

# NCI-IDD In-Person Survey

## Valley Mountain Regional Center Report Fiscal Year 2022-23



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*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## ***Message from the California Department of Developmental Services***

*Mission: The Department of Developmental Services (DDS) is committed to providing leadership that results in quality services to the people of California and assures the opportunity for individuals with developmental disabilities to exercise their right to make choices.*

The NCI-IDD In-Person Survey (IPS) report was compiled by Human Services Research Institute (HSRI) in accordance with Welfare and Institutions Code (WIC), Section 4571. It is an important effort to collect accurate, reliable, and valid individual and family satisfaction measures, as well as individual outcome data. More information about the California NCI-IDD can be found at <http://www.dds.ca.gov/QA/>.

This is the sixth administration of the CA In-Person Survey, with data collected from July 2022 through June 2023. During that time, 8,830 face-to-face surveys were completed with adults with intellectual and developmental disabilities receiving at least one service beyond case management from a regional center. The data findings in this report contribute to our understanding of how California's system is performing. California uses these reports to monitor changes in the system and to guide strategic planning and quality improvement activities. Regional centers can use the data in a similar fashion at the local level.

This report does not compare California's data to the data of other states, but it does include the NCI average across participating NCI states. This is because California's DDS service system is unique among states. Some of the things that make California's service system unique include:

1. California has longstanding statute that ensures services and supports are provided for eligible persons with intellectual and developmental disabilities.
2. California's laws mandate intake, evaluation, and assessment within 120 days.
3. California has a broad eligibility definition for receiving services.
4. California has mandated services, including case management, with statutory limitations on caseload size.
5. California's service obligations to the families needing services are, by law, from pre-conception to death.
6. California's regional centers are, by design, autonomous in that each center has a local board of directors to best address the unique needs of each of the 21 regions.
7. Consumers or their families can call a team meeting at any time to request a change in service.

Reports like this offer DDS the opportunity to compare the results of the data across the years. System improvements will take time to identify and achieve, but this report provides valuable data and is one more tool in our continuous effort to improve services and supports to individuals with intellectual and developmental disabilities across California.

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Acknowledgements**

This report would not be possible if not for the 8830 individuals who agreed to offer their time and discuss their lives in order to assist in improving the services of all people with intellectual/ developmental disabilities in California. Additionally, a special mention goes to the families, friends, and staff members who participated in the survey process.

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## Quality Assessment Project and National Core Indicators®- Intellectual and Developmental Disabilities

This report contains regional center level results from California's statewide National Core Indicators®-Intellectual and Developmental Disabilities (NCI®-IDD) In-Person Survey (IPS) data collection from fiscal year 2022-23 (FY 22/23) in accordance with Welfare and Institutions Code (WIC), Section 4571. WIC, Section 4571 directs the Department of Developmental Services (DDS) to collect accurate, reliable, and valid consumer and family satisfaction measures as well as individual outcome data. In California, data from this project will be used to review and benchmark statewide and regional center developmental disability service system performance. This report shows this regional center compared to the California statewide and NCI-IDD averages. Regional centers can use this report to help guide strategic planning and monitor systemic changes.

### What is National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

### What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state I/DD (Intellectual / Developmental Disabilities) service system. The survey instrument includes a “Background Information Section”, which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Where are the statistics in this report from?

Thirty-three (33) states administered the In-Person Survey (IPS) in 2022-23 collected a valid sample for analysis. Together they contribute 25,424 surveys. Each of the 21 California regional centers collected a valid sample for analysis. Together they contributed 8830 surveys.

The charts in this document, grouped by subdomain, display the regional center results alongside the weighted CA and NCI-IDD averages. The charts are followed by accessible tables containing the same information. Many questions in the IPS allow respondents to answer a question with “middle” response like “maybe”, “sometimes” or “in-between”. Data in this report are “collapsed” data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The CA and NCI-IDD averages are “weighted” to reflect the regional centers’ and states’ relative population and sample sizes. We created the weights using the regional centers’ and state’s number of valid surveys and its total survey-eligible population. This way, a regional center or state that provides services to a larger number of people but uses a sample similar in size to other regional centers or states has a greater influence on the overall state or NCI-IDD average (that is, its contribution is proportional to its service population).

Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the CA Average. Some items collected from the Background Information section were not available in CA records and could not be collected during the survey interview, those outcomes are designated as ‘n/a’ at the statewide and regional center levels. To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Report: <https://idd.nationalcoreindicators.org/survey-reports-insights/report-library/>.

## Results

In California, the In-Person Survey is administered once every other year and data are collected from all 21 regional centers. The California statewide average is comprised of this data. **Please note: the NCI-IDD average (noted as just “NCI-IDD” in the tables) and CA averages (noted as “CA”) shown throughout this report are weighted.**

Respondents of this survey are adults who have IDD and receive at least one service in addition to case management from the state DD service system. More NCI data findings are available at <https://www.dds.ca.gov/rc/nci/>.

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Presentation of Demographics

The following section details the demographic profile of individuals included in the 2022-23 In-Person Survey. Tables display demographic results listed alphabetically by regional center, followed by the *weighted* CA and NCI-IDD averages.

Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the CA Average. Some items collected from the Background Information section were not available in CA records and could not be collected during the survey interview. Those outcomes are not included in this report.

Regional centers with fewer than 20 respondents to a question **are not** included in outcome tables; however, their data **are** included in the CA Average.

**Note on NCI Averages:** The NCI-IDD averages and CA averages contained in this report are “weighted” means; their calculations reflect the relative population sizes of participating states and the states’ sample sizes. See more about weighting in the Methodology section.

“N” demonstrates the number of valid responses for each question. “N” can vary between questions. The N does not include missing responses, “don’t know” responses or “not applicable” responses.

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## Demographics

*This section presents descriptive information of individuals surveyed.*

For several states included in the NCI-IDD Average, survey items in the Background Information section (including certain items related to Demographics, Health, Medication, and Wellness) had a large amount of missing data or data recorded as “don’t know.” Detailed information by state can be found in the NCI-IDD National In-Person Survey Report: <https://idd.nationalcoreindicators.org/survey-reports-insights/>.

The quantity of missing data can be a result of several factors. We do not know whether the data are missing systematically or randomly; for example, are data missing across the board for those in a specific waiver population in a given state? If so, the resulting data are not representative of the entire sample or population. Please note that the NCI-IDD average reflects the average of data that were reported to NCI-IDD and may not be reflective of the service population across the country.

All CA statewide and NCI-IDD averages are weighted. For more information on weighting see the Data Analysis section of this report.

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**Table 1. Age**

Regional Center	Mean age (years)	N
VMRC	41.6	434
CA	39.0	8830
NCI-IDD	40.2	25041

**Table 2. Age group**

Regional Center	18-22	23-34	35-54	55-74	75 and older	Unknown	N
VMRC	15%	26%	32%	23%	4%	0%	434
CA	15%	35%	29%	19%	2%	0%	8830
NCI-IDD	9%	37%	32%	19%	2%	1%	25424

**Table 3. Sex**

*Refers to individual's sex as assigned at birth*

Regional Center	Male	Female	Don't know	N
VMRC	64%	36%	0%	434
CA	59%	41%	0%	8830
NCI-IDD	60%	40%	0%	25062

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#### Table 4. Marital status

Information may have been collected in the field

Regional Center	Single, never married	Married	Single, married in the past	Don't know	N
VMRC	94%	4%	2%	0%	430
CA	97%	2%	1%	0%	8805
NCI-IDD	93%	1%	2%	4%	24913

#### Table 5. Is this person a parent?

Categories are not mutually exclusive; therefore, N is not shown. At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Yes, parent of a child or children, unknown age(s)	Don't know
VMRC	97%	3%	0%	0%	3%
CA	88%	8%	5%	0%	0%
NCI-IDD	96%	2%	2%	0%	14%

#### Table 6. Race and ethnicity

Categories are not mutually exclusive; therefore, N is not shown; “Don’t know” responses are included in the denominator, which is different from past years. In previous years, this variable was mutually exclusive.

Regional Center	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Don't know
VMRC	1%	9%	11%	0%	48%	31%	2%	0%
CA	0%	9%	11%	0%	40%	36%	2%	1%
NCI-IDD	1%	4%	17%	1%	63%	14%	3%	4%

The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.

**Table 7. Residential designation**

Information based on residential designation defined by the USDA: <https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx>

Regional Center	Metropolitan	Micropolitan	Rural	Small town	N
VMRC	94%	4%	1%	1%	433
CA	95%	4%	0%	1%	8800
NCI-IDD	82%	10%	2%	5%	25007

**Table 8. Type of residence - ICFs/ID, nursing facilities or other specialized institutional settings**

Regional Center	ICF/IID, 4-6 residents with disabilities	ICF/IID, 7-15 residents with disabilities	ICF/IID, 16 or more residents with disabilities	Nursing facility	Other specialized institutional facility	N
VMRC	3%	0%	0%	0%	8%	434
CA	5%	0%	0%	1%	1%	8811
NCI-IDD	2%	1%	0%	0%	0%	25039

**Table 9. Type of residence - group residential setting**

Regional Center	Group living setting, 2-3 people with disabilities	Group living setting, 4-6 people with disabilities	Group living setting, 7-15 people with disabilities	N
VMRC	1%	31%	3%	434
CA	1%	21%	1%	8811
NCI-IDD	8%	18%	5%	25039

The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.

**Table 10. Type of residence - Continued**

Regional Center	Own home or apartment	Parent or relative's home	Foster care or host home (2 or more people with a disability)	Foster care, host home, or shared living (1 person with a disability)	Homeless or crisis bed placement	Other	Don't know	N
VMRC	14%	38%	0%	0%	0%	0%	0%	434
CA	13%	56%	1%	0%	0%	0%	0%	8811
NCI-IDD	12%	45%	3%	3%	0%	0%	1%	25039

**Table 11. Length of time at current residence (if not homeless or in crisis bed placement)**

Regional Center	Less than 1 year	1-3 years	4-5 years	Over 5 years	Don't know	N
VMRC	7%	17%	10%	66%	0%	433
CA	8%	13%	9%	69%	0%	8792
NCI-IDD	8%	17%	9%	63%	4%	24657

**Table 12. Person's residence owned or controlled by provider agency**

Regional Center	Yes	No	Don't know	N
VMRC	47%	53%	0%	430
CA	30%	70%	0%	8792
NCI-IDD	36%	62%	2%	22722

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 13. Person is named on the lease or other legally enforceable rental agreement***At least 25% of CA responses were missing or “Don’t Know.”*

Regional Center	Yes, named on lease or deed	No	Yes, named on other legally enforceable rental agreement	Don't know	N
VMRC	n/a	n/a	n/a	n/a	n/a
CA	9%	83%	4%	4%	604
NCI-IDD	17%	56%	7%	20%	15335

**Table 14. Has ID diagnosis**

Regional Center	Yes	No	Don't know	N
VMRC	84%	16%	0%	434
CA	75%	25%	0%	8829
NCI-IDD	84%	14%	2%	24999

**Table 15. Level of ID**

Regional Center	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
VMRC	52%	27%	11%	5%	5%	0%	364
CA	49%	25%	12%	7%	7%	0%	6558
NCI-IDD	39%	30%	11%	7%	13%	0%	20927

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 16. Mood, anxiety, behavior, psychotic, and other mental illness**

Categories are not mutually exclusive; therefore, N is not shown; “Don’t Know” responses are included in the denominator. At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	Mood disorder	Anxiety disorder	Behavior challenges	Psychotic disorder	Other mental illness or psychiatric diagnosis
VMRC	1%	2%	0%	1%	0%
CA	2%	2%	1%	1%	1%
NCI-IDD	24%	21%	21%	8%	7%

**Table 17. Diagnoses noted in record**

Categories are not mutually exclusive; therefore, N is not shown; “Don’t Know” responses are included in the denominator. At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	Autism spectrum disorder	Cerebral Palsy	Brain injury	Seizure disorder	Chemical dependency
VMRC	37%	30%	0%	38%	0%
CA	42%	29%	0%	33%	0%
NCI-IDD	31%	16%	3%	25%	1%

**Table 18. Diagnoses noted in record (continued)**

Categories are not mutually exclusive; therefore, N is not shown; “Don’t Know” responses are included in the denominator. At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	Down syndrome	Prader-Willi syndrome	Fetal alcohol syndrome	Limited or no Vision	Severe or profound hearing loss	Other disabilities not listed	No other disabilities other than ID
VMRC	1%	0%	0%	11%	10%	0%	0%
CA	2%	0%	0%	13%	9%	0%	0%
NCI-IDD	6%	0%	1%	12%	4%	14%	10%

The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.

**Table 19. Other conditions in record**

Categories are not mutually exclusive; therefore, N is not shown; “Don’t Know” responses are included in the denominator.

Regional Center	Cardiovascular disease	Diabetes	Cancer	High blood pressure	High cholesterol
VMRC	3%	29%	5%	1%	59%
CA	3%	26%	7%	9%	43%
NCI-IDD	8%	17%	3%	26%	24%

**Table 20. Other conditions in record (continued)**

Categories are not mutually exclusive; therefore, N is not shown; “Don’t Know” responses are included in the denominator.

Regional Center	Dysphagia	Pressure ulcers	Alzheimer’s disease or other dementia	Oral health or dental problems	Sleep apnea
VMRC	1%	0%	0%	1%	4%
CA	4%	1%	0%	1%	8%
NCI-IDD	8%	1%	3%	4%	9%

**Table 21. Other conditions in record (continued)**

Categories are not mutually exclusive; therefore, N is not shown; “Don’t Know” responses are included in the denominator.

Regional Center	Asthma	Other pulmonary diagnosis	Chronic kidney disease	Long-term health problems associated with COVID-19	Other
VMRC	24%	3%	1%	0%	1%
CA	26%	4%	2%	0%	4%
NCI-IDD	12%	3%	12%	0%	47%

The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.



**Table 22. Preferred language***Information may have been collected in the field*

Regional Center	English	Spanish	Chinese (including Mandarin, Cantonese, and Hokkien)	N
VMRC	82%	14%	0%	434
CA	77%	20%	1%	8829
NCI-IDD	92%	6%	0%	24851

**Table 23. Preferred language (continued)***Information may have been collected in the field*

Regional Center	Tagalog (Including Filipino)	Vietnamese	Korean	Arabic	N
VMRC		1%	0%	0%	434
CA		0%	1%	0%	8829
NCI-IDD		0%	0%	0%	24851

**Table 24. Preferred language (continued)***Information may have been collected in the field*

Regional Center	Armenian	Farsi	Hmong	Khmer	N
VMRC	0%	0%	0%	0%	434
CA	0%	0%	0%	0%	8829
NCI-IDD	0%	0%	0%	0%	24851

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 25. Preferred language (continued)***Information may have been collected in the field*

Regional Center	Lao	Russian	American Sign Language (ASL)	Other	N
VMRC	0%	0%	0%	2%	434
CA	0%	0%	0%	0%	8829
NCI-IDD	0%	0%	0%	1%	24851

**Table 26. Preferred means of communication***Information may have been collected in the field*

Regional Center	Spoken	Gestures or body language	Sign language or finger spelling	Communication device	Other	Don't know	N
VMRC	83%	15%	0%	0%	2%	0%	434
CA	83%	16%	0%	0%	0%	0%	8792
NCI-IDD	77%	14%	1%	1%	4%	2%	24943

**Table 27. Mobility***Information may have been collected in the field*

Regional Center	Moves self around environment without aids	Moves self around environment with aids or uses wheelchair independently	Non-ambulatory and always needs assistance to move around environment	Don't know	N
VMRC	78%	8%	14%	0%	433
CA	81%	5%	14%	0%	8817
NCI-IDD	77%	12%	10%	1%	24933

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 28. Support needed to manage self-injurious behavior**

Regional Center	None	Some	Extensive	Don't know	N
VMRC	76%	20%	4%	1%	433
CA	78%	19%	2%	0%	8799
NCI-IDD	75%	17%	5%	3%	24296

**Table 29. Support needed to manage disruptive behavior**

Regional Center	None	Some	Extensive	Don't know	N
VMRC	50%	29%	21%	1%	431
CA	49%	28%	22%	0%	8801
NCI-IDD	57%	25%	10%	8%	24384

**Table 30. Support needed to manage destructive behavior**

*At least 25% of CA responses were missing or “Don’t Know.”*

Regional Center	None	Some	Don't know	Extensive	N
VMRC	n/a	n/a	n/a	n/a	n/a
CA	79%	14%	4%	3%	631
NCI-IDD	68%	17%	10%	5%	16215

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 31. Level of guardianship/conservatorship**

Regional Center	None	Limited guardianship/conservatorship	Has guardian/conservator but unable to distinguish level	Don't know	Full guardianship/conservatorship	N
VMRC	79%	19%	0%	3%	0%	434
CA	66%	33%	0%	1%	0%	8829
NCI-IDD	51%	10%	11%	3%	26%	25049

**Table 32. Guardian's/conservator's relationship to person**

*At least 25% of CA responses were missing or "Don't Know." The option of "Friend" and "Financial Institution" are valid response options in the national report but not in the CA IPS, and are noted as N/A for each regional center and the CA statewide average.*

Regional Center	Family	Friend	Public guardian/conservator or public administrator	Financial institution	N
VMRC	57%	n/a	31%	n/a	88
CA	42%	n/a	56%	n/a	2883
NCI-IDD	68%	1%	17%	0%	10976

**Table 33. Guardian's/conservator's relationship to person (continued)**

*At least 25% of CA responses were missing or "Don't Know." The option of "Friend" and "Financial Institution" are valid response options in the national report but not in the CA IPS, and are noted as N/A for each regional center and the CA statewide average.*

Regional Center	Non-profit guardianship/conservatorship agency	For-profit guardianship/conservatorship agency	Don't know	Other	N
VMRC	0%	n/a	0%	13%	88
CA	0%	n/a	0%	2%	2883
NCI-IDD	1%	0%	9%	3%	10976

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 34. Funding source**

Categories are not mutually exclusive; therefore, N is not shown. At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	ICF/IID	Medicaid HCBS waiver funded services	Medicaid state plan funded	LTC exclusively supported by state funds and no Medicaid	LTC exclusively supported by state funds, person has Medicaid for health	Don't know
VMRC	2%	0%	0%	0%	0%	98%
CA	20%	7%	8%	10%	15%	44%
NCI-IDD	3%	86%	41%	0%	1%	3%

**Table 35. Person receives Medicare**

At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	Yes	No	Don't know	N
VMRC	8%	2%	90%	50
CA	41%	48%	11%	642
NCI-IDD	47%	47%	6%	16661

**Table 36. Amount of daily support received at home**

At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	24-hour on-site support or supervision	Daily on-site support	Scheduled less frequent than daily support	As-needed visitation and phone contact	None of these options	Don't know	N
VMRC	n/a	n/a	n/a	n/a	n/a	n/a	n/a
CA	33%	16%	8%	3%	35%	4%	612
NCI-IDD	45%	18%	17%	2%	9%	9%	16269

The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.

**Table 37. Has remote supports**

Remote supports combine technology and direct care to provide supports such as home-based sensors, cameras, and other devices. At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	No, none	Yes, 24-hour remote supports	Yes, less than 24-hour remote supports	Don’t know	N
VMRC	n/a	n/a	n/a	n/a	n/a
CA	89%	5%	2%	4%	611
NCI-IDD	80%	3%	2%	15%	15862

**Table 38. Has ever been diagnosed or presumed diagnosed with COVID-19**

At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	Yes	No	Don’t know	N
VMRC	51%	44%	5%	434
CA	33%	40%	27%	8829
NCI-IDD	35%	49%	16%	22439

**Table 39. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID-19)**

At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	Yes	No	Don’t know	N
VMRC	9%	89%	1%	215
CA	6%	92%	2%	2758
NCI-IDD	9%	89%	2%	7483

The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.

**Table 40. Has gotten the COVID-19 vaccine**

Regional Center	Yes, fully vaccinated and has received at least one booster	Yes, fully vaccinated	Partially vaccinated--received one of two doses of Pfizer-BioNTech or Moderna	Not vaccinated at all	Don't know	N
VMRC	23%	59%	4%	13%	1%	434
CA	29%	46%	5%	9%	12%	8830
NCI-IDD	49%	26%	3%	10%	11%	22410

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

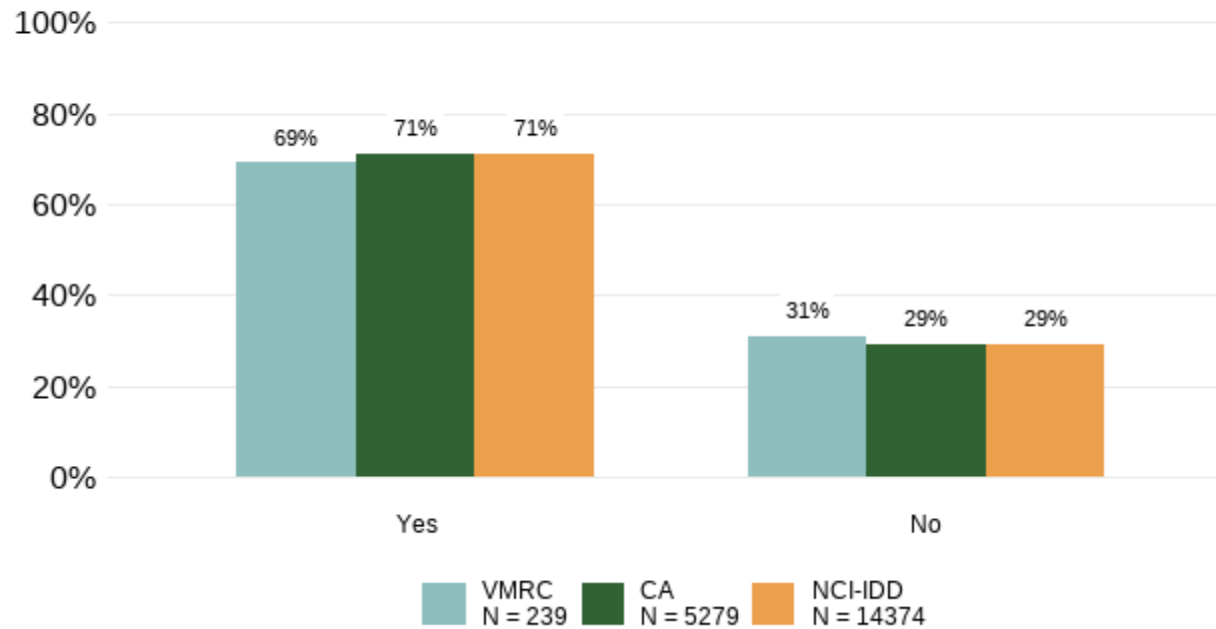
## *Community Inclusion and Belonging*

*Value statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



### Gets to go out and do the things likes to do in the community as much as wants to

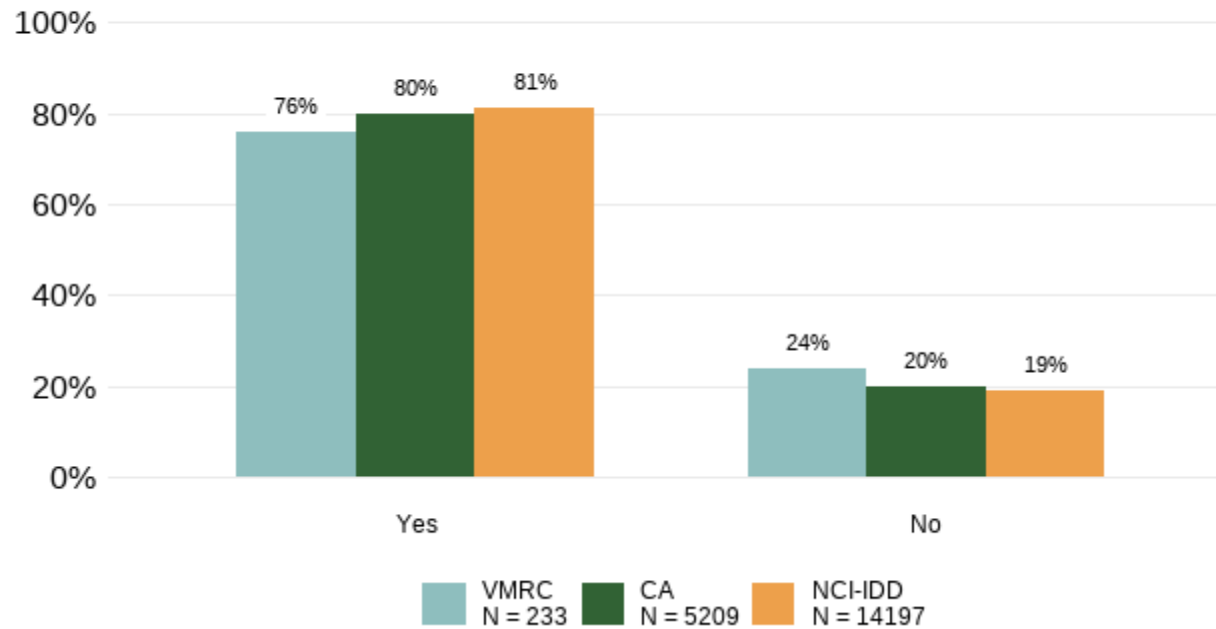


**Table 41. Gets to go out and do the things likes to do in the community as much as wants to**

Regional Center	Yes	No	N
VMRC	69%	31%	239
CA	71%	29%	5279
NCI-IDD	71%	29%	14374

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Does things in the community with the people they want

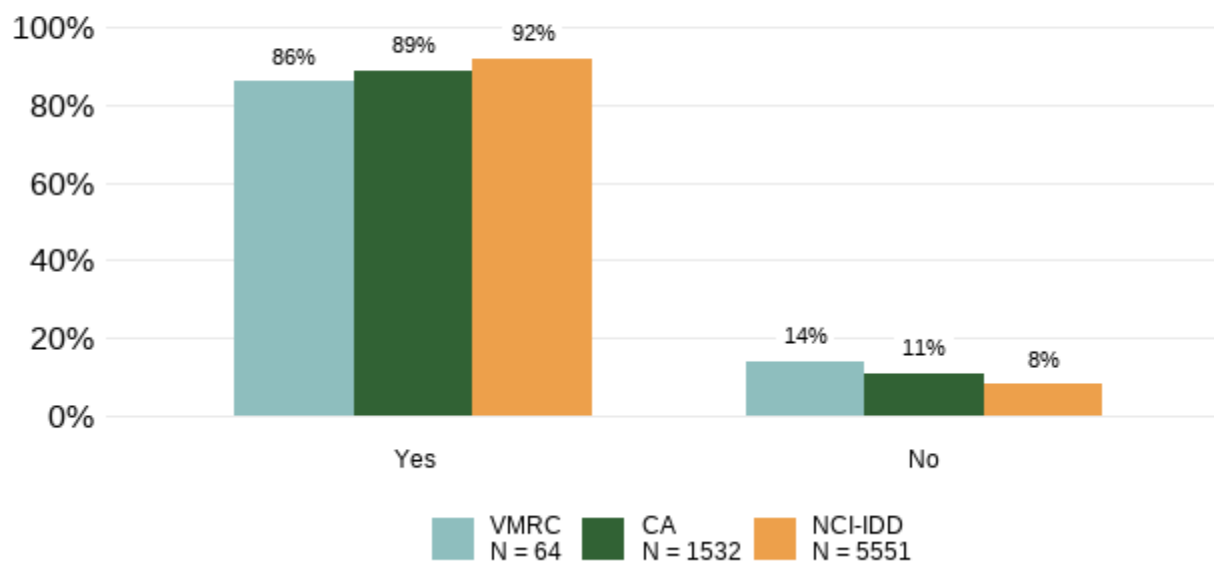


**Table 42. Does things in the community with the people they want**

Regional Center	Yes	No	N
VMRC	76%	24%	233
CA	80%	20%	5209
NCI-IDD	81%	19%	14197

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**



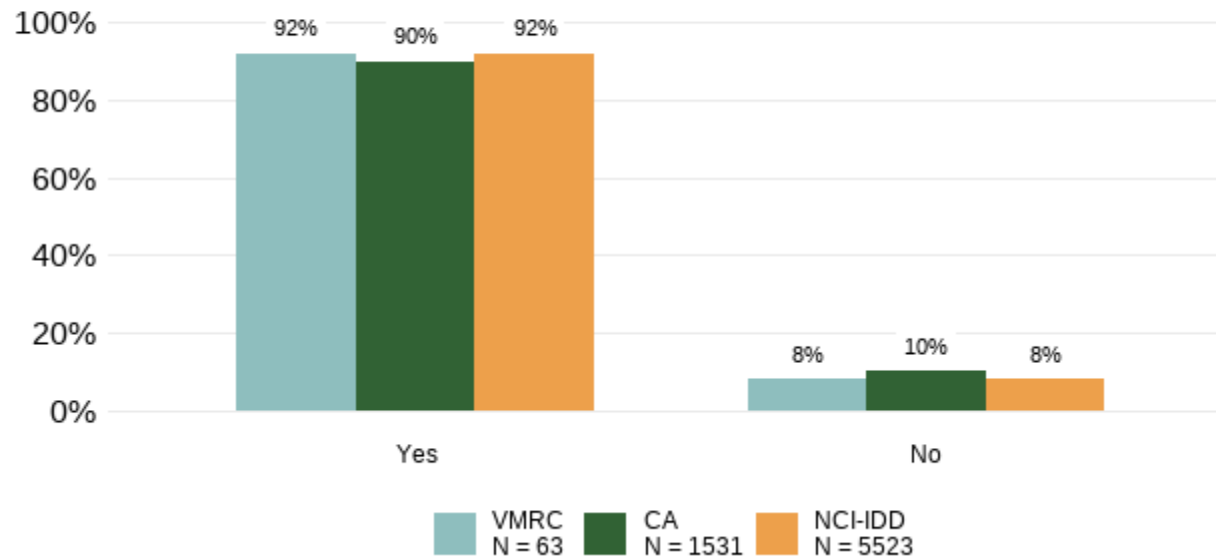
**Table 43. Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	86%	14%	64
CA	89%	11%	1532
NCI-IDD	92%	8%	5551

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

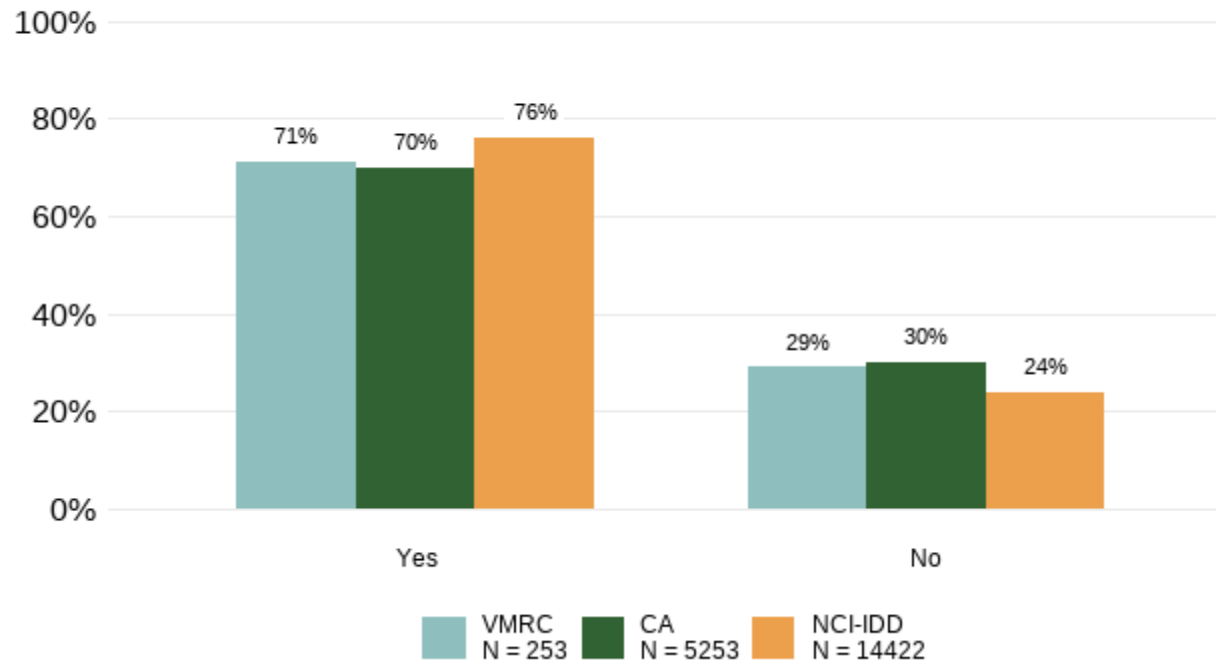


**Table 44. Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

Regional Center	Yes	No	N
VMRC	92%	8%	63
CA	90%	10%	1531
NCI-IDD	92%	8%	5523

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Gets help to learn new things



**Table 45. Gets help to learn new things**

Regional Center	Yes	No	N
VMRC	71%	29%	253
CA	70%	30%	5253
NCI-IDD	76%	24%	14422

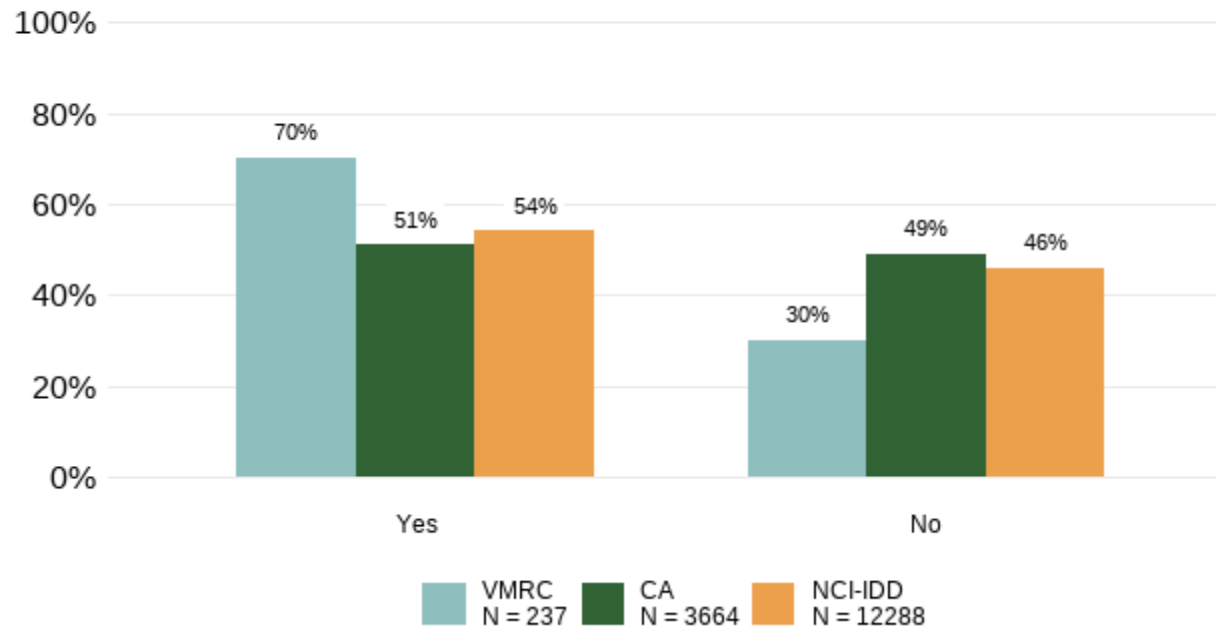
*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Choice and Decision Making*

*Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Chose or had some input in choosing where they live if not living in the family home



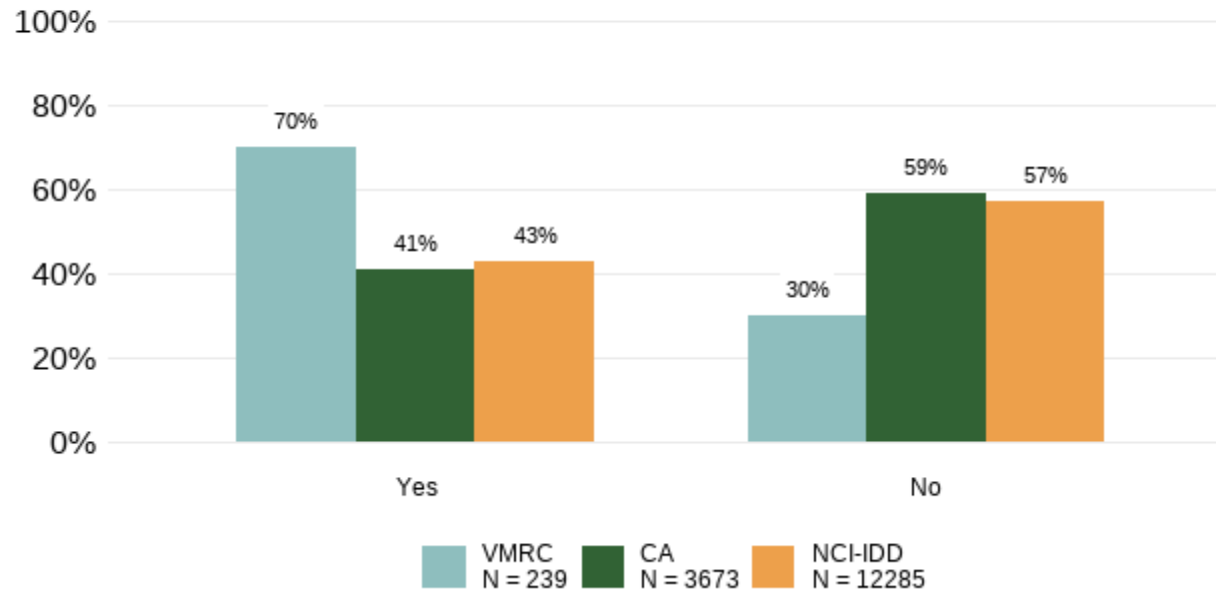
**Table 46. Chose or had some input in choosing where they live if not living in the family home**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	70%	30%	237
CA	51%	49%	3664
NCI-IDD	54%	46%	12288

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone**



**Table 47. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone**

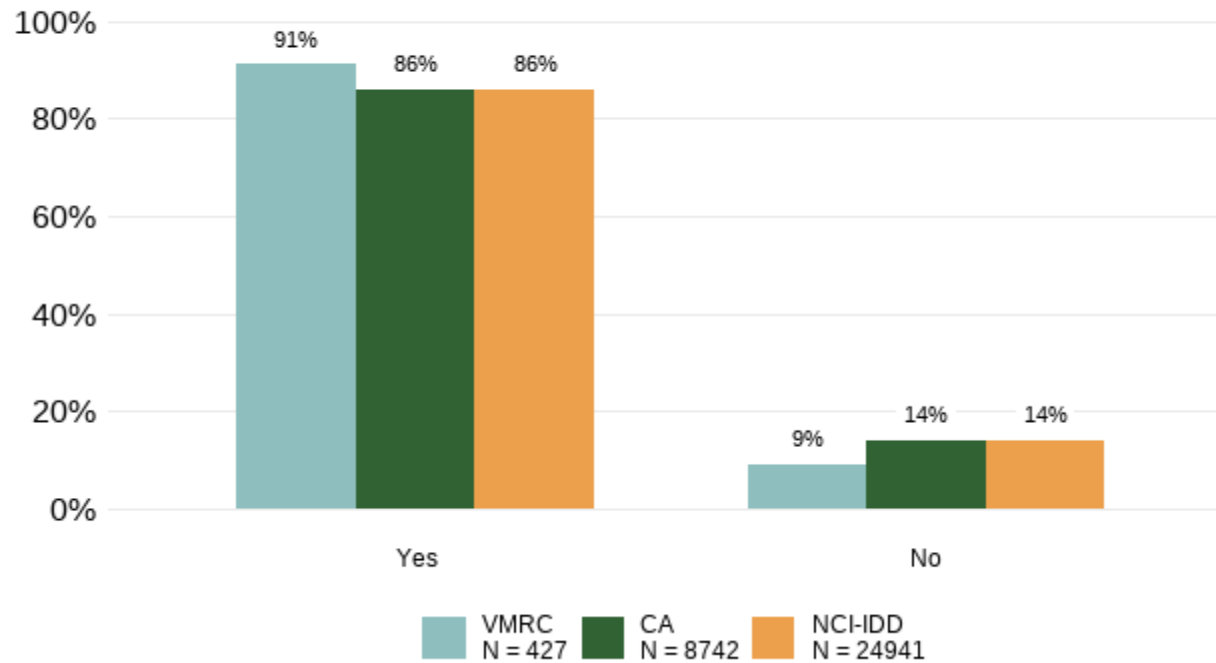
*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	70%	30%	239
CA	41%	59%	3673
NCI-IDD	43%	57%	12285

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



## Decides or has help deciding their daily schedule



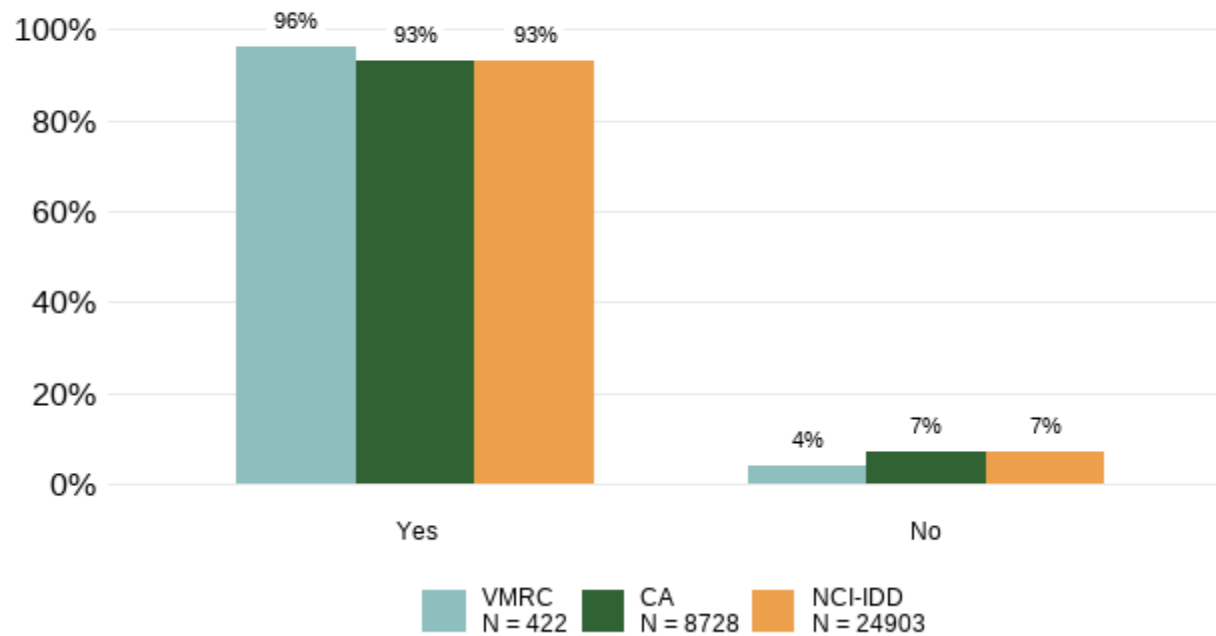
**Table 48. Decides or has help deciding their daily schedule**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	91%	9%	427
CA	86%	14%	8742
NCI-IDD	86%	14%	24941

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Decides or has help deciding how to spend free time



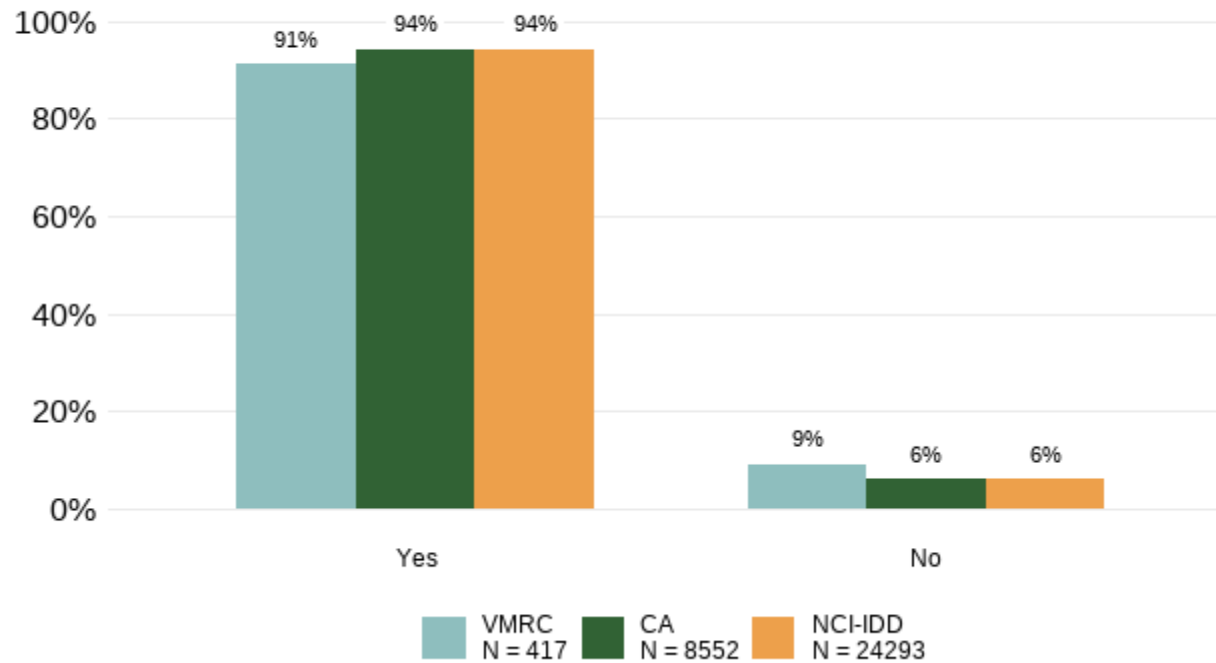
**Table 49. Decides or has help deciding how to spend free time**

*Proxy respondents were allowed for this question; This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.*

Regional Center	Yes	No	N
VMRC	96%	4%	422
CA	93%	7%	8728
NCI-IDD	93%	7%	24903

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Has enough choice about what to do in free time



