

2021-22 Family/Guardian Survey (FGS)

Regional Center Report

Valley Mountain Regional Center (VMRC)



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Quality Assessment Project and National Core Indicators®

This report contains regional center level results from California’s statewide National Core Indicators Family/Guardian Survey data collection from fiscal year 2021-22 in accordance with Welfare and Institutions Code (WIC), Section 4571. WIC, Section 4571 directs the Department of Developmental Services (DDS) to collect accurate, reliable, and valid consumer and family satisfaction measures as well as individual outcome data. In California, data from this project will be used to review and benchmark statewide and regional center developmental disability service system performance¹. Regional centers can use this report to help guide strategic planning and monitor systemic changes.

What is NCI®–IDD?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI®-IDD) is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

In 2021-22, a total of 48 states, the District of Columbia and 22 sub-state entities participated in NCI-IDD.

What is the NCI-IDD Family/Guardian Survey?

The NCI-IDD Family/Guardian Survey is used to gather data on family outcomes. It is mailed to families or guardians who have an adult family member who does not live with the respondent and receives at least one service in addition to case management from the Regional Center². The survey collects demographic information on both the individual receiving services (‘family member’) as well as the person who fills out the survey (the ‘respondent’) and information on services and supports received. The survey is continually refined and tested to ensure it is valid and reliable.

¹ Refer to the California Statewide Family/Guardian Survey Report FY 21/22 for information about Quality Assessment Project implementation, NCI and California’s statewide results.

² NCI Averages include states that provide services through a central IDD Agency

Please note that while the term “case manager” is used throughout this report, the same role may also be referred to as “service coordinator” or “supports coordinator” depending on the state.

Important note on responses: All data are reported by the respondent based on their understanding of their family member’s demographics, diagnoses, and personal characteristics.

Note: All Californians with an intellectual or developmental disability as defined by California law have both a civil right and an individual entitlement to receive services from the California Department of Developmental Services. As a result of these requirements, all eligible individuals are enrolled in California’s service system, and California establishes no waiting list for services. This impacts comparability between California NCI-IDD survey results and the NCI-IDD survey results of other states.

Important note on Impact of COVID-19

The 2021-22 NCI-IDD Family/Guardian Survey (FGS) data collection cycle began July 1, 2021 and ended June 30, 2022. California began data collection Dec 2021. As COVID-19 variants continued to impact communities across the United States, states were impacted in various ways throughout the year. Because the surveys do not collect information on the date of survey completion, these data cannot fully assess what impact the pandemic had on data collected at different times throughout the year. While these data will serve as an important baseline, and meaningful way for states to understand the overall impact of services on families of individuals being served, these data should be read with caution. To help better understand the overall impact of COVID-19 on families, NCI-IDD added a state optional COVID-19 Supplement to all NCI-IDD Surveys. The COVID-19 Supplement is intended to support the understanding of the experience of people with intellectual/developmental disabilities and their families at the beginning of the COVID-19 pandemic, and their interactions with services during that time. Last year’s Family/Guardian Survey COVID-19 Supplement can be found [here](#).

What is included in this report?

This report includes this regional center’s Family/Guardian Survey data compared to the CA Statewide, and NCI-IDD Average.

The charts in this document, grouped by subdomain, display the state results alongside the average across states (NCI- IDD average). The charts are followed by accessible tables containing the same information.

If there are fewer than 20 respondents to a question, the data are shown as “n/a”, however, data are included in the statewide average.

This report also contains questions that California specifically requested be added. These questions are noted as “CA specific question” and for which there is no NCI-IDD comparison data. For those questions, the NCI-IDD Average is reported as “n/a”.

Demographics

Demographics of Family Member Receiving Services

This section provides demographic information about the respondent.

Important note on responses: All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics.

Table 1a. Family Member's Residence

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses, and personal characteristics. Specialized Facility for People with ID includes ICFs, state-run or other institutional settings.

| RC v CA v NCI | Specialized Facility for People with Intellectual Disabilities | Group Home or Agency-Operated Apartment | Independent Home or Apartment | N |
|---------------|--|---|-------------------------------|-------|
| VMRC | 16% | 43% | 34% | 122 |
| CA | 17% | 40% | 38% | 4,592 |
| NCI | 14% | 52% | 27% | 7,916 |

Table 1b. Family Member's Residence (continued)

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses, and personal characteristics. Specialized Facility for People with ID includes ICFs, state-run or other institutional settings.

| RC v CA v NCI | Adult Foster Care or Host Family Home | Nursing Home | Homeless | Other | N |
|---------------|---------------------------------------|--------------|----------|-------|-------|
| VMRC | 2% | 2% | 0% | 2% | 122 |
| CA | 2% | 1% | 0% | 1% | 4,592 |
| NCI | 4% | 1% | 0% | 1% | 7,916 |

Table 2. Family Member's Time Living in Current Residence

| RC v CA v NCI | Less than one year | One to three years | Four to five years | Over five years | N |
|---------------|--------------------|--------------------|--------------------|-----------------|-------|
| VMRC | 8% | 18% | 12% | 62% | 117 |
| CA | 8% | 21% | 12% | 60% | 4,546 |
| NCI | 7% | 21% | 11% | 61% | 7,820 |

Table 3. Family Member's Residential Designation

| RC v CA v NCI | Urban or Suburban (in or near a city or large town) | Rural (Outside of a City or Town) | N |
|---------------|---|-----------------------------------|-------|
| VMRC | 74% | 26% | 115 |
| CA | 94% | 6% | 4,473 |
| NCI | 87% | 13% | 7,755 |

Table 4. Family Member's Age

| RC v CA v NCI | Average Age | N |
|---------------|-------------|-------|
| VMRC | 43.5 | 121 |
| CA | 43.6 | 4,492 |
| NCI | 44.8 | 7,813 |

Table 5. Family Member's Gender

| RC v CA v NCI | Male | Female | Other | N |
|----------------------|-------------|---------------|--------------|----------|
| VMRC | 61% | 39% | 0% | 122 |
| CA | 61% | 39% | 0% | 4,559 |
| NCI | 60% | 40% | 0% | 7,911 |

Table 6. Family Member's Race and Ethnicity

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics.

| RC v CA v NCI | American Indian or Alaska Native | Asian | Black or African American | Pacific Islander | N |
|----------------------|---|--------------|----------------------------------|-------------------------|----------|
| VMRC | 3% | 11% | 4% | 0% | 119 |
| CA | 2% | 9% | 6% | 0% | 4,511 |
| NCI | 2% | 5% | 6% | 0% | 7810 |

Table 6b. Family Member's Race and Ethnicity (continued)

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics.

| RC v CA v NCI | White | Hispanic or Latino | Other | Prefer Not to Say | N |
|---------------|-------|--------------------|-------|-------------------|-------|
| VMRC | 75% | 10% | 1% | 4% | 119 |
| CA | 73% | 13% | 2% | 2% | 4,511 |
| NCI | 80% | 8% | 2% | 2% | 7810 |

Table 7a. Family Member's Disabilities (not mutually exclusive)

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics; categories are not mutually exclusive; therefore, N is not shown.

| RC v CA v NCI | Intellectual Disability | Mood Illness or Psychiatric Disorder | Autism Spectrum Disorder | Cerebral Palsy | Limited or No Vision | Severe or Profound Hearing Loss |
|---------------|-------------------------|--------------------------------------|--------------------------|----------------|----------------------|---------------------------------|
| VMRC | 60% | 29% | 32% | 11% | 12% | 4% |
| CA | 68% | 28% | 36% | 17% | 8% | 5% |
| NCI | 74% | 33% | 34% | 16% | 8% | 6% |

Table 7b. Family Member's Disabilities (continued)

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics; categories are not mutually exclusive; therefore, N is not shown.

| RC v CA v NCI | Brain Injury | Seizure Disorder or Neurological Disorder | Chemical Dependency | Down Syndrome | Prader-Willi Syndrome | Fetal Alcohol Spectrum Disorder | Other |
|--------------------------|-------------------------|--|--------------------------------|--------------------------|----------------------------------|--|--------------|
| VMRC | 12% | 24% | 2% | 8% | 0% | 1% | 14% |
| CA | 9% | 25% | 0% | 8% | 1% | 1% | 10% |
| NCI | 9% | 26% | 1% | 9% | 1% | 2% | 11% |

Table 8a. Family Member's Health Conditions

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics; categories are not mutually exclusive; therefore, N is not shown.

| RC v CA v NCI | Cardiovascular Disease | Diabetes | Cancer | High Blood Pressure | High Cholesterol |
|----------------------|-------------------------------|-----------------|---------------|----------------------------|-------------------------|
| VMRC | 13% | 25% | 6% | 25% | 32% |
| CA | 8% | 17% | 5% | 28% | 26% |
| NCI | 8% | 18% | 5% | 28% | 27% |

Table 8b. Family Member's Health Conditions (continued)

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics; categories are not mutually exclusive; therefore, N is not shown.

| RC v CA v NCI | Dysphagia | Pressure Ulcers | Alzheimer's Disease or Other Dementia | Oral Health or Dental Problems | Sleep Apnea |
|------------------|-----------|--------------------|--|-----------------------------------|----------------|
| VMRC | 14% | 3% | 4% | 13% | 12% |
| CA | 8% | 2% | 2% | 14% | 15% |
| NCI | 12% | 2% | 4% | 13% | 17% |

Table 8c. Family Member's Health Conditions (continued)

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics; categories are not mutually exclusive; therefore, N is not shown.

*Added condition in 2021-22

| RC v CA v NCI | Asthma* | Other Pulmonary Diagnosis (e.g., COPD, bronchitis, emphysema)* | Chronic Kidney Disease* | Long-term Health Problems Associated with COVID-19 (also known as Long COVID)* | Other |
|------------------|---------|---|-------------------------------|--|-------|
| VMRC | 17% | 6% | 1% | 0% | 22% |
| CA | 11% | 4% | 3% | 1% | 25% |
| NCI | 10% | 4% | 4% | 1% | 24% |

Table 9. Family Member's Preferred Means of Communication

| RC v CA v NCI | Spoken | Gestures or Body Language | Sign Language or Finger Spelling | Communication Aid or Device | Other | N |
|---------------|--------|---------------------------|----------------------------------|-----------------------------|-------|-------|
| VMRC | 82% | 10% | 3% | 0% | 6% | 119 |
| CA | 80% | 13% | 2% | 1% | 4% | 4,467 |
| NCI | 80% | 13% | 2% | 1% | 4% | 7,738 |

Table 10a. Family Member's Preferred Language

The standard NCI-IDD Family/Guardian Survey responses are limited to: English, Spanish, Chinese (including Mandarin, Cantonese, and Hokkien) Tagalog (including Filipino), Vietnamese, American Sign Language (ASL), and other. California adds additional language responses to their survey tool; the NCI-IDD Average for "Other" captures the additional languages in the standard tool.

| RC v CA v NCI | English | Spanish | Chinese (Including Mandarin, Cantonese, and Hokkien) | Tagalog | Vietnamese | American Sign Language (ASL) | N |
|---------------|---------|---------|--|---------|------------|------------------------------|-------|
| VMRC | 95% | 1% | 0% | 0% | 0% | 2% | 120 |
| CA | 93% | 2% | 1% | 0% | 0% | 1% | 4,497 |
| NCI | 95% | 1% | 0% | 0% | 0% | 1% | 7,796 |

Table 10b. Family Member's Preferred Language (continued)

The standard NCI-IDD Family/Guardian Survey responses are limited to: English, Spanish, Chinese (including Mandarin, Cantonese, and Hokkien) Tagalog (including Filipino), Vietnamese, American Sign Language (ASL), and other. California adds additional language responses to their survey tool; the NCI-IDD Average for "Other" captures the additional languages in the standard tool.

| RC v CA v NCI | Arabic | Armenian | Farsi | Hindi | Hmong | N |
|---------------|--------|----------|-------|-------|-------|-------|
| VMRC | 0% | 0% | 0% | 0% | 0% | 120 |
| CA | 0% | 0% | 0% | 0% | 0% | 4,497 |
| NCI | n/a | n/a | n/a | n/a | n/a | 7,796 |

Table 10c. Family Member's Preferred Language (continued)

The standard NCI-IDD Family/Guardian Survey responses are limited to: English, Spanish, Chinese (including Mandarin, Cantonese, and Hokkien) Tagalog (including Filipino), Vietnamese, American Sign Language (ASL), and other. California adds additional language responses to their survey tool; the NCI-IDD Average for "Other" captures the additional languages in the standard tool.

| RC v CA v NCI | Japanese | Khmer | Korean | Laotian | Russian | Other | N |
|---------------|----------|-------|--------|---------|---------|-------|-------|
| VMRC | 0% | 0% | 0% | 0% | 0% | 3% | 120 |
| CA | 0% | 0% | 0% | 0% | 0% | 3% | 4,497 |
| NCI | n/a | n/a | n/a | n/a | n/a | 2% | 7,796 |

Table 11. Family Member Has Legal Court Appointed Guardian or Conservator

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics.

| RC v CA v NCI | No Guardianship/ Conservatorship | Limited | Full | Has No Guardianship/ Conservatorship but Level Is Unknown | N |
|---------------|----------------------------------|---------|------|---|-------|
| VMRC | 44% | 25% | 25% | 6% | 104 |
| CA | 42% | 28% | 24% | 6% | 4,159 |
| NCI | 29% | 21% | 44% | 6% | 7,312 |

Table 12. Guardian or Conservator Relationship to Family Member

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses, and personal characteristics.

| RC v CA v NCI | Family | Friend | Regional Center Employee or Guardianship Agency | Other | N | |
|---------------|--------|--------|---|-------|----|-------|
| VMRC | 88% | 0% | | 12% | 0% | 52 |
| CA | 92% | 1% | | 5% | 2% | 2,255 |
| NCI | 88% | 2% | | 6% | 3% | 4,676 |

Table 13a. Family Member's Highest level of Education

| RC v CA v NCI | Did Not Complete High School (and Not Currently Enrolled) | Currently Enrolled in High School | High School Certification | High School Diploma/GED | N |
|--------------------------|--|--|--------------------------------------|------------------------------------|----------|
| VMRC | 30% | 1% | 30% | 25% | 117 |
| CA | 30% | 1% | 31% | 22% | 4,273 |
| NCI | 29% | 1% | 32% | 27% | 7,415 |

Table 13b. Family Member's Highest level of Education

| RC v CA v NCI | Vocational School or Certificate Program | Some College | College Degree or Higher | N |
|----------------------|---|---------------------|---------------------------------|----------|
| VMRC | 3% | 7% | 4% | 117 |
| CA | 3% | 8% | 5% | 4,273 |
| NCI | 2% | 5% | 4% | 7,415 |

Table 14. Family Member's Support Needs for Self-Injurious, Disruptive, and/or Destructive Behaviors

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics.

| RC v CA v NCI | No Support Needed | Some Support Needed | Extensive Support Needed | N |
|---------------|-------------------|---------------------|--------------------------|-------|
| VMRC | 43% | 37% | 19% | 118 |
| CA | 40% | 35% | 25% | 4,348 |
| NCI | 36% | 38% | 26% | 7,564 |

Table 15. Family Member's Level of Help Needed with Personal Care Activities (for example, bathing, dressing, eating)

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics.

| RC v CA v NCI | No Support Needed | Some Support Needed | Extensive Support Needed | N |
|---------------|-------------------|---------------------|--------------------------|-------|
| VMRC | 41% | 32% | 26% | 121 |
| CA | 32% | 36% | 33% | 4,435 |
| NCI | 26% | 38% | 36% | 7,708 |

Table 16. Family Member's Need for Help with Other Daily Activities (for example, scheduling, managing money, or shopping)

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics.

| RC v CA v NCI | No Support Needed | Some Support Needed | Extensive Support Needed | N |
|---------------|-------------------|---------------------|--------------------------|-------|
| VMRC | 5% | 37% | 58% | 121 |
| CA | 5% | 30% | 65% | 4,486 |
| NCI | 3% | 25% | 72% | 7,765 |

Demographics of Respondents

This section provides demographic information about the respondent.

Table 17a. Language Usually Spoken at Home

The standard NCI-IDD Family/Guardian Survey responses are limited to: English, Spanish, Chinese (including Mandarin, Cantonese, and Hokkien) Tagalog (including Filipino), Vietnamese, American Sign Language (ASL), and other. California adds additional language responses to their survey tool; the NCI-IDD Average for “Other” captures the additional languages in the standard tool.

| RC v CA v NCI | English | Spanish | Chinese (Including Mandarin, Cantonese, and Hokkien) | Tagalog | Vietnamese | American Sign Language (ASL) | N |
|---------------|---------|---------|--|---------|------------|------------------------------|-------|
| VMRC | 95% | 2% | 0% | 0% | 0% | 0% | 121 |
| CA | 92% | 4% | 1% | 0% | 0% | 0% | 4,513 |
| NCI | 95% | 2% | 0% | 1% | 0% | 0% | 7,803 |

Table 17b. Language Usually Spoken at Home (continued)

The standard NCI-IDD Family/Guardian Survey responses are limited to: English, Spanish, Chinese (including Mandarin, Cantonese, and Hokkien) Tagalog (including Filipino), Vietnamese, American Sign Language (ASL), and other. California adds additional language responses to their survey tool; the NCI-IDD Average for “Other” captures the additional languages in the standard tool.

| RC v CA v NCI | Arabic | Armenian | Farsi | Hindi | Hmong | N |
|---------------|--------|----------|-------|-------|-------|-------|
| VMRC | 0% | 0% | 0% | 0% | 1% | 121 |
| CA | 0% | 0% | 0% | 0% | 0% | 4,513 |
| NCI | n/a | n/a | n/a | n/a | n/a | 7,803 |

Table 17c. Language Usually Spoken at Home (continued)

The standard NCI-IDD Family/Guardian Survey responses are limited to: English, Spanish, Chinese (including Mandarin, Cantonese, and Hokkien) Tagalog (including Filipino), Vietnamese, American Sign Language (ASL), and other. California adds additional language responses to their survey tool; the NCI-IDD Average for “Other” captures the additional languages in the standard tool.

| RC v CA v NCI | Japanese | Khmer | Korean | Laotian | Russian | Other | N |
|----------------------|-----------------|--------------|---------------|----------------|----------------|--------------|----------|
| VMRC | 0% | 0% | 0% | 0% | 0% | 2% | 121 |
| CA | 0% | 0% | 0% | 0% | 0% | 2% | 4,513 |
| NCI | n/a | n/a | n/a | n/a | n/a | 2% | 7,803 |

Table 18. Respondent's Age

| RC v CA v NCI | Under 35 | 35-54 | 55-74 | 75 and Older | N |
|----------------------|-----------------|--------------|--------------|---------------------|----------|
| VMRC | 1% | 9% | 50% | 40% | 121 |
| CA | 2% | 8% | 55% | 35% | 4,505 |
| NCI | 1% | 11% | 60% | 28% | 7,797 |

Table 19. Respondent's Health

| RC v CA v NCI | Excellent | Very Good | Good | Fair | Poor | N |
|----------------------|------------------|------------------|-------------|-------------|-------------|----------|
| VMRC | 9% | 30% | 36% | 22% | 3% | 118 |
| CA | 15% | 34% | 32% | 16% | 3% | 4463 |
| NCI | 15% | 36% | 33% | 14% | 3% | 7,744 |

Table 20. Respondent's Relationship to Family Member

| RC v CA v NCI | Parent | Sibling | Spouse | Grandparent | Public Guardian | Private Guardian | Other | N |
|----------------------|---------------|----------------|---------------|--------------------|------------------------|-------------------------|--------------|----------|
| VMRC | 93% | 3% | 0% | 0% | 1% | 0% | 3% | 120 |
| CA | 88% | 7% | 0% | 0% | 0% | 0% | 4% | 4,456 |
| NCI | 73% | 16% | 0% | 1% | 2% | 1% | 7% | 7,745 |

Table 21. Respondent's Frequency of Visits With Family Member in the Past 12 months

| RC v CA v NCI | Did Not Visit | 1 to 3 Times | 4 to 6 Times | 7 to 12 Times | More Than 12 Times | N |
|----------------------|----------------------|---------------------|---------------------|----------------------|---------------------------|----------|
| VMRC | 7% | 18% | 8% | 13% | 55% | 120 |
| CA | 7% | 11% | 9% | 10% | 63% | 4,455 |
| NCI | 6% | 11% | 11% | 12% | 61% | 7,736 |

Table 22. Respondent's Highest Level of Education

| RC v CA v NCI | No High School Diploma or GED | High School Diploma or GED | Vocational School or Certificate Program | Some College | College Degree or Higher | N |
|--------------------------|--|---------------------------------------|---|-------------------------|-------------------------------------|----------|
| VMRC | 6% | 20% | 3% | 28% | 43% | 119 |
| CA | 5% | 12% | 4% | 23% | 55% | 4,417 |
| NCI | 4% | 17% | 6% | 22% | 51% | 7,669 |

Table 23. Total Taxable Household Income of Wage Earners in the Past Year

Please note: Does not include state/federal benefits such as SSI, SSDI etc.

| RC v CA v NCI | No Earned Income | Up to \$15,000 | \$15,001- \$25,000 | \$25,001- \$50,000 | \$50,001- \$75,000 | Over \$75,000 | Prefer Not to Say | N |
|--------------------------|-----------------------------|---------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------|------------------------------|----------|
| VMRC | 12% | 10% | 6% | 17% | 12% | 15% | 28% | 113 |
| CA | 13% | 5% | 6% | 11% | 11% | 23% | 32% | 4,290 |
| NCI | 5% | 6% | 12% | 12% | 22% | 11% | 32% | 7,386 |

Services and Supports Received

This section provides information about the services and supports received by the family from the regional center ³(RC).

³ Some NCI states provide services through a statewide ID/DD agency

Table 24a. Services and Supports Received From Regional Center⁴

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics; categories are not mutually exclusive; therefore, N is not shown. Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Financial Support | In-Home Support | Residential Supports |
|----------------------|--------------------------|------------------------|-----------------------------|
| VMRC | 47% | 28% | 70% |
| CA | 51% | 47% | 64% |
| NCI | 40% | 45% | 59% |

Table 24b. Services and Supports Received From Regional Center (continued)⁵

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics; categories are not mutually exclusive; therefore, N is not shown. Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Day or Employment Supports | Transportation | Mental/behavioral health care or other treatments or therapies |
|----------------------|-----------------------------------|-----------------------|---|
| VMRC | 58% | 60% | 42% |
| CA | 60% | 60% | 45% |
| NCI | 76% | 52% | 19% |

⁴ Some NCI states provide services through a statewide ID/DD agency

⁵ Some NCI states provide services through a statewide ID/DD agency

Table 25. Additional Services and Supports Received (*Not from the Regional Centers*⁶)

All data are reported by the respondent based on their understanding of their family member's demographics, diagnoses and personal characteristics; categories are not mutually exclusive; therefore, N is not shown. Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Social Security Payments (SSI/SSB) | Services or Supports from Other Agencies or Organizations |
|----------------------|---|--|
| VMRC | 90% | 27% |
| CA | 90% | 24% |
| NCI | 93% | 27% |

⁶ Some NCI states provide services through a statewide ID/DD agency

Family/Guardian Survey Results

Information and Planning

Families have the information and support needed to take part in planning supports and services for their family member receiving services and supports from the state developmental disabilities system.

Do you get enough information to take part in planning services for your family member?

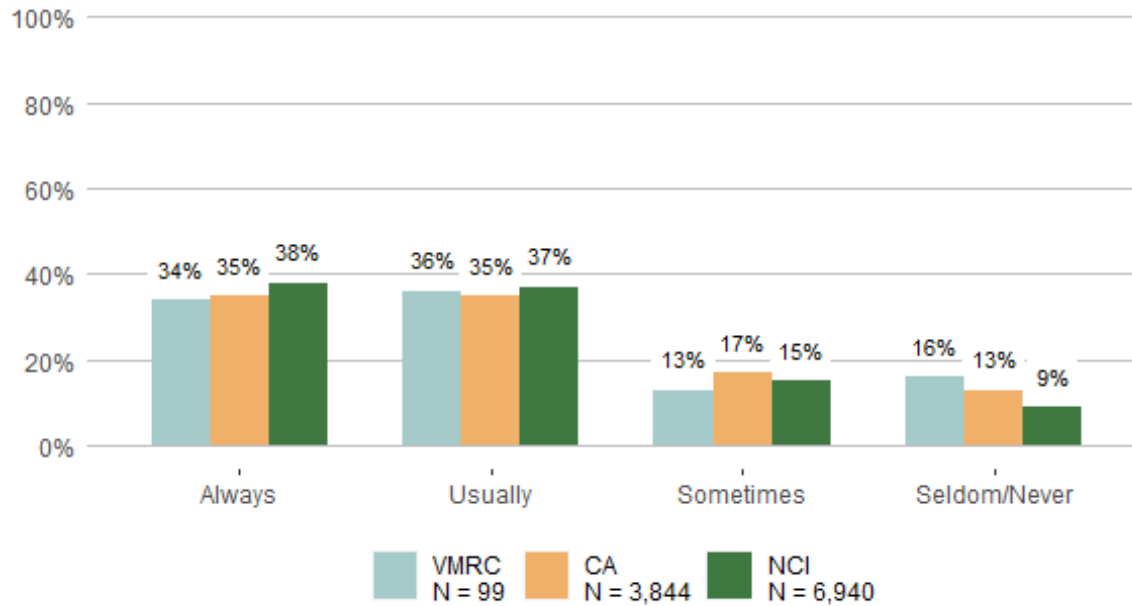


Table 26. Do you get enough information to take part in planning services for your family member?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 34% | 36% | 13% | 16% | 99 |
| CA | 35% | 35% | 17% | 13% | 3,844 |
| NCI | 38% | 37% | 15% | 9% | 6,940 |

Is the information you get about services and supports easy to understand?

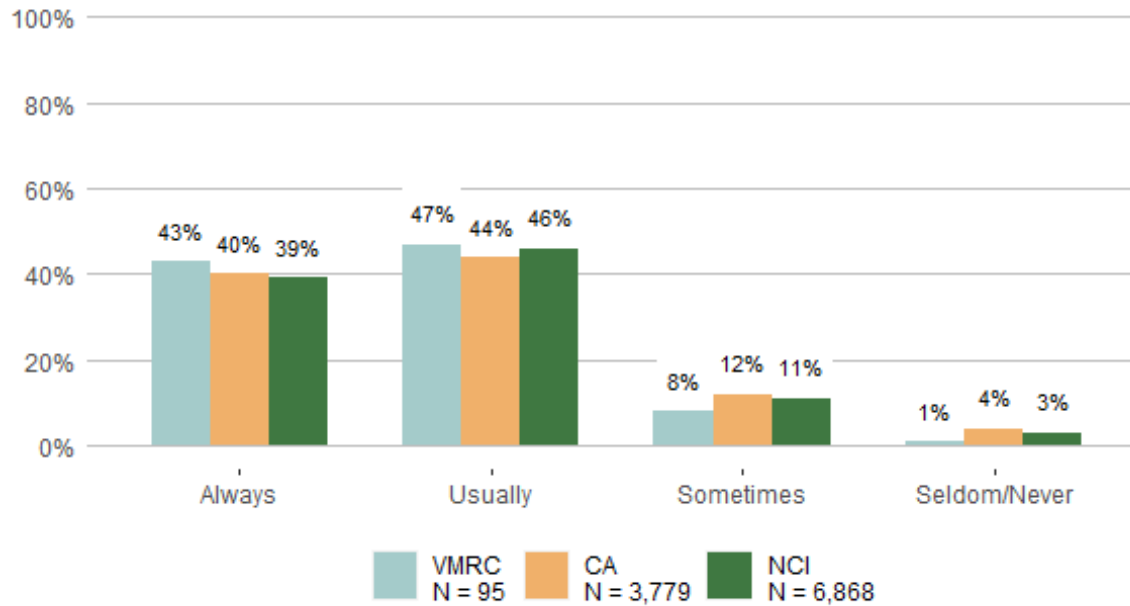


Table 27. Is the information you get about services and supports easy to understand?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 43% | 47% | 8% | 1% | 95 |
| CA | 40% | 44% | 12% | 4% | 3,779 |
| NCI | 39% | 46% | 11% | 3% | 6,868 |

Do you get information about services and supports
in your preferred language?

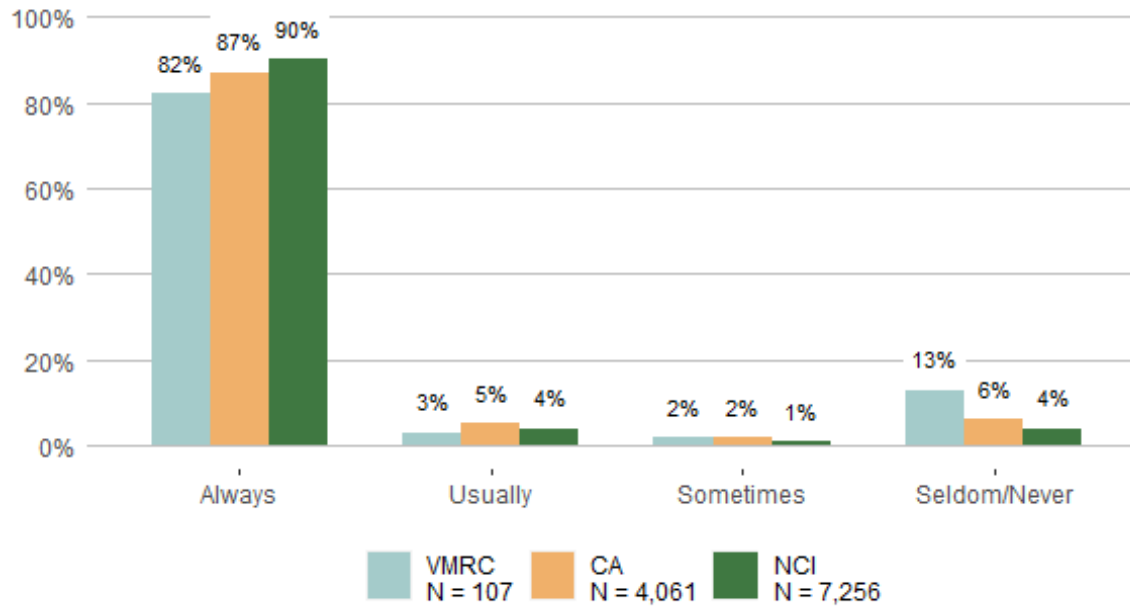


Table 28. Do you get information about services and supports in your preferred language?

New question in 2021-22

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 82% | 3% | 2% | 13% | 107 |
| CA | 87% | 5% | 2% | 6% | 4,061 |
| NCI | 90% | 4% | 1% | 4% | 7,256 |

Do staff or the residential agency keep you informed about how your family member is doing?

