

**Central Valley Regional Center  
Targeted Case Management and  
Nursing Home Reform  
Monitoring Review Report**

**Conducted by:**

**Department of Developmental Services**

**April 29, 2024–May 10, 2024**

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## EXECUTIVE SUMMARY

The Department of Developmental Services (DDS) conducted a federal compliance monitoring review of the Targeted Case Management (TCM) and Nursing Home Reform (NHR) programs from January 1, 2023 to December 31, 2023 at Central Valley Regional Center (CVRC). The monitoring team selected 50 records of individuals served for the TCM review for the review period of January 1, 2023 through December 31, 2023. A sample of 10 records was selected from individuals who had previously been referred to (CVRC) for an NHR assessment.

### Purpose of the Review

Case management services for individuals served at the regional center who have developmental disabilities were added as a medical benefit to the Medi-Cal State Plan in 1986 under Title XIX of the Social Security Act. TCM services are those "...services which will assist individuals in gaining access to needed medical, social, educational, and other services." DDS implemented the TCM program statewide on July 1, 1988.

The NHR Pre-Admission Screening/Resident Review program involves determining whether an individual in a nursing facility with suspected developmental disabilities, has a developmental disability and requires specialized services.

### Overview of the TCM/NHR Compliance Monitoring Protocol

The review criteria for the TCM and NHR programs are derived from federal and state statutes and regulations and the Centers for Medicare & Medicaid Services' guidelines relating to the provision of these services.

### Findings

#### Section I – Targeted Case Management

Fifty records of individuals served, containing 5,652 billed units, were reviewed for three criteria. The sample records were 100 percent in compliance for criterion 1 (TCM service and unit documentation matches the information transmitted to DDS), 99 percent in compliance for criterion 2 (TCM service documentation is consistent with the definition of TCM service), and 100 percent in compliance for criterion 3 (TCM service documentation identifies the individual who wrote the note and the date the note was completed).

#### Section II – Nursing Home Reform

Ten records of individuals served were reviewed for three criteria. The 10 sample records were 100 percent in compliance for all three criteria.

## SECTION I TARGETED CASE MANAGEMENT

### Criterion

1. The Targeted Case Management (TCM) service and unit documentation matches information transmitted to the Department of Developmental Services (DDS).

### Finding

(CVRC) transmitted 5,652 TCM units to DDS for the 50 sample records of individuals served. All of the recorded units matched the number of units reported to DDS.

### Recommendation

None

2. The TCM service documentation billed to DDS is consistent with the definition of TCM service.

Allowable TCM units are based on services which assist individuals served to gain access to needed social, educational, medical or other services and include the following components: 1) assessment and periodic reassessment to determine service needs; 2) development and periodic revision of an individual program plan (IPP) based on the information collected through the assessment or reassessment; 3) monitoring and follow-up activities, including activities and contacts that are necessary to ensure that the IPP is effectively implemented and adequately addresses the needs of the individual; and 4) referral and related activities to help the individual obtain needed services. However, it is important to note that TCM does not include the direct provision of these needed services.

### Findings

The sample of 50 records of individuals served contained 5,652 billed TCM units. Of this total, 5,598 (99 percent) of the units contained descriptions that were consistent with the definition of TCM services.

Recommendation	Regional Center Plan/Response
CVRC should ensure that the time spent on the identified activities that are inconsistent with TCM claimable services (sent separately) is reversed.	CVRC acknowledges that certain entries across multiple samples do not meet the criteria for Targeted Case Management (TCM) billing. As such, the time claimed for these entries will be reversed. Moving forward, CVRC will review all TCM claims to ensure that only eligible activities are included.

3. The TCM documentation identifies the service coordinator recording the notes and each note is dated.

Finding

The TCM documentation in the 50 sample records of individuals served identified the service coordinator who wrote the note and the date the service was completed.

Recommendation

None

## SECTION II NURSING HOME REFORM

### Criterion

1. There is evidence of dispositions for the Department of Developmental Services' (DDS) Nursing Home Reform (NHR) referrals.

### Finding

The 10 sample records of individuals served contained a copy of the Pre-Admission Screening/Resident Review (PAS/RR) Level I form, or NHR automated printout.

### Recommendation

None

2. The disposition is reported to DDS.

### Finding

The 10 sample records of individuals served contained a PAS/RR Level II document or written documentation responding to the Level I referral.

### Recommendation

None

3. The regional center submitted a claim for the referral disposition.

### Finding

The billing information for the 10 sample of individuals served had been entered into the AS 400 computer system and electronically transmitted to DDS.

### Recommendation

None

## SAMPLE OF INDIVIDUALS SERVED

### TCM Review

#	UCI	#	UCI
1	XXXXXX	26	XXXXXX
2	XXXXXX	27	XXXXXX
3	XXXXXX	28	XXXXXX
4	XXXXXX	29	XXXXXX
5	XXXXXX	30	XXXXXX
6	XXXXXX	31	XXXXXX
7	XXXXXX	32	XXXXXX
8	XXXXXX	33	XXXXXX
9	XXXXXX	34	XXXXXX
10	XXXXXX	35	XXXXXX
11	XXXXXX	36	XXXXXX
12	XXXXXX	37	XXXXXX
13	XXXXXX	38	XXXXXX
14	XXXXXX	39	XXXXXX
15	XXXXXX	40	XXXXXX
16	XXXXXX	41	XXXXXX
17	XXXXXX	42	XXXXXX
18	XXXXXX	43	XXXXXX
19	XXXXXX	44	XXXXXX
20	XXXXXX	45	XXXXXX
21	XXXXXX	46	XXXXXX
22	XXXXXX	47	XXXXXX
23	XXXXXX	48	XXXXXX
24	XXXXXX	49	XXXXXX
25	XXXXXX	50	XXXXXX

### NHR Review

#	UCI
1	XXXXXX
3	XXXXXX
4	XXXXXX
5	XXXXXX
6	XXXXXX
7	XXXXXX
8	XXXXXX
9	XXXXXX
Alt-1	XXXXXX
Alt-2	XXXXXX

## ATTACHMENT I

### TCM DISTRIBUTION OF FINDINGS

CRITERION PERFORMANCE INDICATOR Sample Size: 50 Records Billed Units Reviewed: 5,652	# OF OCCURRENCES			% OF OCCURRENCES	
	YES	NO	NA	YES	NO
1. The TCM service and unit documentation matches the information transmitted to DDS.	5,652			100	
2. The TCM service documentation billed to DDS is consistent with the definition of TCM service.	5,598	54		99	1
3. The TCM service documentation is signed and dated by appropriate regional center personnel.	5,652			100	

### NHR DISTRIBUTION OF FINDINGS

CRITERION PERFORMANCE INDICATOR Sample Size: 10 Records	# OF OCCURRENCES			% OF OCCURRENCES	
	YES	NO	NA	YES	NO
1. There is evidence of dispositions for DDS NHR referrals.	10			100	
2. Dispositions are reported to DDS.	10			100	
3. The regional center submits claims for referral dispositions.	10			100	