#### **NCI-IDD In-Person Survey**

#### Harbor Regional Center Report Fiscal Year 2022-23



Prepared by Human Services Research Institute for the
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#### Message from the California Department of Developmental Services

Mission: The Department of Developmental Services (DDS) is committed to providing leadership that results in quality services to the people of California and assures the opportunity for individuals with developmental disabilities to exercise their right to make choices.

The NCI-IDD In-Person Survey (IPS) report was compiled by Human Services Research Institute (HSRI) in accordance with Welfare and Institutions Code (WIC), Section 4571. It is an important effort to collect accurate, reliable, and valid individual and family satisfaction measures, as well as individual outcome data. More information about the California NCI-IDD can be found at http://www.dds.ca.gov/QA/.

This is the sixth administration of the CA In-Person Survey, with data collected from July 2022 through June 2023. During that time, 8,830 face-to-face surveys were completed with adults with intellectual and developmental disabilities receiving at least one service beyond case management from a regional center. The data findings in this report contribute to our understanding of how California's system is performing. California uses these reports to monitor changes in the system and to guide strategic planning and quality improvement activities. Regional centers can use the data in a similar fashion at the local level.

This report does not compare California's data to the data of other states, but it does include the NCI average across participating NCI states. This is because California's DDS service system is unique among states. Some of the things that make California's service system unique include:

- California has longstanding statute that ensures services and supports are provided for eligible persons with intellectual and developmental disabilities.
- 2. California's laws mandate intake, evaluation, and assessment within 120 days.
- 3. California has a broad eligibility definition for receiving services.
- 4. California has mandated services, including case management, with statutory limitations on caseload size.
- 5. California's service obligations to the families needing services are, by law, from pre-conception to death.
- 6. California's regional centers are, by design, autonomous in that each center has a local board of directors to best address the unique needs of each of the 21 regions.
- 7. Consumers or their families can call a team meeting at any time to request a change in service.

Reports like this offer DDS the opportunity to compare the results of the data across the years. System improvements will take time to identify and achieve, but this report provides valuable data and is one more tool in our continuous effort to improve services and supports to individuals with intellectual and developmental disabilities across California.

# Acknowledgements This report would not be possible if not for the 8830 individuals who agreed to offer their time and discuss their lives in order to assist in improving the services of all people with intellectual/ developmental disabilities in California. Additionally, a special mention goes to the families, friends, and staff members who participated in the survey process.

The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey

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# Quality Assessment Project and National Core Indicators®- Intellectual and Developmental Disabilities

This report contains regional center level results from California's statewide National Core Indicators®-Intellectual and Developmental Disabilities (NCI®-IDD) In-Person Survey (IPS) data collection from fiscal year 2022-23 (FY 22/23) in accordance with Welfare and Institutions Code (WIC), Section 4571. WIC, Section 4571 directs the Department of Developmental Services (DDS) to collect accurate, reliable, and valid consumer and family satisfaction measures as well as individual outcome data. In California, data from this project will be used to review and benchmark statewide and regional center developmental disability service system performance. This report shows this regional center compared to the California statewide and NCI-IDD averages. Regional centers can use this report to help guide strategic planning and monitor systemic changes.

## What is National Core Indicators® - Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

#### What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state I/DD (Intellectual / Developmental Disabilities) service system. The survey instrument includes a "Background Information Section", which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

#### Where are the statistics in this report from?

Thirty-three (33) states administered the In-Person Survey (IPS) in 2022-23 collected a valid sample for analysis. Together they contribute 25,424 surveys. Each of the 21 California regional centers collected a valid sample for analysis. Together they contributed 8830 surveys.

The charts in this document, grouped by subdomain, display the regional center results alongside the weighted CA and NCI-IDD averages. The charts are followed by accessible tables containing the same information. Many questions in the IPS allow respondents to answer a question with "middle" response like "maybe", "sometimes" or "in-between". Data in this report are "collapsed" data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The CA and NCI-IDD averages are "weighted" to reflect the regional centers' and states' relative population and sample sizes. We created the weights using the regional centers' and state's number of valid surveys and its total survey-eligible population. This way, a regional center or state that provides services to a larger number of people but uses a sample similar in size to other regional centers or states has a greater influence on the overall state or NCI-IDD average (that is, its contribution is proportional to its service population).

Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the CA Average. Some items collected from the Background Information section were not available in CA records and could not be collected during the survey interview, those outcomes are designated as 'n/a' at the statewide and regional center levels. To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Report: <a href="https://idd.nationalcoreindicators.org/survey-reports-insights/report-library/">https://idd.nationalcoreindicators.org/survey-reports-insights/report-library/</a>.

#### **Results**

In California, the In-Person Survey is administered once every other year and data are collected from all 21 regional centers. The California statewide average is comprised of this data. Please note: the NCI-IDD average (noted as just "NCI-IDD" in the tables) and CA averages (noted as "CA") shown throughout this report are weighted.

Respondents of this survey are adults who have IDD and receive at least one service in addition to case management from the state DD service system. More NCI data findings are available at https://www.dds.ca.gov/rc/nci/.

#### **Presentation of Demographics**

The following section details the demographic profile of individuals included in the 2022-23 In-Person Survey. Tables display demographic results listed alphabetically by regional center, followed by the *weighted* CA and NCI-IDD averages.

Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the CA Average. Some items collected from the Background Information section were not available in CA records and could not be collected during the survey interview. Those outcomes are not included in this report.

Regional centers with fewer than 20 respondents to a question **are not** included in outcome tables; however, their data **are** included in the CA Average.

**Note on NCI Averages:** The NCI-IDD averages and CA averages contained in this report are "weighted" means; their calculations reflect the relative population sizes of participating states and the states' sample sizes. See more about weighting in the Methodology section.

"N" demonstrates the number of valid responses for each question. "N" can vary between questions. The N does not include missing responses, "don't know" responses or "not applicable" responses.

#### Demographics

This section presents descriptive information of individuals surveyed.

For several states included in the NCI-IDD Average, survey items in the Background Information section (including certain items related to Demographics, Health, Medication, and Wellness) had a large amount of missing data or data recorded as "don't know." Detailed information by state can be found in the NCI-IDD National In-Person Survey Report: https://idd.nationalcoreindicators.org/survey-reports-insights/.

The quantity of missing data can be a result of several factors. We do not know whether the data are missing systematically or randomly; for example, are data missing across the board for those in a specific waiver population in a given state? If so, the resulting data are not representative of the entire sample or population. Please note that the NCI-IDD average reflects the average of data that were reported to NCI-IDD and may not be reflective of the service population across the country.

All CA statewide and NCI-IDD averages are weighted. For more information on weighting see the Data Analysis section of this report.

Table 1. Age

Regional Center	Mean age (years)	N
HRC	37.2	525
CA	39.0	8830
NCI-IDD	40.2	25041

Table 2. Age group

Regional Center	18 22	23 34	35 54	55 74	75 and older	Unknown	N
HRC	15%	38%	27%	17%	2%	0%	525
CA	15%	35%	29%	19%	2%	0%	8830
NCI-IDD	9%	37%	32%	19%	2%	1%	25424

**Table 3. Sex** *Refers to individual's sex as assigned at birth* 

Regional Center	Male	Female	Don't know	N
HRC	59%	41%	0%	525
CA	59%	41%	0%	8830
NCI-IDD	60%	40%	0%	25062

#### **Table 4. Marital status**

Information may have been collected in the field

Regional Center	Single, never married	Married	Single, married in the past	Don't know	N
HRC	98%	2%	0%	0%	525
CA	97%	2%	1%	0%	8805
NCI-IDD	93%	1%	2%	4%	24913

#### Table 5. Is this person a parent?

Categories are not mutually exclusive; therefore, N is not shown. At least 25% of CA responses were missing or "Don't Know."

Regional Center	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Yes, parent of a child or children, unknown age(s)	Don't know
HRC	94%	4%	1%	0%	0%
CA	88%	8%	5%	0%	0%
NCI-IDD	96%	2%	2%	0%	14%

#### **Table 6. Race and ethnicity**

Categories are not mutually exclusive; therefore, N is not shown; "Don't know" responses are included in the denominator, which is different from past years. In previous years, this variable was mutually exclusive.

Regional Center	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Don't know
HRC	0%	5%	10%	0%	35%	49%	1%	0%
CA	0%	9%	11%	0%	40%	36%	2%	1%
NCI-IDD	1%	4%	17%	1%	63%	14%	3%	4%

#### **Table 7. Residential designation**

Information based on residential designation defined by the USDA: <a href="https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx">https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx</a>

Regional Center	Metropolitan	Micropolitan	Rural	Small town	N
HRC	99%	1%	0%	0%	521
CA	95%	4%	0%	1%	8800
NCI-IDD	82%	10%	2%	5%	25007

#### Table 8. Type of residence - ICFs/ID, nursing facilities or other specialized institutional settings

Regional Center	ICF/IID, 4 6 residents with disabilities	ICF/IID, 7 15 residents with disabilities	ICF/IID, 16 or more residents with disabilities	Nursing facility	Other specialized institutional facility	N
HRC	8%	1%	0%	1%	1%	523
CA	5%	0%	0%	1%	1%	8811
NCI-IDD	2%	1%	0%	0%	0%	25039

#### Table 9. Type of residence - group residential setting

Regional Center	Group living setting, 2 3 people with disabilities	Group living setting, 4 6 people with disabilities	Group living setting, 7 15 people with disabilities	N
HRC	1%	18%	0%	523
CA	1%	21%	1%	8811
NCI-IDD	8%	18%	5%	25039

**Table 10. Type of residence - Continued** 

Regional Center	Own home or apartment	Parent or relative's home	Foster care or host home (2 or more people with a disability)	Foster care, host home, or shared living (1 person with a disability)	Homeless or crisis bed placement	Other	Don't know	N
HRC	6%	64%	1%	0%	0%	0%	0%	523
CA	13%	56%	1%	0%	0%	0%	0%	8811
NCI-IDD	12%	45%	3%	3%	0%	0%	1%	25039

Table 11. Length of time at current residence (if not homeless or in crisis bed placement)

Regional Center	Less than 1 year	1 3 years	4 5 years	Over 5 years	Don't know	N
HRC	6%	14%	10%	68%	1%	516
CA	8%	13%	9%	69%	0%	8792
NCI-IDD	8%	17%	9%	63%	4%	24657

Table 12. Person's residence owned or controlled by provider agency

Regional Center	Yes	No	Don't know	N
HRC	29%	71%	0%	523
CA	30%	70%	0%	8792
NCI-IDD	36%	62%	2%	22722

Table 13. Person is named on the lease or other legally enforceable rental agreement

At least 25% of CA responses were missing or "Don't Know."

Regional Center	Yes, named on lease or deed	No	Yes, named on other legally enforceable rental agreement	Don't know	N
HRC	2%	89%	0%	10%	63
CA	9%	83%	4%	4%	604
NCI-IDD	17%	56%	7%	20%	15335

#### **Table 14. Has ID diagnosis**

Regional Center	Yes	No	Don't know	N
HRC	78%	22%	0%	524
CA	75%	25%	0%	8829
NCI-IDD	84%	14%	2%	24999

#### Table 15. Level of ID

Regional Center	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
HRC	53%	24%	11%	10%	1%	0%	411
CA	49%	25%	12%	7%	7%	0%	6558
NCI-IDD	39%	30%	11%	7%	13%	0%	20927

#### Table 16. Mood, anxiety, behavior, psychotic, and other mental illness

Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator. At least 25% of CA responses were missing or "Don't Know."

Regional Center	Mood disorder	Anxiety disorder	Behavior challenges	Psychotic disorder	Other mental illness or psychiatric diagnosis
HRC	2%	2%	2%	1%	0%
CA	2%	2%	1%	1%	1%
NCI-IDD	24%	21%	21%	8%	7%

#### Table 17. Diagnoses noted in record

Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator. At least 25% of CA responses were missing or "Don't Know."

Regional Center	Autism spectrum disorder	Cerebral Palsy	Brain injury	Seizure disorder	Chemical dependency
HRC	37%	35%	0%	38%	0%
CA	42%	29%	0%	33%	0%
NCI-IDD	31%	16%	3%	25%	1%

#### Table 18. Diagnoses noted in record (continued)

Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator. At least 25% of CA responses were missing or "Don't Know."

Regional Center	Down syndrome	Prader Willi syndrome	Fetal alcohol syndrome	Limited or no Vision	Severe or profound hearing loss	Other disabilities not listed	No other disabilities other than ID
HRC	2%	0%	0%	13%	13%	1%	0%
CA	2%	0%	0%	13%	9%	0%	0%
NCI-IDD	6%	0%	1%	12%	4%	14%	10%

#### Table 19. Other conditions in record

Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator.

Regional Center	Cardiovascular disease	Diabetes	Cancer	High blood pressure	High cholesterol
HRC	3%	28%	6%	9%	46%
CA	3%	26%	7%	9%	43%
NCI-IDD	8%	17%	3%	26%	24%

#### Table 20. Other conditions in record (continued)

Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator.

Regional Center	Dysphagia	Pressure ulcers	Alzheimer's disease or other dementia	Oral health or dental problems	Sleep apnea
HRC	2%	0%	1%	3%	9%
CA	4%	1%	0%	1%	8%
NCI-IDD	8%	1%	3%	4%	9%

#### Table 21. Other conditions in record (continued)

Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator.

Regional Center	Asthma	Other pulmonary diagnosis	Chronic kidney disease	Long term health problems associated with COVID 19	Other
HRC	26%	5%	3%	2%	5%
CA	26%	4%	2%	0%	4%
NCI-IDD	12%	3%	12%	0%	47%

#### **Table 22. Preferred language**

Information may have been collected in the field

Regional Center	English	Spanish	Chinese (including Mandarin, Cantonese, and Hokkien)	N
HRC	72%	26%	0%	525
CA	77%	20%	1%	8829
NCI-IDD	92%	6%	0%	24851

#### **Table 23. Preferred language (continued)**

Information may have been collected in the field

Regional Center	Tagalog (Including Filipino)	Vietnamese	Korean	Arabic	N
HRC	0%	0%	0%	0%	525
CA	0%	1%	0%	0%	8829
NCI-IDD	0%	0%	0%	0%	24851

#### **Table 24. Preferred language (continued)**

Information may have been collected in the field

Regional Center	Armenian	Farsi	Hmong	Khmer	N
HRC	0%	0%	0%	0%	525
CA	0%	0%	0%	0%	8829
NCI-IDD	0%	0%	0%	0%	24851

#### **Table 25. Preferred language (continued)**

Information may have been collected in the field

Regional Center	Lao	Russian	American Sign Language (ASL)	Other	N
HRC	0%	0%	1%	1%	525
CA	0%	0%	0%	0%	8829
NCI-IDD	0%	0%	0%	1%	24851

#### **Table 26. Preferred means of communication**

Information may have been collected in the field

Regional Center	Spoken	Gestures or body language	Sign language or finger spelling	Communication device	Other	Don't know	N
HRC	79%	19%	1%	0%	1%	0%	521
CA	83%	16%	0%	0%	0%	0%	8792
NCI-IDD	77%	14%	1%	1%	4%	2%	24943

#### **Table 27. Mobility**

Information may have been collected in the field

Regional Center	Moves self around environment without aids	Moves self around environment with aids or uses wheelchair independently	Non ambulatory and always needs assistance to move around environment	Don't know	N
HRC	76%	7%	17%	0%	522
CA	81%	5%	14%	0%	8817
NCI-IDD	77%	12%	10%	1%	24933

Table 28. Support needed to manage self-injurious behavior

Regional Center	None	Some	Extensive	Don't know	N
HRC	75%	21%	4%	0%	512
CA	78%	19%	2%	0%	8799
NCI-IDD	75%	17%	5%	3%	24296

Table 29. Support needed to manage disruptive behavior

Regional Center	None	Some	Extensive	Don't know	N
HRC	45%	22%	33%	0%	512
CA	49%	28%	22%	0%	8801
NCI-IDD	57%	25%	10%	8%	24384

Table 30. Support needed to manage destructive behavior

At least 25% of CA responses were missing or "Don't Know."

Regional Center	None	Some	Don't know	Extensive	N
HRC	79%	14%	2%	5%	63
CA	79%	14%	4%	3%	631
NCI-IDD	68%	17%	10%	5%	16215

Table 31. Level of guardianship/conservatorship

Regional Center	None	Limited guardianship/conservatorship	Has guardian/conservator but unable to distinguish level	Don't know	Full guardianship/conservatorship	N
HRC	64%	36%	0%	1%	0%	525
CA	66%	33%	0%	1%	0%	8829
NCI-IDD	51%	10%	11%	3%	26%	25049

#### Table 32. Guardian's/conservator's relationship to person

At least 25% of CA responses were missing or "Don't Know." The option of "Friend" and "Financial Institution" are valid response options in the national report but not in the CA IPS, and are noted as N/A for each regional center and the CA statewide average.

Regional Center	Family	Friend	Public guardian/conservator or public administrator	Financial institution	N
HRC	75%	n/a	23%	n/a	186
CA	42%	n/a	56%	n/a	2883
NCI-IDD	68%	1%	17%	0%	10976

#### Table 33. Guardian's/conservator's relationship to person (continued)

At least 25% of CA responses were missing or "Don't Know." The option of "Friend" and "Financial Institution" are valid response options in the national report but not in the CA IPS, and are noted as N/A for each regional center and the CA statewide average.

Regional Center	Non profit guardianship/conservatorship agency	For profit guardianship/conservatorship agency	Don't know	Other	N
HRC	1%	n/a	0%	1%	186
CA	0%	n/a	0%	2%	2883
NCI-IDD	1%	0%	9%	3%	10976

#### **Table 34. Funding source**

Categories are not mutually exclusive; therefore, N is not shown. At least 25% of CA responses were missing or "Don't Know."

Regional Center	ICF/IID	Medicaid HCBS waiver funded services	Medicaid state plan funded	LTC exclusively supported by state funds and no Medicaid	LTC exclusively supported by state funds, person has Medicaid for health	Don't know
HRC	19%	10%	10%	5%	50%	16%
CA	20%	7%	8%	10%	15%	44%
NCI-IDD	3%	86%	41%	0%	1%	3%

#### **Table 35. Person receives Medicare**

At least 25% of CA responses were missing or "Don't Know."

Regional Center	Yes	No	Don't know	N
HRC	46%	51%	3%	65
CA	41%	48%	11%	642
NCI-IDD	47%	47%	6%	16661

#### Table 36. Amount of daily support received at home

At least 25% of CA responses were missing or "Don't Know."

Regional Center	24 hour on site support or supervision	Daily on site support	Scheduled less frequent than daily support	As needed visitation and phone contact	None of these options	Don't know	N
HRC	27%	32%	3%	3%	30%	5%	63
CA	33%	16%	8%	3%	35%	4%	612
NCI-IDD	45%	18%	17%	2%	9%	9%	16269

#### **Table 37. Has remote supports**

Remote supports combine technology and direct care to provide supports such as home-based sensors, cameras, and other devices. At least 25% of CA responses were missing or "Don't Know."

Regional Center	No, none	Yes, 24 hour remote supports	Yes, less than 24 hour remote supports	Don't know	N
HRC	83%	13%	0%	5%	63
CA	89%	5%	2%	4%	611
NCI-IDD	80%	3%	2%	15%	15862

#### Table 38. Has ever been diagnosed or presumed diagnosed with COVID-19

At least 25% of CA responses were missing or "Don't Know."

Regional Center	Yes	No	Don't know	N
HRC	30%	39%	31%	525
CA	33%	40%	27%	8829
NCI-IDD	35%	49%	16%	22439

#### Table 39. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID-19)

At least 25% of CA responses were missing or "Don't Know."

Regional Center	Yes	No	Don't know	N
HRC	5%	95%	0%	128
CA	6%	92%	2%	2758
NCI-IDD	9%	89%	2%	7483

Table 40. Has gotten the COVID-19 vaccine

Regional Center	Yes, fully vaccinated and has received at least one booster	Yes, fully vaccinated	Partially vaccinated received one of two doses of Pfizer BioNTech or Moderna	Not vaccinated at all	Don't know	N
HRC	29%	33%	6%	9%	23%	525
CA	29%	46%	5%	9%	12%	8830
NCI-IDD	49%	26%	3%	10%	11%	22410

Community Inclusion and Belonging
Value statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.
The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.