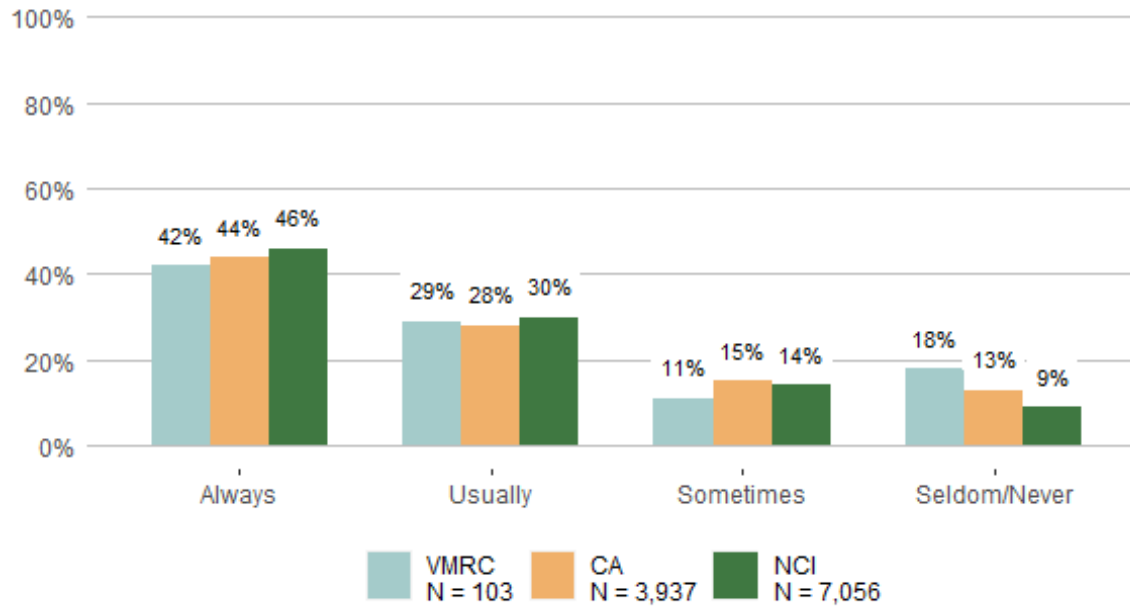


Table 29. Do staff or the residential agency keep you informed about how your family member is doing?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 42% | 29% | 11% | 18% | 103 |
| CA | 44% | 28% | 15% | 13% | 3,937 |
| NCI | 46% | 30% | 14% | 9% | 7,056 |

Does the case manager/service coordinator listen to your family's choices and opinions?

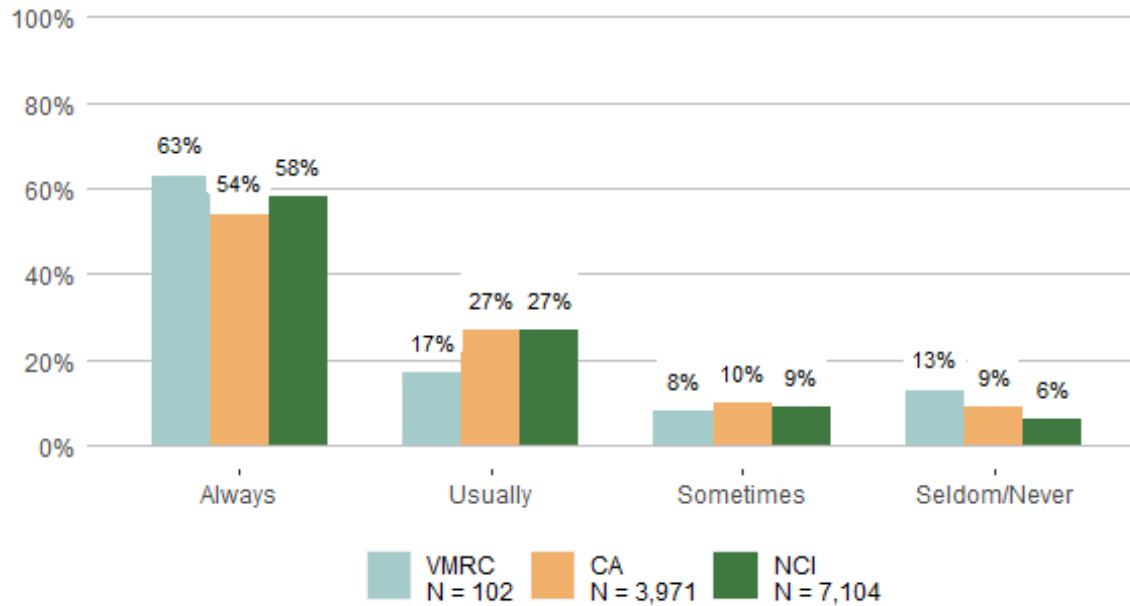


Table 30. Does the case manager/service coordinator listen to your family's choices and opinions?

Question changed in 2021-22

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 63% | 17% | 8% | 13% | 102 |
| CA | 54% | 27% | 10% | 9% | 3,971 |
| NCI | 58% | 27% | 9% | 6% | 7,104 |

Has your family learned about alternatives to conservatorship?

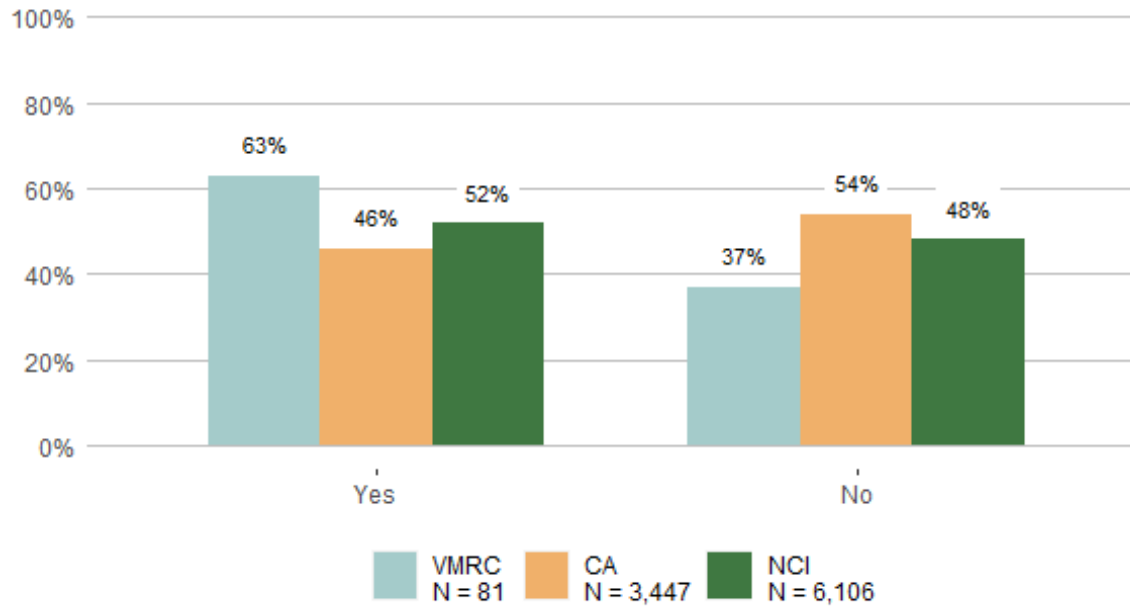


Table 31. Has your family learned about alternatives to conservatorship?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 63% | 37% | 81 |
| CA | 46% | 54% | 3,447 |
| NCI | 52% | 48% | 6,106 |

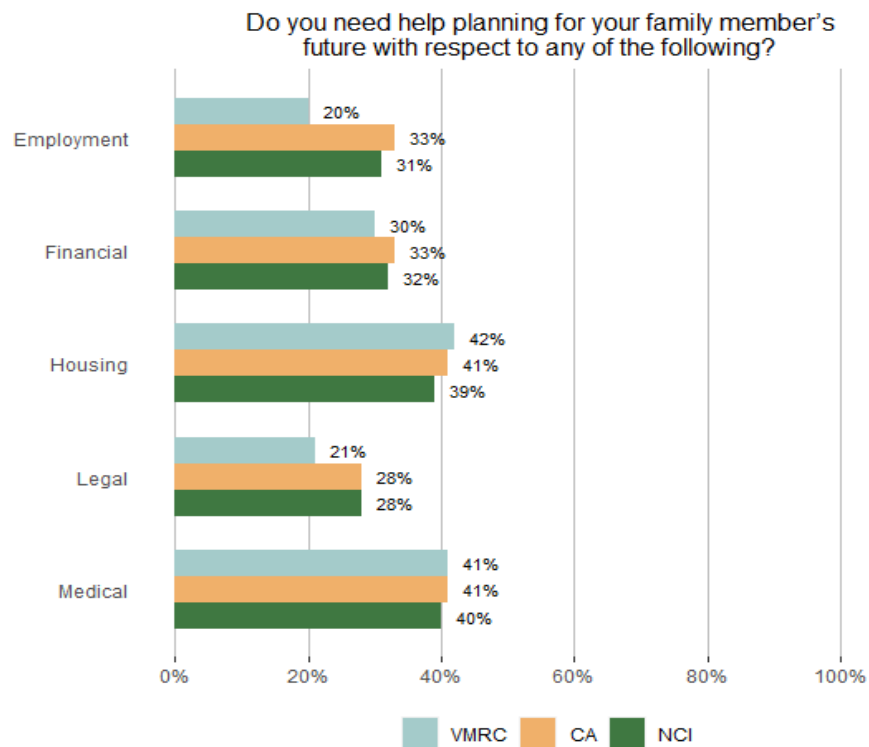


Table 32a. Do you need help planning for your family member's future with respect to any of the following?

Categories are not mutually exclusive, therefore N is not shown

| RC v CA v NCI | Employment | Financial | Housing | Legal | Medical |
|---------------|------------|-----------|---------|-------|---------|
| VMRC | 20% | 30% | 42% | 21% | 41% |
| CA | 33% | 33% | 41% | 28% | 41% |
| NCI | 31% | 32% | 39% | 28% | 40% |

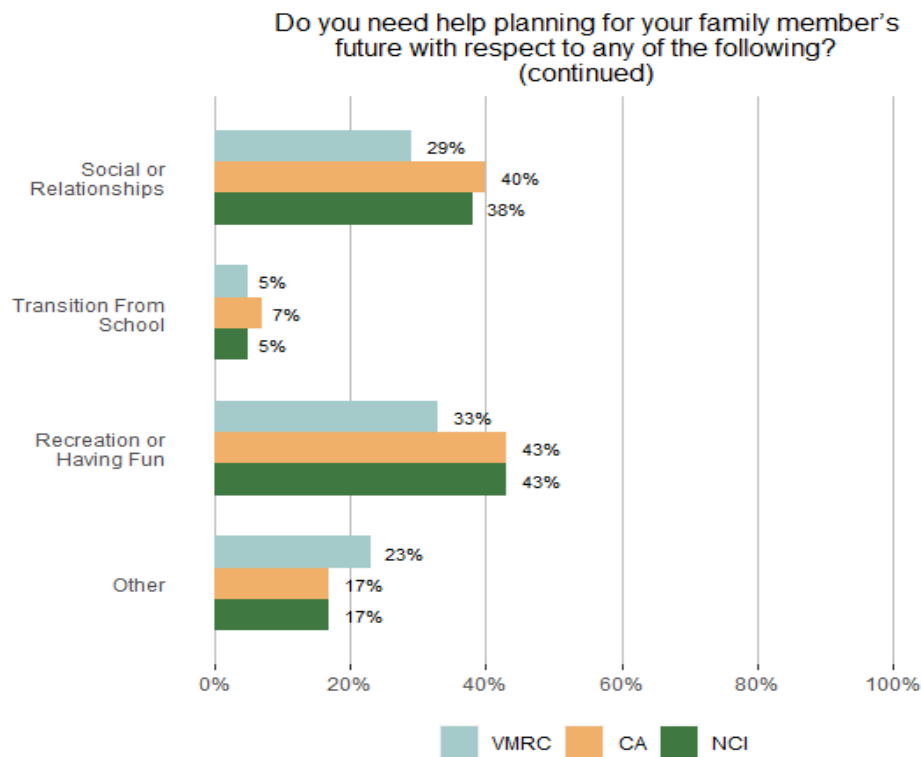


Table 32b. Do you need help planning for your family member's future with respect to any of the following? (continued)

Categories are not mutually exclusive, therefore N is not shown

| RC v CA v NCI | Social or Relationships | Transition From School | Recreation or Having Fun | Other |
|---------------|-------------------------|------------------------|--------------------------|-------|
| VMRC | 29% | 5% | 33% | 23% |
| CA | 40% | 7% | 43% | 17% |
| NCI | 38% | 5% | 43% | 17% |

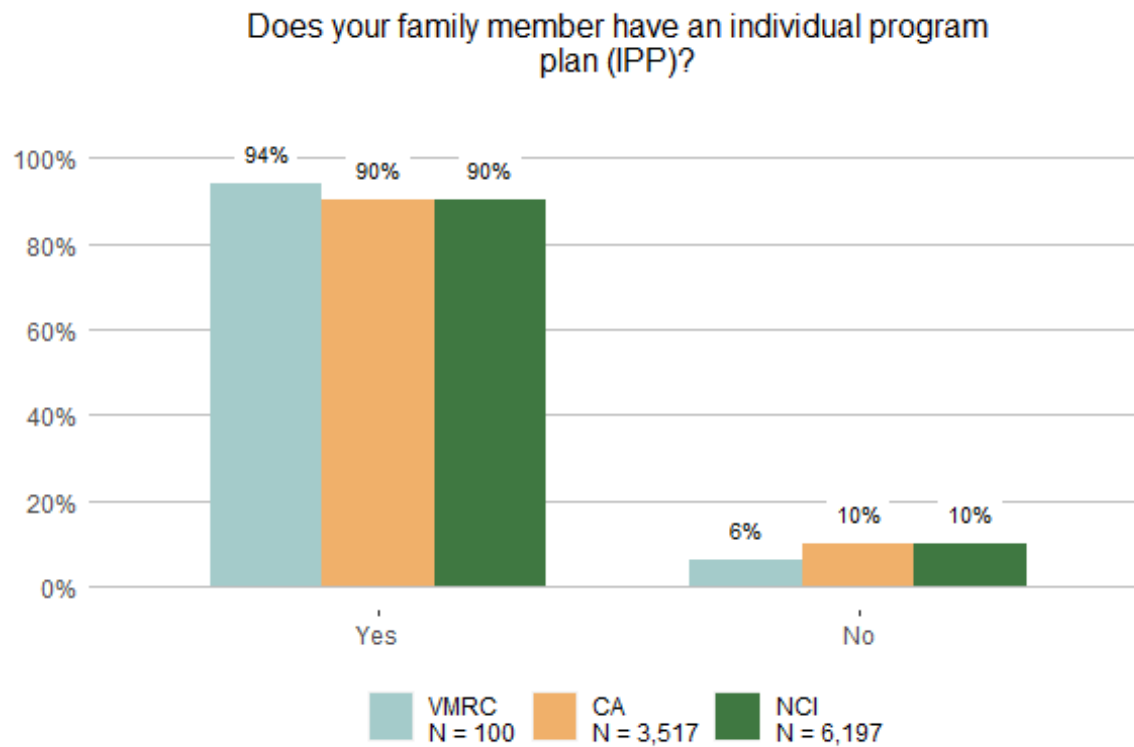


Table 33. Does your family member have an individual program plan (IPP)?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 94% | 6% | 100 |
| CA | 90% | 10% | 3,517 |
| NCI | 90% | 10% | 6,197 |

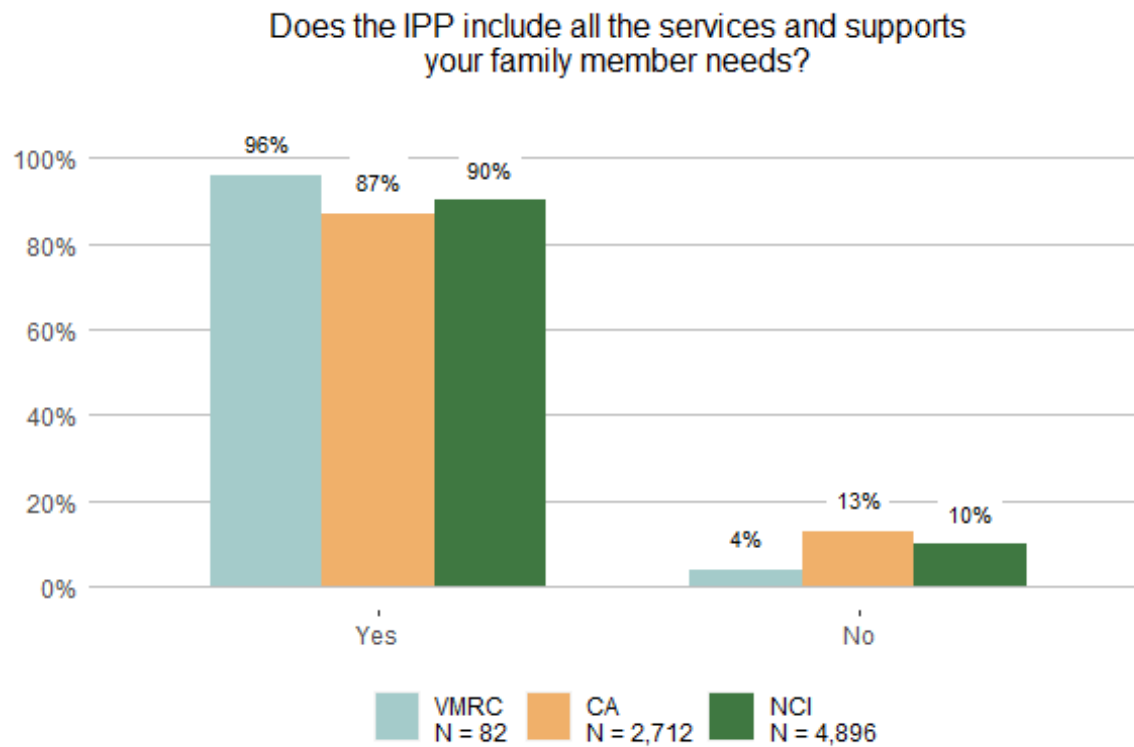


Table 34. Does the IPP include all the services and supports your family member needs?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 96% | 4% | 82 |
| CA | 87% | 13% | 2,712 |
| NCI | 90% | 10% | 4,896 |

Did you or someone else in your family (besides your family member with a disability) help make the IPP?

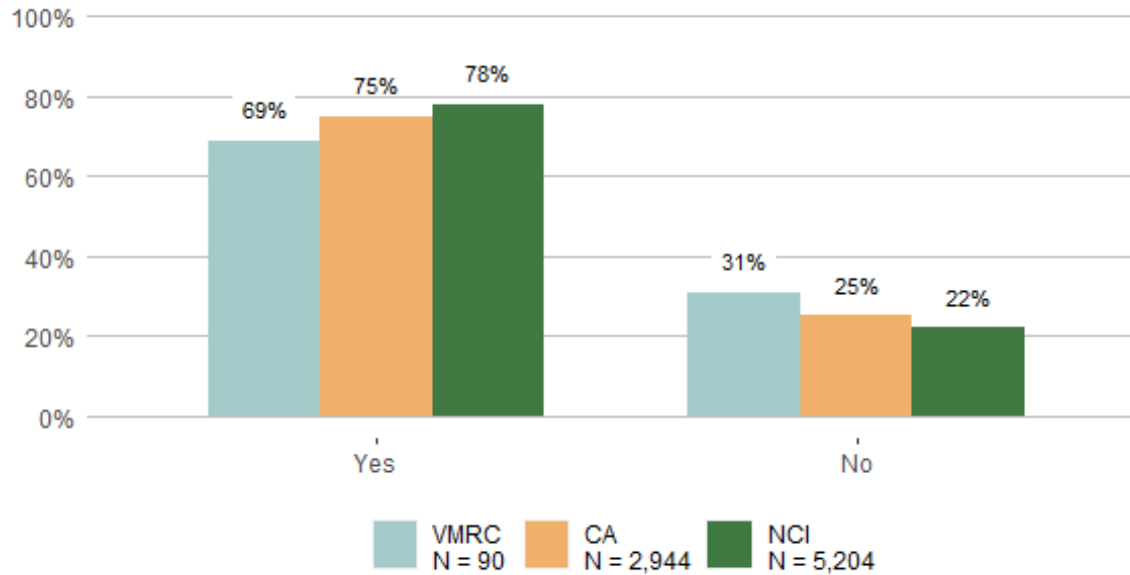


Table 35. Did you or someone else in your family (besides your family member with a disability) help make the IPP?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 69% | 31% | 90 |
| CA | 75% | 25% | 2,944 |
| NCI | 78% | 22% | 5,204 |

Did your family member help make the IPP?

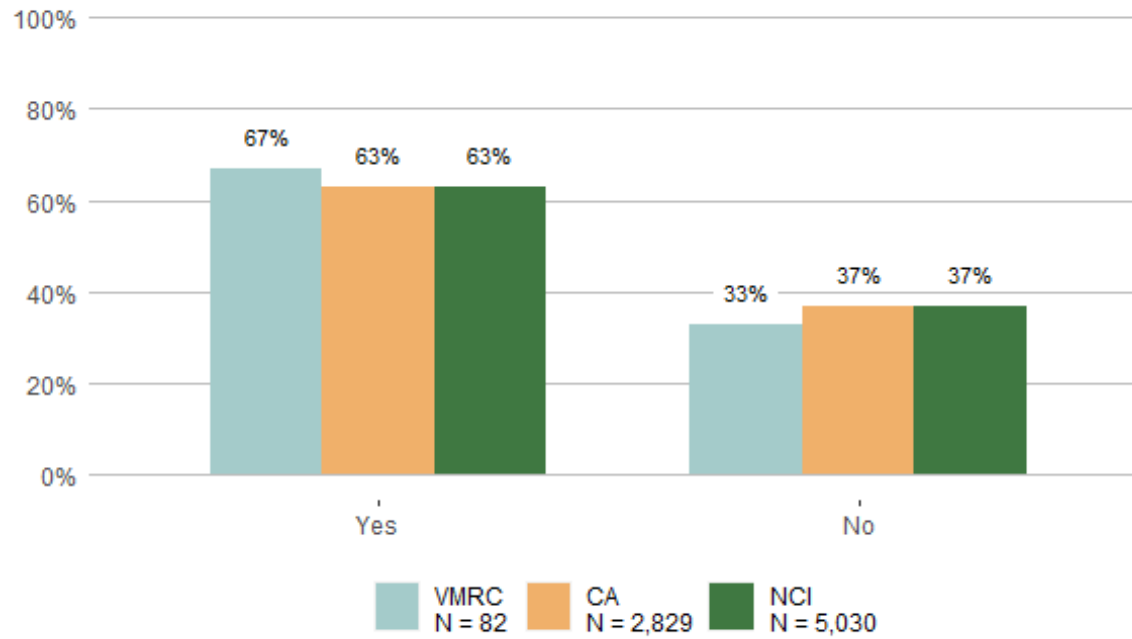


Table 36. Did your family member help make the IPP?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 67% | 33% | 82 |
| CA | 63% | 37% | 2,829 |
| NCI | 63% | 37% | 5,030 |

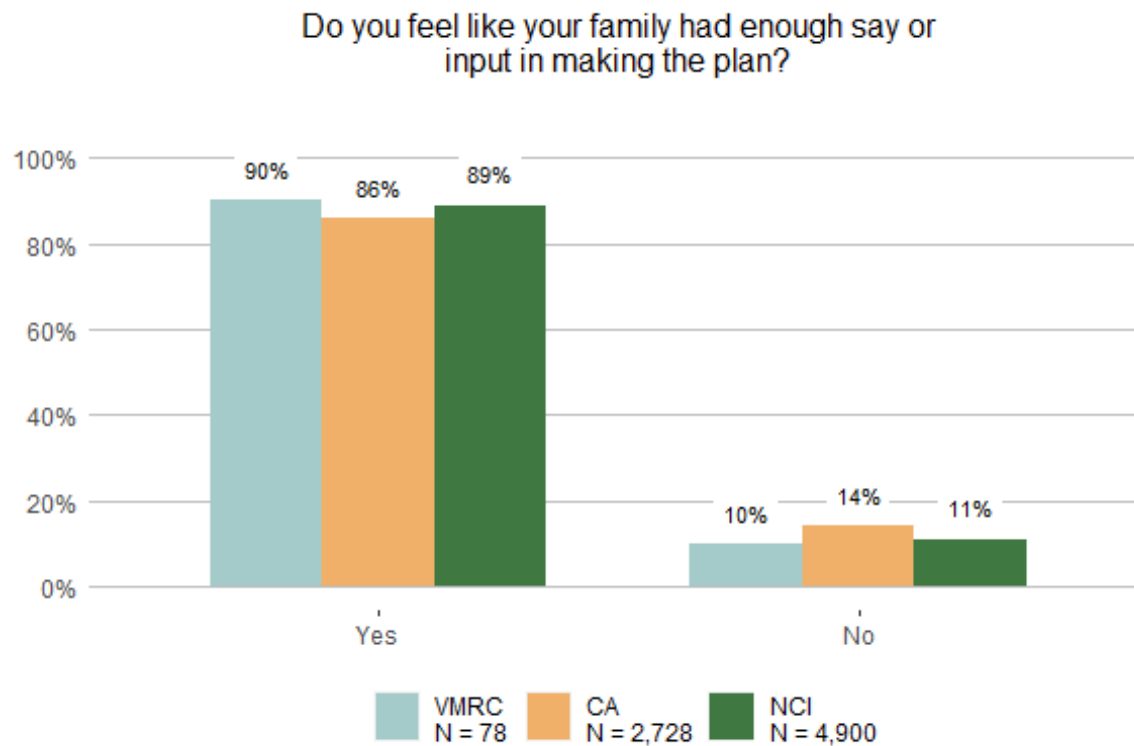


Table 37. Do you feel like your family had enough say or input in making the plan?

New question in 2021-22

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 90% | 10% | 78 |
| CA | 86% | 14% | 2,728 |
| NCI | 89% | 11% | 4,900 |

Did your family member leave school services and begin adult services during the past 12 months?

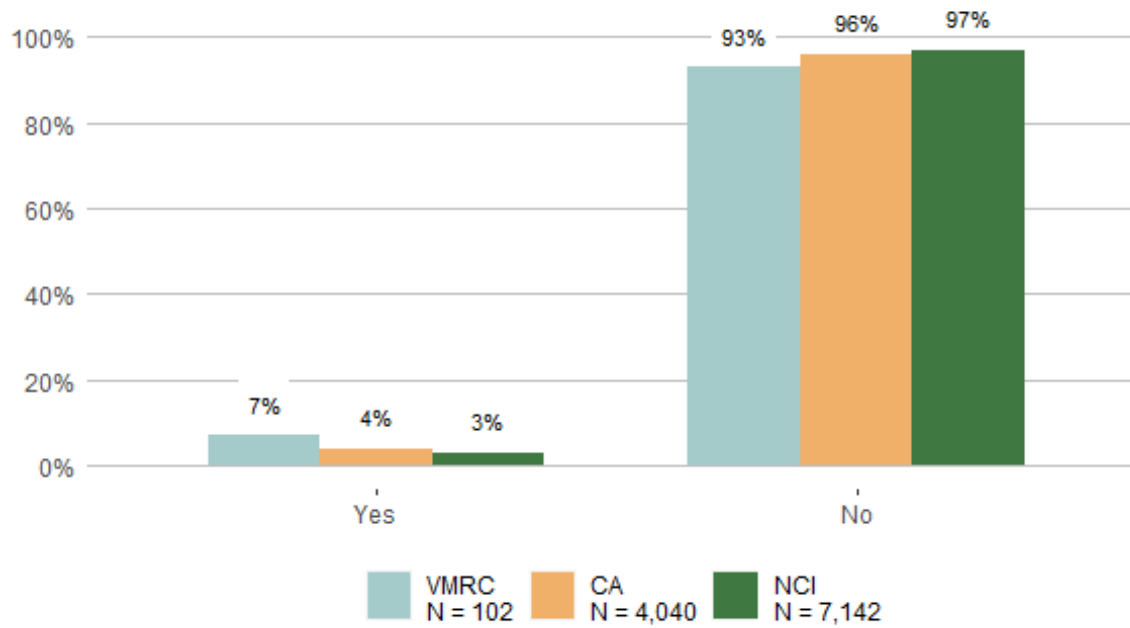


Table 38. Did your family member leave school services and begin adult services during the past 12 months?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 7% | 93% | 102 |
| CA | 4% | 96% | 4,040 |
| NCI | 3% | 97% | 7,142 |

If your family member left school services during the past year, did they have a transition plan?

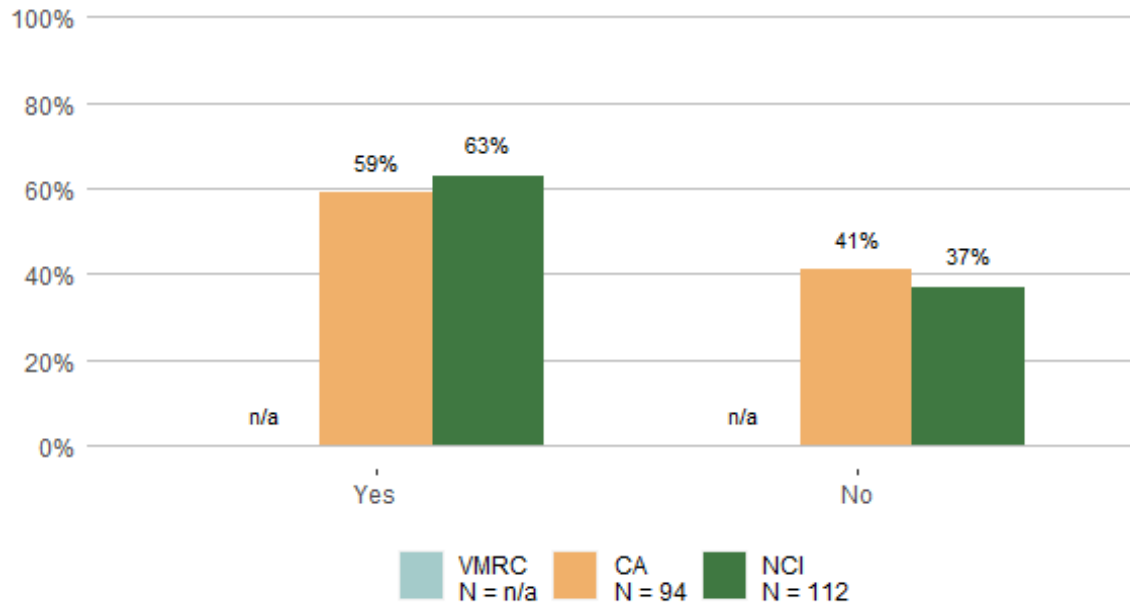


Table 39. If your family member left school services during the past year, did they have a transition plan?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-----|
| VMRC | n/a | n/a | n/a |
| CA | 59% | 41% | 94 |
| NCI | 63% | 37% | 112 |

If family member had a transition plan, did the transition plan include getting or continuing work in a community job?