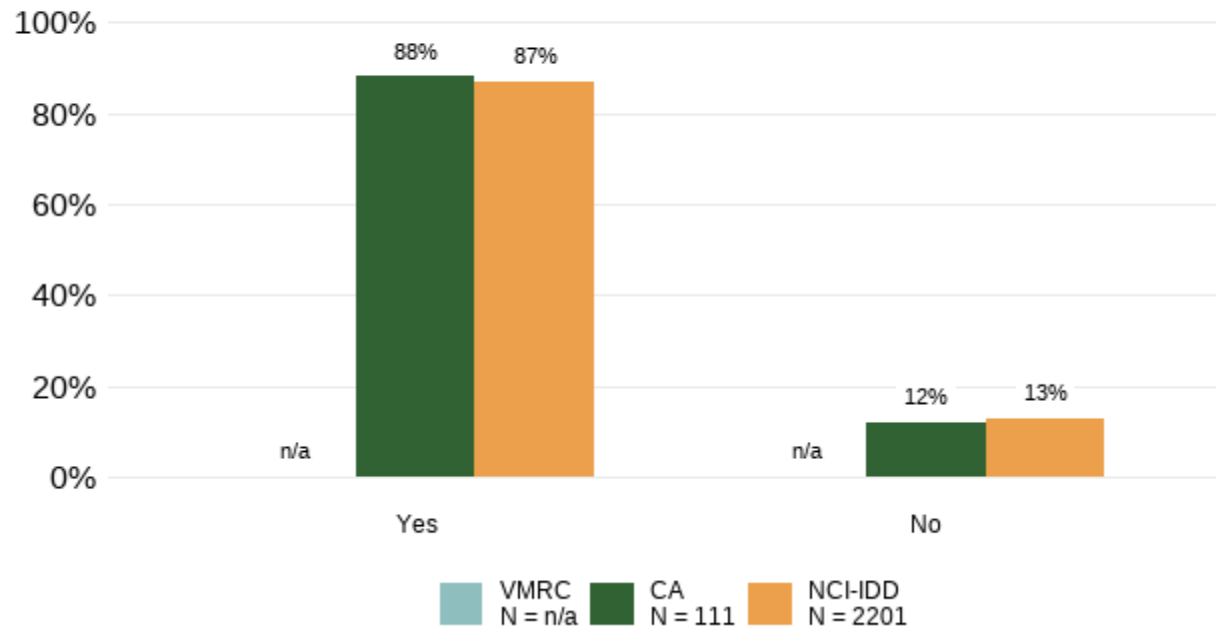
**Table 50. Has enough choice about what to do in free time**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	91%	9%	417
CA	94%	6%	8552
NCI-IDD	94%	6%	24293

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Chose or had some help in choosing where they work (among those with a paid community job)



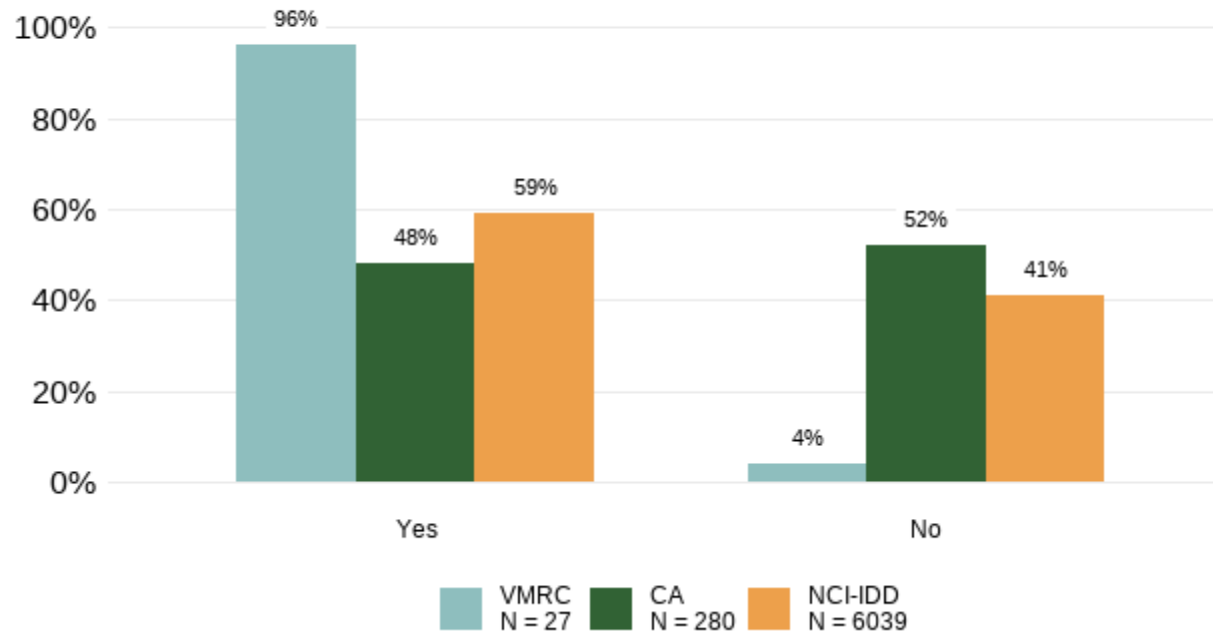
**Table 51. Chose or had some help in choosing where they work (among those with a paid community job)**

*Proxy respondents were allowed for this question; Reported for those determined to have a paid community job based on Background Information section.*

Regional Center	Yes	No	N
VMRC	n/a	n/a	n/a
CA	86%	14%	111
NCI-IDD	86%	14%	2201

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Chose or had some input in choosing day program or work program



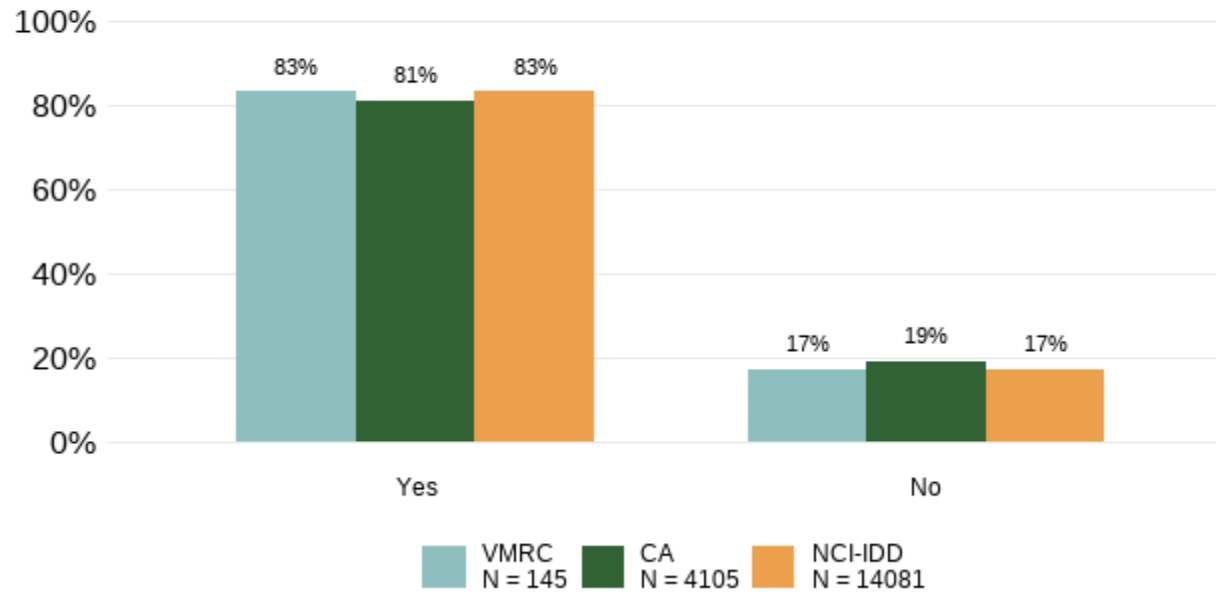
**Table 52. Chose or had some input in choosing day program or work program**

*Proxy respondents were allowed for this question; only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity or paid facility-based activity in the Background Information section*

Regional Center	Yes	No	N
VMRC	96%	4%	27
CA	48%	52%	280
NCI-IDD	59%	41%	6039

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Has input in choosing their regular day activities  
(in addition to or instead of a paid community job  
and/or day program/work program)**



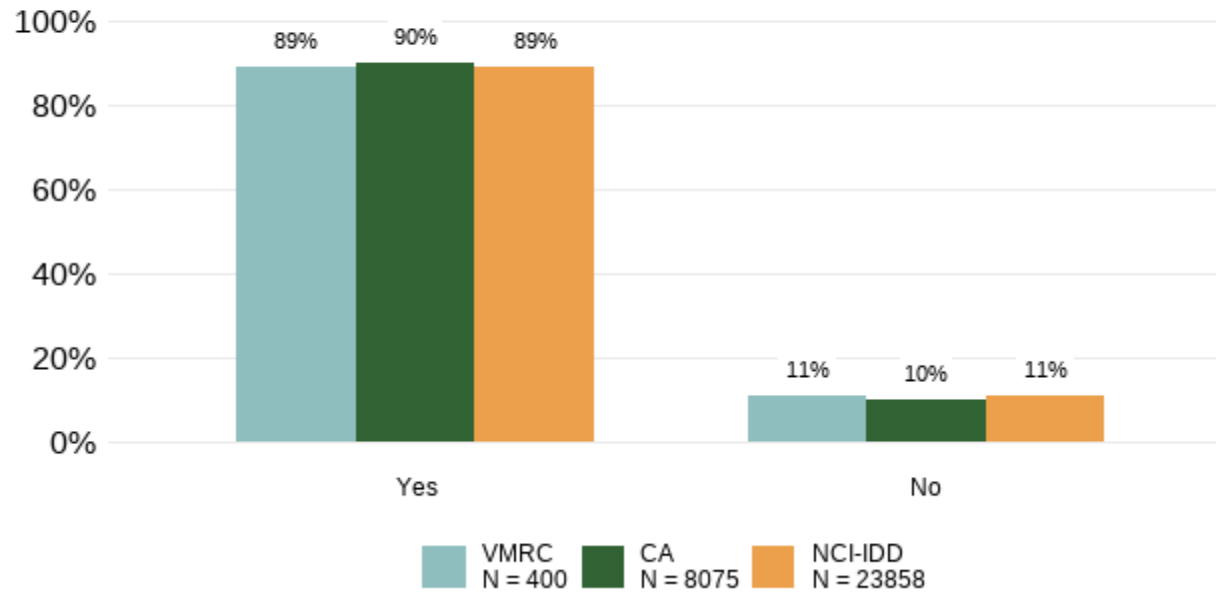
**Table 53. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/work program)**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	83%	17%	145
CA	81%	19%	4105
NCI-IDD	83%	17%	14081

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Chooses or has help deciding what to buy or has set limits on what to buy with their spending money



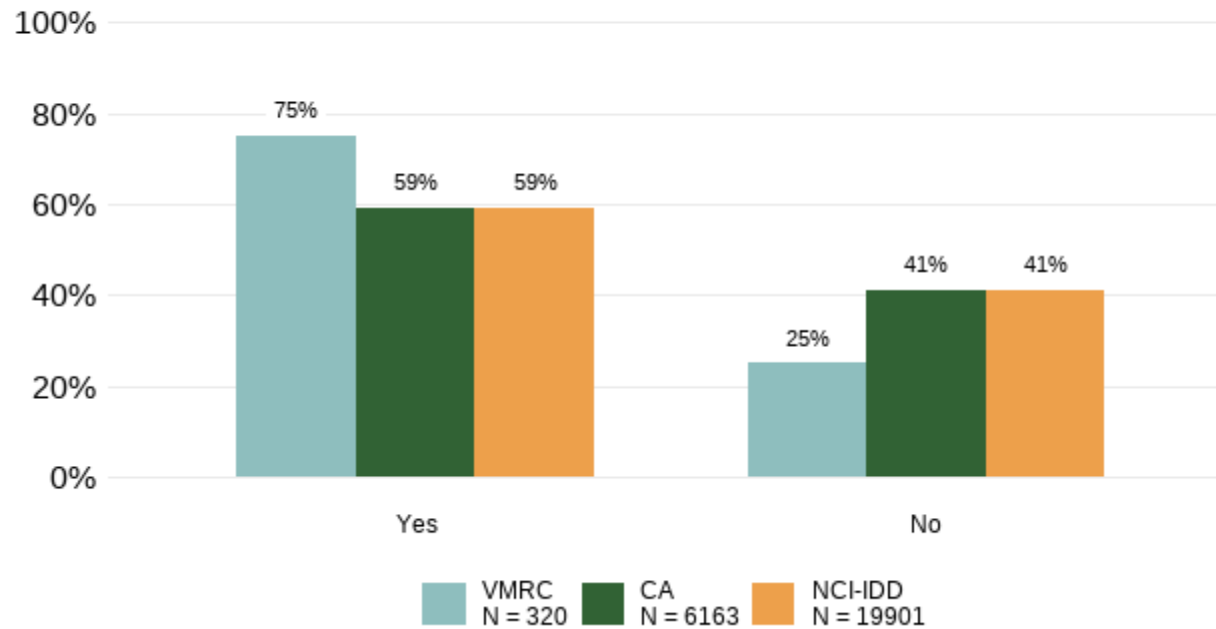
**Table 54. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	89%	11%	400
CA	90%	10%	8075
NCI-IDD	89%	11%	23858

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Chose staff or were aware they could request to change staff



**Table 55. Chose staff or were aware they could request to change staff**

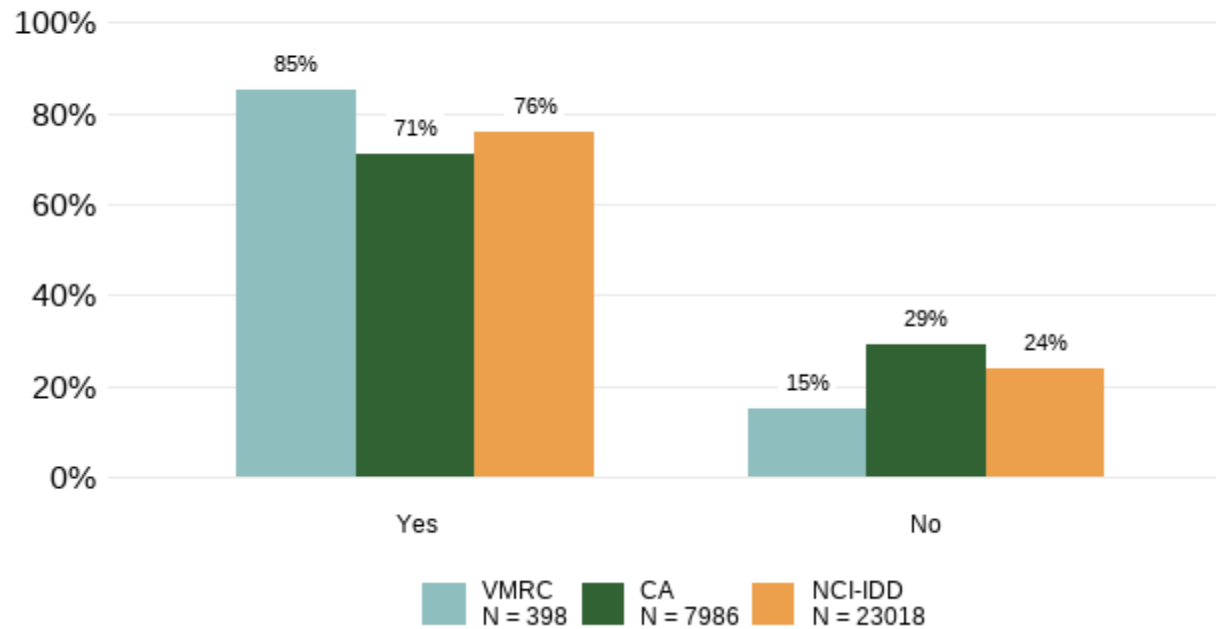
*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	75%	25%	320
CA	59%	41%	6163
NCI-IDD	59%	41%	19901

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



### Can change their case manager/service coordinator if wants to



**Table 56. Can change their case manager/service coordinator if wants to**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	85%	15%	398
CA	71%	29%	7986
NCI-IDD	76%	24%	23018

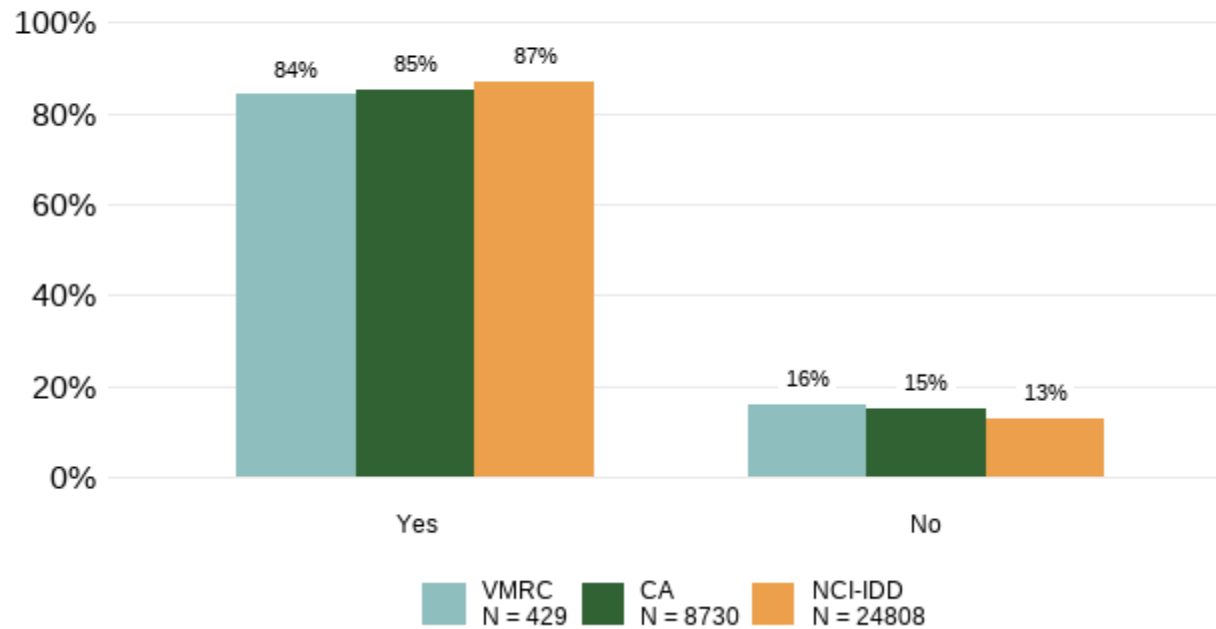
*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Community Participation*

*Value Statement: People participate in activities in their communities.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Went out shopping at least once in the past month  
(Examples: groceries, clothing)**



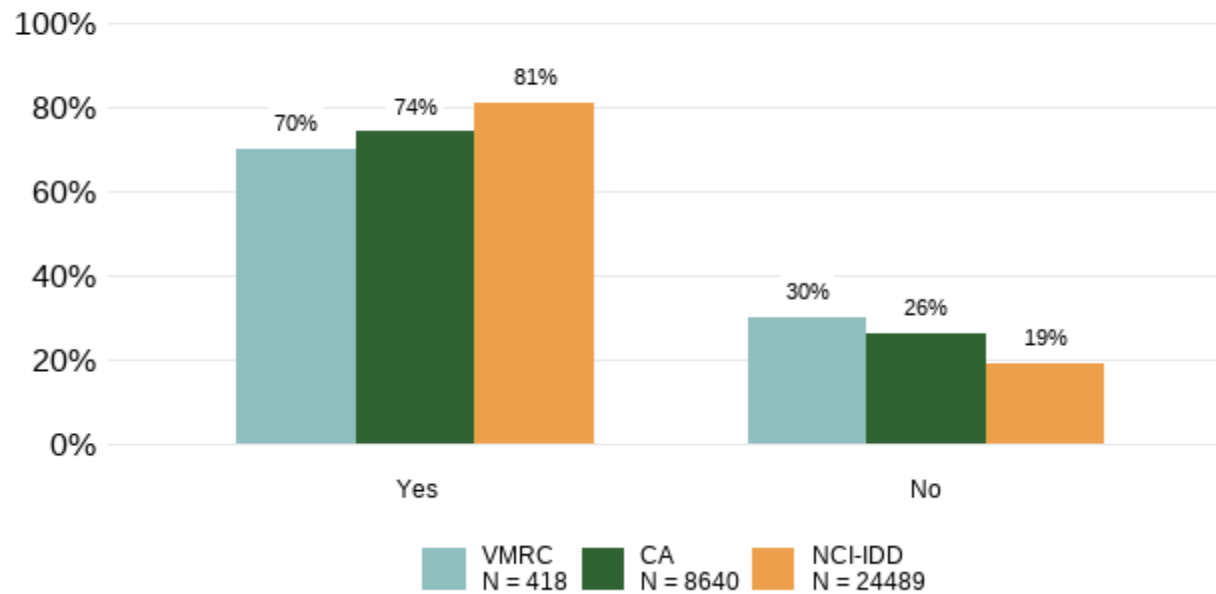
**Table 57. Went out shopping at least once in the past month (Examples: groceries, clothing)**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	84%	16%	429
CA	85%	15%	8730
NCI-IDD	87%	13%	24808

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)**



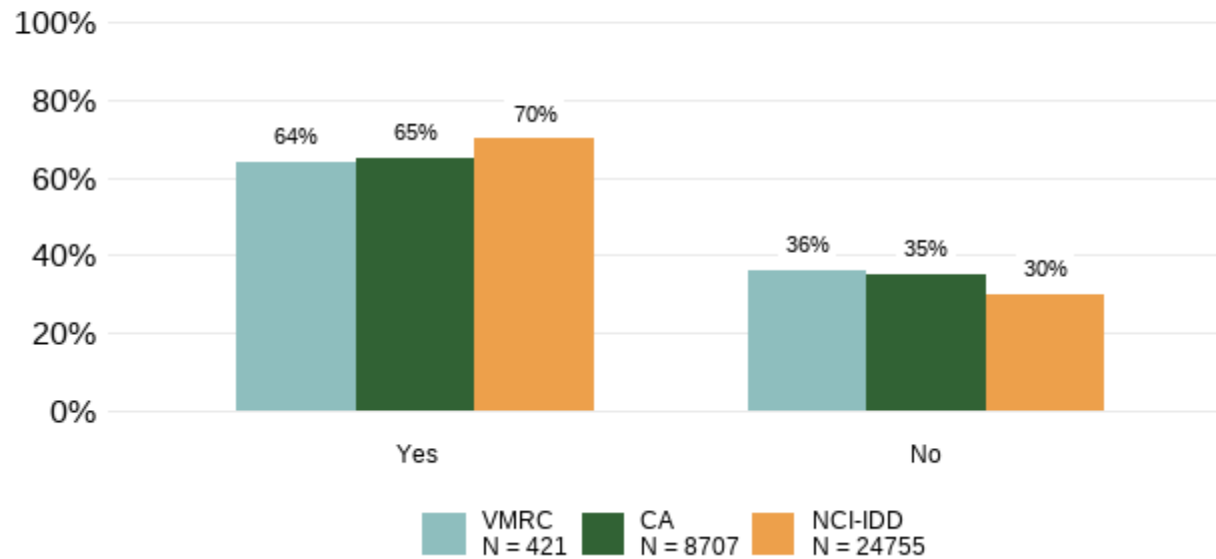
**Table 58. Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	70%	30%	418
CA	74%	26%	8640
NCI-IDD	81%	19%	24489

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)**



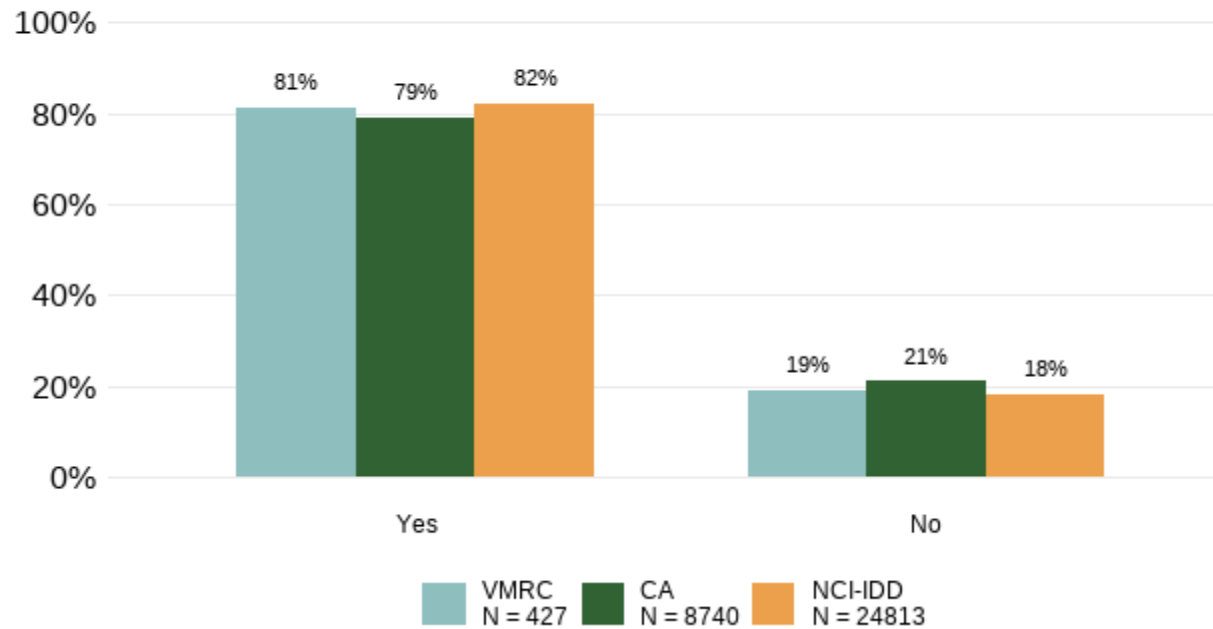
**Table 59. Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	64%	36%	421
CA	65%	35%	8707
NCI-IDD	70%	30%	24755

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Went out to a restaurant or coffee shop at least once in the past month



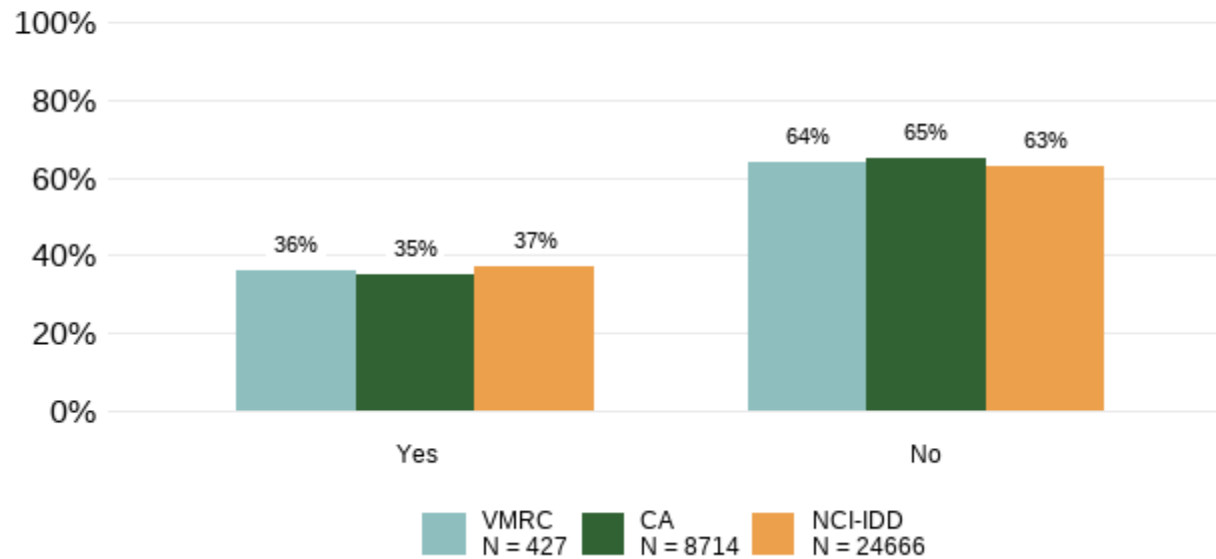
**Table 60. Went out to a restaurant or coffee shop at least once in the past month**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	81%	19%	427
CA	79%	21%	8740
NCI-IDD	82%	18%	24813

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Went out to religious service or spiritual practice at least once in the past month  
(Examples: church, synagogue, study, or other place of worship)**



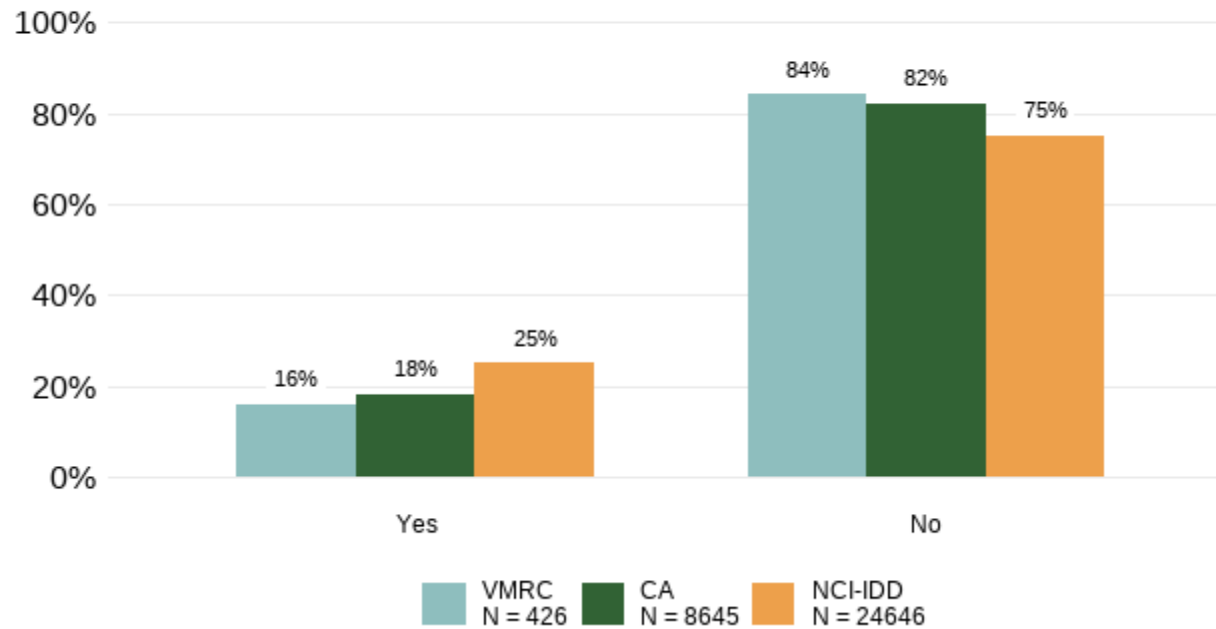
**Table 61. Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	36%	64%	427
CA	35%	65%	8714
NCI-IDD	37%	63%	24666

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Takes part in groups, organizations or communities (in-person or virtually)



**Table 62. Takes part in groups, organizations or communities (in-person or virtually)**

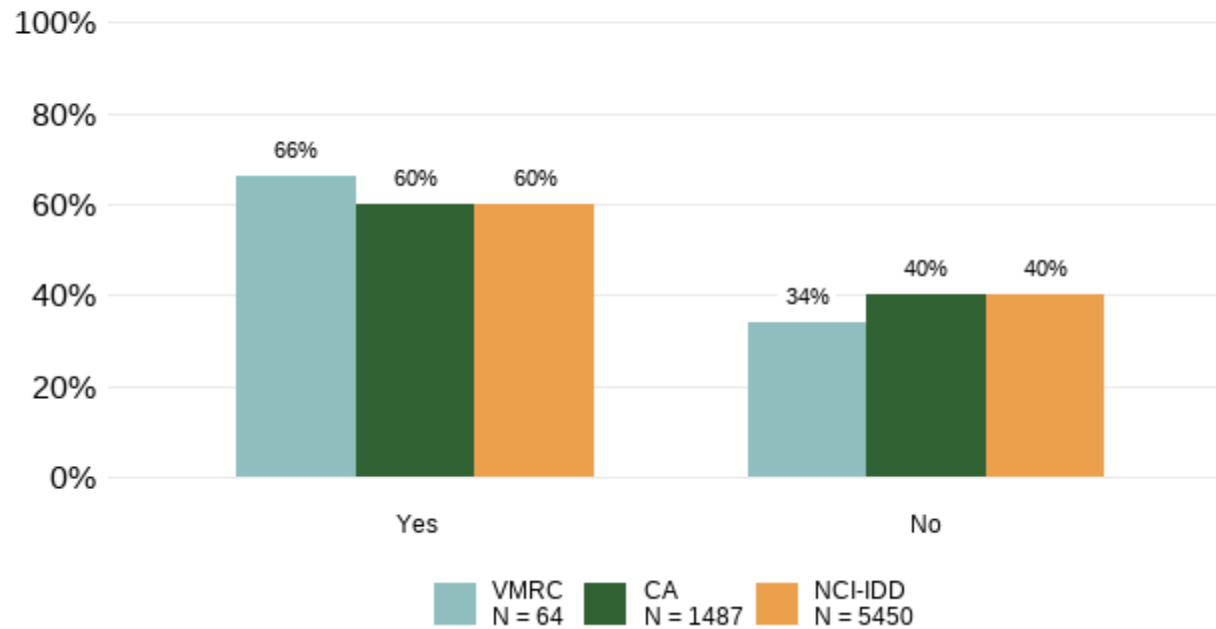
*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	16%	84%	426
CA	18%	82%	8645
NCI-IDD	25%	75%	24646

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



### The groups, organizations or communities takes part in include people without disabilities



**Table 63. The groups, organizations or communities takes part in include people without disabilities**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	66%	34%	64
CA	60%	40%	1487
NCI-IDD	60%	40%	5450

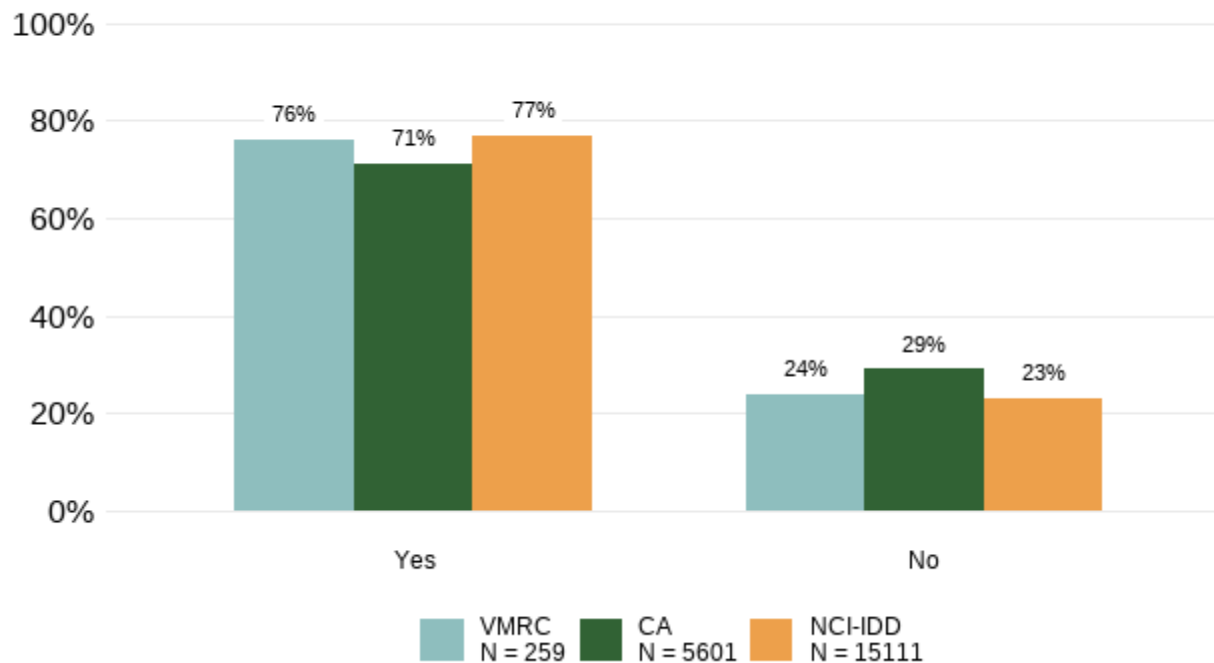
*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Relationships*

*Value Statement: People are supported to build and maintain relationships that are important to them.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Has friends who are not staff or family members

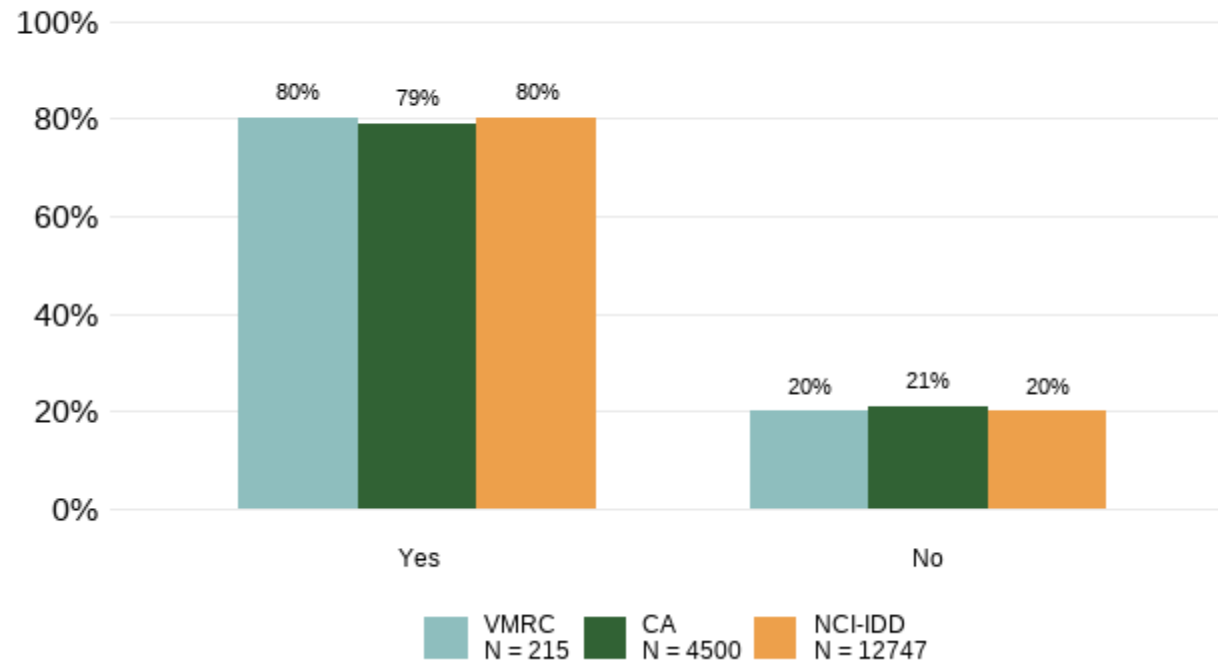


**Table 64. Has friends who are not staff or family members**

Regional Center	Yes	No	N
VMRC	76%	24%	259
CA	71%	29%	5601
NCI-IDD	77%	23%	15111

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Has best friend (may be staff or family)

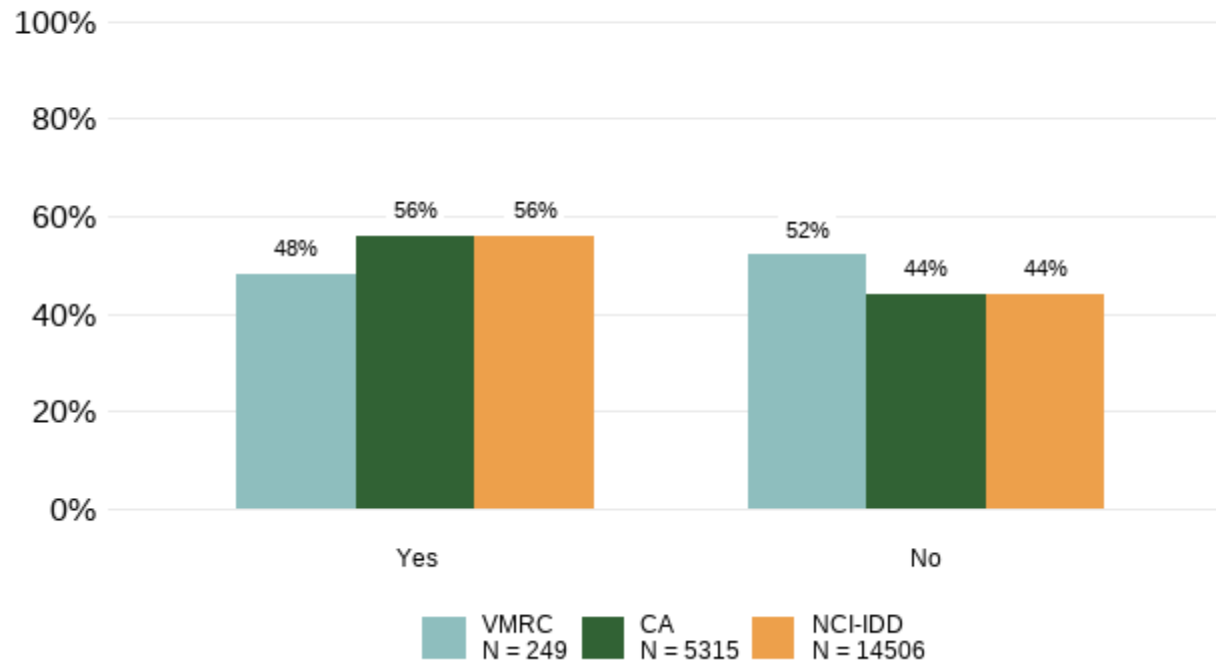


**Table 65. Has best friend (may be staff or family)**

Regional Center	Yes	No	N
VMRC	80%	20%	215
CA	79%	21%	4500
NCI-IDD	80%	20%	12747

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Wants help to make or keep in contact with friends



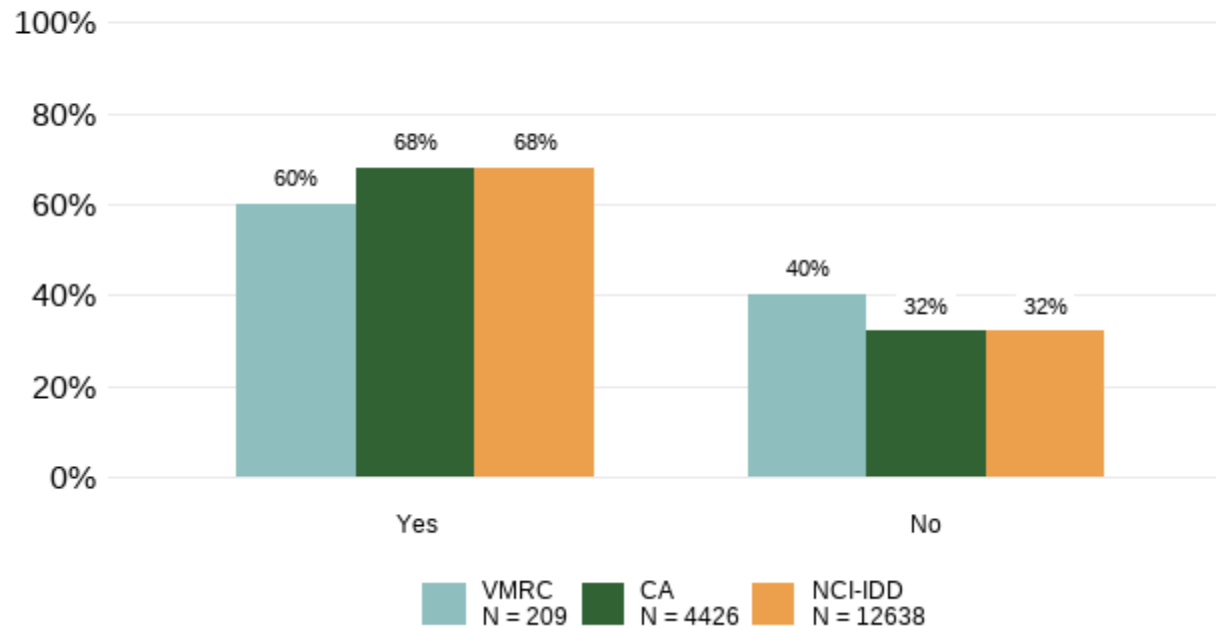
**Table 66. Wants help to make or keep in contact with friends**

*“Yes” and “Maybe” responses combined.*

Regional Center	Yes	No	N
VMRC	48%	52%	249
CA	56%	44%	5315
NCI-IDD	56%	44%	14506

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Has friends (may be staff or family) and can meet with their friends in person when they want**

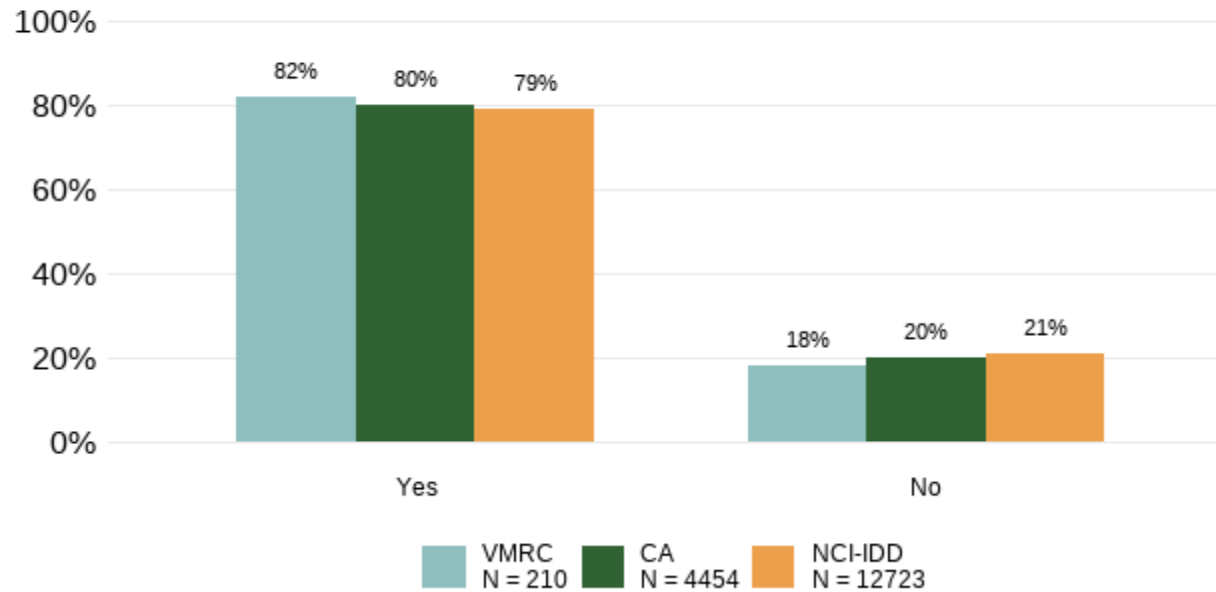


**Table 67. Has friends (may be staff or family) and can meet with their friends in person when they want**

Regional Center	Yes	No	N
VMRC	60%	40%	209
CA	68%	32%	4426
NCI-IDD	68%	32%	12638

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Has other ways of talking, chatting, or communicating with friends when cannot see them in person**