## Gets to go out and do the things likes to do in the community as much as wants to

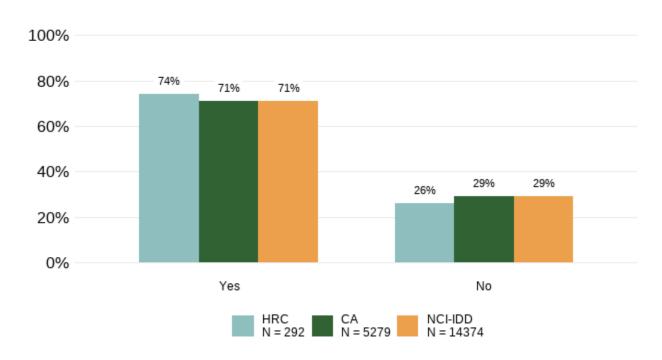


Table 41. Gets to go out and do the things likes to do in the community as much as wants to

Regional Center	Yes	No	N
HRC	74%	26%	292
CA	71%	29%	5279
NCI-IDD	71%	29%	14374

### Does things in the community with the people they want

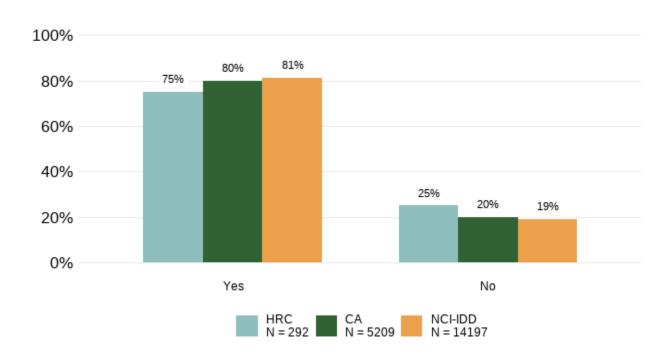


Table 42. Does things in the community with the people they want

Regional Center	Yes	No	N
HRC	75%	25%	292
CA	80%	20%	5209
NCI-IDD	81%	19%	14197

# Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

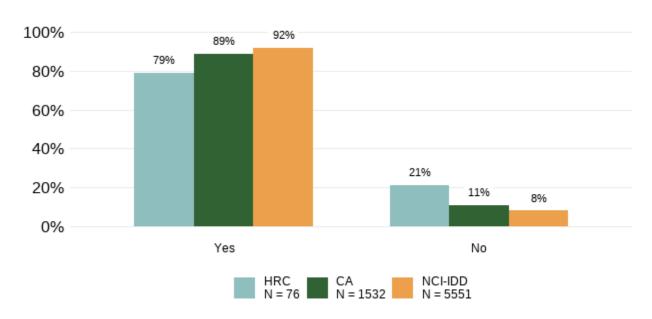


Table 43. Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	79%	21%	76
CA	89%	11%	1532
NCI-IDD	92%	8%	5551

# Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

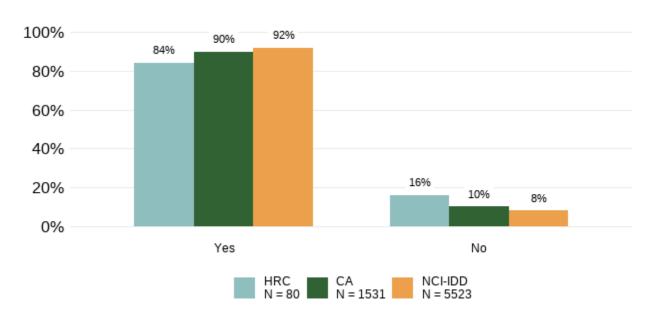


Table 44. Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

Regional Center	Yes	No	N
HRC	84%	16%	80
CA	90%	10%	1531
NCI-IDD	92%	8%	5523

#### Gets help to learn new things

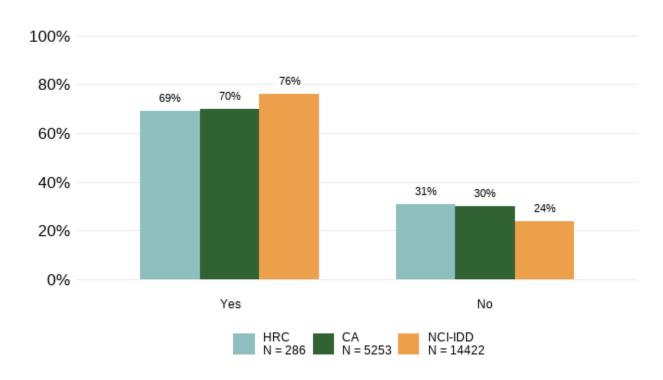


Table 45. Gets help to learn new things

Regional Center	Yes	No	N
HRC	69%	31%	286
CA	70%	30%	5253
NCI-IDD	76%	24%	14422

Choice and Decision Making
Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences.
The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.

### Chose or had some input in choosing where they live if not living in the family home

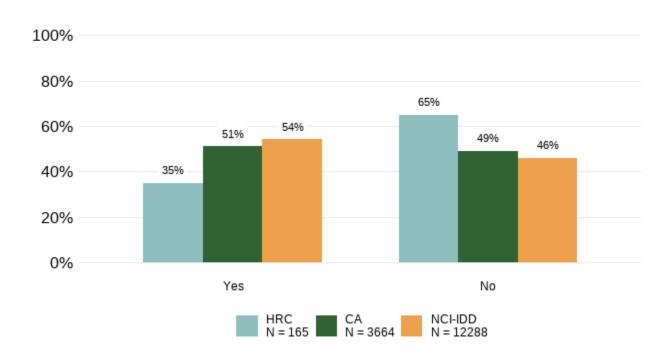


Table 46. Chose or had some input in choosing where they live if not living in the family home

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	35%	65%	165
CA	51%	49%	3664
NCI-IDD	54%	46%	12288

## Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

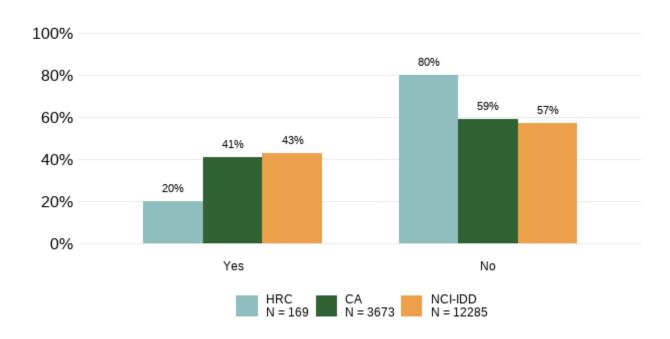


Table 47. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	20%	80%	169
CA	41%	59%	3673
NCI-IDD	43%	57%	12285

#### Decides or has help deciding their daily schedule

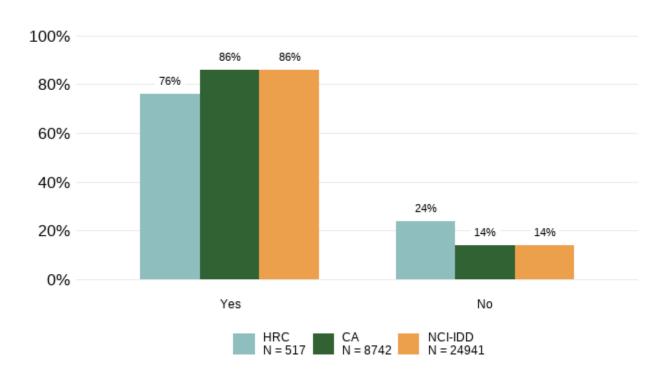


Table 48. Decides or has help deciding their daily schedule

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	76%	24%	517
CA	86%	14%	8742
NCI-IDD	86%	14%	24941

#### Decides or has help deciding how to spend free time

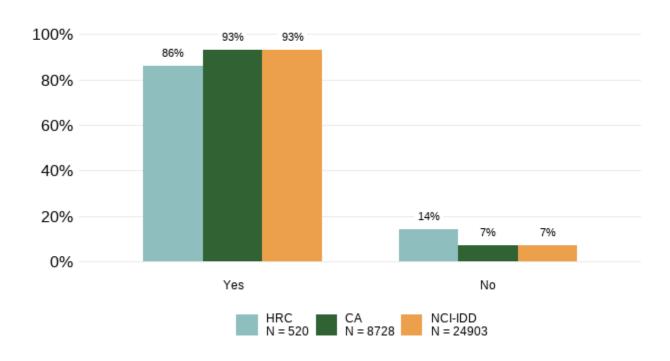


Table 49. Decides or has help deciding how to spend free time

Proxy respondents were allowed for this question; This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.

Regional Center	Yes	No	N
HRC	86%	14%	520
CA	93%	7%	8728
NCI-IDD	93%	7%	24903

#### Has enough choice about what to do in free time

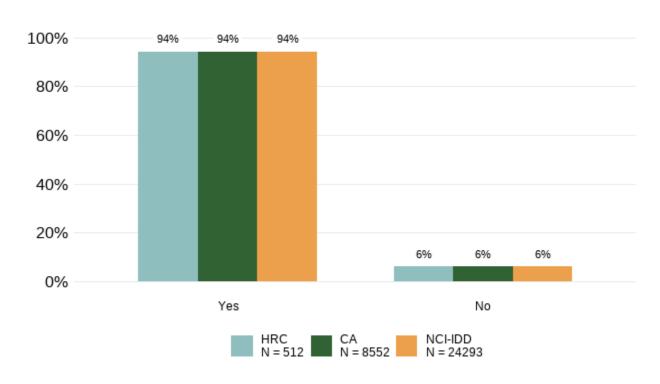


Table 50. Has enough choice about what to do in free time

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	94%	6%	512
CA	94%	6%	8552
NCI-IDD	94%	6%	24293

### Chose or had some help in choosing where they work (among those with a paid community job)

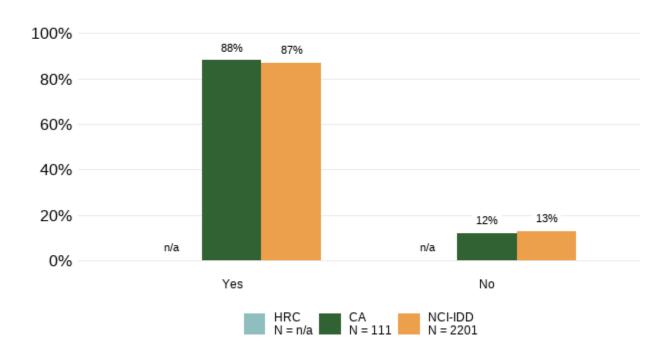


Table 51. Chose or had some help in choosing where they work (among those with a paid community job)

Proxy respondents were allowed for this question; Reported for those determined to have a paid community job based on Background Information section.

Regional Center	Yes	No	N
HRC	n/a	n/a	n/a
CA	86%	14%	111
NCI-IDD	86%	14%	2201

### Chose or had some input in choosing day program or work program

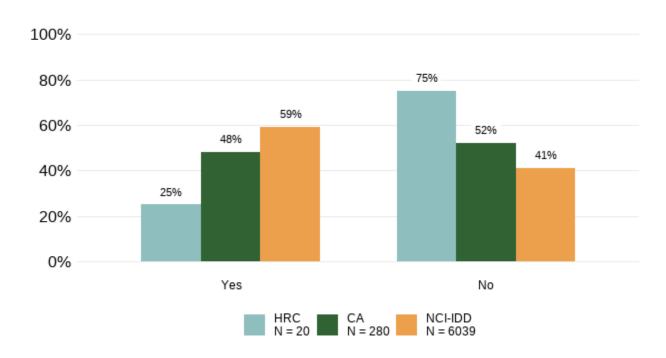


Table 52. Chose or had some input in choosing day program or work program

Proxy respondents were allowed for this question; only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity or paid facility-based activity in the Background Information section

Regional Center	Yes	No	N
HRC	25%	75%	20
CA	48%	52%	280
NCI-IDD	59%	41%	6039

# Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/work program)

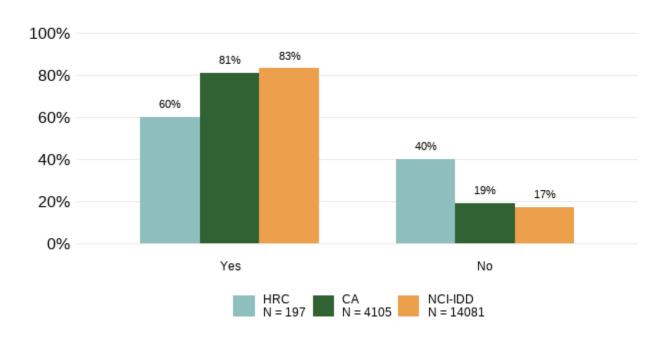


Table 53. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/work program)

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	60%	40%	197
CA	81%	19%	4105
NCI-IDD	83%	17%	14081

# Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

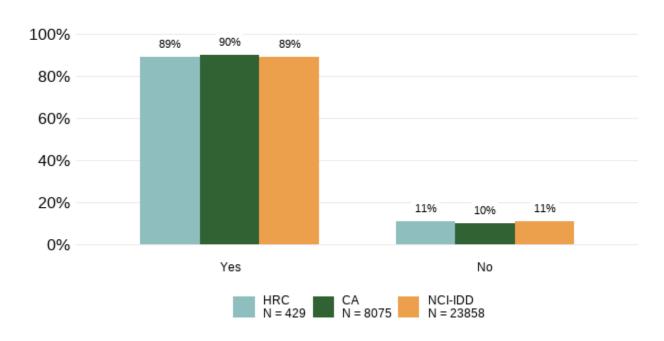


Table 54. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money *Proxy respondents were allowed for this question* 

Regional Center	Yes	No	N
HRC	89%	11%	429
CA	90%	10%	8075
NCI-IDD	89%	11%	23858

### Chose staff or were aware they could request to change staff

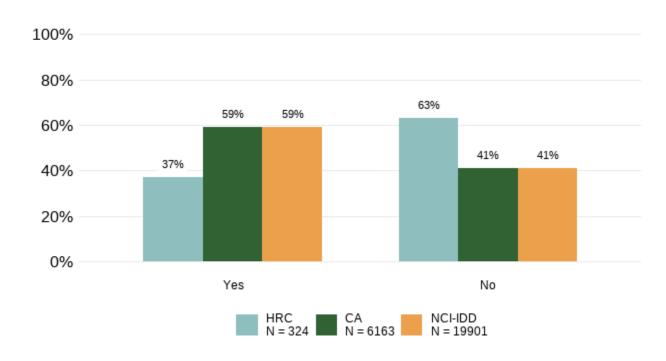


Table 55. Chose staff or were aware they could request to change staff

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	37%	63%	324
CA	59%	41%	6163
NCI-IDD	59%	41%	19901

#### Can change their case manager/service coordinator if wants to

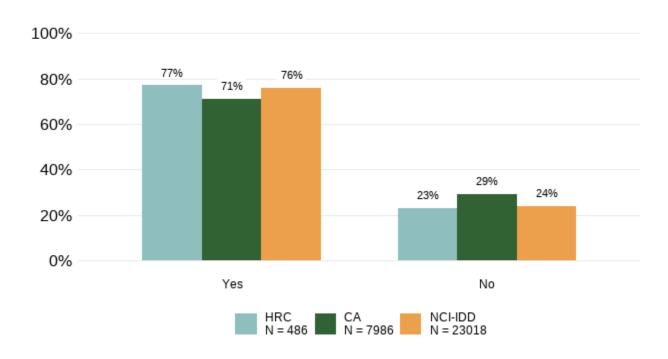


Table 56. Can change their case manager/service coordinator if wants to

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	77%	23%	486
CA	71%	29%	7986
NCI-IDD	76%	24%	23018



### Went out shopping at least once in the past month (Examples: groceries, clothing)

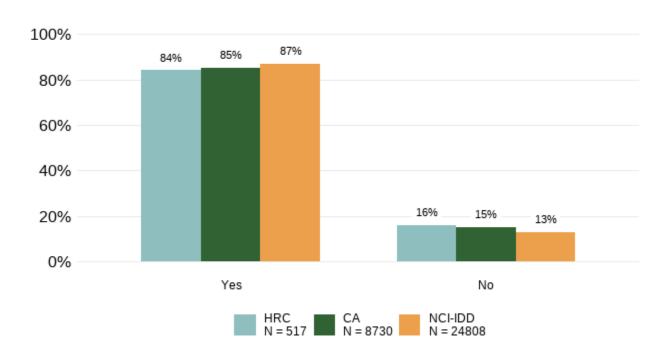


Table 57. Went out shopping at least once in the past month (Examples: groceries, clothing)

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	84%	16%	517
CA	85%	15%	8730
NCI-IDD	87%	13%	24808

#### Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)

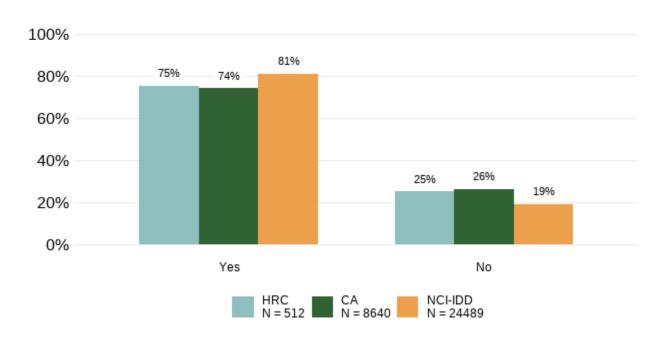


Table 58. Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	75%	25%	512
CA	74%	26%	8640
NCI-IDD	81%	19%	24489

# Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)

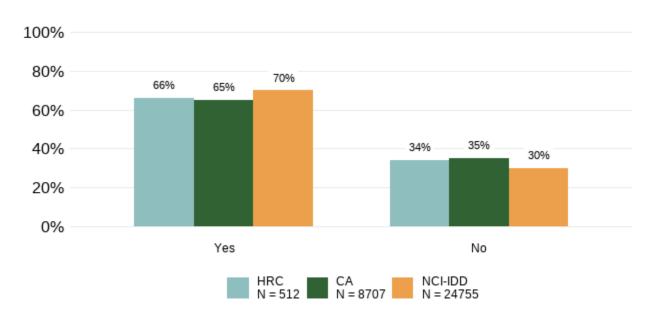


Table 59. Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	66%	34%	512
CA	65%	35%	8707
NCI-IDD	70%	30%	24755
NCI-IDD	70%	30%	24

### Went out to a restaurant or coffee shop at least once in the past month

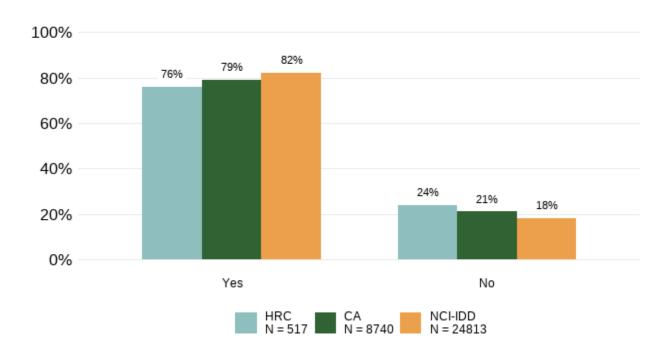


Table 60. Went out to a restaurant or coffee shop at least once in the past month

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	76%	24%	517
CA	79%	21%	8740
NCI-IDD	82%	18%	24813

# Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)

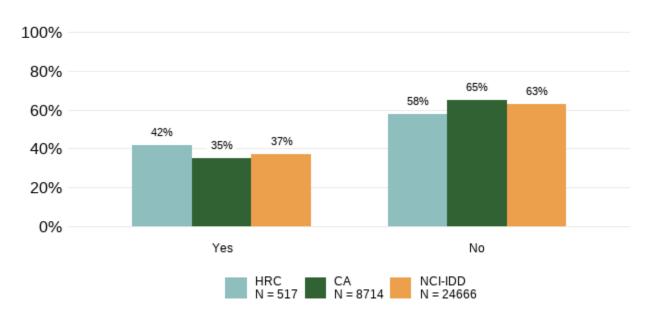


Table 61. Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	42%	58%	517
CA	35%	65%	8714
NCI-IDD	37%	63%	24666

### Takes part in groups, organizations or communities (in-person or virtually)

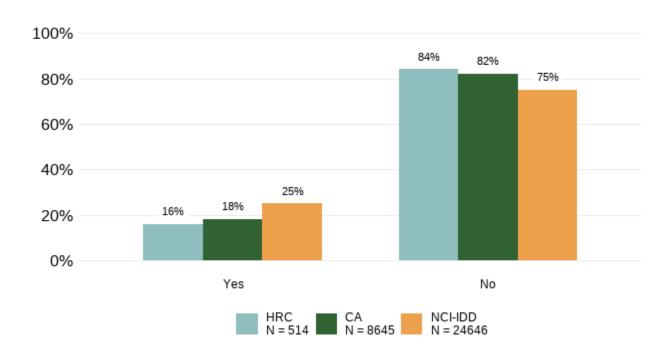


Table 62. Takes part in groups, organizations or communities (in-person or virtually)