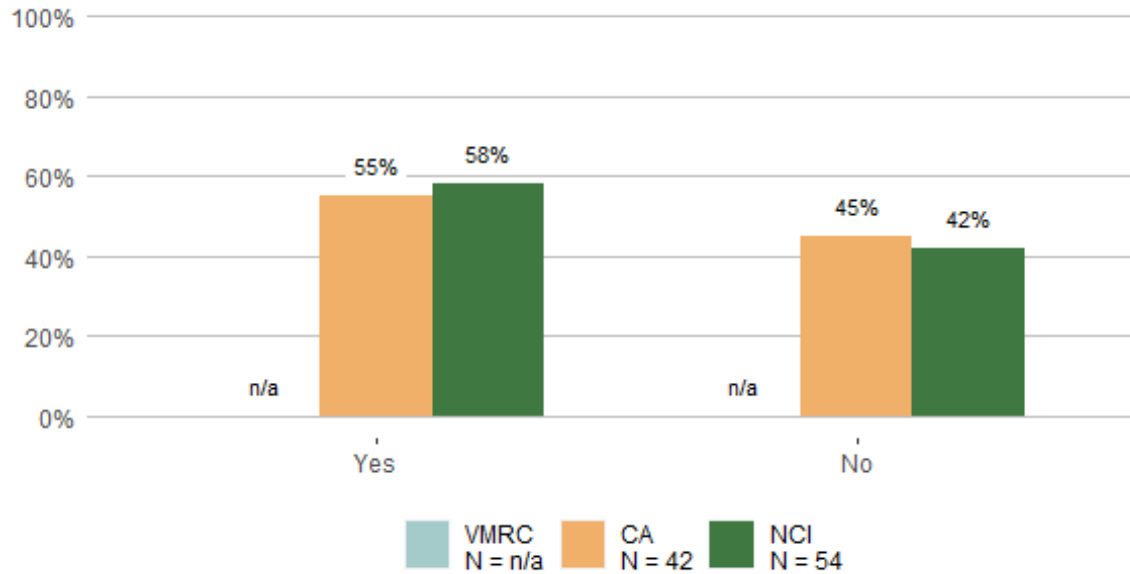


Table 40. If family member had a transition plan, did the transition plan include getting or continuing work in a community job?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-----|
| VMRC | n/a | n/a | n/a |
| CA | 55% | 45% | 42 |
| NCI | 58% | 42% | 54 |

Access and Delivery of Services and Supports

Families receive services and supports that are appropriate to the needs of the family and the family member receiving services and supports from the state developmental disabilities system.

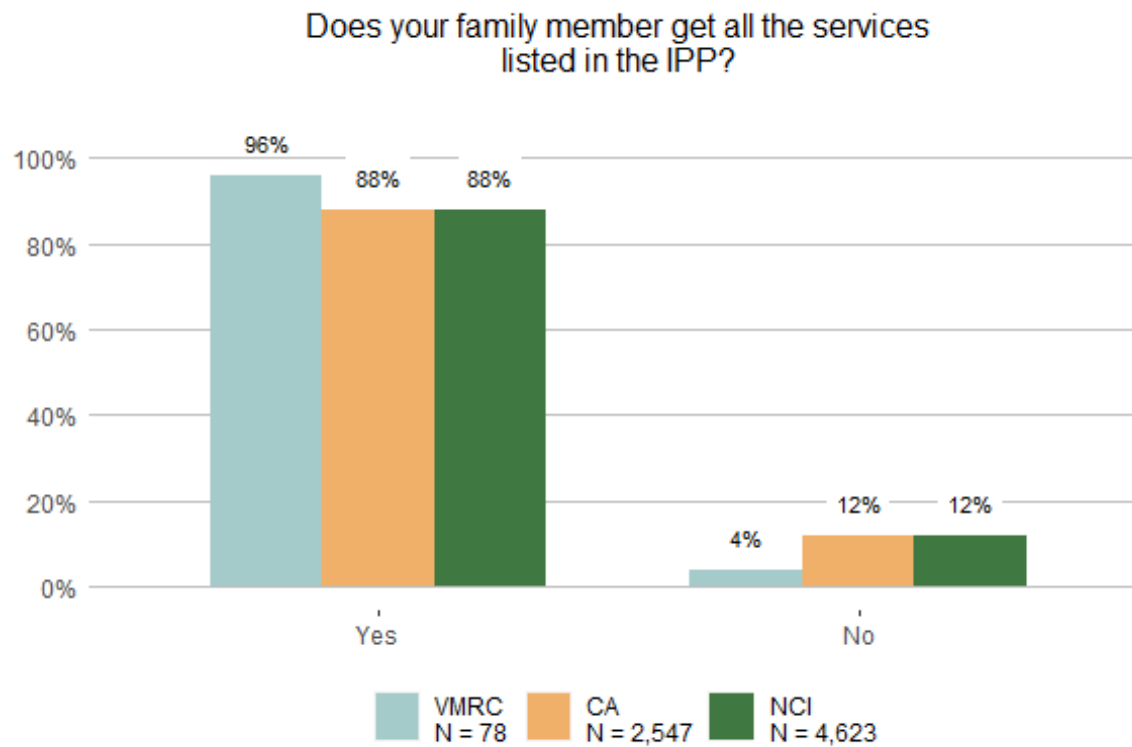


Table 41. Does your family member get all the services listed in the IPP?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 96% | 4% | 78 |
| CA | 88% | 12% | 2,547 |
| NCI | 88% | 12% | 4,623 |

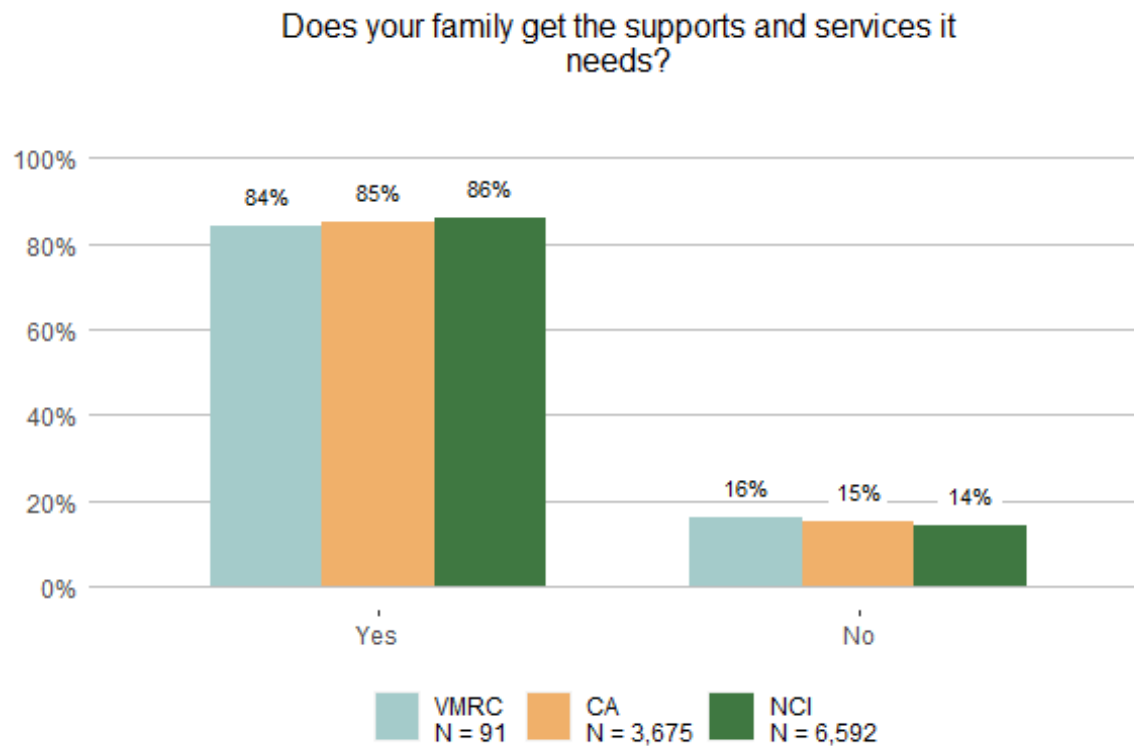


Table 42. Does your family get the supports and services it needs?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 84% | 16% | 91 |
| CA | 85% | 15% | 3,675 |
| NCI | 86% | 14% | 6,592 |

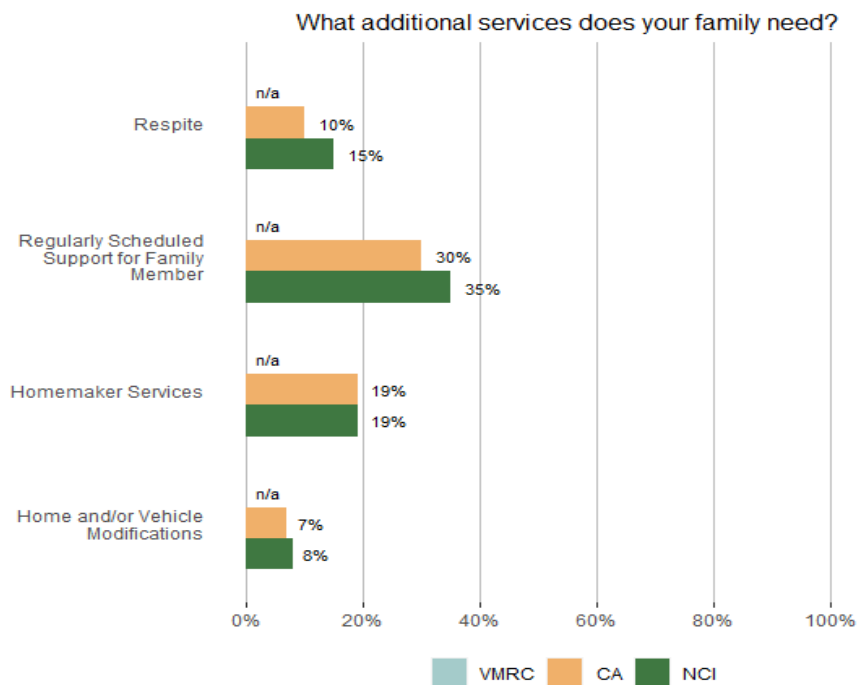


Table 43a. What additional services does your family need?

Categories are not mutually exclusive; therefore N is not shown. Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Respite | Regularly Scheduled Support for Family Member | Homemaker Services | Home and/or Vehicle Modifications |
|---------------|---------|---|--------------------|-----------------------------------|
| VMRC | n/a | n/a | n/a | n/a |
| CA | 10% | 30% | 19% | 7% |
| NCI | 15% | 35% | 19% | 8% |

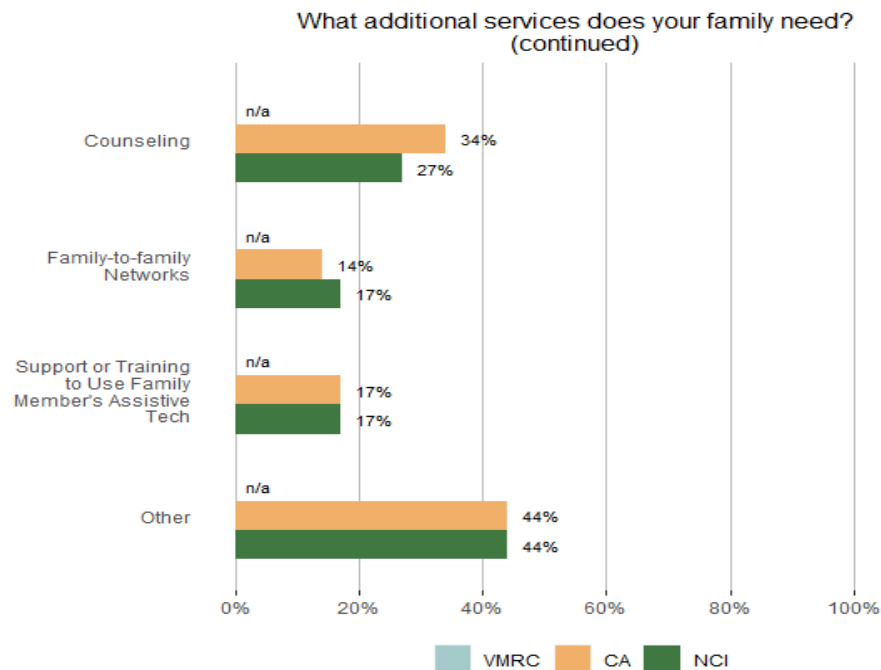


Table 43b. What additional services does your family need? (continued)

Categories are not mutually exclusive; therefore N is not shown. Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Counseling | Family-to-family Networks | Support or Training to Use Family Member's Assistive Tech | Other |
|---------------|------------|---------------------------|---|-------|
| VMRC | n/a | n/a | n/a | n/a |
| CA | 34% | 14% | 17% | 44% |
| NCI | 27% | 17% | 17% | 44% |

Do services and supports change when your family's needs change?

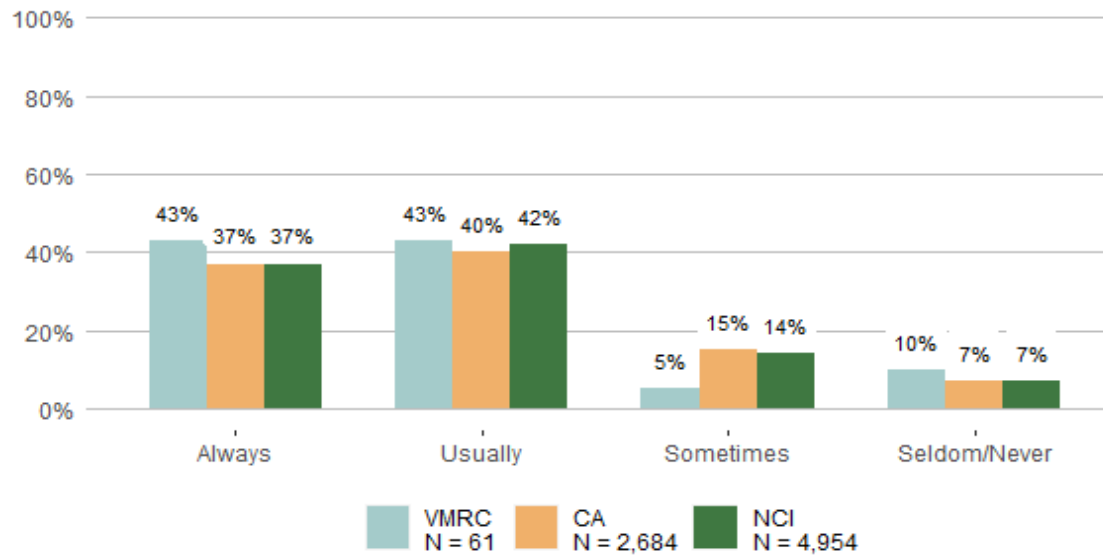


Table 44b. Do services and supports change when your family's needs change?

Categories are not mutually exclusive; therefore N is not shown. Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 43% | 43% | 5% | 10% | 61 |
| CA | 37% | 40% | 15% | 7% | 2,684 |
| NCI | 37% | 42% | 14% | 7% | 4,954 |

Does your family member have enough supports to work or volunteer in the community?

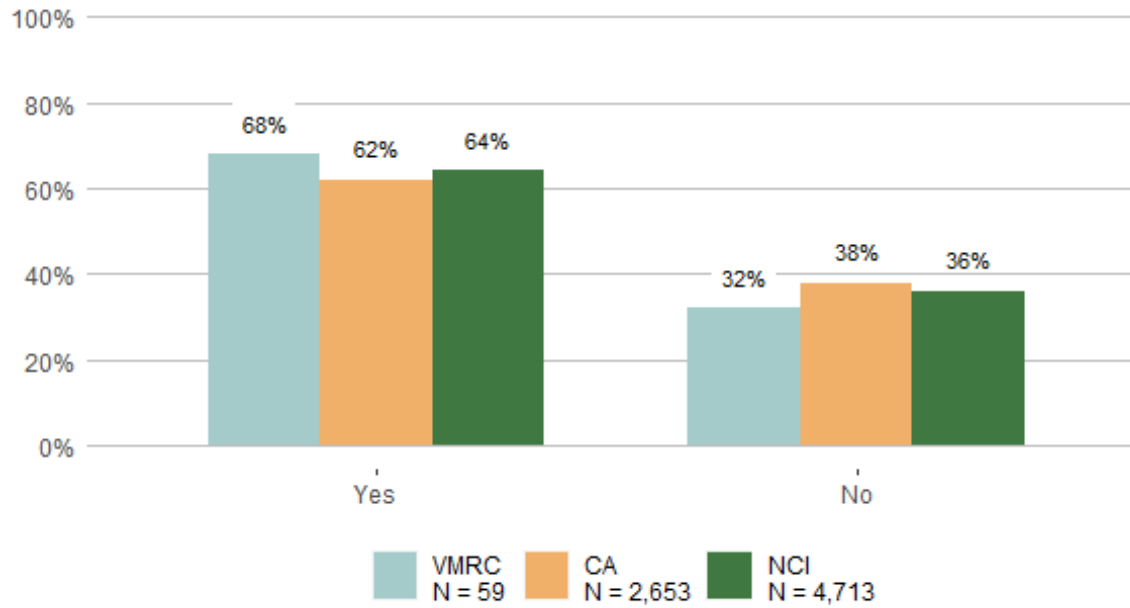


Table 45. Does your family member have enough supports to work or volunteer in the community?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 68% | 32% | 59 |
| CA | 62% | 38% | 2,653 |
| NCI | 64% | 36% | 4,713 |

Does your family member have the special equipment or accommodations they need?

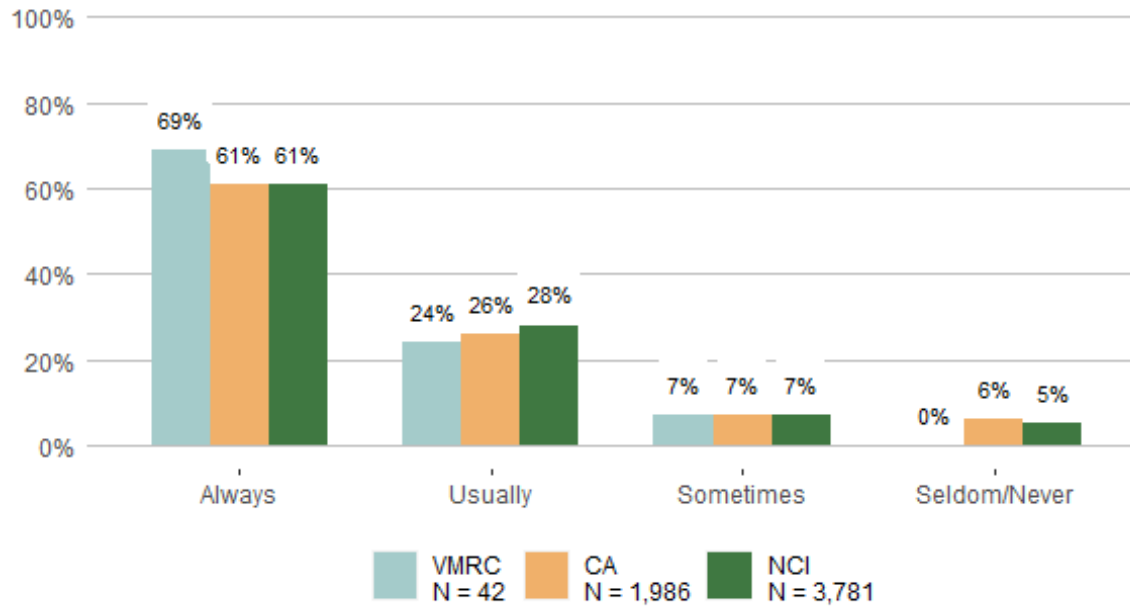


Table 46. Does your family member have the special equipment or accommodations they need?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 69% | 24% | 7% | 0% | 42 |
| CA | 61% | 26% | 7% | 6% | 1,986 |
| NCI | 61% | 28% | 7% | 5% | 3,781 |

Are you or your family member able to contact their support workers when you want?

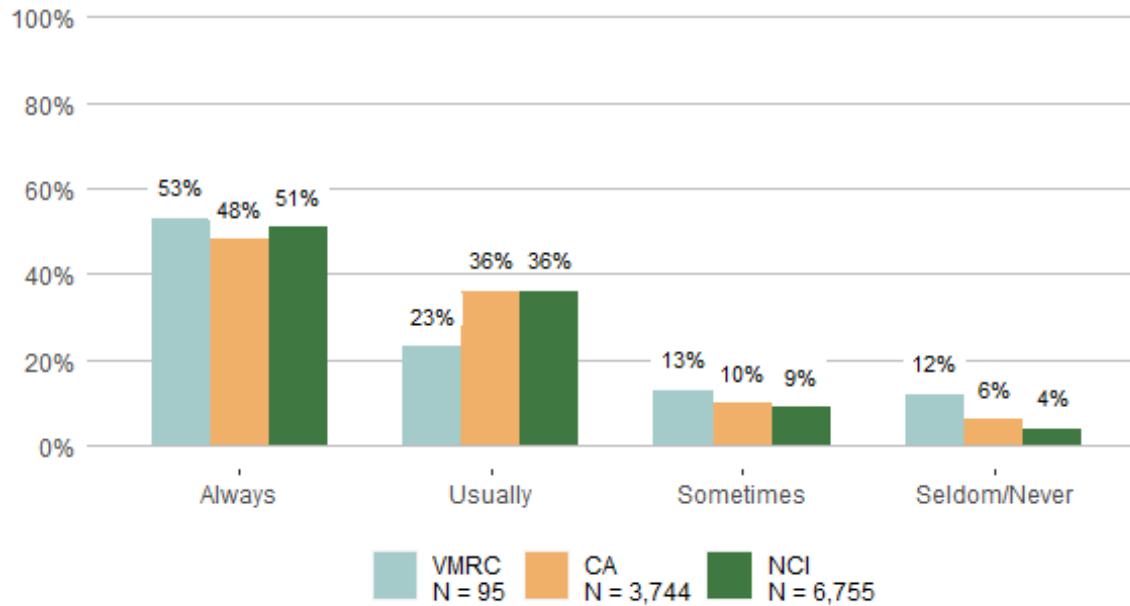


Table 47. Are you or your family member able to contact their support workers when you want?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 53% | 23% | 13% | 12% | 95 |
| CA | 48% | 36% | 10% | 6% | 3,744 |
| NCI | 51% | 36% | 9% | 4% | 6,755 |

Are you or your family member able to contact
their case manager/service coordinator when you
want?

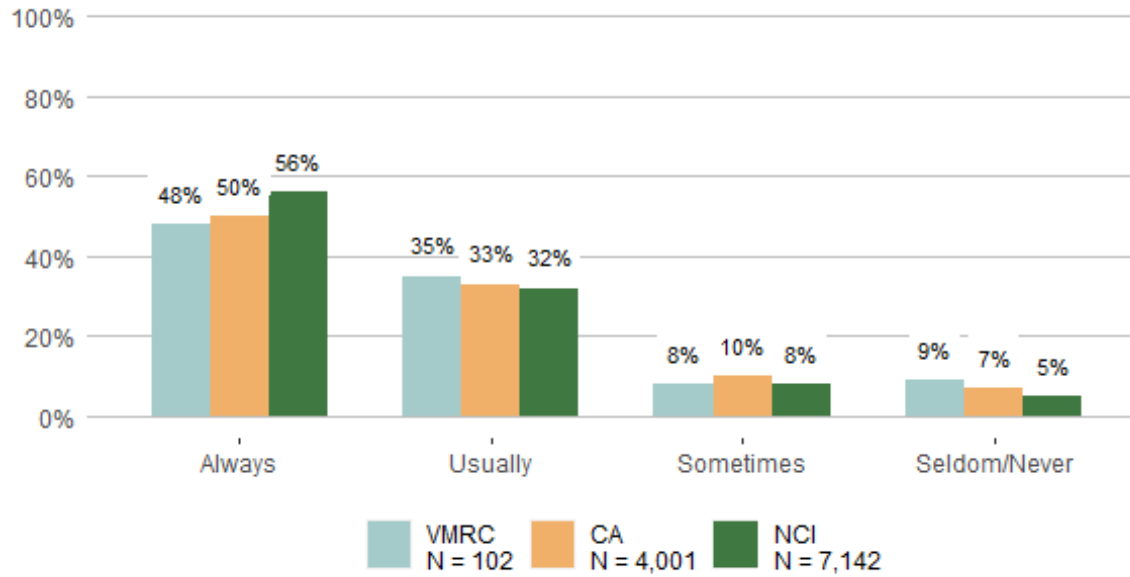


Table 48. Are you or your family member able to contact their case manager/service coordinator when you want?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 48% | 35% | 8% | 9% | 102 |
| CA | 50% | 33% | 10% | 7% | 4,001 |
| NCI | 56% | 32% | 8% | 5% | 7,142 |

Do service providers for your family member work together to provide support?

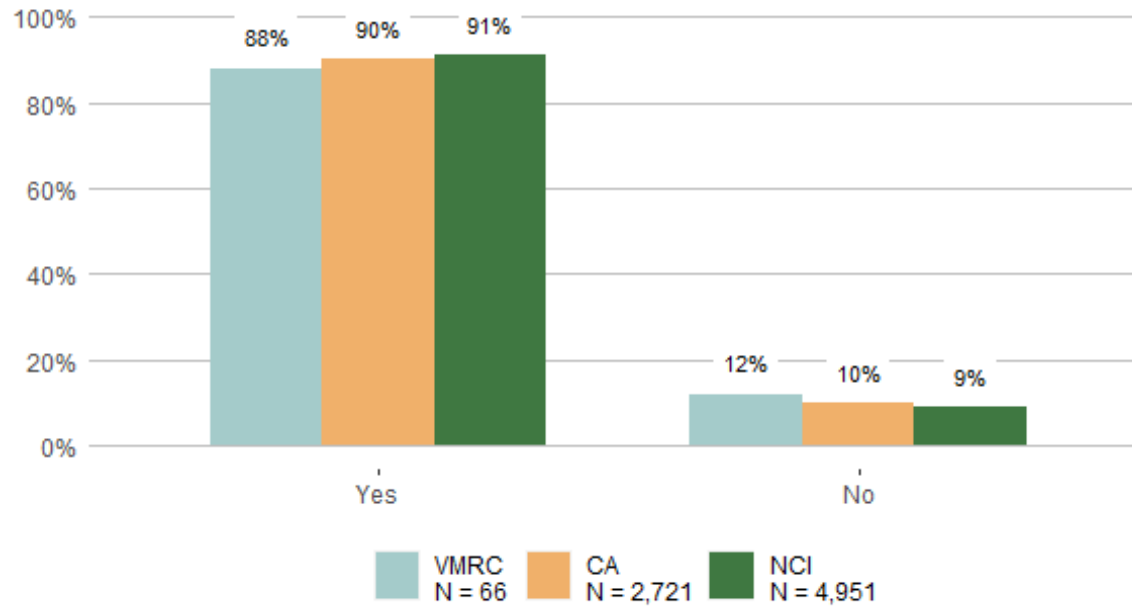


Table 49. Do service providers for your family member work together to provide support?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 88% | 12% | 66 |
| CA | 90% | 10% | 2,721 |
| NCI | 91% | 9% | 4,951 |

Are services delivered in a way that is respectful
of your family's culture?

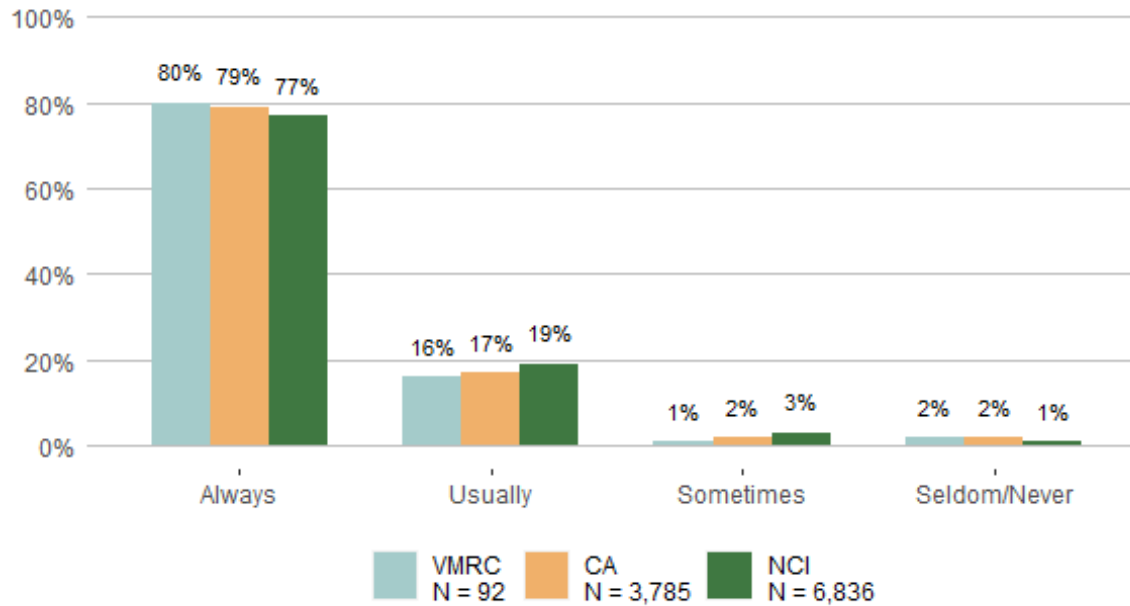


Table 50. Are services delivered in a way that is respectful of your family's culture?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 80% | 16% | 1% | 2% | 92 |
| CA | 79% | 17% | 2% | 2% | 3,785 |
| NCI | 77% | 19% | 3% | 1% | 6,836 |

Does your family member use technology in their everyday life to help them do things on their own?

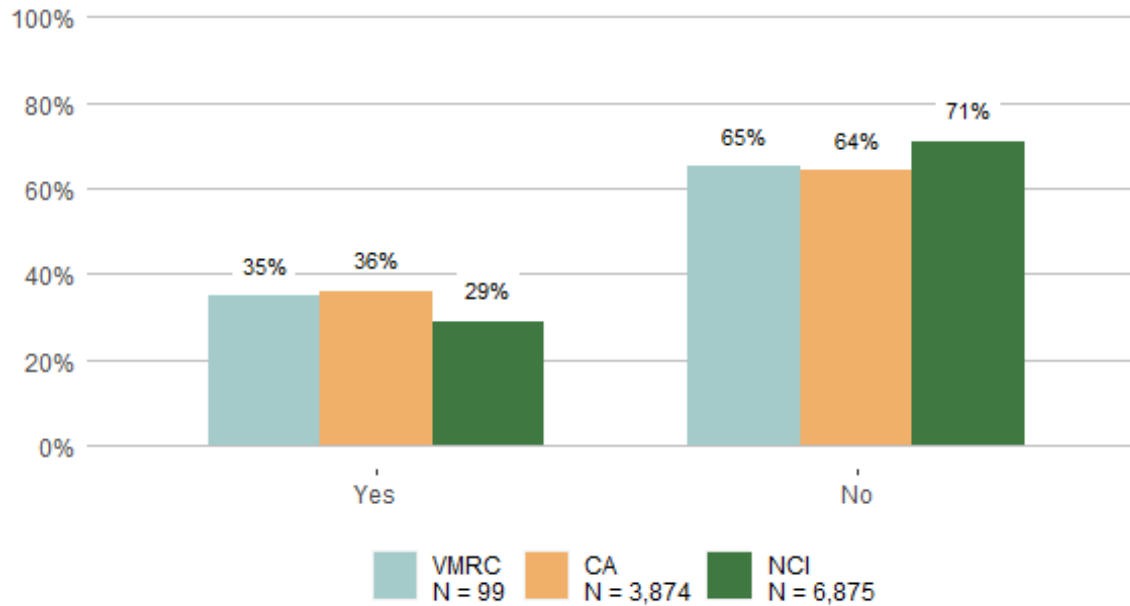


Table 51. Does your family member use technology in their everyday life to help them do things on their own?

