# NCI-IDD In-Person Survey

## San Andreas Regional Center Report Fiscal Year 2024-25

DDS Department of Developmental Services

*Prepared by Human Services Research Institute for the*

***CALIFORNIA DEPARTMENT OF DEVELOPMENTAL SERVICES***

NCI·IDD NATIONAL CORE INDICATORS PEOPLE DRIVEN DATA

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## *Message from the California Department of Developmental Services*

*Mission: The Department of Developmental Services (Department) is committed to providing leadership that results in quality services to the people of California and assures the opportunity for individuals with intellectual/developmental disabilities to exercise their right to make choices.*

The NCI-IDD In-Person Survey (IPS) report was compiled by Human Services Research Institute (HSRI) in accordance with Welfare and Institutions Code (WIC), Section 4571. It is an important effort to collect accurate, reliable, and valid individual and family satisfaction measures, as well as individual outcome data. More information about the California NCI-IDD can be found at http://www.dds.ca.gov/QA/.

This is the seventh administration of the CA In-Person Survey, with data collected from July 2024 through August 2025. During that time, 8,614 face-to-face surveys were completed with adults with intellectual and developmental disabilities receiving at least one service beyond case management from a regional center. The data findings in this report contribute to our understanding of how California's system is performing. California uses these reports to monitor changes in the system and to guide strategic planning and quality improvement activities. Regional centers can use the data in a similar fashion at the local level.

This report does not compare California's data to the data of other states, but it does include the NCI average across participating NCI states. This is because the Department's service system is unique among states. Some of the things that make California's service system unique include:

1. California has a longstanding statute that guarantees services and supports are provided for all eligible residents of California with intellectual and developmental disabilities.
2. California's laws mandate intake, evaluation, and assessment within 120 days.
3. California has a broad eligibility definition for receiving services.
4. California has mandated services, with statutory limitations on case management caseload ratios.
5. California's service obligations to the families needing services are, by law, from pre-conception to death.
6. California's regional centers are nonprofit contractors with a local board of directors to best address the unique needs of each of the 21 regions.
7. Consumers or their families can call a team meeting at any time to request a change in service.

Reports like this offer the Department the opportunity to compare the results of the data across the years. System improvements will take time to identify and achieve, but this report provides valuable data and is one more tool in our continuous effort to improve services and supports to individuals with intellectual and developmental disabilities across California.

## *Acknowledgements*

This report would not be possible if not for the 8,614 individuals who agreed to offer their time and discuss their lives in order to assist in improving the services of all people with intellectual/developmental disabilities in California. Additionally, a special mention goes to the families, friends, and staff members who participated in the survey process. The Department appreciates the work of the State Council on Developmental Disabilities, which was contracted to conduct these interviews.

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## Quality Assessment Project and National Core Indicators®- Intellectual and Developmental Disabilities

This report contains regional center level results from California's statewide National Core Indicators®-Intellectual and Developmental Disabilities (NCI®-IDD) In-Person Survey (IPS) data collection from fiscal year 2024-25 (FY 24/25) in accordance with Welfare and Institutions Code (WIC), Section 4571. WIC, Section 4571 directs the Department of Developmental Services (Department) to collect accurate, reliable, and valid consumer and family satisfaction measures as well as individual outcome data. In California, data from this project will be used to review and benchmark statewide and regional center developmental disability service system performance. This report shows this regional center compared to the California statewide and NCI-IDD averages. Regional centers can use this report to help guide strategic planning and monitor systemic changes.

## What is National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

## What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state I/DD (Intellectual / Developmental Disabilities) service system. The survey instrument includes a "Background Information Section," which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

## Where are the statistics in this report from?

Thirty-nine (39) states administered the In-Person Survey (IPS) in 2024-25 and collected a valid sample for analysis. Together they contributed 30,888 surveys. Each of the 21 California regional centers collected a valid sample for analysis. Together they contributed 8,614 surveys.

The charts in this document, grouped by subdomain, display the regional center results alongside the weighted CA and NCI-IDD averages. The charts are followed by accessible tables containing the same information. Many questions in the IPS allow respondents to answer a question with "middle" responses like "maybe," "sometimes," or "in-between." Data in this report are "collapsed" data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The CA and NCI-IDD averages are "weighted" to reflect the regional centers' and states' relative populations and sample sizes. We created the weights using the regional centers' and state's number of valid surveys and its total survey-eligible population. This way, a regional center or state that provides services to a larger number of people but uses a sample similar in size to other regional centers or states has a greater influence on the overall state or NCI-IDD average (that is, its contribution is proportional to its service population).

Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the CA Average. Some items collected from the Background Information section were not available in CA records and could not be collected during the survey interview, those outcomes are designated as "n/a" at the statewide and regional center levels. To find out more about the development of the In-Person Survey, data analysis and state samples, check out the National In-Person Report: https://idd.nationalcoreindicators.org/survey-reports-insights/report-library/.

## Results

In California, the In-Person Survey is administered once every other year, and data are collected from all 21 regional centers. The California statewide average is comprised of this data. **Please note: the NCI-IDD average (noted as just "NCI-IDD" in the tables) and CA averages (noted as "CA") shown throughout this report are weighted.**

Respondents of this survey are adults who have IDD and receive at least one service in addition to case management from the state DD service system. More NCI data findings are available at https://www.dds.ca.gov/rc/nci/.

## Presentation of Demographics

The following section details the demographic profile of individuals included in the 2024-25 In-Person Survey. Tables display demographic results listed alphabetically by regional center, followed by the *weighted* CA and NCI-IDD averages.

Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the CA Average. Some items collected from the Background Information section were not available in CA records and could not be collected during the survey interview. Those outcomes are not included in this report.