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	16%	84%	514
CA	18%	82%	8645
NCI-IDD	25%	75%	24646

### The groups, organizations or communities takes part in include people without disabilities

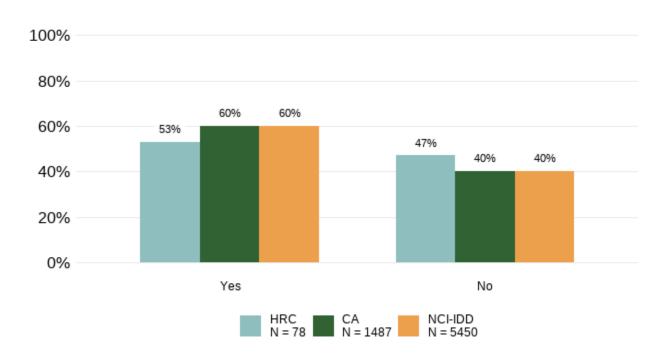


Table 63. The groups, organizations or communities takes part in include people without disabilities Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	53%	47%	78
CA	60%	40%	1487
NCI-IDD	60%	40%	5450



#### Has friends who are not staff or family members

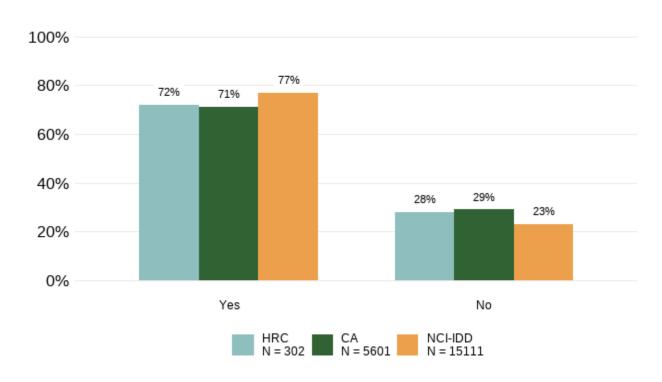


Table 64. Has friends who are not staff or family members

Regional Center	Yes	No	N
HRC	72%	28%	302
CA	71%	29%	5601
NCI-IDD	77%	23%	15111

#### Has best friend (may be staff or family)

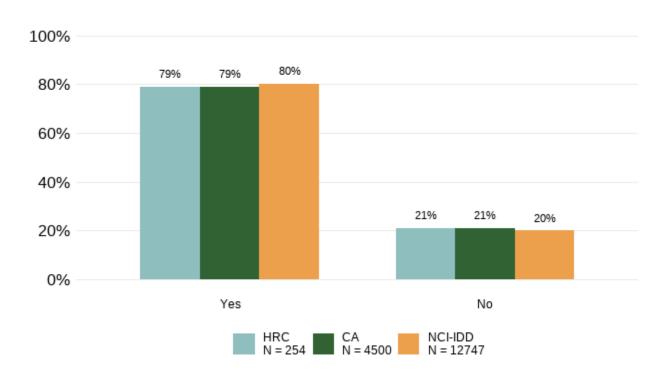


Table 65. Has best friend (may be staff or family)

Regional Center	Yes	No	N
HRC	79%	21%	254
CA	79%	21%	4500
NCI-IDD	80%	20%	12747

#### Wants help to make or keep in contact with friends

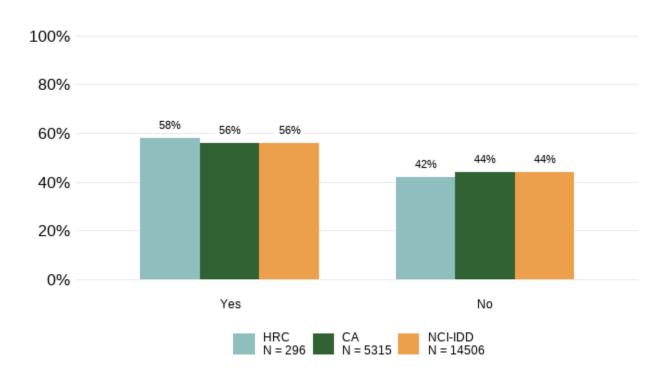


Table 66. Wants help to make or keep in contact with friends

"Yes" and "Maybe" responses combined.

Regional Center	Yes	No	N
HRC	58%	42%	296
CA	56%	44%	5315
NCI-IDD	56%	44%	14506

### Has friends (may be staff or family) and can meet with their friends in person when they want

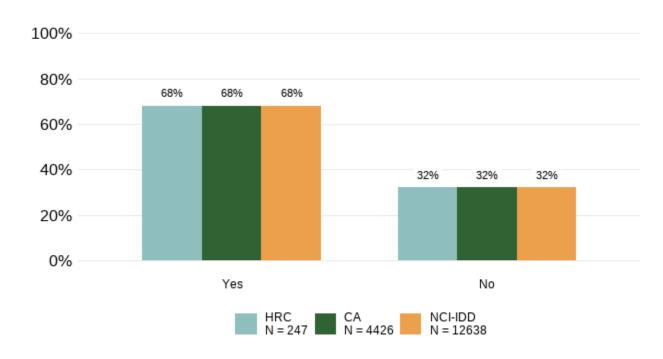


Table 67. Has friends (may be staff or family) and can meet with their friends in person when they want

Regional Center	Yes	No	N
HRC	68%	32%	247
CA	68%	32%	4426
NCI-IDD	68%	32%	12638

# Has other ways of talking, chatting, or communicating with friends when cannot see them in person

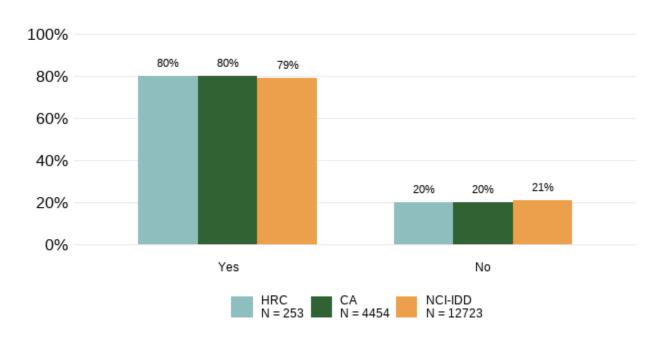


Table 68. Has other ways of talking, chatting, or communicating with friends when cannot see them in person

Regional Center	Yes	No	N
HRC	80%	20%	253
CA	80%	20%	4454
NCI-IDD	79%	21%	12723

# Can see and/or talk with their family when they want (among those who do not live in the family home)

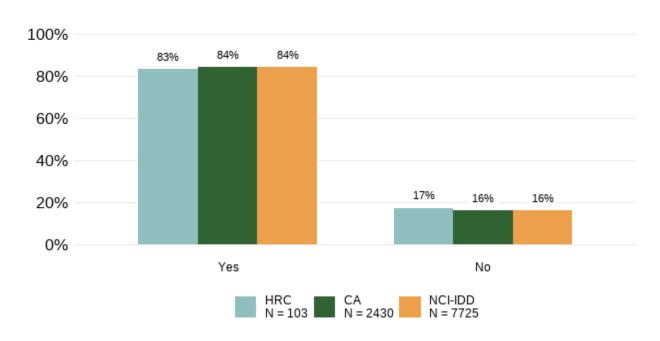
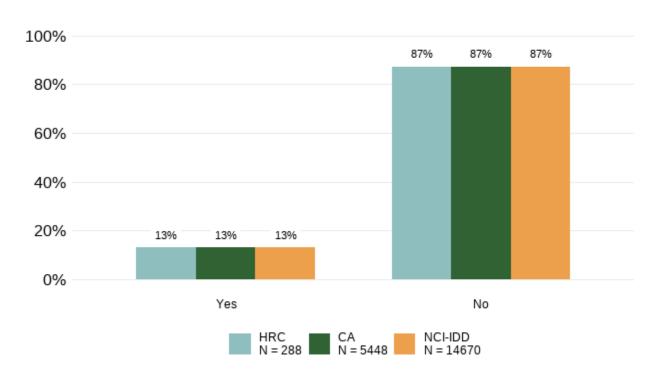


Table 69. Can see and/or talk with their family when they want (among those who do not live in the family home) "Yes" and "Maybe" responses combined.

Regional Center	Yes	No	N
HRC	83%	17%	103
CA	84%	16%	2430
NCI-IDD	84%	16%	7725

#### Often feels lonely



**Table 70. Often feels lonely** 

Regional Center	Yes	No	N
HRC	13%	87%	288
CA	13%	87%	5448
NCI-IDD	13%	87%	14670

### Can go on a date or is married or living with partner

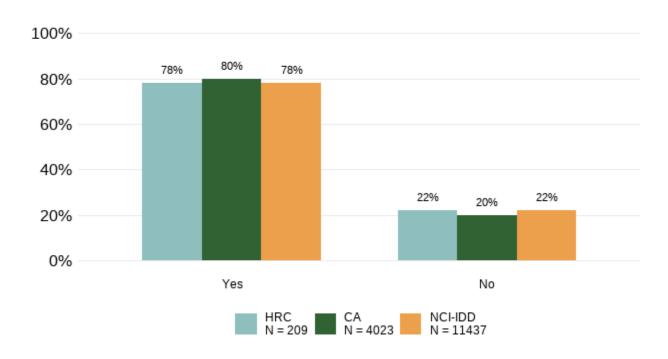
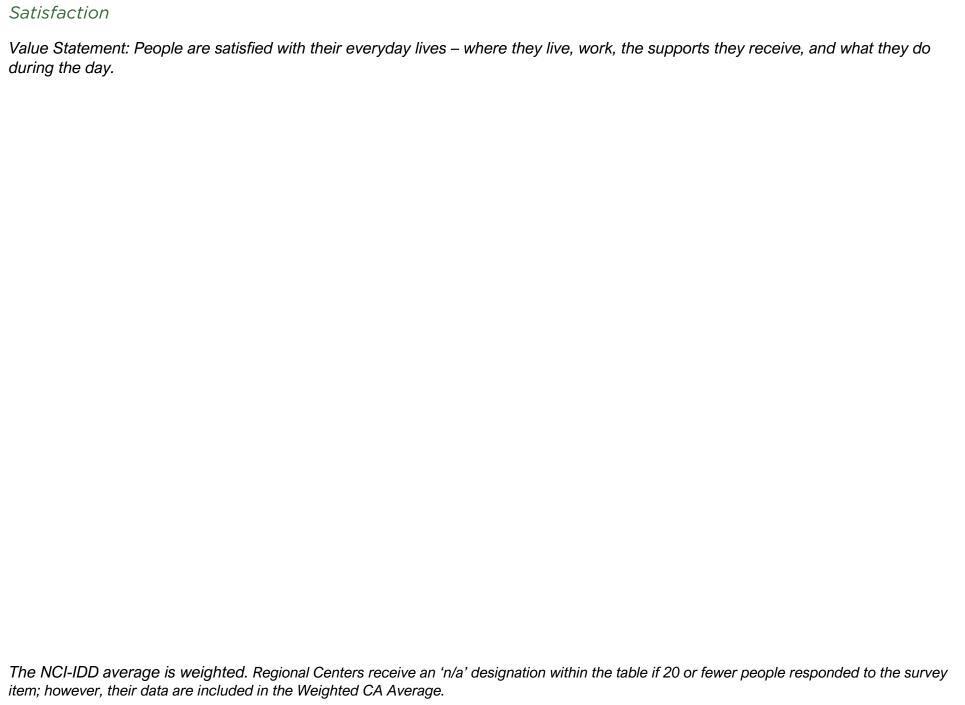


Table 71. Can go on a date or is married or living with partner

Regional Center	Yes	No	N
HRC	78%	22%	209
CA	80%	20%	4023
NCI-IDD	78%	22%	11437



#### Likes home or where lives

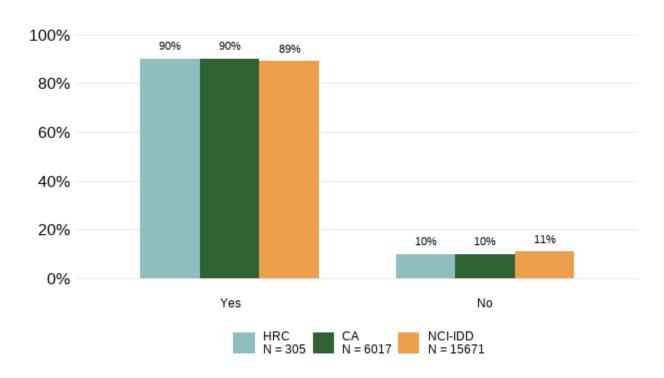


Table 72. Likes home or where lives

Regional Center	Yes	No	N
HRC	90%	10%	305
CA	90%	10%	6017
NCI-IDD	89%	11%	15671

#### Wants to live somewhere else

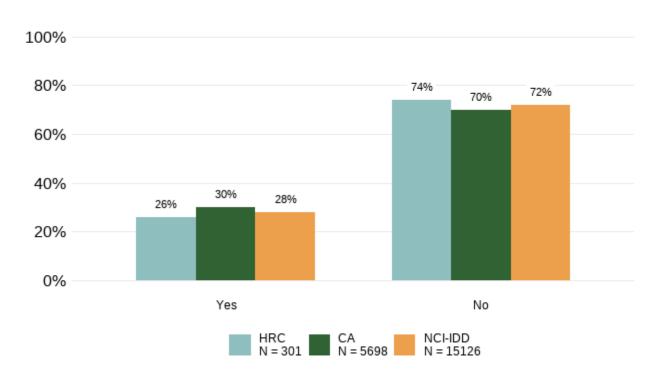


Table 73. Wants to live somewhere else

Regional Center	Yes	No	N
HRC	26%	74%	301
CA	30%	70%	5698
NCI-IDD	28%	72%	15126

#### Has enough things they like to do at home

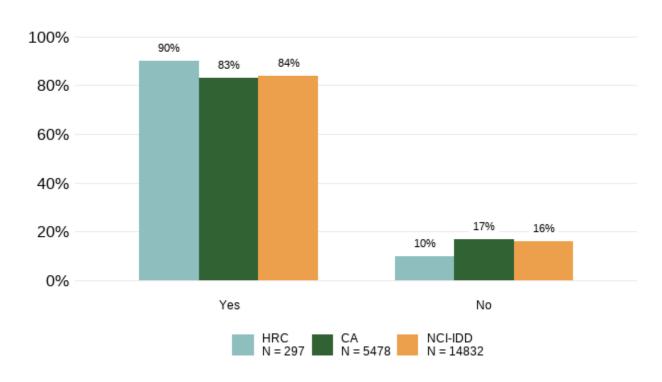


Table 74. Has enough things they like to do at home

Regional Center	Yes	No	N
HRC	90%	10%	297
CA	83%	17%	5478
NCI-IDD	84%	16%	14832

### Likes paid community job (if working in a paid community job)

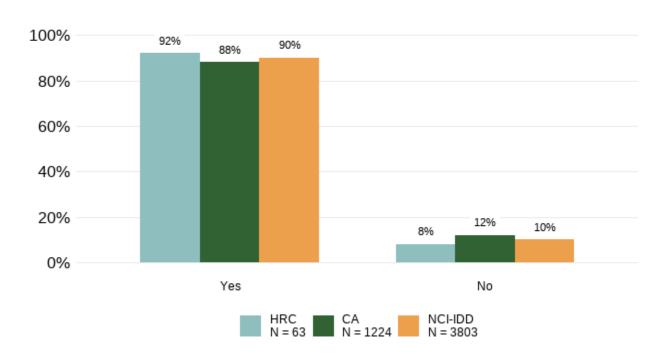


Table 75. Likes paid community job (if working in a paid community job)

Based on those reported to have a paid community job (from the Background Information Section)

Regional Center	Yes	No	N
HRC	92%	8%	63
CA	88%	12%	1224
NCI-IDD	90%	10%	3803

#### Wants to go out shopping more, less or the same amount as last month

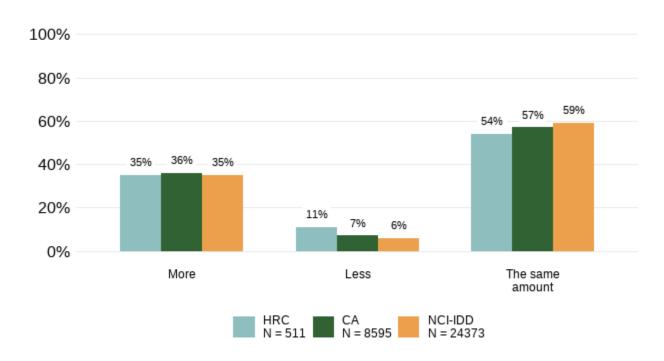


Table 76. Wants to go out shopping more, less or the same amount as last month

Proxy respondents were allowed for this question

Regional Center	More	Less	The same amount	N
HRC	35%	11%	54%	511
CA	36%	7%	57%	8595
NCI-IDD	35%	6%	59%	24373

### Wants to go out for entertainment more, less or the same amount as last month

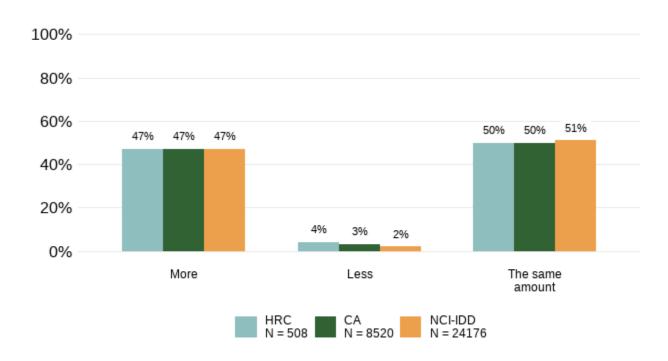


Table 77. Wants to go out for entertainment more, less or the same amount as last month Proxy respondents were allowed for this question

Regional Center	More	Less	The same amount	N
HRC	47%	4%	50%	508
CA	47%	3%	50%	8520
NCI-IDD	47%	2%	51%	24176

## Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

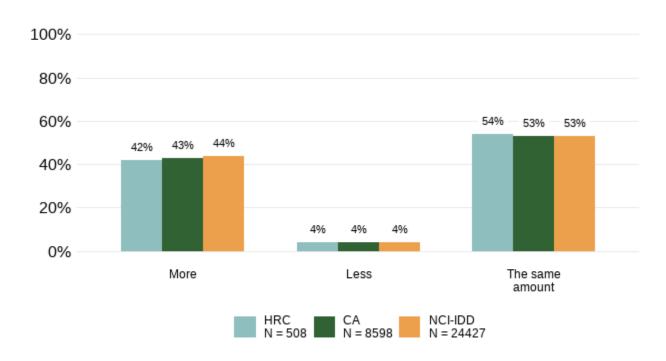


Table 78. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month Proxy respondents were allowed for this question

Regional Center	More	Less	The same amount	N
HRC	42%	4%	54%	508
CA	43%	4%	53%	8598
NCI-IDD	44%	4%	53%	24427

## Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

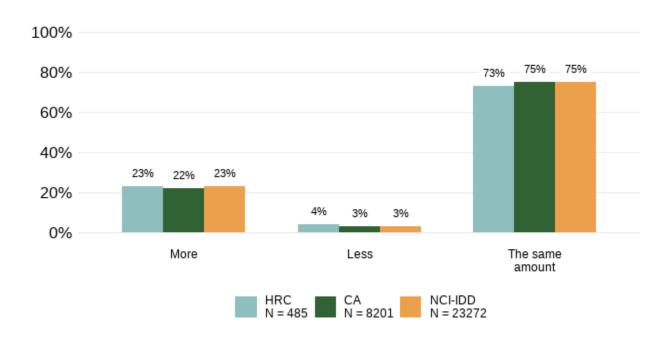


Table 79. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month *Proxy respondents were allowed for this question* 

Regional Center	More	Less	The same amount	N
HRC	23%	4%	73%	485
CA	22%	3%	75%	8201
NCI-IDD	23%	3%	75%	23272

#### Person wants to be a part of more community groups

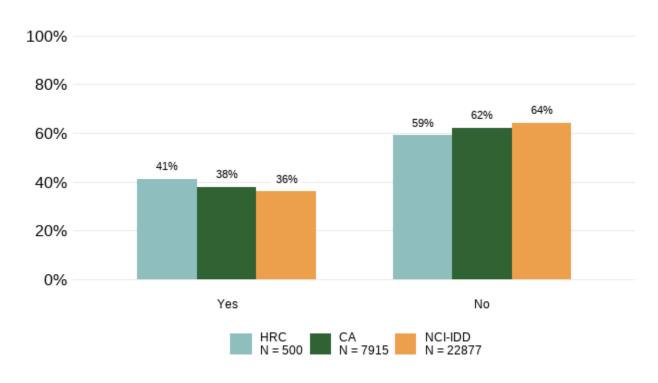


Table 80. Person wants to be a part of more community groups

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	41%	59%	500
CA	38%	62%	7915
NCI-IDD	36%	64%	22877

