

March 18, 2026

Important notice from the Department of Developmental Services about:

SELF-DETERMINATION PROGRAM (SDP): GUIDANCE ON WAIVER ENROLLMENT

D-2026-Case Management-002

What to Know

This directive explains a new process to help regional centers increase the number of people in the Self-Determination Program (SDP) Waiver. It focuses on people who already use Self-Determination services. Enrollment in the waiver allows federal funds to cover part of the cost of the program, helping the program remain sustainable.

What's Changing

A new process is being established to maximize eligible enrollment in the SDP Waiver. This directive does not change how individuals and families receive their services in SDP, or with traditional services.

Questions?

Individuals and families with questions about this directive should talk to their regional center. If regional centers have questions about this directive, they should email Federal.Programs@dds.ca.gov.

Learn More

For more information about the Self-Determination Program please visit the [SDP section of the DDS website](https://www.dds.ca.gov/initiatives/sdp). (<https://www.dds.ca.gov/initiatives/sdp>).