Regional centers with fewer than 20 respondents to a question ***are not*** included in outcome tables; however, their data ***are*** included in the CA Average.

**Note on NCI Averages:** The NCI-IDD averages and CA averages contained in this report are "weighted" means; their calculations reflect the relative population sizes of participating states and the states' sample sizes. See more about weighting in the Methodology section.

"N" demonstrates the number of valid responses for each question. "N" can vary between questions. The N does not include missing responses, "don't know" responses, or "not applicable" responses.

## *Demographics*

*This section presents descriptive information of individuals surveyed.*

For several states included in the NCI-IDD Average, survey items in the Background Information section (including certain items related to Demographics, Health, Medication, and Wellness) had a large amount of missing data or data recorded as "don't know." Detailed information by state can be found in the NCI-IDD National In-Person Survey Report: https://idd.nationalcoreindicators.org/survey-reports-insights/.

The quantity of missing data can be a result of several factors. We do not know whether the data are missing systematically or randomly. For example, are data missing across the board for those in a specific waiver population in a given state? If so, the resulting data are not representative of the entire sample or population. Please note that the NCI-IDD average reflects the average of data that were reported to NCI-IDD and may not be reflective of the service population across the country.

All CA statewide and NCI-IDD averages are weighted. For more information on weighting, see the Data Analysis section of this report.

### Table 1. Age

| Regional Center | Mean age (years) | N |
|---|---|---|
| SARC | 39.2 | 409 |
| **CA** | **38.0** | **8613** |
| **NCI-IDD** | **40.6** | **30790** |

### Table 2. Age Group

| Regional Center | 18-22 | 23-34 | 35-54 | 55-74 | 75 and older | Unknown | N |
|---|---|---|---|---|---|---|---|
| SARC | 15% | 34% | 30% | 20% | 1% | 0% | 409 |
| **CA** | **15%** | **37%** | **29%** | **16%** | **2%** | **0%** | **8614** |
| **NCI-IDD** | **10%** | **35%** | **33%** | **20%** | **3%** | **0%** | **30888** |

### Table 3. Sex

*Refers to individual's sex as assigned at birth*

| Regional Center | Male | Female | Unknown | N |
|---|---|---|---|---|
| SARC | 59% | 41% | 0% | 409 |
| **CA** | **61%** | **39%** | **0%** | **8613** |
| **NCI-IDD** | **60%** | **40%** | **0%** | **30838** |

### Table 4. Marital Status

*Information may have been collected in the field*

| Regional Center | Single, never married | Married | Single, married in the past | Unknown | N |
|---|---|---|---|---|---|
| SARC | 98% | 1% | 0% | 0% | 406 |
| **CA** | **97%** | **2%** | **1%** | **0%** | **8577** |
| **NCI-IDD** | **94%** | **1%** | **2%** | **3%** | **30545** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 5. Is This Person a Parent?

*No data table produced due to insufficient data.*

### Table 6. Race and Ethnicity

*Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator, which is different from past years. In previous years, this variable was mutually exclusive.*

| Regional Center | American Indian or Alaska Native | Asian | Black or African American | Pacific Islander | White | Hispanic or Latino | Other | Don't Know |
|---|---|---|---|---|---|---|---|---|
| SARC | 0% | 22% | 3% | 0% | 38% | 34% | 4% | 1% |
| **CA** | **0%** | **10%** | **11%** | **0%** | **38%** | **38%** | **3%** | **1%** |
| **NCI-IDD** | **1%** | **4%** | **17%** | **0%** | **65%** | **14%** | **2%** | **5%** |

### Table 7. Residential Designation

*Information based on residential designation defined by the USDA: [https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx](https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx)*

| Regional Center | Metropolitan | Micropolitan | Rural | Small town | N |
|---|---|---|---|---|---|
| SARC | 97% | 3% | 0% | 0% | 408 |
| **CA** | **95%** | **4%** | **0%** | **1%** | **8589** |
| **NCI-IDD** | **81%** | **11%** | **2%** | **5%** | **30695** |

### Table 8. Type of Residence - ICFs/IID, Nursing Facilities or Other Specialized Institutional Settings

| Regional Center | ICF/IID, 4-6 residents with disabilities | ICF/IID, 7-15 residents with disabilities | ICF/IID, 16 or more residents with disabilities | Nursing facility | Other specialized institutional facility | N |
|---|---|---|---|---|---|---|
| SARC | 2% | 2% | 0% | 0% | 0% | 409 |
| **CA** | **5%** | **0%** | **0%** | **0%** | **0%** | **8611** |
| **NCI-IDD** | **1%** | **1%** | **0%** | **0%** | **0%** | **30775** |

### Table 9. Type of Residence - Group Residential Setting

| Regional Center | Group living setting, 2-3 people with disabilities | Group living setting, 4-6 people with disabilities | Group living setting, 7-15 people with disabilities | N |
|---|---|---|---|---|
| SARC | 1% | 24% | 1% | 409 |
| **CA** | **1%** | **18%** | **1%** | **8611** |
| **NCI-IDD** | **8%** | **17%** | **3%** | **30775** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 10. Type of Residence (continued)

| Regional Center | Own home or apartment | Parent or relative's home | Foster care or host home (2 or more people with a disability) | Foster care, host home, or shared living (1 person with a disability) | Homeless or crisis bed placement | Other | Unknown | N |
|---|---|---|---|---|---|---|---|---|
| SARC | 10% | 58% | 0% | 0% | 0% | 1% | 0% | 409 |
| **CA** | **12%** | **61%** | **0%** | **0%** | **0%** | **2%** | **0%** | **8611** |
| **NCI-IDD** | **15%** | **48%** | **3%** | **1%** | **0%** | **1%** | **1%** | **30775** |