#### Likes how they usually spend time during the day

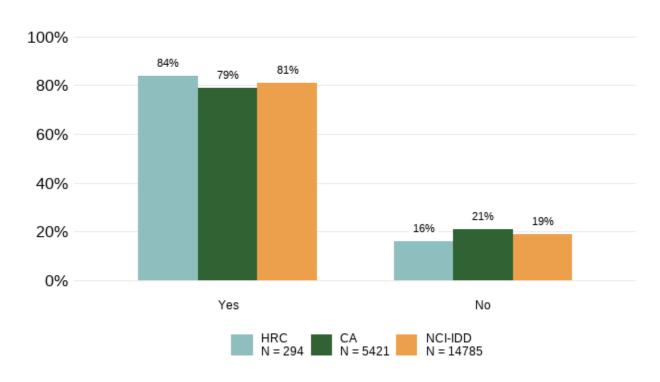


Table 81. Likes how they usually spend time during the day

Regional Center	Yes	No	N
HRC	84%	16%	294
CA	79%	21%	5421
NCI-IDD	81%	19%	14785

## Has used telehealth for healthcare services and like using it

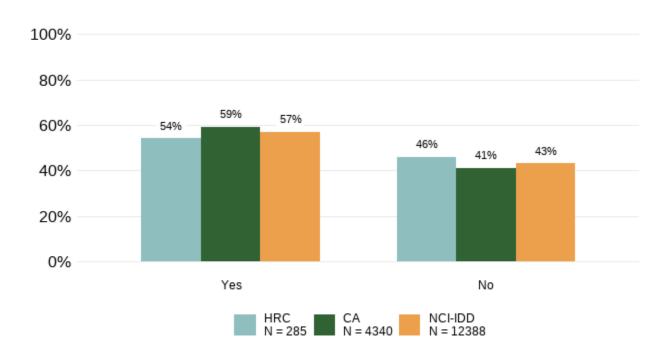


Table 82. Has used telehealth for healthcare services and like using it

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	54%	46%	285
CA	59%	41%	4340
NCI-IDD	57%	43%	12388

## Has accessed services and support using video conference technology and like using it

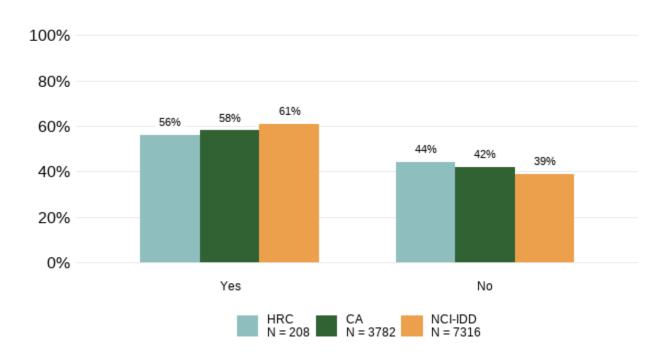


Table 83. Has accessed services and support using video conference technology and like using it Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	56%	44%	208
CA	58%	42%	3782
NCI-IDD	61%	39%	7316

# Have talked with their case manager/service coordinator using video conference technology and like using it

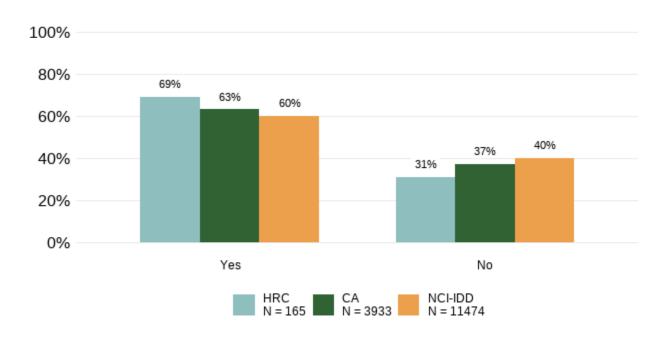


Table 84. Have talked with their case manager/service coordinator using video conference technology and like using it

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	69%	31%	165
CA	63%	37%	3933
NCI-IDD	60%	40%	11474

# Service Coordination Value Statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Individual Program Plans (IPP) reflect people's goals and needs and are modified as changes occur. People actively engage in the Individual Program Planning process.

## Has met or spoken with case manager/service coordinator

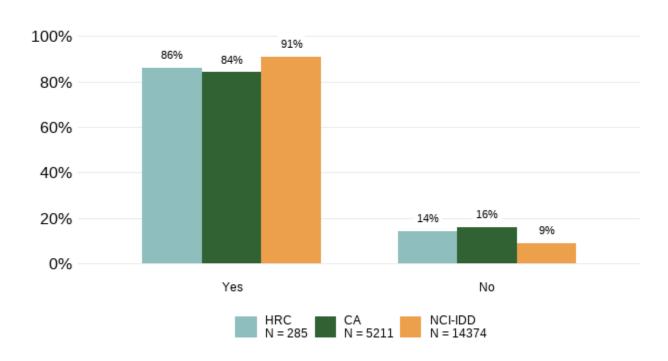


Table 85. Has met or spoken with case manager/service coordinator

Regional Center	Yes	No	N
HRC	86%	14%	285
CA	84%	16%	5211
NCI-IDD	91%	9%	14374

## Case manager/service coordinator knows what is important to person

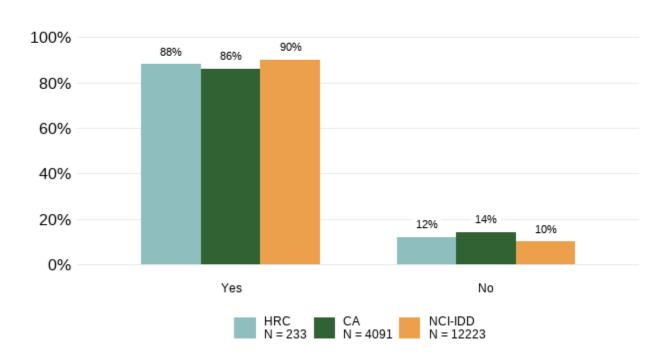


Table 86. Case manager/service coordinator knows what is important to person

Regional Center	Yes	No	N
HRC	88%	12%	233
CA	86%	14%	4091
NCI-IDD	90%	10%	12223

## Able to contact case manager/service coordinator when wants

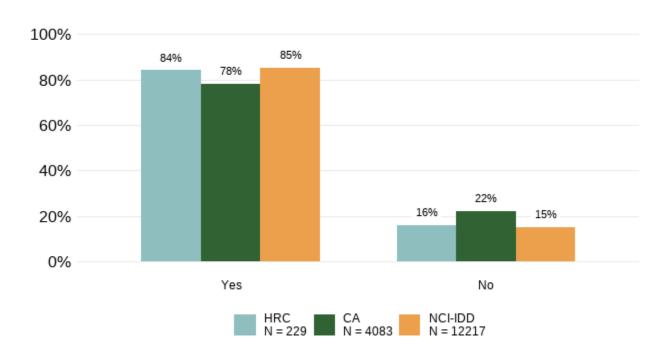


Table 87. Able to contact case manager/service coordinator when wants

Regional Center	Yes	No	N
HRC	84%	16%	229
CA	78%	22%	4083
NCI-IDD	85%	15%	12217

#### Case manager/service coordinator has talked to them about technology that may help them in their everyday life

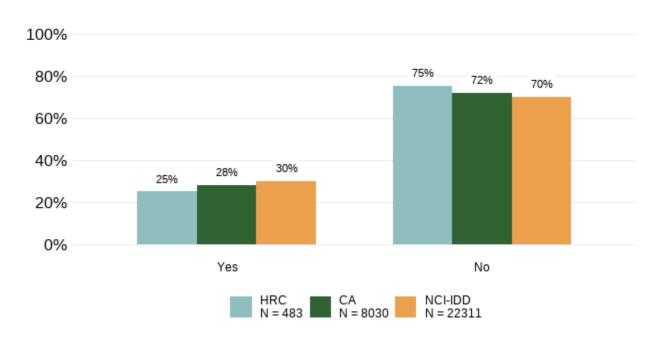


Table 88. Case manager/service coordinator has talked to them about technology that may help them in their everyday life

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	25%	75%	483
CA	28%	72%	8030
NCI-IDD	30%	70%	22311

## Was at last IPP meeting, or had the opportunity to be but chose not to

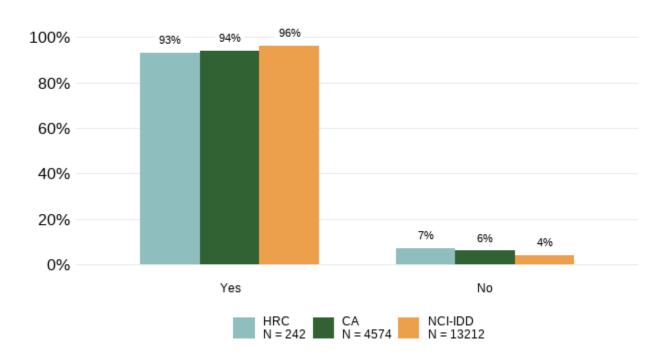


Table 89. Was at last IPP meeting, or had the opportunity to be but chose not to

Regional Center	Yes	No	N
HRC	93%	7%	242
CA	94%	6%	4574
NCI-IDD	96%	4%	13212

## Knew what was being talked about at last IPP meeting

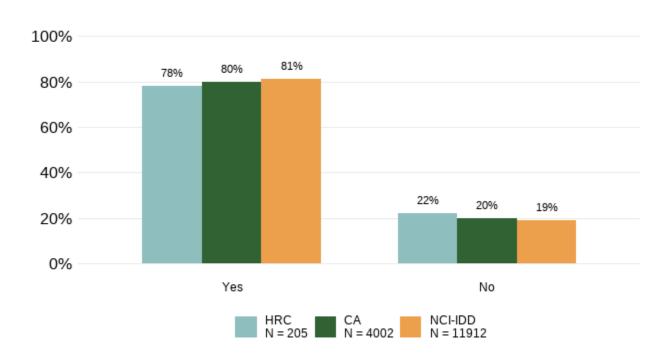


Table 90. Knew what was being talked about at last IPP meeting

Regional Center	Yes	No	N
HRC	78%	22%	205
CA	80%	20%	4002
NCI-IDD	81%	19%	11912

## Last IPP meeting included people person wanted to be there

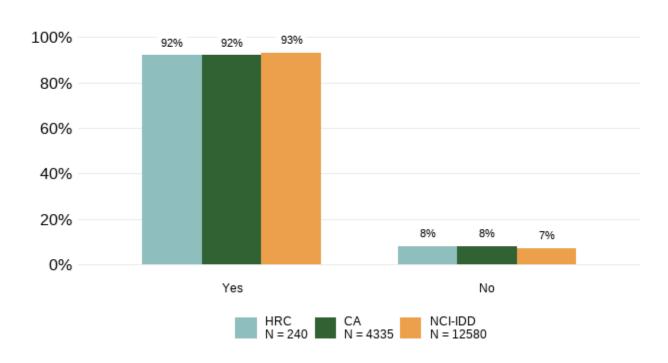


Table 91. Last IPP meeting included people person wanted to be there

Regional Center	Yes	No	N
HRC	92%	8%	240
CA	92%	8%	4335
NCI-IDD	93%	7%	12580

#### Person helped make IPP

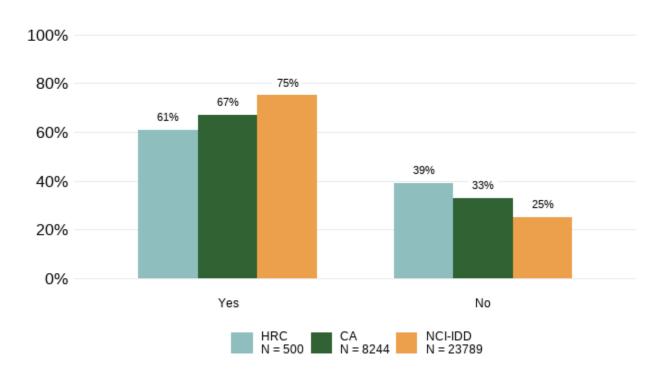


Table 92. Person helped make IPP

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	61%	39%	500
CA	67%	33%	8244
NCI-IDD	75%	25%	23789

## Case manager/service coordinator reviews their IPP with them throughout the year, when needed

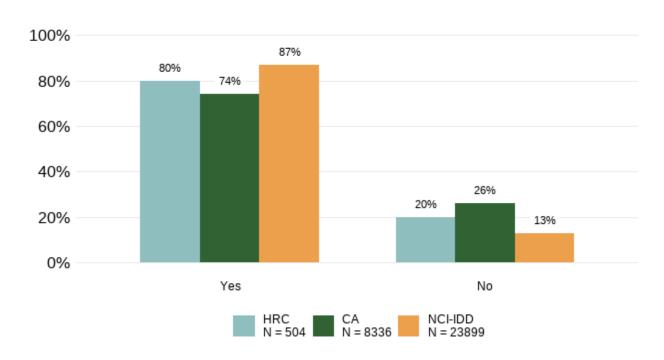


Table 93. Case manager/service coordinator reviews their IPP with them throughout the year, when needed *Proxy respondents were allowed for this question* 

Regional Center	Yes	No	N
HRC	80%	20%	504
CA	74%	26%	8336
NCI-IDD	87%	13%	23899

#### IPP includes things that are important to person

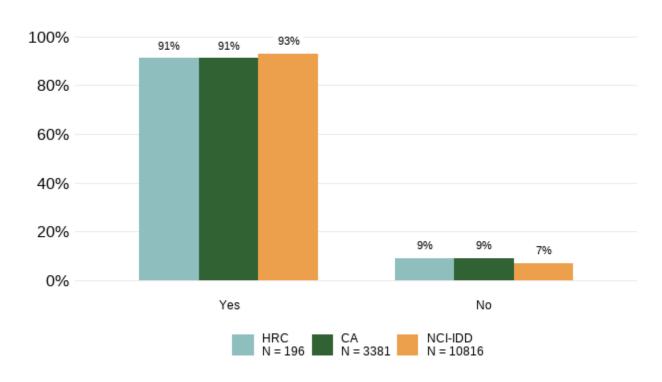


Table 94. IPP includes things that are important to person

Regional Center	Yes	No	N
HRC	91%	9%	196
CA	91%	9%	3381
NCI-IDD	93%	7%	10816

## Knows who to ask if wants to change something about services

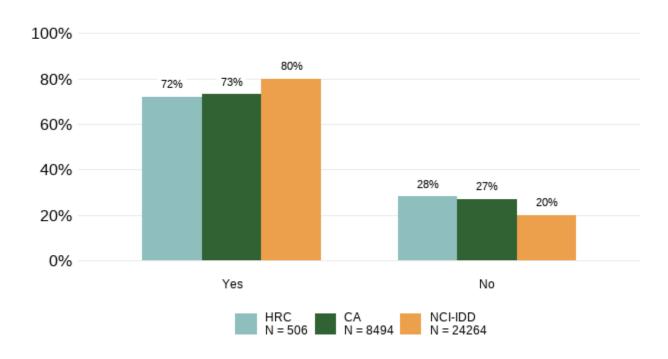
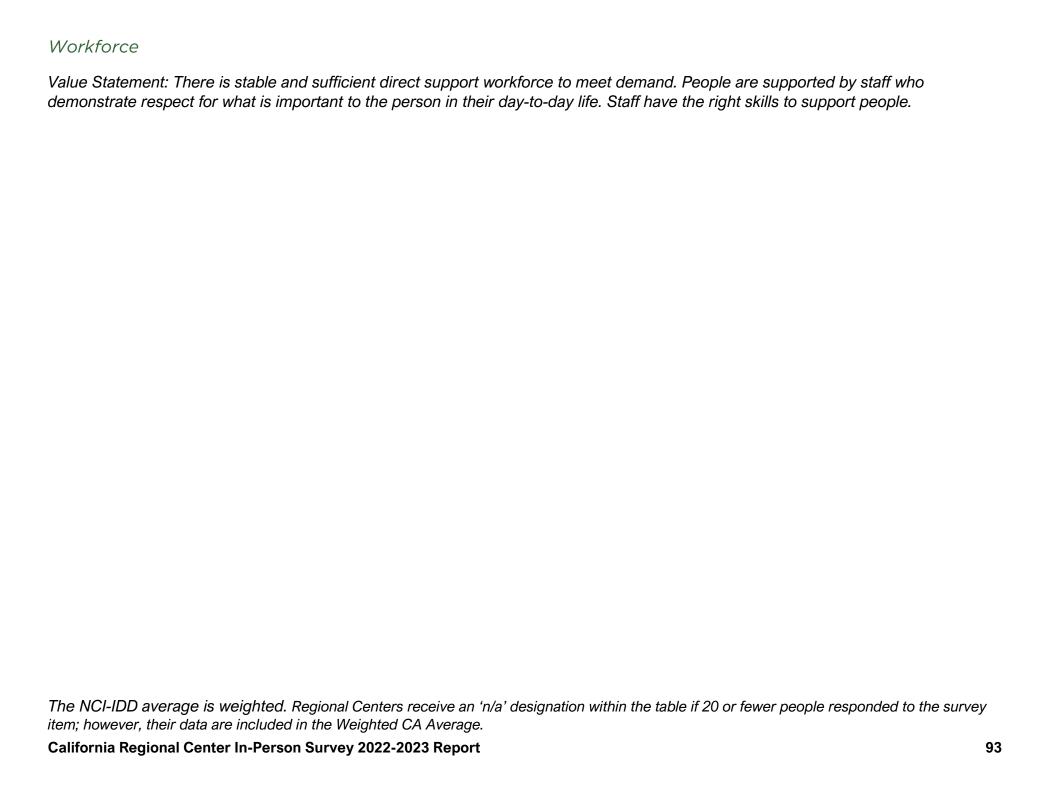


Table 95. Knows who to ask if wants to change something about services

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	72%	28%	506
CA	73%	27%	8494
NCI-IDD	80%	20%	24264



