

Behavioral Health Treatment Services Notice for Individuals with Medi-Cal

What are Medi-Cal Behavioral Health Treatment services?

Behavioral Health Treatment services include many different behavioral interventions and treatment services that prevent or minimize the adverse effects of behaviors that interfere with learning and social interaction, and promote, to the maximum extent practicable, skill development to enhance the functioning of the individual.

Who is eligible for Behavioral Health Treatment services?

Medi-Cal members under 21 years of age. A doctor or psychologist will determine if services are medically necessary.

How can I access Behavioral Health Treatment services?

Individuals with Fee-For-Service Medi-Cal who did **not** meet regional center eligibility may access Behavioral Health Treatment services directly from a Medi-Cal FFS BHT provider. Your doctor should have information and can help you get Behavioral Health Treatment services.

Individuals in a Medi-Cal Managed Care Plan have their Behavioral Health Treatment services coordinated by their plan. For more information, please see the [Managed Care Health Plan Directory](#) for contact information.

Who do I contact for help or more information?

If you have questions or encounter difficulties accessing Medi-Cal Behavioral Health Treatment services, you can send an email to Medi-Cal.Benefits@dhcs.ca.gov. Please do not include any personal information in your email. You also can visit [Medi-Cal's BHT website](#).