### Table 11. Length of Time at Current Residence (if not homeless or in crisis bed placement)

| Regional Center | Less than 1 year | 1-3 years | 4-5 years | Over 5 years | Unknown | N |
|---|---|---|---|---|---|---|
| SARC | 7% | 15% | 7% | 64% | 7% | 409 |
| **CA** | **7%** | **10%** | **9%** | **67%** | **6%** | **8611** |
| **NCI-IDD** | **8%** | **16%** | **8%** | **63%** | **5%** | **29297** |

### Table 12. Person's Residence Owned or Controlled by Provider Agency

| Regional Center | Yes | No | Unknown | N |
|---|---|---|---|---|
| SARC | 30% | 69% | 1% | 409 |
| **CA** | **25%** | **73%** | **2%** | **8597** |
| **NCI-IDD** | **35%** | **63%** | **2%** | **29329** |

### Table 13. Person Is Named on the Lease or Other Legally Enforceable Rental Agreement

*No data table produced due to insufficient data.*

### Table 14. Has Intellectual/Developmental Disability Diagnosis

| Regional Center | Yes | No | Unknown | N |
|---|---|---|---|---|
| SARC | 74% | 26% | 0% | 336 |
| **CA** | **71%** | **29%** | **0%** | **7471** |
| **NCI-IDD** | **82%** | **17%** | **1%** | **29590** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Table 15. Level of Intellectual/Developmental Disability

| Regional Center | Mild | Moderate | Severe | Profound | Unspecified | Unknown | N |
|---|---|---|---|---|---|---|---|
| SARC | 30% | 26% | 9% | 4% | 31% | 0% | 293 |
| **CA** | **48%** | **25%** | **11%** | **7%** | **8%** | **1%** | **6011** |
| **NCI-IDD** | **39%** | **27%** | **11%** | **6%** | **15%** | **2%** | **25501** |

## Table 16. Mood, Anxiety, Behavior, Psychotic, and Other Mental Illness

*Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator.*

| Regional Center | Mood disorder | Anxiety disorder | Behavior challenges | Psychotic disorder | Other mental illness or psychiatric diagnosis |
|---|---|---|---|---|---|
| SARC | 1% | 0% | 2% | 1% | 2% |
| **CA** | **2%** | **1%** | **2%** | **2%** | **1%** |
| **NCI-IDD** | **23%** | **22%** | **20%** | **8%** | **8%** |

## Table 17. Diagnoses Noted in Record

*Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator.*

| Regional Center | Autism spectrum disorder | Cerebral palsy | Brain injury | Seizure disorder | Chemical dependency |
|---|---|---|---|---|---|
| SARC | 27% | 14% | 0% | 18% | 0% |
| **CA** | **29%** | **16%** | **0%** | **18%** | **0%** |
| **NCI-IDD** | **30%** | **15%** | **3%** | **23%** | **0%** |

## Table 18. Diagnoses Noted in Record (continued)

*Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator.*

| Regional Center | Down syndrome | Prader-Willi syndrome | Fetal alcohol syndrome | Limited or no vision | Severe or profound hearing loss | Other disabilities not listed | No other disabilities other than ID |
|---|---|---|---|---|---|---|---|
| SARC | 0% | 0% | 0% | 5% | 3% | 0% | 0% |
| **CA** | **1%** | **0%** | **0%** | **7%** | **5%** | **0%** | **0%** |
| **NCI-IDD** | **7%** | **0%** | **1%** | **5%** | **4%** | **15%** | **10%** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Table 19. Other Conditions in Record

*Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator.*

| Regional Center | Cardiovascular disease | Diabetes | Cancer | High blood pressure | High cholesterol |
|---|---|---|---|---|---|
| SARC | 7% | 20% | 4% | 22% | 22% |
| **CA** | **2%** | **23%** | **3%** | **34%** | **38%** |
| **NCI-IDD** | **9%** | **20%** | **3%** | **30%** | **25%** |

## Table 20. Other Conditions in Record (continued)

*Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator.*

| Regional Center | Dysphagia | Pressure ulcers | Alzheimer's disease or other dementia | Oral health or dental problems | Sleep apnea |
|---|---|---|---|---|---|
| SARC | 20% | 4% | 0% | 2% | 7% |
| **CA** | **5%** | **1%** | **0%** | **0%** | **7%** |
| **NCI-IDD** | **9%** | **1%** | **3%** | **4%** | **11%** |

## Table 21. Other Conditions in Record (continued)

*Categories are not mutually exclusive; therefore, N is not shown; "Don't Know" responses are included in the denominator.*

| Regional Center | Asthma | Other pulmonary diagnosis | Chronic kidney disease | Long-term health problems associated with COVID-19 | Other |
|---|---|---|---|---|---|
| SARC | 17% | 7% | 2% | 0% | 2% |
| **CA** | **28%** | **3%** | **2%** | **0%** | **1%** |
| **NCI-IDD** | **13%** | **5%** | **3%** | **0%** | **53%** |

## Table 22. Preferred Language

*Information may have been collected in the field*

| Regional Center | English | Spanish | Chinese (including Mandarin, Cantonese, and Hokkien) | N |
|---|---|---|---|---|
| SARC | 69% | 23% | 1% | 409 |
| **CA** | **79%** | **18%** | **0%** | **8613** |
| **NCI-IDD** | **93%** | **6%** | **0%** | **30618** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Table 23. Preferred Language (continued)