#### Staff are respectful of person's culture

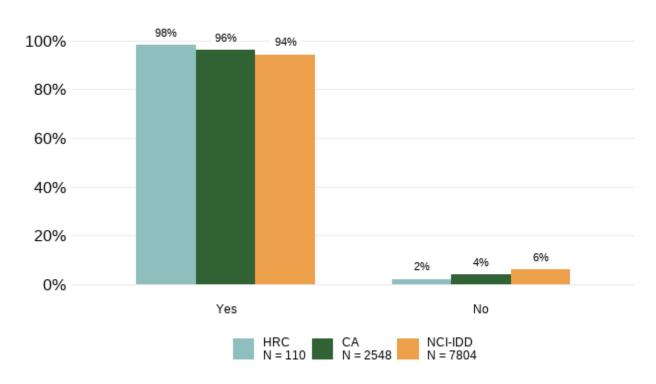


Table 96. Staff are respectful of person's culture

Regional Center	Yes	No	N
HRC	98%	2%	110
CA	96%	4%	2548
NCI-IDD	94%	6%	7804

#### Staff treat person with respect

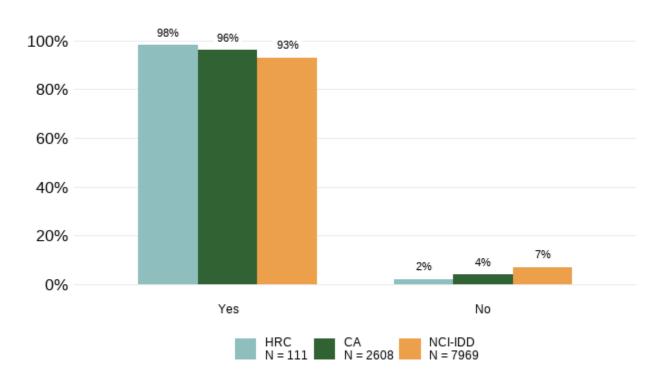


Table 97. Staff treat person with respect

Regional Center	Yes	No	N
HRC	98%	2%	111
CA	96%	4%	2608
NCI-IDD	93%	7%	7969

## Person can talk or communicate with staff in their preferred language

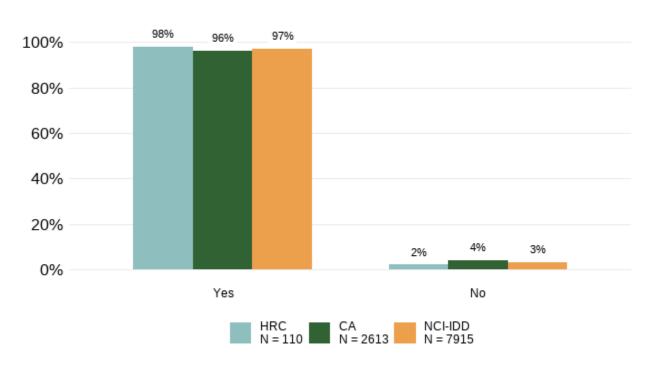


Table 98. Person can talk or communicate with staff in their preferred language

Regional Center	Yes	No	N
HRC	98%	2%	110
CA	96%	4%	2613
NCI-IDD	97%	3%	7915

#### Staff do things the way person wants them done

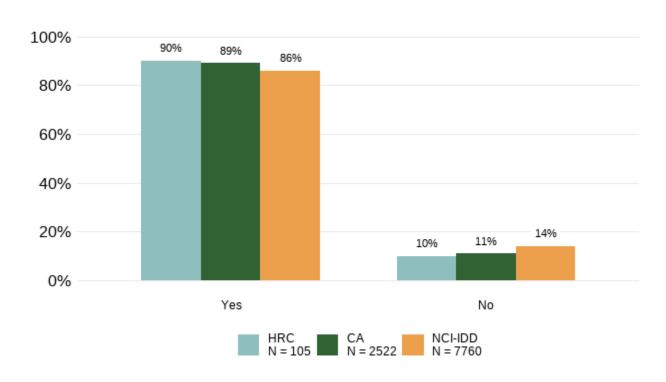


Table 99. Staff do things the way person wants them done

Regional Center	Yes	No	N
HRC	90%	10%	105
CA	89%	11%	2522
NCI-IDD	86%	14%	7760

## When in the community, staff support person in the way they want

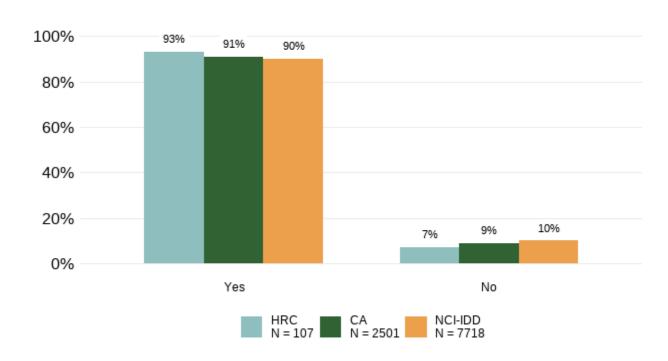


Table 100. When in the community, staff support person in the way they want

Regional Center	Yes	No	N
HRC	93%	7%	107
CA	91%	9%	2501
NCI-IDD	90%	10%	7718

#### Staff come and leave when they are supposed to

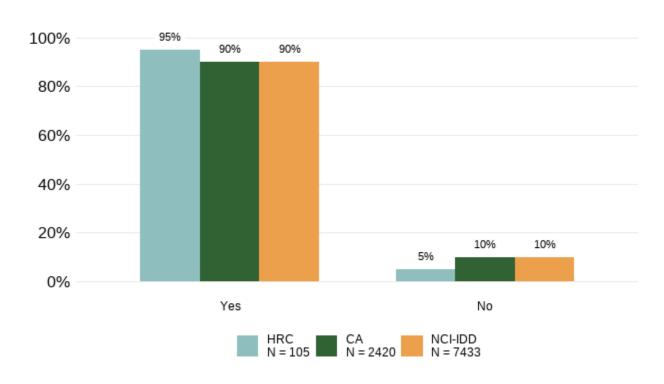


Table 101. Staff come and leave when they are supposed to

Regional Center	Yes	No	N
HRC	95%	5%	105
CA	90%	10%	2420
NCI-IDD	90%	10%	7433

#### Person's staff change too often?

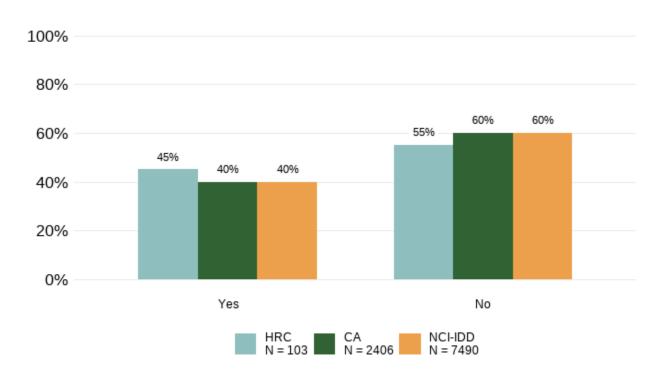


Table 102. Person's staff change too often

"Yes, staff do change too often" and "Sometimes or some staff" responses combined.

Regional Center	Yes	No	N
HRC	45%	55%	103
CA	40%	60%	2406
NCI-IDD	40%	60%	7490

## Staff have the right training to meet person's needs

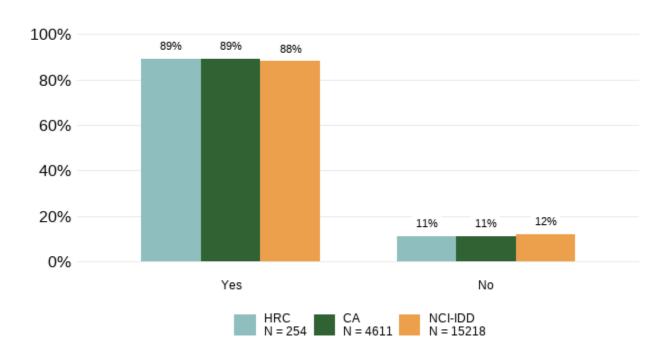
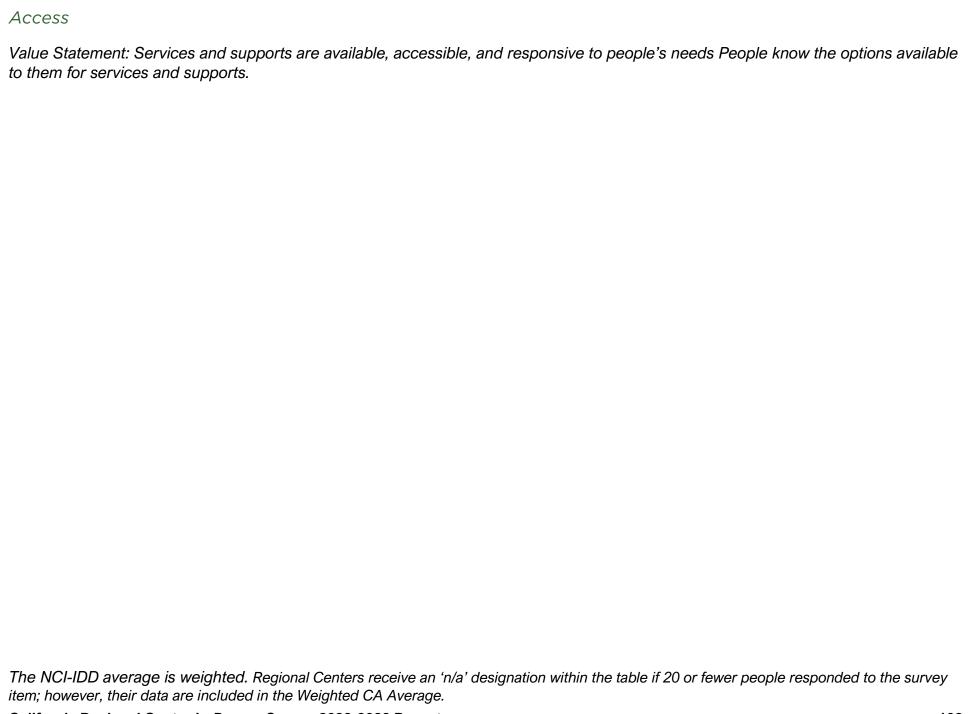


Table 103. Staff have the right training to meet person's needs

Proxy respondents (who were not staff) were allowed for this question

Regional Center	Yes	No	N
HRC	89%	11%	254
CA	89%	11%	4611
NCI-IDD	88%	12%	15218



# Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun

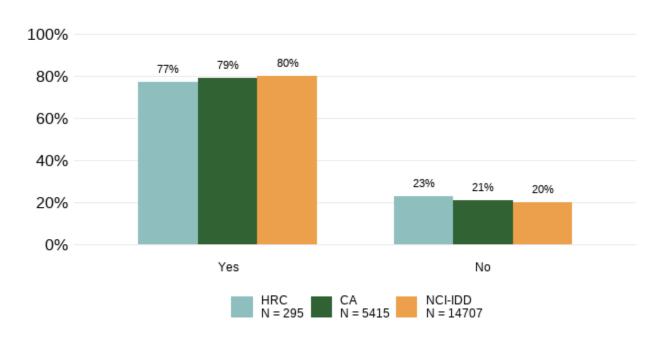


Table 104. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun

Regional Center	Yes	No	N
HRC	77%	23%	295
CA	79%	21%	5415
NCI-IDD	80%	20%	14707

## Has a way to get places needs to go (like work, appointments, etc.)

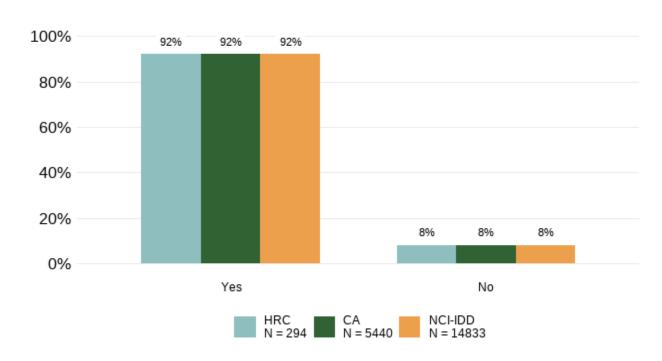


Table 105. Has a way to get places needs to go (like work, appointments, etc.)

Regional Center	Yes	No	N
HRC	92%	8%	294
CA	92%	8%	5440
NCI-IDD	92%	8%	14833

#### Has access to the internet

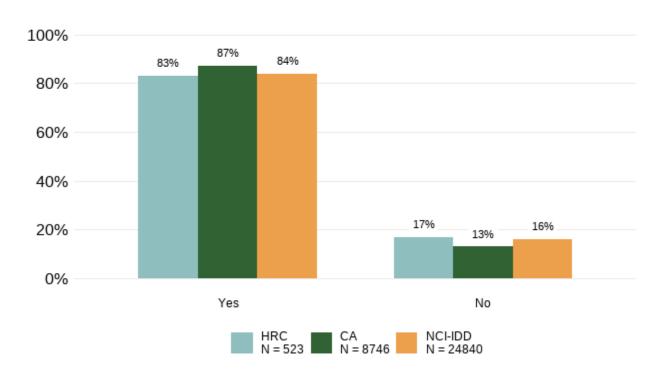


Table 106. Has access to the internet

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	83%	17%	523
CA	87%	13%	8746
NCI-IDD	84%	16%	24840

#### Internet always works at home

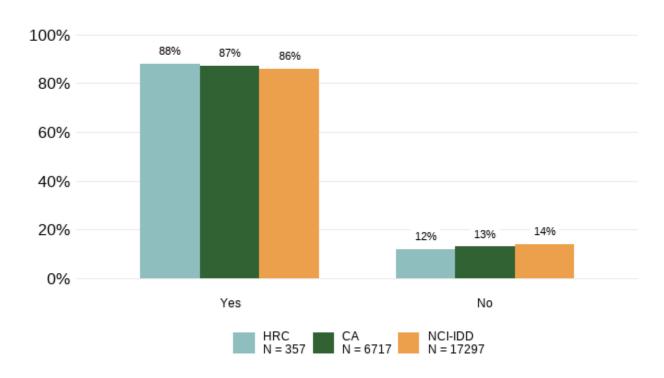
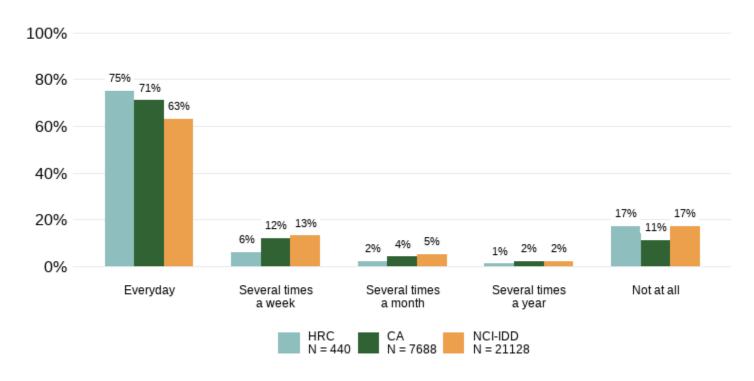


Table 107. Internet always works at home

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	88%	12%	357
CA	87%	13%	6717
NCI-IDD	86%	14%	17297

#### Frequency uses internet



**Table 108. Frequency uses internet** 

Proxy respondents were allowed for this question

Regional Center	Everyday	Several times a week	Several times a month	Several times a year	Not at all	N
HRC	75%	6%	2%	1%	17%	440
CA	71%	12%	4%	2%	11%	7688
NCI-IDD	63%	13%	5%	2%	17%	21128

## Uses technology in everyday life to help them do more things on their own

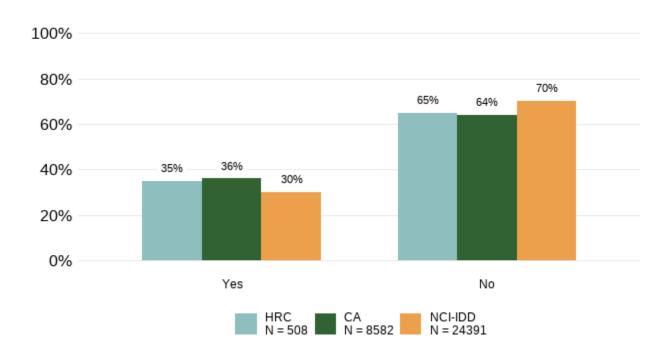


Table 109. Uses technology in everyday life to help them do more things on their own

"Using technology in everyday life" refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals; proxy respondents were allowed for this question.

Regional Center	Yes	No	N
HRC	35%	65%	508
CA	36%	64%	8582
NCI-IDD	30%	70%	24391

# Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

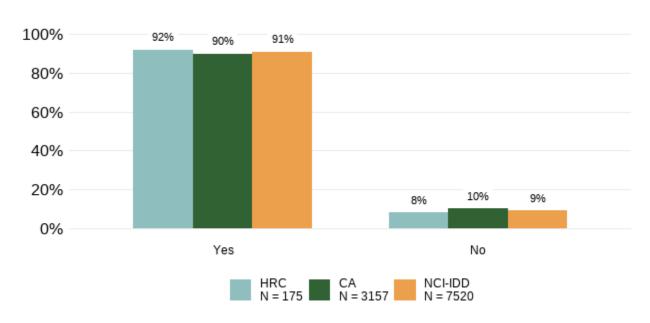


Table 110. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	92%	8%	175
CA	90%	10%	3157
NCI-IDD	91%	9%	7520

# Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

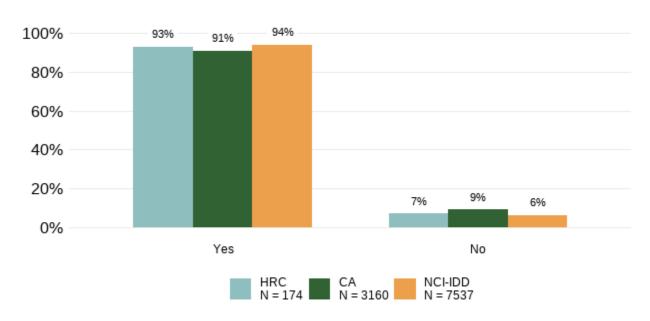


Table 111. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

Proxy respondents were allowed for this question

No	N
7%	174
9%	3160
6%	7537
	9%

## Has used telehealth to talk with a health professional

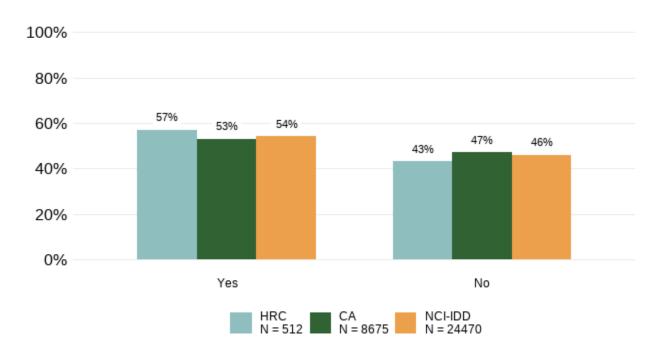


Table 112. Has used telehealth to talk with a health professional

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	57%	43%	512
CA	53%	47%	8675
NCI-IDD	54%	46%	24470

### Accessed services or supports using videoconference technology

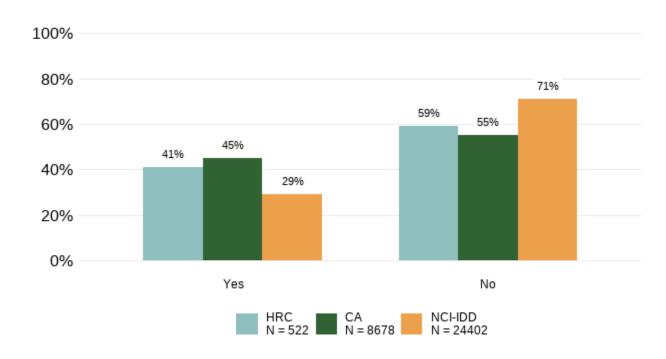


Table 113. Accessed services or supports using videoconference technology

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	41%	59%	522
CA	45%	55%	8678
NCI-IDD	29%	71%	24402

## Has talked with their case manager/service coordinator using videoconference technology

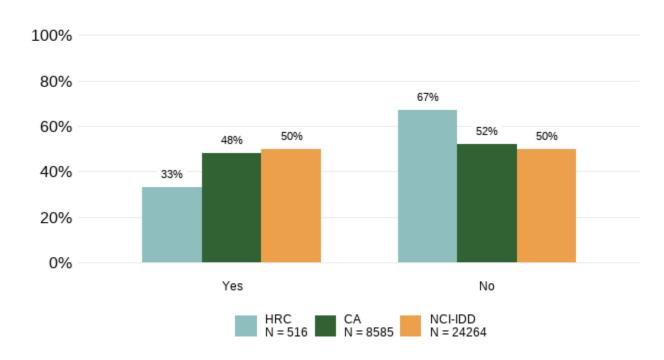


Table 114. Has talked with their case manager/service coordinator using videoconference technology

Regional Center	Yes	No	N
HRC	33%	67%	516
CA	48%	52%	8585
NCI-IDD	50%	50%	24264

### Has a cell phone or smartphone

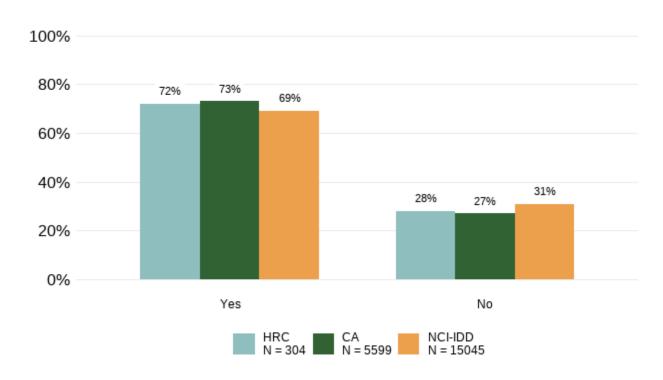


Table 115. Has a cell phone or smartphone

Regional Center	Yes	No	N
HRC	72%	28%	304
CA	73%	27%	5599
NCI-IDD	69%	31%	15045

## Wants a cell phone or smartphone (if does not have one)

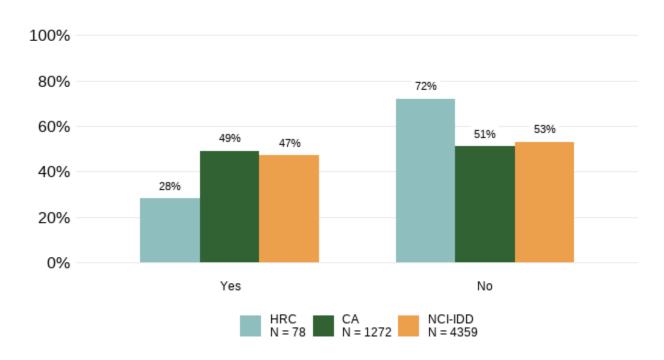


Table 116. Wants a cell phone or smartphone (if does not have one)

Regional Center	Yes	No	N
HRC	28%	72%	78
CA	49%	51%	1272
NCI-IDD	47%	53%	4359

### Reasons does not have cell phone or smartphone

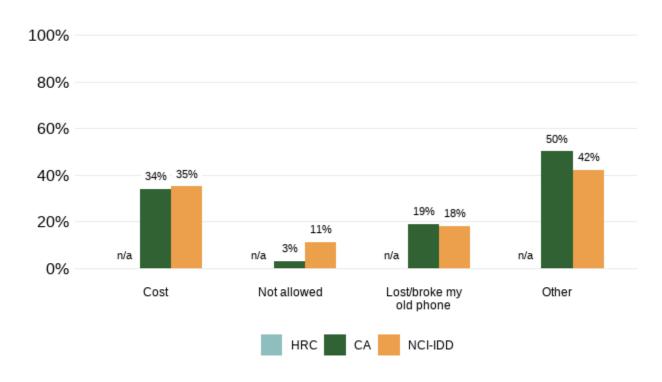


Table 117. Reasons does not have cell phone or smartphone

Categories are not mutually exclusive; therefore, N is not shown.