New question in 2021-22

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 35% | 65% | 99 |
| CA | 36% | 64% | 3,874 |
| NCI | 29% | 71% | 6,875 |

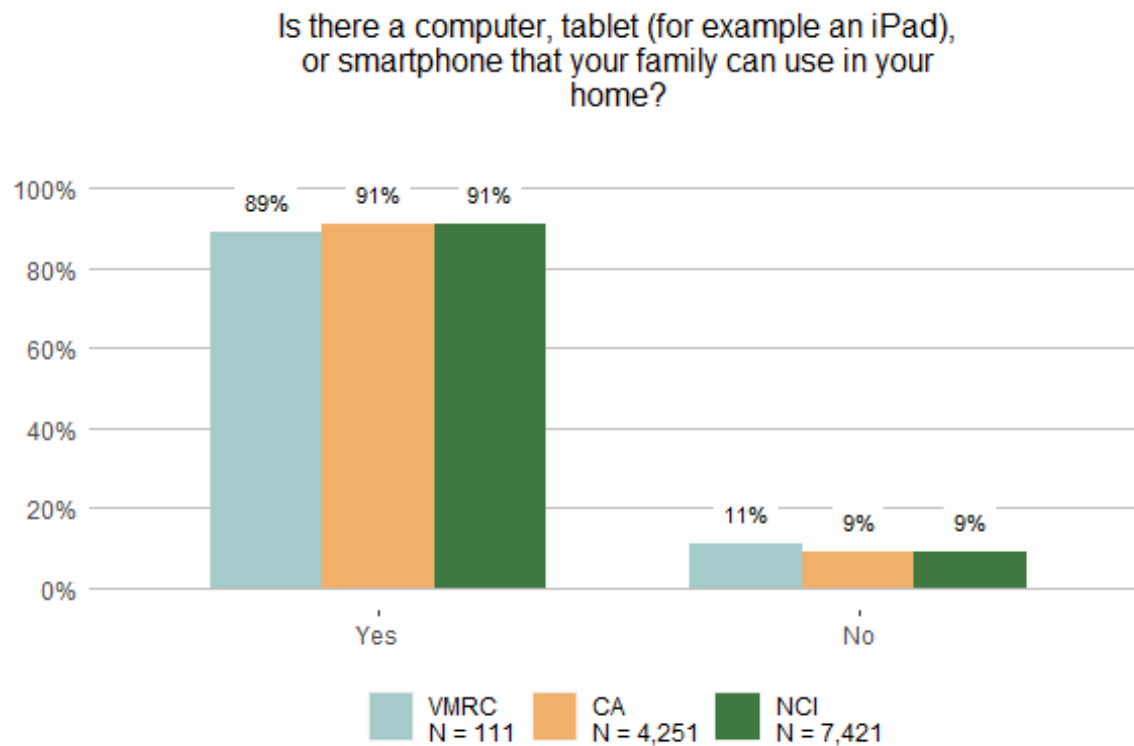


Table 52. Is there a computer, tablet (for example an iPad), or smartphone that your family can use in your home?

New question in 2021-22

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 89% | 11% | 111 |
| CA | 91% | 9% | 4,251 |
| NCI | 91% | 9% | 7,421 |

How well does the internet work in your home?

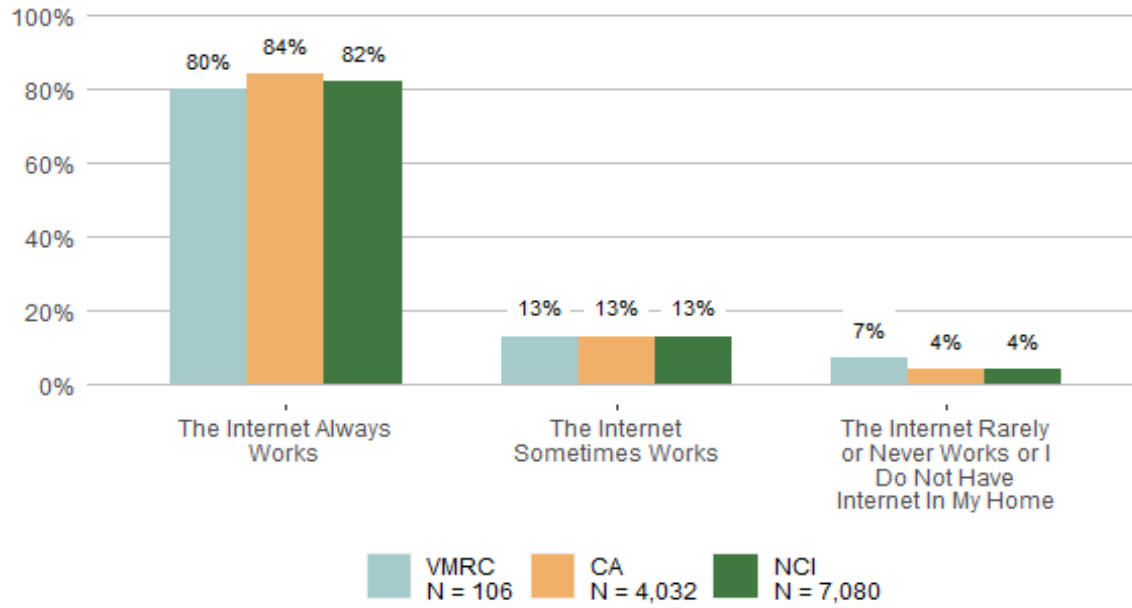


Table 53. How well does the internet work in your home?

New question in 2021-22

| RC v CA v NCI | The Internet Always Works | The Internet Sometimes Works | The Internet Rarely or Never Works or I Do Not Have Internet In My Home | N |
|---------------|---------------------------|------------------------------|---|-------|
| VMRC | 80% | 13% | 7% | 106 |
| CA | 84% | 13% | 4% | 4,032 |
| NCI | 82% | 13% | 4% | 7,080 |

Workforce (New in 2021-22)

There is stable and sufficient workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.

Do support workers come and go when they are supposed to?

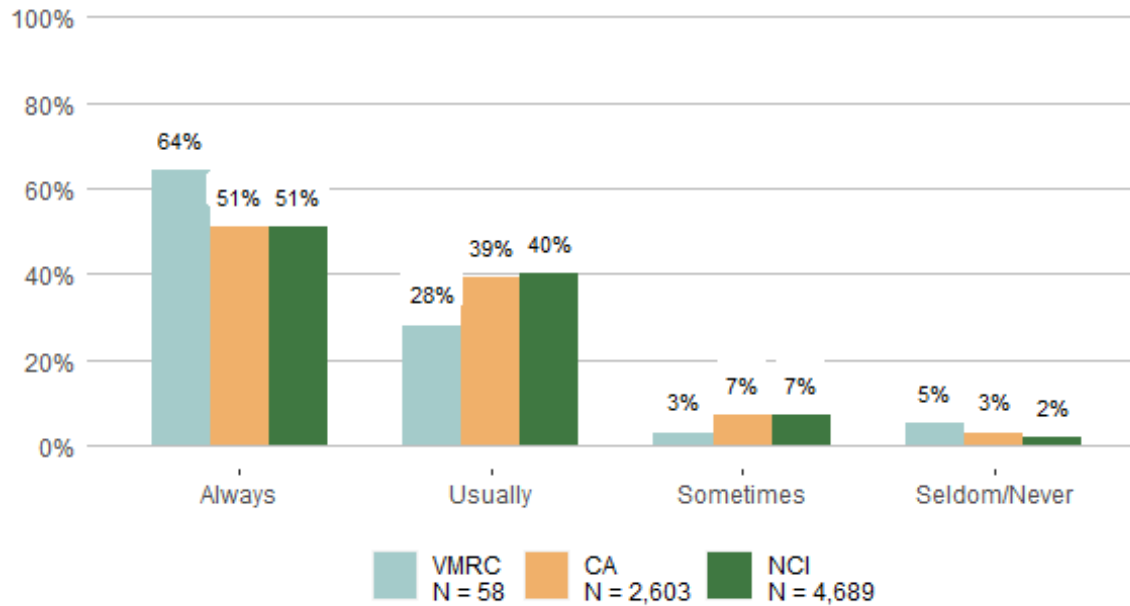


Table 54. Do support workers come and go when they are supposed to?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 64% | 28% | 3% | 5% | 58 |
| CA | 51% | 39% | 7% | 3% | 2,603 |
| NCI | 51% | 40% | 7% | 2% | 4,689 |

Do support workers speak to you in a way you understand?

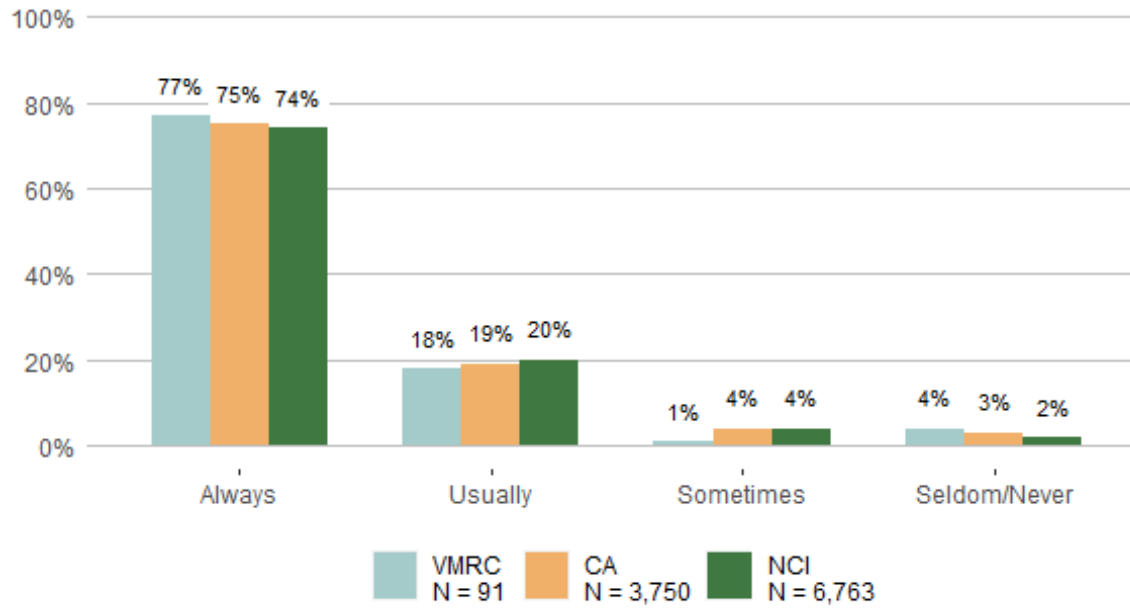


Table 55. Do support workers speak to you in a way you understand?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 77% | 18% | 1% | 4% | 91 |
| CA | 75% | 19% | 4% | 3% | 3,750 |
| NCI | 74% | 20% | 4% | 2% | 6,763 |

If your family member does not communicate verbally (for example, uses gestures, sign language, or a communication aid), are there support workers who can communicate with them?

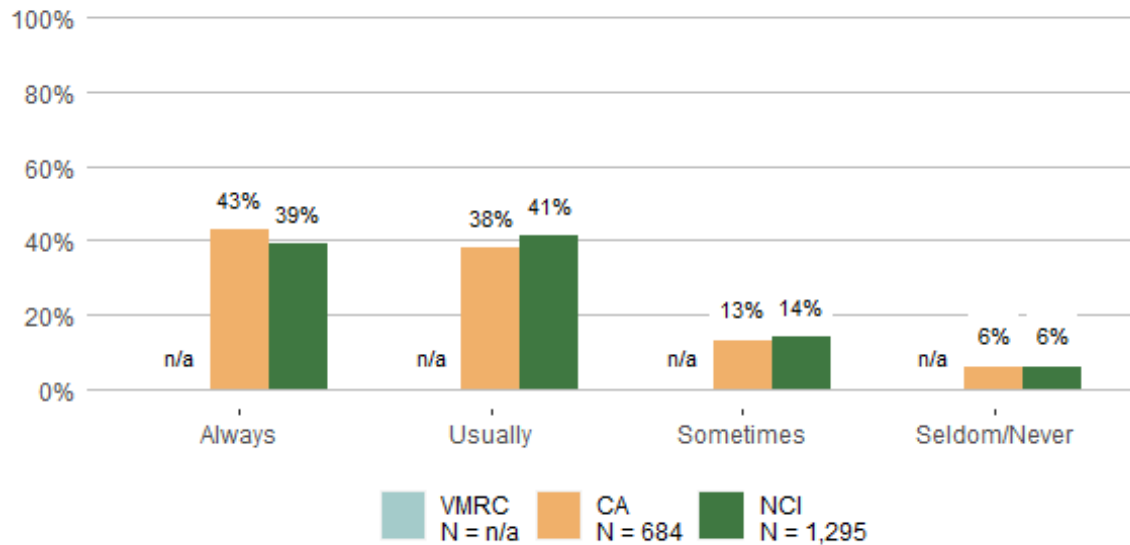


Table 56. If your family member does not communicate verbally (for example, uses gestures, sign language, or a communication aid), are there support workers who can communicate with them?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | n/a | n/a | n/a | n/a | n/a |
| CA | 43% | 38% | 13% | 6% | 684 |
| NCI | 39% | 41% | 14% | 6% | 1,295 |

Do support workers have the right information and skills to meet your family's needs?

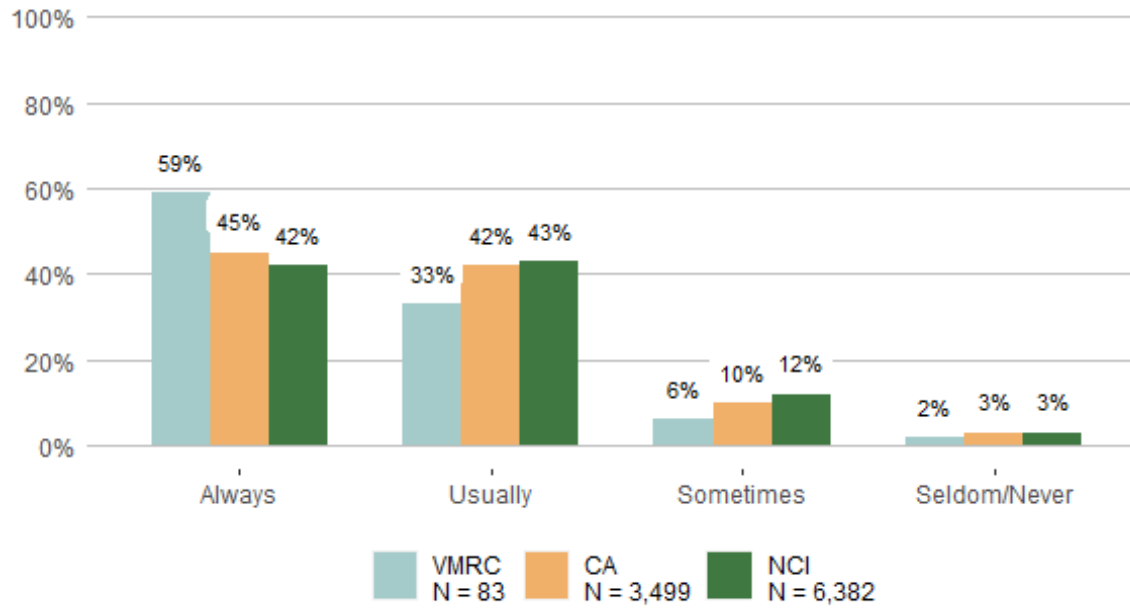


Table 57. Do support workers have the right information and skills to meet your family's needs?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 59% | 33% | 6% | 2% | 83 |
| CA | 45% | 42% | 10% | 3% | 3,499 |
| NCI | 42% | 43% | 12% | 3% | 6,382 |

Do your family member's support workers change too often? Is there too much "turnover" of support workers?

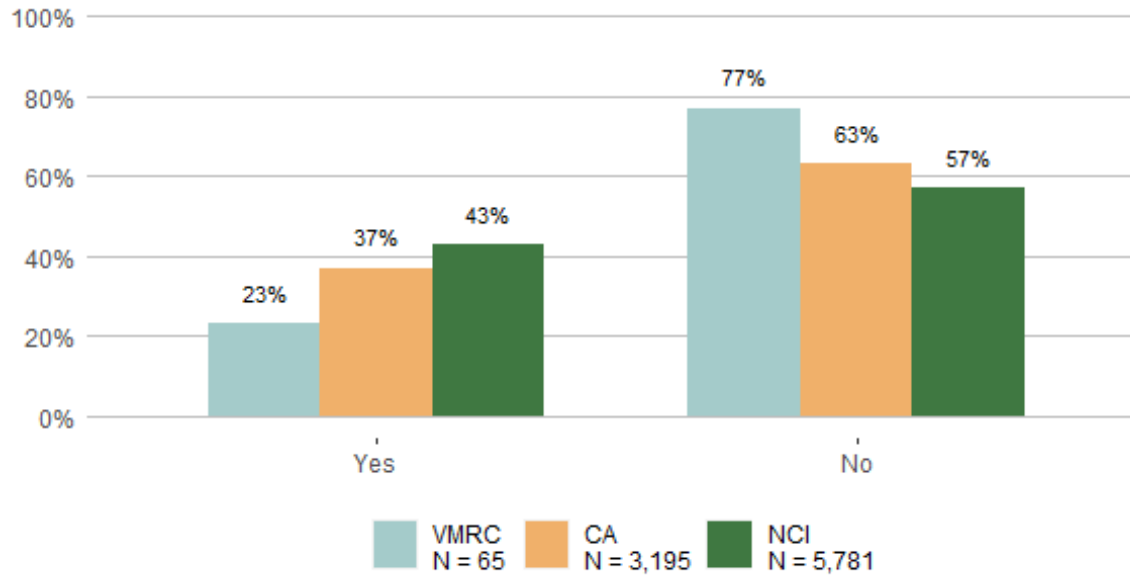


Table 58. Do your family member's support workers change too often? Is there too much "turnover" of support workers?

New question in 2021-22

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 23% | 77% | 65 |
| CA | 37% | 63% | 3,195 |
| NCI | 43% | 57% | 5,781 |

Is there always a staff person available to support your family member when support is needed?

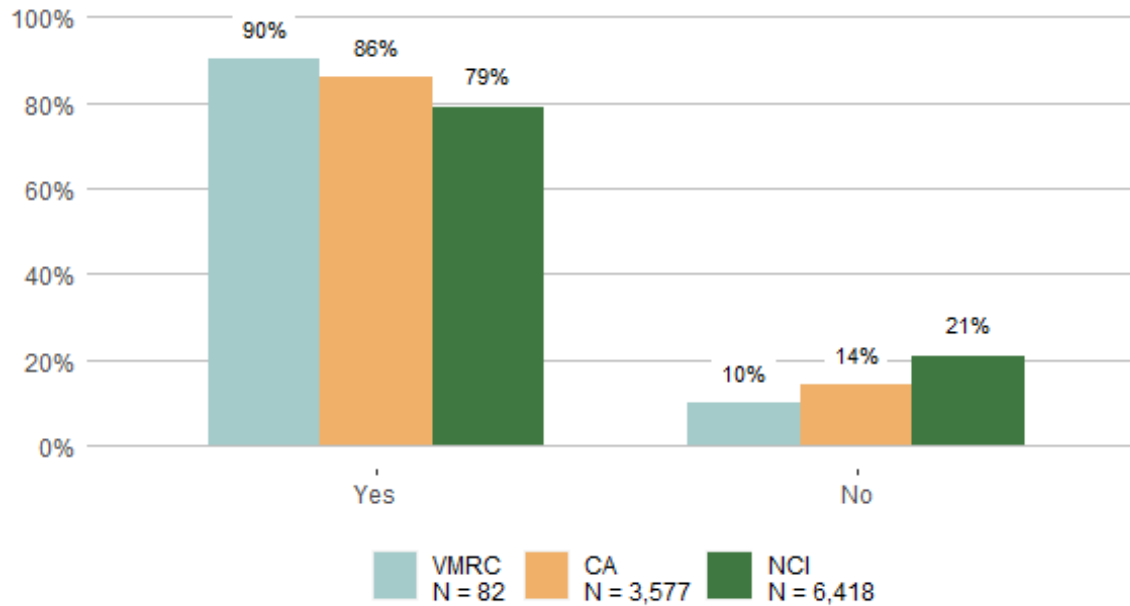


Table 59. Is there always a staff person available to support your family member when support is needed?

New question in 2021-22

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 90% | 10% | 82 |
| CA | 86% | 14% | 3,577 |
| NCI | 79% | 21% | 6,418 |

Choice, Decision Making and Control

Families and family members with intellectual/developmental disabilities determine the services and supports they receive and the individuals or agencies who provide them.

Does the agency providing residential services to your family member involve them in important decisions?

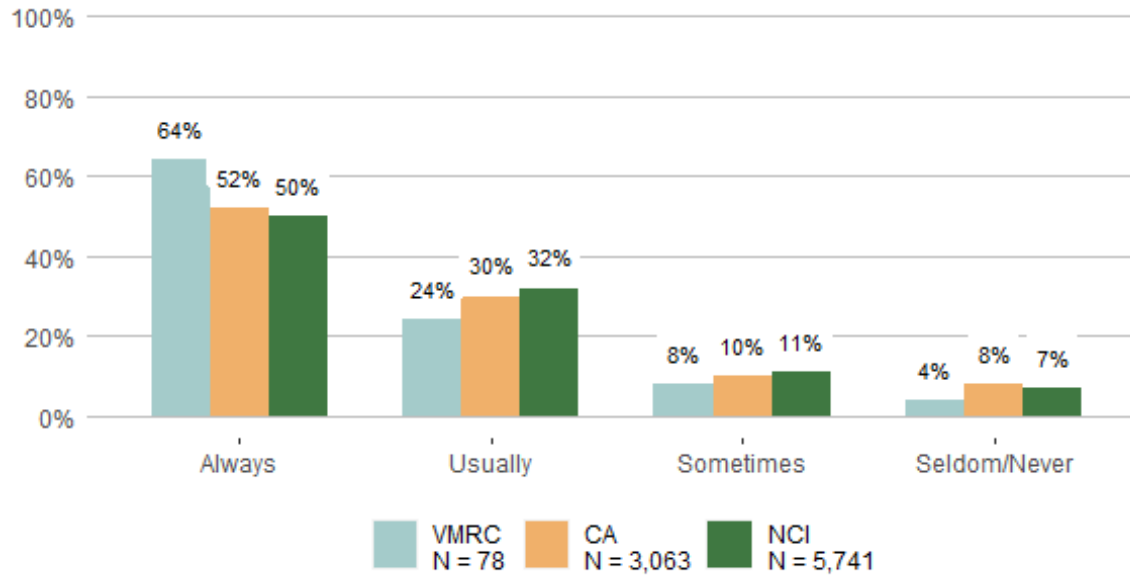


Table 60. Does the agency providing residential services to your family member involve them in important decisions?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 64% | 24% | 8% | 4% | 78 |
| CA | 52% | 30% | 10% | 8% | 3,063 |
| NCI | 50% | 32% | 11% | 7% | 5,741 |

Can your family choose or change the provider agency that provides your family member's services?

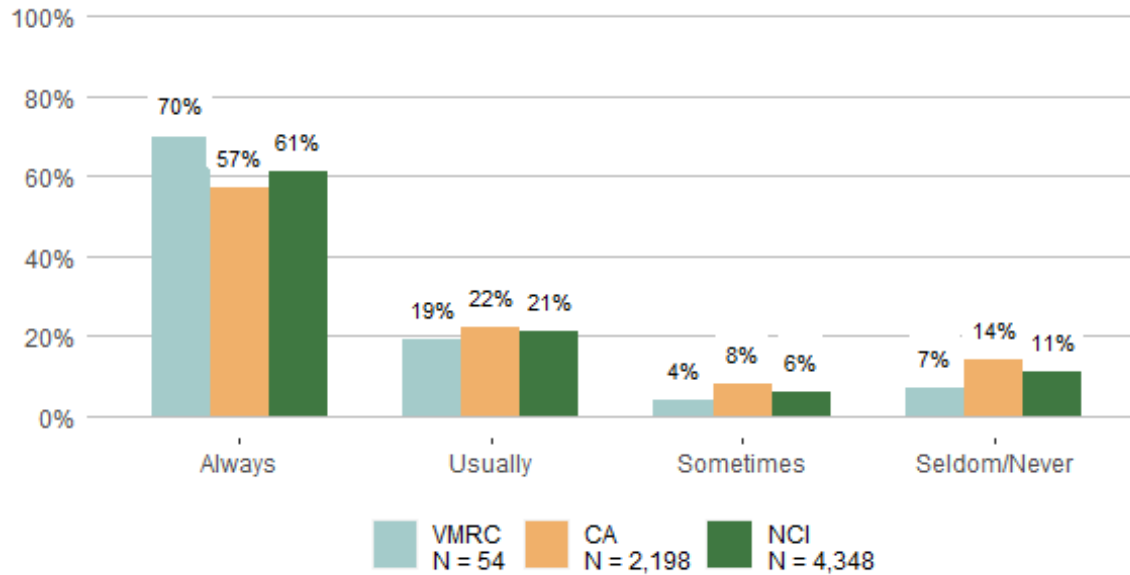


Table 61. Can your family choose or change the provider agency that provides your family member's services?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 70% | 19% | 4% | 7% | 54 |
| CA | 57% | 22% | 8% | 14% | 2,198 |
| NCI | 61% | 21% | 6% | 11% | 4,348 |

Can your family choose or change your family member's support workers?

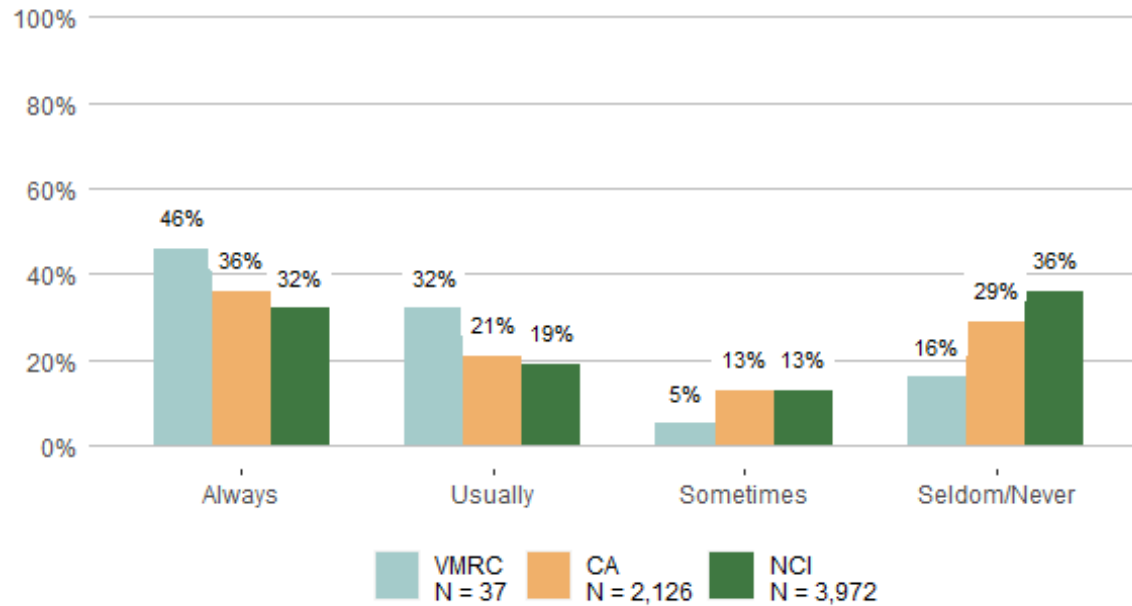


Table 62. Can your family choose or change your family member's support workers?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 46% | 32% | 5% | 16% | 37 |
| CA | 36% | 21% | 13% | 29% | 2,126 |
| NCI | 32% | 19% | 13% | 36% | 3,972 |

Can someone in your family directly manage support staff?

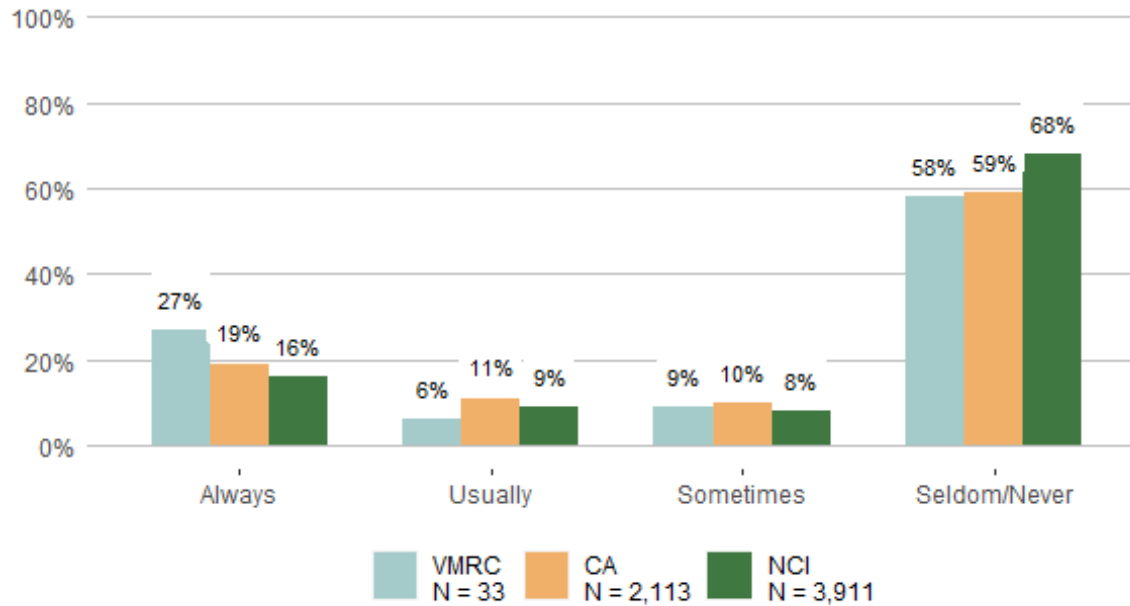


Table 63. Can someone in your family directly manage support staff?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 27% | 6% | 9% | 58% | 33 |
| CA | 19% | 11% | 10% | 59% | 2,113 |
| NCI | 16% | 9% | 8% | 68% | 3,911 |

Did you, your family member, or someone else in your family choose your family member's case manager/service coordinator?