*Information may have been collected in the field*

| Regional Center | Tagalog (including Filipino) | Vietnamese | Korean | Arabic | N |
|---|---|---|---|---|---|
| SARC | 0% | 4% | 0% | 0% | 409 |
| **CA** | **0%** | **1%** | **0%** | **0%** | **8613** |
| **NCI-IDD** | **n/a** | **0%** | **n/a** | **n/a** | **30618** |

## Table 24. Preferred Language (continued)

*Information may have been collected in the field*

| Regional Center | Armenian | Farsi | Hmong | Khmer | N |
|---|---|---|---|---|---|
| SARC | 0% | 0% | 0% | 0% | 409 |
| **CA** | **0%** | **0%** | **0%** | **0%** | **8613** |
| **NCI-IDD** | **n/a** | **n/a** | **n/a** | **n/a** | **30618** |

## Table 25. Preferred Language (continued)

*Information may have been collected in the field*

| Regional Center | Lao | Russian | American Sign Language (ASL) | Other | N |
|---|---|---|---|---|---|
| SARC | 0% | 0% | 0% | 2% | 409 |
| **CA** | **0%** | **0%** | **0%** | **1%** | **8613** |
| **NCI-IDD** | **n/a** | **n/a** | **0%** | **1%** | **30618** |

## Table 26. Preferred Means of Communication

*Information may have been collected in the field*

| Regional Center | Spoken | Gestures or body language | Sign language or finger spelling | Communication device | Other | Unknown | N |
|---|---|---|---|---|---|---|---|
| SARC | 83% | 16% | 0% | 1% | 1% | 0% | 389 |
| **CA** | **84%** | **15%** | **0%** | **0%** | **1%** | **0%** | **8473** |
| **NCI-IDD** | **80%** | **14%** | **1%** | **1%** | **4%** | **0%** | **29346** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Table 27. Mobility

*Information may have been collected in the field*

| Regional Center | Moves self around environment without aids | Moves self around environment with aids or uses wheelchair independently | Non-ambulatory and always needs assistance to move around environment | Unknown | N |
|---|---|---|---|---|---|
| SARC | 83% | 4% | 12% | 0% | 391 |
| **CA** | **80%** | **7%** | **13%** | **0%** | **8500** |
| **NCI-IDD** | **77%** | **13%** | **10%** | **1%** | **30538** |

## Table 28. Support Needed to Manage Self-Injurious Behavior

| Regional Center | None | Some | Extensive | Unknown | N |
|---|---|---|---|---|---|
| SARC | 79% | 19% | 1% | 0% | 336 |
| **CA** | **78%** | **19%** | **2%** | **0%** | **7454** |
| **NCI-IDD** | **74%** | **17%** | **5%** | **3%** | **28755** |

## Table 29. Support Needed to Manage Disruptive Behavior

| Regional Center | None | Some | Extensive | Unknown | N |
|---|---|---|---|---|---|
| SARC | 49% | 32% | 18% | 0% | 336 |
| **CA** | **51%** | **28%** | **22%** | **0%** | **7444** |
| **NCI-IDD** | **56%** | **26%** | **11%** | **8%** | **28814** |

## Table 30. Support Needed to Manage Destructive Behavior

| Regional Center | None | Some | Extensive | Unknown | N |
|---|---|---|---|---|---|
| SARC | 97% | 3% | 0% | 0% | 240 |
| **CA** | **95%** | **4%** | **0%** | **1%** | **5439** |
| **NCI-IDD** | **71%** | **16%** | **5%** | **9%** | **26820** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Table 31. Level of Guardianship/Conservatorship

| Regional Center | None | Limited guardianship/ conservatorship | Full guardianship/ conservatorship | Has guardian/ conservator but unable to distinguish level | Unknown | N |
|---|---|---|---|---|---|---|
| SARC | 49% | 50% | 0% | 0% | 0% | 409 |
| **CA** | **64%** | **36%** | **0%** | **0%** | **1%** | **8613** |
| **NCI-IDD** | **49%** | **10%** | **28%** | **11%** | **2%** | **30720** |

## Table 32. Guardian's/Conservator's Relationship to Person

*The option of "Friend" and "Financial Institution" are valid response options in the national report but not in the CA IPS, and are noted as N/A for each regional center and the CA statewide average.*

| Regional Center | Family | Friend | Public guardian/conservator or public administrator | Financial institution | N |
|---|---|---|---|---|---|
| SARC | 54% | n/a | 45% | n/a | 206 |
| **CA** | **42%** | **n/a** | **56%** | **n/a** | **3063** |
| **NCI-IDD** | **67%** | **2%** | **16%** | **0%** | **14215** |

## Table 33. Guardian's/Conservator's Relationship to Person (continued)

*The option of "For-profit guardianship/conservatorship agency" is a valid response option in the national report but not in the CA IPS, and is noted as N/A for each regional center and the CA statewide average.*

| Regional Center | Non-profit guardianship/conservatorship agency | For-profit guardianship/conservatorship agency | Unknown | Other | N |
|---|---|---|---|---|---|
| SARC | 0% | n/a | 0% | 1% | 206 |
| **CA** | **0%** | **n/a** | **0%** | **1%** | **3063** |
| **NCI-IDD** | **2%** | **0%** | **8%** | **5%** | **14215** |

## Table 34. Funding Source

*Categories are not mutually exclusive; therefore, N is not shown.*

| Regional Center | ICF/IID | Medicaid HCBS waiver funded services | Medicaid state plan funded | LTC exclusively supported by state funds and no Medicaid | LTC exclusively supported by state funds, person has Medicaid for health | Unknown |
|---|---|---|---|---|---|---|
| SARC | 0% | 88% | 15% | 0% | 0% | 0% |
| **CA** | **0%** | **79%** | **26%** | **0%** | **0%** | **0%** |
| **NCI-IDD** | **2%** | **86%** | **38%** | **0%** | **0%** | **2%** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 35. Person Receives Medicare

