

**Valley Mountain Regional Center  
Home and Community-Based Services  
1915(i) State Plan Amendment  
Monitoring Review Report**

**Conducted by:**

**Department of Developmental Services  
and  
Department of Health Care Services**

**March 20-29, 2023**

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## EXECUTIVE SUMMARY

The Department of Developmental Services (DDS) and the Department of Health Care Services (DHCS) conducted the federal compliance monitoring review of the Home and Community-Based Services (HCBS) 1915(i) State Plan Amendment (SPA) program from March 20-29, 2023, at Valley Mountain Regional Center (VMRC). The monitoring team members were Fam Chao (Team Leader), Kelly Sandoval, Nadia Flores, Bonnie Simmons, Jenny Mundo, Ashley Guletz, and Nora Muir from DDS.

### Purpose of the Review

DDS contracts with 21 private, non-profit corporations to operate regional centers, which are responsible under state law for coordinating, providing, arranging or purchasing the services needed for eligible individuals with developmental disabilities in California. All HCBS 1915(i) SPA services are provided through this system. It is the responsibility of DDS to ensure, with the oversight of DHCS, that the HCBS 1915(i) SPA is implemented by regional centers in accordance with Medicaid statute and regulations.

### Overview of the HCBS 1915(i) SPA Programmatic Compliance Monitoring Protocol

The compliance monitoring review protocol is comprised of sections/components designed to determine if the consumers' needs and program requirements are being met and that services are being provided in accordance with the consumers' individual program plan (IPP). Specific criteria have been developed for the review sections listed below that are derived from federal/state statutes and regulations and from Centers for Medicare & Medicaid Services' directives and guidelines relating to the provision of HCBS 1915(i) SPA services.

### Scope of Review

The monitoring team conducted a record review of a sample of 21 HCBS 1915(i) SPA consumers. In addition, a supplemental sample of consumer records were reviewed for five consumers who had special incidents reported to DDS during the review period of December 1, 2021 through November 30, 2022.

### Overall Conclusion

VMRC is in substantial compliance with the federal requirements for the HCBS 1915(i) SPA program. Specific recommendations that require follow-up actions by VMRC are included in the report findings. DDS is requesting documentation of follow-up actions taken by VMRC in response to each of the specific recommendations within 30 days following receipt of this report.

## Section I – Regional Center Consumer Record Review

Twenty-one sample consumer records were reviewed for 24 documentation requirements (criteria) derived from federal and state statutes and regulations and HCBS 1915(i) SPA requirements. Five criteria were rated as not applicable for this review.

The sample records were 97 percent in overall compliance for this review. VMRC's records were 98 and 97 percent in overall compliance for the collaborative reviews conducted in 2021 and in 2019, respectively.

## Section II – Special Incident Reporting

The monitoring team reviewed the records of the 21 1915(i) SPA consumers and five supplemental sample consumers for special incidents during the review period. VMRC reported all special incidents timely for the sample selected for the HCBS 1915(i) SPA review.

For the supplemental sample, the service providers reported all five incidents to VMRC within the required timeframes, and VMRC subsequently transmitted all five special incidents to DDS within the required timeframes. VMRC's follow-up activities on consumer incidents were timely and appropriate for the severity of the situation.

## **SECTION I**

### **REGIONAL CENTER CONSUMER RECORD REVIEW**

#### **I. Purpose**

The review is based upon documentation criteria derived from federal/state statutes and regulations and from the Centers for Medicare & Medicaid Services' directives and guidelines relating to the provision of Home and Community-Based Services (HCBS) 1915(i) State Plan Amendment (SPA) services. The criteria address requirements for eligibility, consumer choice, notification of proposed action and fair hearing rights, individual program plans and periodic reviews and reevaluations of services. The information obtained about the consumers' needs and services is tracked as a part of the onsite program reviews.