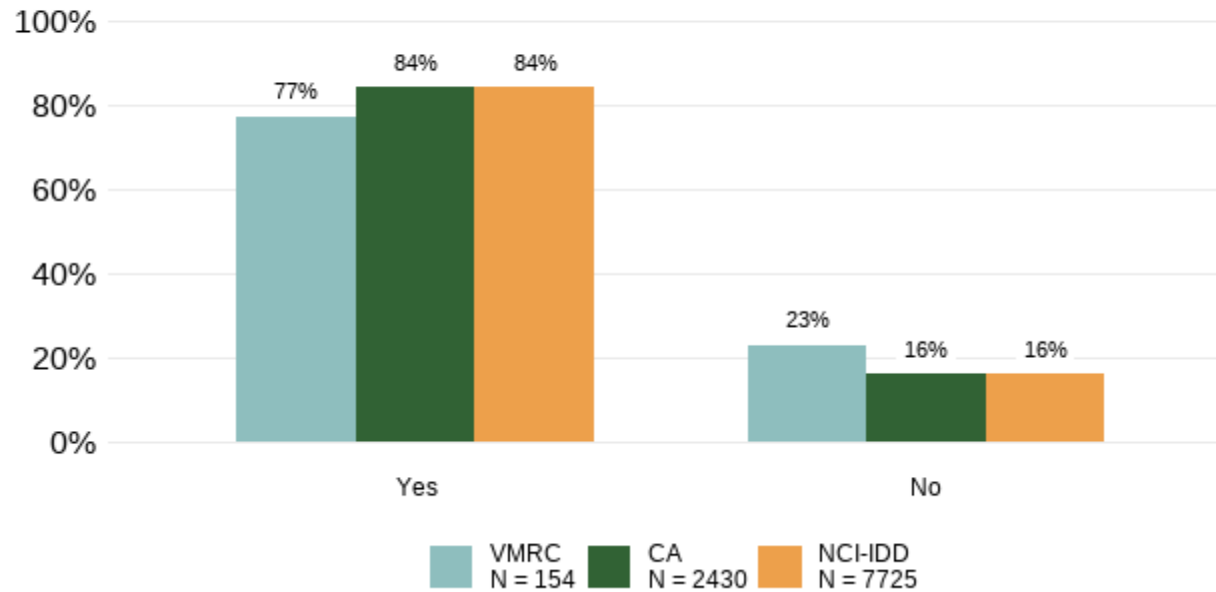


**Table 68. Has other ways of talking, chatting, or communicating with friends when cannot see them in person**

Regional Center	Yes	No	N
VMRC	82%	18%	210
CA	80%	20%	4454
NCI-IDD	79%	21%	12723

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Can see and/or talk with their family when they want (among those who do not live in the family home)**



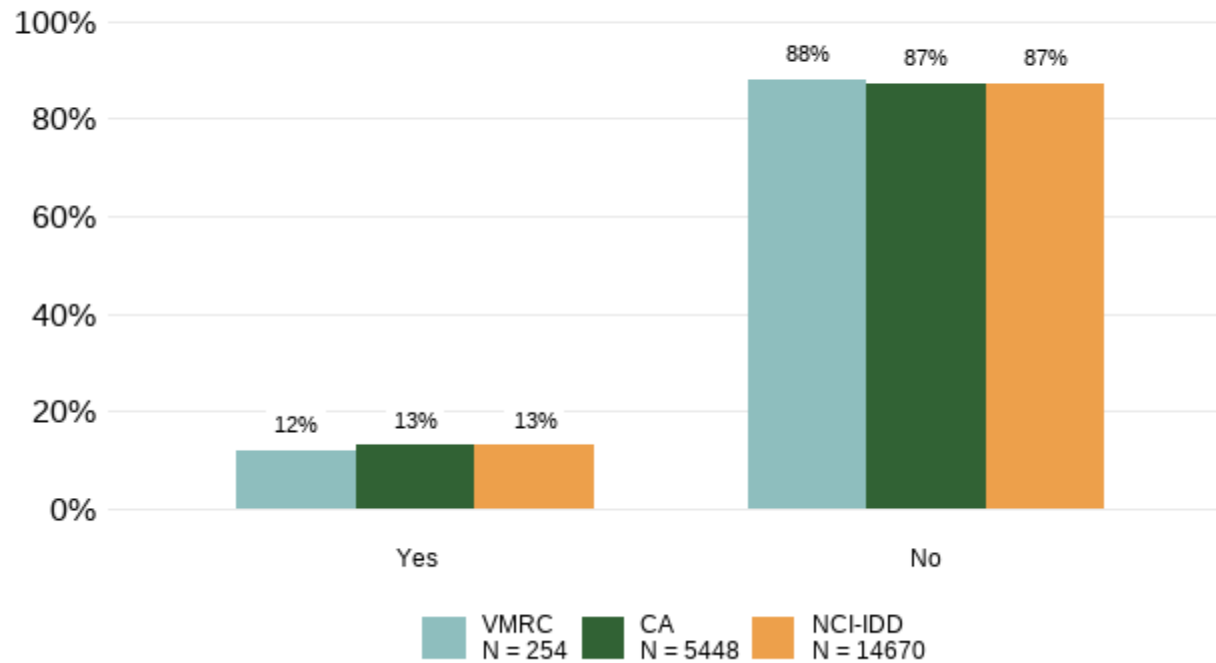
**Table 69. Can see and/or talk with their family when they want (among those who do not live in the family home)**  
*“Yes” and “Maybe” responses combined.*

Regional Center	Yes	No	N
VMRC	77%	23%	154
CA	84%	16%	2430
NCI-IDD	84%	16%	7725

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



## Often feels lonely

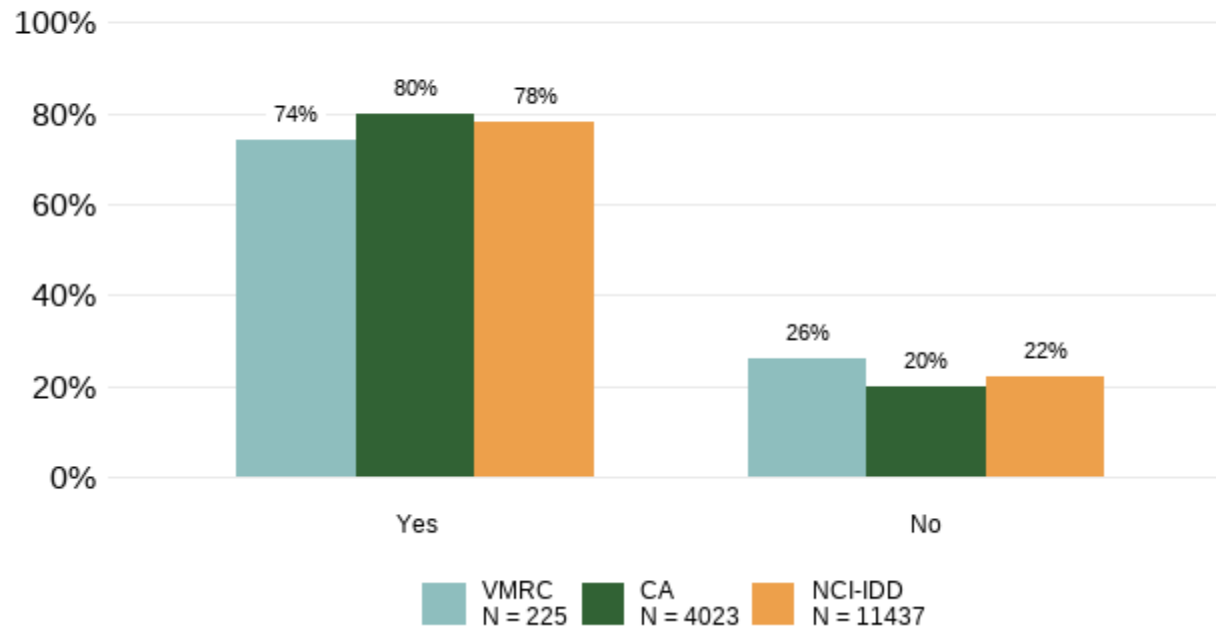


**Table 70. Often feels lonely**

Regional Center	Yes	No	N
VMRC	12%	88%	254
CA	13%	87%	5448
NCI-IDD	13%	87%	14670

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Can go on a date or is married or living with partner



**Table 71. Can go on a date or is married or living with partner**

Regional Center	Yes	No	N
VMRC	74%	26%	225
CA	80%	20%	4023
NCI-IDD	78%	22%	11437

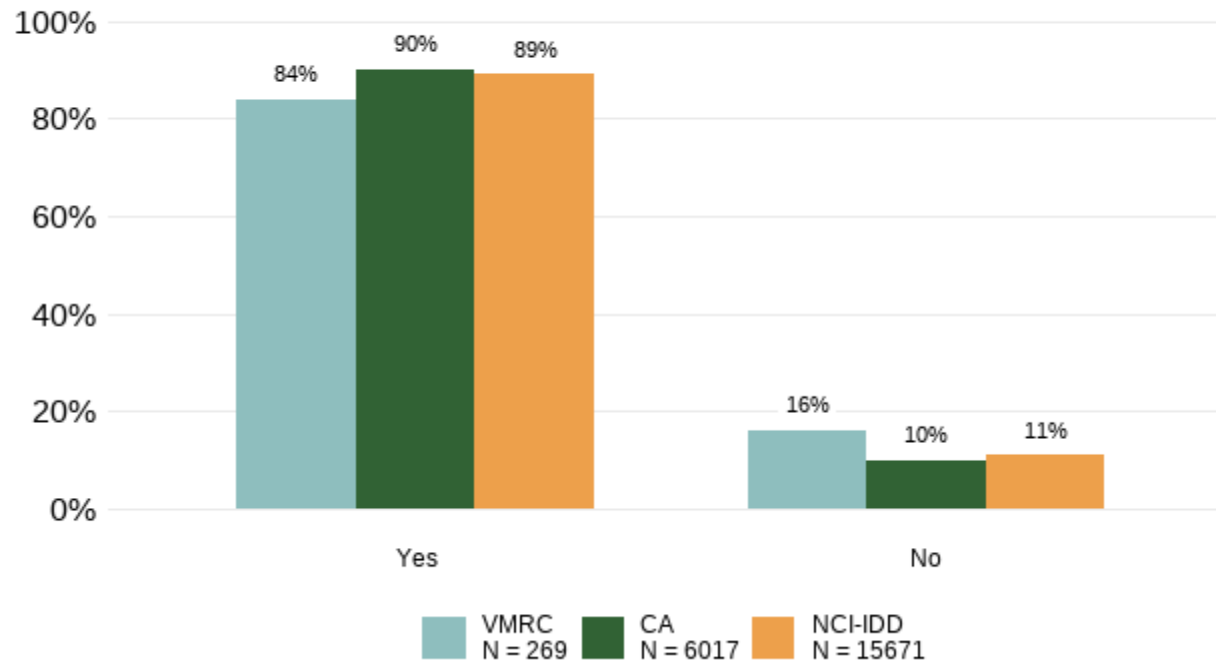
*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Satisfaction*

*Value Statement: People are satisfied with their everyday lives – where they live, work, the supports they receive, and what they do during the day.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Likes home or where lives

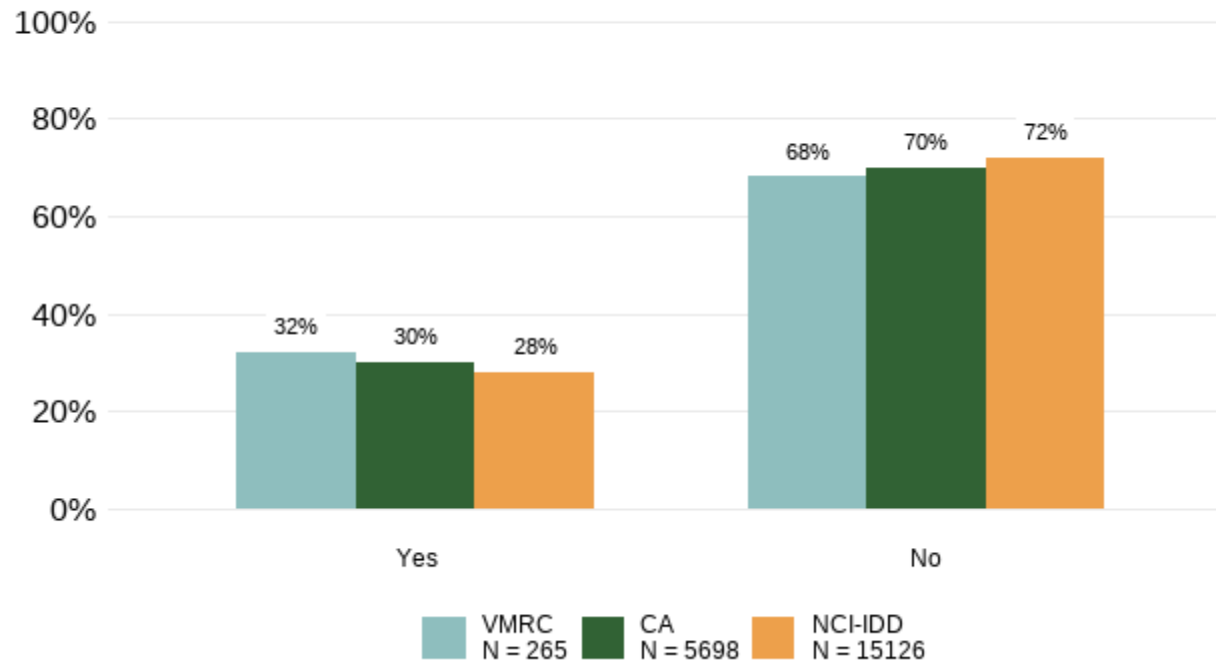


**Table 72. Likes home or where lives**

Regional Center	Yes	No	N
VMRC	84%	16%	269
CA	90%	10%	6017
NCI-IDD	89%	11%	15671

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Wants to live somewhere else

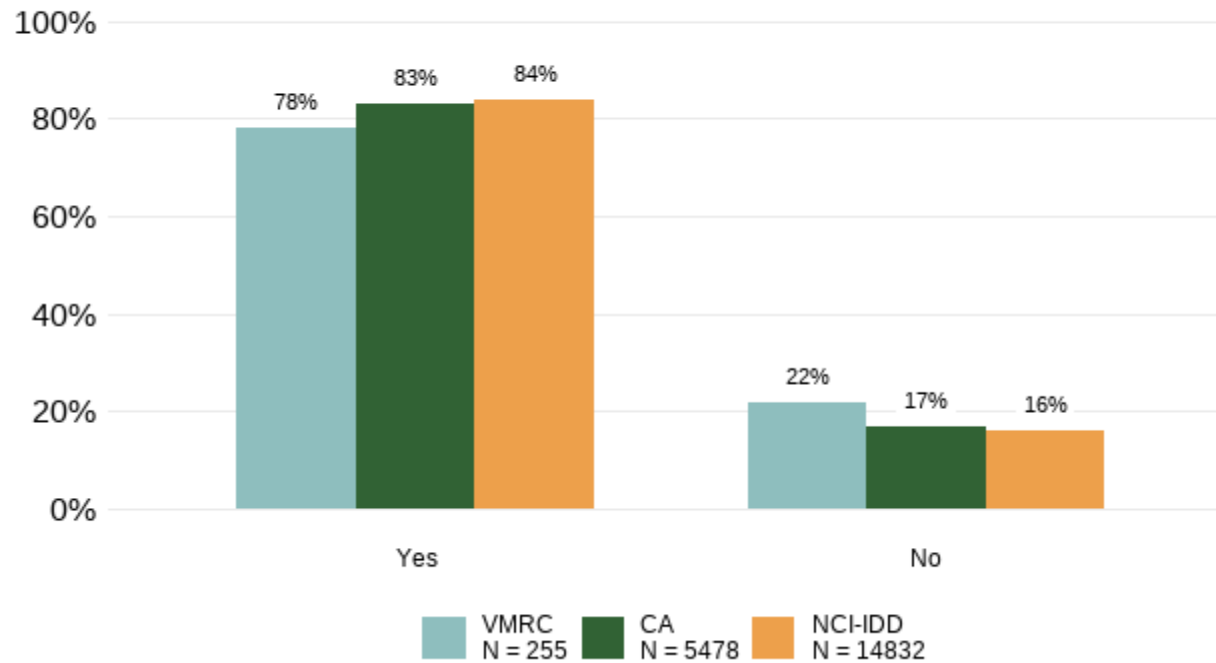


**Table 73. Wants to live somewhere else**

Regional Center	Yes	No	N
VMRC	32%	68%	265
CA	30%	70%	5698
NCI-IDD	28%	72%	15126

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Has enough things they like to do at home

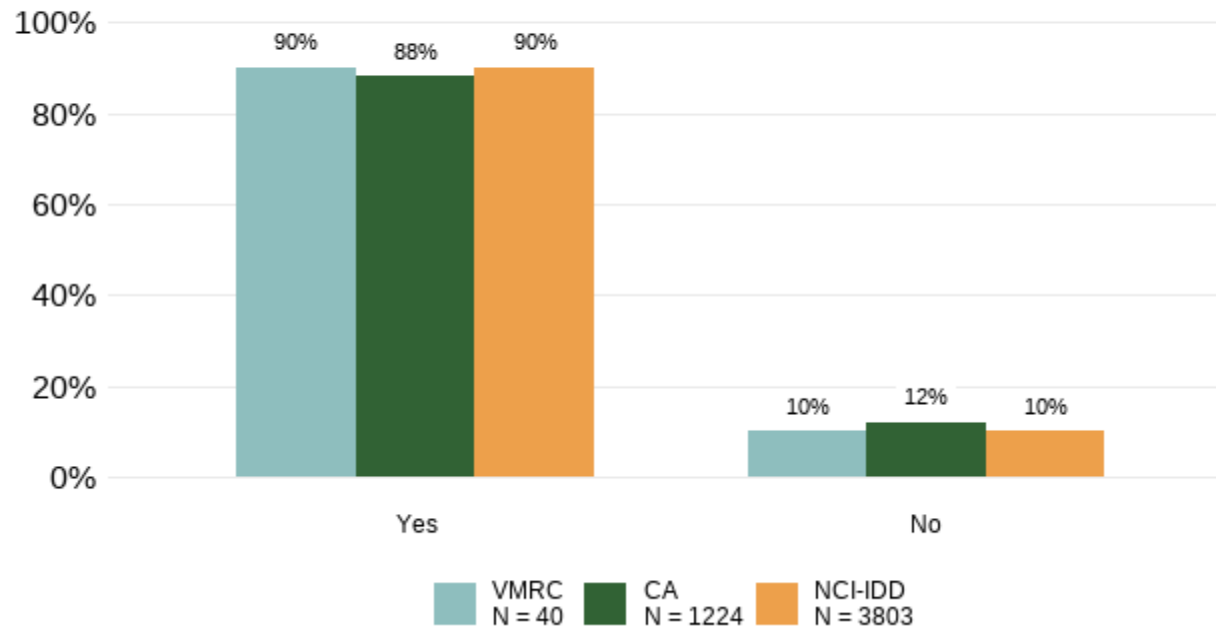


**Table 74. Has enough things they like to do at home**

Regional Center	Yes	No	N
VMRC	78%	22%	255
CA	83%	17%	5478
NCI-IDD	84%	16%	14832

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Likes paid community job (if working in a paid community job)



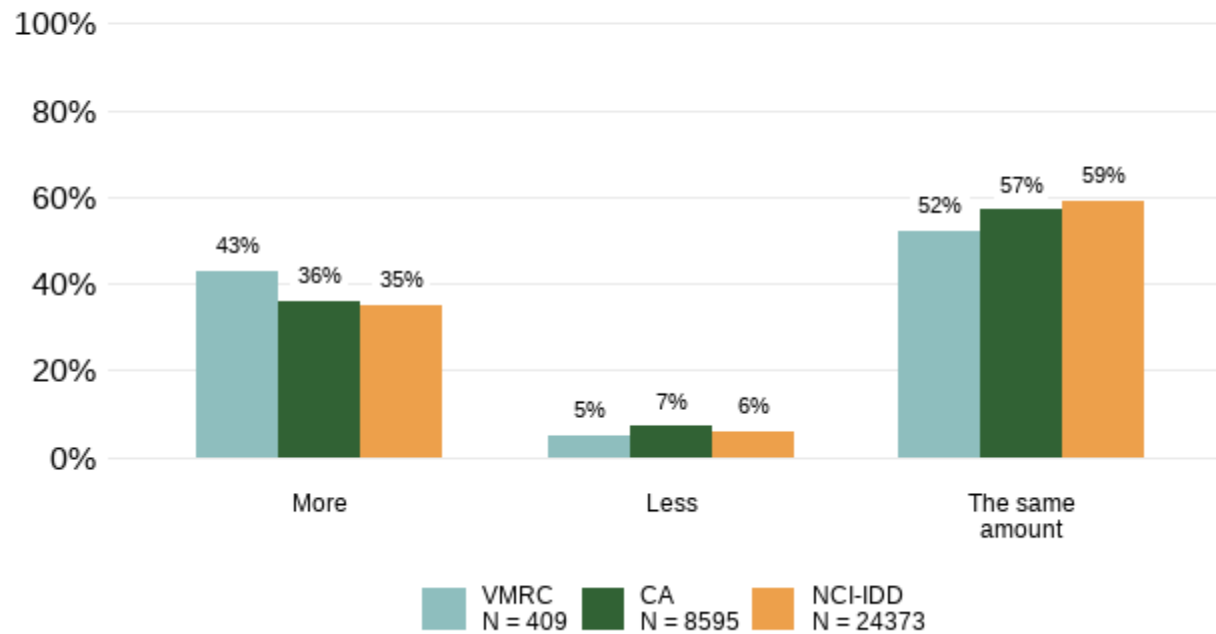
**Table 75. Likes paid community job (if working in a paid community job)**

*Based on those reported to have a paid community job (from the Background Information Section)*

Regional Center	Yes	No	N
VMRC	90%	10%	40
CA	88%	12%	1224
NCI-IDD	90%	10%	3803

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Wants to go out shopping more, less or the same amount as last month



**Table 76. Wants to go out shopping more, less or the same amount as last month**

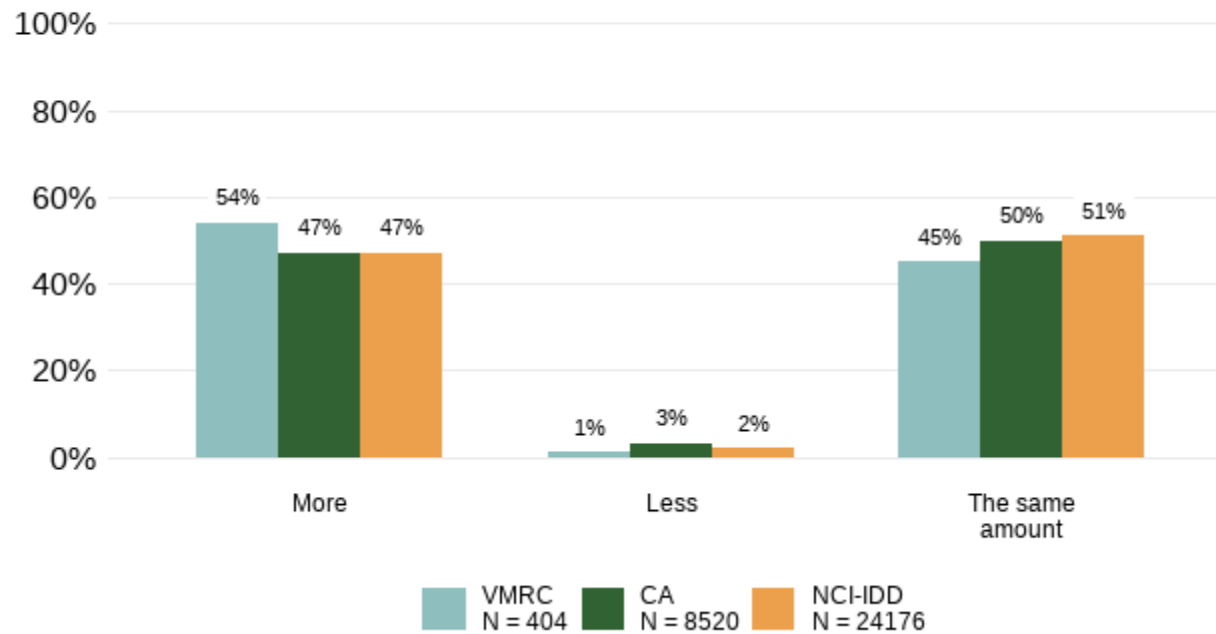
*Proxy respondents were allowed for this question*

Regional Center	More	Less	The same amount	N
VMRC	43%	5%	52%	409
CA	36%	7%	57%	8595
NCI-IDD	35%	6%	59%	24373

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



### Wants to go out for entertainment more, less or the same amount as last month



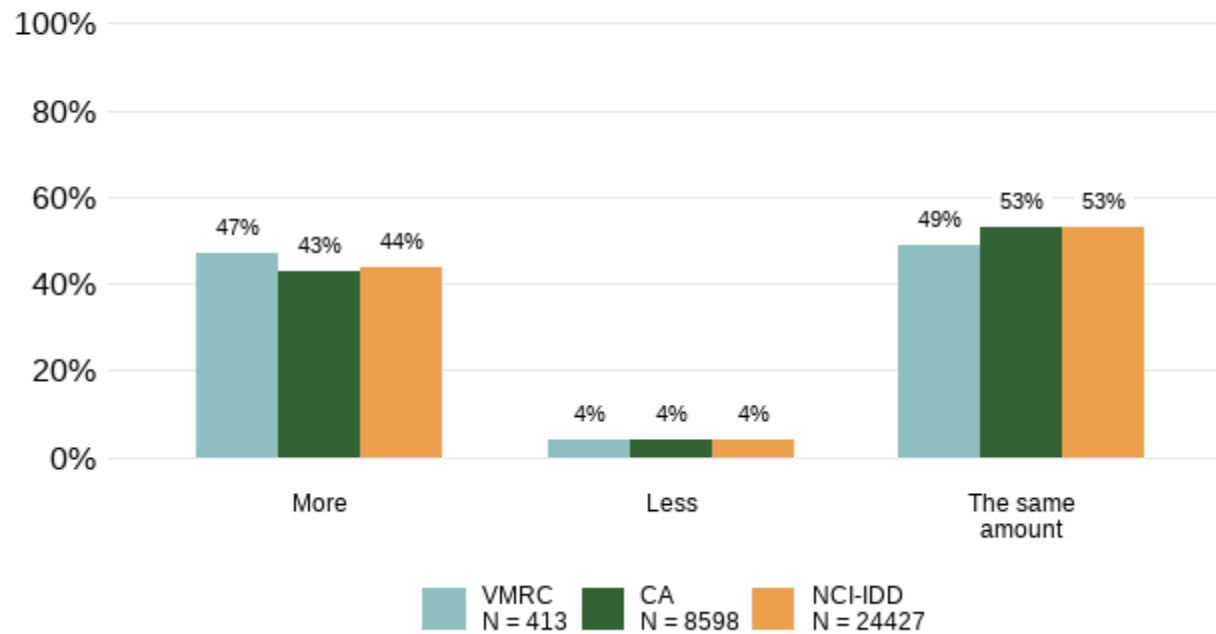
**Table 77. Wants to go out for entertainment more, less or the same amount as last month**

*Proxy respondents were allowed for this question*

Regional Center	More	Less	The same amount	N
VMRC	54%	1%	45%	404
CA	47%	3%	50%	8520
NCI-IDD	47%	2%	51%	24176

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Wants to go out to a restaurant or coffee shop more, less or the same amount as last month



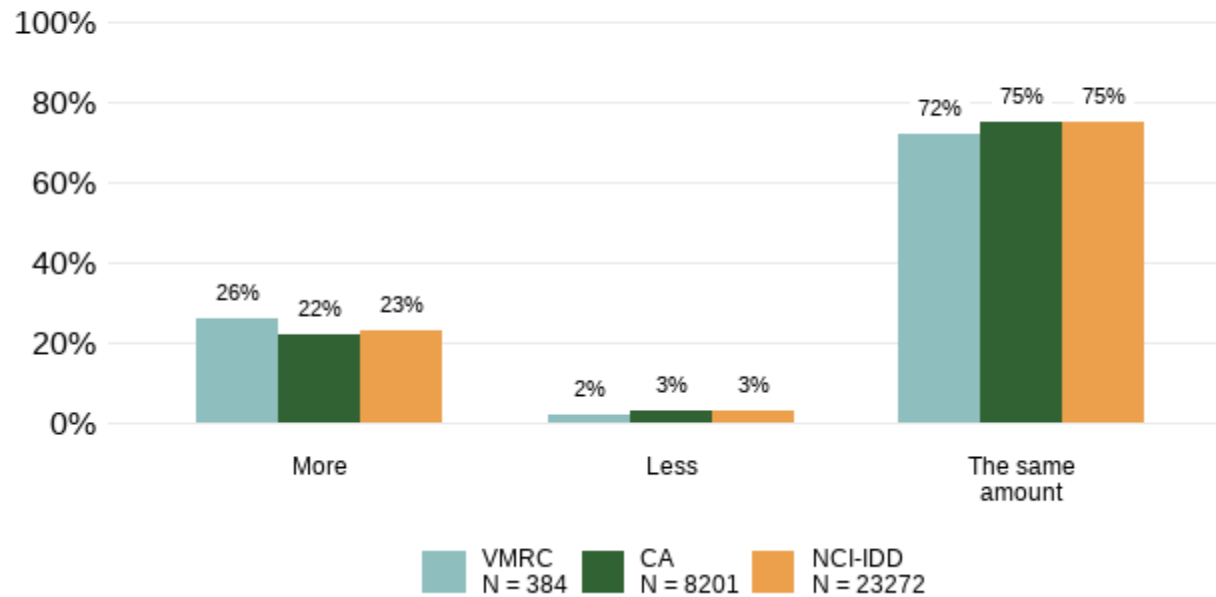
**Table 78. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month**

*Proxy respondents were allowed for this question*

Regional Center	More	Less	The same amount	N
VMRC	47%	4%	49%	413
CA	43%	4%	53%	8598
NCI-IDD	44%	4%	53%	24427

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Wants to go out to a religious service or  
spiritual practice more, less or the same amount  
as last month**



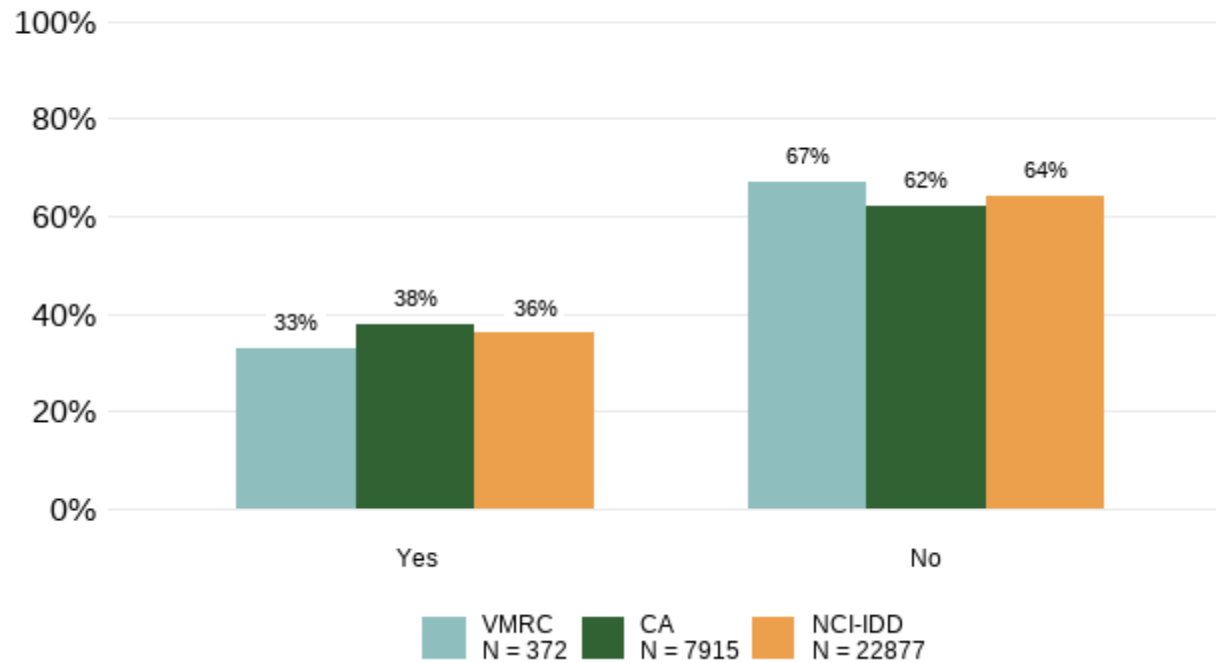
**Table 79. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month**

*Proxy respondents were allowed for this question*

Regional Center	More	Less	The same amount	N
VMRC	26%	2%	72%	384
CA	22%	3%	75%	8201
NCI-IDD	23%	3%	75%	23272

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Person wants to be a part of more community groups



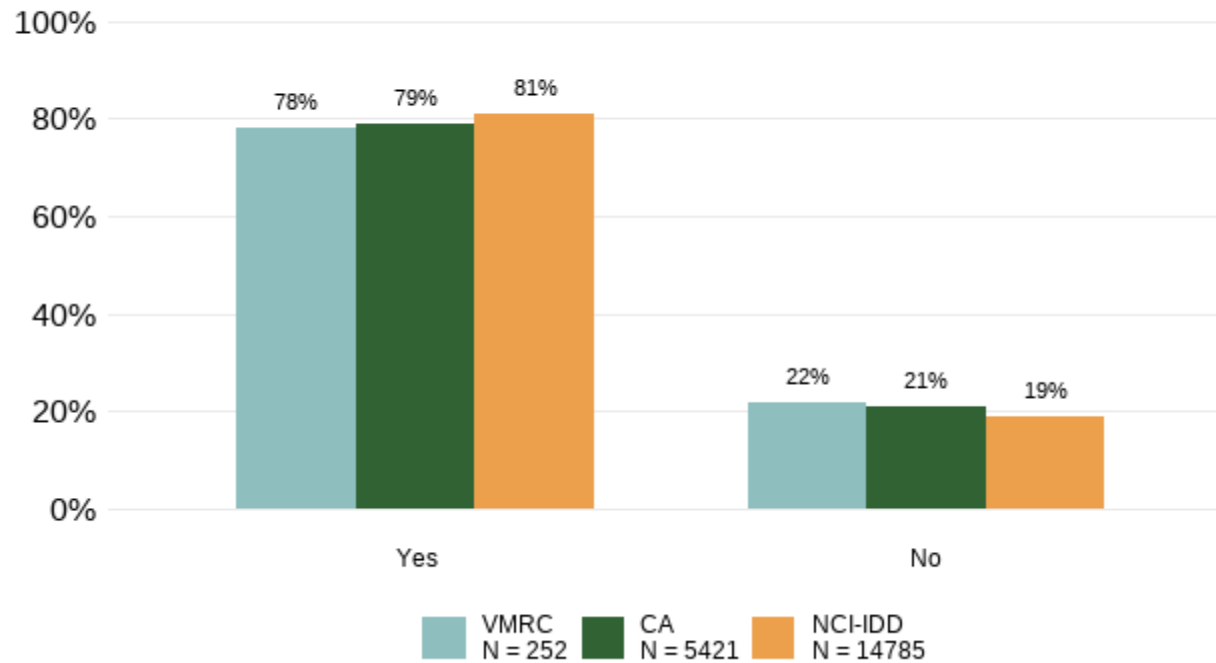
**Table 80. Person wants to be a part of more community groups**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	33%	67%	372
CA	38%	62%	7915
NCI-IDD	36%	64%	22877

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Likes how they usually spend time during the day

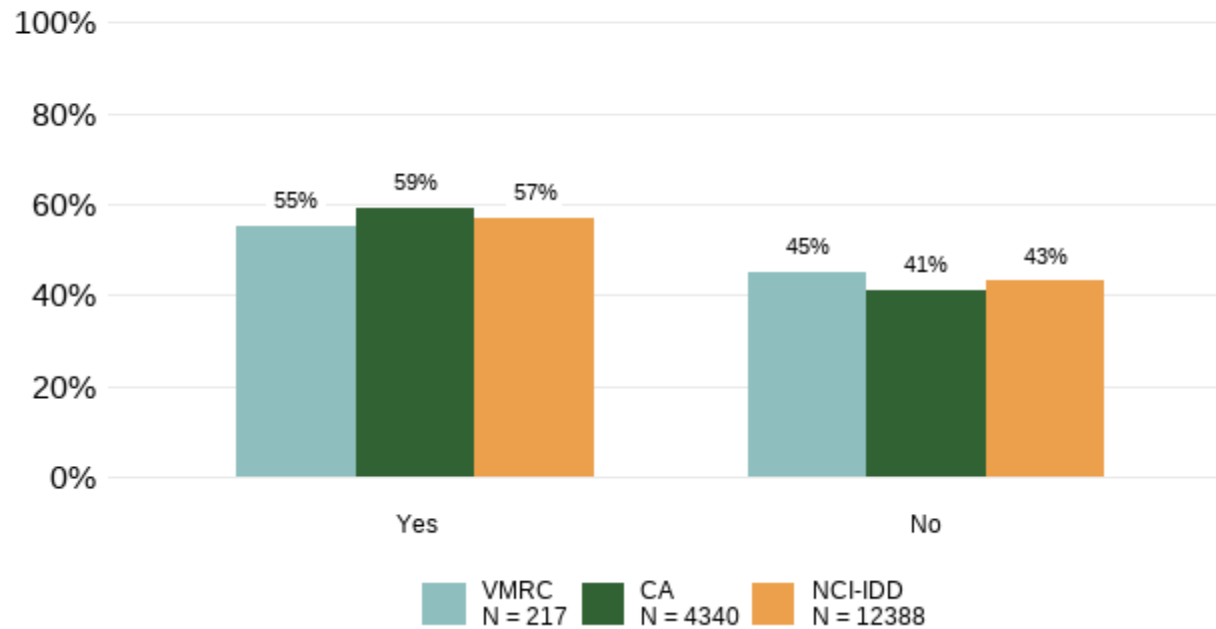


**Table 81. Likes how they usually spend time during the day**

Regional Center	Yes	No	N
VMRC	78%	22%	252
CA	79%	21%	5421
NCI-IDD	81%	19%	14785

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Has used telehealth for healthcare services and like using it



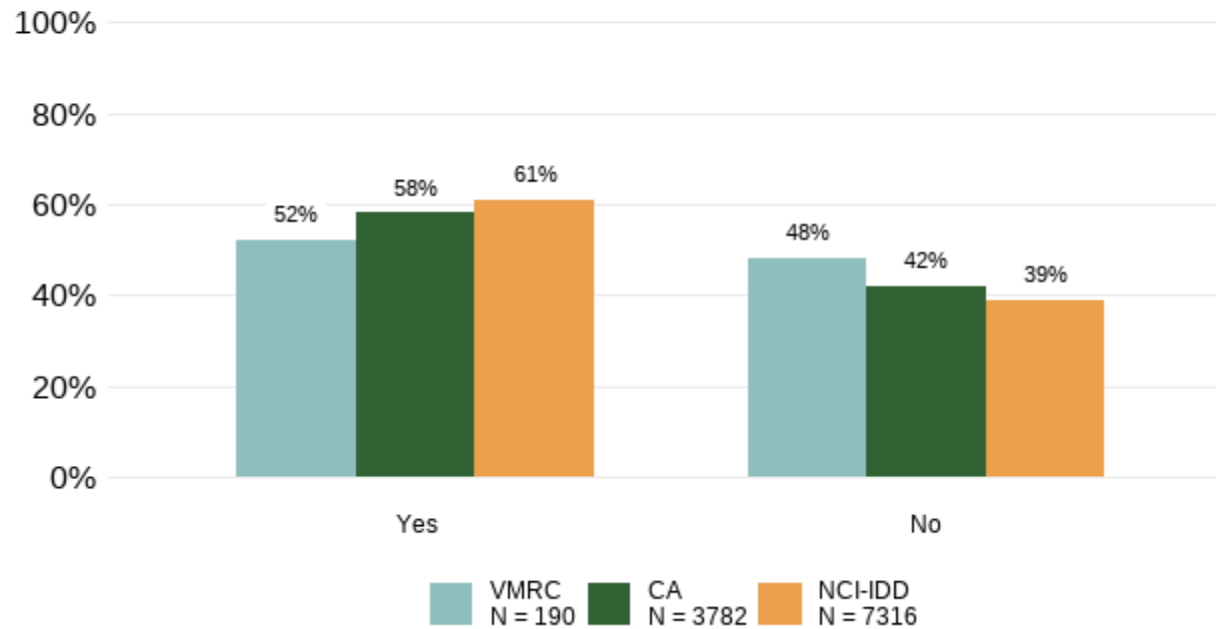
**Table 82. Has used telehealth for healthcare services and like using it**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	55%	45%	217
CA	59%	41%	4340
NCI-IDD	57%	43%	12388

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Has accessed services and support using video conference technology and like using it



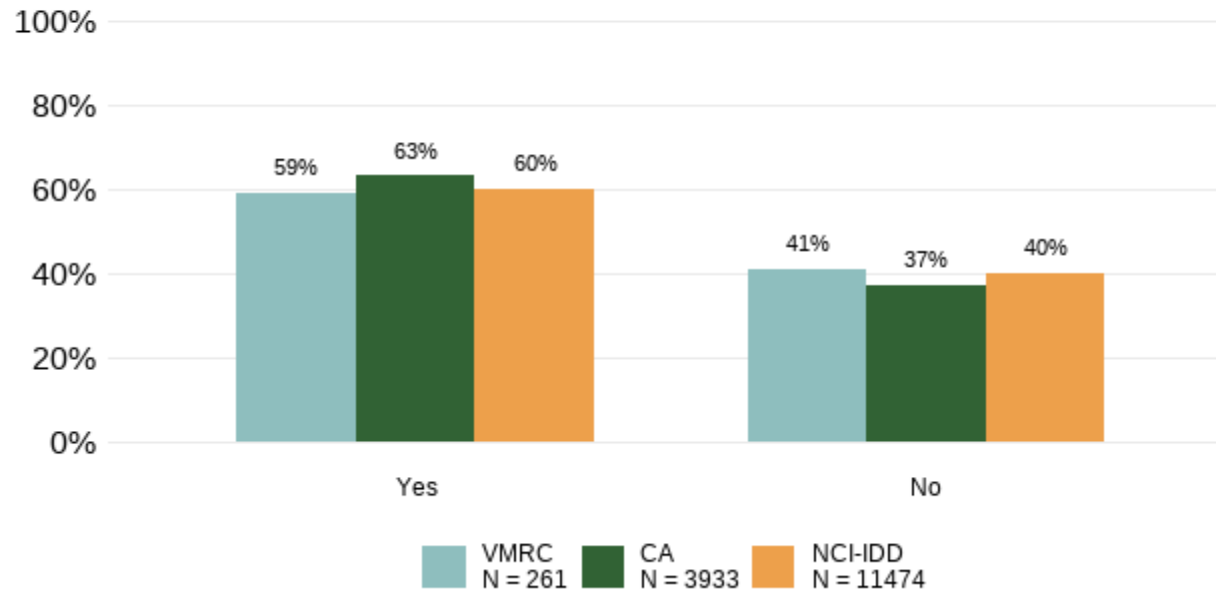
**Table 83. Has accessed services and support using video conference technology and like using it**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	52%	48%	190
CA	58%	42%	3782
NCI-IDD	61%	39%	7316

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Have talked with their case manager/service coordinator using video conference technology and like using it**



**Table 84. Have talked with their case manager/service coordinator using video conference technology and like using it**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	59%	41%	261
CA	63%	37%	3933
NCI-IDD	60%	40%	11474

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

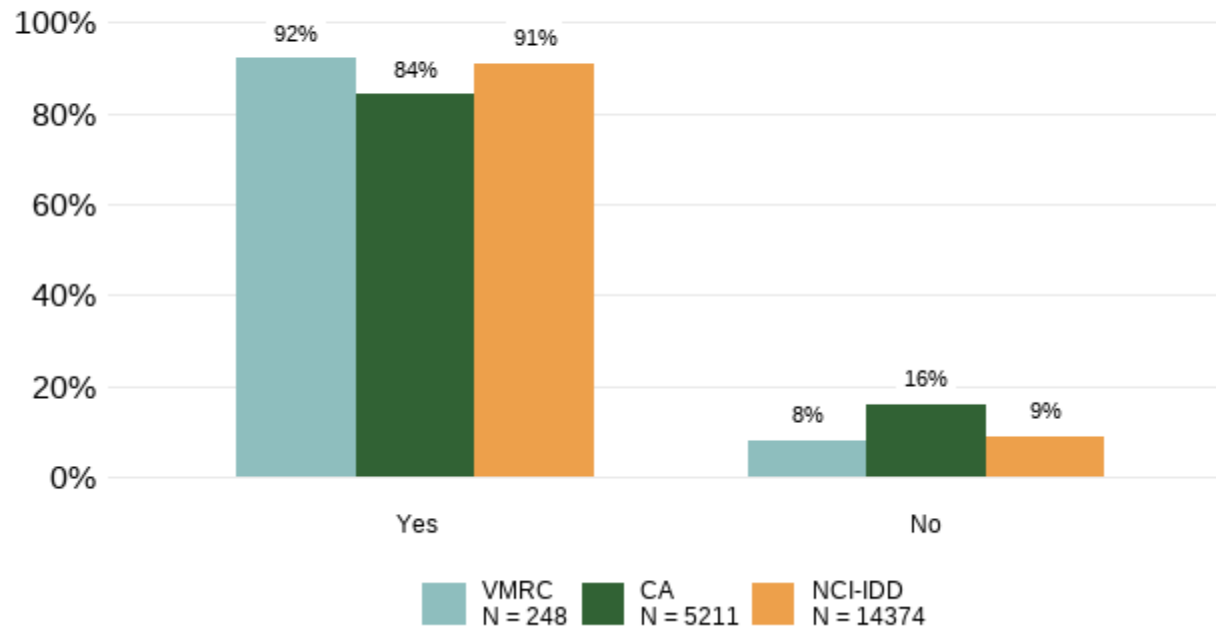


## *Service Coordination*

*Value Statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Individual Program Plans (IPP) reflect people's goals and needs and are modified as changes occur. People actively engage in the Individual Program Planning process.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Has met or spoken with case manager/service coordinator