*No data table produced due to insufficient data.*

### Table 36. Amount of Daily Support Received at Home

*No data table produced due to insufficient data.*

### Table 37. Has Remote Supports

*Remote supports combine technology and direct care to provide supports such as home-based sensors, cameras, and other devices. No data table produced due to insufficient data.*

### Table 38. Has Ever Been Diagnosed or Presumed Diagnosed with COVID-19

| Regional Center | Yes | No | Unknown | N |
|---|---|---|---|---|
| SARC | 62% | 36% | 2% | 409 |
| **CA** | **52%** | **45%** | **3%** | **8565** |
| **NCI-IDD** | **40%** | **42%** | **18%** | **27359** |

### Table 39. Has Ever Required In-Patient Hospitalization Due to COVID-19 (of those who had COVID-19)

| Regional Center | Yes | No | Unknown | N |
|---|---|---|---|---|
| SARC | 5% | 95% | 0% | 253 |
| **CA** | **6%** | **93%** | **0%** | **4499** |
| **NCI-IDD** | **8%** | **90%** | **2%** | **11424** |

### Table 40. Has Gotten the COVID-19 Vaccine

| Regional Center | Yes, fully vaccinated and has received at least one booster | Yes, fully vaccinated | Partially vaccinated—received one of two doses of Pfizer-BioNTech or Moderna or Novavax | Not vaccinated at all | Unknown | N |
|---|---|---|---|---|---|---|
| SARC | 87% | 4% | 5% | 3% | 1% | 408 |
| **CA** | **60%** | **17%** | **11%** | **10%** | **2%** | **8560** |
| **NCI-IDD** | **50%** | **16%** | **6%** | **10%** | **18%** | **26985** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Employment*

*Value statement: People have competitive paid jobs in community-based businesses. People's jobs reflect varied preferences for employment.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 41. Has a community job; individual, group and/or in a business that primarily hires people with disabilities

*Information may have been obtained through state records.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 15% | 85% | 409 |
| **CA** | **15%** | **85%** | **8614** |
| **NCI-IDD** | **17%** | **83%** | **27290** |

### Table 42. Does not have paid community job and wants a paid community job

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 52% | 48% | 147 |
| **CA** | **51%** | **49%** | **3908** |
| **NCI-IDD** | **45%** | **55%** | **10535** |

### Table 43. Has community employment as a goal in their IPP

*No data table produced due to insufficient data.*

### Table 44. Uses special technology to help do their job

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 13% | 87% | 52 |
| **CA** | **22%** | **78%** | **1170** |
| **NCI-IDD** | **16%** | **84%** | **4682** |

### Table 45. Does these activities at least once a week

*Categories are not mutually exclusive; therefore, N is not shown*

| Regional Center | Attends day program or work program | Volunteers | Job training | School/ classes | Community activities with paid support | Other | No activities | Unknown |
|---|---|---|---|---|---|---|---|---|
| SARC | 48% | 26% | 8% | 28% | 30% | 25% | 15% | 4% |
| **CA** | **42%** | **17%** | **8%** | **19%** | **21%** | **15%** | **23%** | **4%** |
| **NCI-IDD** | **46%** | **20%** | **8%** | **10%** | **40%** | **22%** | **17%** | **3%** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 46. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 26% | 74% | 203 |
| **CA** | **23%** | **77%** | **5241** |
| **NCI-IDD** | **18%** | **82%** | **17301** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Community Inclusion and Belonging*

*Value statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 47. Gets to go out and do the things likes to do in the community as much as wants to**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 73% | 27% | 211 |
| **CA** | **70%** | **30%** | **5122** |
| **NCI-IDD** | **71%** | **29%** | **16914** |

**Table 48. Does things in the community with the people they want**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 82% | 18% | 208 |
| **CA** | **79%** | **21%** | **5040** |
| **NCI-IDD** | **81%** | **19%** | **16670** |

**Table 49. Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 91% | 9% | 95 |
| **CA** | **91%** | **9%** | **1713** |
| **NCI-IDD** | **92%** | **8%** | **8123** |

**Table 50. Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 86% | 14% | 99 |
| **CA** | **90%** | **10%** | **1716** |
| **NCI-IDD** | **91%** | **9%** | **8121** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 51. Gets help to learn new things**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 79% | 21% | 206 |
| **CA** | **72%** | **28%** | **5132** |
| **NCI-IDD** | **77%** | **23%** | **16923** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Choice and Decision Making*

*Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 52. Chose or had some input in choosing where they live if not living in the family home

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 42% | 58% | 159 |
| **CA** | **52%** | **48%** | **3076** |
| **NCI-IDD** | **57%** | **43%** | **14383** |

### Table 53. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 48% | 52% | 159 |
| **CA** | **40%** | **60%** | **3110** |
| **NCI-IDD** | **44%** | **56%** | **14534** |

### Table 54. Decides or has help deciding their daily schedule

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 81% | 19% | 407 |
| **CA** | **87%** | **13%** | **8545** |
| **NCI-IDD** | **86%** | **14%** | **30381** |

### Table 55. Decides or has help deciding how to spend free time

*Proxy respondents were allowed for this question; This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 89% | 11% | 405 |
| **CA** | **93%** | **7%** | **8518** |
| **NCI-IDD** | **93%** | **7%** | **30337** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 56. Has enough choice about what to do in free time

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 95% | 5% | 403 |
| **CA** | **91%** | **9%** | **8385** |
| **NCI-IDD** | **93%** | **7%** | **29653** |

### Table 57. Chose or had some help in choosing where they work (among those with a paid community job)

*Proxy respondents were allowed for this question; Reported for those determined to have a paid community job based on Background Information section.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 87% | 13% | 53 |
| **CA** | **87%** | **13%** | **1162** |
| **NCI-IDD** | **89%** | **11%** | **4055** |

### Table 58. Chose or had some input in choosing day program or work program

*Proxy respondents were allowed for this question; only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity or paid facility-based activity in the Background Information section*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | n/a | n/a | n/a |
| **CA** | **73%** | **27%** | **59** |
| **NCI-IDD** | **62%** | **38%** | **8053** |

Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in weighted average calculations.