Regional Center	Cost	Not allowed	Lost/broke my old phone	Other
HRC	n/a	n/a	n/a	n/a
CA	34%	3%	19%	50%
NCI-IDD	35%	11%	18%	42%

#### Additional services needed

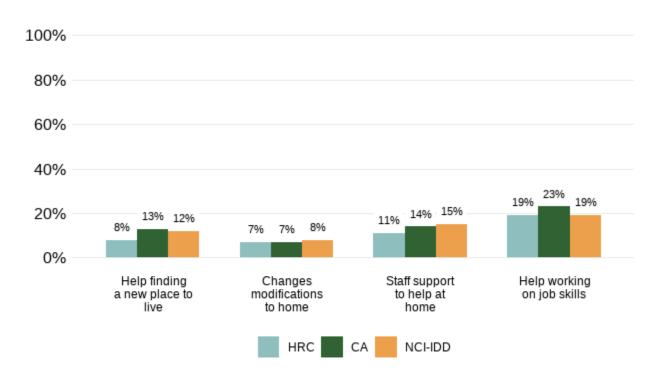
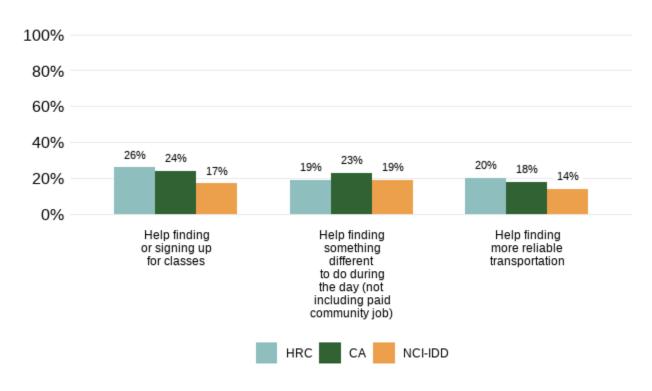


Table 118a. Additional services needed

Categories are not mutually exclusive; therefore, N is not shown.

Regional Center	Help finding a new place to live	Changes modifications to home	Staff support to help at home	Help working on job skills
HRC	8%	7%	11%	19%
CA	13%	7%	14%	23%
NCI-IDD	12%	8%	15%	19%

### Additional services needed (continued)

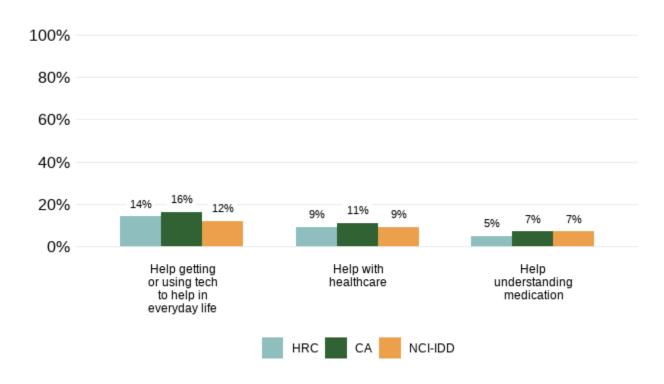


### Table 118b. Additional services needed (continued)

Categories are not mutually exclusive; therefore, N is not shown.

Regional Center	Help finding or signing up for classes	Help finding something different to do during the day (not including paid community job)	Help finding more reliable transportation
HRC	26%	19%	20%
CA	24%	23%	18%
NCI-IDD	17%	19%	14%

### Additional services needed (continued)

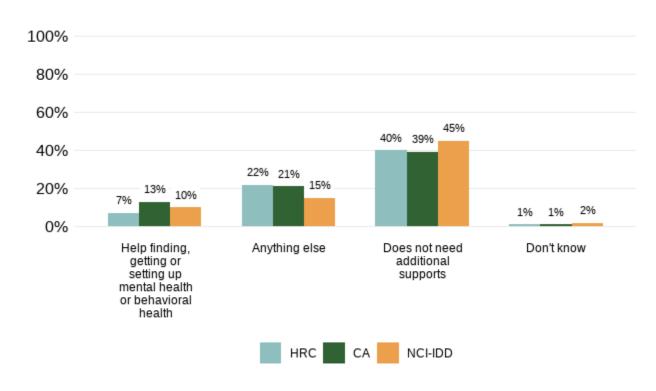


### Table 118c. Additional services needed (continued)

Categories are not mutually exclusive; therefore, N is not shown.

Regional Center	Help getting or using tech to help in everyday life	Help with healthcare	Help understanding medication
HRC	14%	9%	5%
CA	16%	11%	7%
NCI-IDD	12%	9%	7%

### Additional services needed (continued)



### Table 118d. Additional services needed (continued)

Categories are not mutually exclusive; therefore, N is not shown.

Regional Center	Help finding, getting or setting up mental health or behavioral health	Anything else	Does not need additional supports	Don't know
HRC	7%	22%	40%	1%
CA	13%	21%	39%	1%
NCI-IDD	10%	15%	45%	2%

Safety	
Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.	
The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded item; however, their data are included in the Weighted CA Average.	I to the survey
California Regional Center In-Person Survey 2022-2023 Report	121

## Are there any places that you feel afraid or scared?

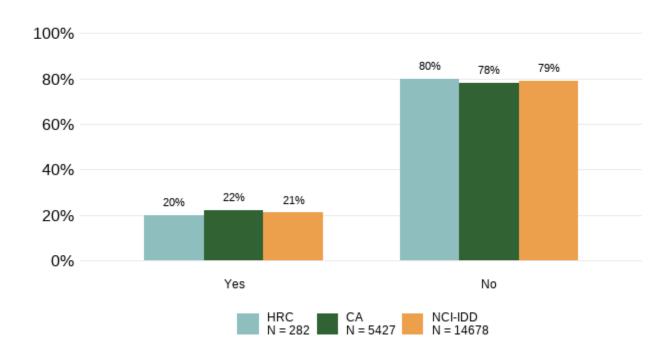


Table 119. Are there any places that you feel afraid or scared?

Regional Center	Yes	No	N
HRC	20%	80%	282
CA	22%	78%	5427
NCI-IDD	21%	79%	14678

### Has someone to go to for help when they feel afraid

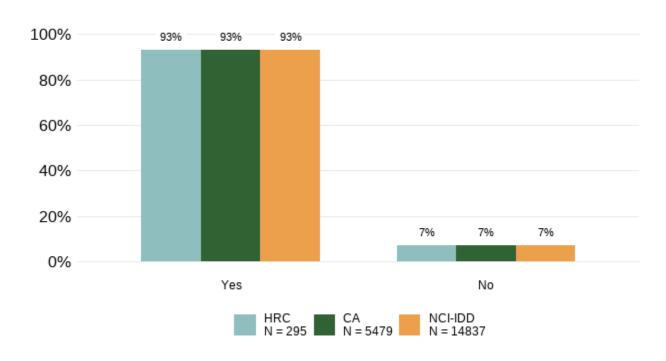
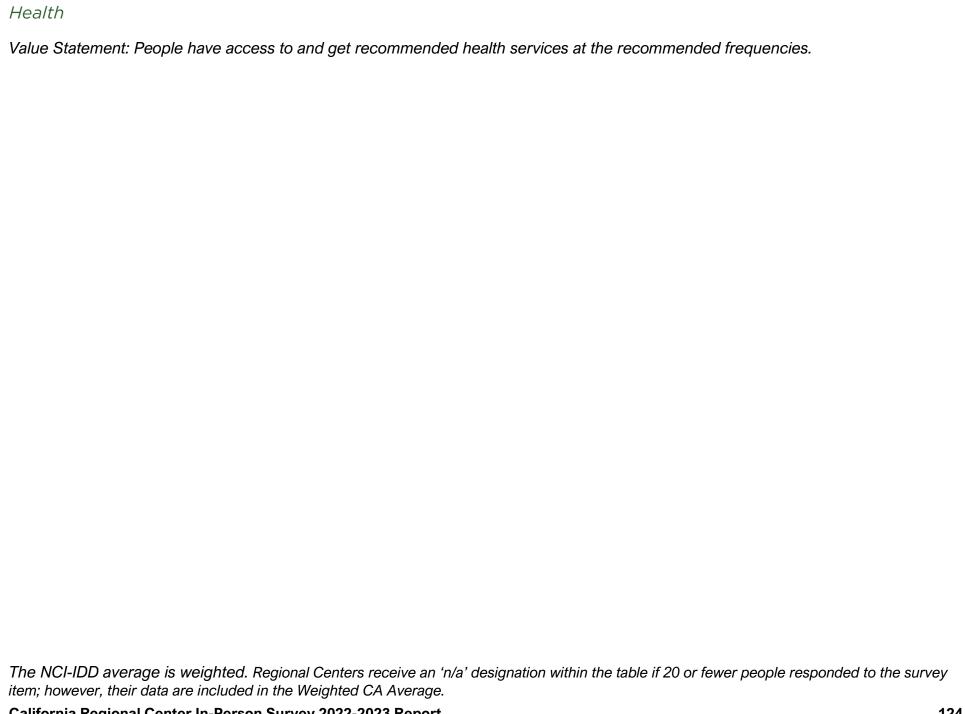


Table 120. Has someone to go to for help when they feel afraid

Regional Center	Yes	No	N
HRC	93%	7%	295
CA	93%	7%	5479
NCI-IDD	93%	7%	14837



### Has a primary care doctor or practitioner

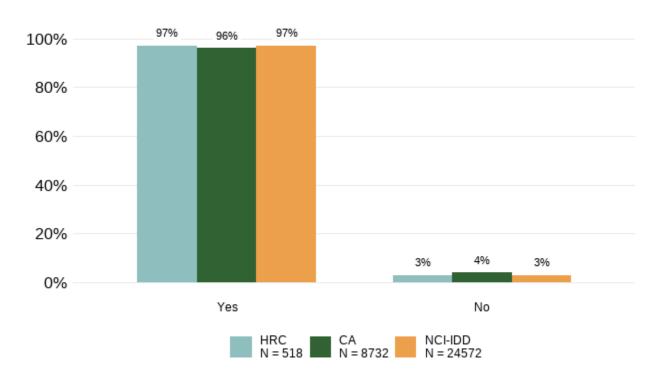


Table 121. Has a primary care doctor or practitioner

Information may have been obtained through state records

Regional Center	Yes	No	N
HRC	97%	3%	518
CA	96%	4%	8732
NCI-IDD	97%	3%	24572

### In poor health

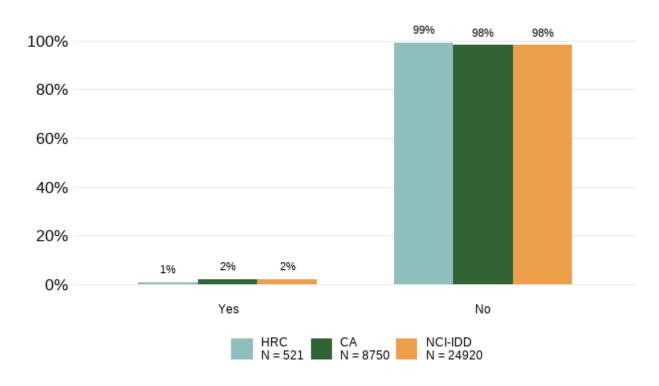


Table 122. In poor health

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	1%	99%	521
CA	2%	98%	8750
NCI-IDD	2%	98%	24920

## Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)

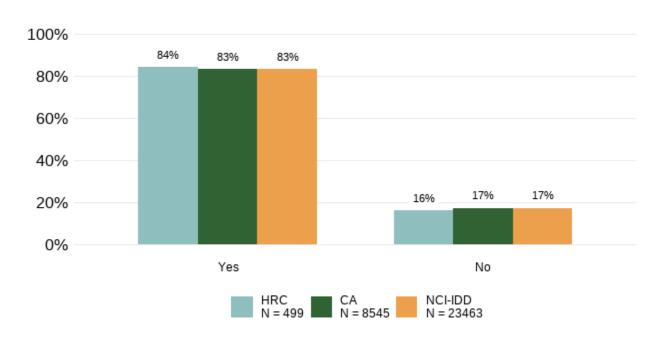


Table 123. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)

Information may have been obtained through state records

Regional Center	Yes	No	N
HRC	84%	16%	499
CA	83%	17%	8545
NCI-IDD	83%	17%	23463

### Had a routine dental exam in the past year

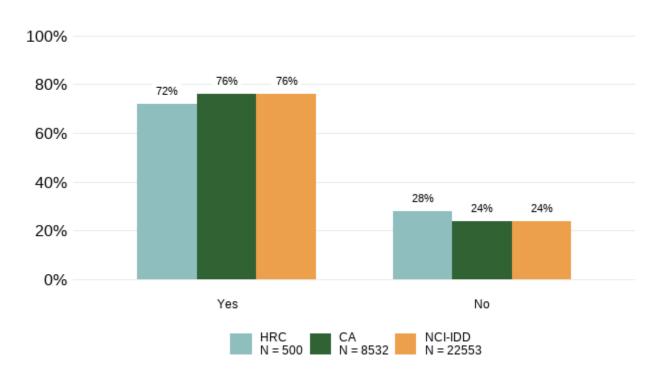


Table 124. Had a routine dental exam in the past year

Information may have been obtained through state records

Regional Center	Yes	No	N
HRC	72%	28%	500
CA	76%	24%	8532
NCI-IDD	76%	24%	22553

### Had an eye exam/vision screening in the past year

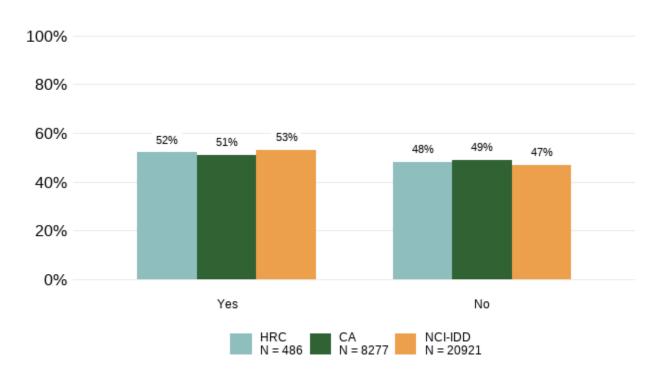


Table 125. Had an eye exam/vision screening in the past year

Information may have been obtained through state records

Regional Center	Yes	No	N
HRC	52%	48%	486
CA	51%	49%	8277
NCI-IDD	53%	47%	20921

### Had a hearing test in the past five years

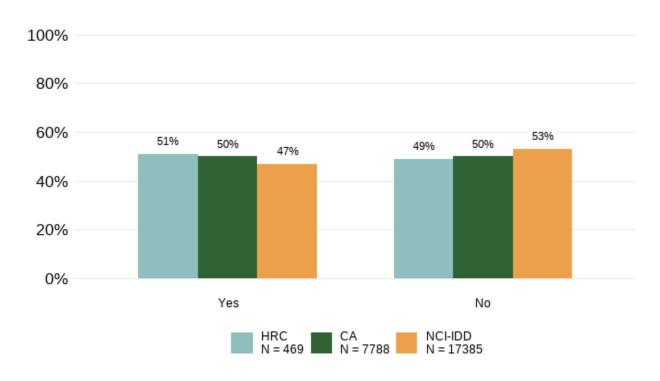


Table 126. Had a hearing test in the past five years

Information may have been obtained through state records

Regional Center	Yes	No	N
HRC	51%	49%	469
CA	50%	50%	7788
NCI-IDD	47%	53%	17385

## Had a Pap test in the past three years (among women 21 and older)

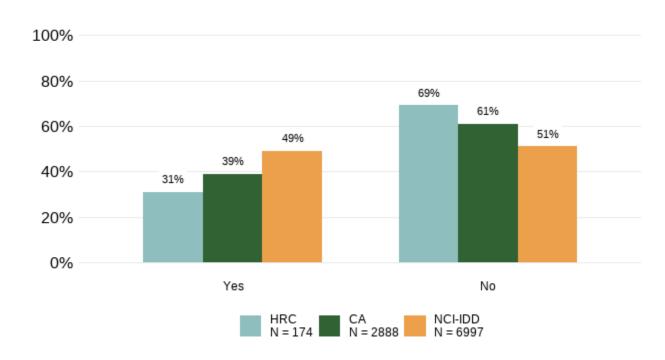


Table 127. Had a Pap test in the past three years (among women 21 and older)

Information may have been obtained through state records. At least 25% of CA responses were missing or "Don't Know."

Regional Center	Yes	No	N
HRC	31%	69%	174
CA	39%	61%	2888
NCI-IDD	49%	51%	6997

## Had a mammogram test in the past two years (among women 50 and over)

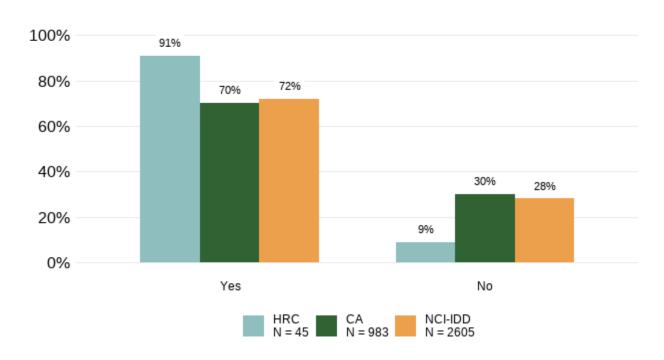


Table 128. Had a mammogram test in the past two years (among women 50 and over)

Information may have been obtained through state records. At least 25% of CA responses were missing or "Don't Know."

Regional Center	Yes	No	N
HRC	91%	9%	45
CA	70%	30%	983
NCI-IDD	72%	28%	2605

## Last colorectal cancer screening (among people 45 to 75)

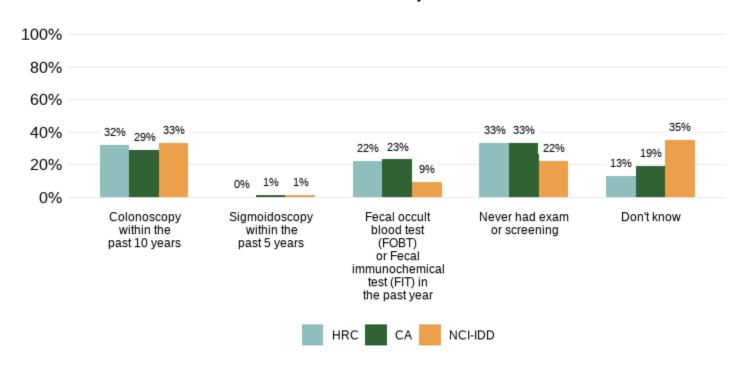


Table 129. Last colorectal cancer screening (among people 45 to 75)

Categories are not mutually exclusive; therefore, N is not shown. Information may have been obtained through State records, "Don't know" included in denominator. At least 25% of CA responses were missing or "Don't Know."