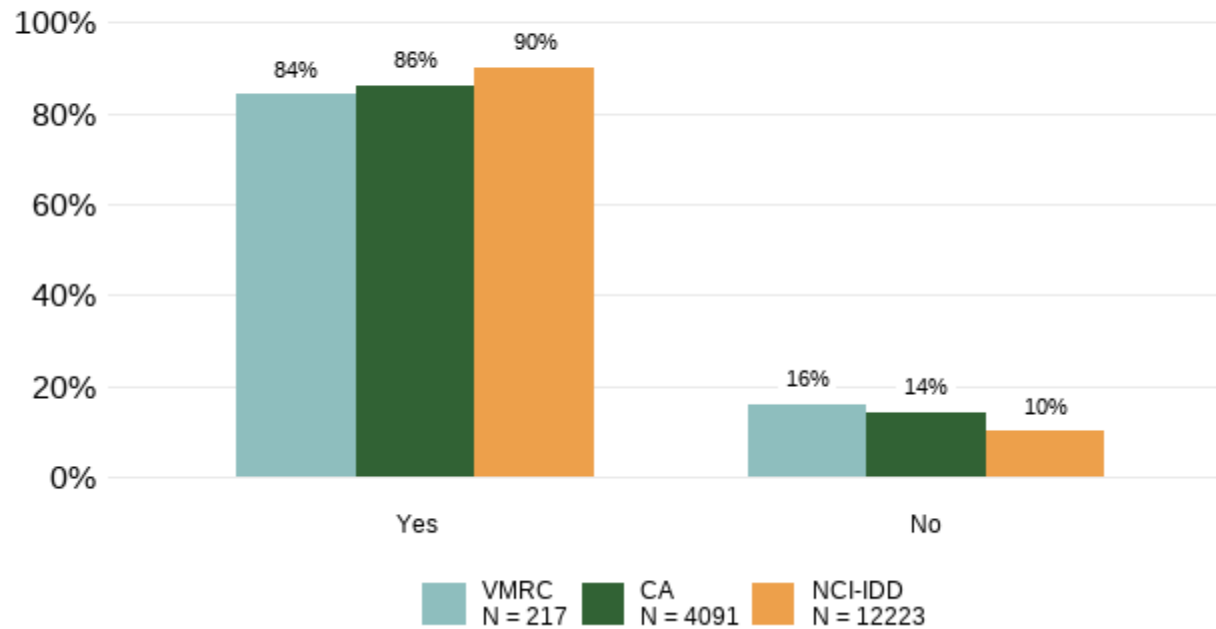


**Table 85. Has met or spoken with case manager/service coordinator**

Regional Center	Yes	No	N
VMRC	92%	8%	248
CA	84%	16%	5211
NCI-IDD	91%	9%	14374

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

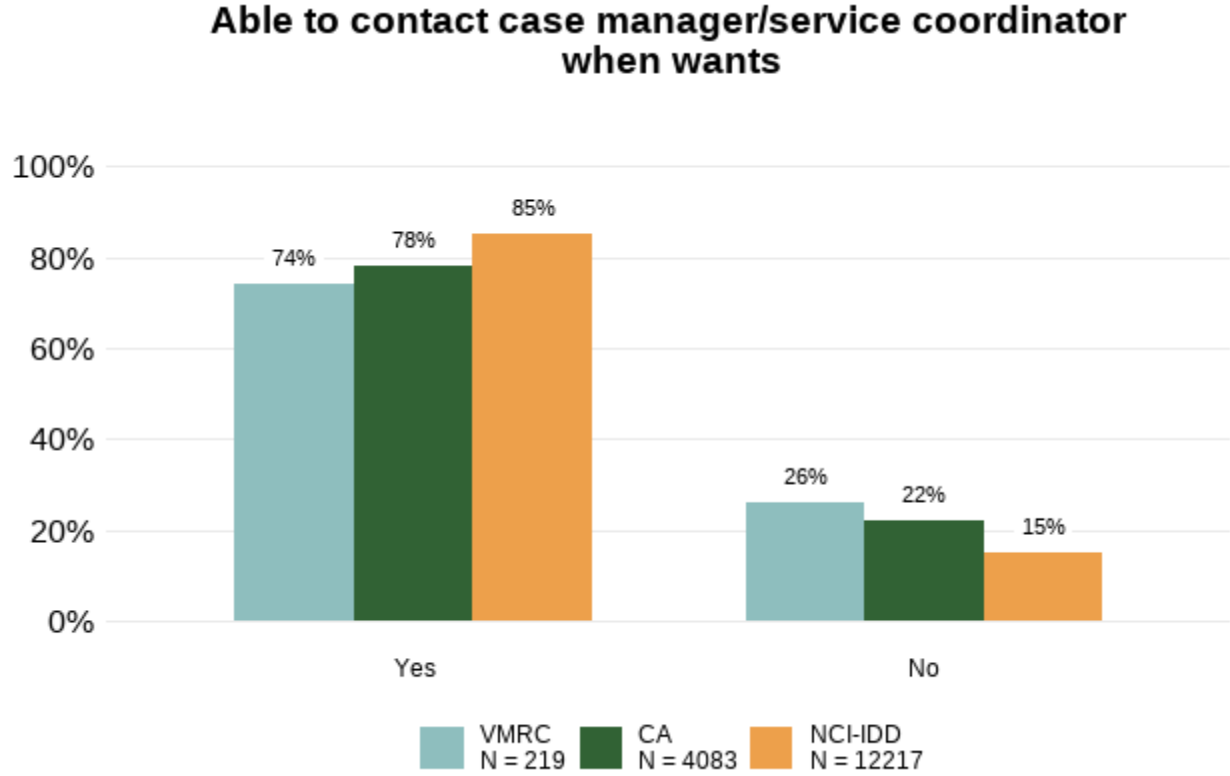
### Case manager/service coordinator knows what is important to person



**Table 86. Case manager/service coordinator knows what is important to person**

Regional Center	Yes	No	N
VMRC	84%	16%	217
CA	86%	14%	4091
NCI-IDD	90%	10%	12223

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

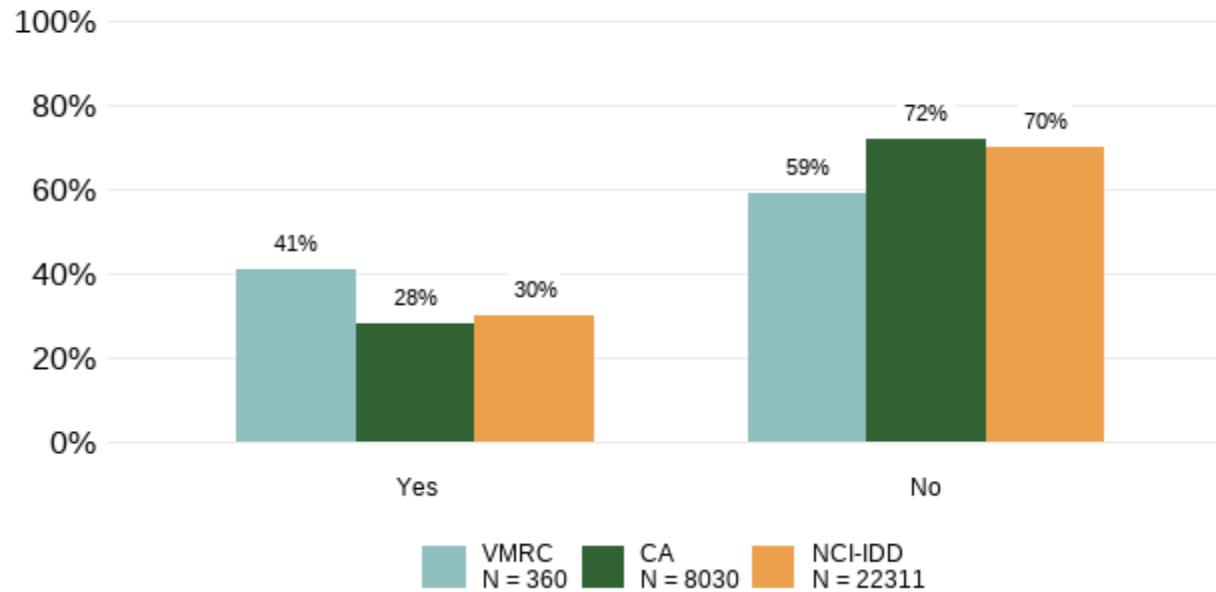


**Table 87. Able to contact case manager/service coordinator when wants**

Regional Center	Yes	No	N
VMRC	74%	26%	219
CA	78%	22%	4083
NCI-IDD	85%	15%	12217

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Case manager/service coordinator has talked to them about technology that may help them in their everyday life**



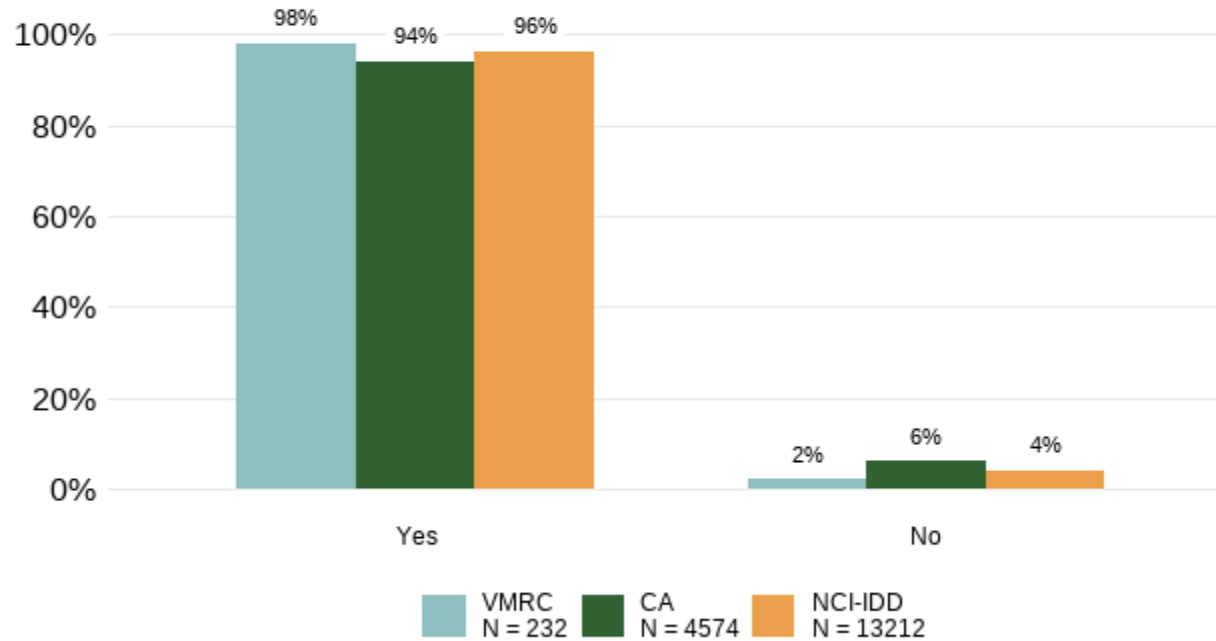
**Table 88. Case manager/service coordinator has talked to them about technology that may help them in their everyday life**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	41%	59%	360
CA	28%	72%	8030
NCI-IDD	30%	70%	22311

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Was at last IPP meeting, or had the opportunity to be but chose not to

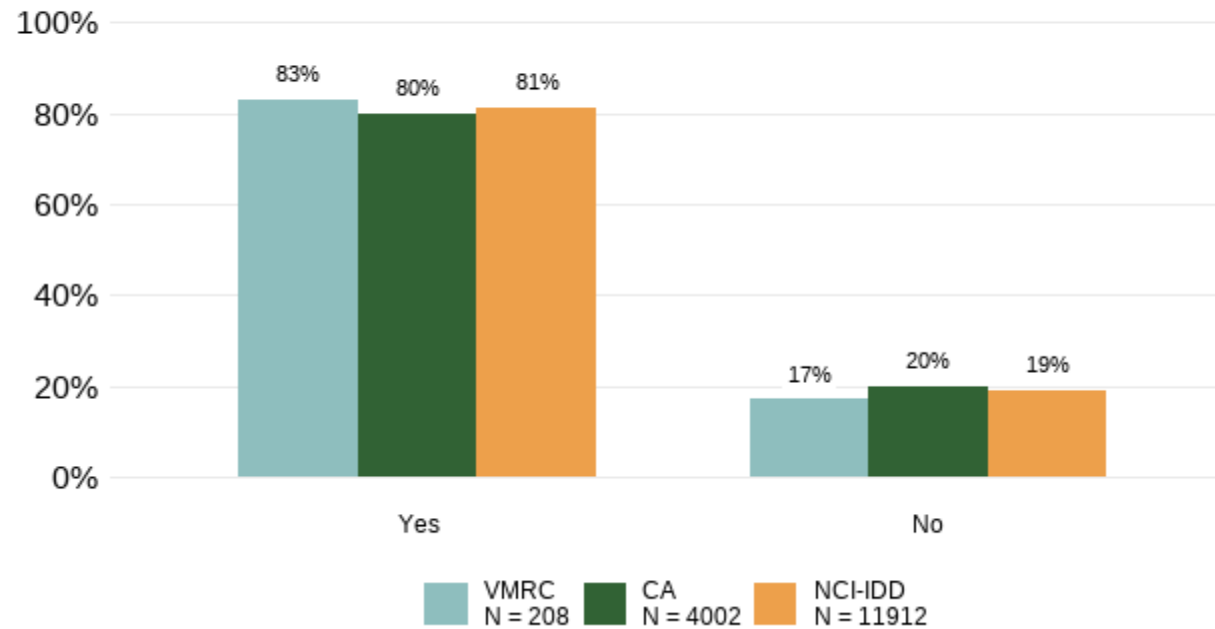


**Table 89. Was at last IPP meeting, or had the opportunity to be but chose not to**

Regional Center	Yes	No	N
VMRC	98%	2%	232
CA	94%	6%	4574
NCI-IDD	96%	4%	13212

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Knew what was being talked about at last IPP meeting

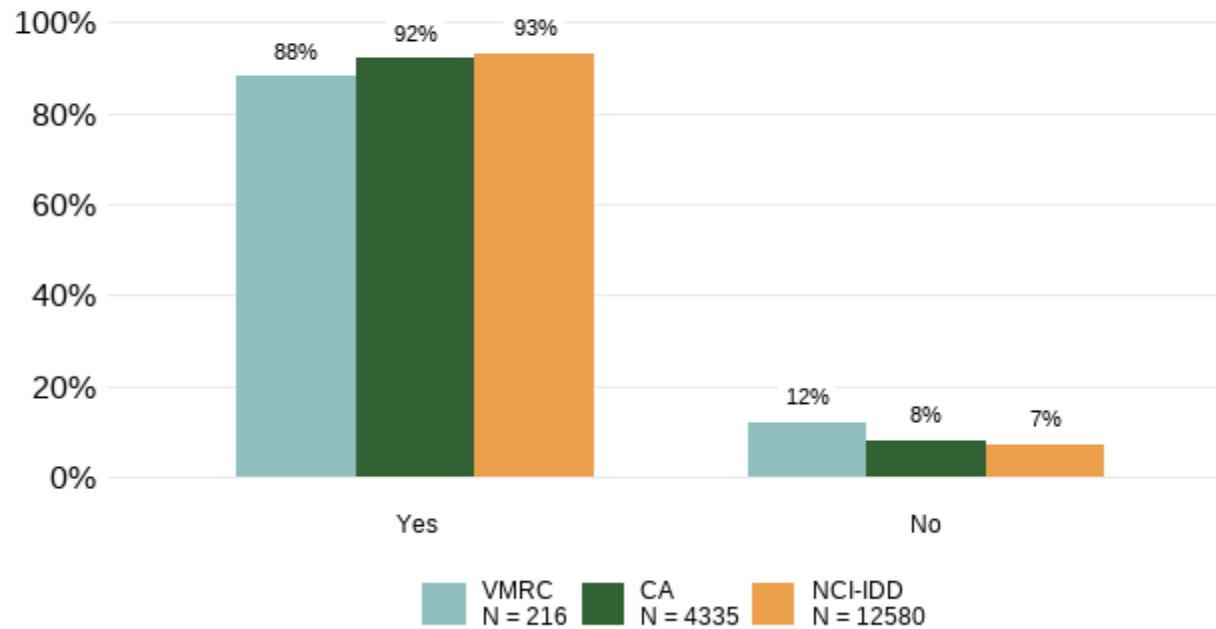


**Table 90. Knew what was being talked about at last IPP meeting**

Regional Center	Yes	No	N
VMRC	83%	17%	208
CA	80%	20%	4002
NCI-IDD	81%	19%	11912

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Last IPP meeting included people person wanted to be there



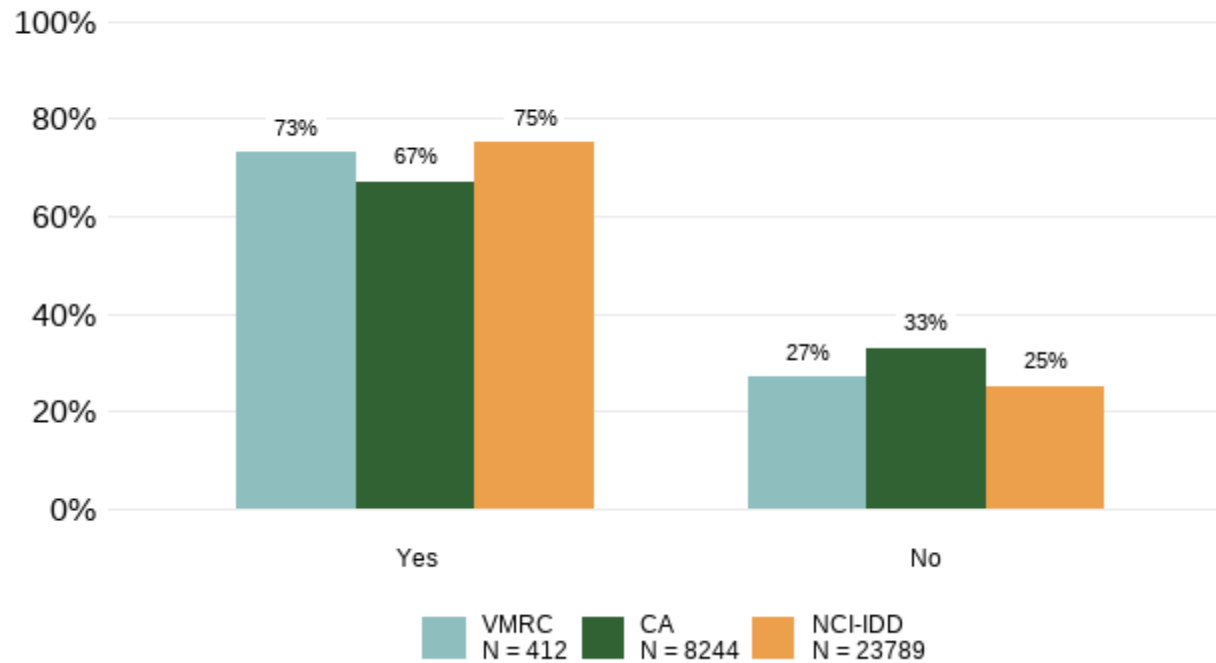
**Table 91. Last IPP meeting included people person wanted to be there**

Regional Center	Yes	No	N
VMRC	88%	12%	216
CA	92%	8%	4335
NCI-IDD	93%	7%	12580

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



## Person helped make IPP



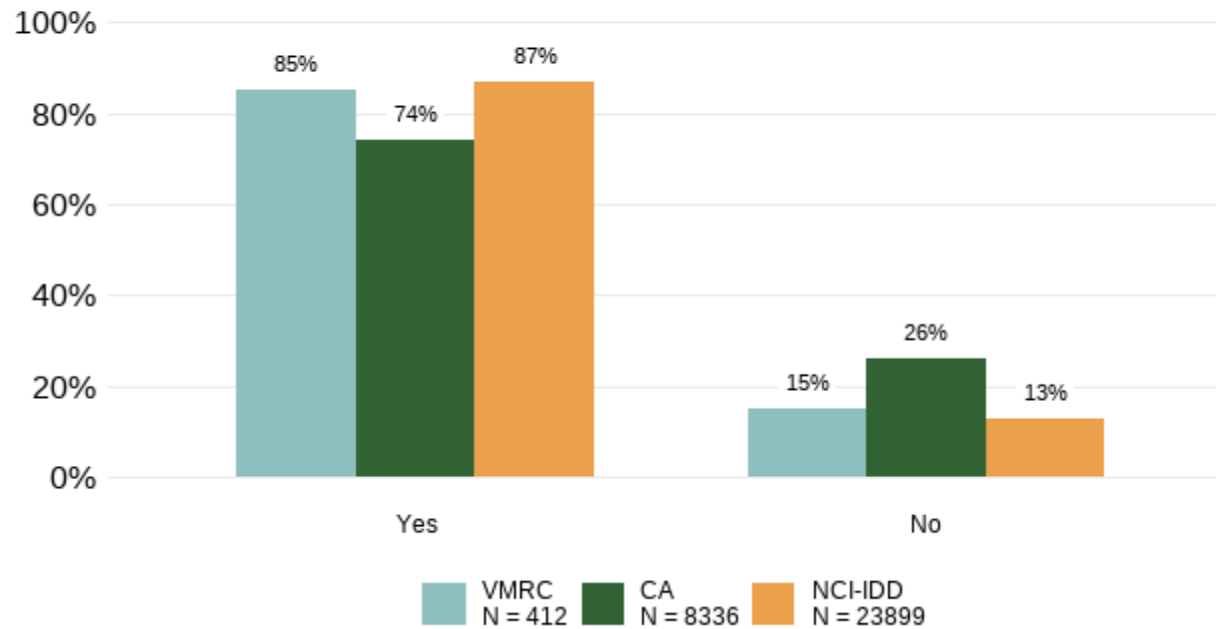
**Table 92. Person helped make IPP**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	73%	27%	412
CA	67%	33%	8244
NCI-IDD	75%	25%	23789

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Case manager/service coordinator reviews their IPP with them throughout the year, when needed



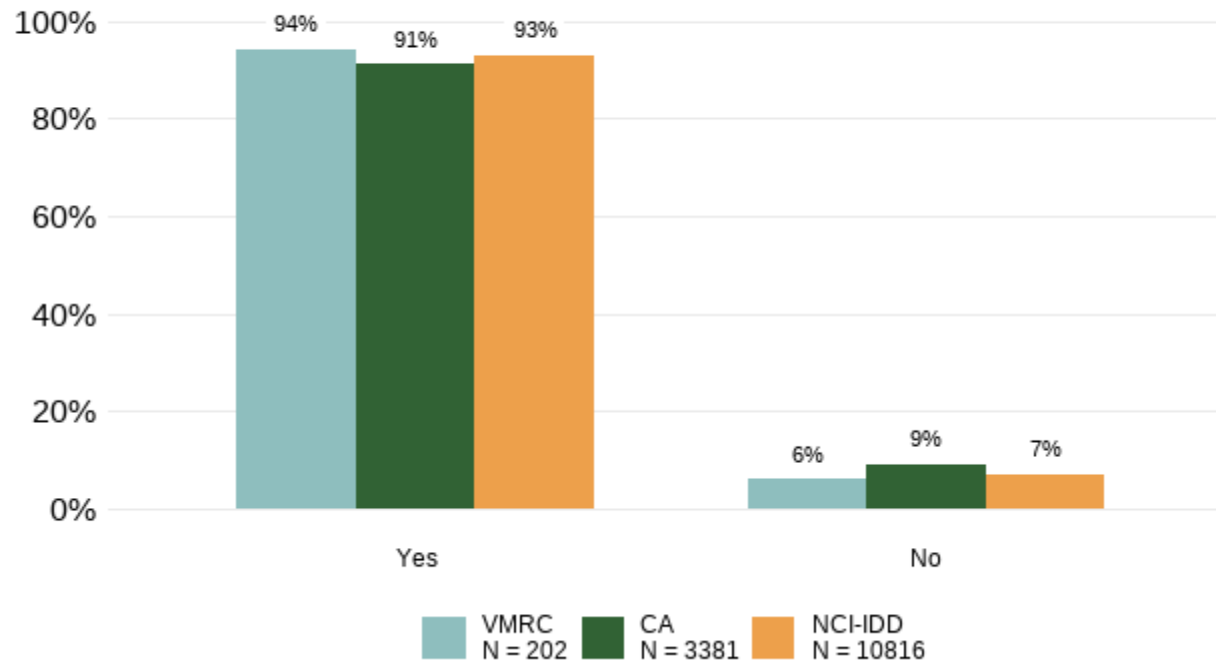
**Table 93. Case manager/service coordinator reviews their IPP with them throughout the year, when needed**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	85%	15%	412
CA	74%	26%	8336
NCI-IDD	87%	13%	23899

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### IPP includes things that are important to person

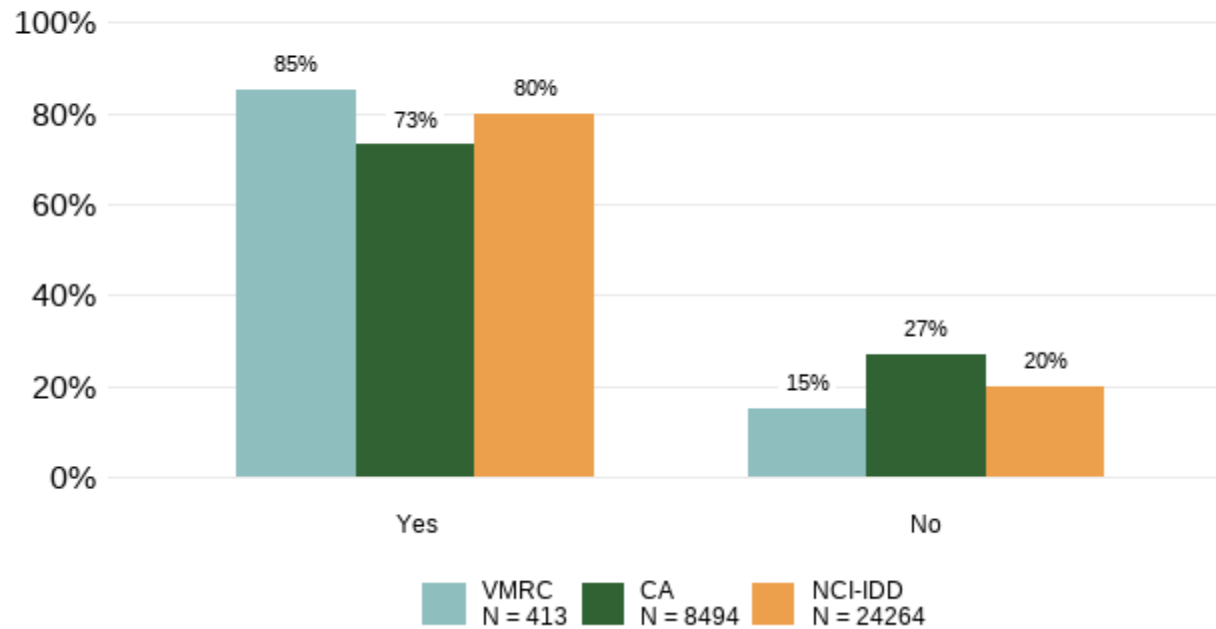


**Table 94. IPP includes things that are important to person**

Regional Center	Yes	No	N
VMRC	94%	6%	202
CA	91%	9%	3381
NCI-IDD	93%	7%	10816

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Knows who to ask if wants to change something about services



**Table 95. Knows who to ask if wants to change something about services**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	85%	15%	413
CA	73%	27%	8494
NCI-IDD	80%	20%	24264

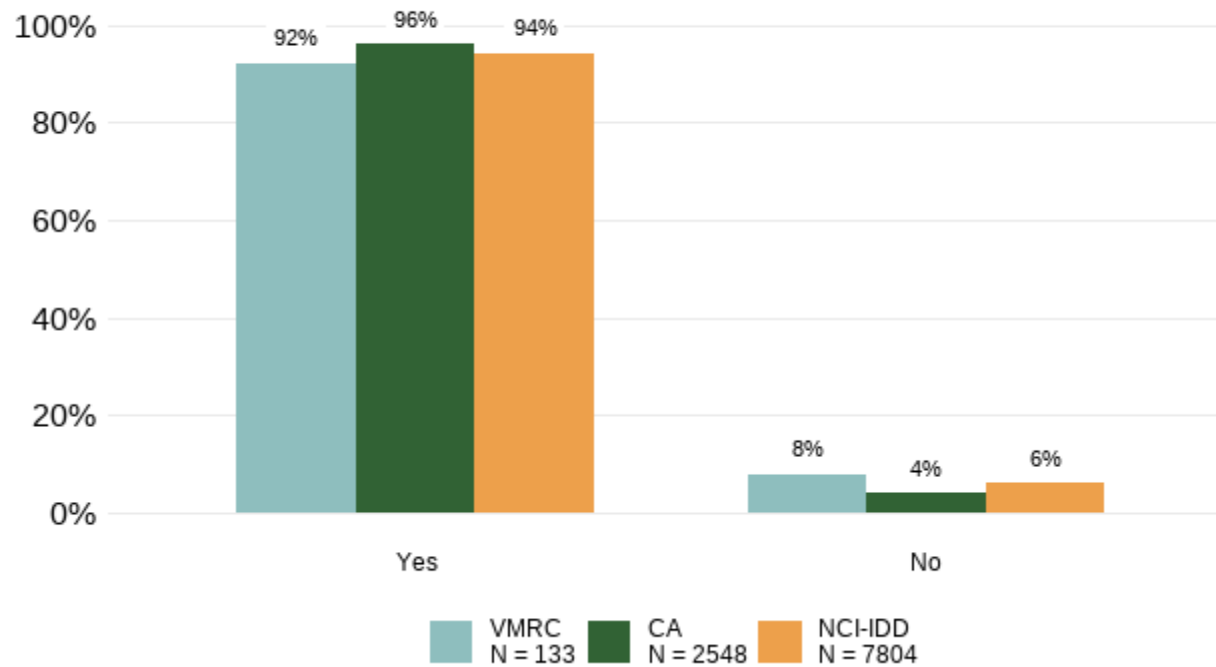
*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Workforce

*Value Statement: There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Staff are respectful of person's culture

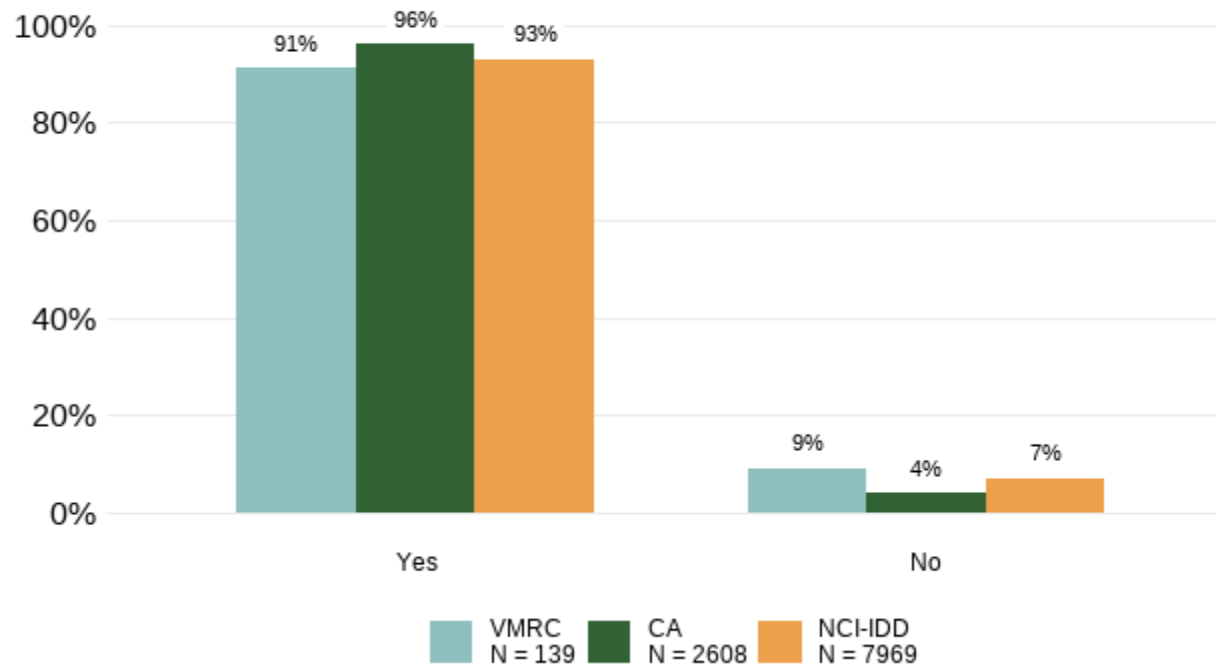


**Table 96. Staff are respectful of person's culture**

Regional Center	Yes	No	N
VMRC	92%	8%	133
CA	96%	4%	2548
NCI-IDD	94%	6%	7804

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

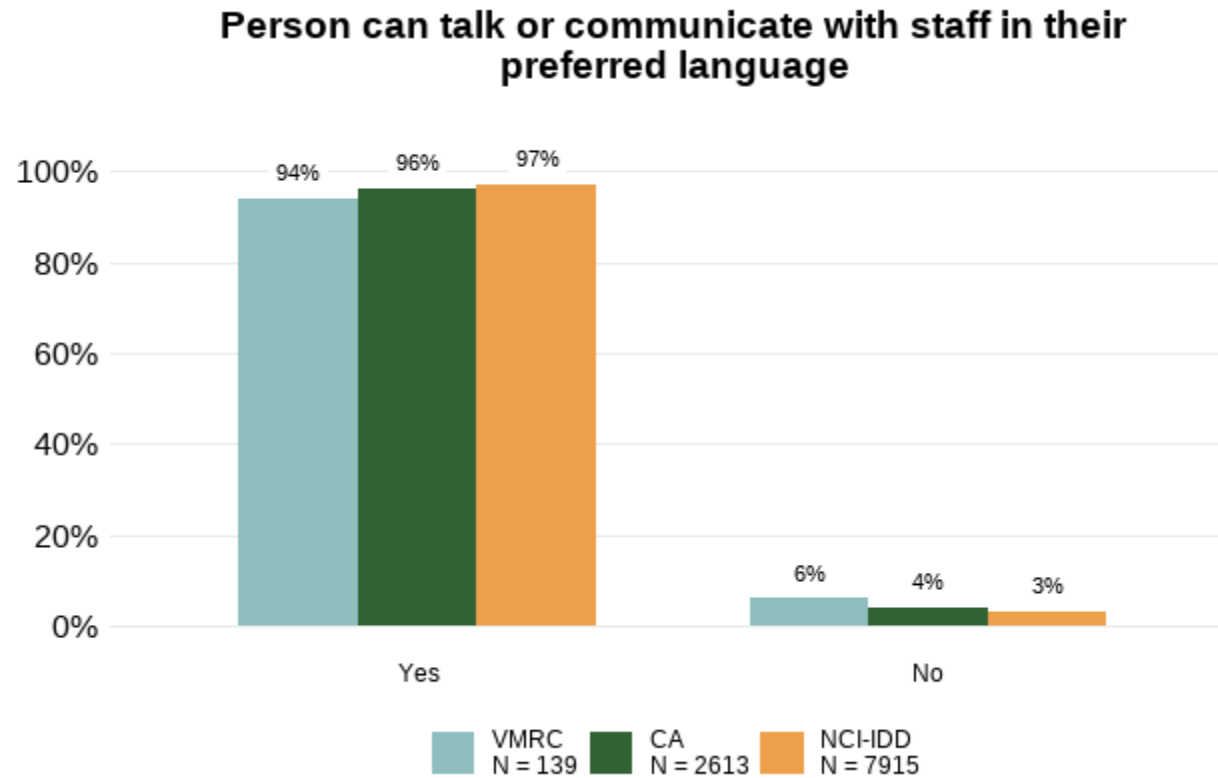
### Staff treat person with respect



**Table 97. Staff treat person with respect**

Regional Center	Yes	No	N
VMRC	91%	9%	139
CA	96%	4%	2608
NCI-IDD	93%	7%	7969

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



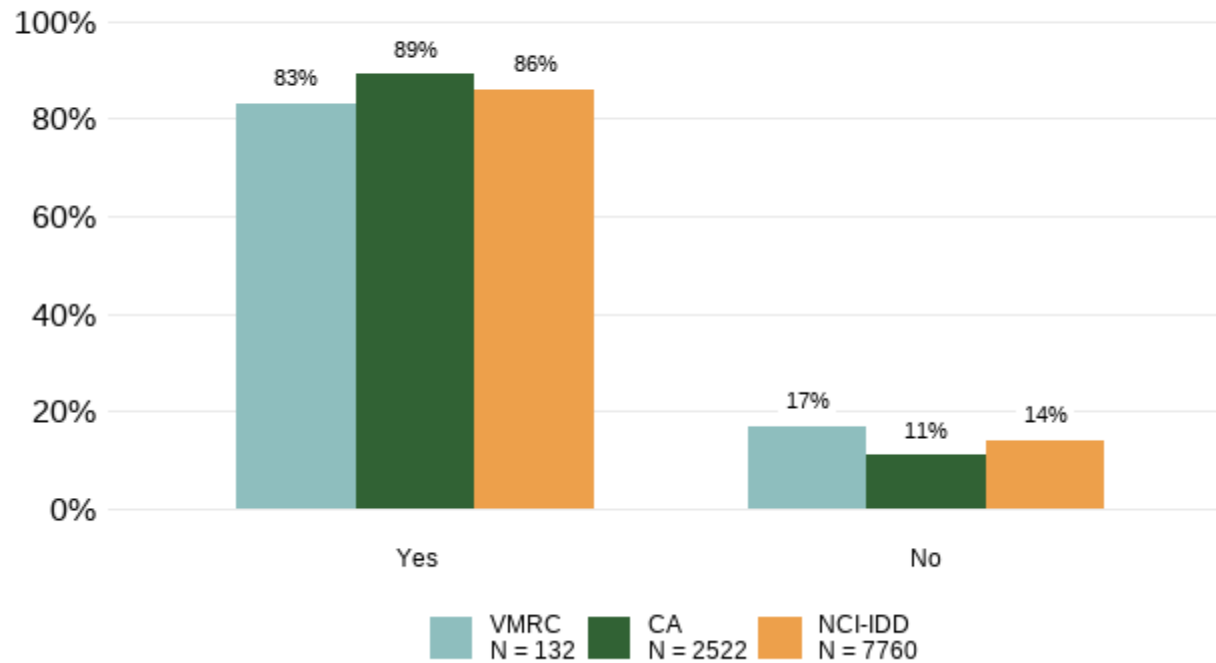
**Table 98. Person can talk or communicate with staff in their preferred language**

Regional Center	Yes	No	N
VMRC	94%	6%	139
CA	96%	4%	2613
NCI-IDD	97%	3%	7915

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



## Staff do things the way person wants them done

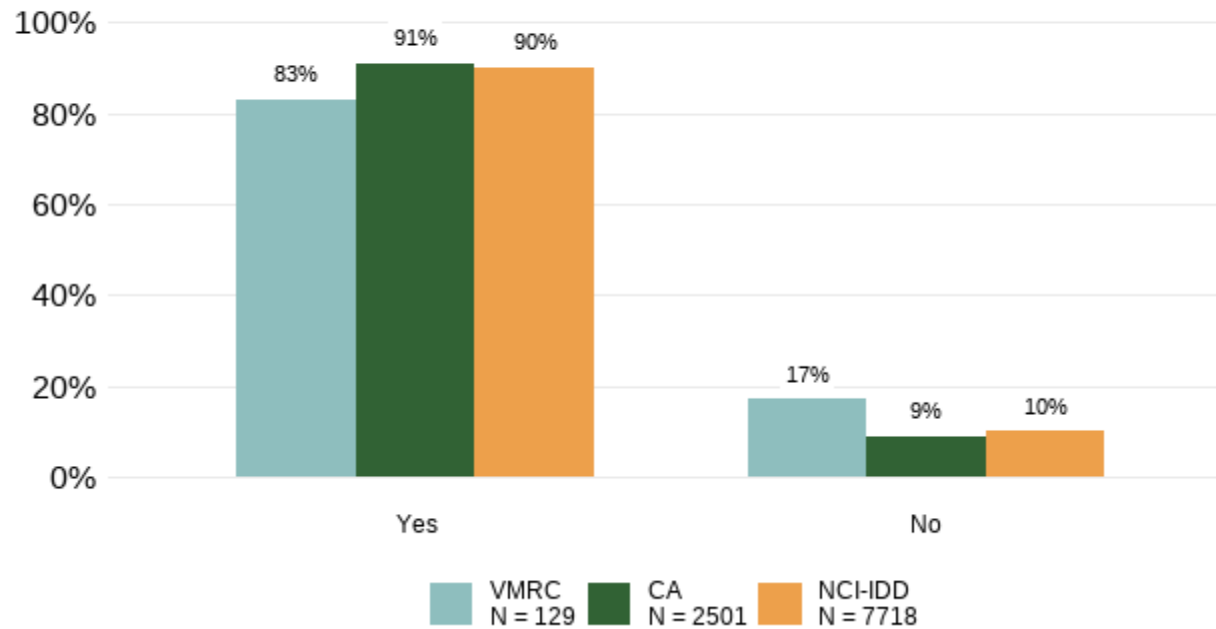


**Table 99. Staff do things the way person wants them done**

Regional Center	Yes	No	N
VMRC	83%	17%	132
CA	89%	11%	2522
NCI-IDD	86%	14%	7760

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### When in the community, staff support person in the way they want

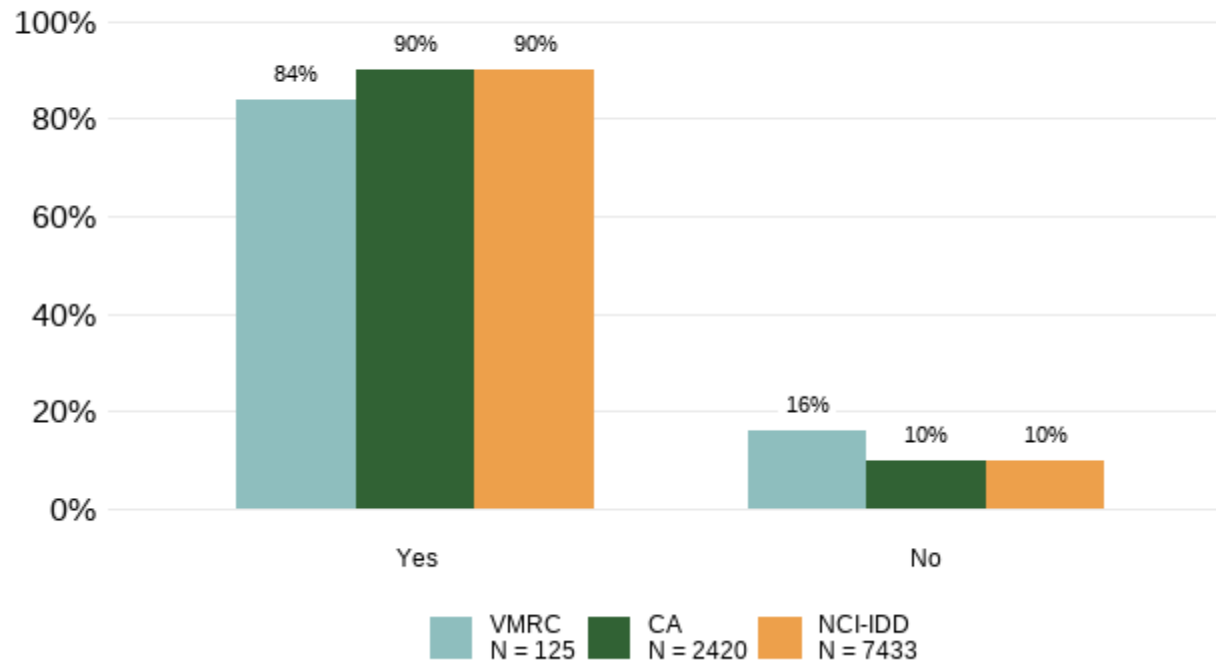


**Table 100. When in the community, staff support person in the way they want**

Regional Center	Yes	No	N
VMRC	83%	17%	129
CA	91%	9%	2501
NCI-IDD	90%	10%	7718

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Staff come and leave when they are supposed to

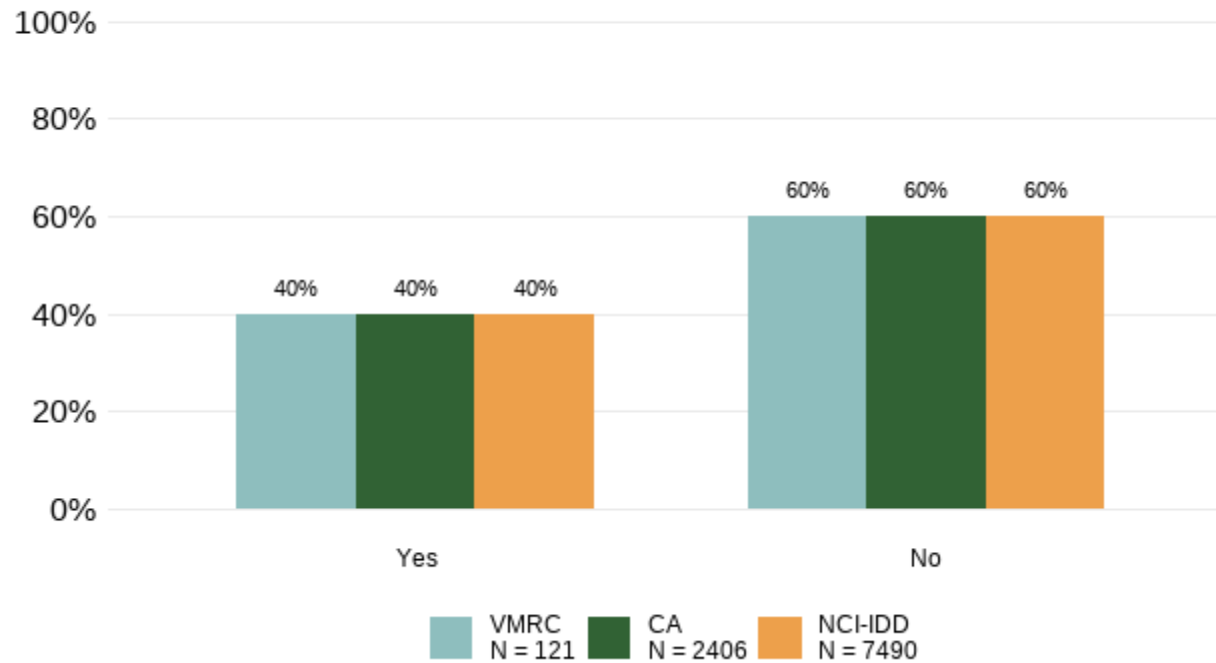


**Table 101. Staff come and leave when they are supposed to**

Regional Center	Yes	No	N
VMRC	84%	16%	125
CA	90%	10%	2420
NCI-IDD	90%	10%	7433

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Person's staff change too often?