### Table 59. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/work program)

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 78% | 22% | 259 |
| **CA** | **83%** | **17%** | **4671** |
| **NCI-IDD** | **84%** | **16%** | **18969** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 60. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 87% | 13% | 394 |
| **CA** | **91%** | **9%** | **8205** |
| **NCI-IDD** | **89%** | **11%** | **29440** |

### Table 61. Chose staff or were aware they could request to change staff

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 72% | 28% | 325 |
| **CA** | **68%** | **32%** | **6047** |
| **NCI-IDD** | **63%** | **37%** | **24758** |

### Table 62. Can change their case manager/service coordinator if wants to

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 72% | 28% | 389 |
| **CA** | **71%** | **29%** | **7984** |
| **NCI-IDD** | **74%** | **26%** | **28251** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Community Participation*

*Value Statement: People participate in activities in their communities.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 63. Went out shopping at least once in the past month (examples: groceries, clothing)

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 91% | 9% | 408 |
| **CA** | **89%** | **11%** | **8541** |
| **NCI-IDD** | **89%** | **11%** | **30126** |

### Table 64. Went out on errands at least once in the past month (examples: banks, post office, hairdressers or barber)

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 79% | 21% | 404 |
| **CA** | **80%** | **20%** | **8446** |
| **NCI-IDD** | **84%** | **16%** | **29697** |

### Table 65. Went out for entertainment at least once in the past month (examples: go to the movies or attend plays, concerts, sporting events, going out dancing)

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 78% | 22% | 407 |
| **CA** | **72%** | **28%** | **8513** |
| **NCI-IDD** | **75%** | **25%** | **30038** |

### Table 66. Went out to a restaurant or coffee shop at least once in the past month

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 84% | 16% | 407 |
| **CA** | **84%** | **16%** | **8518** |
| **NCI-IDD** | **85%** | **15%** | **30114** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 67. Went out to religious service or spiritual practice at least once in the past month (examples: church, synagogue, study, or other place of worship)**

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 37% | 63% | 404 |
| **CA** | **39%** | **61%** | **8517** |
| **NCI-IDD** | **39%** | **61%** | **29934** |

**Table 68. Takes part in groups, organizations or communities (in-person or virtually)**

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 25% | 75% | 399 |
| **CA** | **21%** | **79%** | **8458** |
| **NCI-IDD** | **29%** | **71%** | **30098** |

**Table 69. The groups, organizations or communities takes part in include people without disabilities**

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 43% | 57% | 94 |
| **CA** | **61%** | **39%** | **1683** |
| **NCI-IDD** | **57%** | **43%** | **8005** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Relationships*

*Value Statement: People are supported to build and maintain relationships that are important to them.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 70. Has friends who are not staff or family members**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 76% | 24% | 212 |
| **CA** | **72%** | **28%** | **5390** |
| **NCI-IDD** | **76%** | **24%** | **17638** |

**Table 71. Has best friend (may be staff or family)**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 76% | 24% | 169 |
| **CA** | **79%** | **21%** | **4343** |
| **NCI-IDD** | **81%** | **19%** | **14944** |

**Table 72. Wants help to make or keep in contact with friends**

*"Yes" and "Maybe" responses combined.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 63% | 37% | 203 |
| **CA** | **58%** | **42%** | **5150** |
| **NCI-IDD** | **57%** | **43%** | **17027** |

**Table 73. Has friends (may be staff or family) and can meet with their friends in person when they want**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 61% | 39% | 170 |
| **CA** | **64%** | **36%** | **4280** |
| **NCI-IDD** | **68%** | **32%** | **14812** |

**Table 74. Has other ways of talking, chatting, or communicating with friends when cannot see them in person**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 72% | 28% | 169 |
| **CA** | **79%** | **21%** | **4276** |
| **NCI-IDD** | **79%** | **21%** | **14912** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 75. Can see and/or talk with their family when they want (among those who do not live in the family home)**

*"Yes" and "Maybe" responses combined.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 93% | 7% | 83 |
| **CA** | **83%** | **17%** | **1941** |
| **NCI-IDD** | **84%** | **16%** | **8894** |

**Table 76. Often feels lonely**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 11% | 89% | 206 |
| **CA** | **13%** | **87%** | **5234** |
| **NCI-IDD** | **13%** | **87%** | **17157** |

**Table 77. Can go on a date or is married or living with partner**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 87% | 13% | 127 |
| **CA** | **79%** | **21%** | **3896** |
| **NCI-IDD** | **78%** | **22%** | **13225** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Satisfaction*

*Value Statement: People are satisfied with their everyday lives – where they live, work, the supports they receive, and what they do during the day.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 78. Likes home or where lives

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 90% | 10% | 223 |
| **CA** | **91%** | **9%** | **5734** |
| **NCI-IDD** | **90%** | **10%** | **18199** |

### Table 79. Wants to live somewhere else

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 32% | 68% | 206 |
| **CA** | **29%** | **71%** | **5445** |
| **NCI-IDD** | **28%** | **72%** | **17578** |