#### **II. Scope of Review**

1. Twenty-one HCBS 1915(i) SPA consumer records were selected for the review sample.
2. The review period covered activity from December 1, 2021 to November 30, 2022.

#### **III. Results of Review**

The sample consumer records were reviewed for 24 documentation requirements derived from federal and state statutes and regulations and HCBS 1915(i) SPA requirements. Five criteria were not applicable for this review.

- ✓ The sample records were in 100 percent compliance for 14 applicable criteria. There are no recommendations for these criteria.
- ✓ Findings for five criteria are detailed below.
- ✓ A summary of the results of the review is shown in the table at the end of this section.

#### IV. Findings and Recommendations

- 1.3 The IPP is reviewed (at least annually) by the planning team and modified, as necessary, in response to the consumer's changing needs, wants or health status. *[42 CFR 441.301(b)(1)(I)]*

##### Finding

Twenty of the twenty-one (95 percent) consumer records contained documentation that the IPPs were reviewed at least annually by the planning team and modified, as necessary. However, there was no documentation that the IPP for consumer #7 had been reviewed during the monitoring review period.

1.3 Recommendation	Regional Center Plan/Response
VMRC should ensure that the IPP for consumer #7 is reviewed at least annually.	VMRC will ensure that the IPP for client #7 is reviewed at least annually by January 12, 2024.

- 1.4.a The IPP is signed, prior to its implementation, by an authorized representative of the regional center and the consumer or, where appropriate, his/her parents, legal guardian, or conservator. *[W&I Code §4646(g)]*

##### Finding

Nineteen of the twenty-one (91 percent) sample consumer records contained IPPs that were signed by VMRC and the consumers or their legal representatives. However, the following consumers' IPPs were not signed by the consumer.

1. Consumer #9: The IPP dated January 20, 2022 was not signed by the consumer. The IPP was signed on April 11, 2023 by the consumer. Accordingly, there is no recommendation; and
2. Consumer #16: The IPP dated September 13, 2022 was not signed by the consumer. The IPP was signed on April 11, 2023 by the consumer. Accordingly, there is no recommendation.

- 1.7.a The IPP includes a schedule of the type and amount of all services and supports purchased by the regional center. *[WIC §4646.5(a)(5)]*

##### Findings

Eighteen of the twenty-one (86 percent) sample consumer records contained IPPs that include all services and supports purchased by the regional center.

However, the IPPs for the following consumers did include VMRC funded services as indicated below:

3. Consumer #9: Behavior Management Program;
4. Consumer #15: Supportive Living Services; and
5. Consumer #19: Registered Nurse.

1.7.a Recommendation	Regional Center Plan/Response
VMRC should ensure that the IPPs for consumers #9, #15, and #19 include a schedule of the type and amount of all services and supports purchased by the regional center.	VMRC will ensure that the IPPs for clients #9, #15 and #19 include a schedule of the type and amount of all services and supports purchased by the regional center by January 12, 2024.

- 1.9.a Quarterly face-to-face meetings are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 CCFs, family home agencies or supported living and independent living settings. (*Title 17, CCR, §56047; Title 17, CCR, §56095; Title 17, CCR, §58680; Contract requirement*)

Finding

Ten of the eleven (91 percent) applicable sample consumer records had quarterly face-to-face meetings completed and documented. However, the record for consumer #7 contained documentation of two of the required meetings.

1.9.a Recommendation	Regional Center Plan/Response
VMRC should ensure that all future face-to-face meetings are completed and documented each quarter for consumer #7.	VMRC will ensure that all future face-to-face meetings are completed and documented each quarter for consumer #7.

- 1.9.b Quarterly reports of progress are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 CCFs, family home agencies or supported living and independent living settings. (*Title 17, CCR, §56047; Title 17, CCR, §56095; Title 17, CCR, §58680; Contract requirement*)

Finding

Ten of the eleven (91 percent) applicable sample consumer records had quarterly reports of progress completed for consumers living in community out-of-

home settings. However, the record for consumer #7 contained documentation of two of the required quarterly reports of progress.