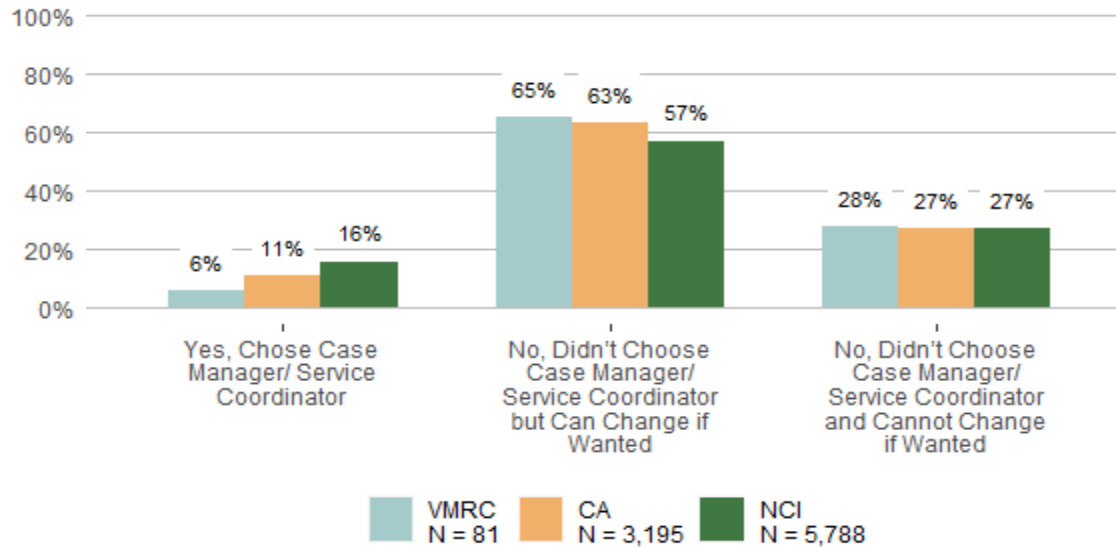


Table 64. Did you, your family member, or someone else in your family choose your family member's case manager/service coordinator?

| RC v CA v NCI | Yes, Chose Case Manager/ Service Coordinator | No, Didn't Choose Case Manager/ Service Coordinator but Can Change if Wanted | No, Didn't Choose Case Manager/ Service Coordinator and Cannot Change if Wanted | N |
|------------------|--|--|---|-------|
| VMRC | 6% | 65% | 28% | 81 |
| CA | 11% | 63% | 27% | 3,195 |
| NCI | 16% | 57% | 27% | 5,788 |

Community Connections

Family members receiving services and supports from the Regional Center (RC)⁷ are meaningfully engaged as members of their communities and have strong relationships. Families and family members can use supports in their community.

⁷ Some NCI states provide services through a statewide ID/DD agency*

Does your family member do things in the community?

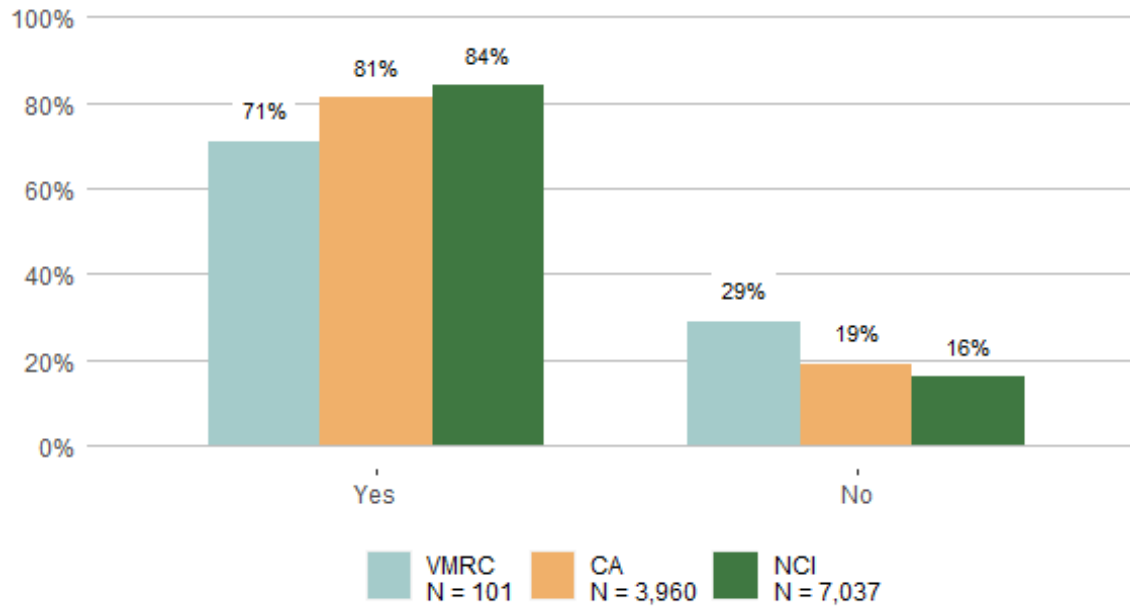


Table 65. Does your family member do things in the community?

Question changed in 2021-22

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 71% | 29% | 101 |
| CA | 81% | 19% | 3,960 |
| NCI | 84% | 16% | 7,037 |

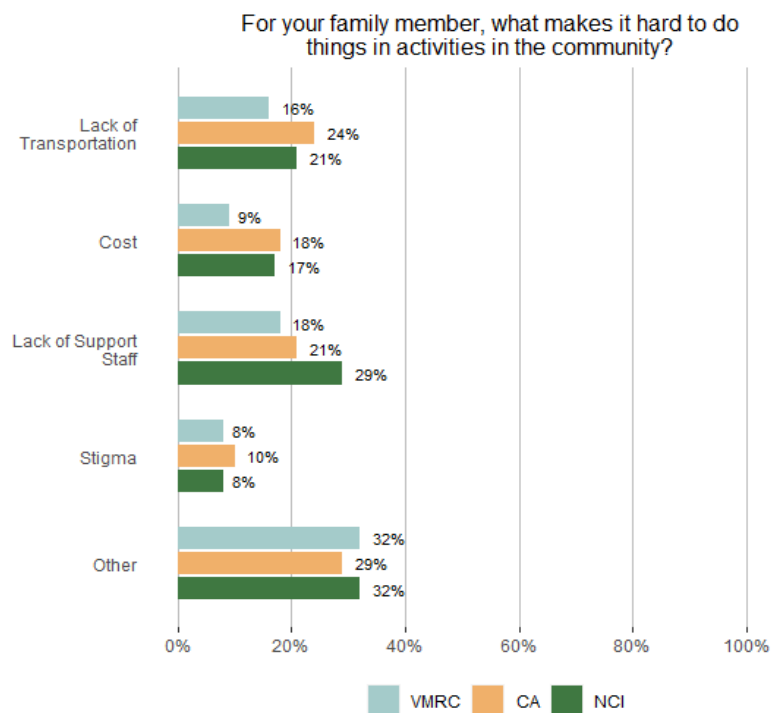


Table 66. For your family member, what makes it hard to do things in activities in the community?

Categories are not mutually exclusive; therefore, N is not shown. Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Lack of Transportation | Cost | Lack of Support Staff | Stigma | Other |
|---------------|------------------------|------|-----------------------|--------|-------|
| VMRC | 16% | 9% | 18% | 8% | 32% |
| CA | 24% | 18% | 21% | 10% | 29% |
| NCI | 21% | 17% | 29% | 8% | 32% |

Does your family member have friends other than paid support workers or family?

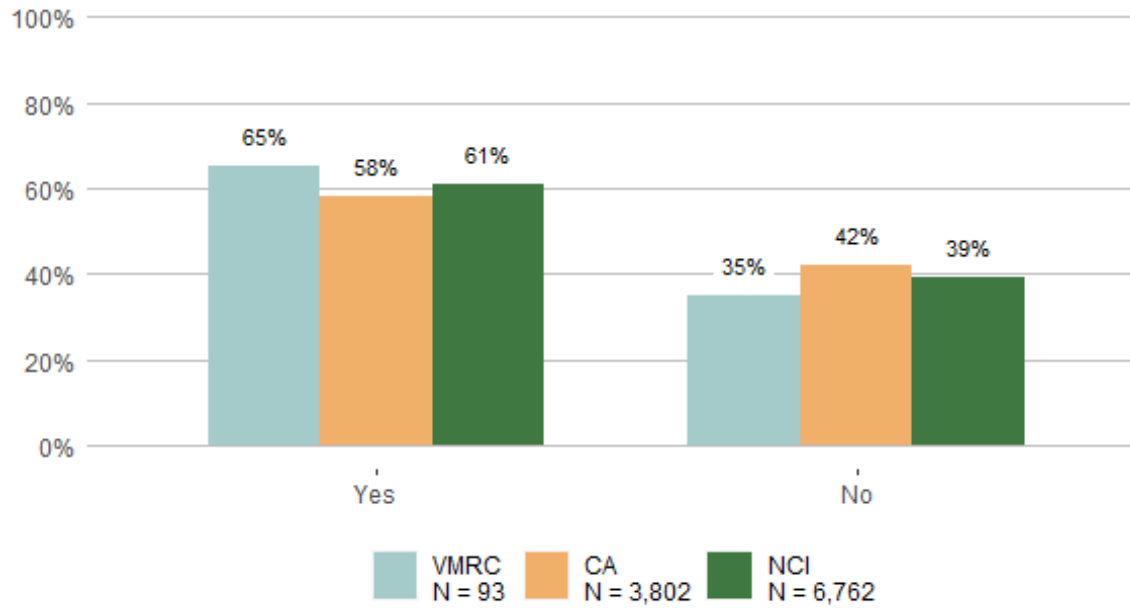


Table 67. Does your family member have friends other than paid support workers or family?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 65% | 35% | 93 |
| CA | 58% | 42% | 3,802 |
| NCI | 61% | 39% | 6,762 |

In your community, are there resources that your family can use that are not provided by the regional center (for example, recreational programs, community housing, library programs, religious groups, etc.)?

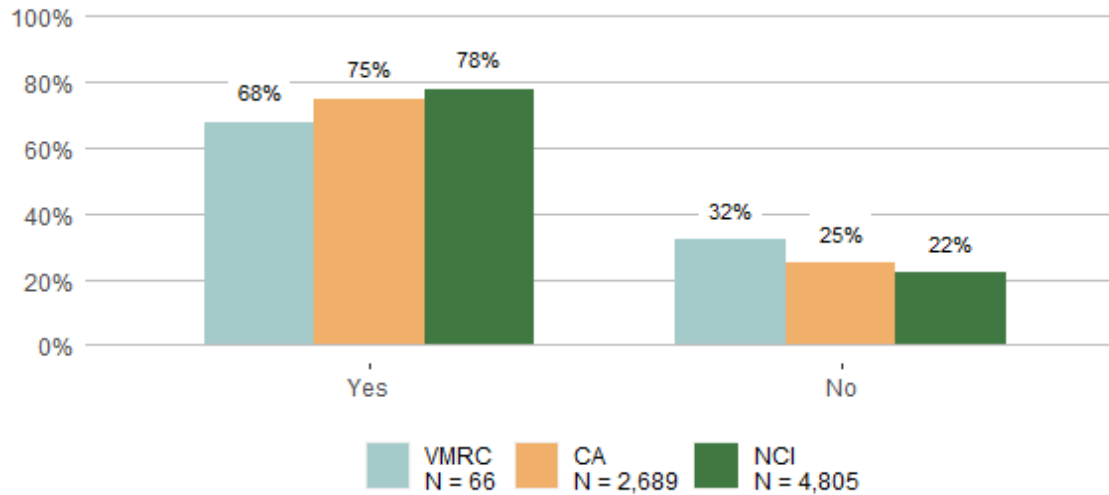


Table 68. In your community, are there resources that your family can use that are not provided by the regional center (for example, recreational programs, community housing, library programs, religious groups, etc.)?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 68% | 32% | 66 |
| CA | 75% | 25% | 2,689 |
| NCI | 78% | 22% | 4,805 |

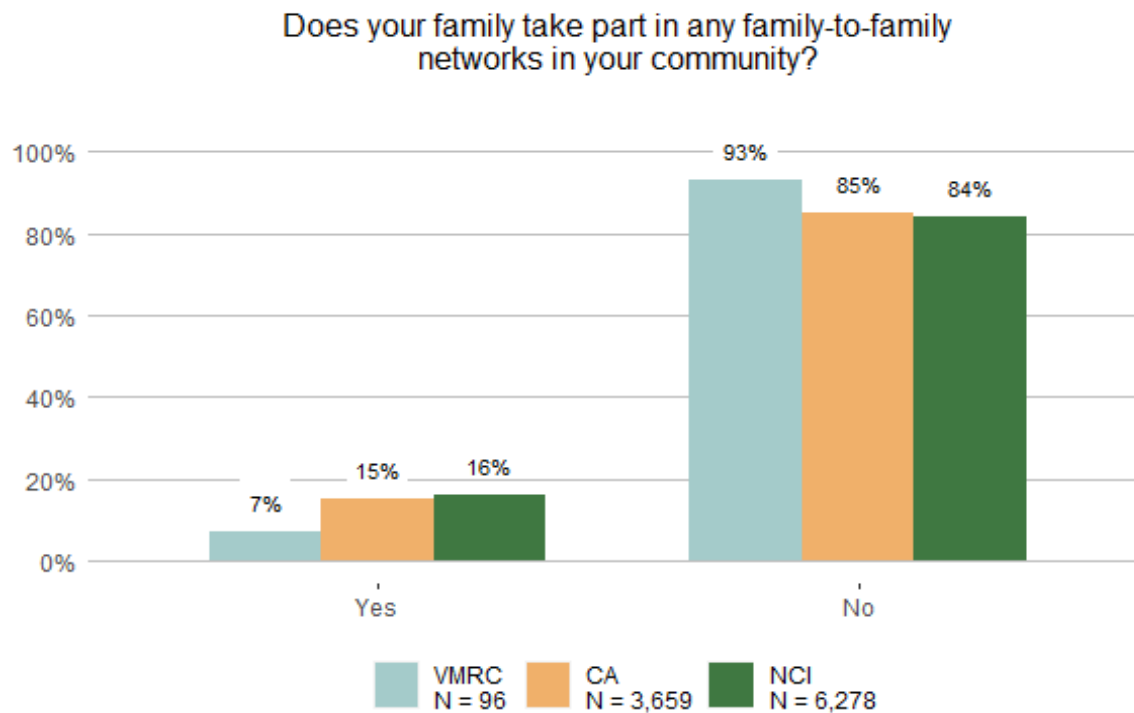


Table 69. Does your family take part in any family-to-family networks in your community (for example, Parent to Parent, sibling networks, etc.)?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 7% | 93% | 96 |
| CA | 15% | 85% | 3,659 |
| NCI | 16% | 84% | 6,278 |

Health, Welfare, and Safety (New in 2021-22)

Families are supported to ensure the health, welfare, and safety of their family member receiving services and supports from the Regional Center⁸(RC).

⁸ Some NCI states provide services through a statewide ID/DD agency

Can your family member see a primary care provider
(doctor, registered nurse, etc.) when needed?

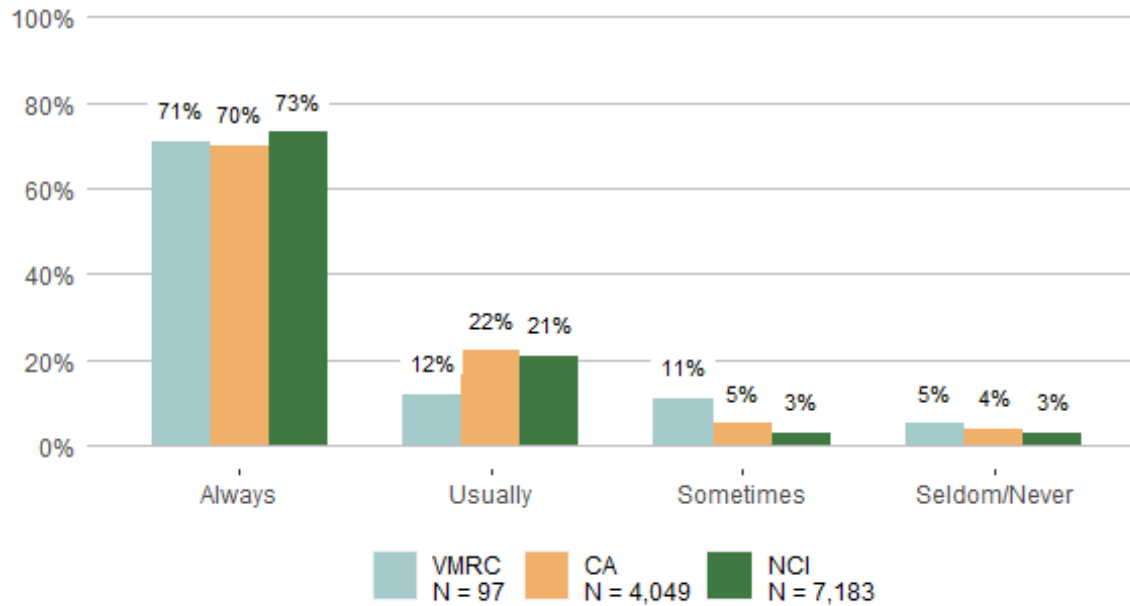


Table 70. Can your family member see a primary care provider (doctor, registered nurse, etc.) when needed?

New question in 2021-22. Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 71% | 12% | 11% | 5% | 97 |
| CA | 70% | 22% | 5% | 4% | 4,049 |
| NCI | 73% | 21% | 3% | 3% | 7,183 |

Does your family member's primary care doctor understand your family member's needs related to their disability?

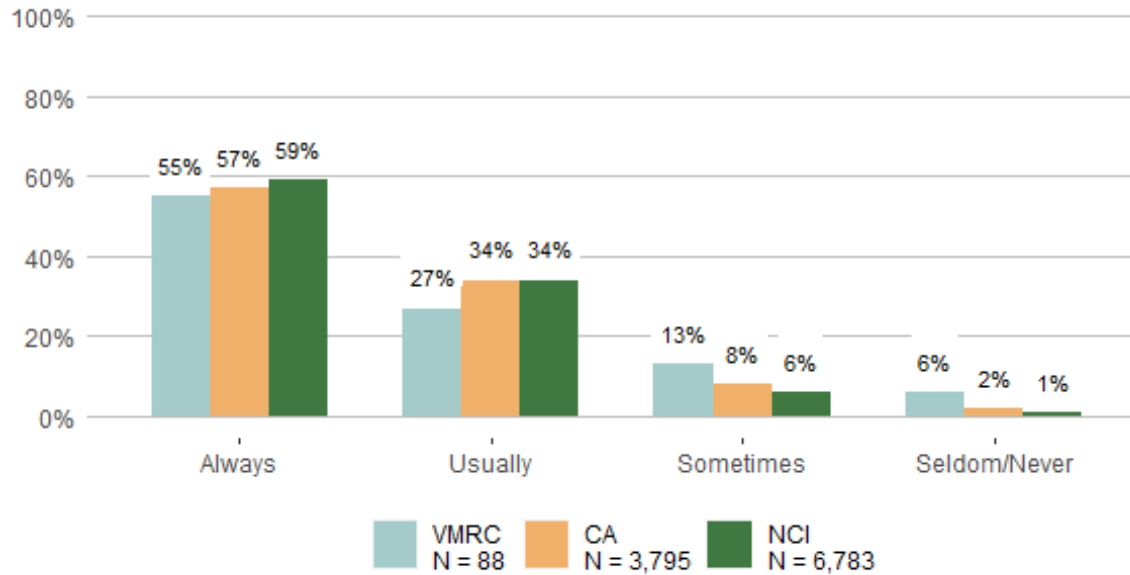


Table 71. Does your family member's primary care doctor understand your family member's needs related to their disability?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 55% | 27% | 13% | 6% | 88 |
| CA | 57% | 34% | 8% | 2% | 3,795 |
| NCI | 59% | 34% | 6% | 1% | 6,783 |

Can your family member go to the dentist when needed?

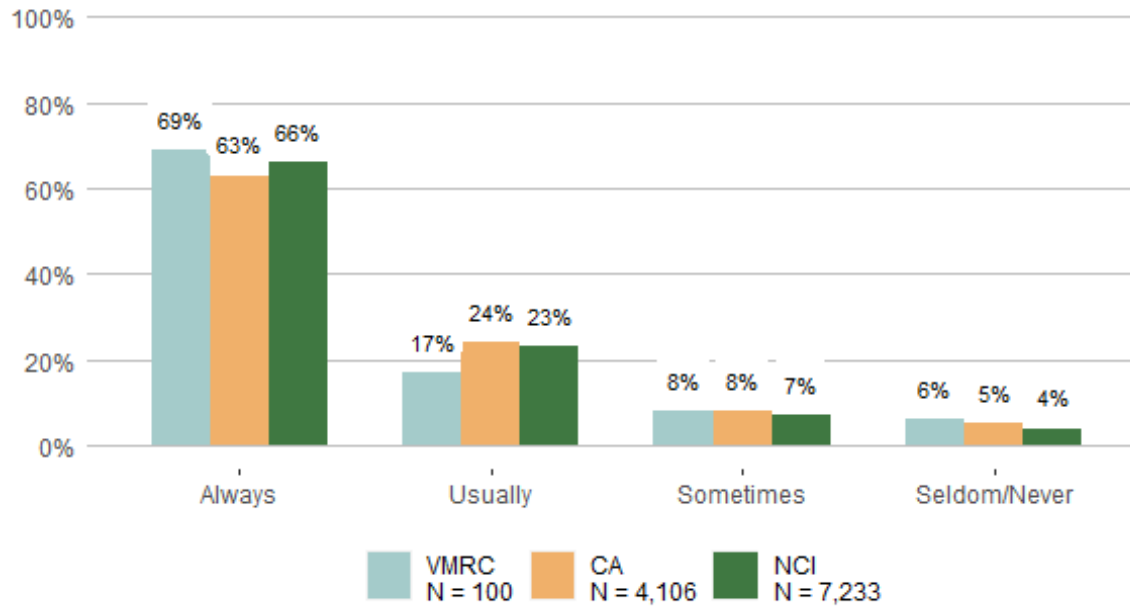


Table 72. Can your family member go to the dentist when needed?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 69% | 17% | 8% | 6% | 100 |
| CA | 63% | 24% | 8% | 5% | 4,106 |
| NCI | 66% | 23% | 7% | 4% | 7,233 |

Does your family member's dentist understand your family member's needs related to their disability?

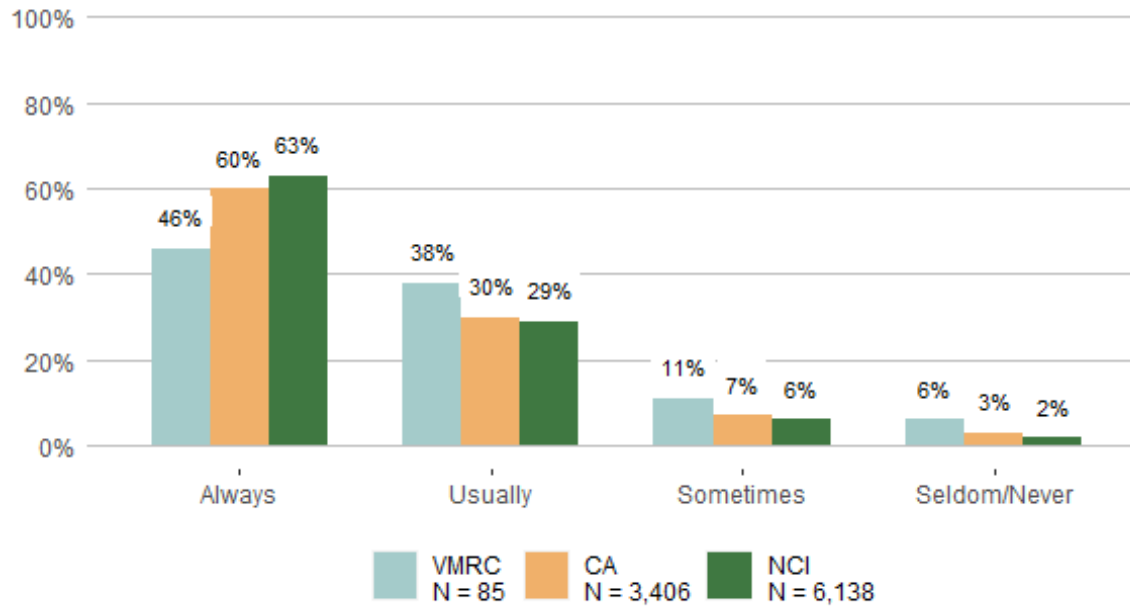


Table 73. Does your family member's dentist understand your family member's needs related to their disability?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 46% | 38% | 11% | 6% | 85 |
| CA | 60% | 30% | 7% | 3% | 3,406 |
| NCI | 63% | 29% | 6% | 2% | 6,138 |

If your family member takes prescription medications, do you know what they're for?

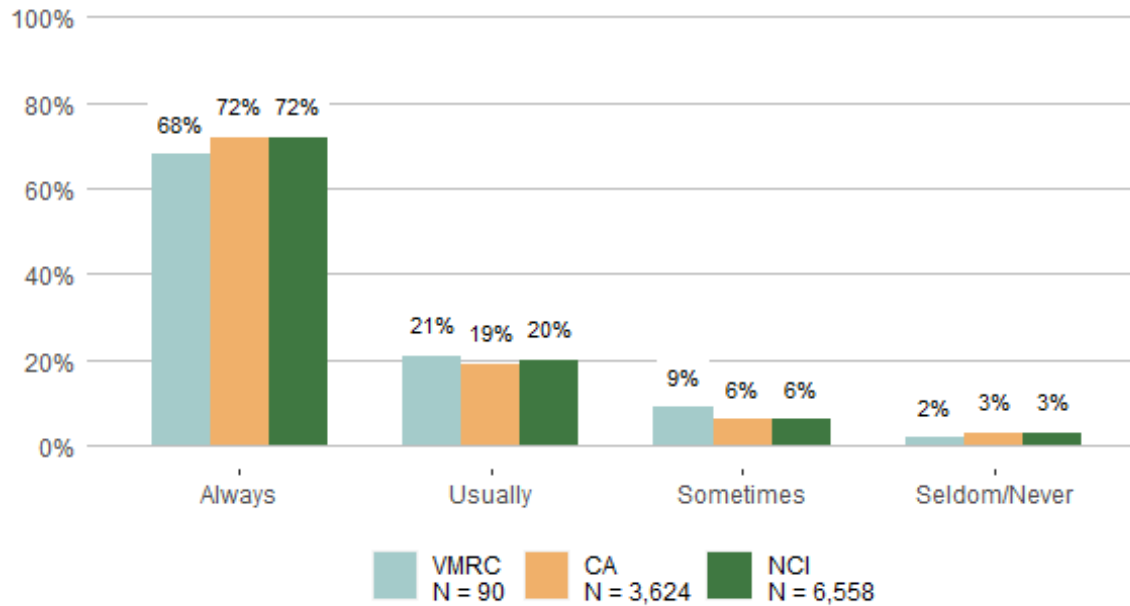


Table 74. If your family member takes prescription medications, do you know what they're for?

Question changed in 2021-22

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 68% | 21% | 9% | 2% | 90 |
| CA | 72% | 19% | 6% | 3% | 3,624 |
| NCI | 72% | 20% | 6% | 3% | 6,558 |

Do you, your family member, or someone else in your family know what is needed to safely take the medications (when it should be taken, how much to take, and the potential side effects)?

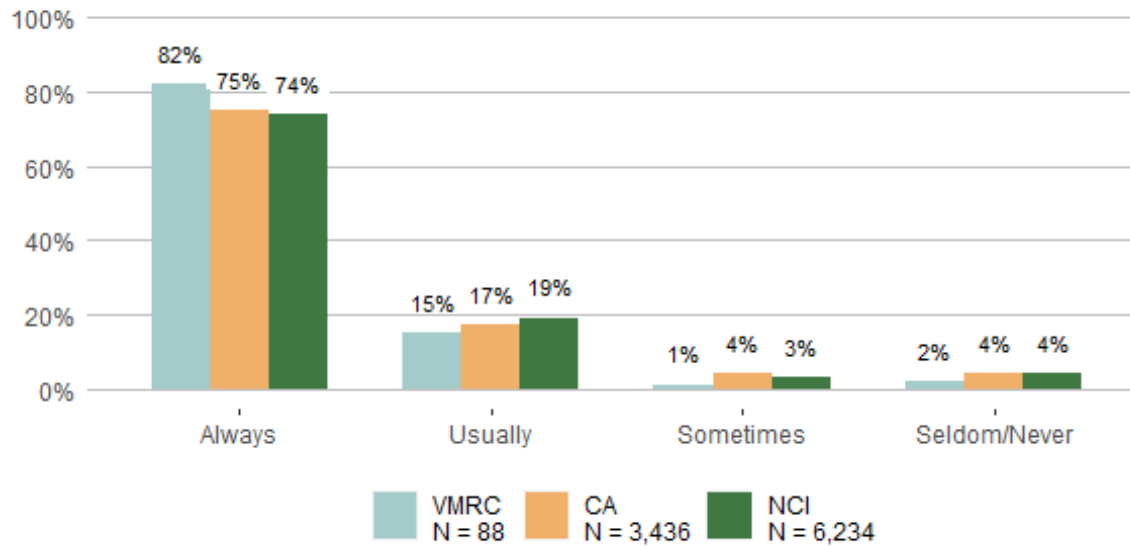


Table 75. Do you, your family member, or someone else in your family know what is needed to safely take the medications (when it should be taken, how much to take, and the potential side effects)?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 82% | 15% | 1% | 2% | 88 |
| CA | 75% | 17% | 4% | 4% | 3,436 |
| NCI | 74% | 19% | 3% | 4% | 6,234 |

Can your family member get mental or behavioral health supports when needed? (Like see a therapist, go to group counseling)?

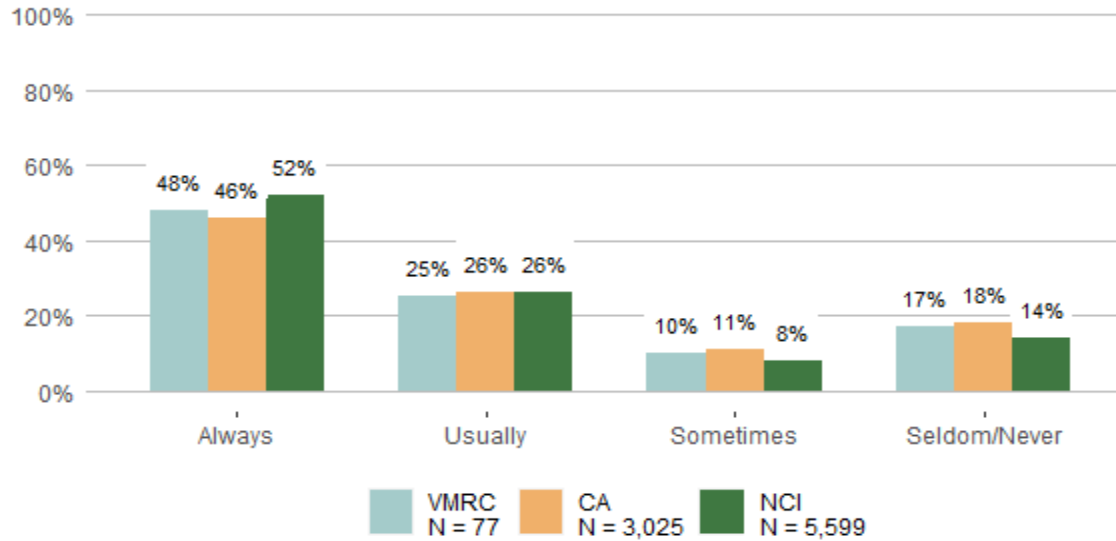


Table 76. Can your family member get mental or behavioral health supports when needed? (Like see a therapist, go to group counseling)?