### Table 80. Has enough things they like to do at home

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 79% | 21% | 208 |
| **CA** | **81%** | **19%** | **5263** |
| **NCI-IDD** | **84%** | **16%** | **17336** |

### Table 81. Likes paid community job (if working in a paid community job)

*Based on those reported to have a paid community job (from the Background Information Section)*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 89% | 11% | 55 |
| **CA** | **88%** | **12%** | **1209** |
| **NCI-IDD** | **90%** | **10%** | **3624** |

### Table 82. Wants to go out shopping more, less or the same amount as last month

*Proxy respondents were allowed for this question*

| Regional Center | More | Less | The same amount | N |
|---|---|---|---|---|
| SARC | 37% | 10% | 53% | 399 |
| **CA** | **36%** | **8%** | **56%** | **8386** |
| **NCI-IDD** | **34%** | **6%** | **60%** | **29633** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 83. Wants to go out for entertainment more, less or the same amount as last month

*Proxy respondents were allowed for this question*

| Regional Center | More | Less | The same amount | N |
|---|---|---|---|---|
| SARC | 44% | 8% | 48% | 398 |
| **CA** | **48%** | **3%** | **49%** | **8340** |
| **NCI-IDD** | **44%** | **3%** | **53%** | **29600** |

### Table 84. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

*Proxy respondents were allowed for this question*

| Regional Center | More | Less | The same amount | N |
|---|---|---|---|---|
| SARC | 45% | 6% | 49% | 397 |
| **CA** | **44%** | **5%** | **51%** | **8393** |
| **NCI-IDD** | **42%** | **4%** | **54%** | **29757** |

### Table 85. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

*Proxy respondents were allowed for this question*

| Regional Center | More | Less | The same amount | N |
|---|---|---|---|---|
| SARC | 27% | 5% | 68% | 366 |
| **CA** | **21%** | **4%** | **75%** | **8110** |
| **NCI-IDD** | **21%** | **3%** | **76%** | **28554** |

### Table 86. Person wants to be a part of more community groups

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 46% | 54% | 369 |
| **CA** | **37%** | **63%** | **7832** |
| **NCI-IDD** | **36%** | **64%** | **28053** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 87. Likes how they usually spend time during the day

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 79% | 21% | 209 |
| **CA** | **78%** | **22%** | **5245** |
| **NCI-IDD** | **81%** | **19%** | **17318** |

### Table 88. Has used telehealth for healthcare services and like using it

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 43% | 57% | 234 |
| **CA** | **54%** | **46%** | **4126** |
| **NCI-IDD** | **55%** | **45%** | **13792** |

### Table 89. Has accessed services and support using video conference technology and like using it

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 42% | 58% | 204 |
| **CA** | **54%** | **46%** | **3083** |
| **NCI-IDD** | **59%** | **41%** | **6815** |

### Table 90. Have talked with their case manager/service coordinator using video conference technology and like using it

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 40% | 60% | 232 |
| **CA** | **58%** | **42%** | **2786** |
| **NCI-IDD** | **57%** | **43%** | **9658** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Self-Direction*

*Value statement: People who use a self-directed supports option have the information and support needed to actively participate in directing their own supports and services.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Table 91. Using a self-directed supports option

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 8% | 92% | 409 |
| **CA** | **7%** | **93%** | **8611** |
| **NCI-IDD** | **19%** | **81%** | **27890** |

## Table 92. People who make decisions or have input in making decisions about the services that are self-directed

| Regional Center | Person mostly makes decisions | Person has input, and family/friend helps | Family/friend makes decisions, person does not have input | Case manager/service coordinator or another professional employed by the state | N |
|---|---|---|---|---|---|
| SARC | 0% | 47% | 53% | 0% | 30 |
| **CA** | **19%** | **49%** | **30%** | **1%** | **533** |
| **NCI-IDD** | **16%** | **41%** | **40%** | **4%** | **3453** |

## Table 93. Can make changes to individual budget/services if needed

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | In-between | N |
|---|---|---|---|---|
| SARC | 82% | 4% | 14% | 28 |
| **CA** | **91%** | **3%** | **7%** | **471** |
| **NCI-IDD** | **90%** | **2%** | **8%** | **2984** |

## Table 94. Has enough help deciding how to direct services

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | In-between | N |
|---|---|---|---|---|
| SARC | 86% | 11% | 4% | 28 |
| **CA** | **82%** | **7%** | **10%** | **473** |
| **NCI-IDD** | **86%** | **5%** | **8%** | **2988** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 95. Has the amount of control wanted with the services that are self-directed**

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | In-between | N |
|---|---|---|---|---|
| SARC | 75% | 7% | 18% | 28 |
| **CA** | **81%** | **8%** | **11%** | **472** |
| **NCI-IDD** | **85%** | **5%** | **10%** | **2988** |

**Table 96. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.**

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | Sometimes | N |
|---|---|---|---|---|
| SARC | 39% | 18% | 43% | 28 |
| **CA** | **54%** | **19%** | **26%** | **472** |
| **NCI-IDD** | **64%** | **17%** | **19%** | **2984** |

**Table 97. Gets information about budget and services from financial management service (FMS)**

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | Sometimes | N |
|---|---|---|---|---|
| SARC | 79% | 14% | 7% | 28 |
| **CA** | **86%** | **9%** | **5%** | **462** |
| **NCI-IDD** | **85%** | **10%** | **5%** | **2914** |

**Table 98. Information from FMS is easy to understand**

*Proxy respondents were allowed for this question*

| Regional Center | Yes, easy to understand on own | No, not easy to understand and does not get help to understand | Some information is easy to understand or understands with help from others | N |
|---|---|---|---|---|
| SARC | 64% | 9% | 27% | 22 |
| **CA** | **65%** | **8%** | **27%** | **379** |
| **NCI-IDD** | **68%** | **7%** | **25%** | **2301** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Table 99. Frequency with which the person gets information from FMS

