

HCBS and Your Rights

an in-person workshop for people receiving services

SAVE THE DATE!

for the hands-on, interactive training that will support you with understanding your rights.



WHEN:

February 24, 2026
10 am - 12 pm



[Click here for answers to
Frequently Asked
Questions](#)



WHERE:

Golden Gate Regional Center
Peninsula 1 & 2
1900 S Norfolk St, Suite 100
San Mateo, CA 94403



**Food & drink will be
provided!**



Support staff are welcome if there is a support need

Please note: this is a training for people with intellectual and/or developmental disabilities, not the staff who support them.



SPACE IS
LIMITED!
REGISTER
HERE TODAY

Questions?
Email us at
project@aloconsultation.com
or call
(415) 484-9526!