New question in 2021-22

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 48% | 25% | 10% | 17% | 77 |
| CA | 46% | 26% | 11% | 18% | 3,025 |
| NCI | 52% | 26% | 8% | 14% | 5,599 |

If your family member uses mental health services,
does the mental health professional understand
your family member's needs related to their
disability?

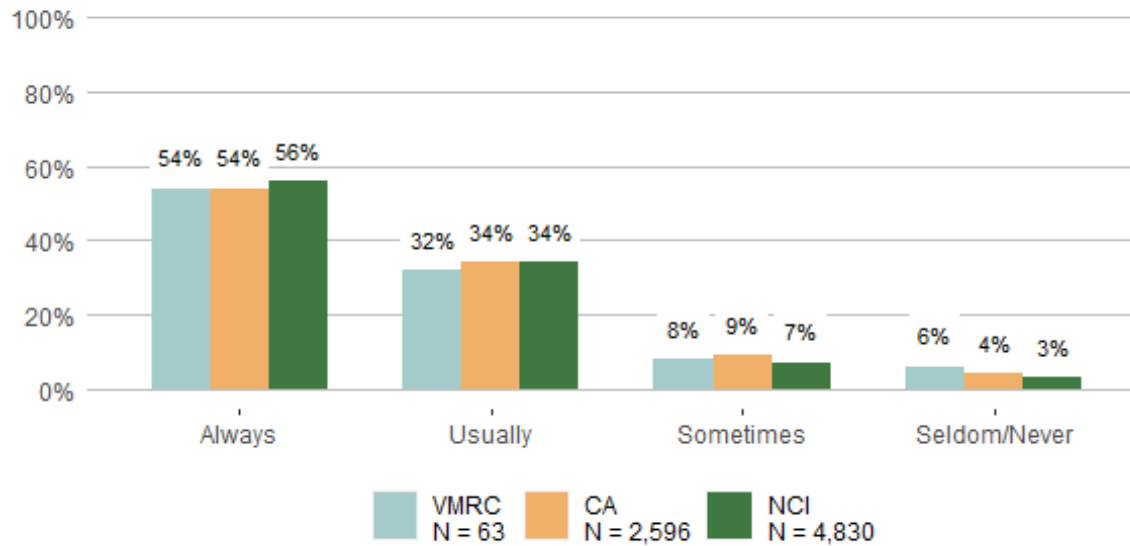


Table 77. If your family member uses mental health services, does the mental health professional understand your family member's needs related to their disability?

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 54% | 32% | 8% | 6% | 63 |
| CA | 54% | 34% | 9% | 4% | 2,596 |
| NCI | 56% | 34% | 7% | 3% | 4,830 |

If you asked for crisis or emergency services during the past 12 months, were services provided when needed?

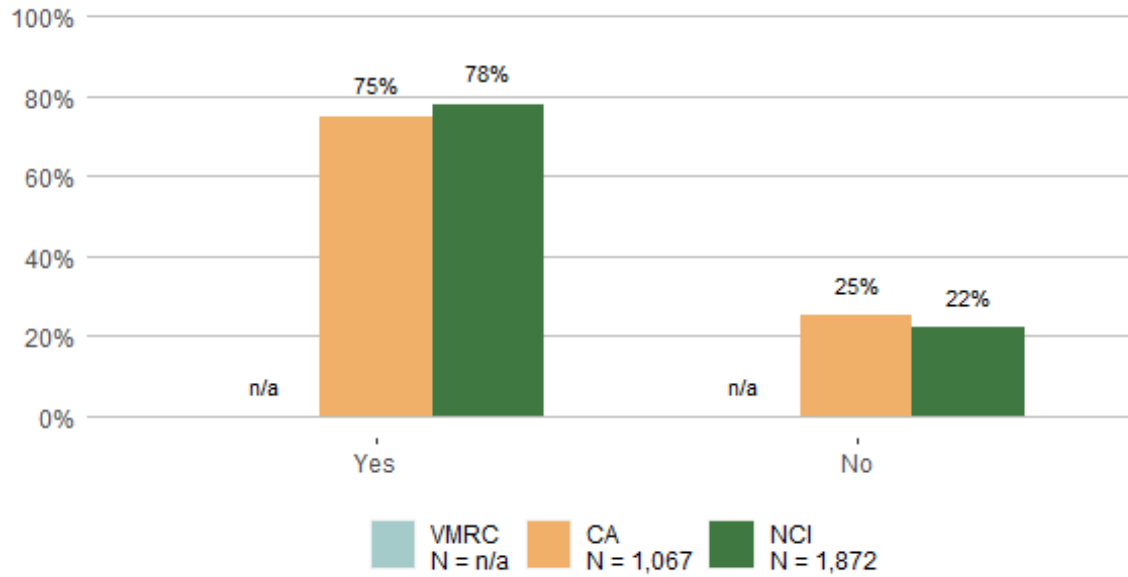


Table 78. If you asked for crisis or emergency services during the past 12 months, were services provided when needed?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | n/a | n/a | n/a |
| CA | 75% | 25% | 1,067 |
| NCI | 78% | 22% | 1,872 |

Do you feel prepared to handle the needs of your family member in an emergency such as a medical emergency or natural disaster?

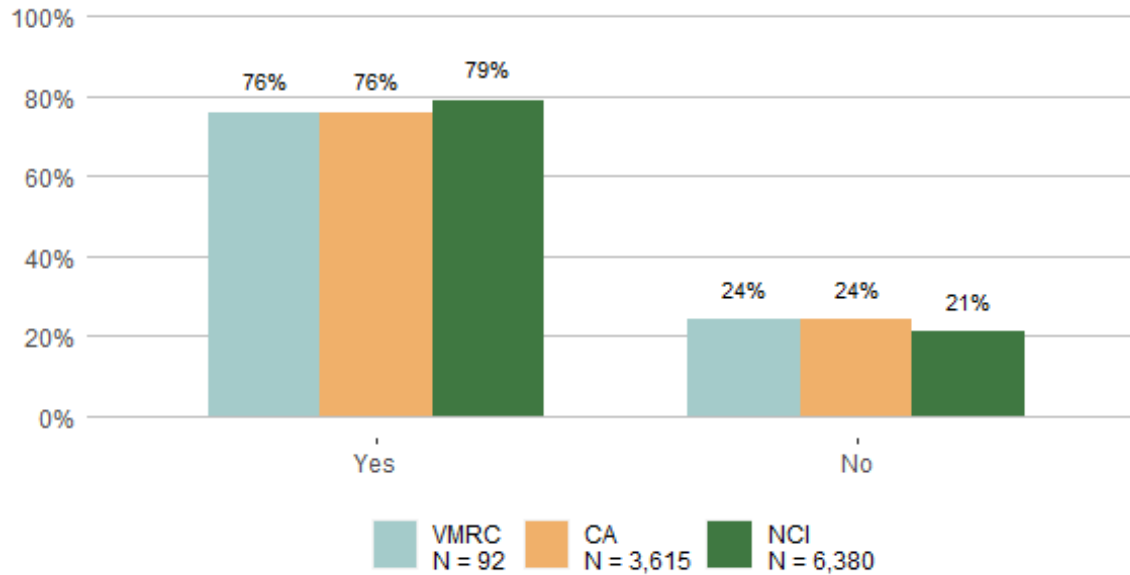


Table 79. Do you feel prepared to handle the needs of your family member in an emergency such as a medical emergency or natural disaster?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 76% | 24% | 92 |
| CA | 76% | 24% | 3,615 |
| NCI | 79% | 21% | 6,380 |

Have you talked about how to handle emergencies (such as a medical emergency, pandemic, or natural disaster) with your family member's case manager/service coordinator?

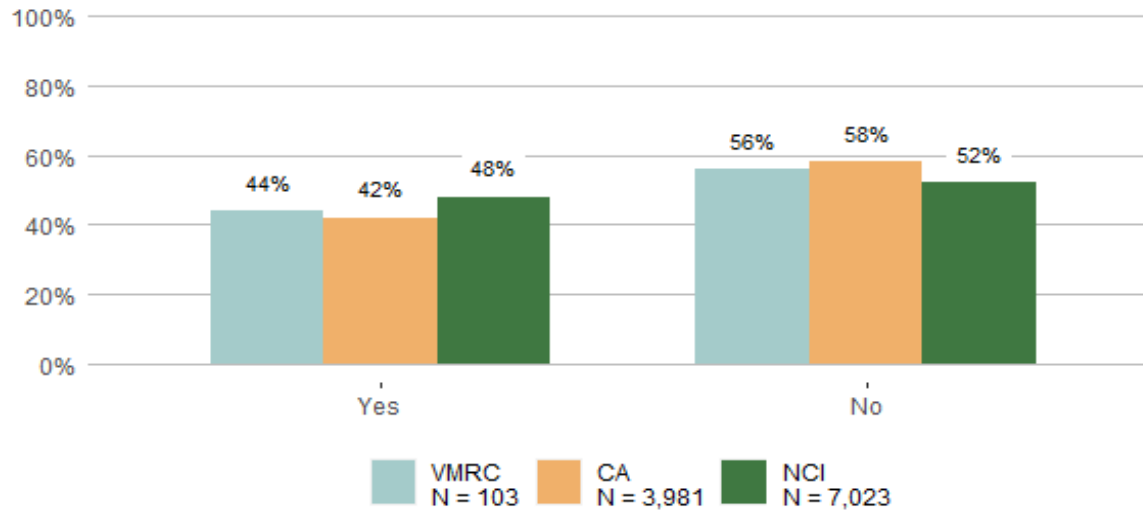


Table 80. Have you talked about how to handle emergencies (such as a medical emergency, pandemic, or natural disaster) with your family member's case manager/service coordinator?

New question in 2021-22.

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 44% | 56% | 103 |
| CA | 42% | 58% | 3,981 |
| NCI | 48% | 52% | 7,023 |

Do you know how to file a complaint or grievance about provider agencies or staff?

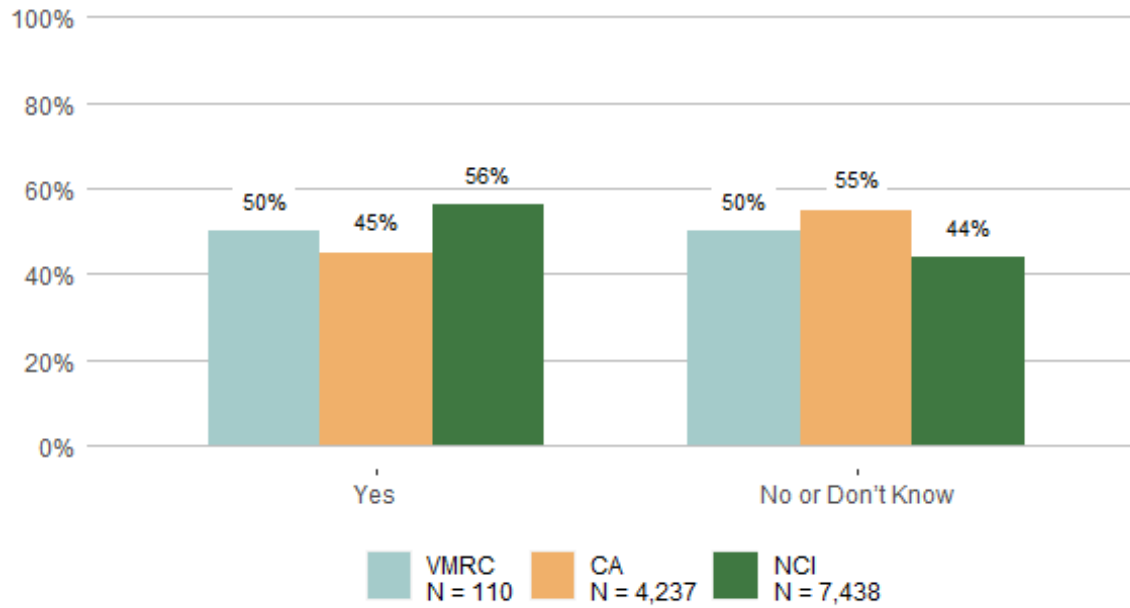


Table 81. Do you know how to file a complaint or grievance about provider agencies or staff?

| RC v CA v NCI | Yes | No or Don't Know | N |
|---------------|-----|------------------|-------|
| VMRC | 50% | 50% | 110 |
| CA | 45% | 55% | 4,237 |
| NCI | 56% | 44% | 7,438 |

If a complaint or grievance was filed or resolved in the past 12 months, are you satisfied with the way it was handled?

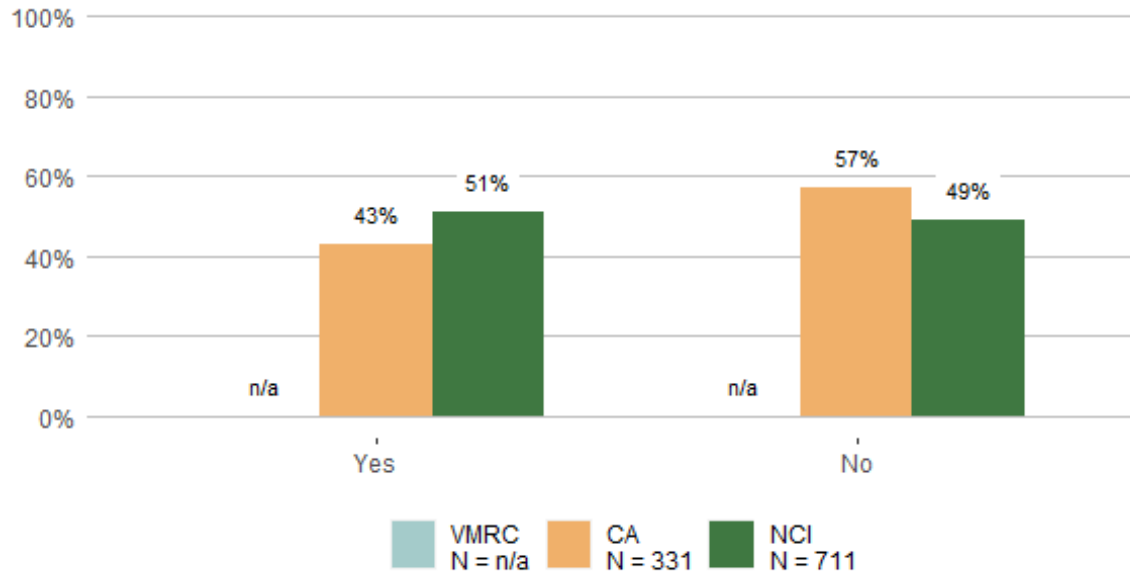


Table 82. If a complaint or grievance was filed or resolved in the past 12 months, are you satisfied with the way it was handled?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-----|
| VMRC | n/a | n/a | n/a |
| CA | 43% | 57% | 331 |
| NCI | 51% | 49% | 711 |

Do you know how to report abuse or neglect related to your family member?

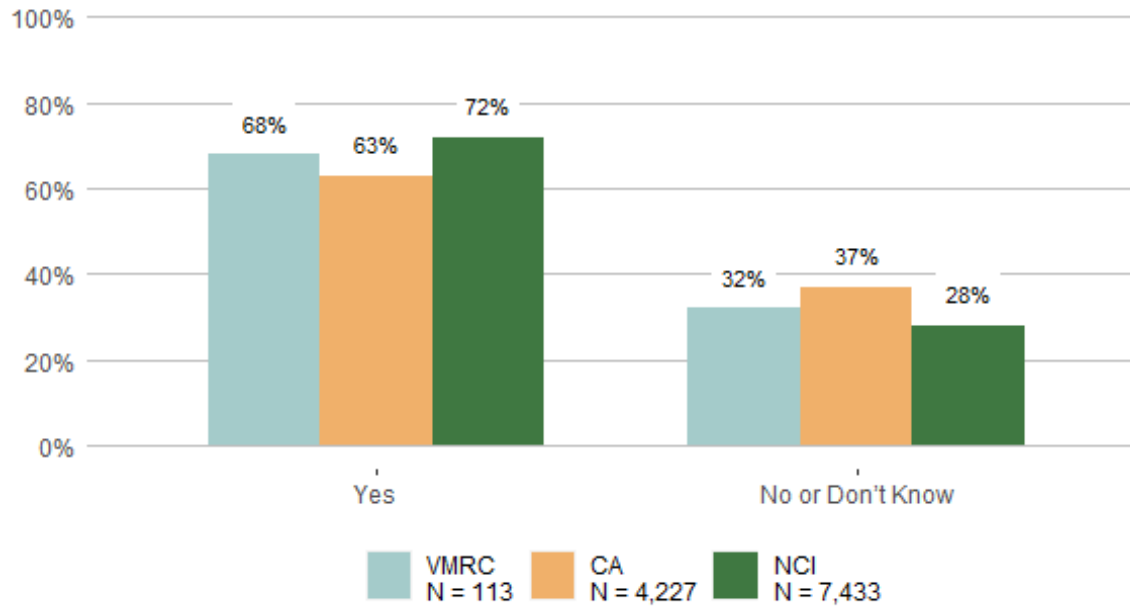


Table 83. Do you know how to report abuse or neglect related to your family member?

| RC v CA v NCI | Yes | No or Don't Know | N |
|---------------|-----|------------------|-------|
| VMRC | 68% | 32% | 113 |
| CA | 63% | 37% | 4,227 |
| NCI | 72% | 28% | 7,433 |

Within the past 12 months, was a report of abuse or neglect filed on behalf of your family member?

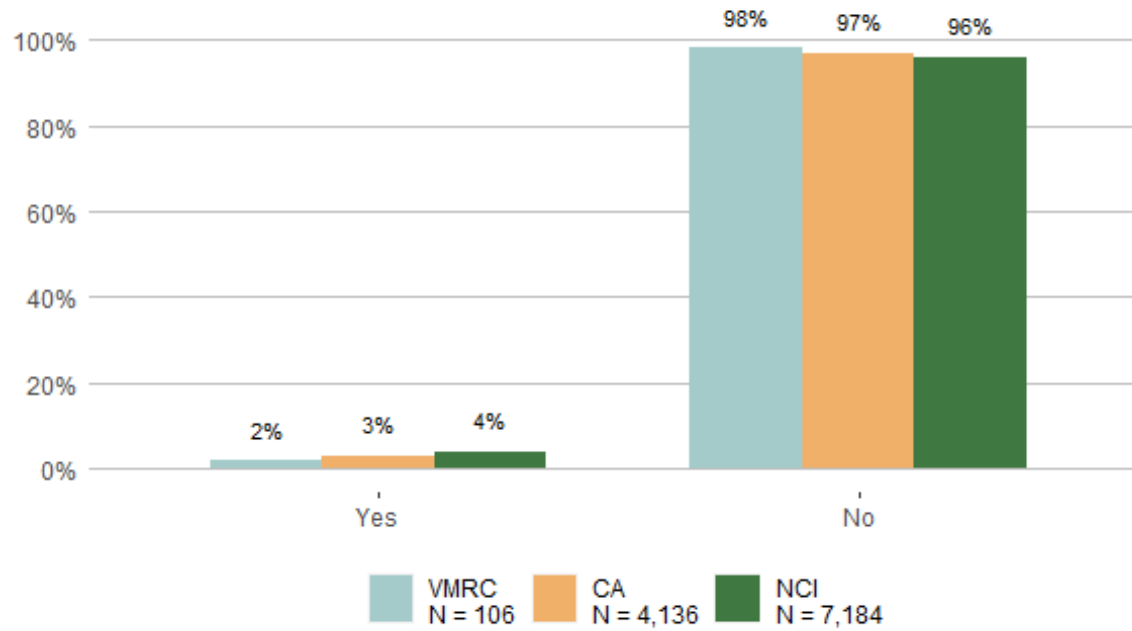


Table 84. Within the past 12 months, was a report of abuse or neglect filed on behalf of your family member?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 2% | 98% | 106 |
| CA | 3% | 97% | 4,136 |
| NCI | 4% | 96% | 7,184 |

If a report of abuse or neglect was filed on behalf of family member, if someone other than you or another family member reported abuse or neglect in the past 12 months, were you notified of the report in a timely manner?

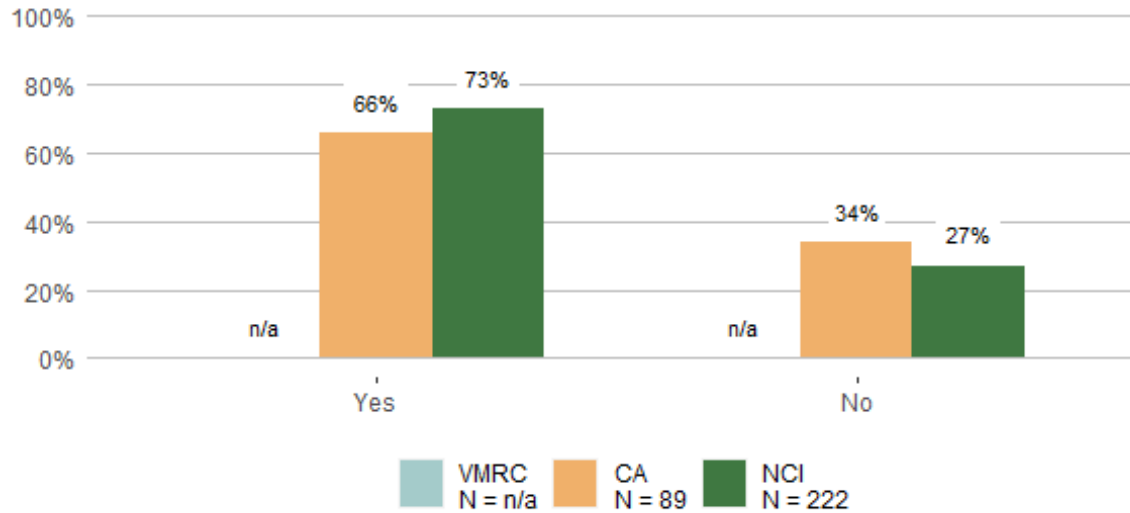


Table 85. If a report of abuse or neglect was filed on behalf of family member, if someone other than you or another family member reported abuse or neglect in the past 12 months, were you notified of the report in a timely manner?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-----|
| VMRC | n/a | n/a | n/a |
| CA | 66% | 34% | 89 |
| NCI | 73% | 27% | 222 |

Family Satisfaction

Services and supports lead to better lives for people with intellectual/developmental disabilities and their families.

Overall, are you satisfied with the services and supports your family member currently receives?

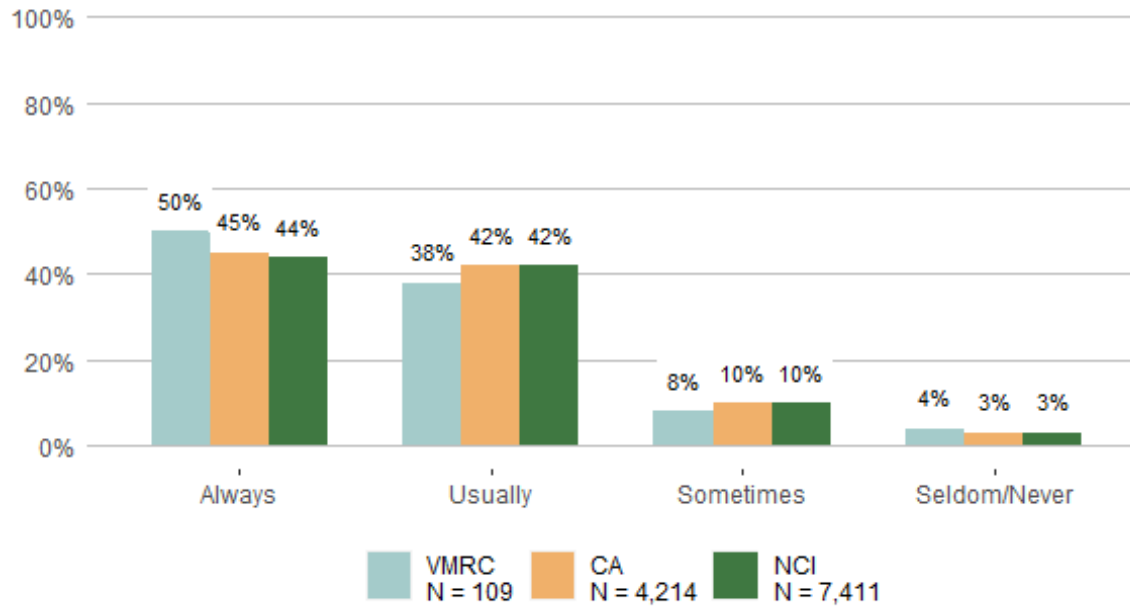


Table 86. Overall, are you satisfied with the services and supports your family member currently receives?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Always | Usually | Sometimes | Seldom/Never | N |
|---------------|--------|---------|-----------|--------------|-------|
| VMRC | 50% | 38% | 8% | 4% | 109 |
| CA | 45% | 42% | 10% | 3% | 4,214 |
| NCI | 44% | 42% | 10% | 3% | 7,411 |

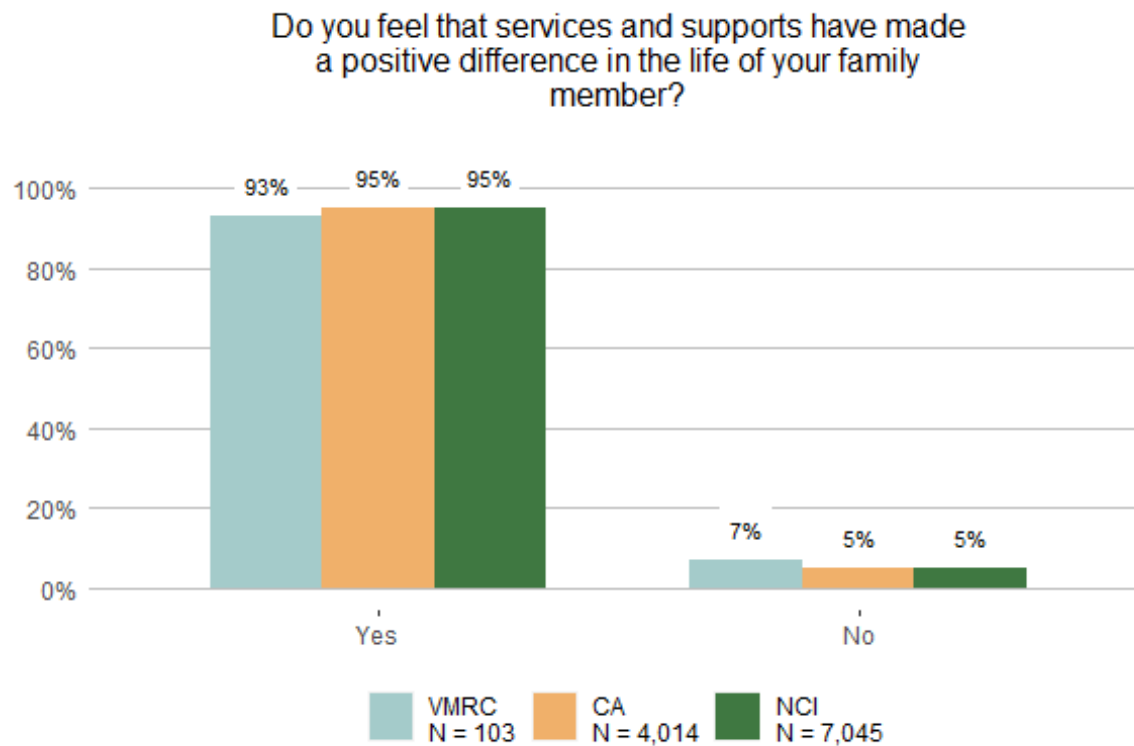


Table 87. Do you feel that services and supports have made a positive difference in the life of your family member?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Yes | No | N |
|---------------|-----|----|-------|
| VMRC | 93% | 7% | 103 |
| CA | 95% | 5% | 4,014 |
| NCI | 95% | 5% | 7,045 |

Have the services or supports that your family member received during the past year been reduced, suspended, or terminated?

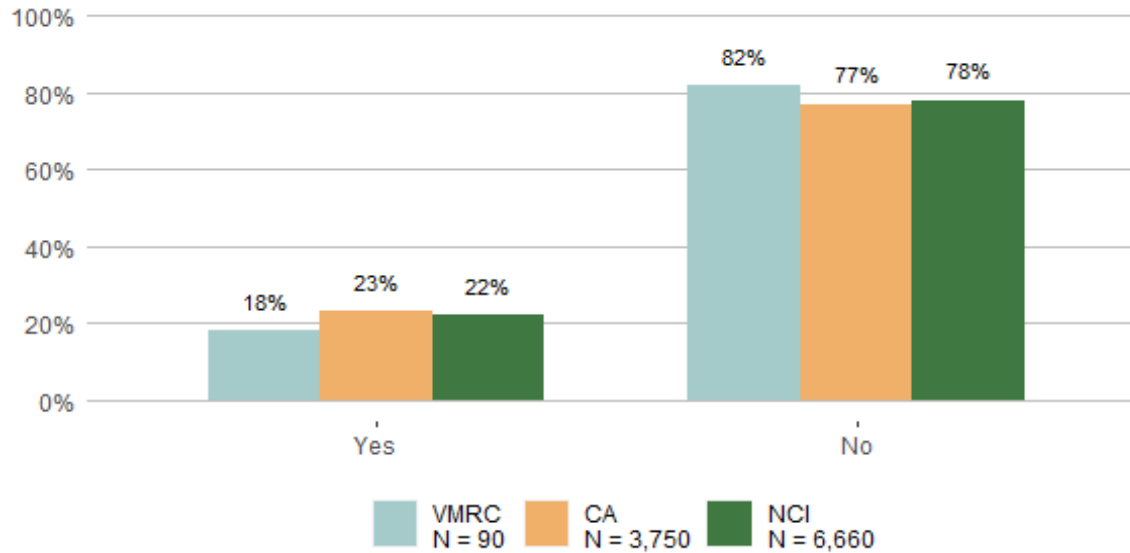


Table 88. Have the services or supports that your family member received during the past year been reduced, suspended, or terminated?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 18% | 82% | 90 |
| CA | 23% | 77% | 3,750 |
| NCI | 22% | 78% | 6,660 |

If services or supports received by the family were reduced, suspended, or terminated during the past year, did the change in services affect your family member negatively?