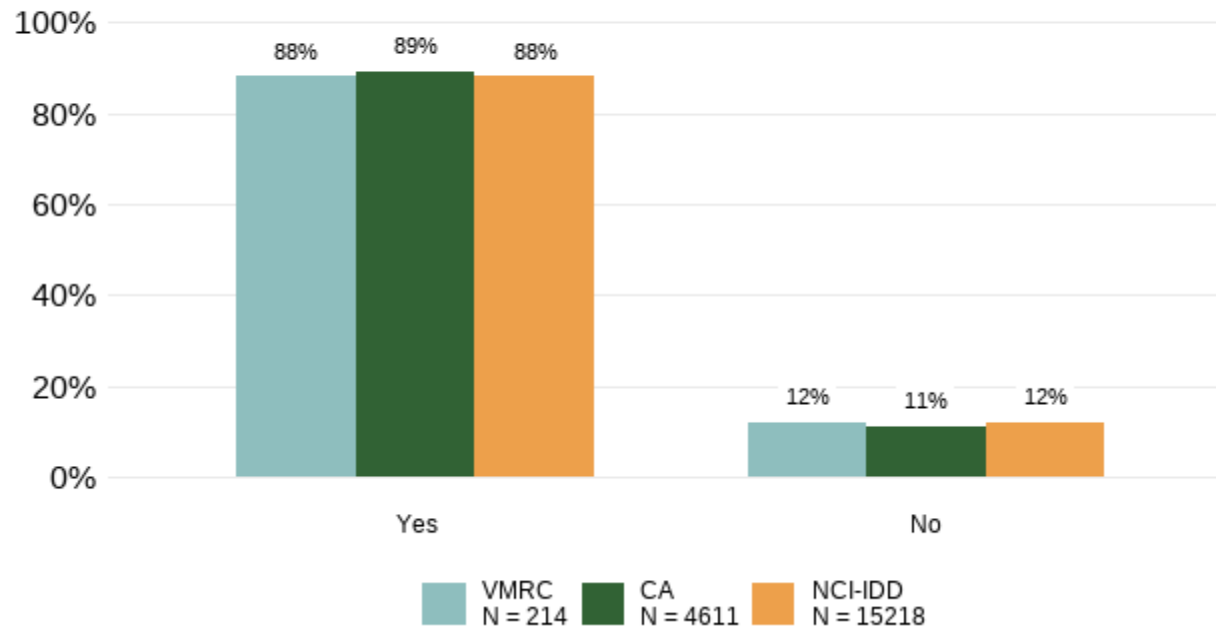
**Table 102. Person's staff change too often**

*"Yes, staff do change too often" and "Sometimes or some staff" responses combined.*

Regional Center	Yes	No	N
VMRC	40%	60%	121
CA	40%	60%	2406
NCI-IDD	40%	60%	7490

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Staff have the right training to meet person's needs



**Table 103. Staff have the right training to meet person's needs**

*Proxy respondents (who were not staff) were allowed for this question*

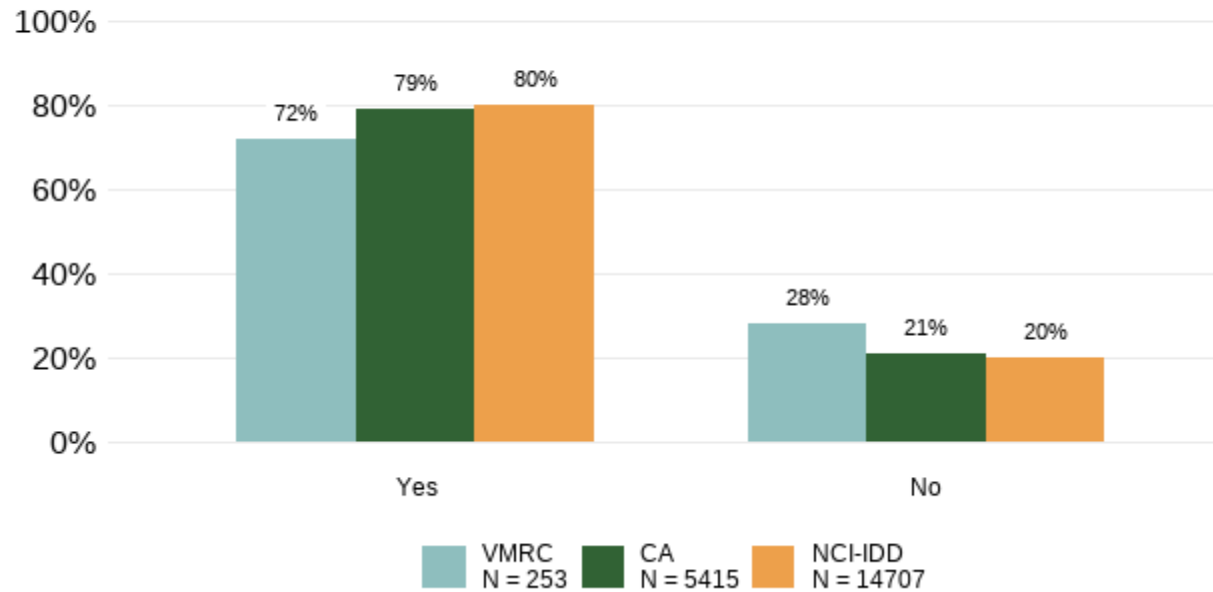
Regional Center	Yes	No	N
VMRC	88%	12%	214
CA	89%	11%	4611
NCI-IDD	88%	12%	15218

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

Access

*Value Statement: Services and supports are available, accessible, and responsive to people’s needs People know the options available to them for services and supports.*

**Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun**

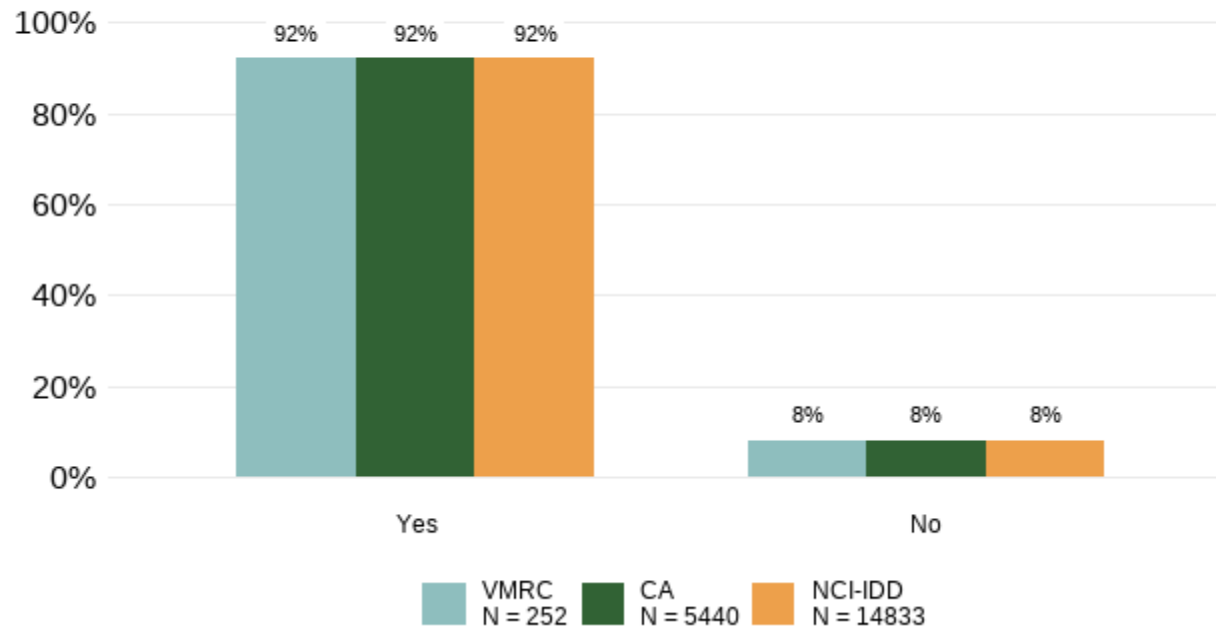


**Table 104. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun**

Regional Center	Yes	No	N
VMRC	72%	28%	253
CA	79%	21%	5415
NCI-IDD	80%	20%	14707

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Has a way to get places needs to go (like work, appointments, etc.)

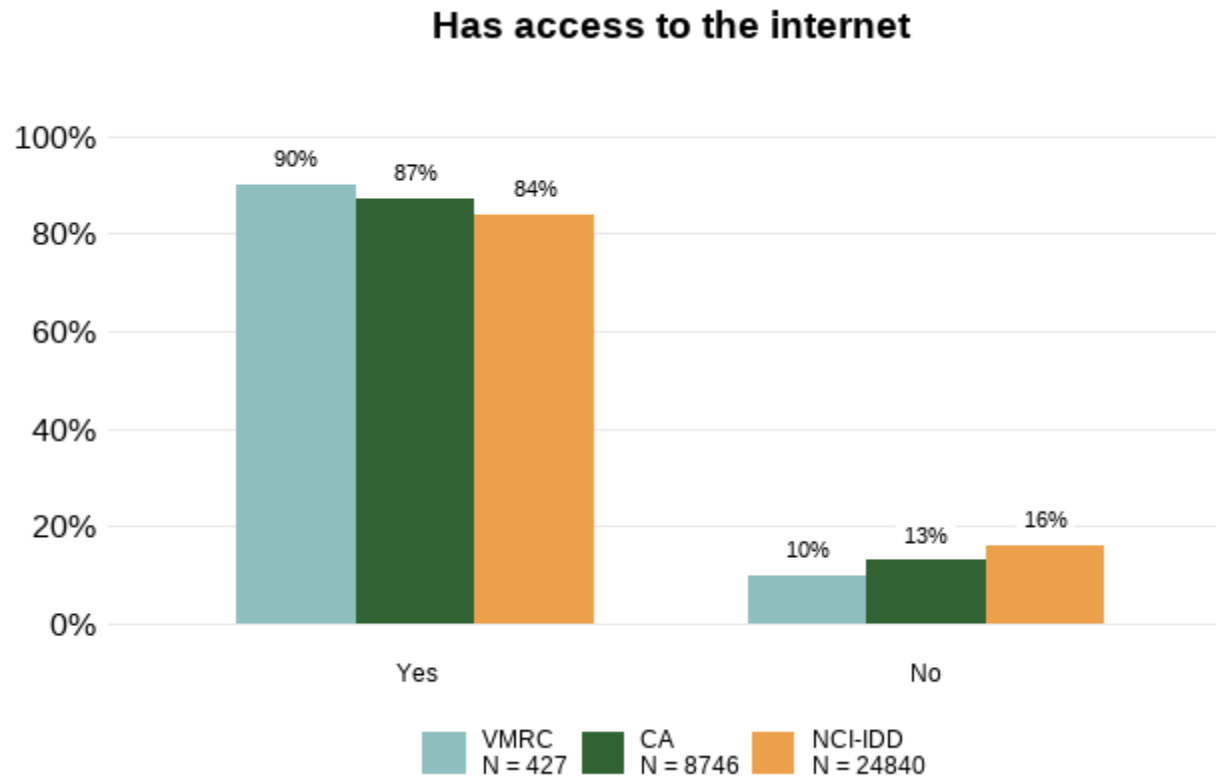


**Table 105. Has a way to get places needs to go (like work, appointments, etc.)**

Regional Center	Yes	No	N
VMRC	92%	8%	252
CA	92%	8%	5440
NCI-IDD	92%	8%	14833

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



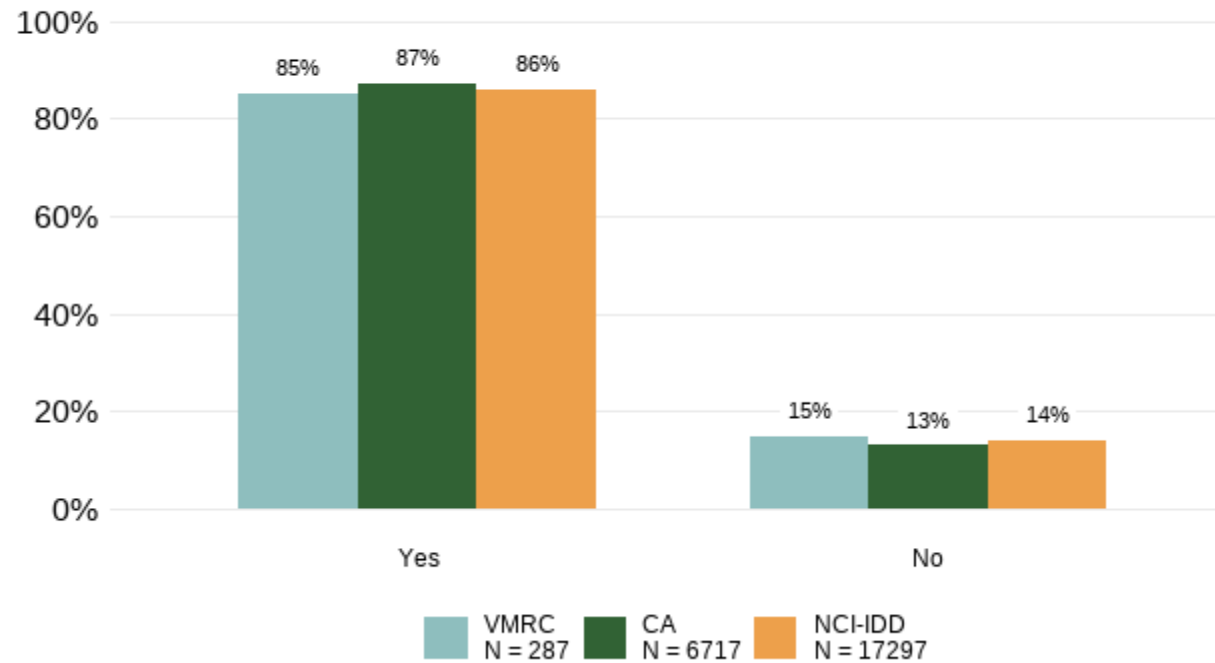


**Table 106. Has access to the internet**  
*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	90%	10%	427
CA	87%	13%	8746
NCI-IDD	84%	16%	24840

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Internet always works at home



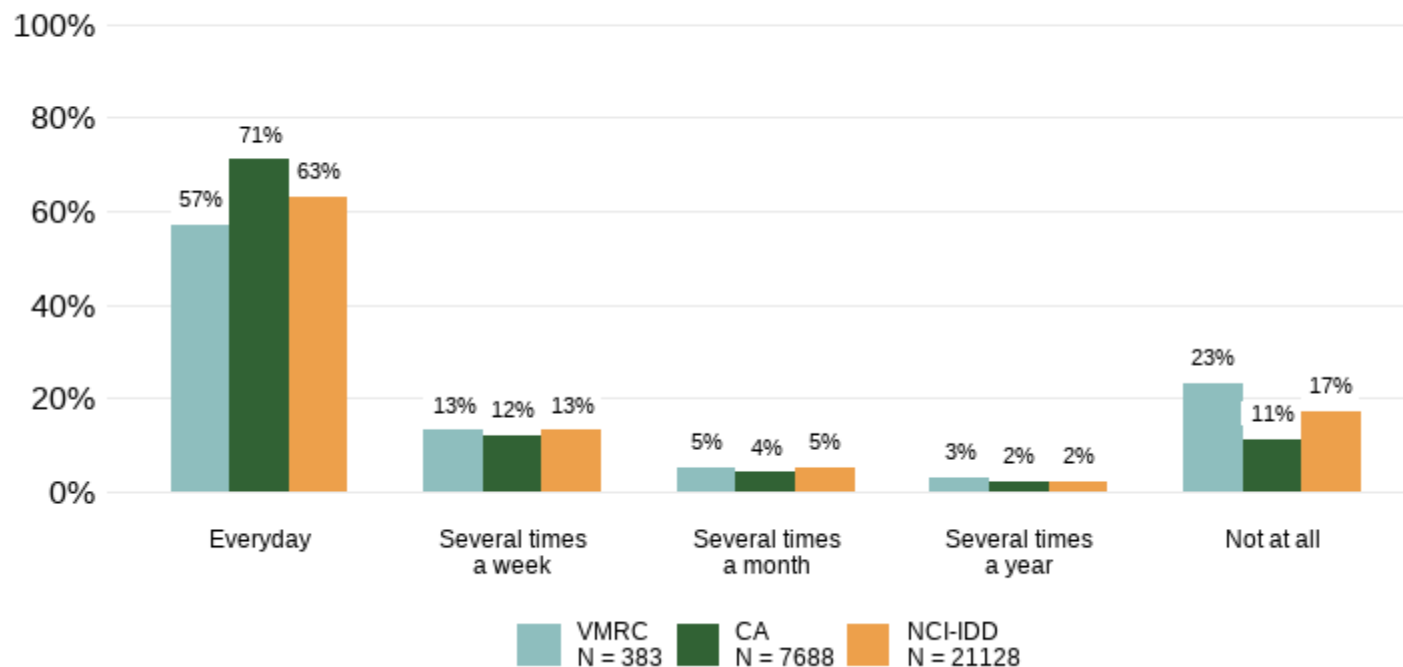
**Table 107. Internet always works at home**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	85%	15%	287
CA	87%	13%	6717
NCI-IDD	86%	14%	17297

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Frequency uses internet



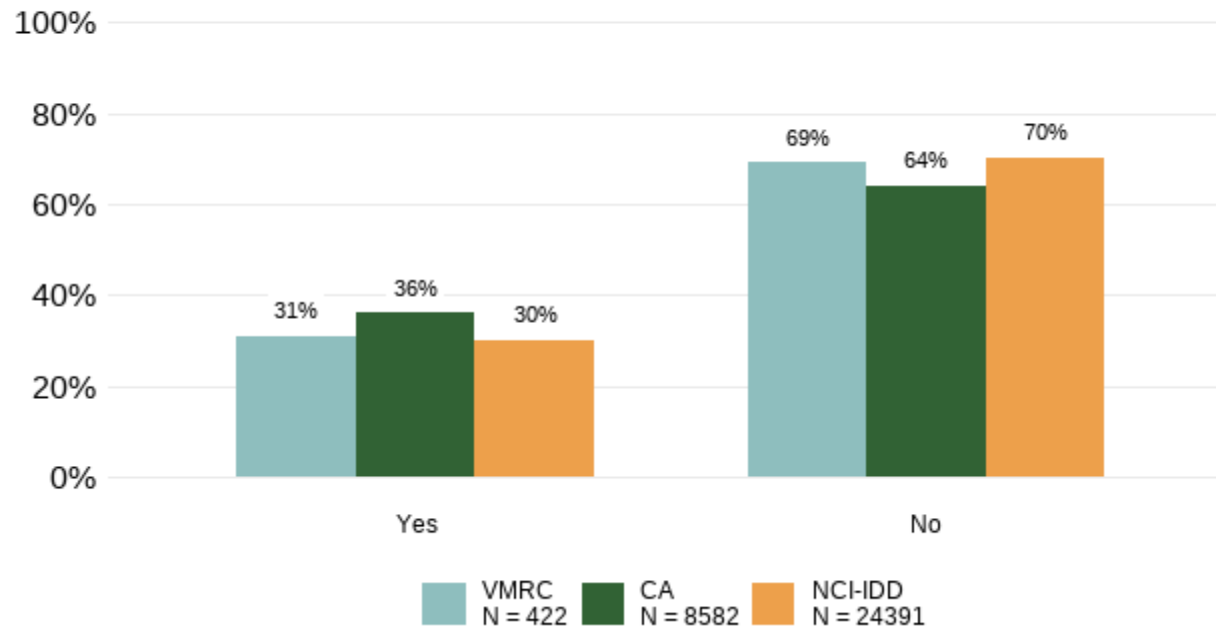
**Table 108. Frequency uses internet**

*Proxy respondents were allowed for this question*

Regional Center	Everyday	Several times a week	Several times a month	Several times a year	Not at all	N
VMRC	57%	13%	5%	3%	23%	383
CA	71%	12%	4%	2%	11%	7688
NCI-IDD	63%	13%	5%	2%	17%	21128

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Uses technology in everyday life to help them do more things on their own



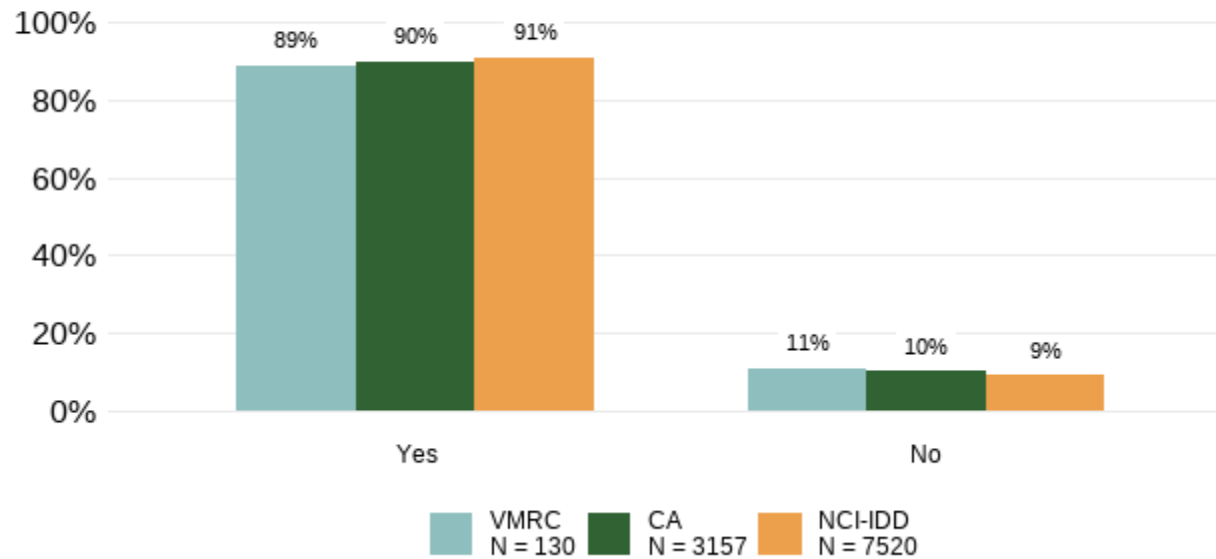
**Table 109. Uses technology in everyday life to help them do more things on their own**

*“Using technology in everyday life” refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals; proxy respondents were allowed for this question.*

Regional Center	Yes	No	N
VMRC	31%	69%	422
CA	36%	64%	8582
NCI-IDD	30%	70%	24391

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**



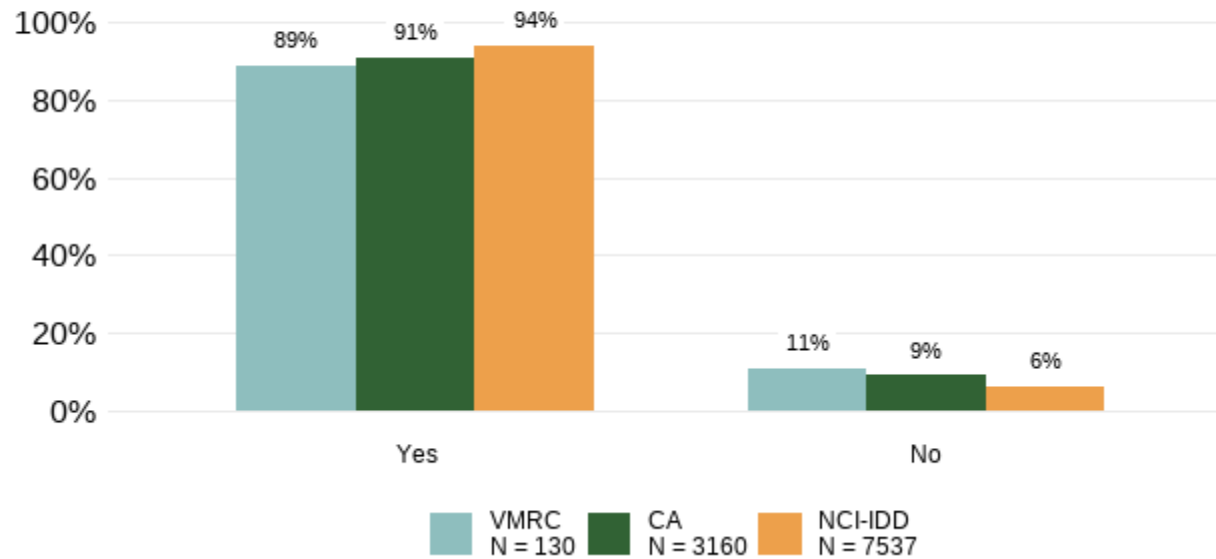
**Table 110. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	89%	11%	130
CA	90%	10%	3157
NCI-IDD	91%	9%	7520

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**



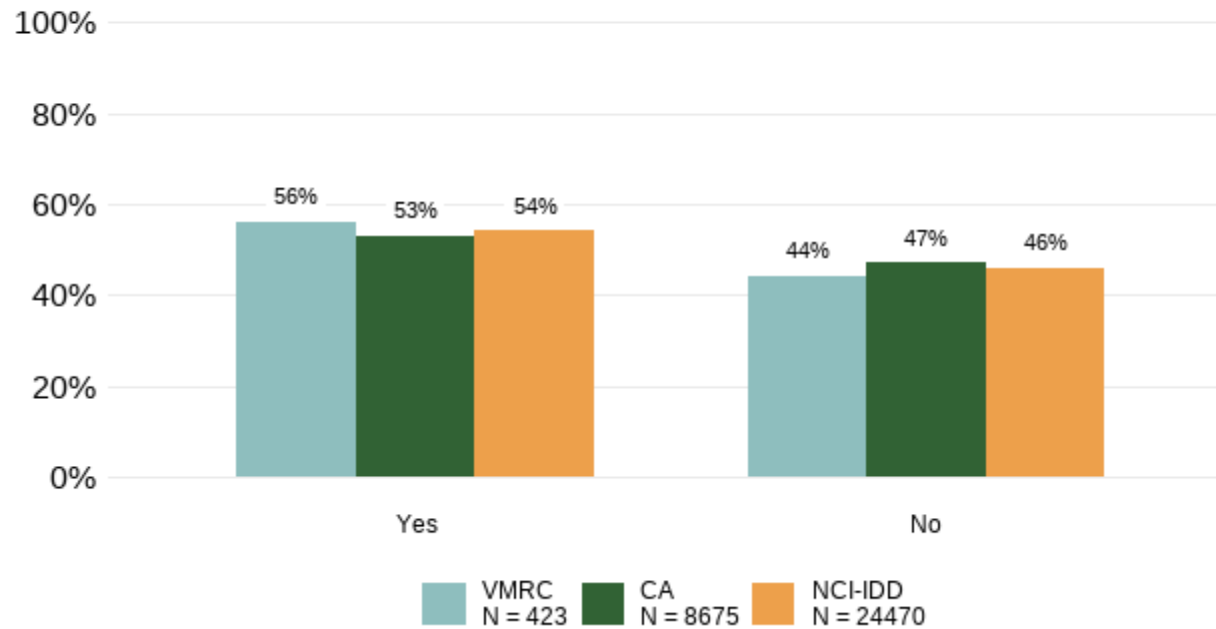
**Table 111. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	89%	11%	130
CA	91%	9%	3160
NCI-IDD	94%	6%	7537

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Has used telehealth to talk with a health professional



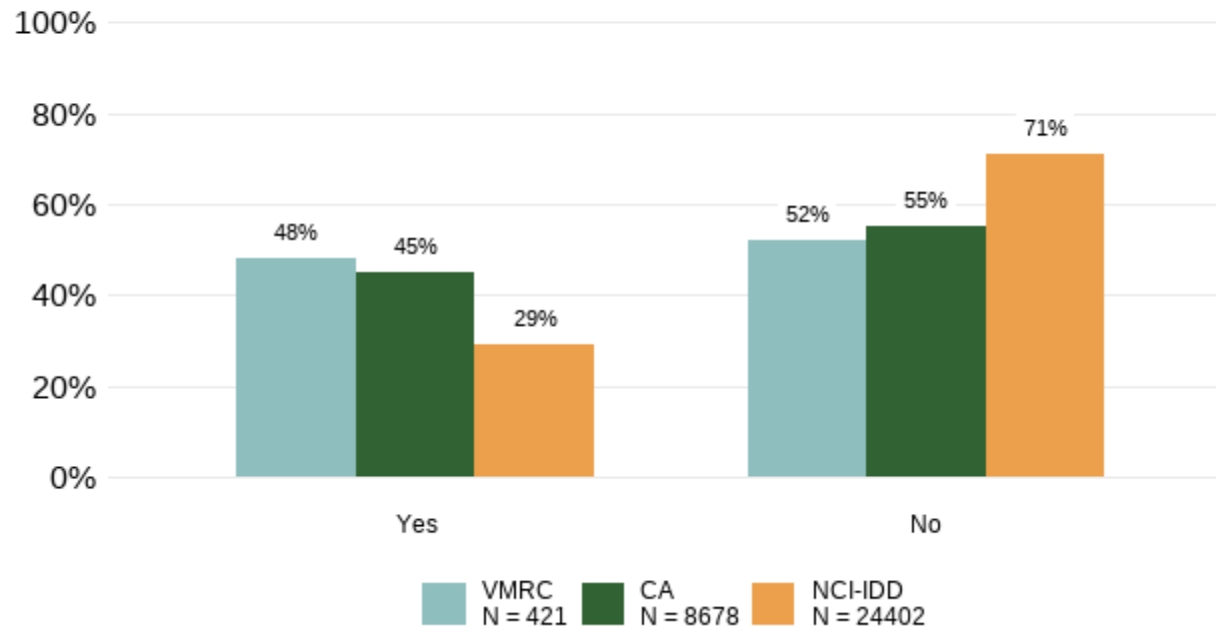
**Table 112. Has used telehealth to talk with a health professional**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	56%	44%	423
CA	53%	47%	8675
NCI-IDD	54%	46%	24470

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Accessed services or supports using videoconference technology



**Table 113. Accessed services or supports using videoconference technology**

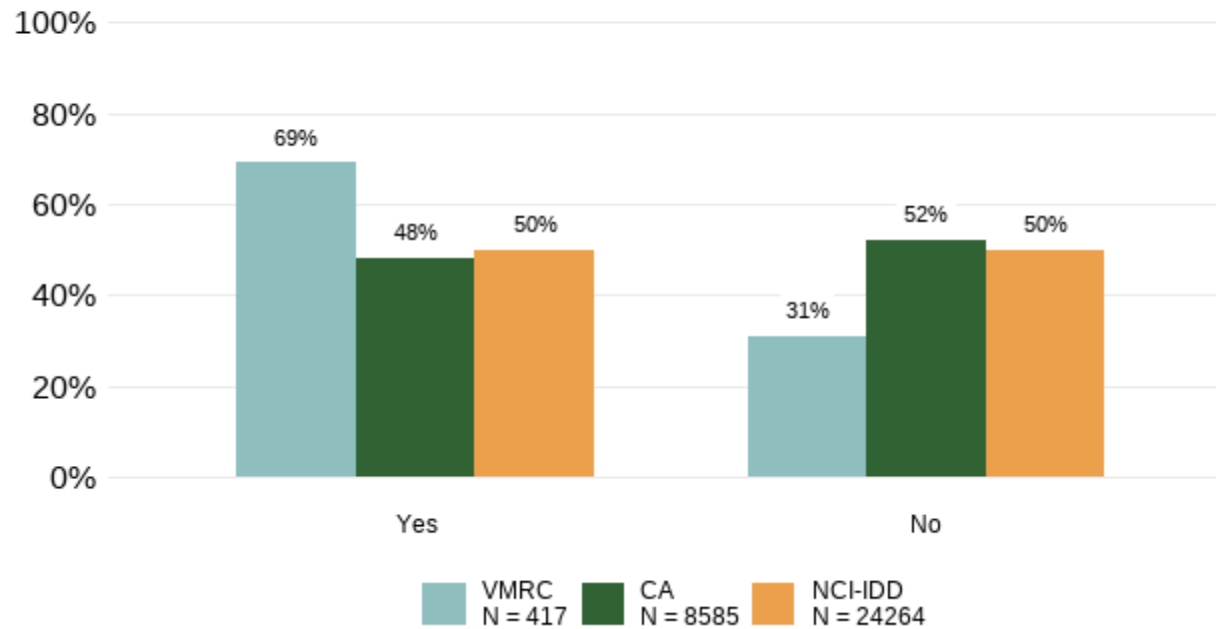
*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	48%	52%	421
CA	45%	55%	8678
NCI-IDD	29%	71%	24402

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



### Has talked with their case manager/service coordinator using videoconference technology

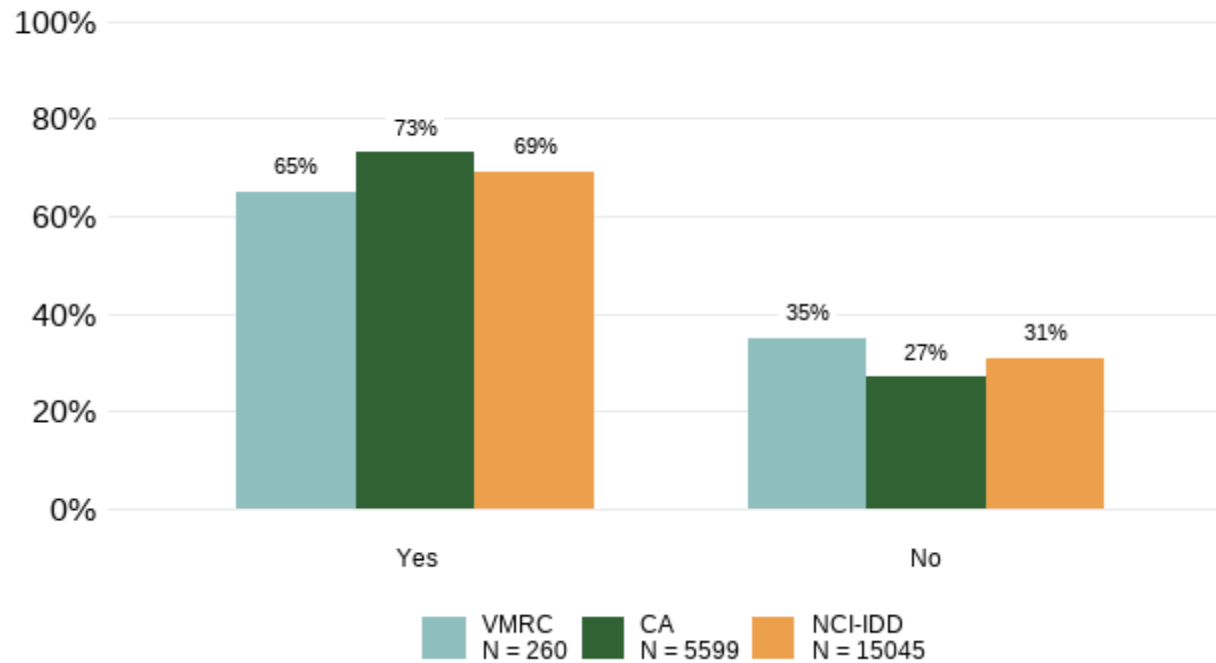


**Table 114. Has talked with their case manager/service coordinator using videoconference technology**

Regional Center	Yes	No	N
VMRC	69%	31%	417
CA	48%	52%	8585
NCI-IDD	50%	50%	24264

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Has a cell phone or smartphone

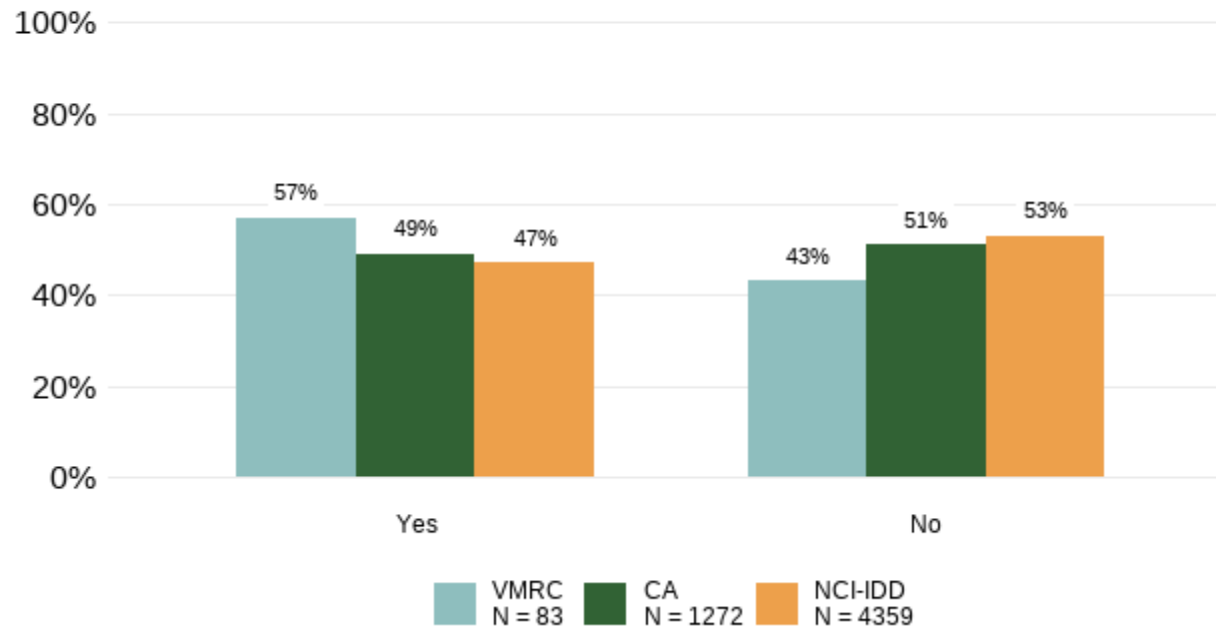


**Table 115. Has a cell phone or smartphone**

Regional Center	Yes	No	N
VMRC	65%	35%	260
CA	73%	27%	5599
NCI-IDD	69%	31%	15045

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Wants a cell phone or smartphone (if does not have one)

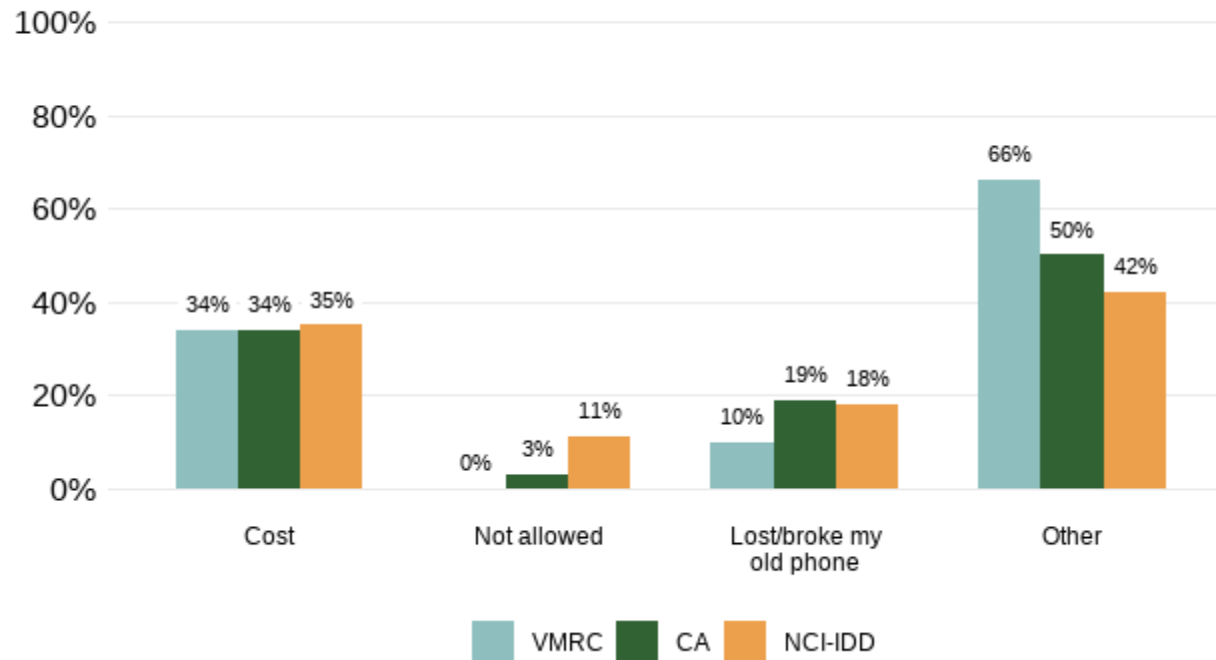


**Table 116. Wants a cell phone or smartphone (if does not have one)**

Regional Center	Yes	No	N
VMRC	57%	43%	83
CA	49%	51%	1272
NCI-IDD	47%	53%	4359

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Reasons does not have cell phone or smartphone



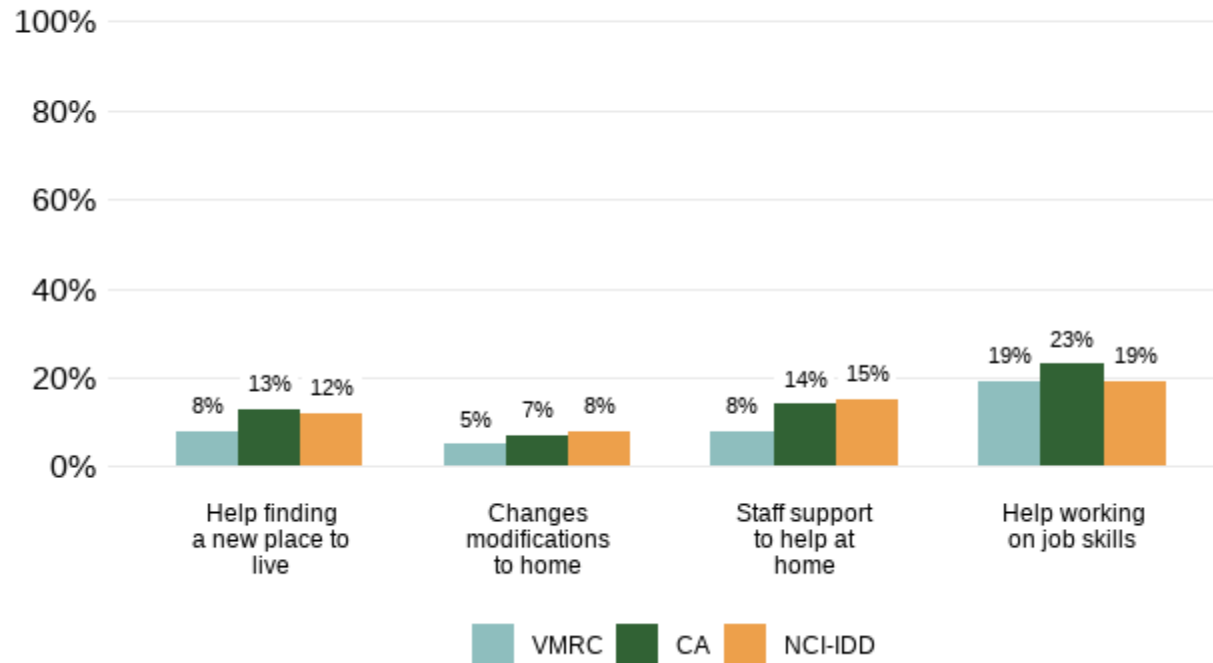
**Table 117. Reasons does not have cell phone or smartphone**

*Categories are not mutually exclusive; therefore, N is not shown.*

Regional Center	Cost	Not allowed	Lost/broke my old phone	Other
VMRC	34%	0%	10%	66%
CA	34%	3%	19%	50%
NCI-IDD	35%	11%	18%	42%

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Additional services needed



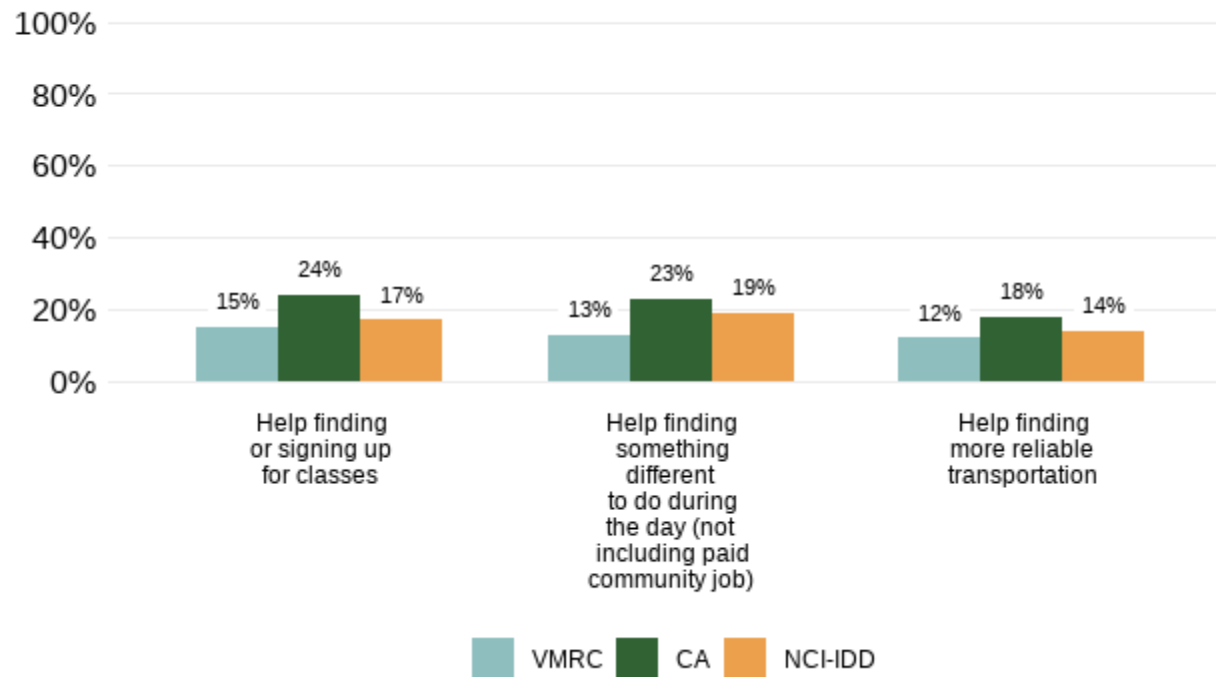
**Table 118a. Additional services needed**