Regional Center	Colonoscopy within the past 10 years	Sigmoidoscopy within the past 5 years	Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year	Never had exam or screening	Don't know
HRC	32%	0%	22%	33%	13%
CA	29%	1%	23%	33%	19%
NCI-IDD	32%	1%	9%	23%	36%

### Had flu vaccine in past 12 months

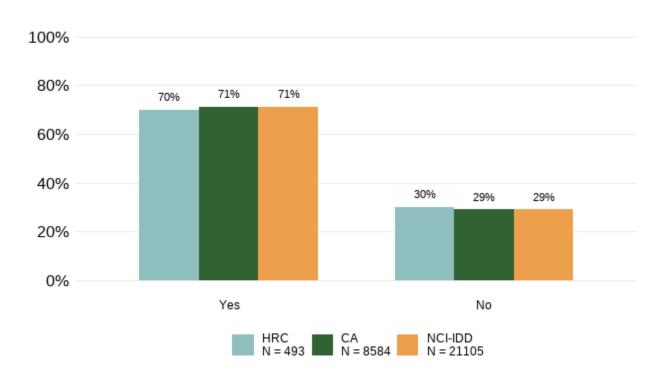


Table 130. Had a flu vaccine in the past 12 months

Information may have been obtained through state records

Regional Center	Yes	No	N
HRC	70%	30%	493
CA	71%	29%	8584
NCI-IDD	71%	29%	21105

## Went to the emergency room for any reason to get care for themselves in the past 12 months

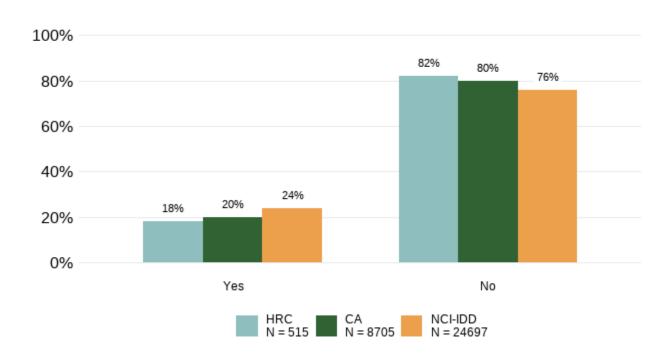


Table 131. Went to the emergency room for any reason to get care for themselves in the past 12 months

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	18%	82%	515
CA	20%	80%	8705
NCI-IDD	24%	76%	24697

### Fell and hurt themselves in the past six months

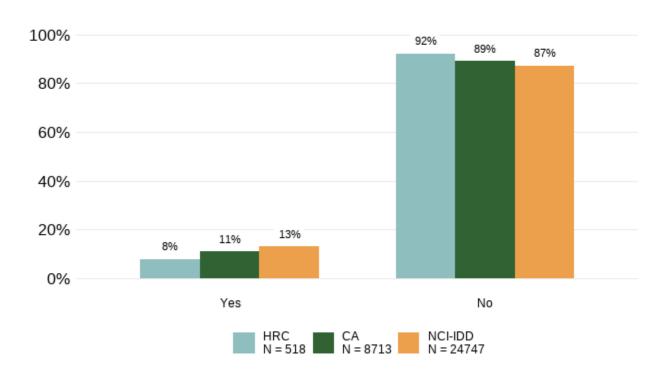


Table 132. Fell and hurt themselves in the past six months

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	8%	92%	518
CA	11%	89%	8713
NCI-IDD	13%	87%	24747



## Takes medication for mood, anxiety, and/or psychotic disorders

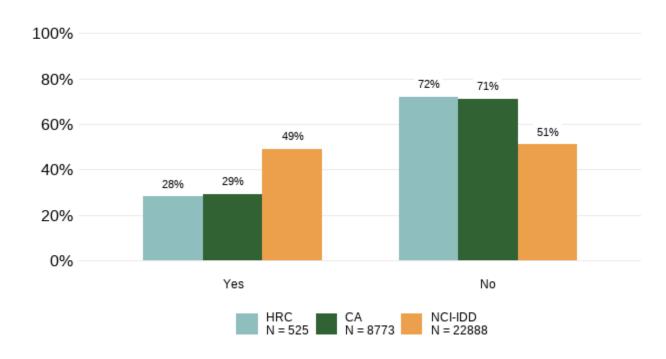


Table 133. Takes medication for mood, anxiety, and/or psychotic disorders

Information may have been obtained through state records

Regional Center	Yes	No	N
HRC	28%	72%	525
CA	29%	71%	8773
NCI-IDD	49%	51%	22888

## Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders

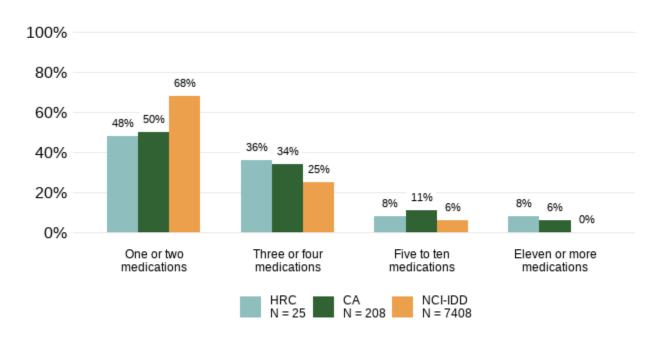


Table 134. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders

Information may have been obtained through state records. At least 25% of CA responses were missing or "Don't Know."

Regional Center	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
HRC	48%	36%	8%	8%	25
CA	50%	34%	11%	6%	208
NCI-IDD	68%	25%	6%	0%	7408

### Takes medication for behavioral challenges

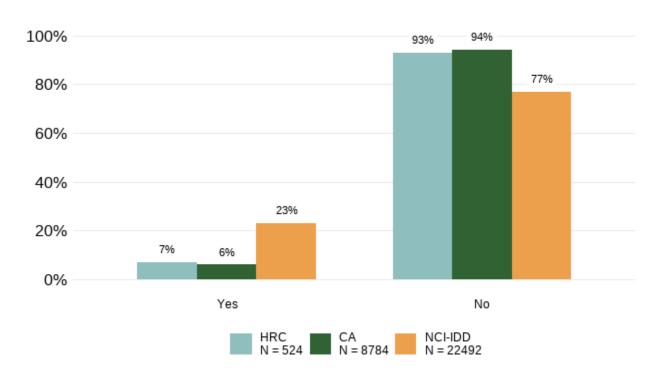


Table 135. Takes medication for behavioral challenges

Information may have been obtained through state records

Regional Center	Yes	No	N
HRC	7%	93%	524
CA	6%	94%	8784
NCI-IDD	23%	77%	22492

## Number of medications taken for behavioral challenges if taking at least one for this purpose

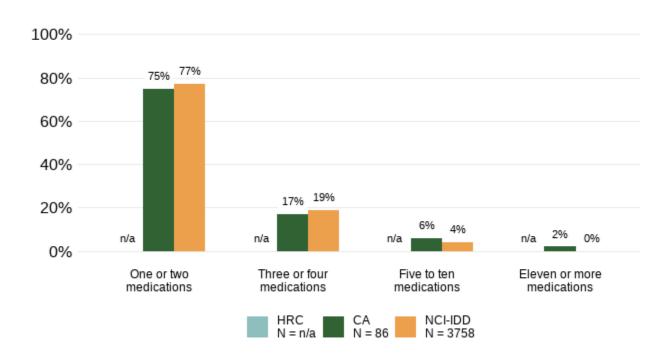


Table 136. Number of medications taken for behavioral challenges if taking at least one for this purpose

Regional Center	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
HRC	n/a	n/a	n/a	n/a	n/a
CA	75%	17%	6%	2%	86
NCI-IDD	77%	19%	4%	0%	3758

### Has behavior plan

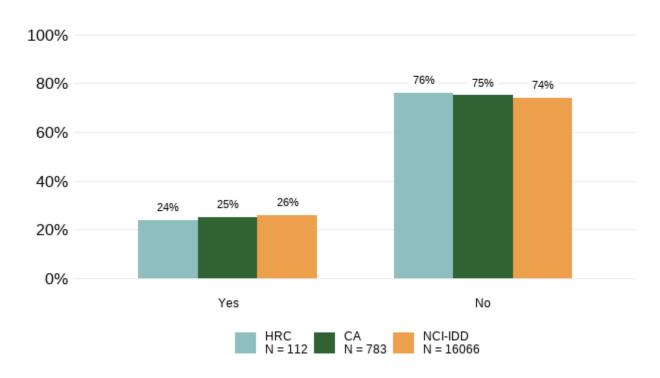


Table 137. Has behavior plan

Information may have been obtained through state records; at least 25% of CA responses were missing or "Don't Know."

Regional Center	Yes	No	N
HRC	24%	76%	112
CA	25%	75%	783
NCI-IDD	26%	74%	16066



### Uses nicotine or tobacco products

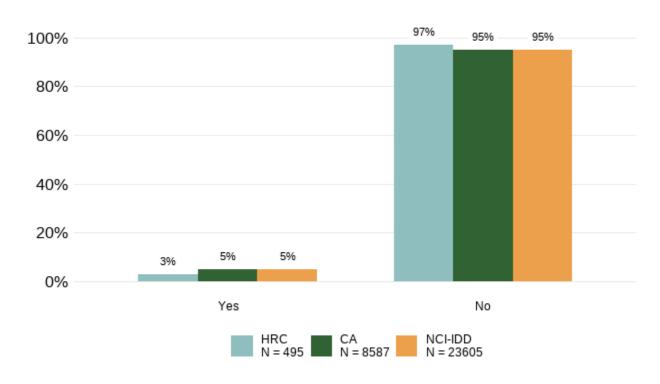


Table 138. Uses nicotine or tobacco products

Information may have been obtained through state records

Regional Center	Yes	No	N
HRC	3%	97%	495
CA	5%	95%	8587
NCI-IDD	5%	95%	23605

### Body mass index (BMI) category (BMI calculated using data on weight and height)



Table 139. Body mass index (BMI) category (BMI calculated using data on weight and height)

Information may have been obtained through state records

Regional Center	Underweight	Normal	Overweight	Obese	N
HRC	7%	33%	26%	34%	524
CA	6%	33%	28%	33%	8822
NCI-IDD	5%	29%	28%	38%	22082

### Exercises or does physical activity at least once per week for 10 minutes or more at a time

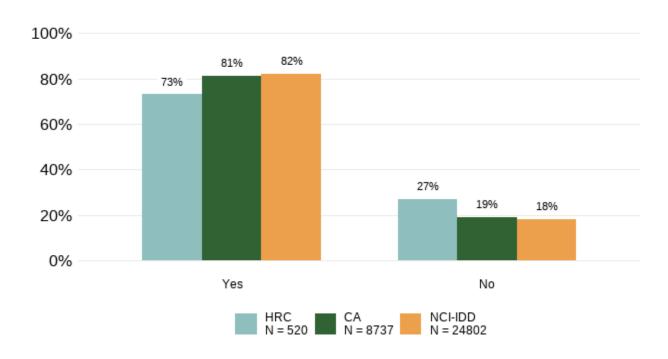


Table 140. Exercises or does physical activity at least once per week for 10 minutes or more at a time *Proxy respondents were allowed for this question* 

Regional Center	Yes	No	N
HRC	73%	27%	520
CA	81%	19%	8737
NCI-IDD	82%	18%	24802

# Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

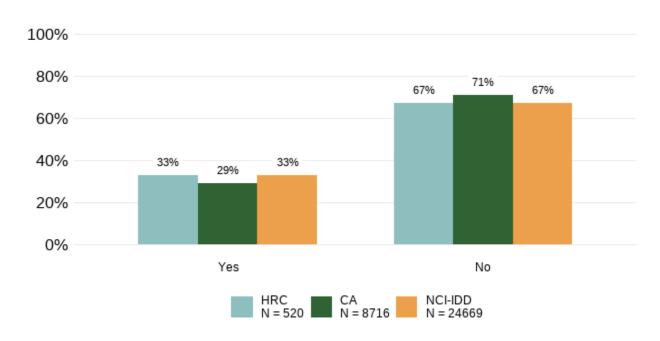


Table 141. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	33%	67%	520
CA	29%	71%	8716
NCI-IDD	33%	67%	24669

Rights and Respect
Value Statement: People's rights are respected and people receive the same respect and protections as others in the community.
The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.

# Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

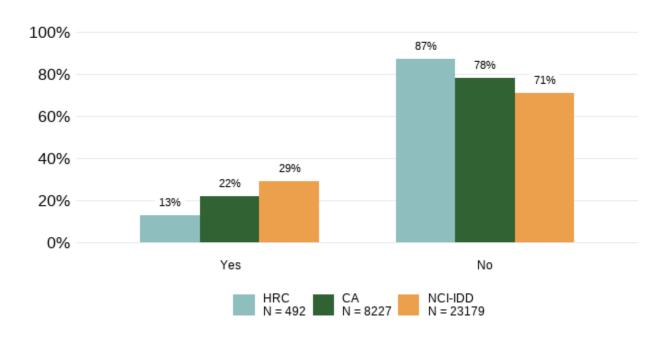


Table 142. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

Proxy respondents were allowed for this question

Yes	No	N
13%	87%	492
22%	78%	8227
29%	71%	23179
	22%	Yes     No       13%     87%       22%     78%       29%     71%

## Has ever voted in local, state, or federal election, or had the opportunity and chose not to

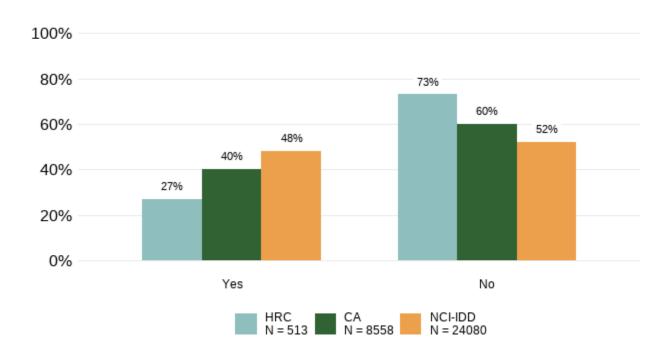


Table 143. Has ever voted in local, state, or federal election, or had the opportunity and chose not to *Proxy respondents were allowed for this question* 

Regional Center	Yes	No	N
HRC	27%	73%	513
CA	40%	60%	8558
NCI-IDD	48%	52%	24080

#### Has a place to be alone in the home

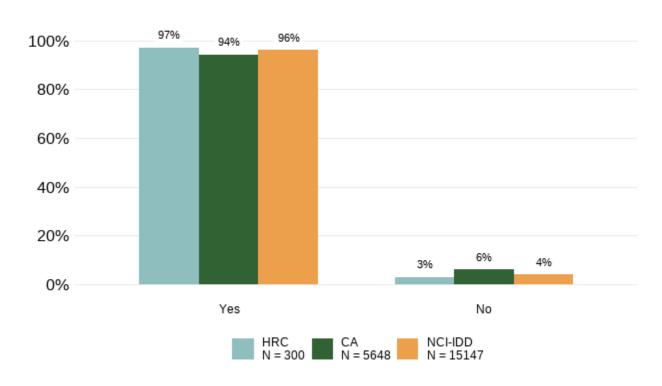


Table 144. Has a place to be alone in the home

Regional Center	Yes	No	N
HRC	97%	3%	300
CA	94%	6%	5648
NCI-IDD	96%	4%	15147

#### Has a key to the home

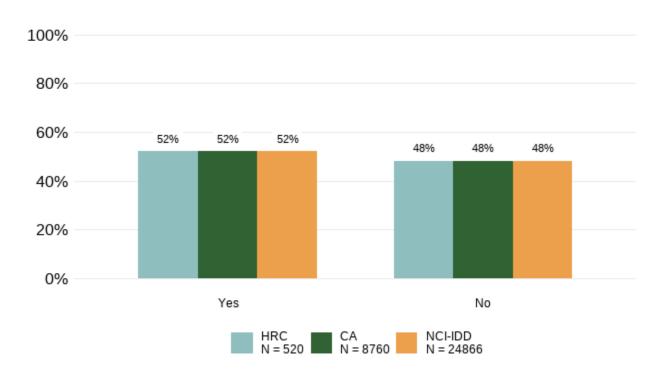


Table 145. Has a key to the home

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	52%	48%	520
CA	52%	48%	8760
NCI-IDD	52%	48%	24866

#### Wants a key to the home (if does not have one)

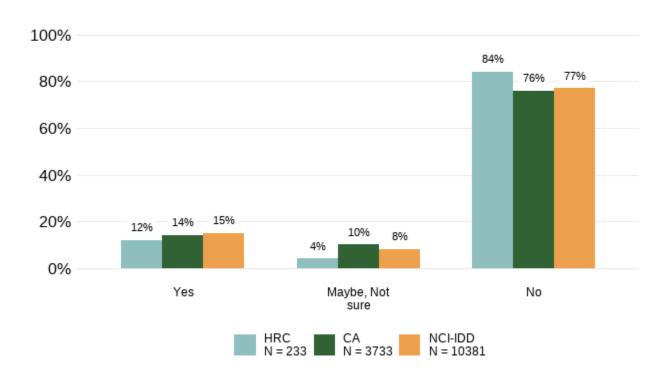
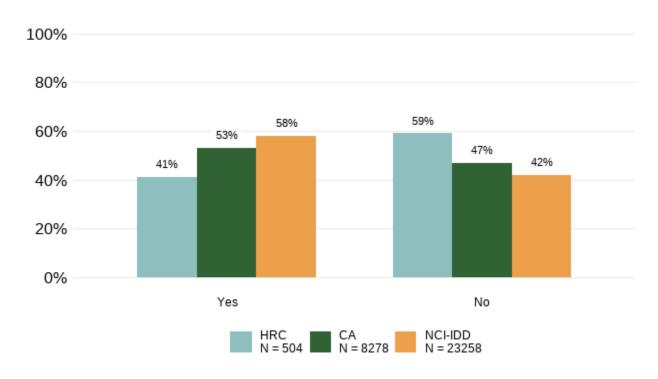


Table 146. Wants a key to the home (if does not have one)

Proxy respondents were allowed for this question

Regional Center	Yes	Maybe, not sure	No	N
HRC	12%	4%	84%	233
CA	14%	10%	76%	3733
NCI-IDD	15%	8%	77%	10381

#### Can lock bedroom if wants



**Table 147. Can lock bedroom if wants** 

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	41%	59%	504
CA	53%	47%	8278
NCI-IDD	58%	42%	23258

# Others (who do not live in the home) let person know before entering home

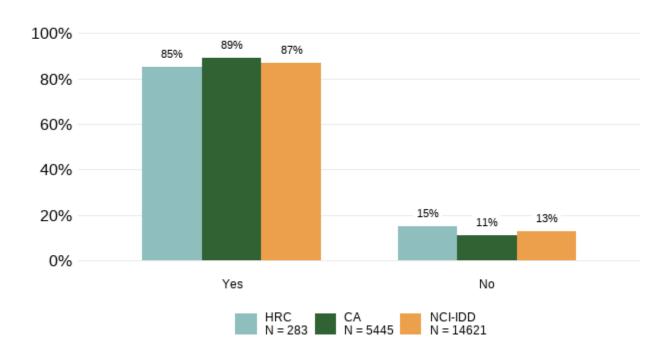


Table 148. Others (who do not live in the home) let person know before entering home