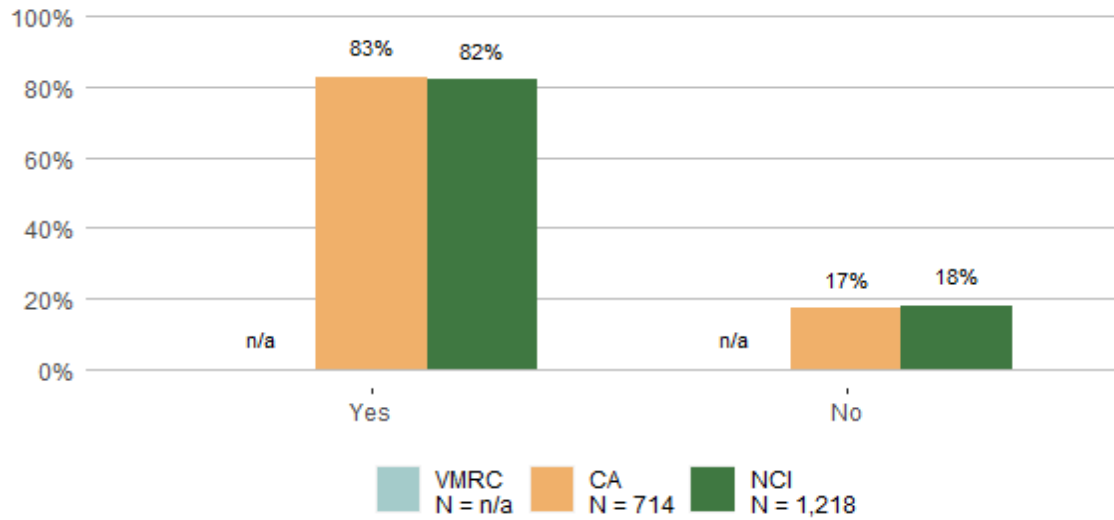


Table 89. If services or supports received by the family were reduced, suspended, or terminated during the past year, did the change in services affect your family member negatively?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | n/a | n/a | n/a |
| CA | 83% | 17% | 714 |
| NCI | 82% | 18% | 1,218 |

Have the services or supports that your family member received been increased in the past year?

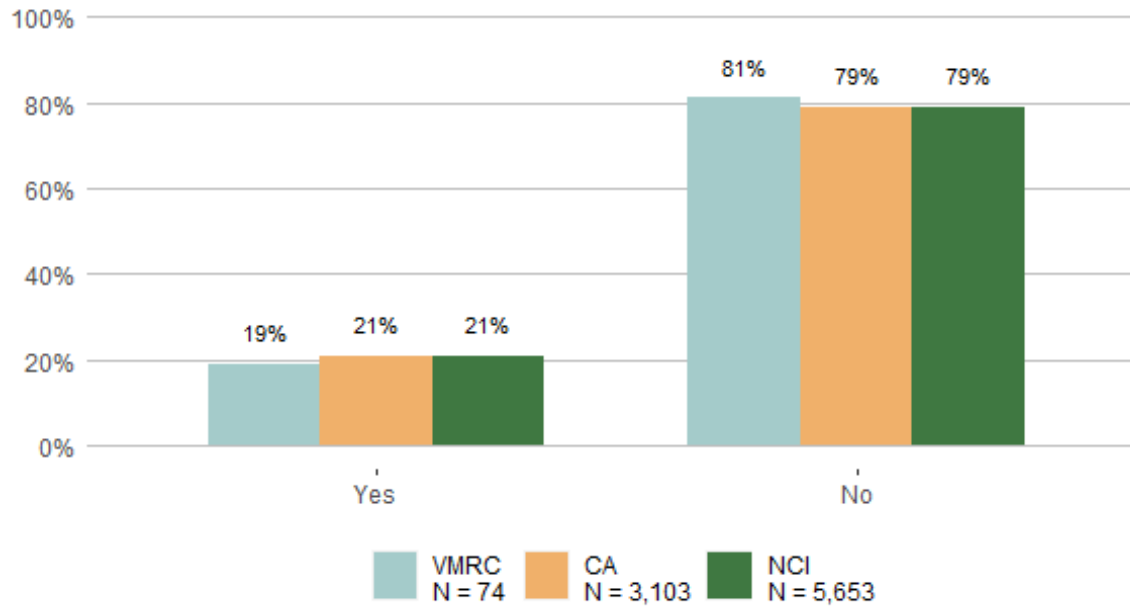


Table 90. Have the services or supports that your family member received been increased in the past year?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 19% | 81% | 74 |
| CA | 21% | 79% | 3,103 |
| NCI | 21% | 79% | 5,653 |

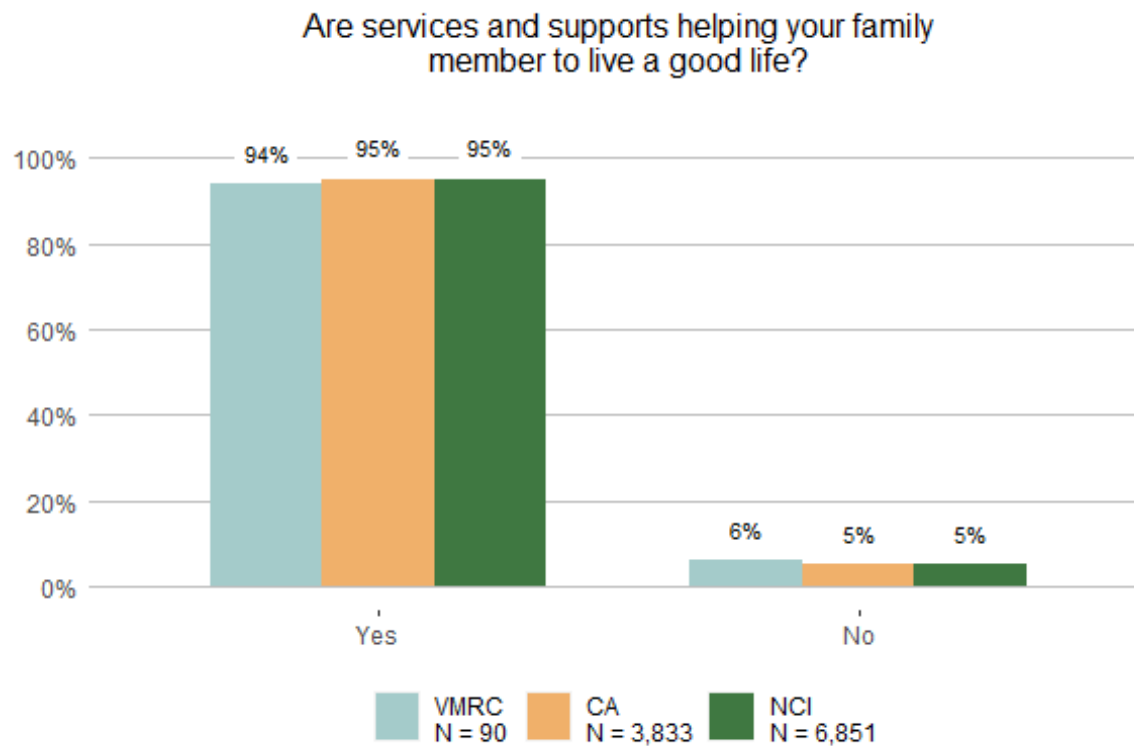


Table 91. Are services and supports helping your family member to live a good life?

Responses to this question might have been impacted by the COVID-19 pandemic.

| RC v CA v NCI | Yes | No | N |
|---------------|-----|----|-------|
| VMRC | 94% | 6% | 90 |
| CA | 95% | 5% | 3,833 |
| NCI | 95% | 5% | 6,851 |

COVID-19 Supplement

The COVID-19 Supplement is intended to support an ongoing understanding of the continuing effects of the pandemic on people's lives and services. Note: the COVID-19 Supplement was state optional, one state chose not to administer the Supplement.

Were your family member's services and supports changed, canceled, or reduced during COVID time?

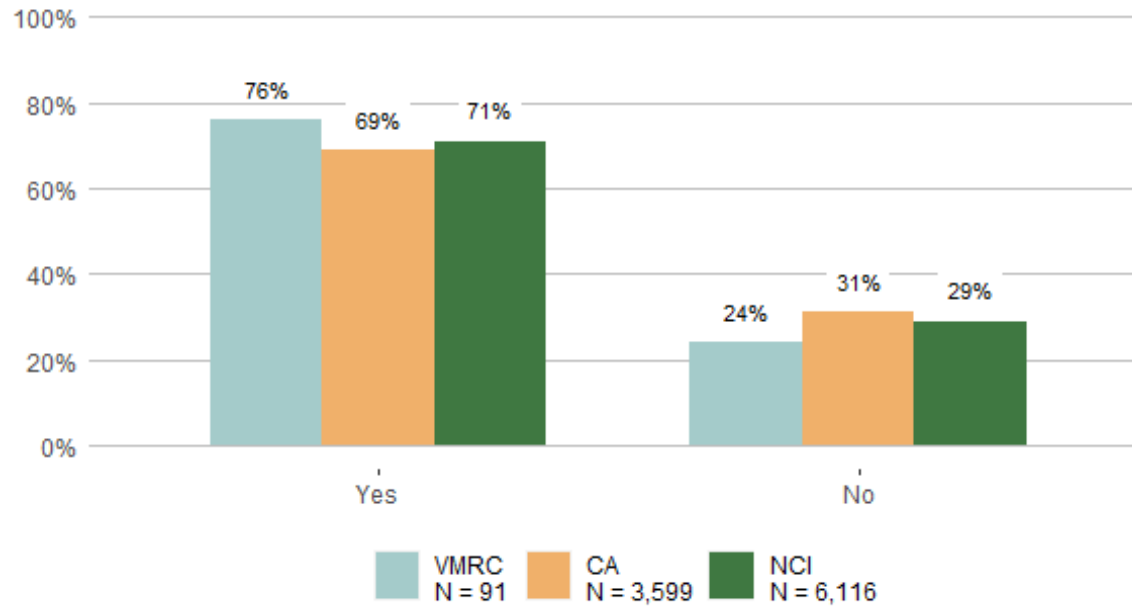


Table 92. Were your family member's services and supports changed, canceled, or reduced during COVID time?

| RC v CA v NCI | Yes | No | N |
|---------------|-----|-----|-------|
| VMRC | 76% | 24% | 91 |
| CA | 69% | 31% | 3,599 |
| NCI | 71% | 29% | 6,116 |

If yes, are those changes still in effect (still part of your family member's life)?

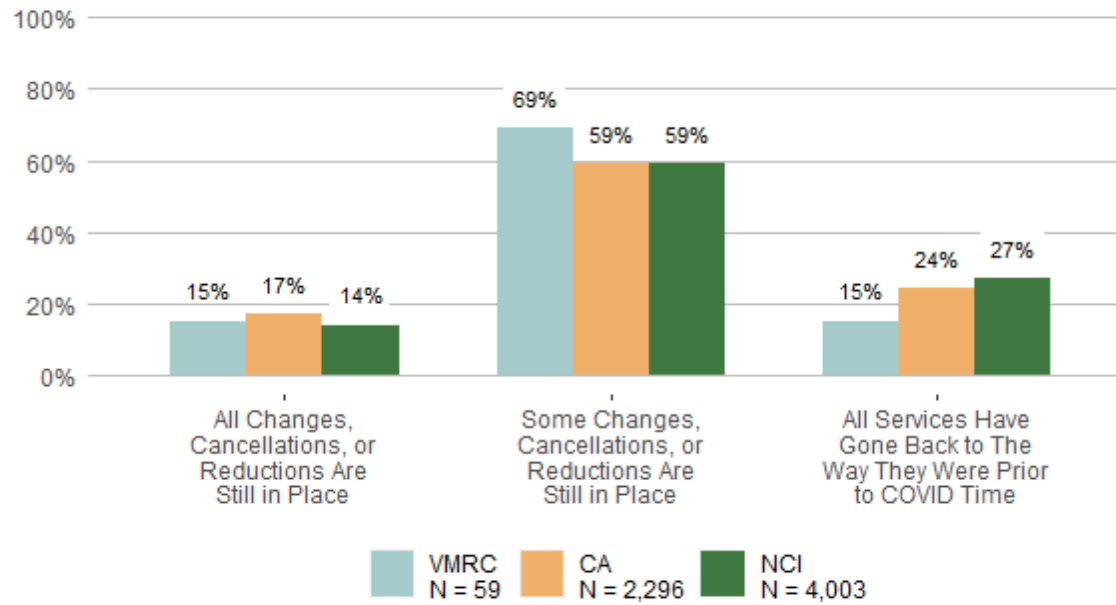


Table 93. If yes, are those changes still in effect (still part of your family member's life)?

| RC v CA v NCI | All Changes, Cancellations, or Reductions Are Still in Place | Some Changes, Cancellations, or Reductions Are Still in Place | All Services Have Gone Back to The Way They Were Prior to COVID Time | N |
|------------------|---|--|--|-------|
| VMRC | 15% | 69% | 15% | 59 |
| CA | 17% | 59% | 24% | 2,296 |
| NCI | 14% | 59% | 27% | 4,003 |

If some or all of your family member's services have reopened or restarted: Did your family get enough information about the services reopening/restarting?

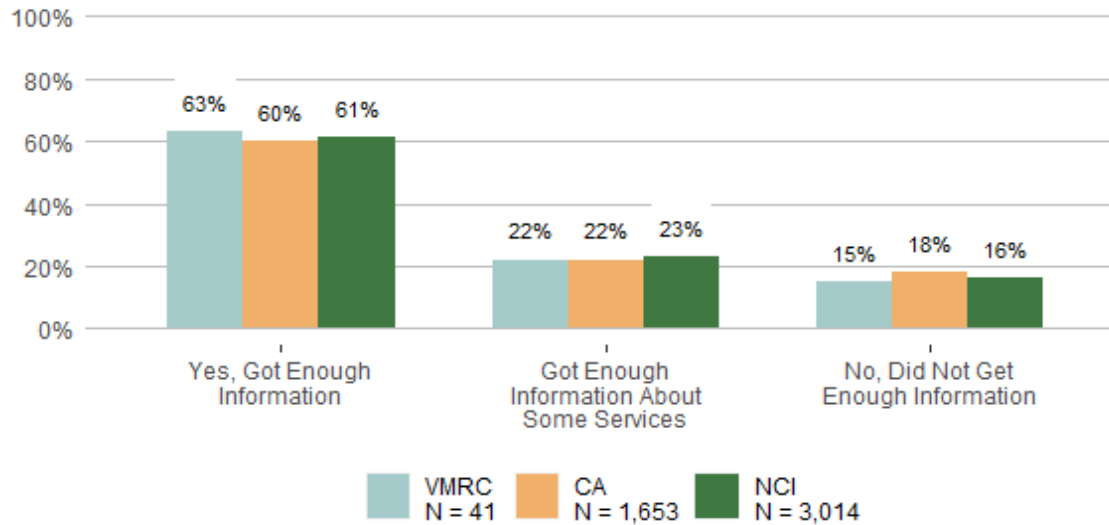


Table 94. If some or all of your family member's services have reopened or restarted: Did your family get enough information about the services reopening/restarting?

| RC v CA v NCI | Yes, Got Enough Information | Got Enough Information About Some Services | No, Did Not Get Enough Information | N |
|---------------|-----------------------------|--|------------------------------------|-------|
| VMRC | 63% | 22% | 15% | 41 |
| CA | 60% | 22% | 18% | 1,653 |
| NCI | 61% | 23% | 16% | 3,014 |

If some or all of your family member's services have reopened or restarted: Do you feel that service providers are following COVID-19 safety precautions?

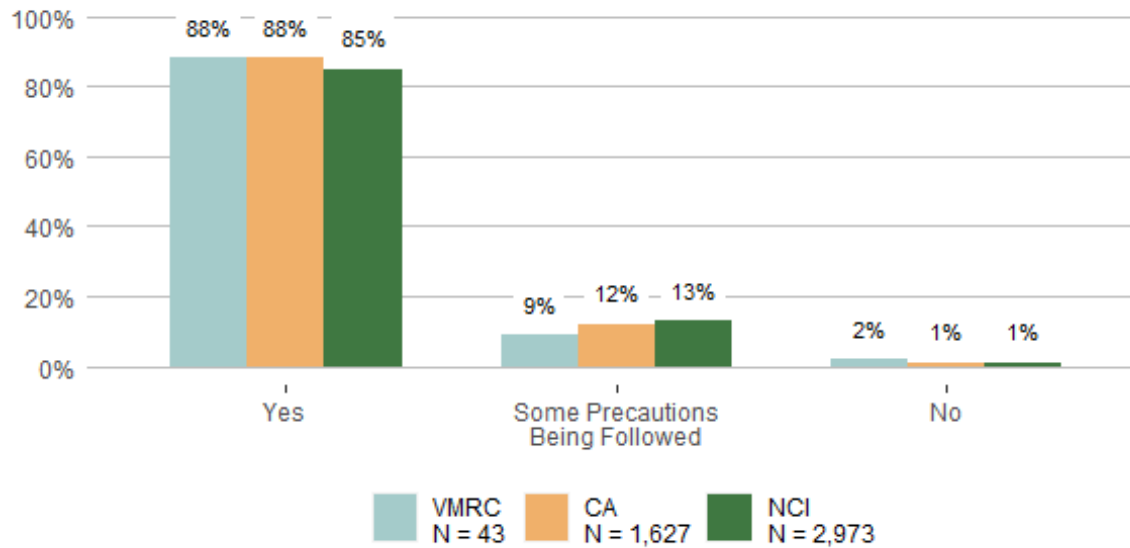


Table 95. If some or all of your family member's services have reopened or restarted: Do you feel that service providers are following COVID-19 safety precautions?

| RC v CA v NCI | Yes | Some Precautions Being Followed | No | N |
|---------------|-----|---------------------------------|----|-------|
| VMRC | 88% | 9% | 2% | 43 |
| CA | 88% | 12% | 1% | 1,627 |
| NCI | 85% | 13% | 1% | 2,973 |

If staff support your family member in your family member's home: Do you feel that the staff follow recommendations to keep the household safe and healthy?

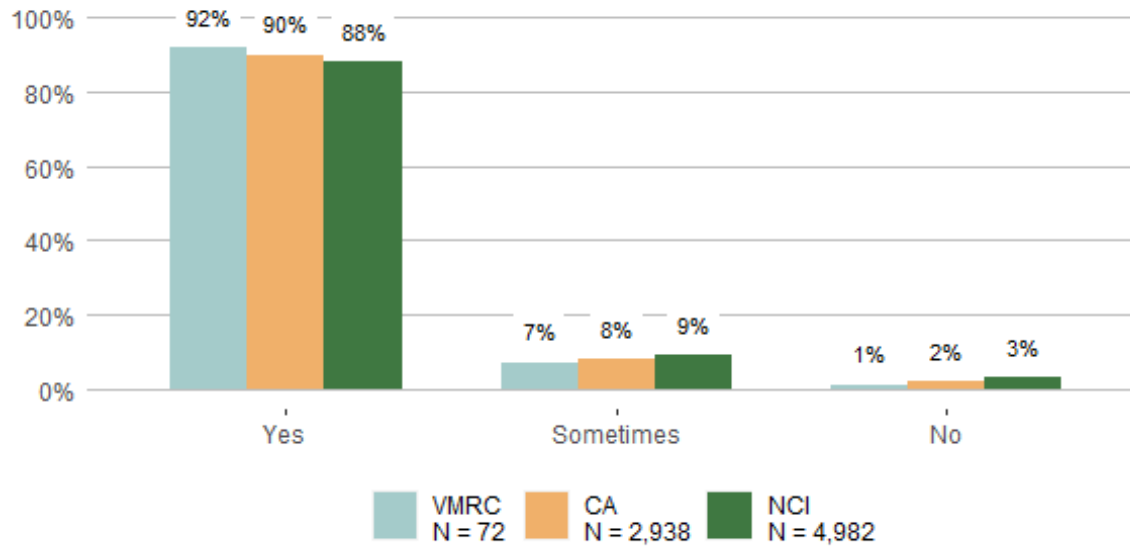


Table 96. If staff support your family member in your family member's home: Do you feel that the staff follow recommendations to keep the household safe and healthy?

| RC v CA v NCI | Yes | Sometimes | No | N |
|---------------|-----|-----------|----|-------|
| VMRC | 92% | 7% | 1% | 72 |
| CA | 90% | 8% | 2% | 2,938 |
| NCI | 88% | 9% | 3% | 4,982 |

In preparation for the future, have you made or updated an emergency plan with your family member's case manager/service coordinator or with other staff?

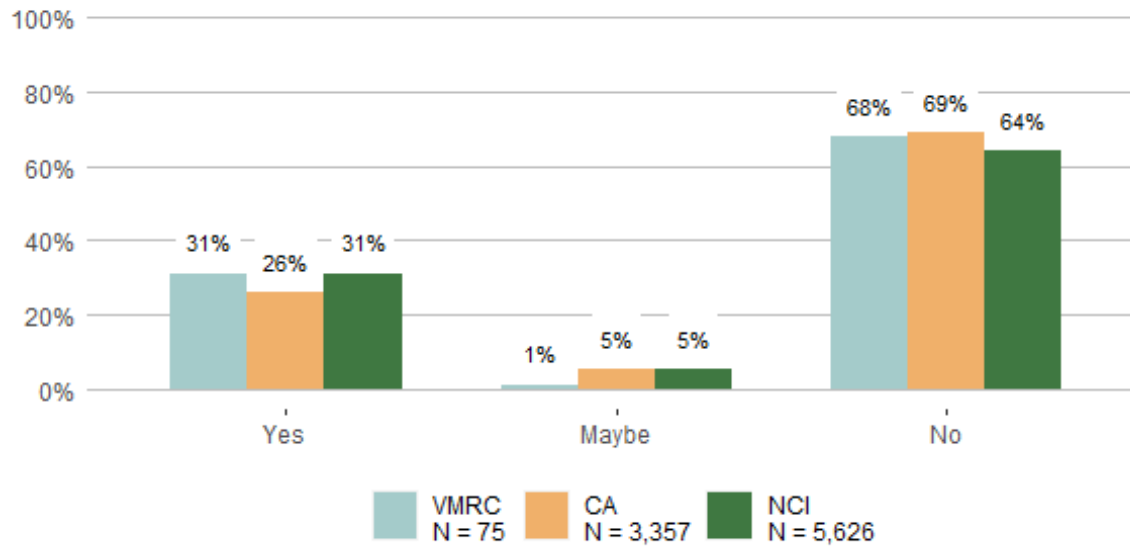


Table 97. In preparation for the future, have you made or updated an emergency plan with your family member's case manager/service coordinator or with other staff?

| RC v CA v NCI | Yes | Maybe | No | N |
|---------------|-----|-------|-----|-------|
| VMRC | 31% | 1% | 68% | 75 |
| CA | 26% | 5% | 69% | 3,357 |
| NCI | 31% | 5% | 64% | 5,626 |

California Specific Questions

Total Out-of-pocket Expenses Related to Family Member's Care in the Past Year

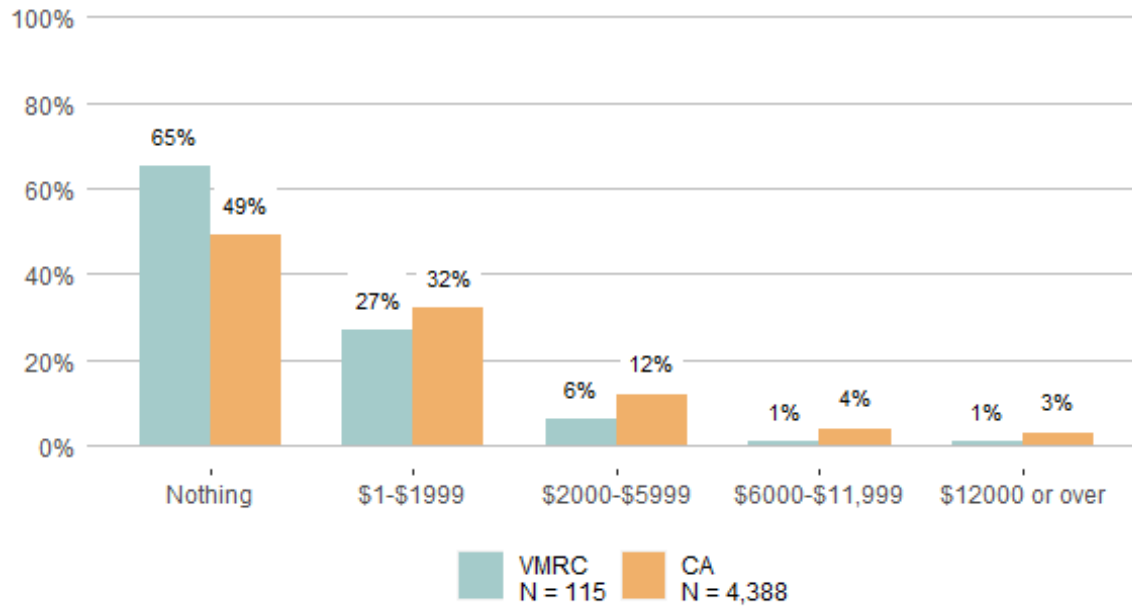


Table 98. Total Out-of-pocket Expenses Related to Family Member's Care in the Past Year

| RC v CA | Nothing | \$1-\$1999 | \$2000-\$5999 | \$6000-\$11,999 | \$12000 or over | N |
|---------|---------|------------|---------------|-----------------|-----------------|-------|
| VMRC | 65% | 27% | 6% | 1% | 1% | 115 |
| CA | 49% | 32% | 12% | 4% | 3% | 4,388 |

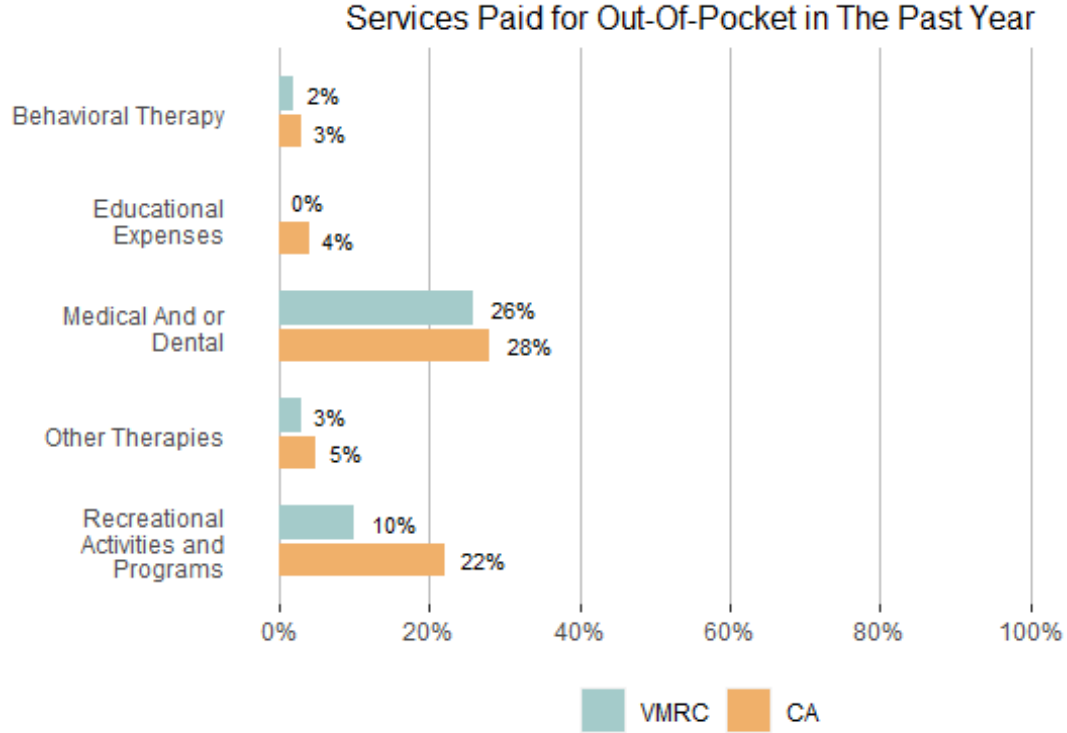


Table 99a. Services Paid for Out-Of-Pocket in The Past Year

Categories are not mutually exclusive; therefore, N is not shown.

| RC v CA | Behavioral Therapy | Educational Expenses | Medical And or Dental | Other Therapies | Recreational Activities and Programs |
|--------------------|-------------------------------|---------------------------------|----------------------------------|----------------------------|---|
| VMRC | 2% | 0% | 26% | 3% | 10% |
| CA | 3% | 4% | 28% | 5% | 22% |

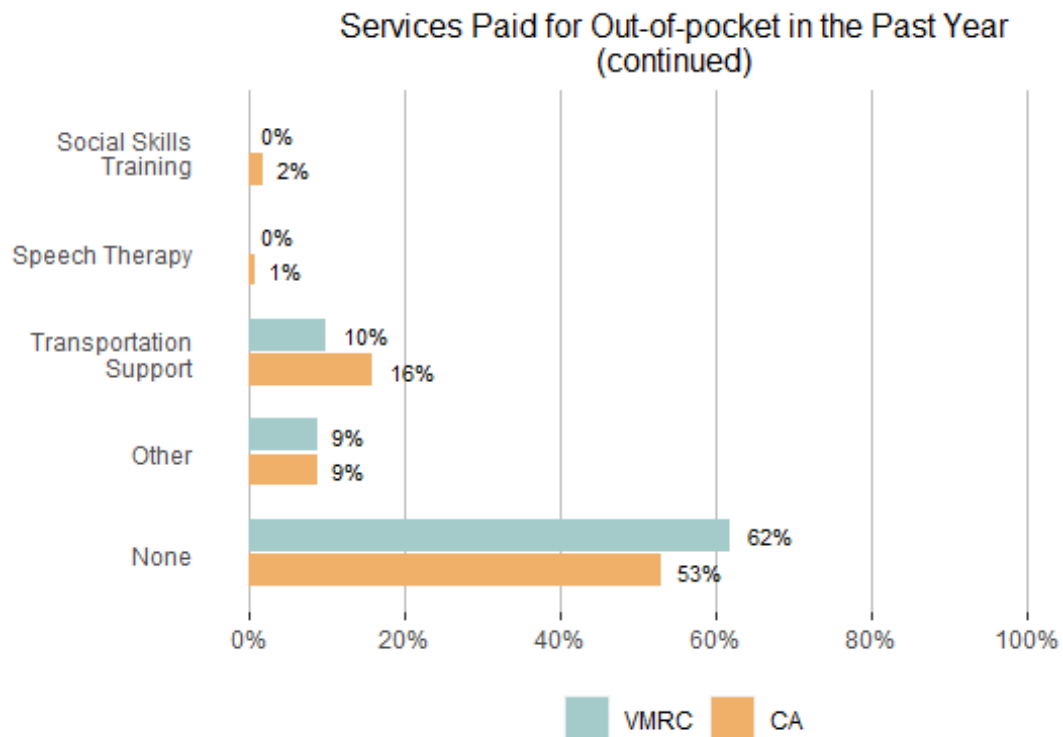


Table 99b. Services Paid for Out-of-pocket in the Past Year

Categories are not mutually exclusive; therefore, N is not shown.

| RC v CA | Social Skills Training | Speech Therapy | Transportation Support | Other | None |
|---------|------------------------|----------------|------------------------|-------|------|
| VMRC | 0% | 0% | 10% | 9% | 62% |
| CA | 2% | 1% | 16% | 9% | 53% |

Does your regional center keep you informed, in your preferred language, about programs or services it offers? (For example, updates about new programs or services they offer)

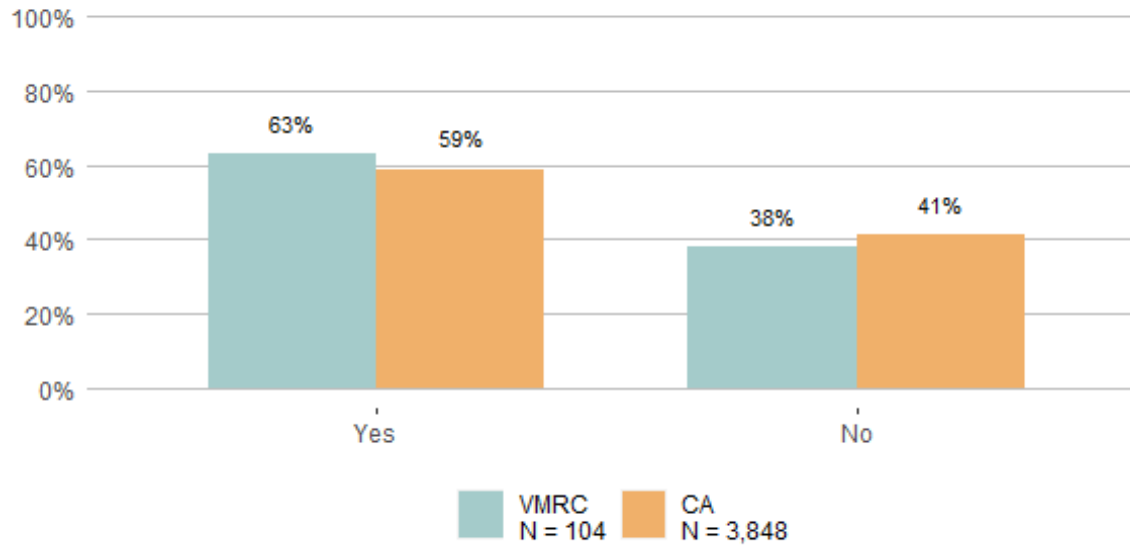


Table 100. Does your regional center keep you informed, in your preferred language, about programs or services it offers? (For example, updates about new programs or services they offer)

| RC v CA | Yes | No | N |
|---------|-----|-----|-------|
| VMRC | 63% | 38% | 104 |
| CA | 59% | 41% | 3,848 |

Did you get a copy of your family member's IPP in your preferred language?