*Categories are not mutually exclusive; therefore, N is not shown.*

Regional Center	Help finding a new place to live	Changes modifications to home	Staff support to help at home	Help working on job skills
VMRC	8%	5%	8%	19%
CA	13%	7%	14%	23%
NCI-IDD	12%	8%	15%	19%

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Additional services needed (continued)



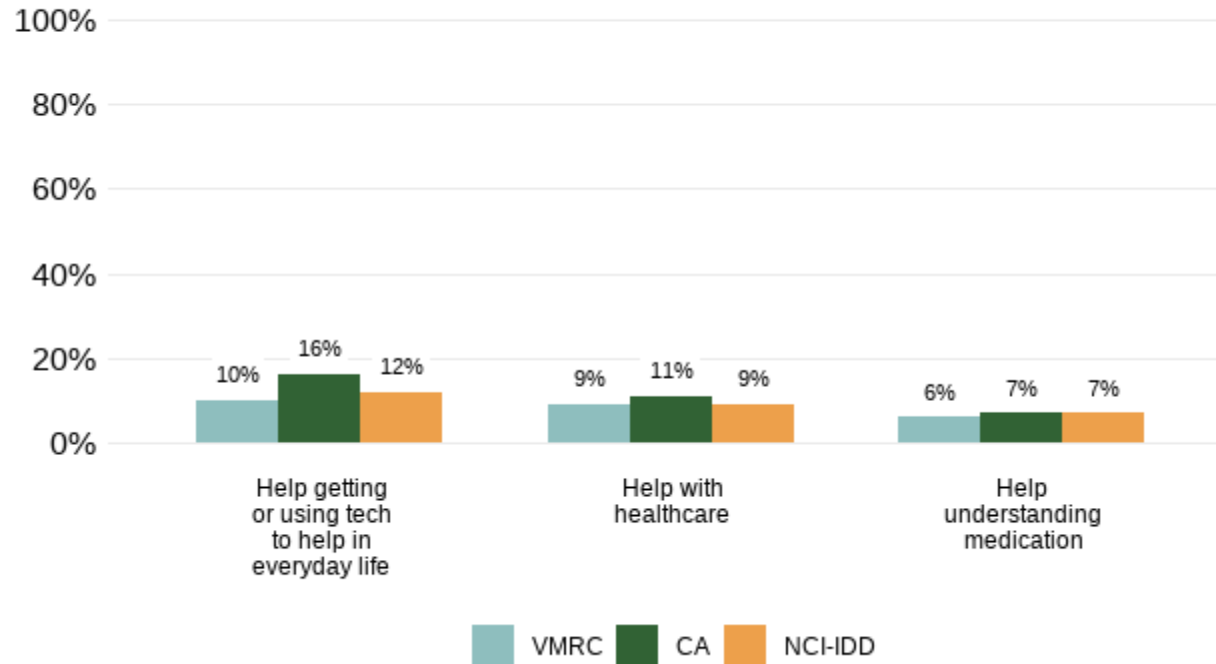
**Table 118b. Additional services needed (continued)**

*Categories are not mutually exclusive; therefore, N is not shown.*

Regional Center	Help finding or signing up for classes	Help finding something different to do during the day (not including paid community job)	Help finding more reliable transportation
VMRC	15%	13%	12%
CA	24%	23%	18%
NCI-IDD	17%	19%	14%

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Additional services needed (continued)



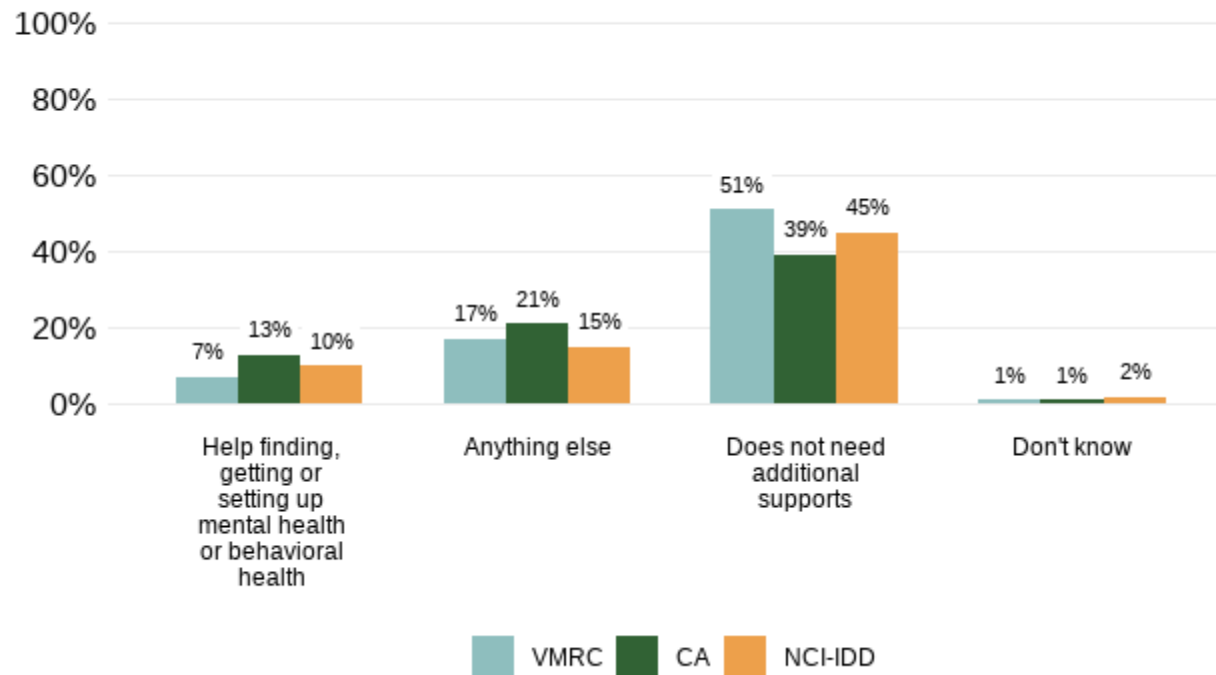
**Table 118c. Additional services needed (continued)**

*Categories are not mutually exclusive; therefore, N is not shown.*

Regional Center	Help getting or using tech to help in everyday life	Help with healthcare	Help understanding medication
VMRC	10%	9%	6%
CA	16%	11%	7%
NCI-IDD	12%	9%	7%

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Additional services needed (continued)



**Table 118d. Additional services needed (continued)**

*Categories are not mutually exclusive; therefore, N is not shown.*

Regional Center	Help finding, getting or setting up mental health or behavioral health	Anything else	Does not need additional supports	Don't know
VMRC	7%	17%	51%	1%
CA	13%	21%	39%	1%
NCI-IDD	10%	15%	45%	2%

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

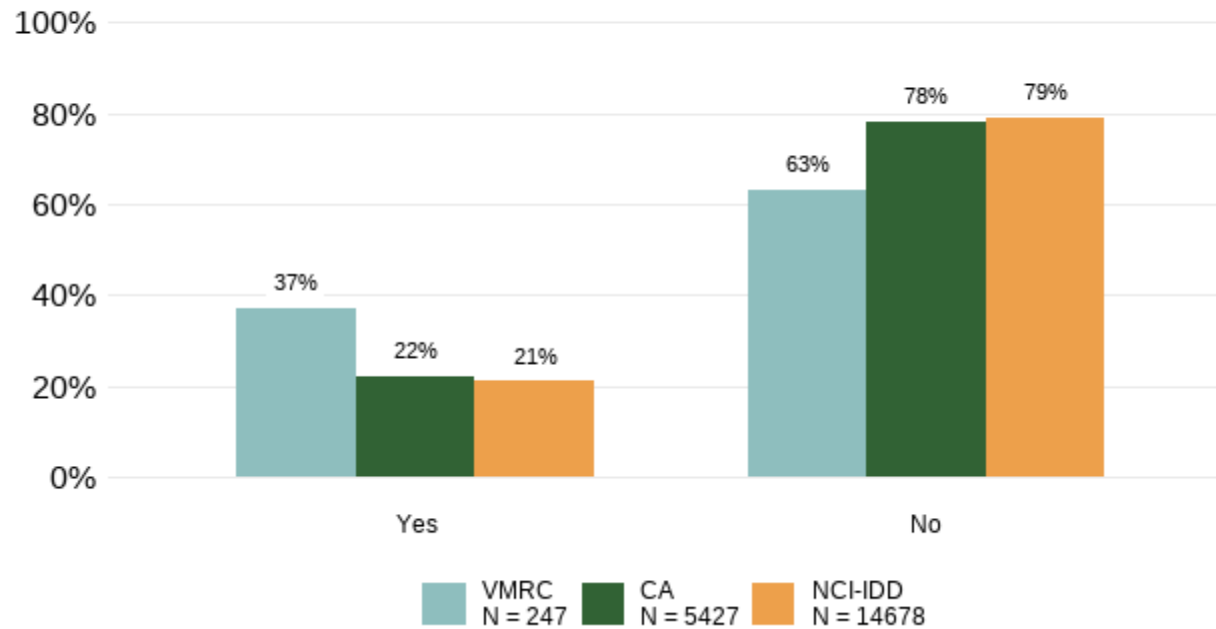


## *Safety*

*Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Are there any places that you feel afraid or scared?

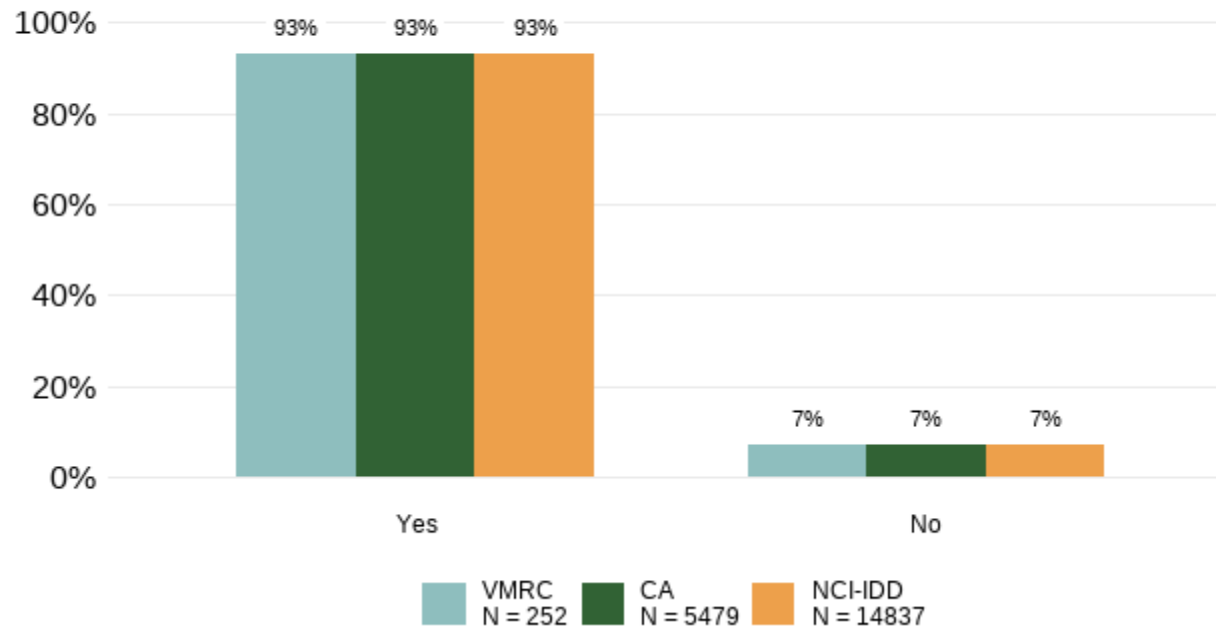


**Table 119. Are there any places that you feel afraid or scared?**

Regional Center	Yes	No	N
VMRC	37%	63%	247
CA	22%	78%	5427
NCI-IDD	21%	79%	14678

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Has someone to go to for help when they feel afraid



**Table 120. Has someone to go to for help when they feel afraid**

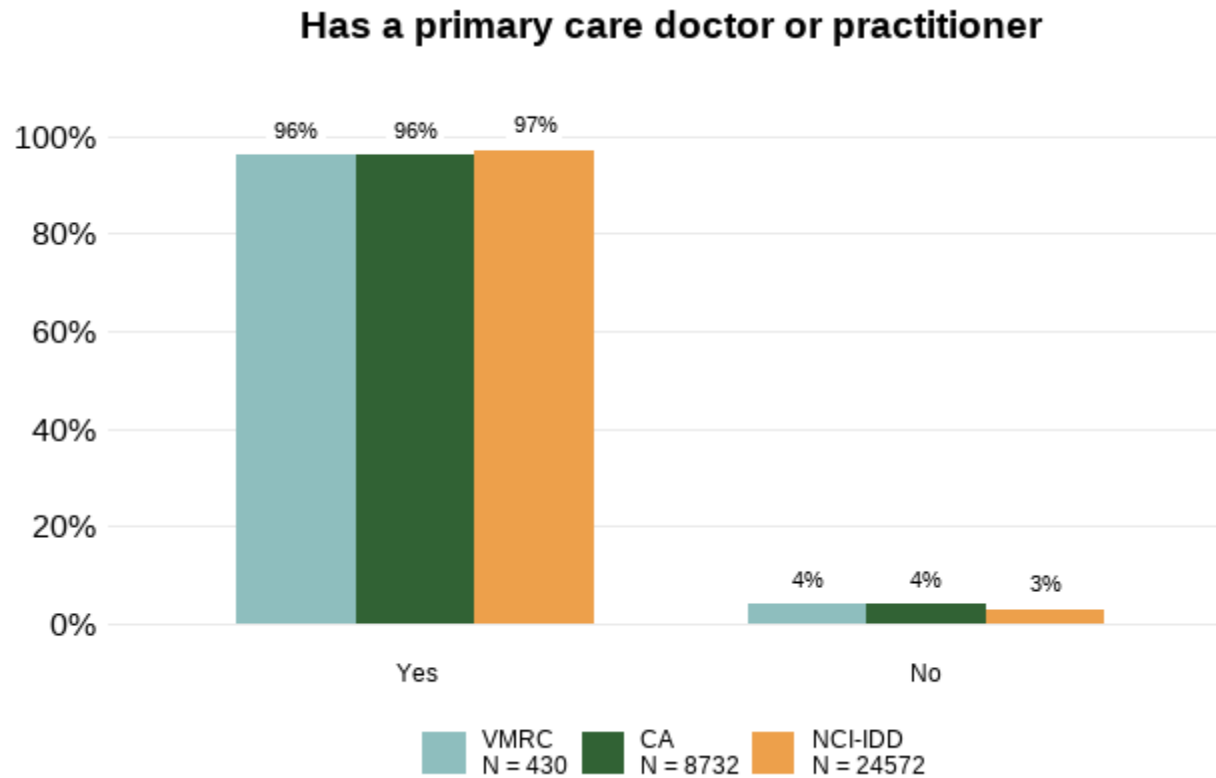
Regional Center	Yes	No	N
VMRC	93%	7%	252
CA	93%	7%	5479
NCI-IDD	93%	7%	14837

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

*Health*

*Value Statement: People have access to and get recommended health services at the recommended frequencies.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

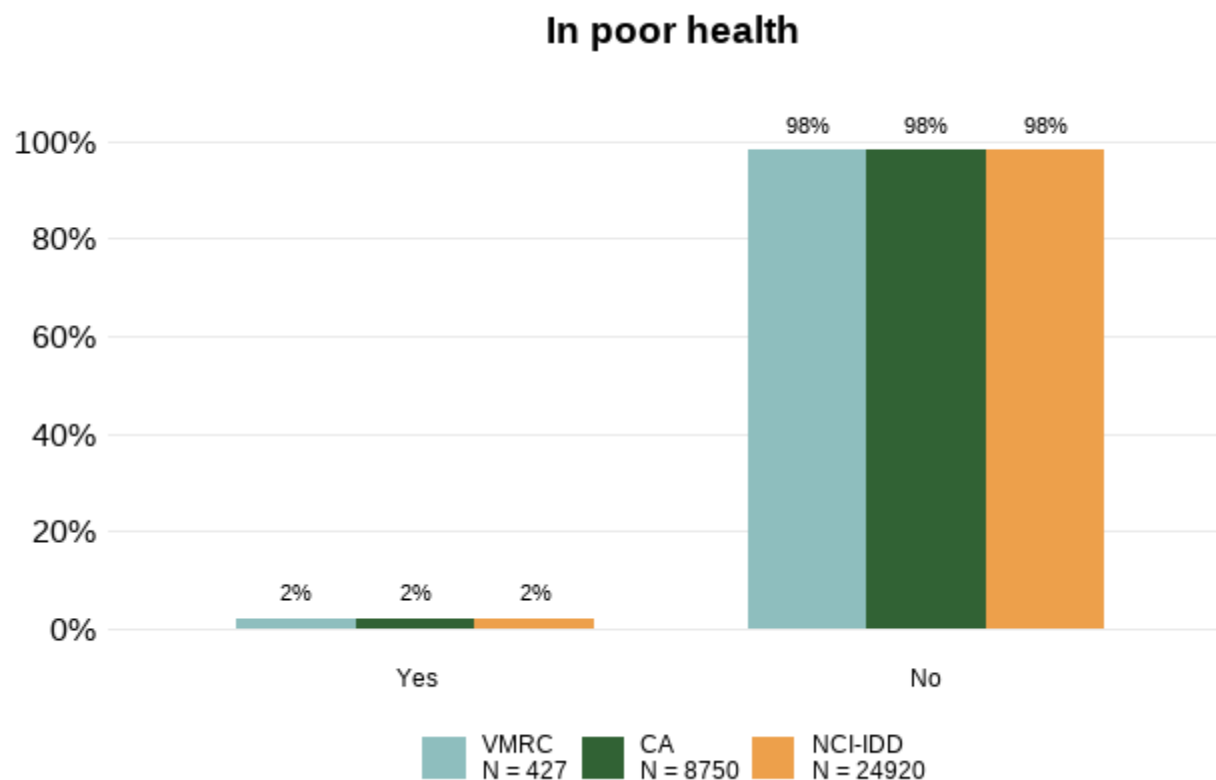


**Table 121. Has a primary care doctor or practitioner**

*Information may have been obtained through state records*

Regional Center	Yes	No	N
VMRC	96%	4%	430
CA	96%	4%	8732
NCI-IDD	97%	3%	24572

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



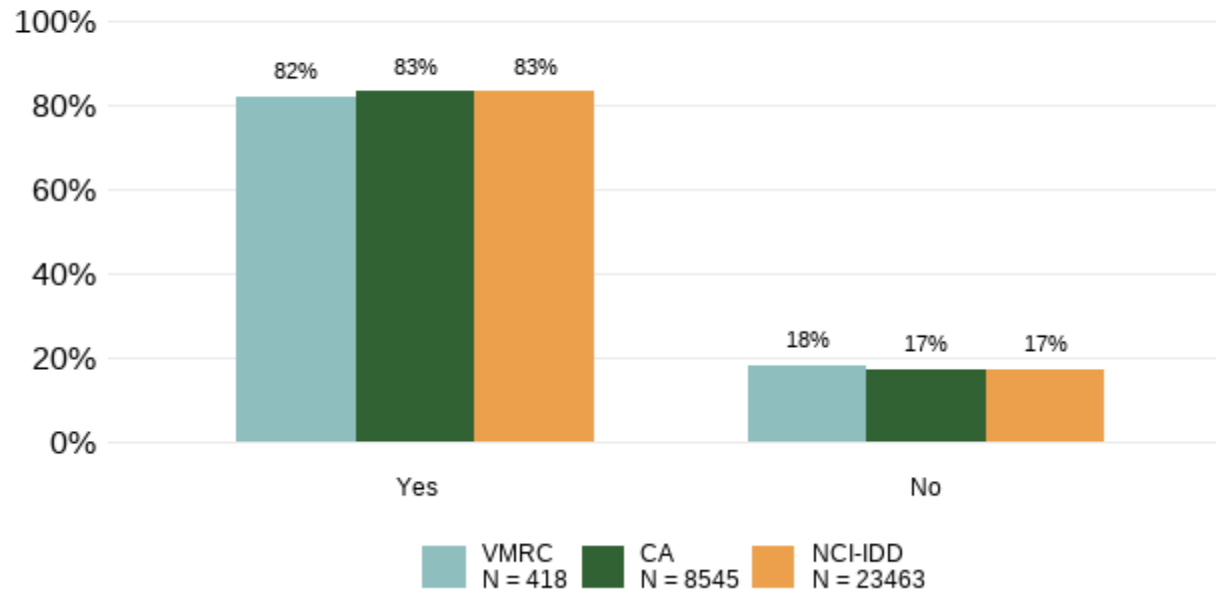
**Table 122. In poor health**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	2%	98%	427
CA	2%	98%	8750
NCI-IDD	2%	98%	24920

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Had a complete physical exam in the past year  
(This refers to a routine exam, not a visit for a  
specific problem or illness)**



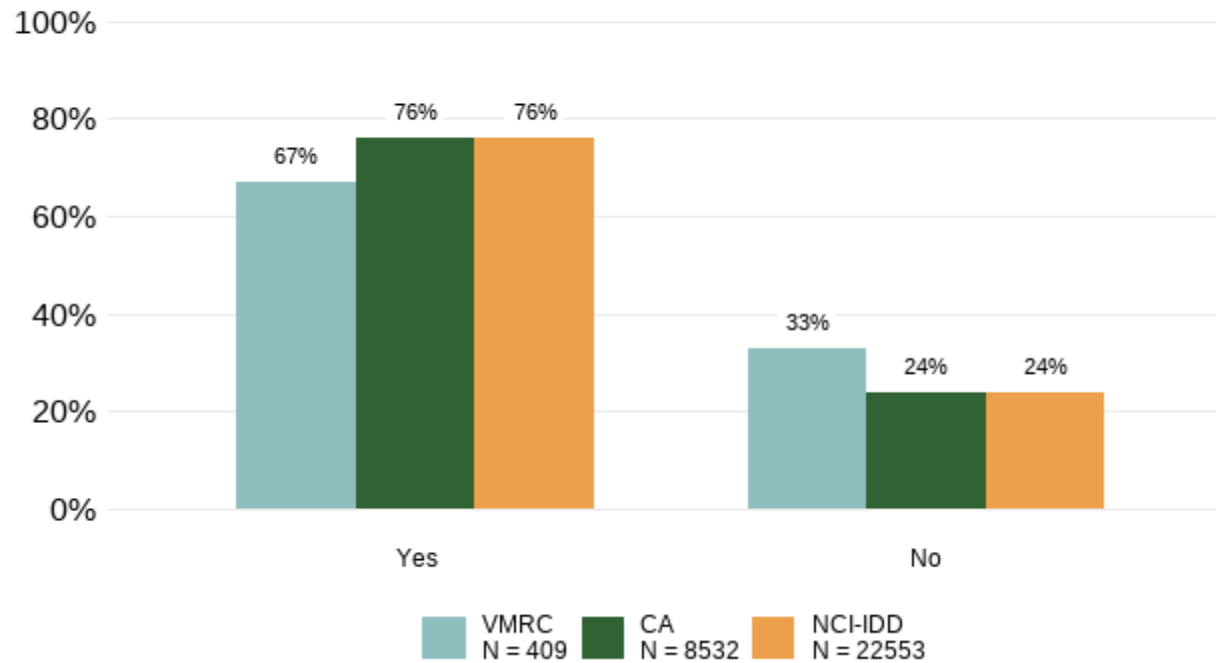
**Table 123. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)**

*Information may have been obtained through state records*

Regional Center	Yes	No	N
VMRC	82%	18%	418
CA	83%	17%	8545
NCI-IDD	83%	17%	23463

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Had a routine dental exam in the past year



**Table 124. Had a routine dental exam in the past year**

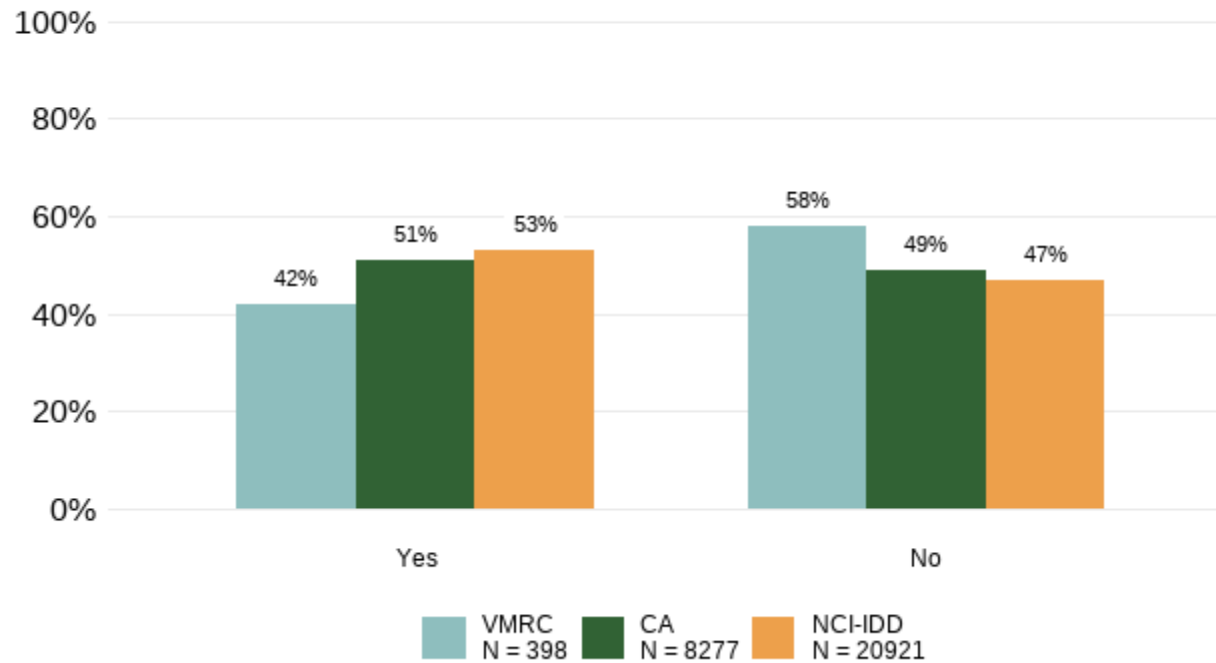
*Information may have been obtained through state records*

Regional Center	Yes	No	N
VMRC	67%	33%	409
CA	76%	24%	8532
NCI-IDD	76%	24%	22553

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



## Had an eye exam/vision screening in the past year



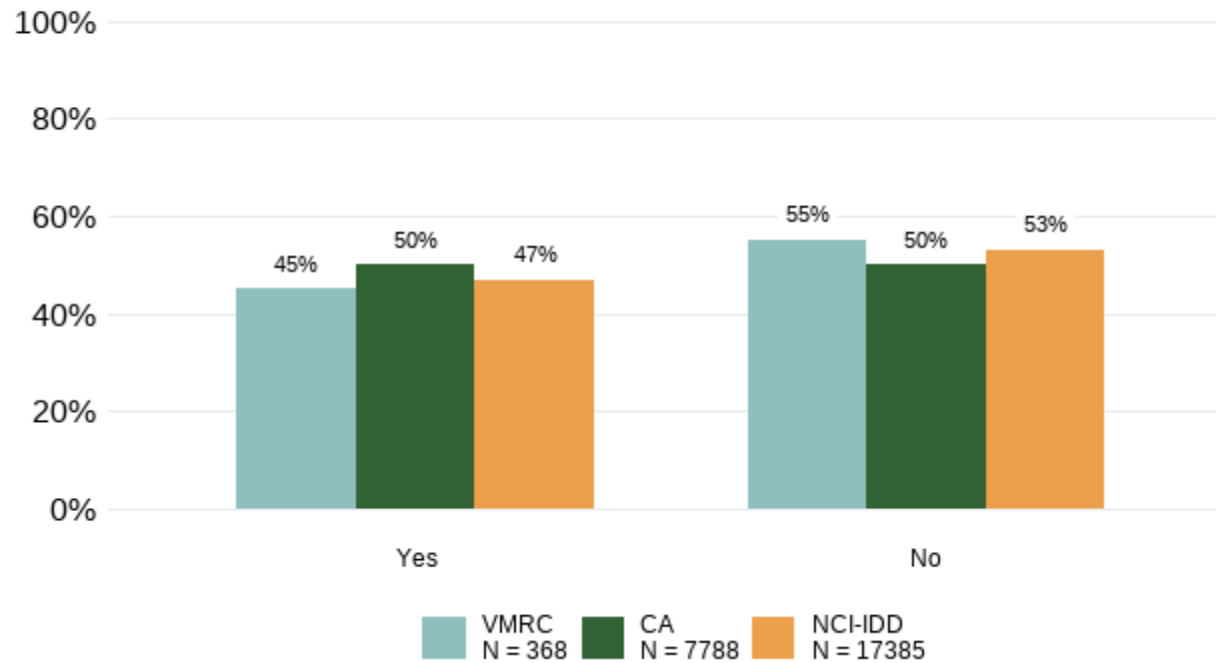
**Table 125. Had an eye exam/vision screening in the past year**

*Information may have been obtained through state records*

Regional Center	Yes	No	N
VMRC	42%	58%	398
CA	51%	49%	8277
NCI-IDD	53%	47%	20921

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Had a hearing test in the past five years



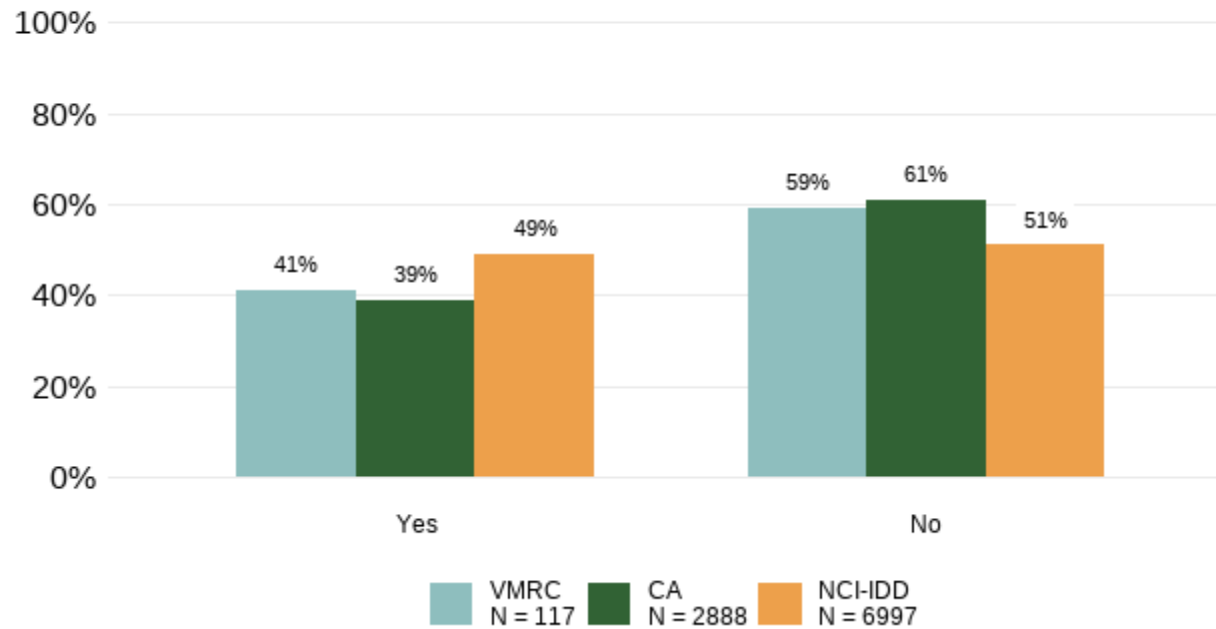
**Table 126. Had a hearing test in the past five years**

*Information may have been obtained through state records*

Regional Center	Yes	No	N
VMRC	45%	55%	368
CA	50%	50%	7788
NCI-IDD	47%	53%	17385

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Had a Pap test in the past three years (among women 21 and older)



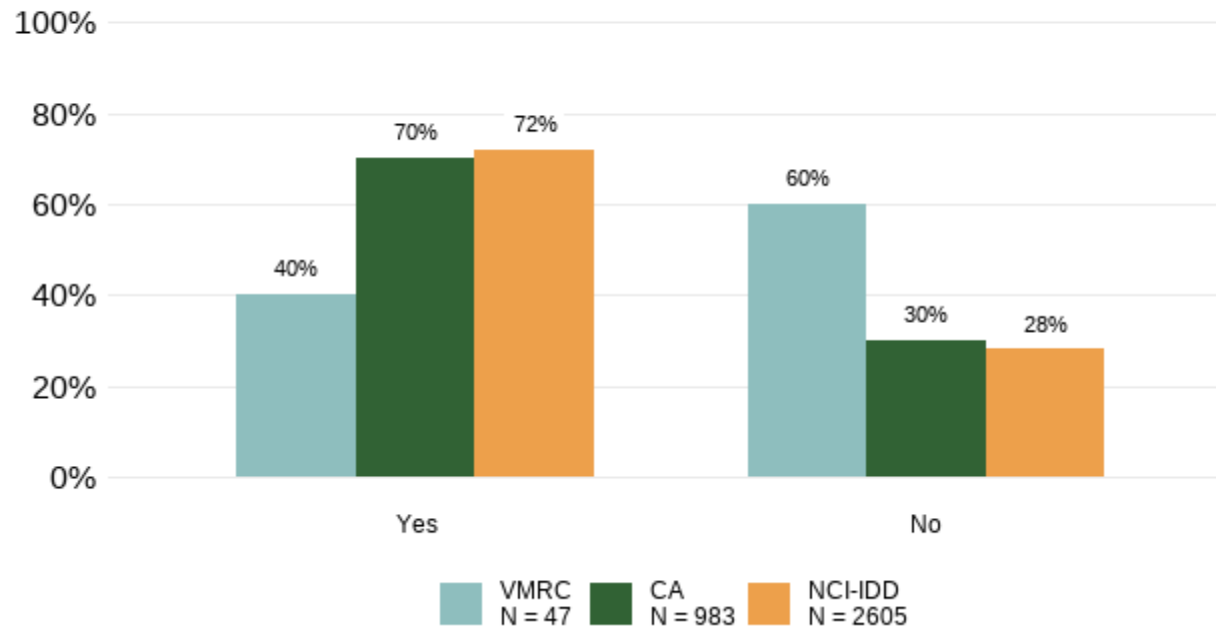
**Table 127. Had a Pap test in the past three years (among women 21 and older)**

*Information may have been obtained through state records. At least 25% of CA responses were missing or “Don’t Know.”*

Regional Center	Yes	No	N
VMRC	41%	59%	117
CA	39%	61%	2888
NCI-IDD	49%	51%	6997

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Had a mammogram test in the past two years (among women 50 and over)



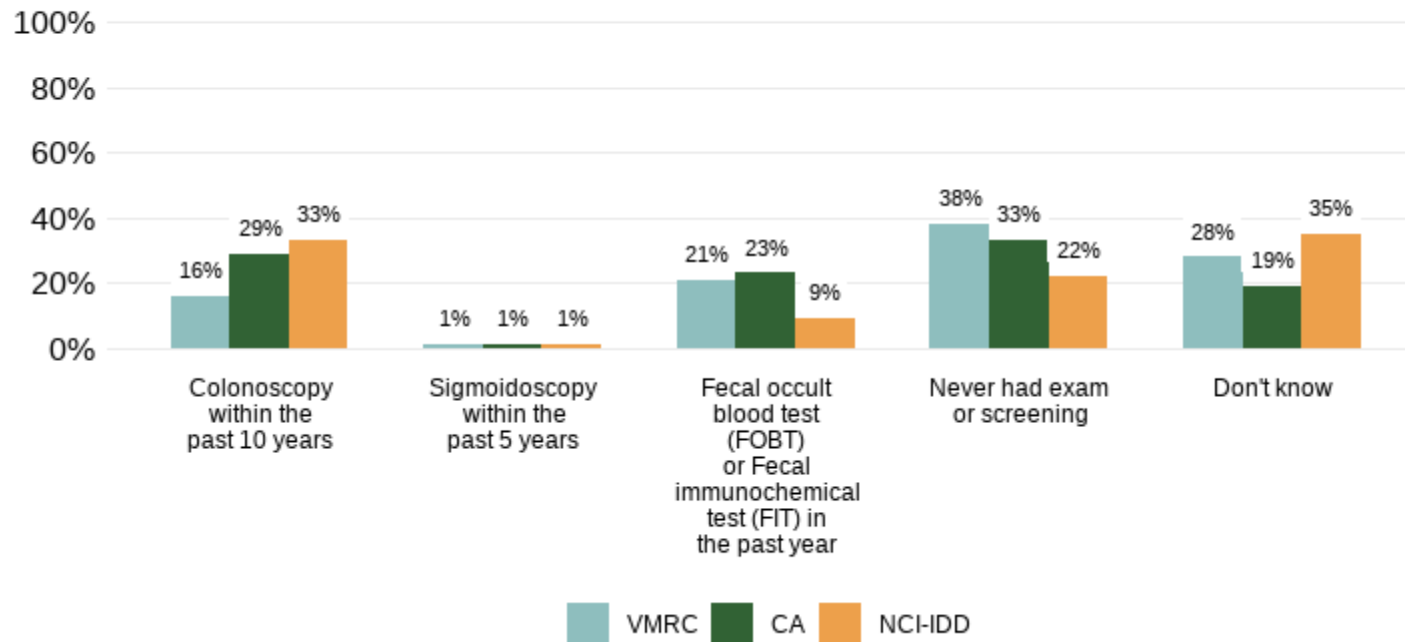
**Table 128. Had a mammogram test in the past two years (among women 50 and over)**

*Information may have been obtained through state records. At least 25% of CA responses were missing or “Don’t Know.”*

Regional Center	Yes	No	N
VMRC	40%	60%	47
CA	70%	30%	983
NCI-IDD	72%	28%	2605

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Last colorectal cancer screening (among people 45 to 75)



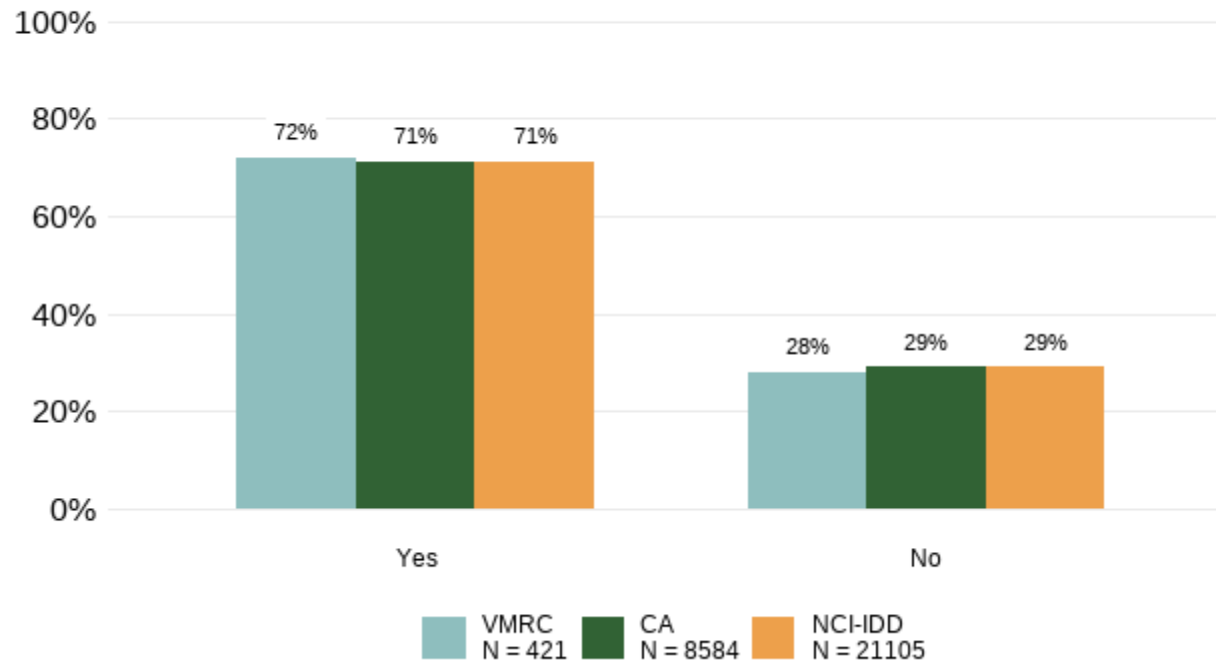
**Table 129. Last colorectal cancer screening (among people 45 to 75)**

Categories are not mutually exclusive; therefore, N is not shown. Information may have been obtained through State records, “Don’t know” included in denominator. At least 25% of CA responses were missing or “Don’t Know.”

Regional Center	Colonoscopy within the past 10 years	Sigmoidoscopy within the past 5 years	Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year	Never had exam or screening	Don't know
VMRC	16%	1%	21%	38%	28%
CA	29%	1%	23%	33%	19%
NCI-IDD	32%	1%	9%	23%	36%

The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.

