\)](https://www.nfpa.org)

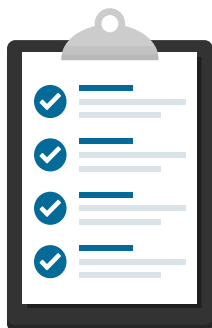


Find and Fix Dangerous Things in Your Home

- Move anything that blocks hallways or doors. Make sure you can walk through your home easily if there’s an emergency.
- Tape down rugs or cords that might make you trip or fall.
- Secure heavy furniture to the walls so they do not fall over and injure you or your family. Some examples of heavy furniture are dressers, bookcases, and big TVs.
- Learn more about how to prevent home hazards: [Safe at Home, A Guide to Home Safety: Identifying and Preventing Hazards \(safefhome.org\)](https://www.safefhome.org)



Plan for Emergencies



- Practice your emergency plan with the people you live with, or support team a few times a year.
- Make a list of important phone numbers to call if you need help.
- Download the [Listos Disaster Ready Guide \(listoscalifornia.org\)](https://www.listoscalifornia.org). This guide can be used to keep all your important information in one place.

Watch for Flooding or Mudslides After Rain

- Check to be sure your roof gutters and drains are clear enough for water to flow away from your home.
- Stay away from hills after heavy rain because mud and rocks might slide down and hurt you.
- Sign up to receive alerts of emergency situations near you: [Calalerts Sign up \(calalerts.org\)](https://www.calalerts.org).
- Learn more on Storm Season Safety: [Listos California Storm Season Safety \(listoscalifornia.org\)](https://www.listoscalifornia.org)



Bookmark our Emergency Preparedness webpage in your browser!



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