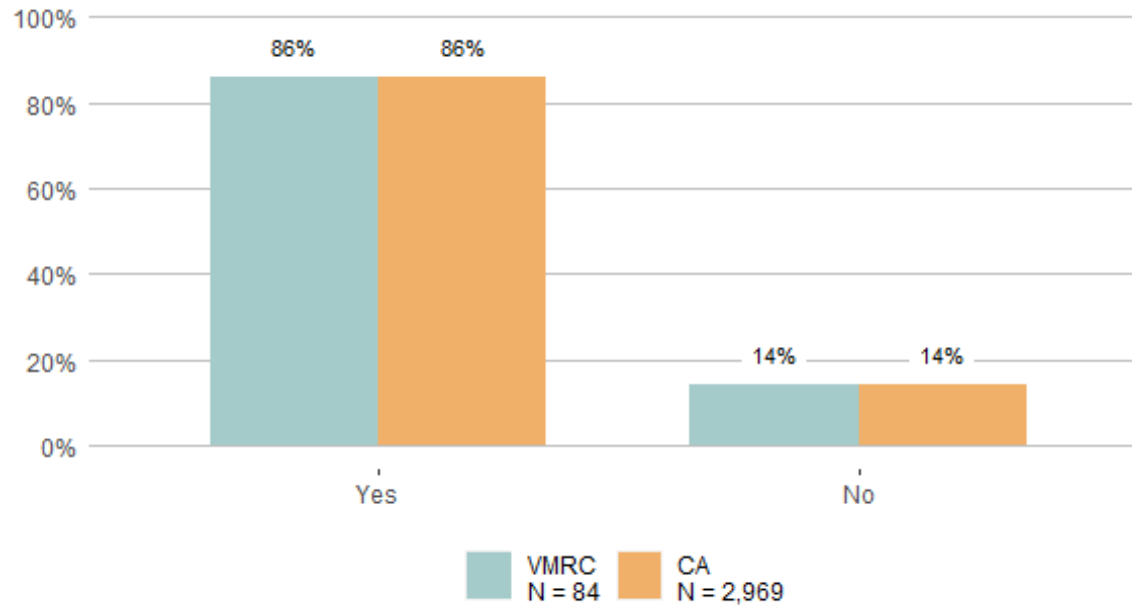


Table 101. Did you get a copy of your family member's IPP in your preferred language?

| RC v CA | Yes | No | N |
|---------|-----|-----|-------|
| VMRC | 86% | 14% | 84 |
| CA | 86% | 14% | 2,969 |

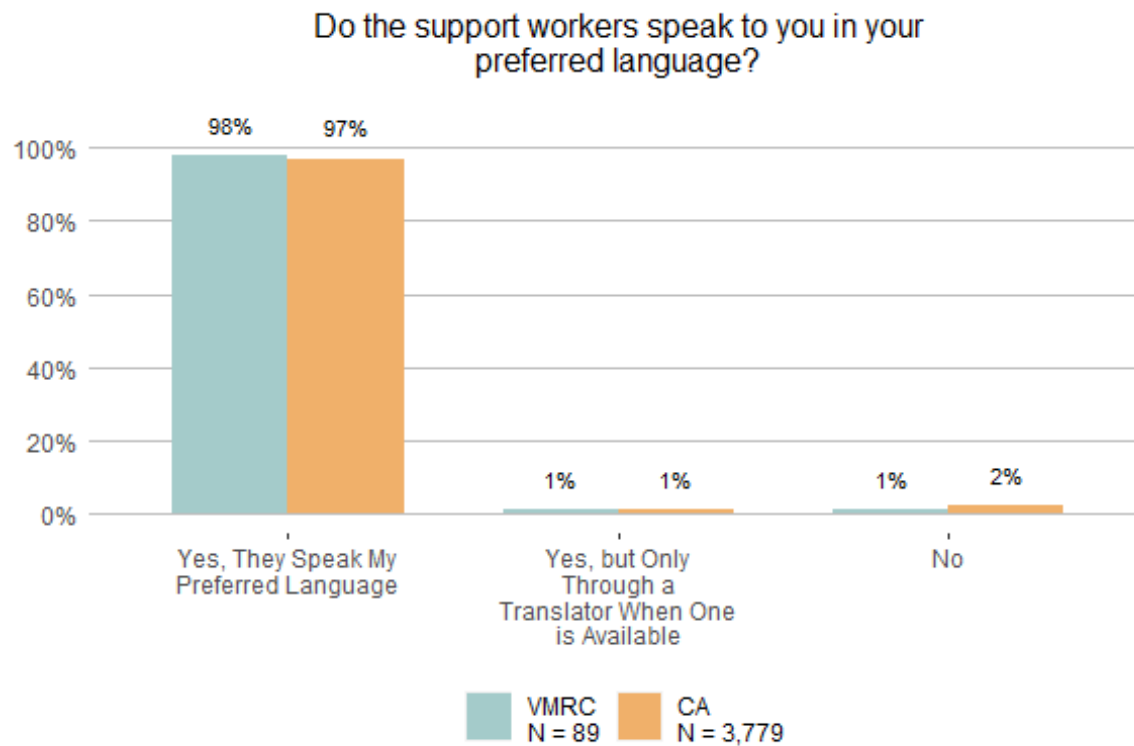


Table 102. Do the support workers speak to you in your preferred language?

| RC v CA | Yes, They Speak My Preferred Language | Yes, but Only Through a Translator When One is Available | No | N |
|------------|--|---|----|-------|
| VMRC | 98% | 1% | 1% | 89 |
| CA | 97% | 1% | 2% | 3,779 |

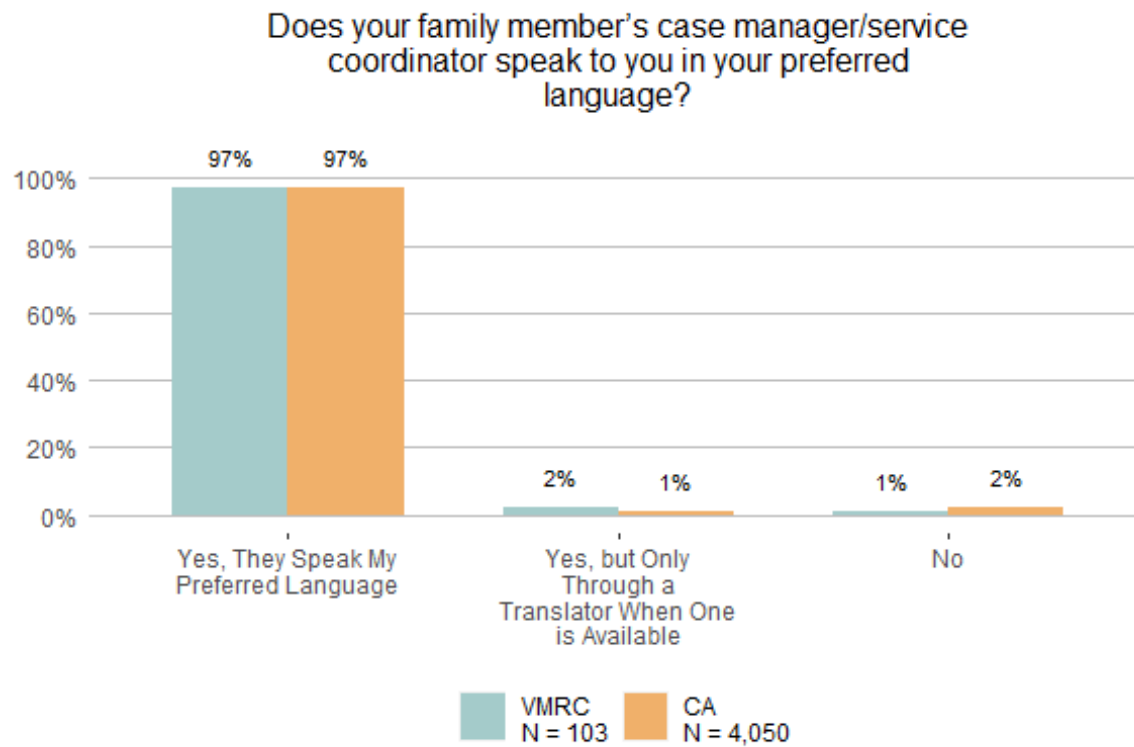


Table 103. Does your family member's case manager/service coordinator speak to you in your preferred language?

| RC v CA | Yes, They Speak My Preferred Language | Yes, but Only Through a Translator When One is Available | No | N |
|------------|--|---|----|-------|
| VMRC | 97% | 2% | 1% | 103 |
| CA | 97% | 1% | 2% | 4,050 |

If your support workers and/or case manager/
service coordinator do not speak to you in your
preferred language is a translator provided when
needed?

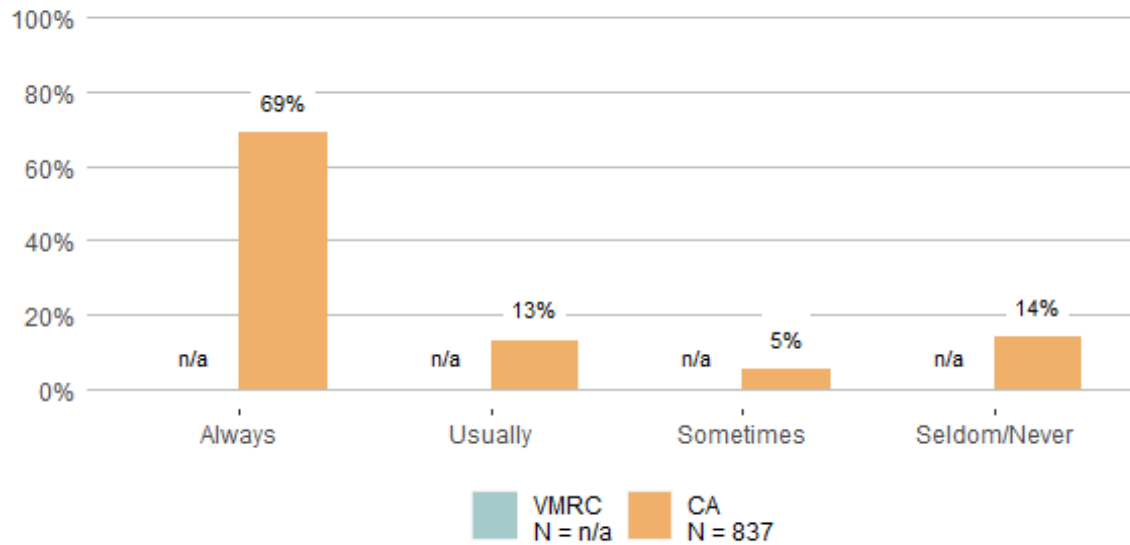


Table 104. If your support workers and/or case manager/service coordinator do not speak to you in your preferred language is a translator provided when needed?

| RC v CA | Always | Usually | Sometimes | Seldom/Never | N |
|---------|--------|---------|-----------|--------------|-----|
| VMRC | n/a | n/a | n/a | n/a | n/a |
| CA | 69% | 13% | 5% | 14% | 837 |

Does your family member's case manager/service coordinator support you in a way that is respectful to your culture?

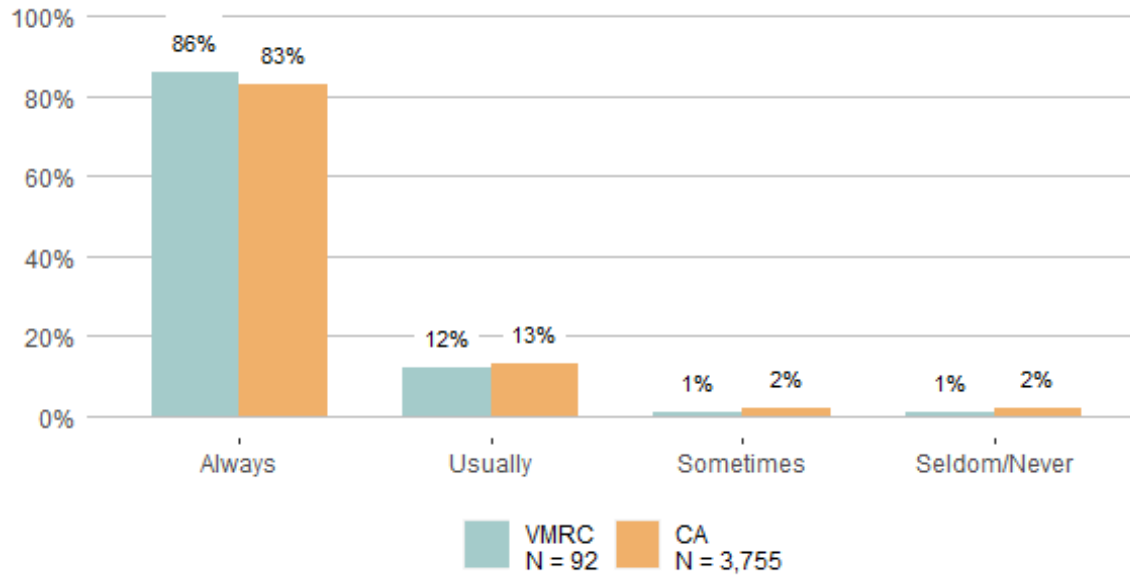


Table 105. Does your family member's case manager/service coordinator support you in a way that is respectful to your culture?

| RC v CA | Always | Usually | Sometimes | Seldom/Never | N |
|---------|--------|---------|-----------|--------------|-------|
| VMRC | 86% | 12% | 1% | 1% | 92 |
| CA | 83% | 13% | 2% | 2% | 3,755 |

Do support workers for your family members provide services in a way that is respectful of your culture?

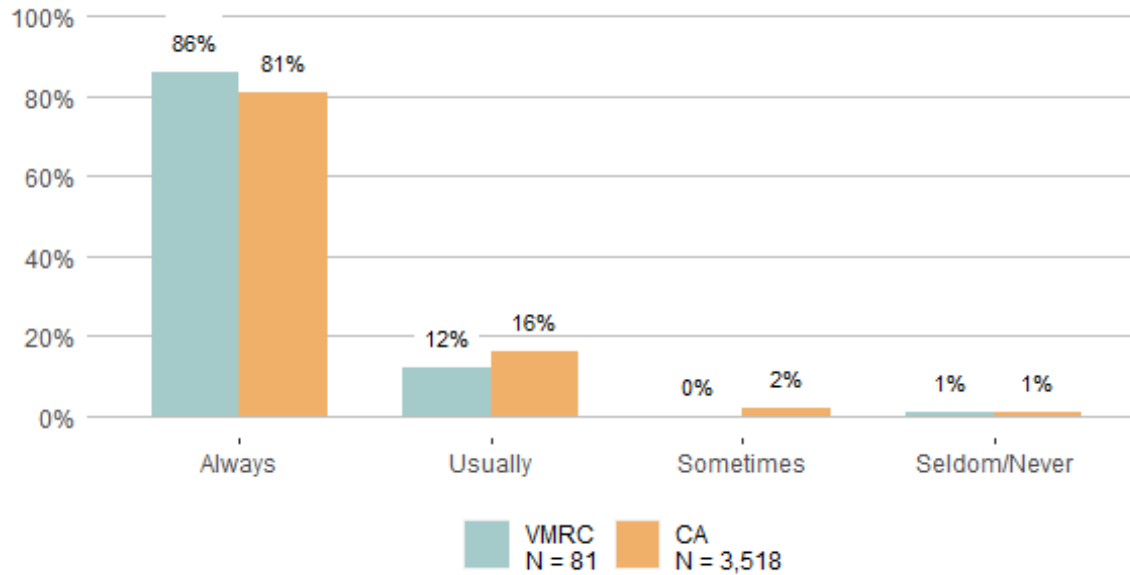


Table 106. Do support workers for your family members provide services in a way that is respectful of your culture?

| RC v CA | Always | Usually | Sometimes | Seldom/Never | N |
|---------|--------|---------|-----------|--------------|-------|
| VMRC | 86% | 12% | 0% | 1% | 81 |
| CA | 81% | 16% | 2% | 1% | 3,518 |

Do you believe your plans for how to handle your family members needs during a natural disaster (such as a wildfire or earthquake) will be effective?

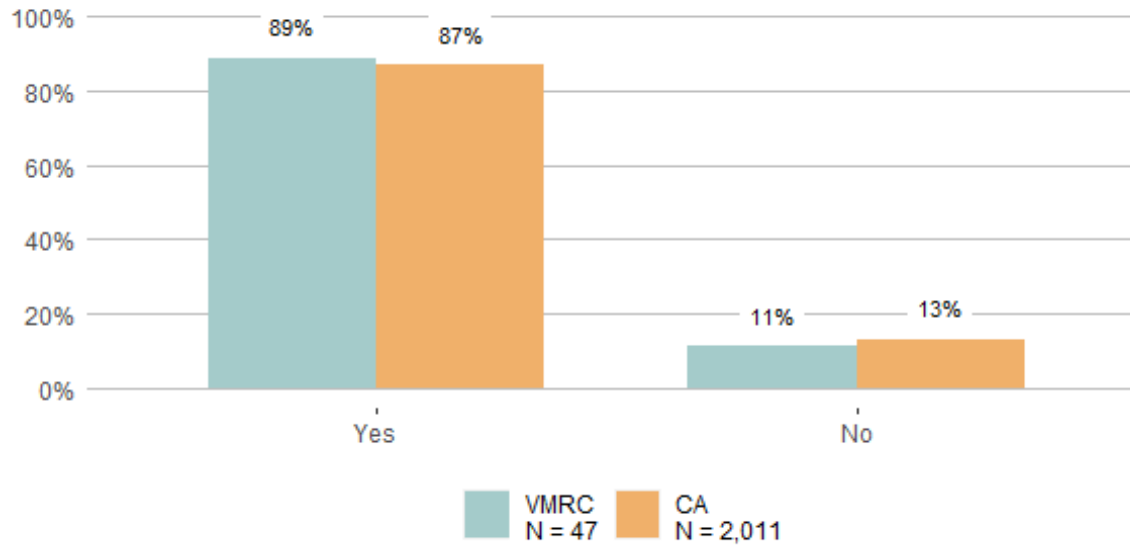


Table 107. Do you believe your plans for how to handle your family members needs during a natural disaster (such as a wildfire or earthquake) will be effective?

| RC v CA | Yes | No | N |
|---------|-----|-----|-------|
| VMRC | 89% | 11% | 47 |
| CA | 87% | 13% | 2,011 |

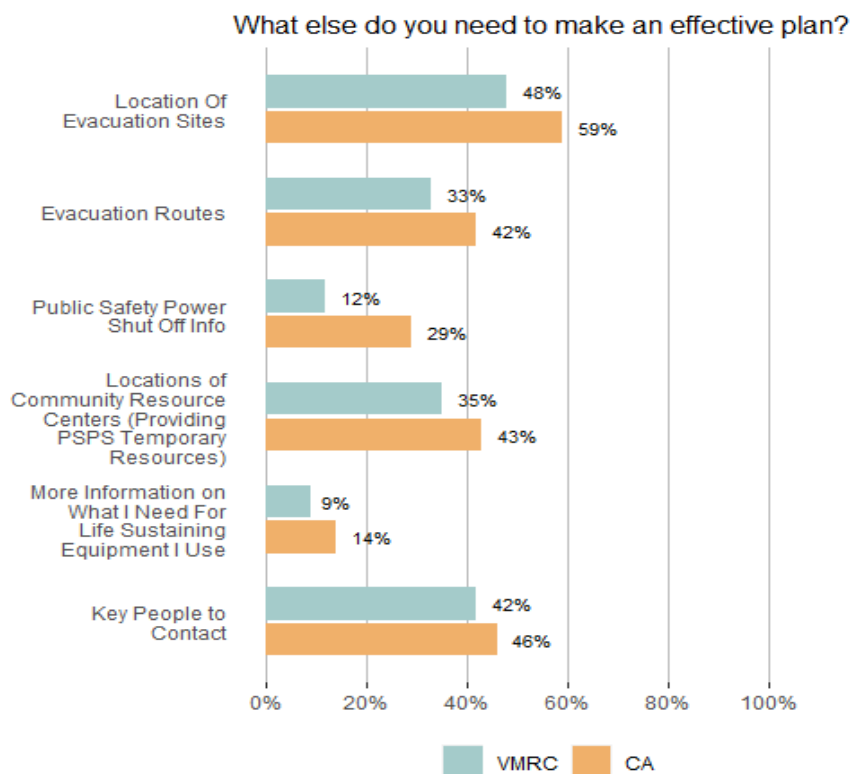


Table 108. What else do you need to make an effective plan?

| RC v CA | Location Of Evacuation Sites | Evacuation Routes | Public Safety Power Shut Off Info | Locations of Community Resource Centers (Providing PSPS Temporary Resources) | More Information on What I Need For Life Sustaining Equipment I Use | Key People to Contact |
|------------|------------------------------------|----------------------|--|---|--|-----------------------------|
| VMRC | 48% | 33% | 12% | 35% | 9% | 42% |
| CA | 59% | 42% | 29% | 43% | 14% | 46% |

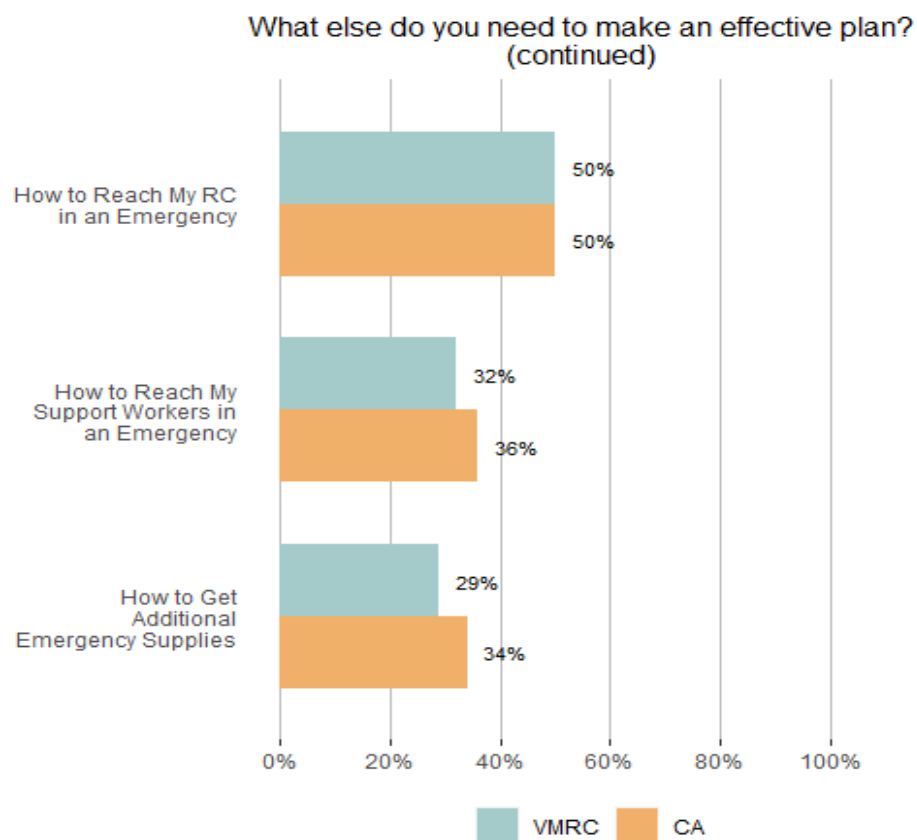


Table 108b. What else do you need to make an effective plan? (continued)

| RC v CA | How to Reach My RC in an Emergency | How to Reach My Support Workers in an Emergency | How to Get Additional Emergency Supplies |
|------------|---------------------------------------|--|---|
| VMRC | 50% | 32% | 29% |
| CA | 50% | 36% | 34% |

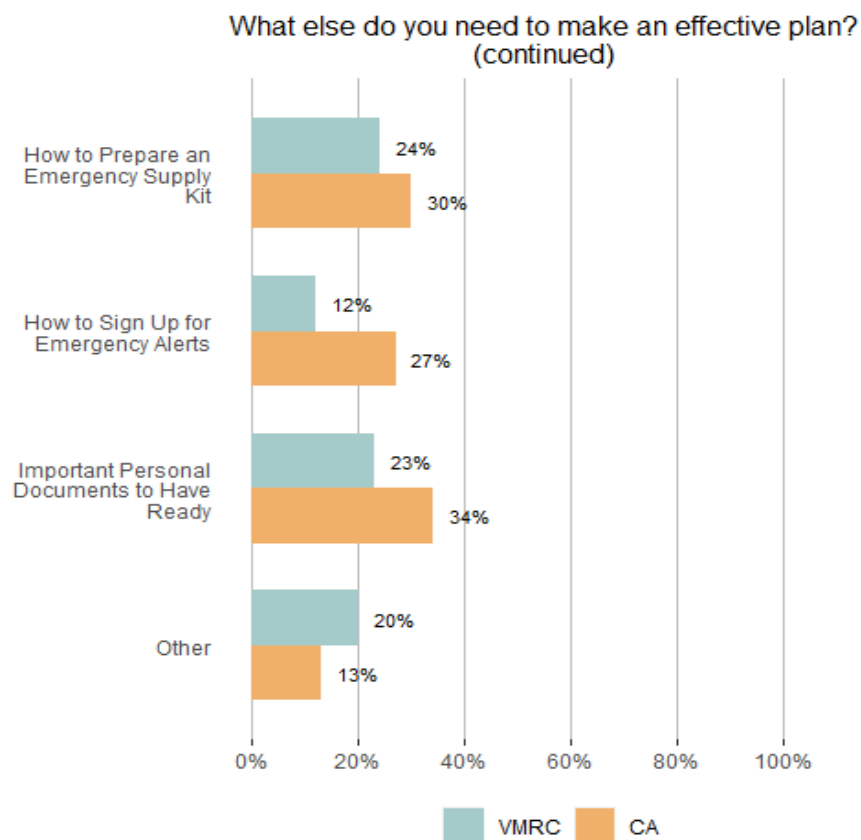


Table 108c. What else do you need to make an effective plan? (continued)

| RC v CA | How to Prepare an Emergency Supply Kit | How to Sign Up for Emergency Alerts | Important Personal Documents to Have Ready | Other |
|------------|---|--|---|-------|
| VMRC | 24% | 12% | 23% | 20% |
| CA | 30% | 27% | 34% | 13% |

Do you know what to do if you disagree with your regional center about services and/or eligibility?
(For example, how to request a Fair Hearing)

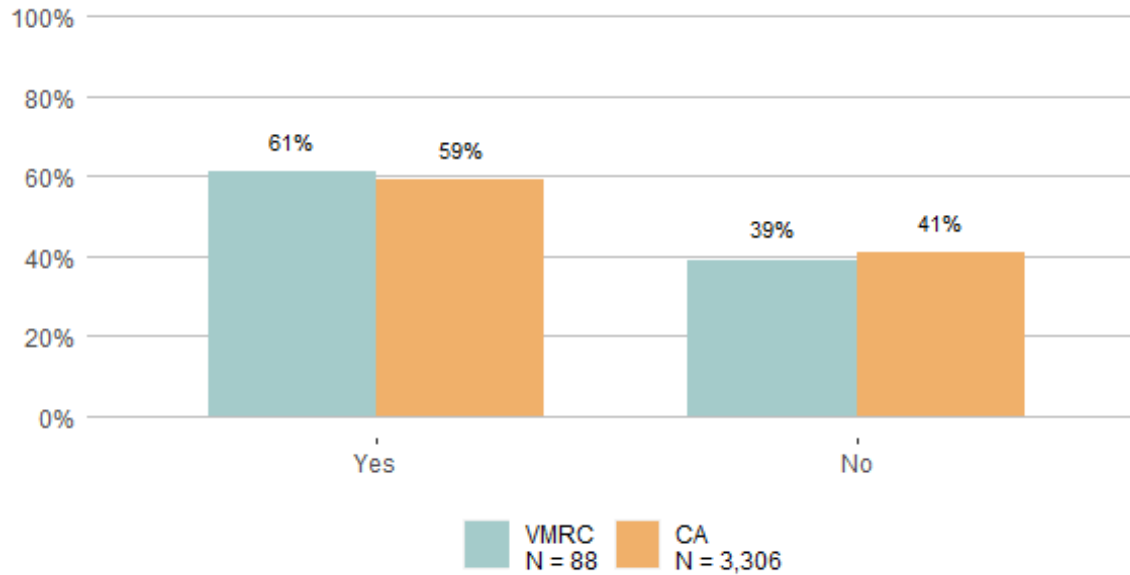


Table 109. Do you know what to do if you disagree with your regional center about services and/or eligibility? (For example, how to request a Fair Hearing)

| RC v CA | Yes | No | N |
|---------|-----|-----|-------|
| VMRC | 61% | 39% | 88 |
| CA | 59% | 41% | 3,306 |