## Had flu vaccine in past 12 months



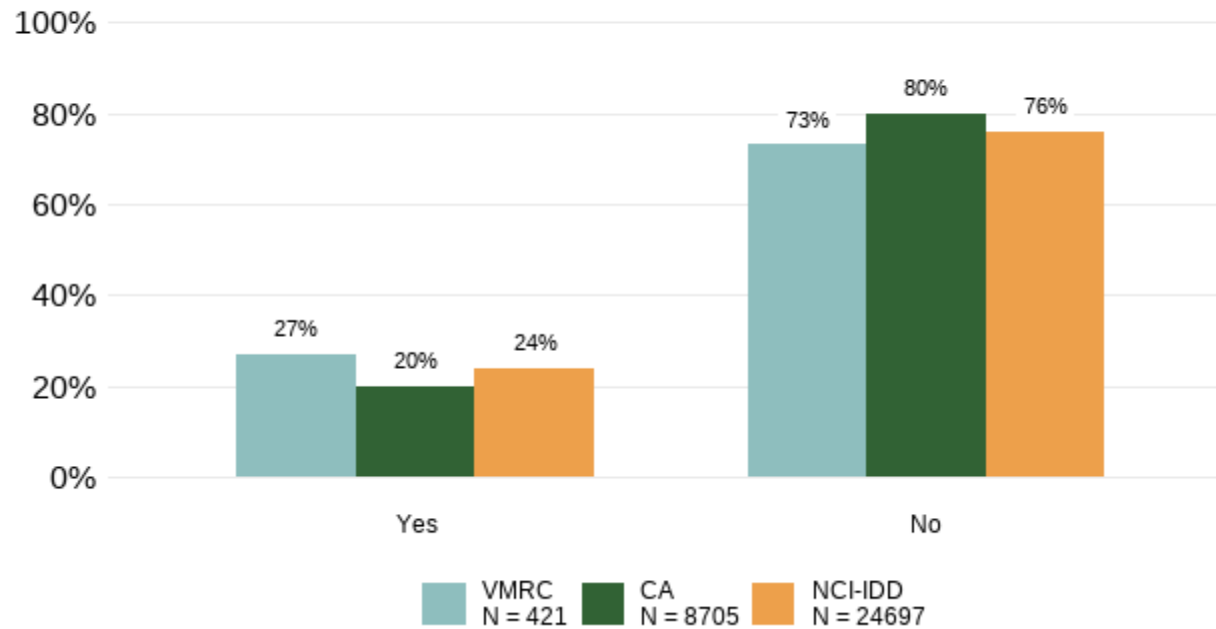
**Table 130. Had a flu vaccine in the past 12 months**

*Information may have been obtained through state records*

Regional Center	Yes	No	N
VMRC	72%	28%	421
CA	71%	29%	8584
NCI-IDD	71%	29%	21105

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Went to the emergency room for any reason to get care for themselves in the past 12 months



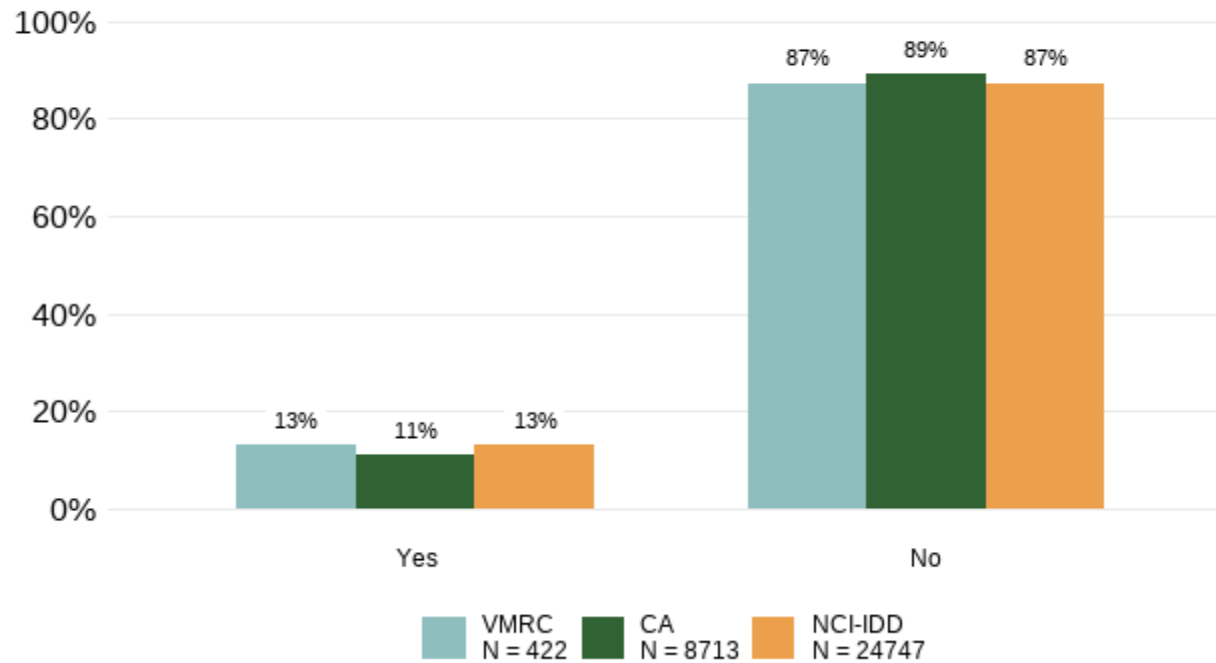
**Table 131. Went to the emergency room for any reason to get care for themselves in the past 12 months**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	27%	73%	421
CA	20%	80%	8705
NCI-IDD	24%	76%	24697

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Fell and hurt themselves in the past six months



**Table 132. Fell and hurt themselves in the past six months**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	13%	87%	422
CA	11%	89%	8713
NCI-IDD	13%	87%	24747

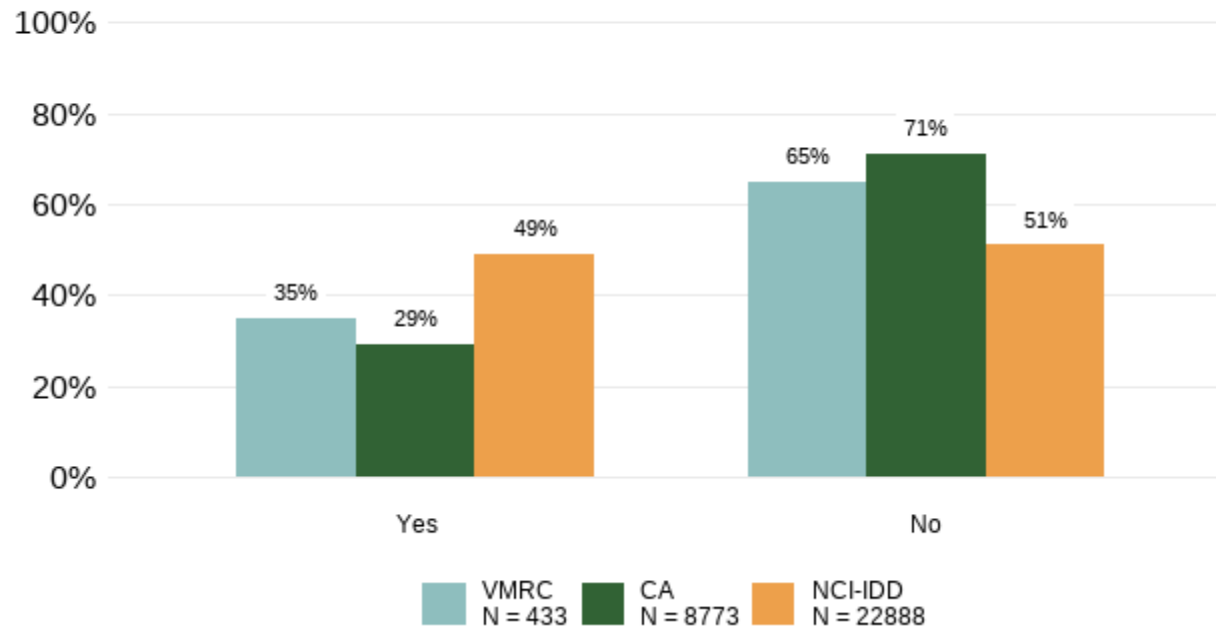
*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



*Medications*

*Value Statement: Medications are used effectively and appropriately.*

### Takes medication for mood, anxiety, and/or psychotic disorders



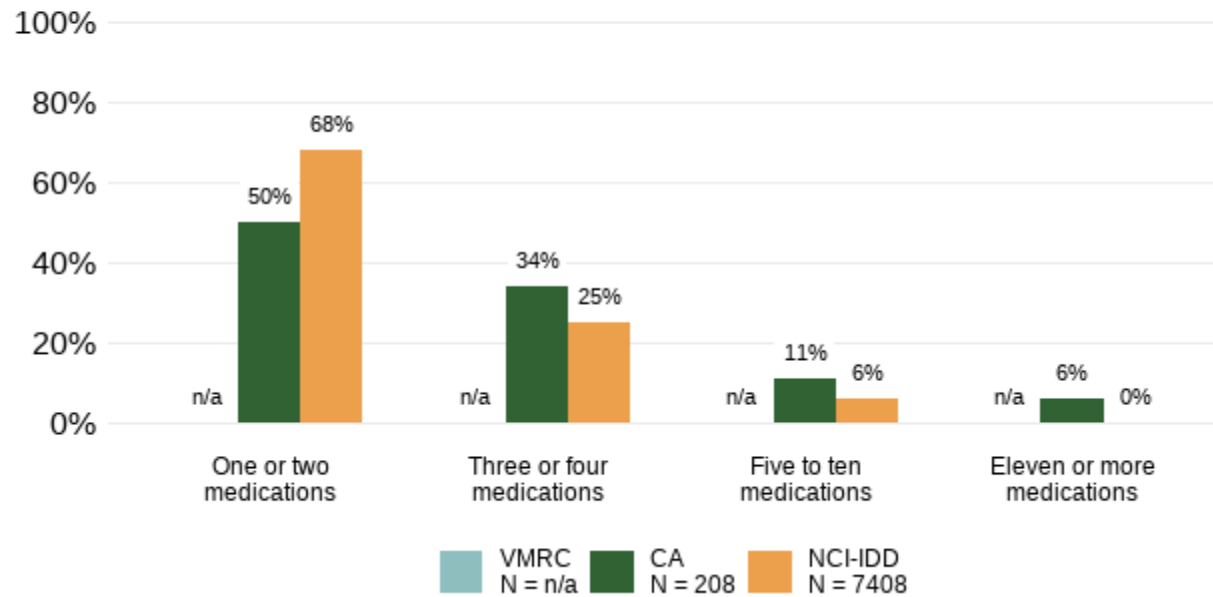
**Table 133. Takes medication for mood, anxiety, and/or psychotic disorders**

*Information may have been obtained through state records*

Regional Center	Yes	No	N
VMRC	35%	65%	433
CA	29%	71%	8773
NCI-IDD	49%	51%	22888

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders**



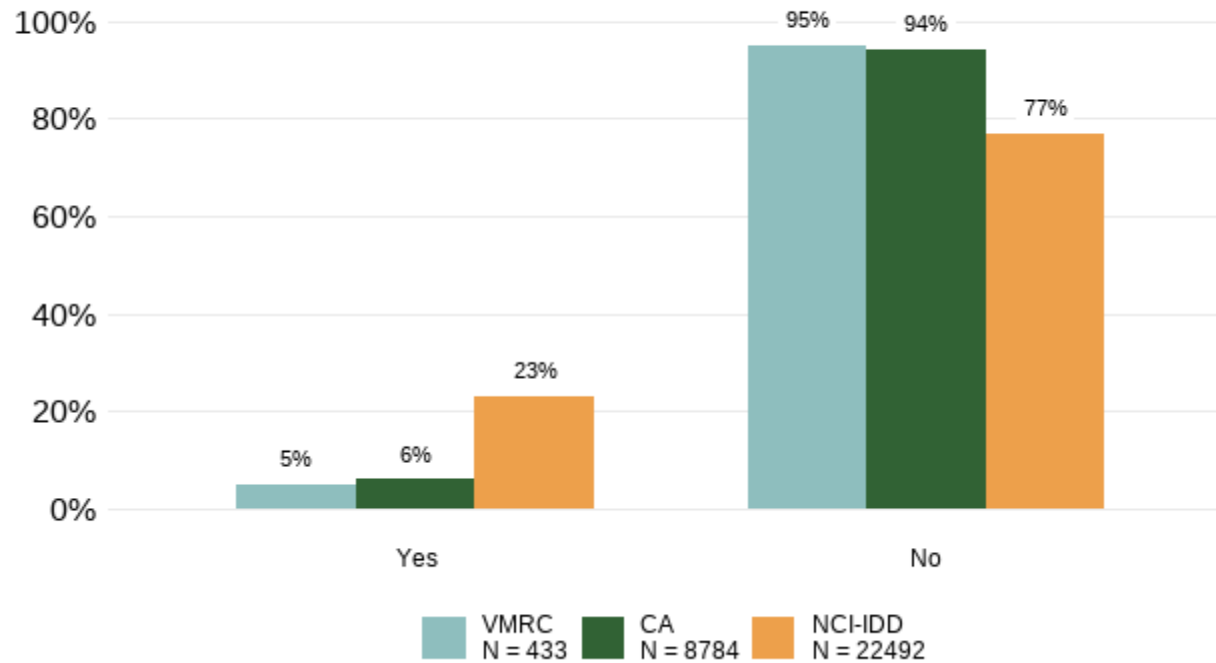
**Table 134. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders**

*Information may have been obtained through state records. At least 25% of CA responses were missing or “Don’t Know.”*

Regional Center	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
VMRC	n/a	n/a	n/a	n/a	n/a
CA	50%	34%	11%	6%	208
NCI-IDD	68%	25%	6%	0%	7408

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Takes medication for behavioral challenges



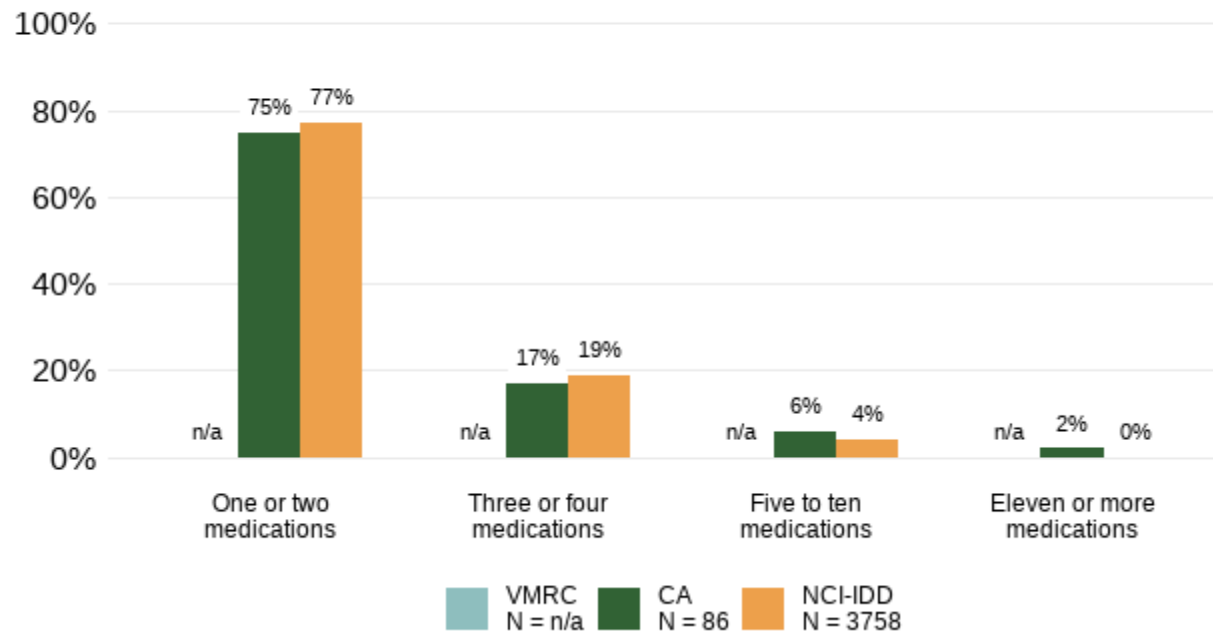
**Table 135. Takes medication for behavioral challenges**

*Information may have been obtained through state records*

Regional Center	Yes	No	N
VMRC	5%	95%	433
CA	6%	94%	8784
NCI-IDD	23%	77%	22492

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

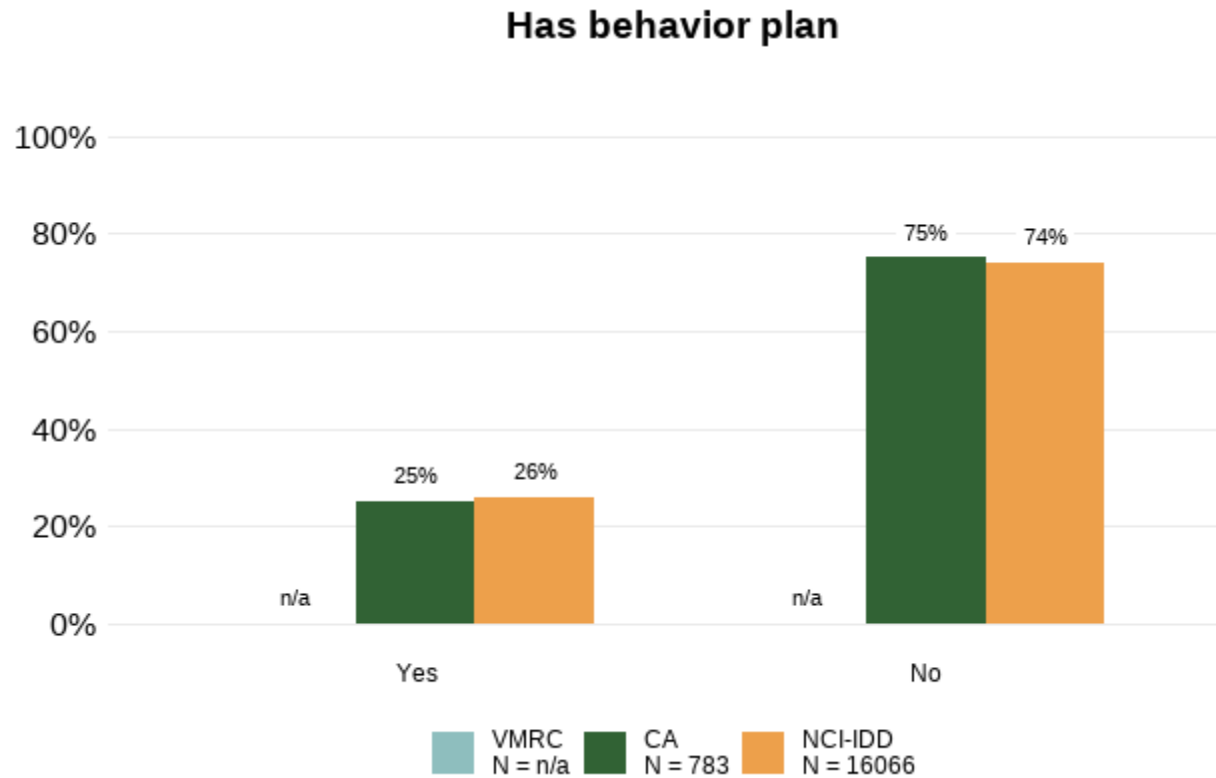
### Number of medications taken for behavioral challenges if taking at least one for this purpose



**Table 136. Number of medications taken for behavioral challenges if taking at least one for this purpose**

Regional Center	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
VMRC	n/a	n/a	n/a	n/a	n/a
CA	75%	17%	6%	2%	86
NCI-IDD	77%	19%	4%	0%	3758

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



**Table 137. Has behavior plan**

*Information may have been obtained through state records; at least 25% of CA responses were missing or “Don’t Know.”*

Regional Center	Yes	No	N
VMRC	n/a	n/a	n/a
CA	25%	75%	783
NCI-IDD	26%	74%	16066

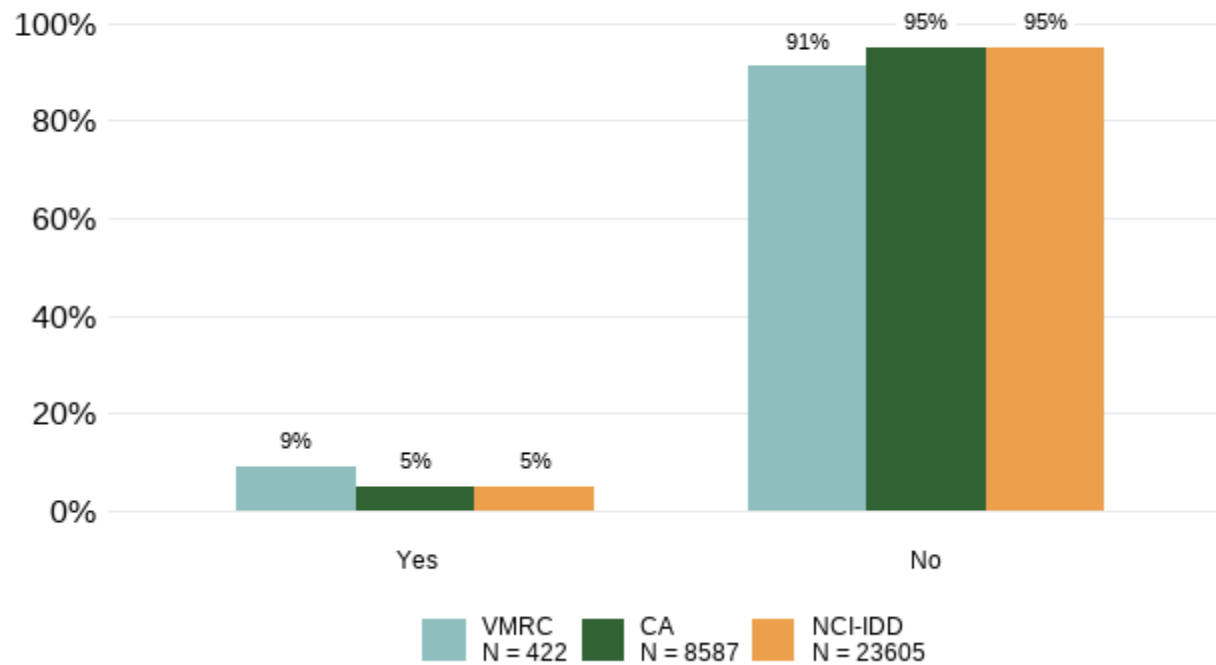
*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Wellness

*Value Statement: People are supported to engage in and maintain healthy habits and lifestyles.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Uses nicotine or tobacco products



**Table 138. Uses nicotine or tobacco products**

*Information may have been obtained through state records*

Regional Center	Yes	No	N
VMRC	9%	91%	422
CA	5%	95%	8587
NCI-IDD	5%	95%	23605

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



### Body mass index (BMI) category (BMI calculated using data on weight and height)



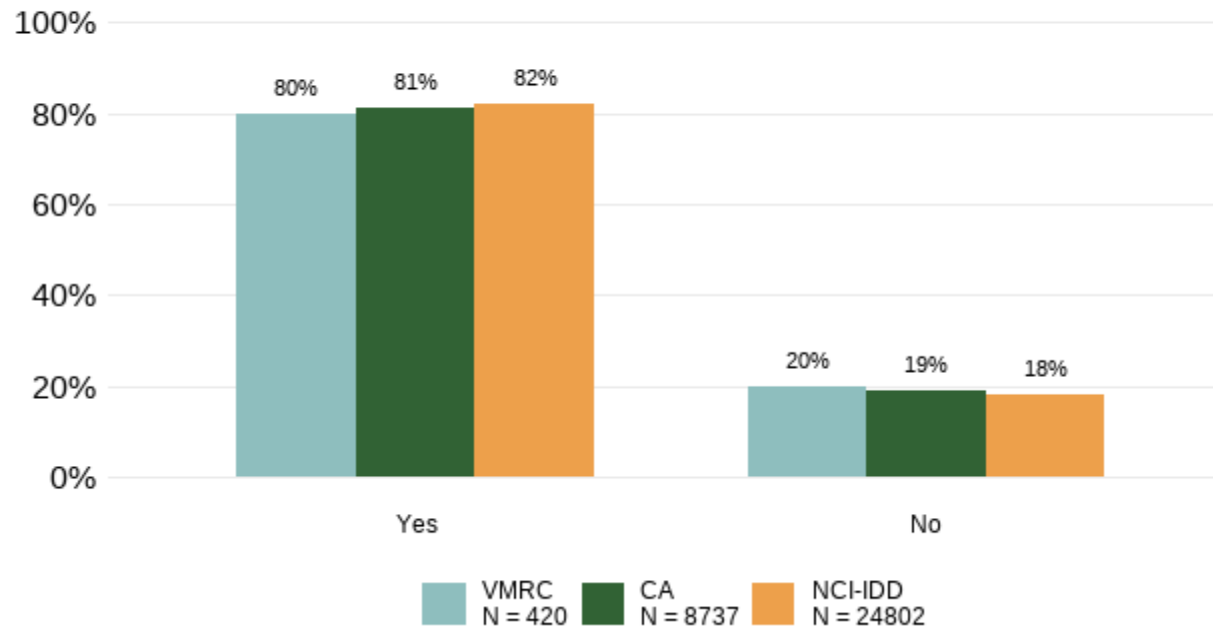
**Table 139. Body mass index (BMI) category (BMI calculated using data on weight and height)**

*Information may have been obtained through state records*

Regional Center	Underweight	Normal	Overweight	Obese	N
VMRC	6%	32%	26%	36%	433
CA	6%	33%	28%	33%	8822
NCI-IDD	5%	29%	28%	38%	22082

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Exercises or does physical activity at least once per week for 10 minutes or more at a time



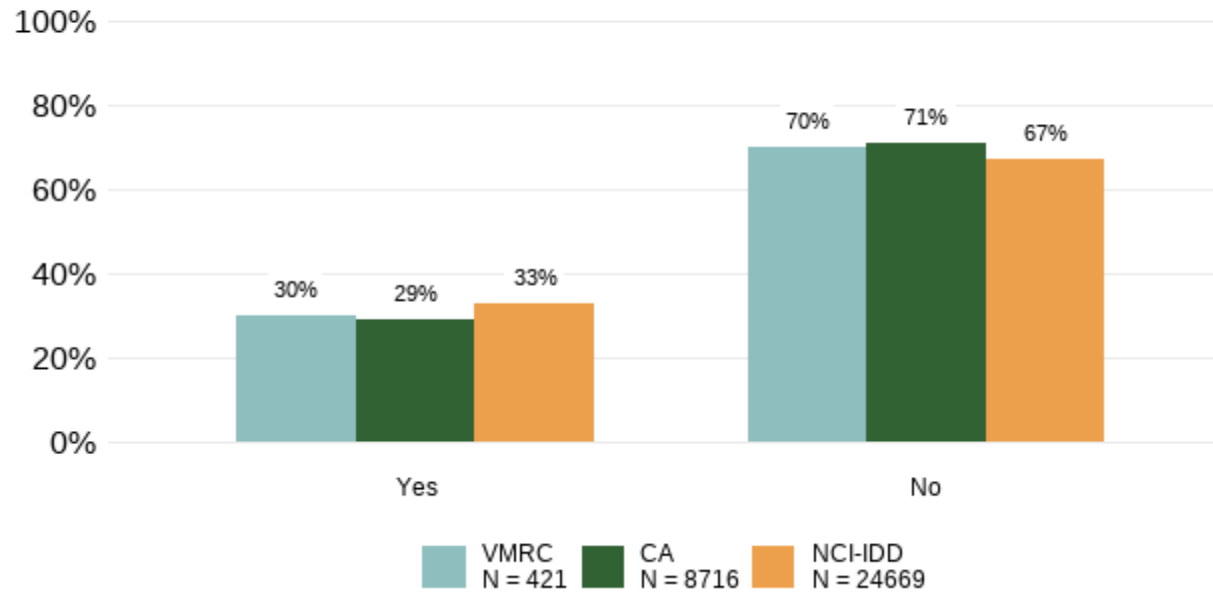
**Table 140. Exercises or does physical activity at least once per week for 10 minutes or more at a time**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	80%	20%	420
CA	81%	19%	8737
NCI-IDD	82%	18%	24802

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard**



**Table 141. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	30%	70%	421
CA	29%	71%	8716
NCI-IDD	33%	67%	24669

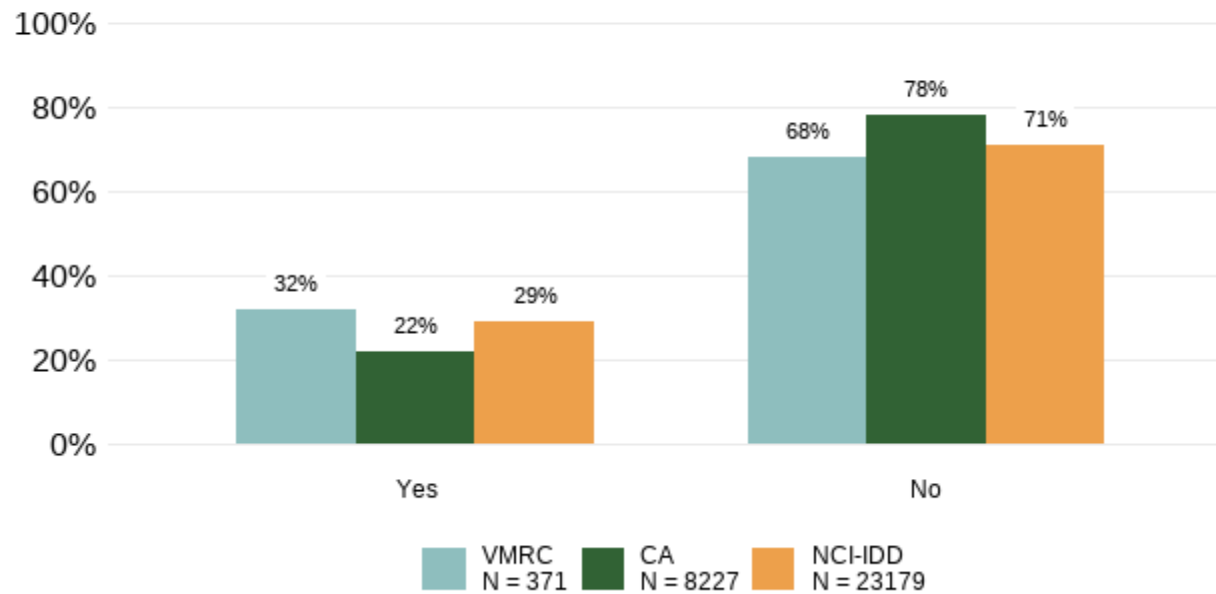
*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

*Rights and Respect*

*Value Statement: People’s rights are respected and people receive the same respect and protections as others in the community.*

*The NCI-IDD average is weighted. Regional Centers receive an ‘n/a’ designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to**



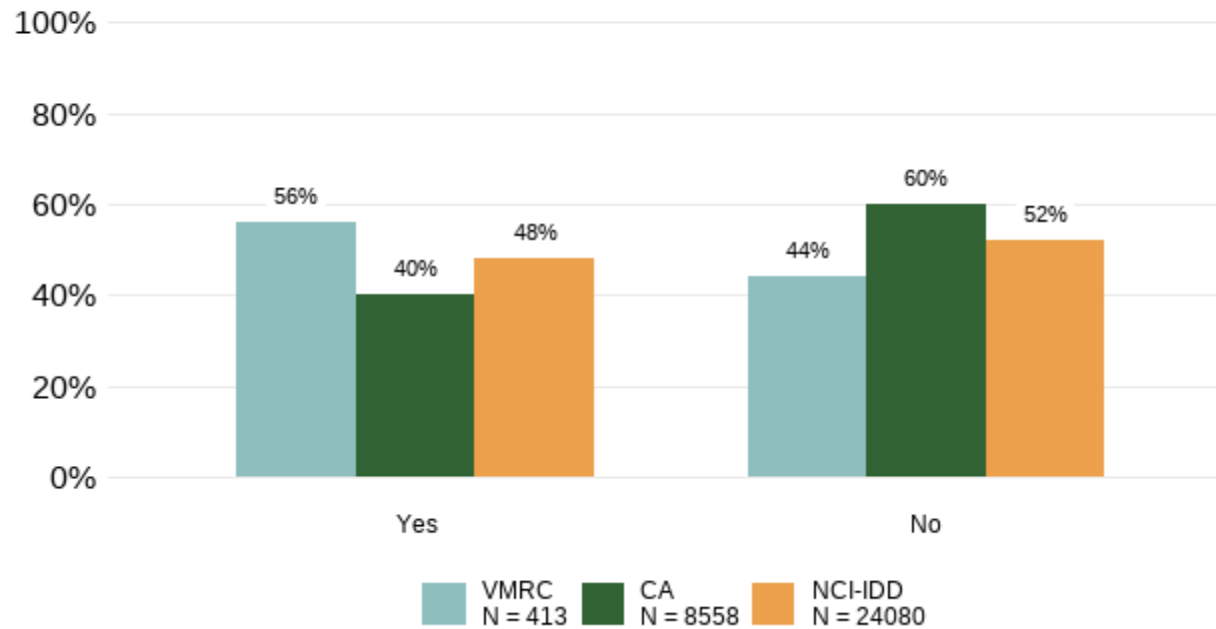
**Table 142. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	32%	68%	371
CA	22%	78%	8227
NCI-IDD	29%	71%	23179

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Has ever voted in local, state, or federal election, or had the opportunity and chose not to**



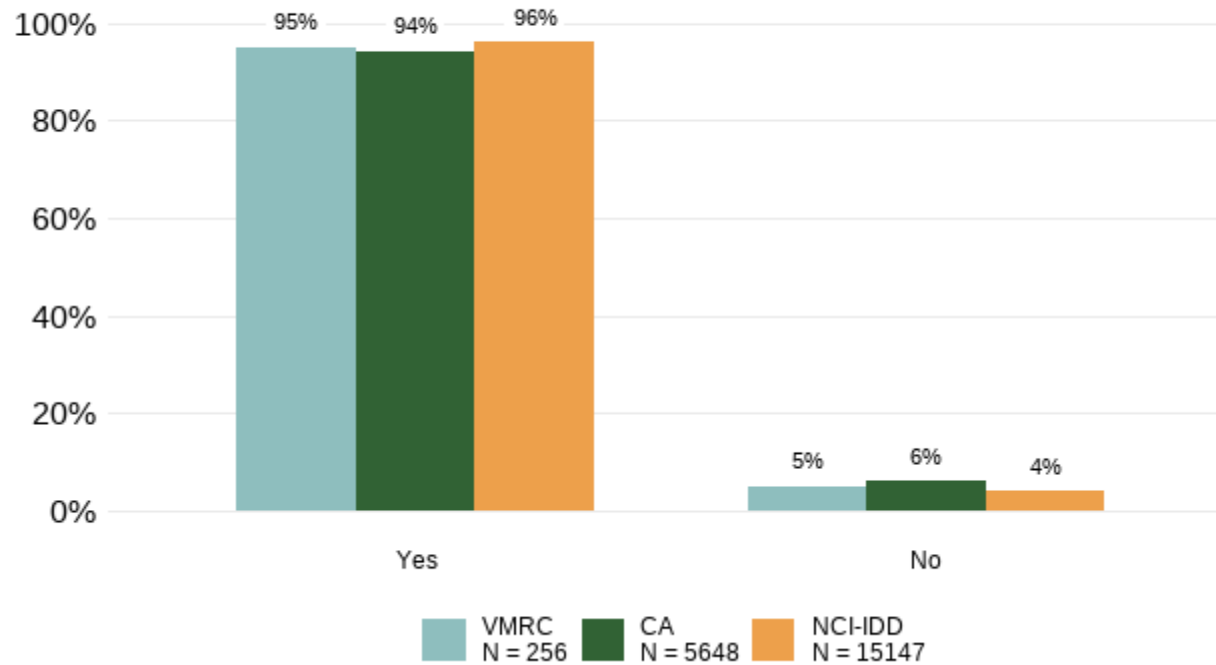
**Table 143. Has ever voted in local, state, or federal election, or had the opportunity and chose not to**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	56%	44%	413
CA	40%	60%	8558
NCI-IDD	48%	52%	24080

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Has a place to be alone in the home

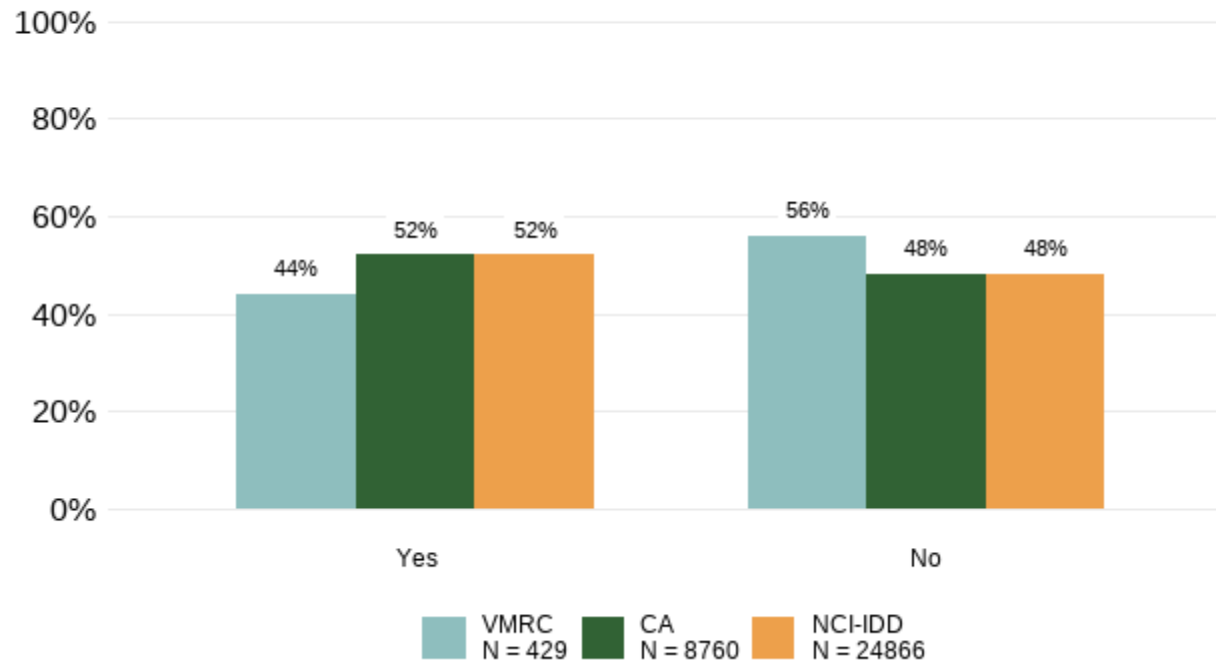


**Table 144. Has a place to be alone in the home**

Regional Center	Yes	No	N
VMRC	95%	5%	256
CA	94%	6%	5648
NCI-IDD	96%	4%	15147

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Has a key to the home



**Table 145. Has a key to the home**

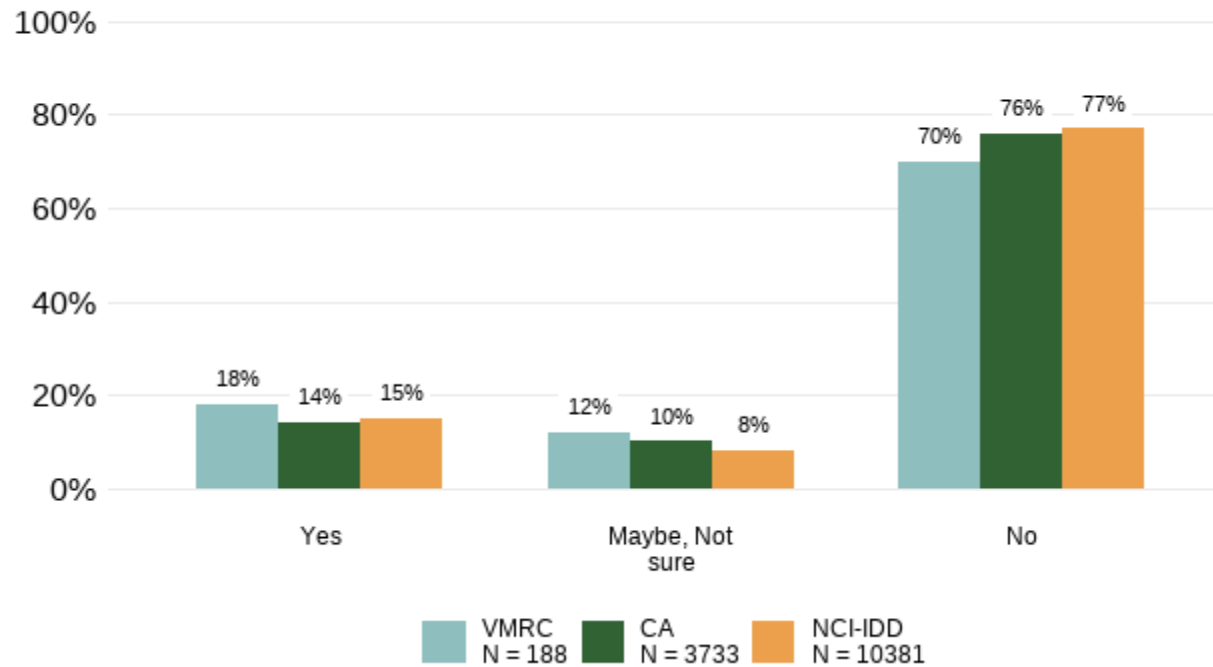
*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	44%	56%	429
CA	52%	48%	8760
NCI-IDD	52%	48%	24866

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



### Wants a key to the home (if does not have one)

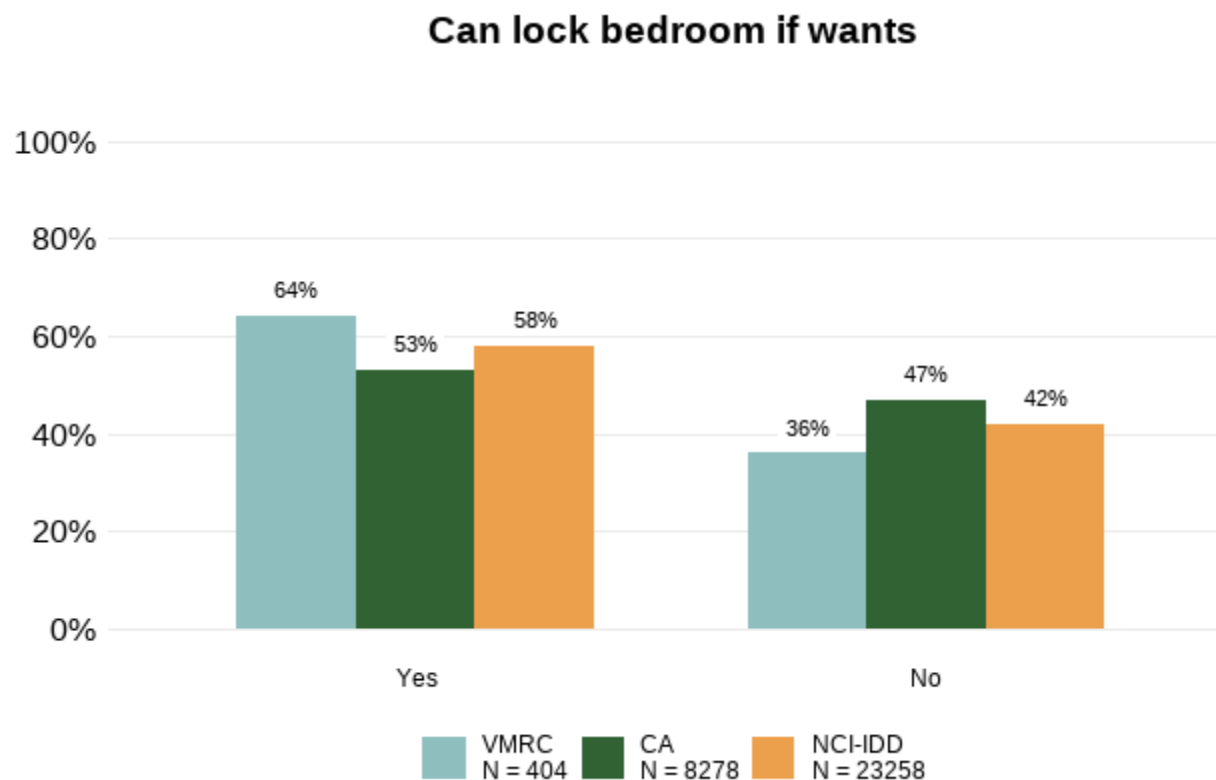


**Table 146. Wants a key to the home (if does not have one)**

*Proxy respondents were allowed for this question*

Regional Center	Yes	Maybe, not sure	No	N
VMRC	18%	12%	70%	188
CA	14%	10%	76%	3733
NCI-IDD	15%	8%	77%	10381

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



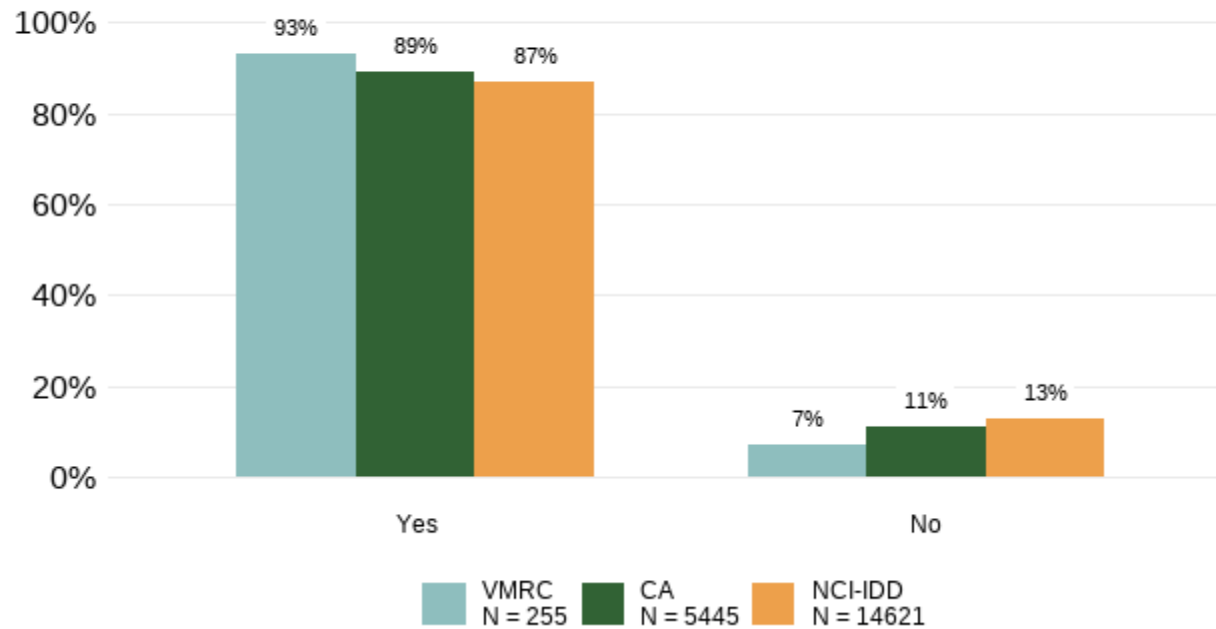
**Table 147. Can lock bedroom if wants**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	64%	36%	404
CA	53%	47%	8278
NCI-IDD	58%	42%	23258

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Others (who do not live in the home) let person know before entering home

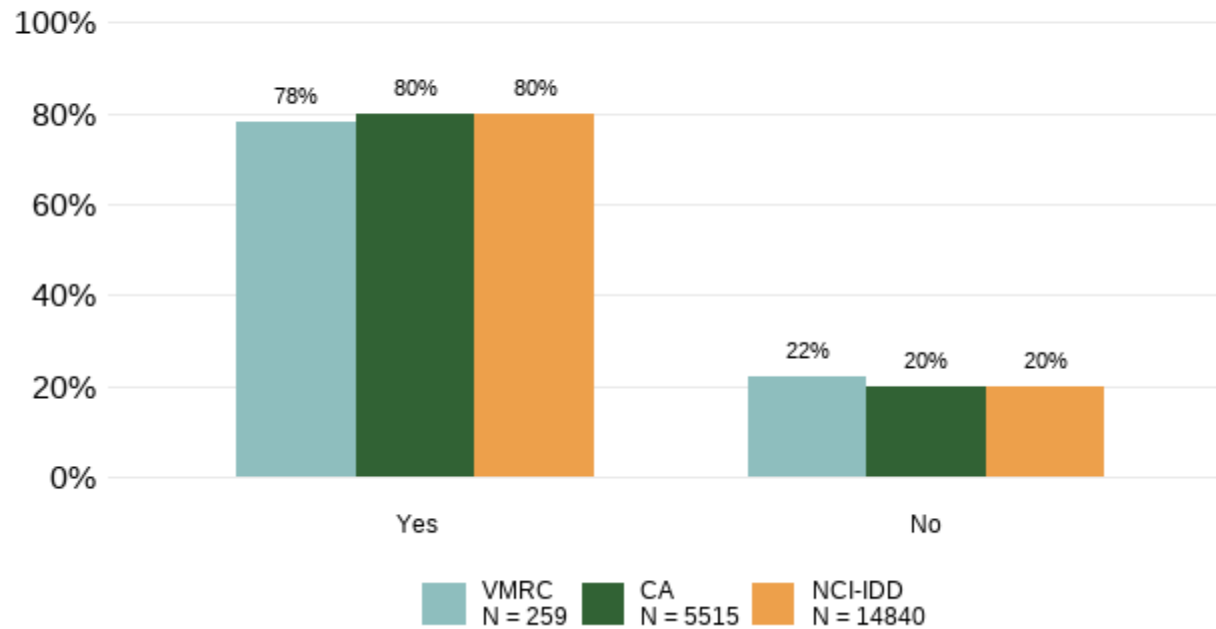


**Table 148. Others (who do not live in the home) let person know before entering home**

Regional Center	Yes	No	N
VMRC	93%	7%	255
CA	89%	11%	5445
NCI-IDD	87%	13%	14621

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Others let person know before coming into person's bedroom