Regional Center	Yes	No	N
HRC	85%	15%	283
CA	89%	11%	5445
NCI-IDD	87%	13%	14621

### Others let person know before coming into person's bedroom

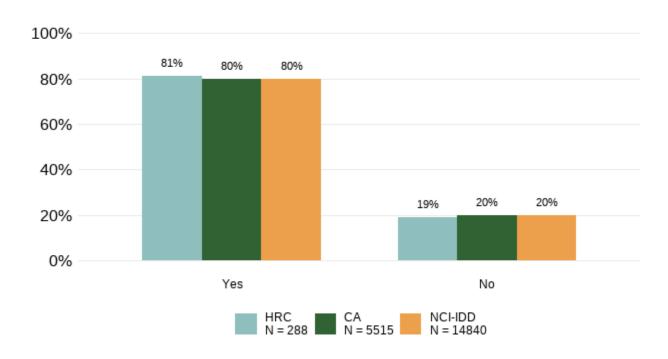


Table 149. Others let person know before coming into person's bedroom

Regional Center	Yes	No	N
HRC	81%	19%	288
CA	80%	20%	5515
NCI-IDD	80%	20%	14840

#### Others read person's mail or email without asking

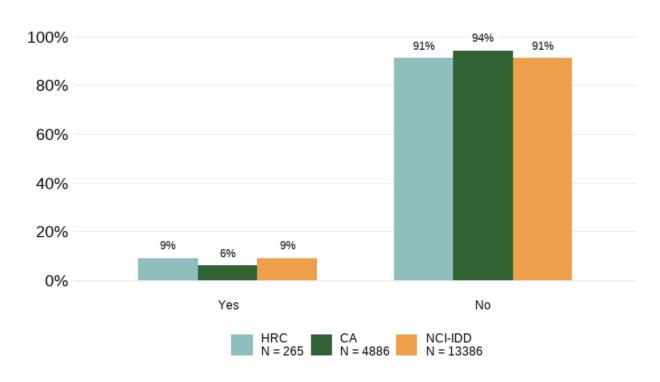


Table 150. Others read person's mail or email without asking

Regional Center	Yes	No	N
HRC	9%	91%	265
CA	6%	94%	4886
NCI-IDD	9%	91%	13386

#### There are no rules for using phone or internet

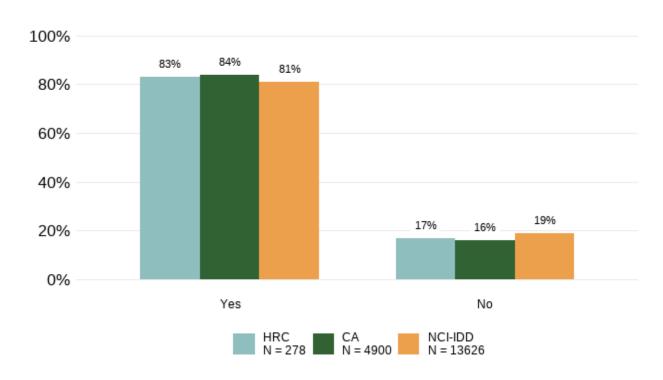


Table 151. There are no rules for using phone or internet

Regional Center	Yes	No	N
HRC	83%	17%	278
CA	84%	16%	4900
NCI-IDD	81%	19%	13626

### There are rules about having friends or visitors in the home

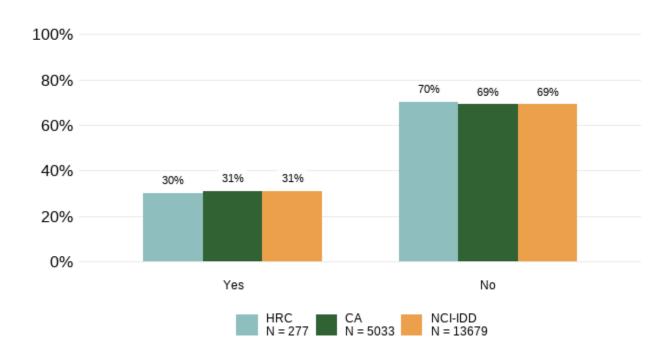


Table 152. There are rules about having friends or visitors in the home

Regional Center	Yes	No	N
HRC	30%	70%	277
CA	31%	69%	5033
NCI-IDD	31%	69%	13679

### Can stay at home if others in the house go somewhere

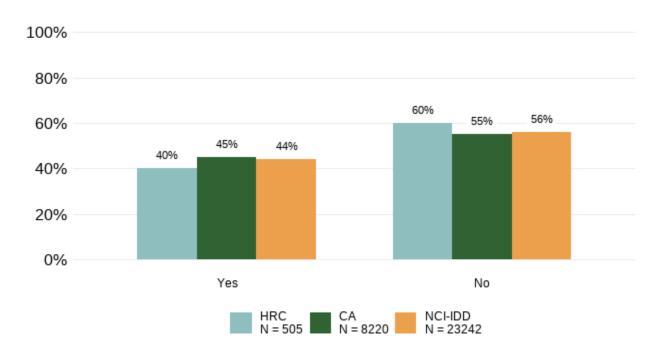
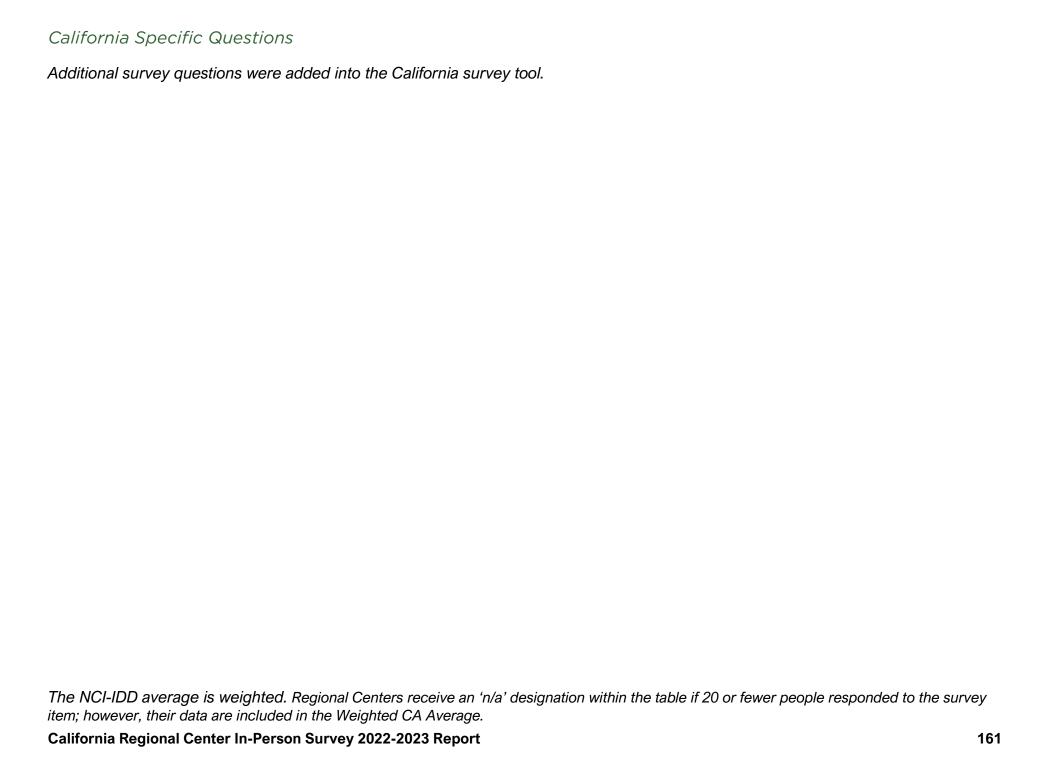


Table 153. Can stay at home if others in the house go somewhere

Proxy respondents were allowed for this question

Regional Center	Yes	No	N
HRC	40%	60%	505
CA	45%	55%	8220
NCI-IDD	44%	56%	23242



# If have a paid job in the community, also works with co-workers who do not have a disability

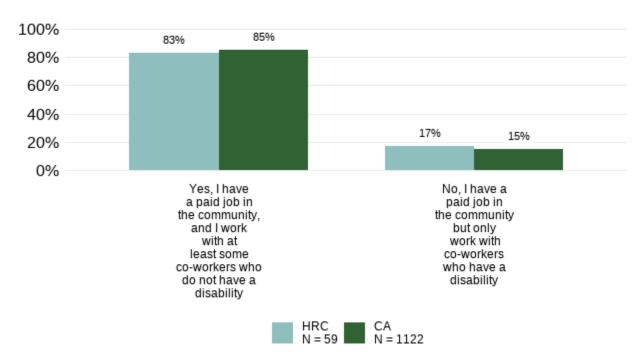


Table 154. If have a paid job in the community, also works with co-workers who do not have a disability

Regional Center	Yes, I have a paid job in the community, and I work with at least some co workers who do not have a disability	No, I have a paid job in the community but only work with co workers who have a disability	N
HRC	83%	17%	59
CA	85%	15%	1122

#### Staff at job speak preferred language

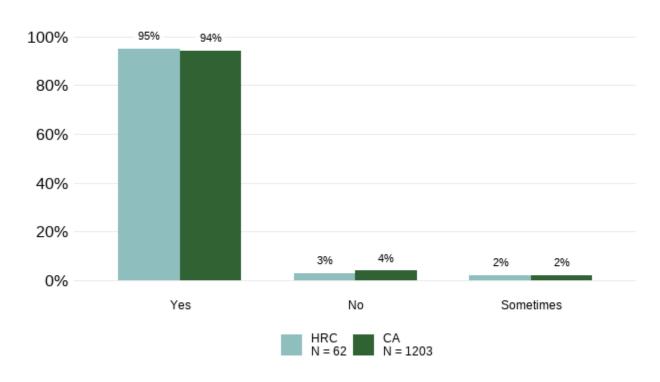


Table 155. Are there staff at your job who speak your preferred language?

Regional Center	Yes	No	Sometimes	N
HRC	95%	3%	2%	62
CA	94%	4%	2%	1203

#### People read text messages without asking first

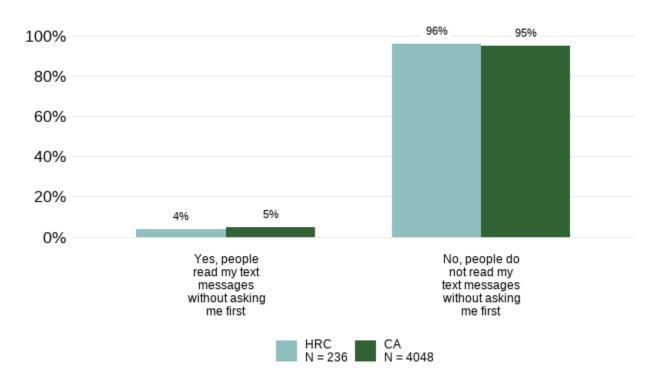


Table 156. Do people read your text messages without asking you first? (For example, do people read your text messages without your permission.)

Regional Center	Yes, people read my text messages without asking me first	No, people do not read my text messages without asking me first	N
HRC	4%	96%	236
CA	5%	95%	4048

### Best way to receive information from the regional center

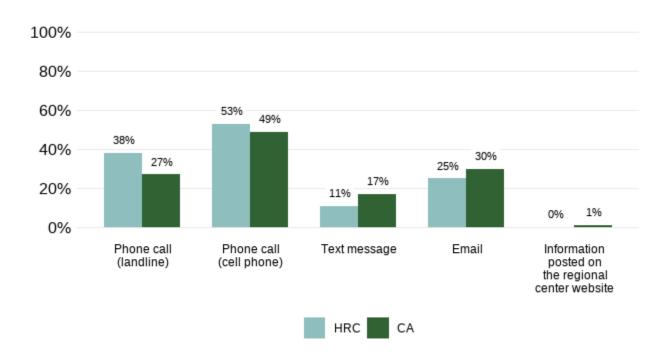


Table 157a. Best way to receive information from the regional center?

Categories are not mutually exclusive; therefore, N is not shown.

Regional Center	Phone call (landline)	Phone call (cell phone)	Text message	Email	Information posted on the regional center website
HRC	38%	53%	11%	25%	0%
CA	27%	49%	17%	30%	1%

### Best way to receive information from the regional center (continued)

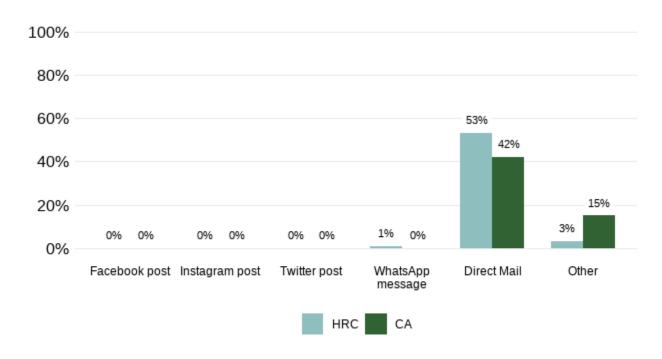


Table 157b. Best way to receive information from the regional center (continued)

Categories are not mutually exclusive; therefore, N is not shown.

Regional Center	Facebook post	Instagram post	Twitter post	WhatsApp message	Direct Mail	Other
HRC	0%	0%	0%	1%	53%	3%
CA	0%	0%	0%	0%	42%	15%

#### Got a copy of your IPP in your preferred language

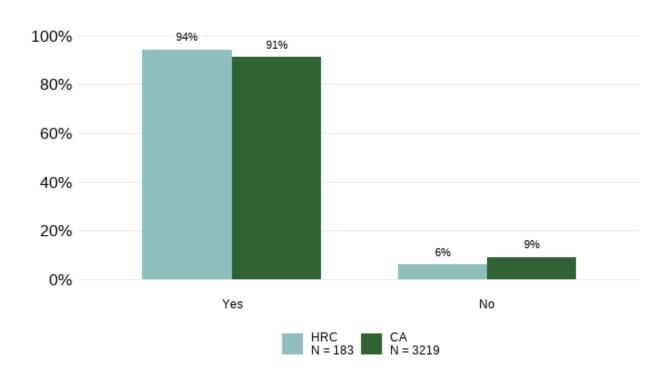


Table 158. Got a copy of your IPP in your preferred language

Yes	No	N
94%	6%	183
91%	9%	3219
	94%	Yes         No           94%         6%           91%         9%

### Knows what to do if disagree with a decision made by a regional center

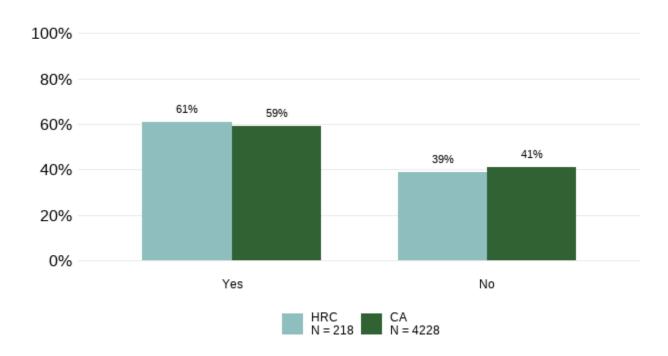


Table 159. Knows what to do if disagree with a decision made by a regional center (For example, do you know how to ask for a Fair Hearing or file a complaint?)

Regional Center	Yes	No	N
HRC	61%	39%	218
CA	59%	41%	4228

# Feel prepared for how to handle a natural disaster emergency (such as a wildfire or earthquake)

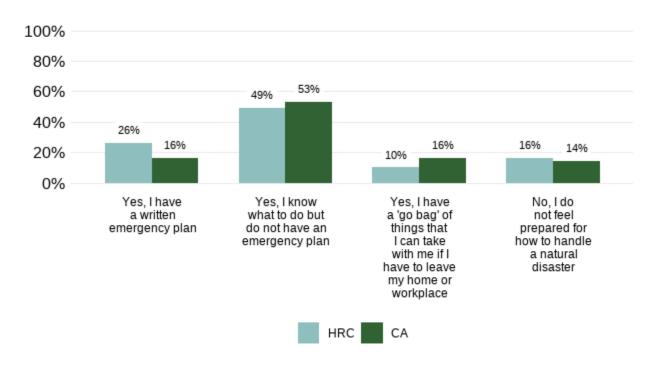


Table 160. Feel prepared for how to handle a natural disaster emergency (such as a wildfire or earthquake)

Categories are not mutually exclusive; therefore, N is not shown.

Regional Center	Yes, I have a written emergency plan	Yes, I know what to do but do not have an emergency plan	Yes, I have a 'go bag' of things that I can take with me if I have to leave my home or workplace	No, I do not feel prepared for how to handle a natural disaster
HRC	26%	49%	10%	16%
CA	16%	53%	16%	14%

# If participated in religious or spiritual practice (either in-person or online), chose the religious service or spiritual practice attended

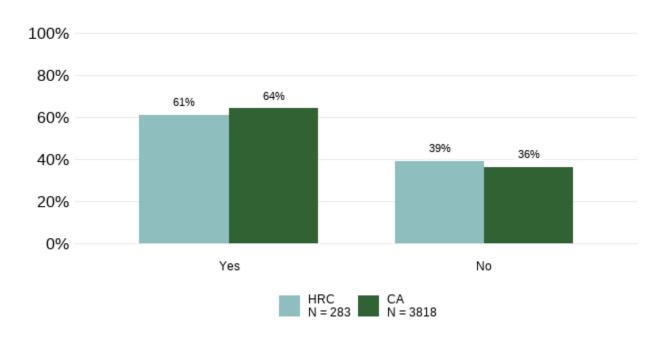


Table 161. If participated in religious or spiritual practice (either in-person or online), chose the religious service or spiritual practice attended

Regional Center	Yes	No	N
HRC	61%	39%	283
CA	64%	36%	3818

# If have a job, get paid the California state minimum wage (\$15.00/hour)

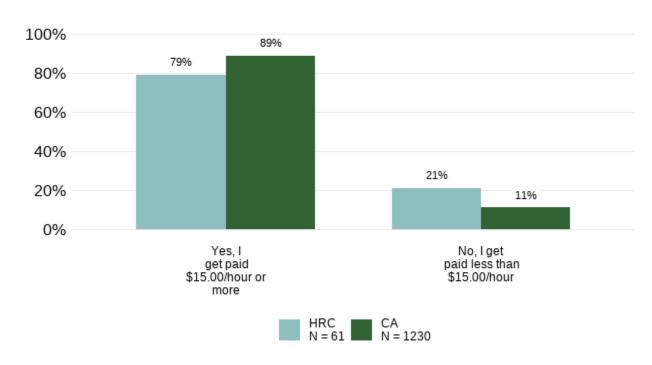


Table 162. If have a job, get paid the California state minimum wage (\$15.00/hour)

Regional Center	Yes, I get paid \$15.00/hour or more	No, I get paid less than \$15.00/hour	
HRC	79%	21%	61
CA	89%	11%	1230

### Staff at day program or work program who speak preferred language

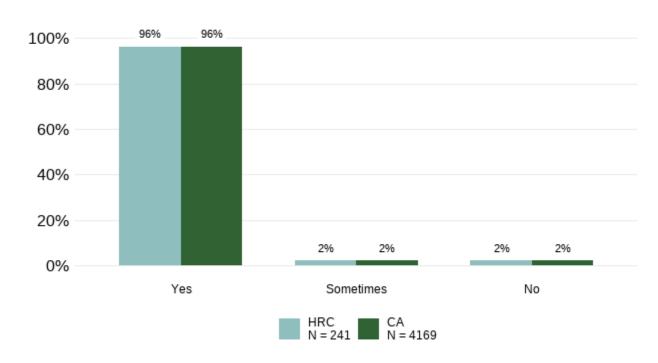


Table 163. Staff at day program or work program who speak preferred language

Regional Center	Yes	Sometimes	No	N
HRC	96%	2%	2%	241
CA	96%	2%	2%	4169

### Have to ask for permission to get spending money to buy things

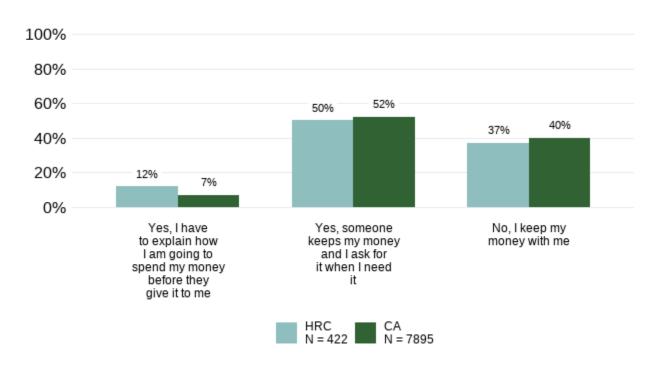


Table 164. Have to ask for permission to get spending money to buy things

Regional Center	Yes, I have to explain how I am going to spend my money before they give it to me	Yes, someone keeps my money and I ask for it when I need it	No, I keep my money with me	N
HRC	12%	50%	37%	422
CA	7%	52%	40%	7895

### Devices that can be used to access the internet, talk with others, or see others

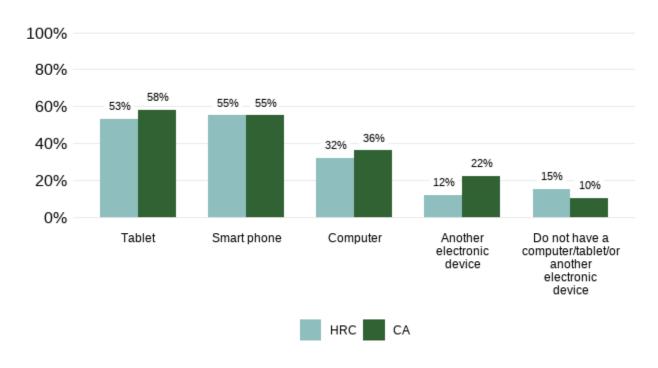


Table 165. Devices that can be used to access the internet, talk with others, or see others Categories are not mutually exclusive; therefore, N is not shown.

Regional Center	Tablet	Smart phone	Computer	Another electronic device	Do not have a computer/tablet/or another electronic device
HRC	53%	55%	32%	12%	15%
CA	58%	55%	36%	22%	10%