1.9.b Recommendation	Regional Center Plan/Response
VMRC should ensure that future quarterly reports of progress are completed for consumer #7.	VMRC will ensure that future quarterly reports of progress are completed for client #7.



Regional Center Consumer Record Review Summary Sample Size = 21 Records						
	Criteria	+	-	N/A	% Met	Follow-up
1.0	The consumer is Medi-Cal eligible. (SMM 4442.1)	21			100	None
1.1	Each record contains a “1915(i) State Plan Amendment Eligibility Record” (DS 6027 form), signed by qualified personnel, which documents the date of the consumer’s initial 1915(i) SPA eligibility certification and annual reevaluation, eligibility criteria, and short-term absences. [SMM 4442.1; 42 CFR 483.430(a)]	Criterion 1.1 consists of four sub-criteria (1.1.a-d) that are reviewed and rated independently.				
1.1.a	The DS 6027 is signed and dated by qualified regional center personnel.			21	NA	None
1.1.b	The DS 6027 form indicates that the consumer meets the eligibility criteria for the 1915(i) SPA.			21	NA	None
1.1.c	The DS 6027 form documents annual reevaluations.			21	NA	None
1.1.d	The DS 6027 documents short-term absences of 120 days or less, if applicable.			21	NA	None
1.2	There is written notification of a proposed action and documentation that the consumer has been sent written notice of their fair hearing rights whenever services or choice of services are denied or reduced without the agreement of the consumer/authorized representative, or the consumer/authorized representative does not agree with all, or part, of the components in the consumer’s IPP. [42 CFR Part 431, Subpart E; WIC §4710(a)(1)]			21	NA	None
1.3	IPP is reviewed ( <i>at least annually</i> ) by the planning team and modified, as necessary, in response to the consumer’s changing needs, wants or health status. [42 CFR 441.301(b)(1)(I)]	20	1		95	See Narrative
1.4.a	The IPP is signed, prior to its implementation, by an authorized representative of the regional center and the consumer, or where appropriate, his/her parents, legal guardian, or conservator. [WIC §4646(g)]	19	2		91	See Narrative

**Regional Center Consumer Record Review Summary**  
**Sample Size = 21 Records**

	Criteria	+	-	N/A	% Met	Follow-up
1.4.b	IPP addendums are signed by an authorized representative of the regional center and the consumer, or where appropriate, his/her parents, legal guardian, or conservator.	7		14	100	None
1.4.c	The IPP is prepared jointly with the planning team. <i>[WIC §4646(d)]</i>	21			100	None
1.5	The IPP includes a statement of goals based on the needs, preferences, and life choices of the consumer. <i>[WIC §4646.5(a)(2)]</i>	21			100	None
1.6	The IPP addresses the consumer's goals and needs. <i>[WIC §4646.5(a)(2)]</i>	Criterion 1.6 consists of six sub-criteria (1.6.a-f) that are reviewed independently.				
1.6.a	The IPP addresses the special health care requirements, health status and needs as appropriate.	1		20	100	None
1.6.b	The IPP addresses the services which the CCF provider is responsible for implementing.	6		15	100	None
1.6.c	The IPP addresses the services which the day program provider is responsible for implementing.	11		10	100	None
1.6.d	The IPP addresses the services which the supported living services agency or independent living services provider is responsible for implementing.	6		15	100	None
1.6.e	The IPP addresses the consumer's goals, preferences, and life choices.	21			100	None
1.6.f	The IPP includes a family plan component if the consumer is a minor. <i>[WIC §4685(c)(2)]</i>	2		19	100	None
1.7.a	The IPP includes a schedule of the type and amount of all services and supports purchased by the regional center. <i>[WIC §4646.5(a)(5)]</i>	18	3		86	See Narrative
1.7.b	The IPP includes a schedule of the type and amount of all services and supports obtained from generic agencies or other resources. <i>[WIC §4646.5(a)(5)]</i>	21			100	None
1.7.c	The IPP specifies the approximate scheduled start date for new services and supports. <i>[WIC §4646.5(a)(5)]</i>	7		14	100	None
1.8	The IPP identifies the provider or providers of service responsible for implementing services, including, but not limited to, vendors, contract providers, generic service agencies, and natural supports. <i>[WIC §4646.5(a)(4)]</i>	21			100	None