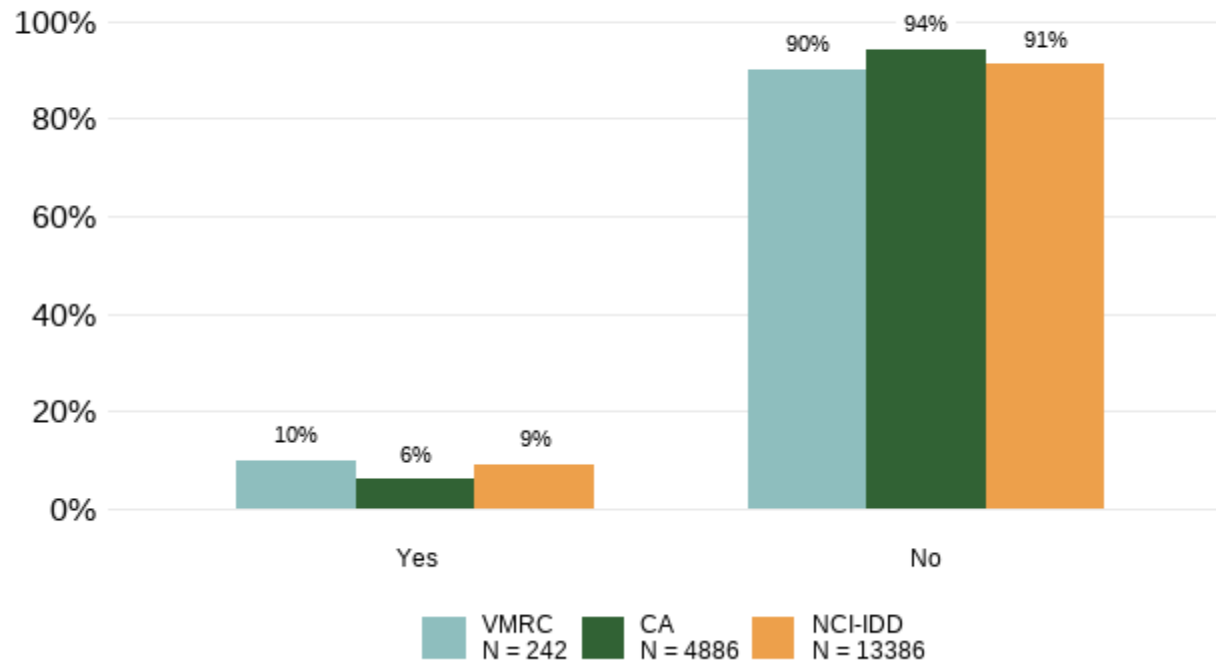


**Table 149. Others let person know before coming into person's bedroom**

Regional Center	Yes	No	N
VMRC	78%	22%	259
CA	80%	20%	5515
NCI-IDD	80%	20%	14840

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Others read person's mail or email without asking

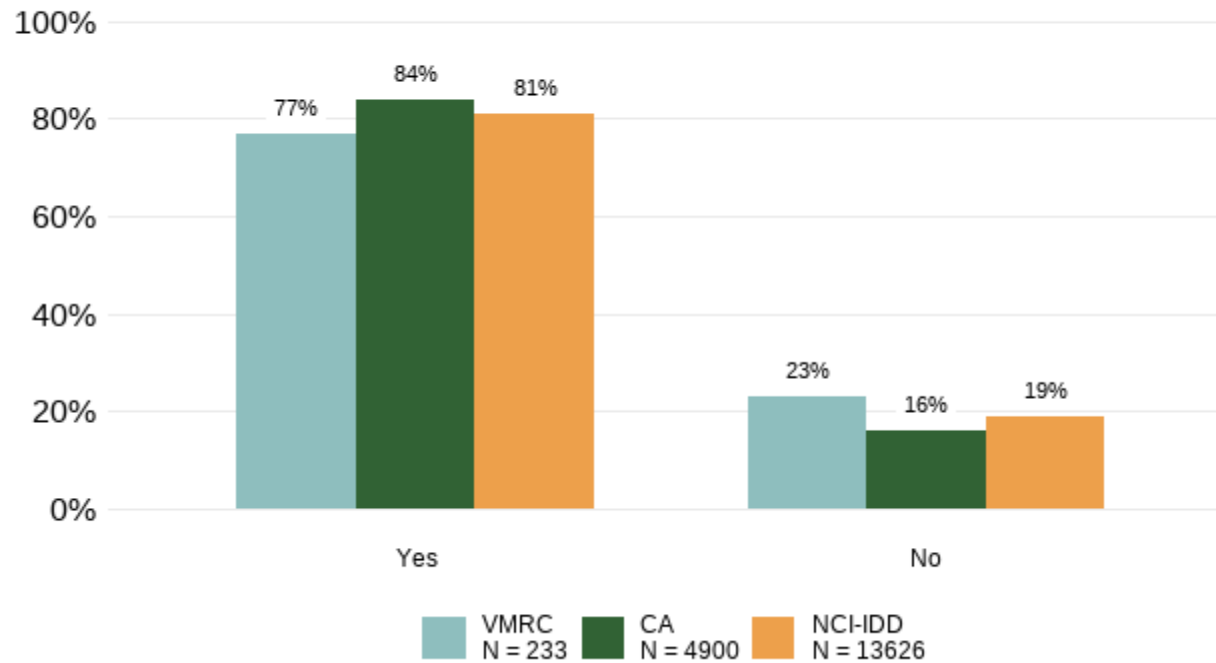


**Table 150. Others read person's mail or email without asking**

Regional Center	Yes	No	N
VMRC	10%	90%	242
CA	6%	94%	4886
NCI-IDD	9%	91%	13386

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## There are no rules for using phone or internet

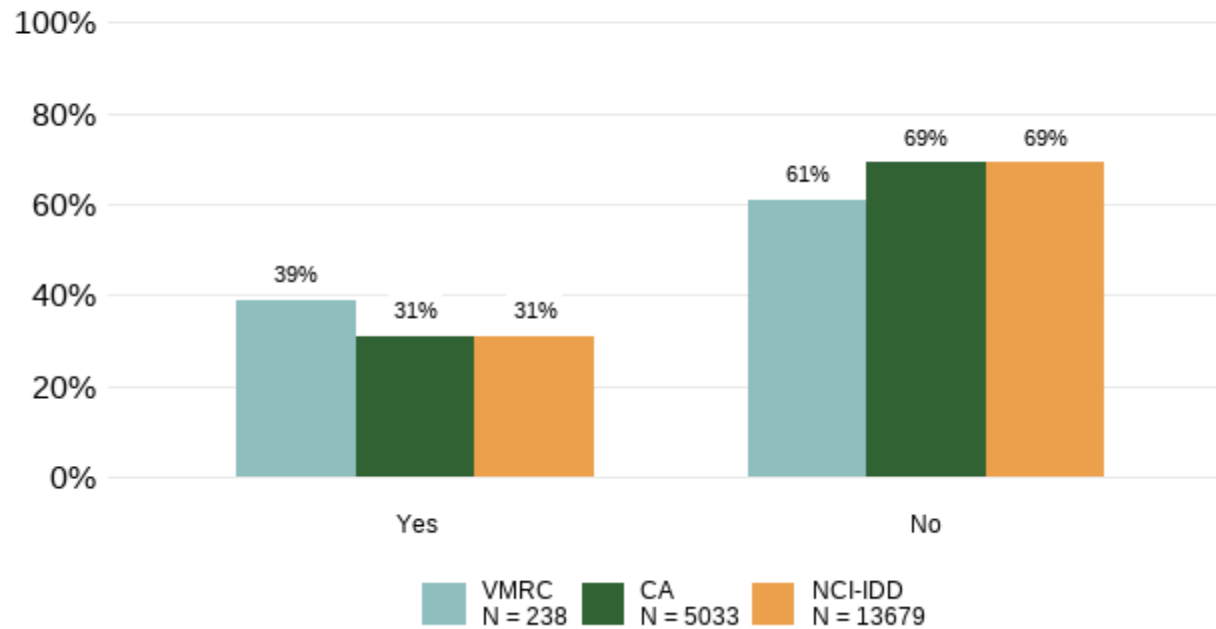


**Table 151. There are no rules for using phone or internet**

Regional Center	Yes	No	N
VMRC	77%	23%	233
CA	84%	16%	4900
NCI-IDD	81%	19%	13626

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### There are rules about having friends or visitors in the home

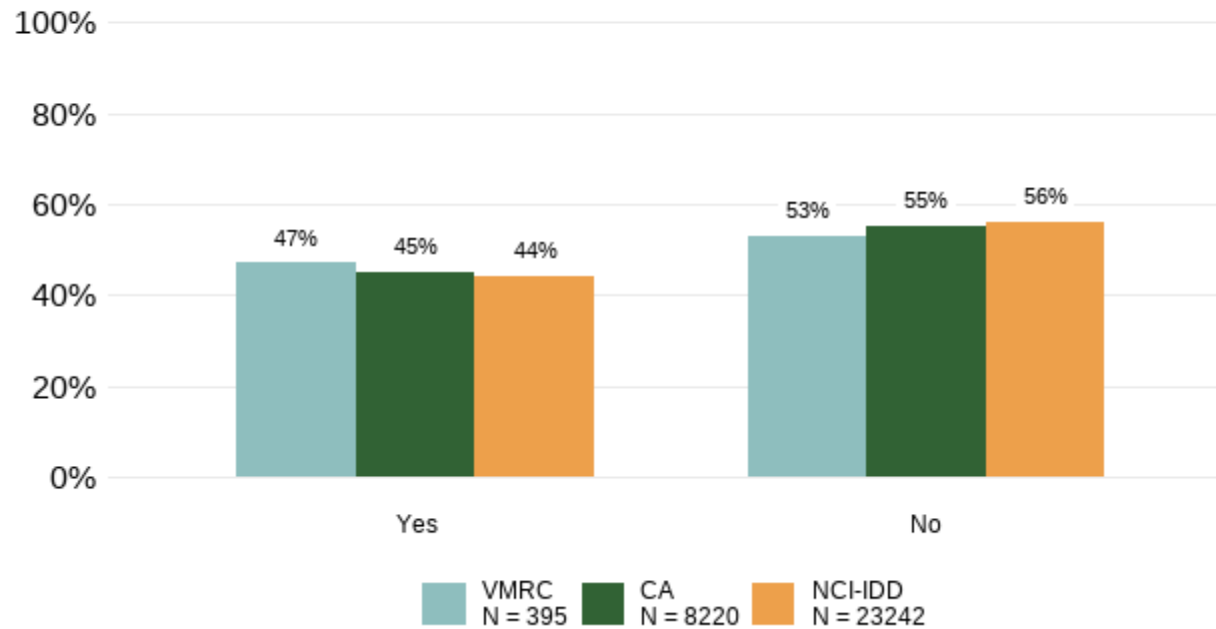


**Table 152. There are rules about having friends or visitors in the home**

Regional Center	Yes	No	N
VMRC	39%	61%	238
CA	31%	69%	5033
NCI-IDD	31%	69%	13679

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Can stay at home if others in the house go somewhere



**Table 153. Can stay at home if others in the house go somewhere**

*Proxy respondents were allowed for this question*

Regional Center	Yes	No	N
VMRC	47%	53%	395
CA	45%	55%	8220
NCI-IDD	44%	56%	23242

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

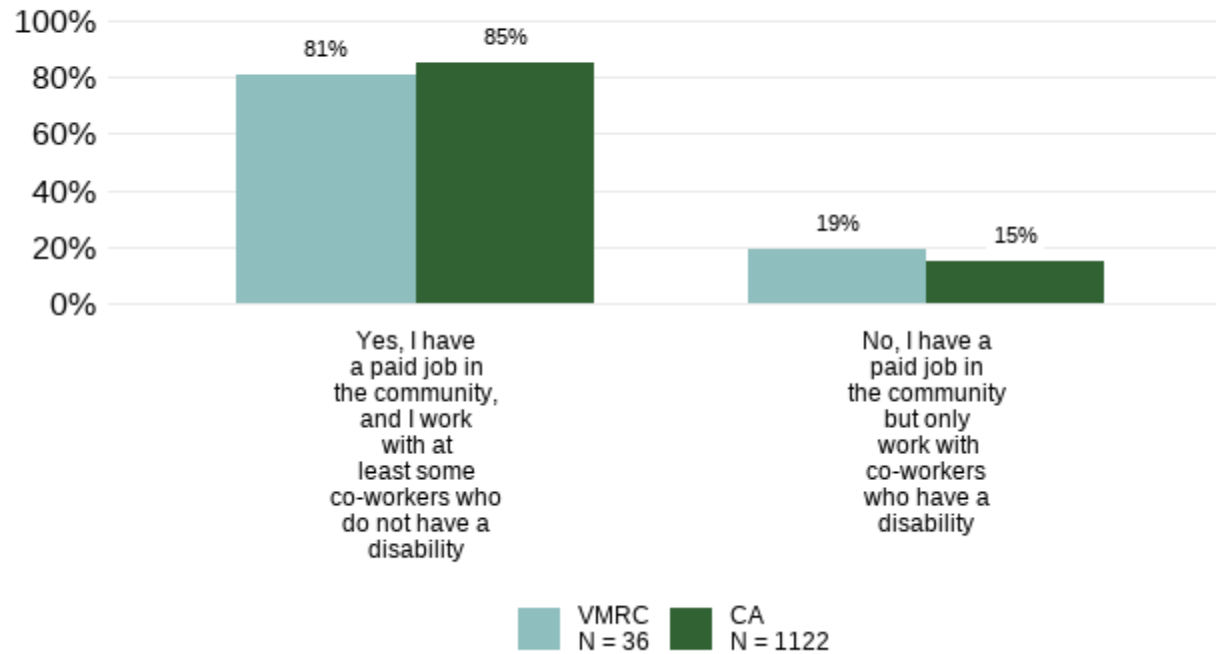


## *California Specific Questions*

*Additional survey questions were added into the California survey tool.*

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### If have a paid job in the community, also works with co-workers who do not have a disability

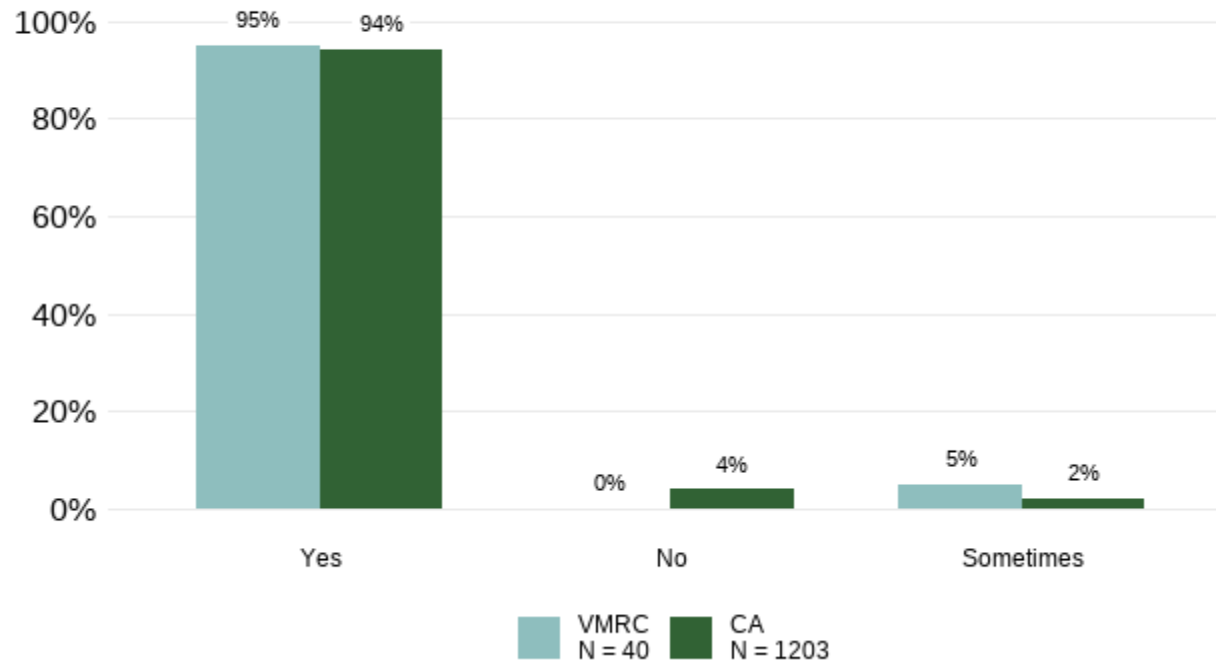


**Table 154. If have a paid job in the community, also works with co-workers who do not have a disability**

Regional Center	Yes, I have a paid job in the community, and I work with at least some co-workers who do not have a disability	No, I have a paid job in the community but only work with co-workers who have a disability	N
VMRC	81%	19%	36
CA	85%	15%	1122

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Staff at job speak preferred language

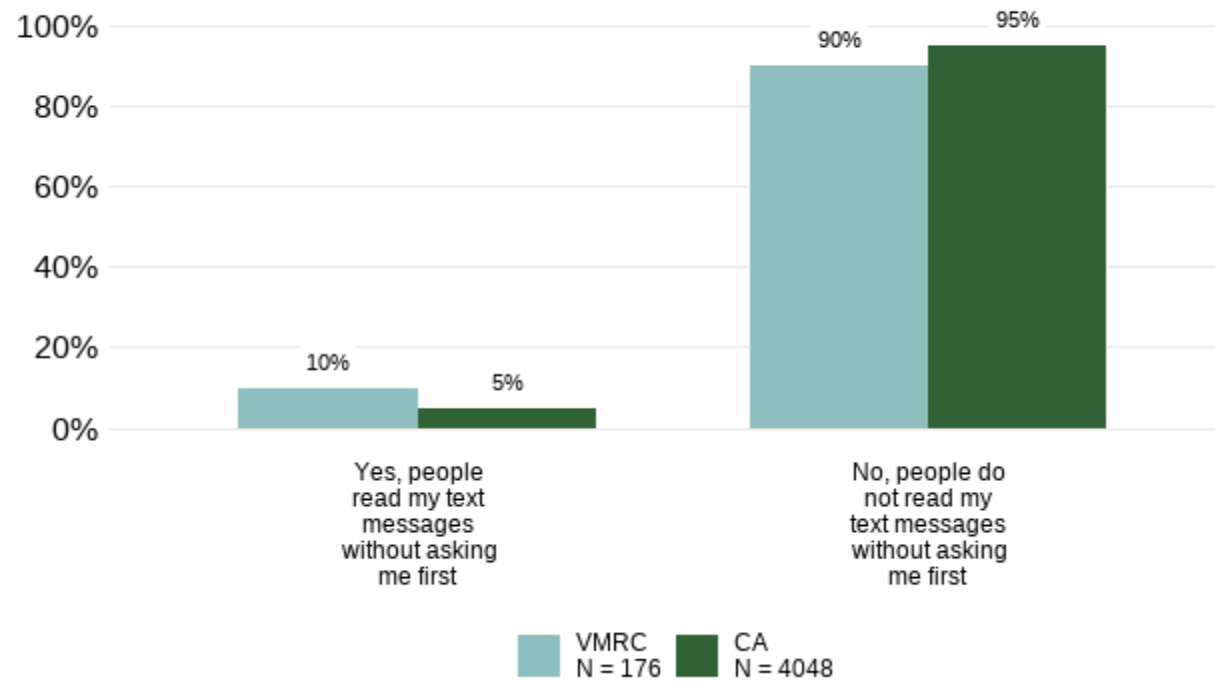


**Table 155. Are there staff at your job who speak your preferred language?**

Regional Center	Yes	No	Sometimes	N
VMRC	95%	0%	5%	40
CA	94%	4%	2%	1203

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### People read text messages without asking first

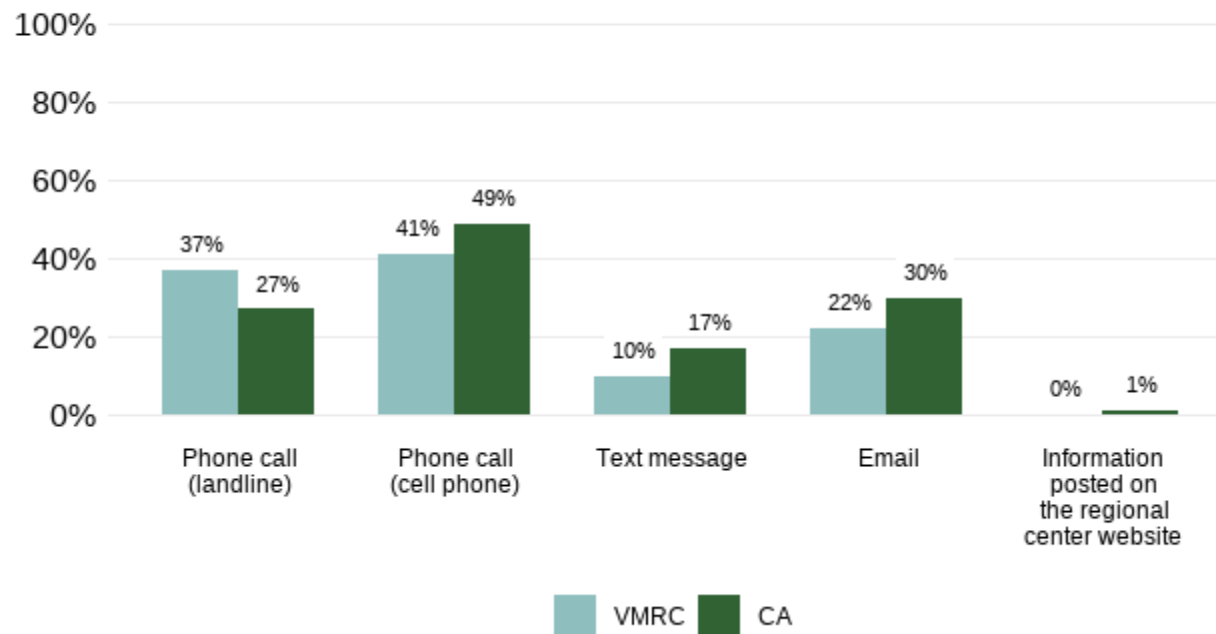


**Table 156. Do people read your text messages without asking you first? (For example, do people read your text messages without your permission.)**

Regional Center	Yes, people read my text messages without asking me first	No, people do not read my text messages without asking me first	N
VMRC	10%	90%	176
CA	5%	95%	4048

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Best way to receive information from the regional center



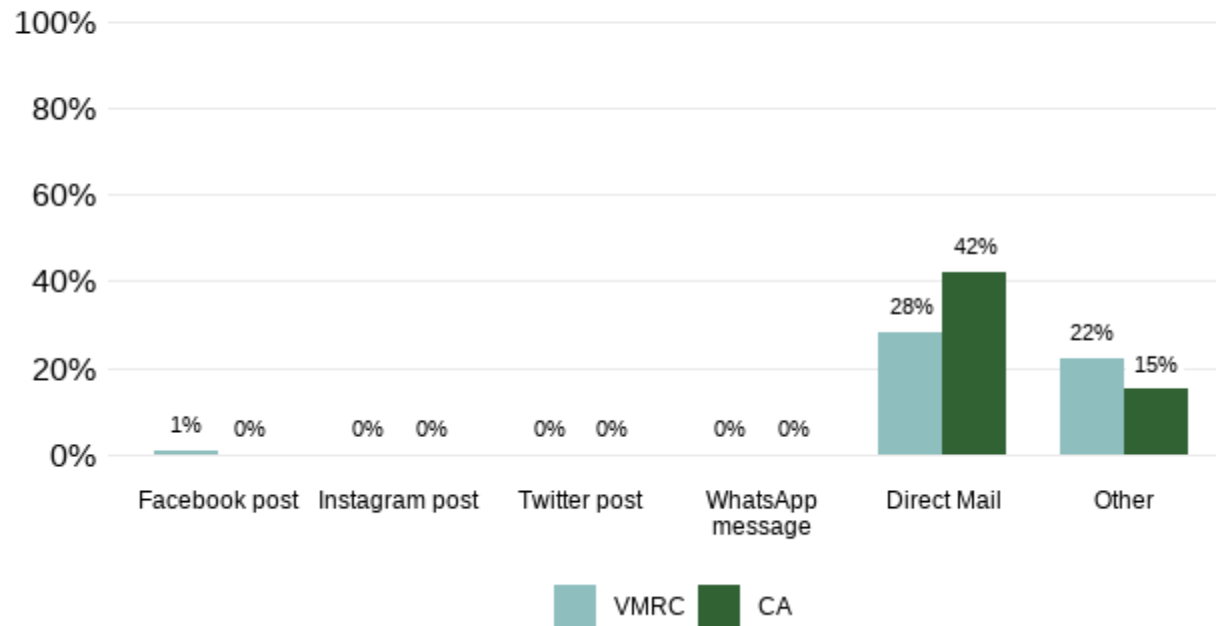
**Table 157a. Best way to receive information from the regional center?**

*Categories are not mutually exclusive; therefore, N is not shown.*

Regional Center	Phone call (landline)	Phone call (cell phone)	Text message	Email	Information posted on the regional center website
VMRC	37%	41%	10%	22%	0%
CA	27%	49%	17%	30%	1%

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Best way to receive information from the regional center (continued)



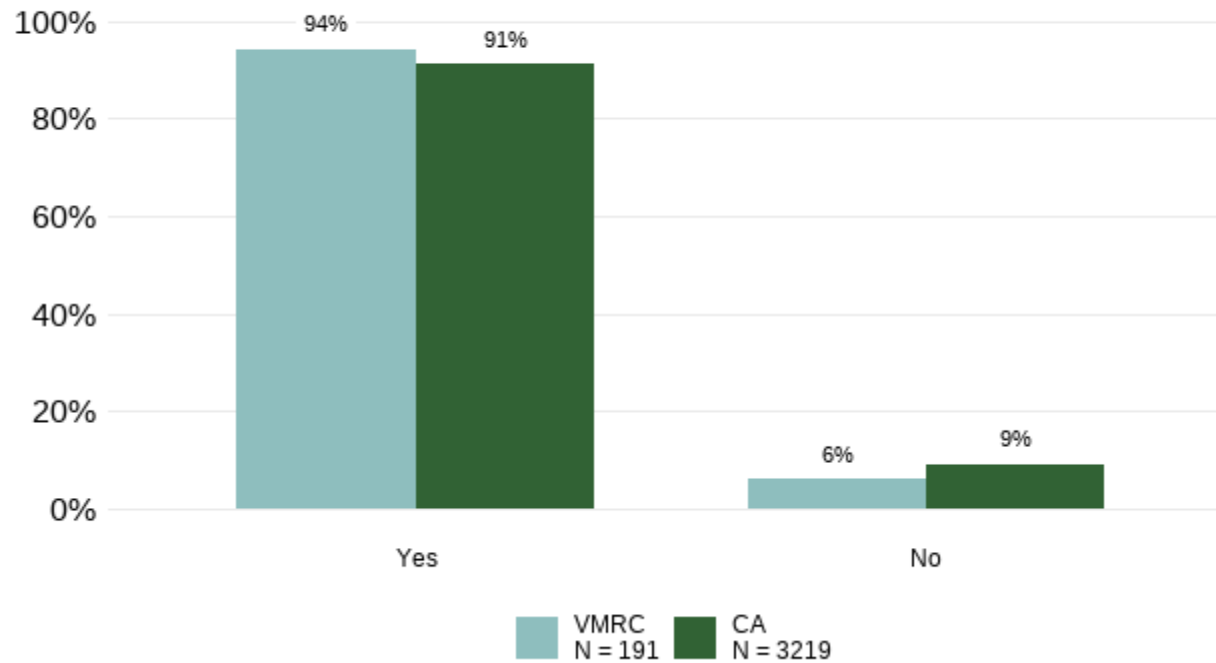
**Table 157b. Best way to receive information from the regional center (continued)**

*Categories are not mutually exclusive; therefore, N is not shown.*

Regional Center	Facebook post	Instagram post	Twitter post	WhatsApp message	Direct Mail	Other
VMRC	1%	0%	0%	0%	28%	22%
CA	0%	0%	0%	0%	42%	15%

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Got a copy of your IPP in your preferred language

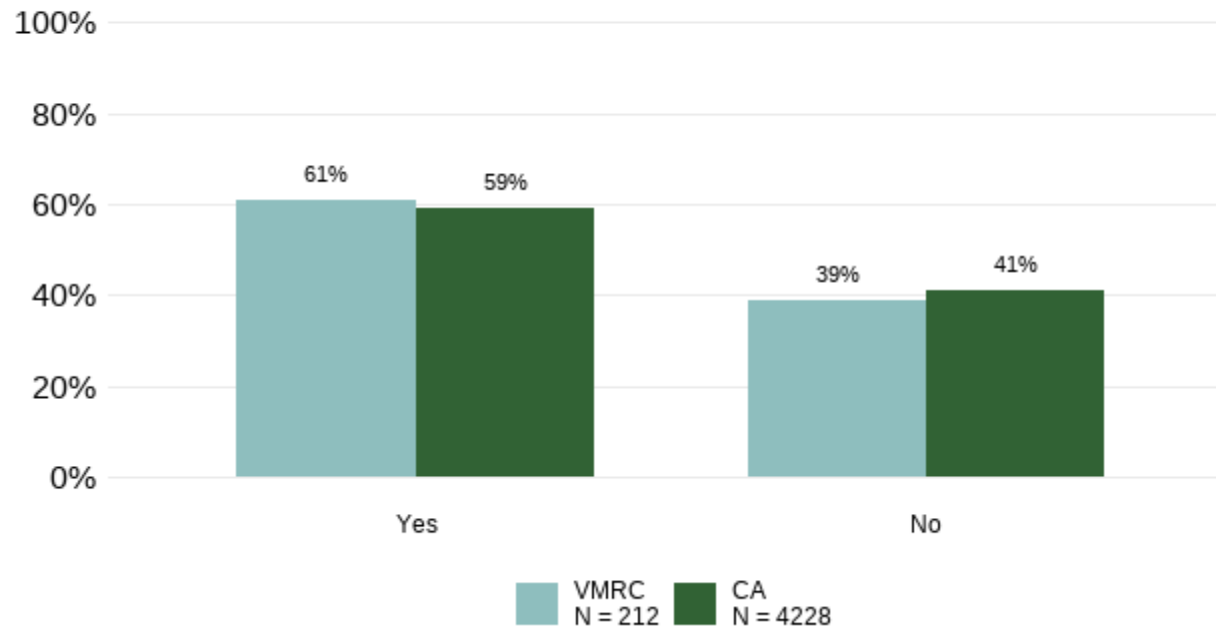


**Table 158. Got a copy of your IPP in your preferred language**

Regional Center	Yes	No	N
VMRC	94%	6%	191
CA	91%	9%	3219

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Knows what to do if disagree with a decision made by a regional center



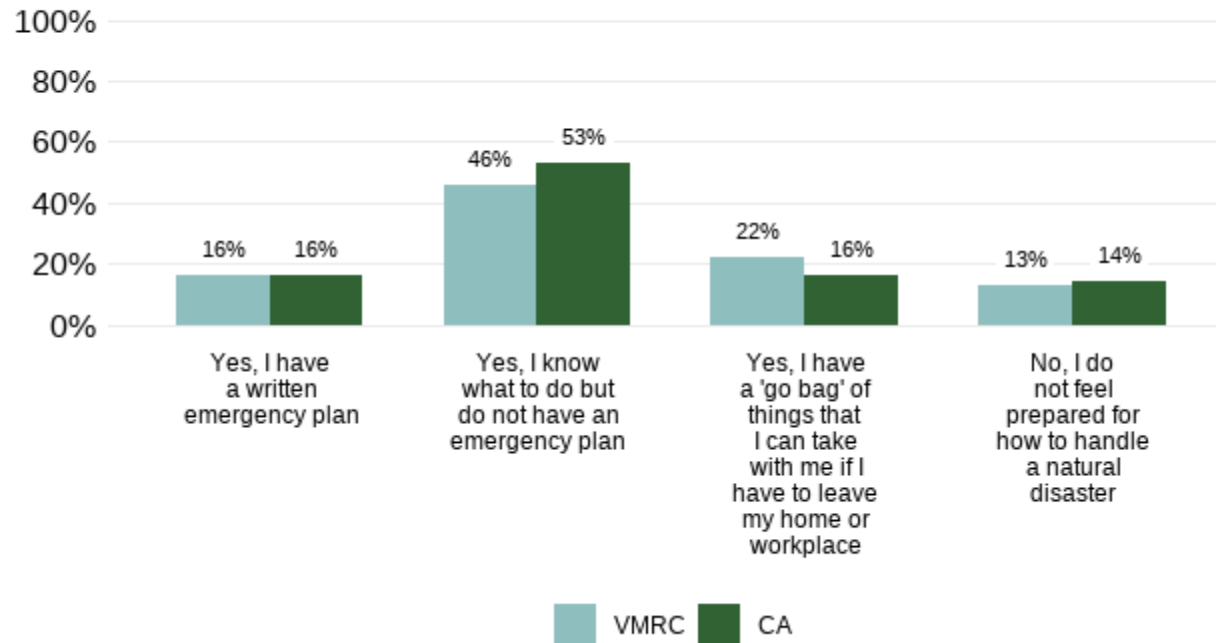
**Table 159. Knows what to do if disagree with a decision made by a regional center (For example, do you know how to ask for a Fair Hearing or file a complaint?)**

Regional Center	Yes	No	N
VMRC	61%	39%	212
CA	59%	41%	4228

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*



### Feel prepared for how to handle a natural disaster emergency (such as a wildfire or earthquake)



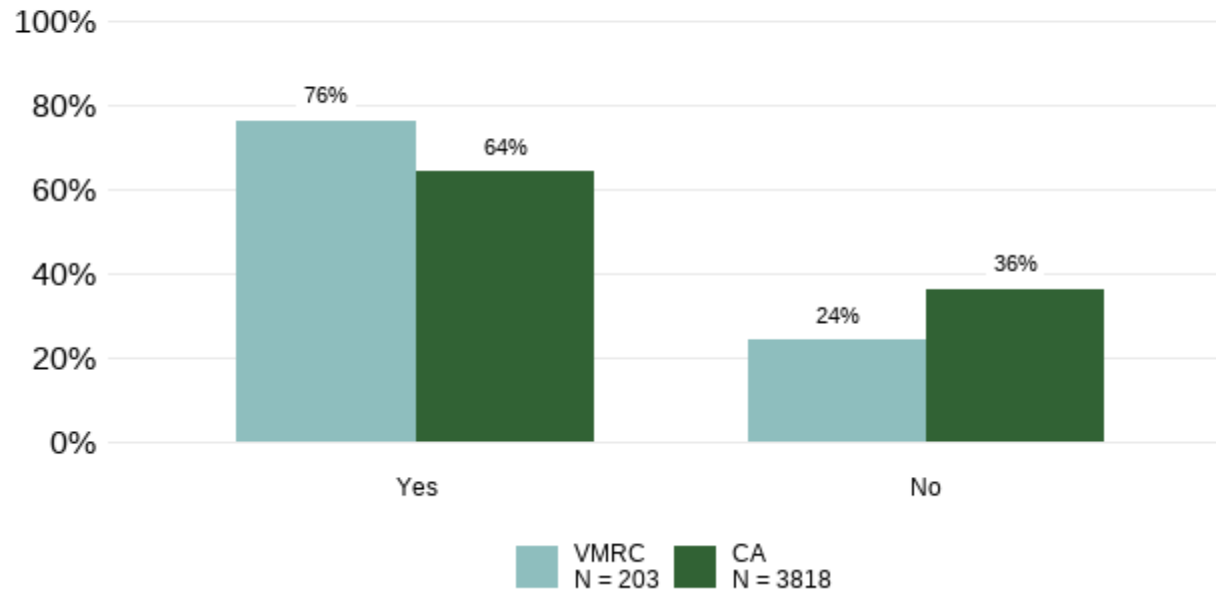
**Table 160. Feel prepared for how to handle a natural disaster emergency (such as a wildfire or earthquake)**

*Categories are not mutually exclusive; therefore, N is not shown.*

Regional Center	Yes, I have a written emergency plan	Yes, I know what to do but do not have an emergency plan	Yes, I have a 'go bag' of things that I can take with me if I have to leave my home or workplace	No, I do not feel prepared for how to handle a natural disaster
VMRC	16%	46%	22%	13%
CA	16%	53%	16%	14%

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**If participated in religious or spiritual practice  
(either in-person or online), chose the religious  
service or spiritual practice attended**

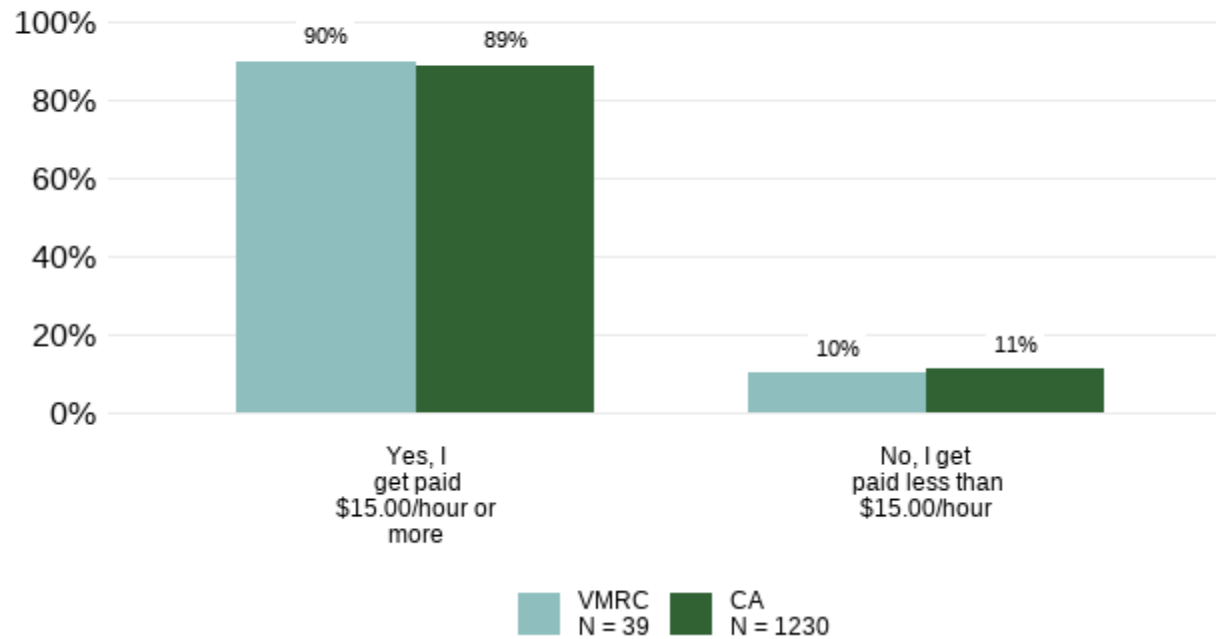


**Table 161. If participated in religious or spiritual practice (either in-person or online), chose the religious service or spiritual practice attended**

Regional Center	Yes	No	N
VMRC	76%	24%	203
CA	64%	36%	3818

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**If have a job, get paid the California state minimum wage (\$15.00/hour)**

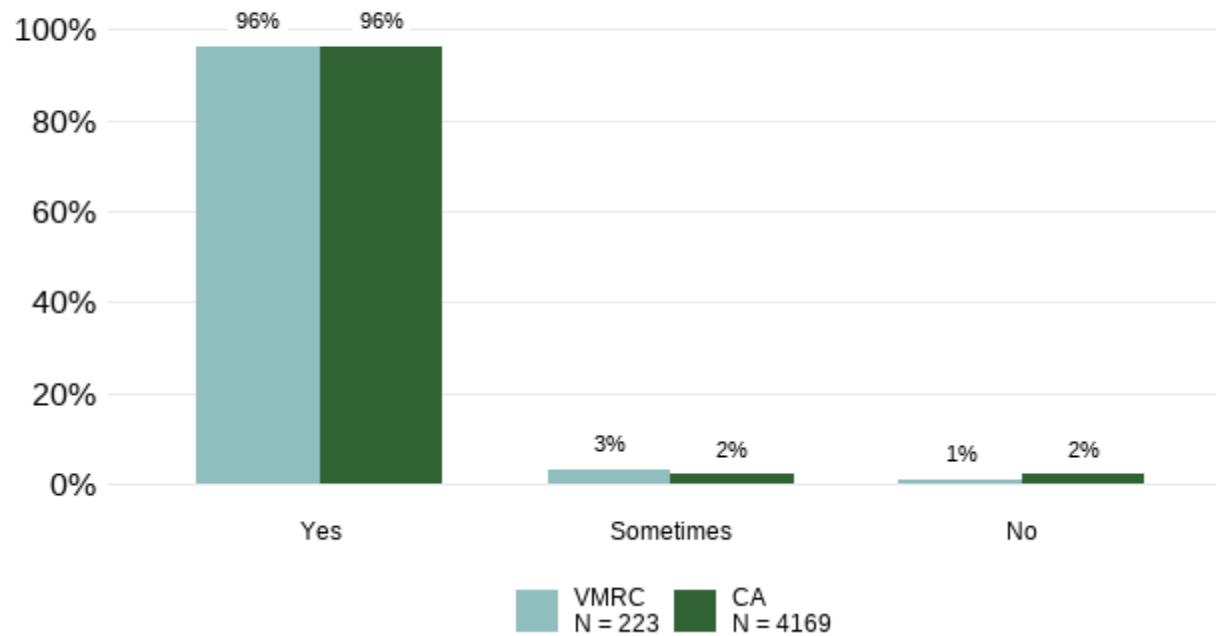


**Table 162. If have a job, get paid the California state minimum wage (\$15.00/hour)**

Regional Center	Yes, I get paid \$15.00/hour or more	No, I get paid less than \$15.00/hour	N
VMRC	90%	10%	39
CA	89%	11%	1230

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Staff at day program or work program who speak preferred language

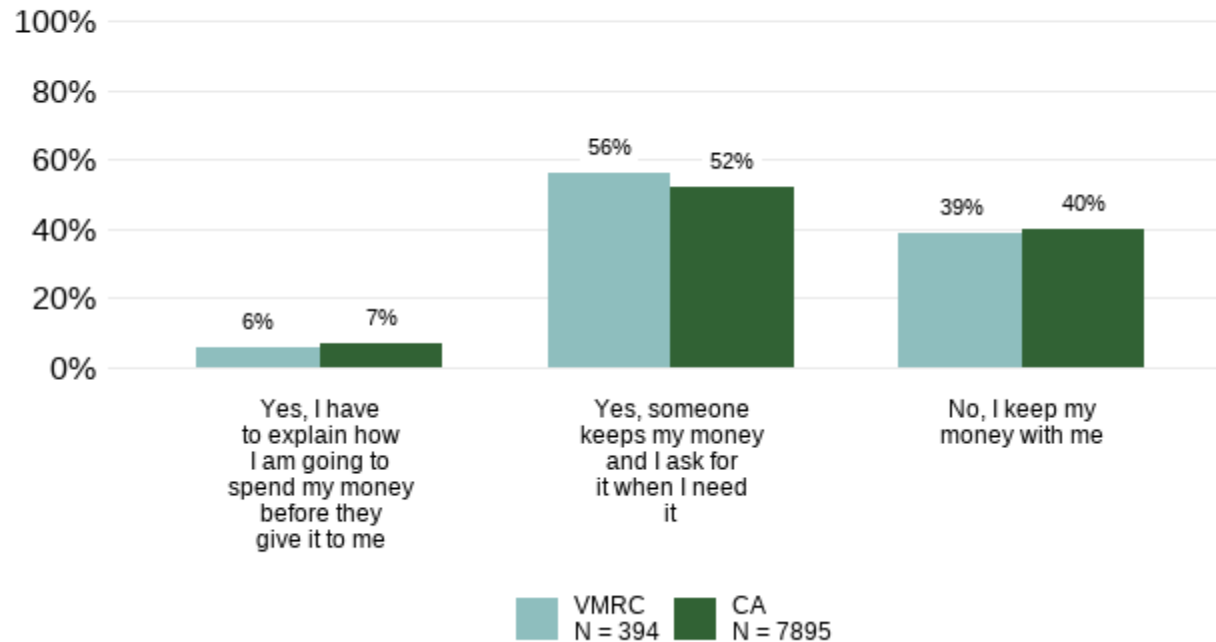


**Table 163. Staff at day program or work program who speak preferred language**

Regional Center	Yes	Sometimes	No	N
VMRC	96%	3%	1%	223
CA	96%	2%	2%	4169

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Have to ask for permission to get spending money to buy things

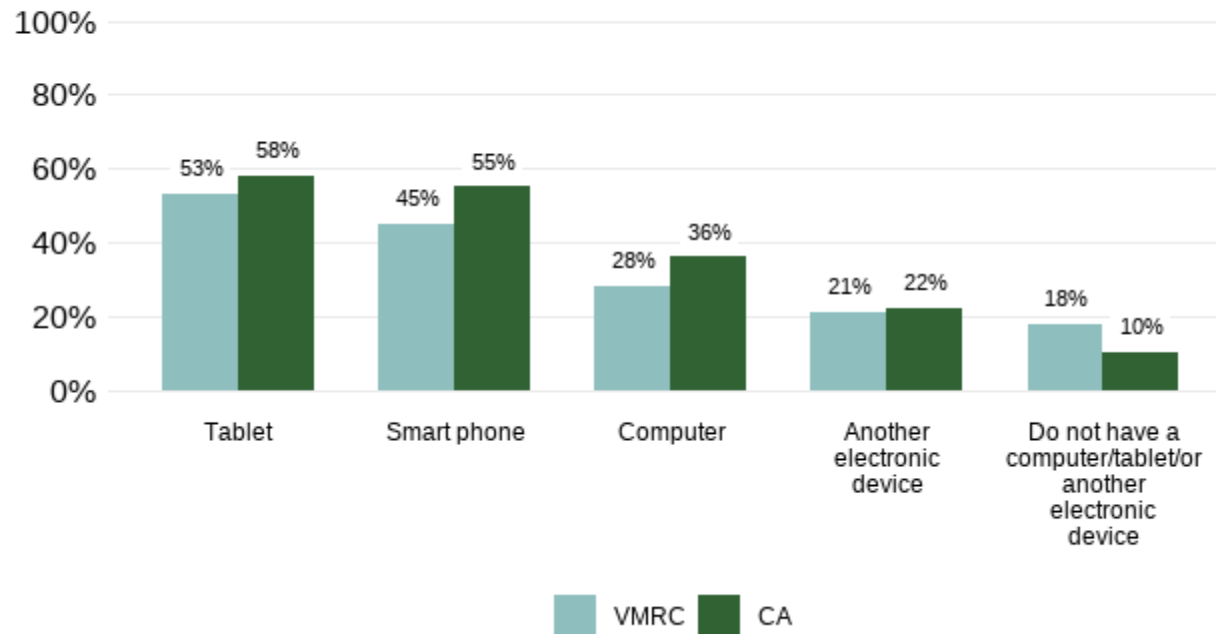


**Table 164. Have to ask for permission to get spending money to buy things**

Regional Center	Yes, I have to explain how I am going to spend my money before they give it to me	Yes, someone keeps my money and I ask for it when I need it	No, I keep my money with me	N
VMRC	6%	56%	39%	394
CA	7%	52%	40%	7895

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Devices that can be used to access the internet, talk with others, or see others



**Table 165. Devices that can be used to access the internet, talk with others, or see others**

*Categories are not mutually exclusive; therefore, N is not shown.*

Regional Center	Tablet	Smart phone	Computer	Another electronic device	Do not have a computer/tablet/or another electronic device
VMRC	53%	45%	28%	21%	18%
CA	58%	55%	36%	22%	10%

*The NCI-IDD average is weighted. Regional Centers receive an 'n/a' designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*