**Regional Center Consumer Record Review Summary**  
**Sample Size = 21 Records**

	Criteria	+	-	N/A	% Met	Follow-up
1.9	Periodic reviews and reevaluations are completed <i>(at least annually)</i> to ascertain that planned services have been provided, that consumer progress has been achieved within the time specified, and that the consumer and his/her family are satisfied with the IPP and its implementation. <i>[WIC §4646.5(a)(8)]</i>	21			100	None
1.9.a	Quarterly face-to-face meetings with the consumer are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 CCFs, family home agencies or supported living and independent living settings. <i>(Title 17, CCR, §56047; Title 17, CCR, §56095; Title 17, CCR, §58680; Contract requirement)</i>	10	1	10	91	See Narrative
1.9.b	Quarterly reports of progress toward achieving IPP objectives are completed for consumers living in community out-of-home settings, i.e., Service Level 2, 3 or 4 CCFs, family home agencies or supported living and independent living settings. <i>(Title 17, CCR, §56047; Title 17, CCR, §56095; Title 17, CCR, §58680; Contract requirement)</i>	10	1	10	91	See Narrative

## SECTION II

### SPECIAL INCIDENT REPORTING

#### I. Purpose

The review verifies that special incidents have been reported within the required timeframes, that documentation meets the requirements of Title 17, California Code of Regulations, and that the follow-up was complete.

#### II. Scope of Review

1. The records of the 21 consumers selected for the HCBS 1915(i) State Plan Amendment (SPA) sample were reviewed to determine that all required special incidents were reported to Department of Developmental Services (DDS) during the review period.
2. A supplemental sample of five consumers who had special incidents reported to DDS within the review period was assessed for timeliness of reporting and documentation of follow-up activities. The follow-up activities were assessed for being timely, appropriate to the situation, resulting in an outcome that ensures the consumer is protected from adverse consequences, and that risks are either minimized or eliminated.

#### III. Results of Review

1. VMRC reported all special incident in the sample of 21 records selected for the HCBS 1915(i) SPA review to DDS.
2. VMRC's vendors reported all five (100 percent) special incidents in the supplemental sample within the required timeframes.
3. VMRC reported all five (100 percent) incidents to DDS within the required timeframes.
4. VMRC's follow-up activities on consumer incidents were appropriate for the severity of the situations for the five incidents.

#### IV. Findings and Recommendations

None

## SAMPLE CONSUMERS

### HCBS 1915(i) State Plan Amendment Review Consumers

#	UCI	#	UCI
1	xxxxxxx	12	xxxxxxx
2	xxxxxxx	13	xxxxxxx
3	xxxxxxx	14	xxxxxxx
4	xxxxxxx	15	xxxxxxx
5	xxxxxxx	16	xxxxxxx
6	xxxxxxx	17	xxxxxxx
7	xxxxxxx	18	xxxxxxx
8	xxxxxxx	19	xxxxxxx
9	xxxxxxx	20	xxxxxxx
10	xxxxxxx	21	xxxxxxx
11	xxxxxxx		

### SIR Review Consumers

#	UCI	Vendor
SIR 1	xxxxxxx	xxxxxxx
SIR 2	xxxxxxx	xxxxxxx
SIR 3	xxxxxxx	xxxxxxx
SIR 4	xxxxxxx	xxxxxxx
SIR 5	xxxxxxx	xxxxxxx