*Proxy respondents were allowed for this question*

| Regional Center | At least every three months | About twice a year | Once a year or less | N |
|---|---|---|---|---|
| SARC | 95% | 0% | 5% | 22 |
| **CA** | **78%** | **8%** | **14%** | **364** |
| **NCI-IDD** | **72%** | **13%** | **15%** | **2190** |

## Table 100a. Needs help with these elements of self-direction

*Categories are not mutually exclusive; therefore, N is not shown. Proxy respondents were allowed for this question.*

| Regional Center | Help planning out service needs and setting a schedule for staff | Help getting staff paid | Help finding or keeping the staff they want | Help training staff | Help managing benefits for staff |
|---|---|---|---|---|---|
| SARC | 15% | 26% | 37% | 19% | 7% |
| **CA** | **17%** | **19%** | **32%** | **21%** | **15%** |
| **NCI-IDD** | **9%** | **10%** | **24%** | **10%** | **7%** |

## Table 100b. Needs help with these elements of self-direction (continued)

*Categories are not mutually exclusive; therefore, N is not shown. Proxy respondents were allowed for this question.*

| Regional Center | Help understanding information gets from FMS | More information about what services and supports they can get | Other | Don't Know |
|---|---|---|---|---|
| SARC | 30% | 26% | 7% | 0% |
| **CA** | **26%** | **41%** | **16%** | **1%** |
| **NCI-IDD** | **16%** | **31%** | **13%** | **2%** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Service Coordination*

*Value Statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Individual Program Plans (IPP) reflect people's goals and needs and are modified as changes occur. People actively engage in the Individual Program Planning process.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 101. Has met or spoken with case manager/service coordinator**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 91% | 9% | 200 |
| **CA** | **88%** | **12%** | **5119** |
| **NCI-IDD** | **93%** | **7%** | **16961** |

**Table 102. Case manager/service coordinator knows what is important to person**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 85% | 15% | 175 |
| **CA** | **85%** | **15%** | **4240** |
| **NCI-IDD** | **90%** | **10%** | **14932** |

**Table 103. Able to contact case manager/service coordinator when wants**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 65% | 35% | 169 |
| **CA** | **80%** | **20%** | **4210** |
| **NCI-IDD** | **85%** | **15%** | **14817** |

**Table 104. Case manager/service coordinator has talked to them about technology that may help them in their everyday life**

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 30% | 70% | 380 |
| **CA** | **27%** | **73%** | **7831** |
| **NCI-IDD** | **33%** | **67%** | **27104** |

**Table 105. Was at last IPP meeting, or had the opportunity to be but chose not to**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 99% | 1% | 188 |
| **CA** | **97%** | **3%** | **4663** |
| **NCI-IDD** | **97%** | **3%** | **15787** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 106. Knew what was being talked about at last IPP meeting

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 77% | 23% | 176 |
| **CA** | **78%** | **22%** | **4250** |
| **NCI-IDD** | **81%** | **19%** | **14630** |

### Table 107. Last IPP meeting included people person wanted to be there

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 95% | 5% | 185 |
| **CA** | **91%** | **9%** | **4526** |
| **NCI-IDD** | **94%** | **6%** | **15239** |

### Table 108. Person helped make IPP

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 50% | 50% | 401 |
| **CA** | **69%** | **31%** | **8207** |
| **NCI-IDD** | **74%** | **26%** | **29273** |

### Table 109. Case manager/service coordinator reviews their IPP with them throughout the year, when needed

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 83% | 17% | 401 |
| **CA** | **76%** | **24%** | **8263** |
| **NCI-IDD** | **87%** | **13%** | **29442** |

### Table 110. IPP includes things that are important to person

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 90% | 10% | 139 |
| **CA** | **91%** | **9%** | **3586** |
| **NCI-IDD** | **94%** | **6%** | **13237** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## Table 111. Knows who to ask if wants to change something about services

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 81% | 19% | 399 |
| **CA** | **75%** | **25%** | **8359** |
| **NCI-IDD** | **80%** | **20%** | **29743** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Workforce*

*Value Statement: There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 112. Staff are respectful of person's culture**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 91% | 9% | 97 |
| **CA** | **97%** | **3%** | **2510** |
| **NCI-IDD** | **94%** | **6%** | **9611** |

**Table 113. Staff treat person with respect**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 89% | 11% | 98 |
| **CA** | **95%** | **5%** | **2568** |
| **NCI-IDD** | **92%** | **8%** | **9903** |

**Table 114. Person can talk or communicate with staff in their preferred language**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 96% | 4% | 97 |
| **CA** | **96%** | **4%** | **2569** |
| **NCI-IDD** | **96%** | **4%** | **9827** |

**Table 115. Staff do things the way person wants them done**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 72% | 28% | 97 |
| **CA** | **87%** | **13%** | **2482** |
| **NCI-IDD** | **86%** | **14%** | **9640** |

**Table 116. When in the community, staff support person in the way they want**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 81% | 19% | 97 |
| **CA** | **92%** | **8%** | **2482** |
| **NCI-IDD** | **91%** | **9%** | **9594** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 117. Staff come and leave when they are supposed to

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 86% | 14% | 92 |
| **CA** | **89%** | **11%** | **2365** |
| **NCI-IDD** | **89%** | **11%** | **9067** |

### Table 118. Person's staff change too often

*"Yes, staff do change too often" and "Sometimes or some staff" responses combined.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 55% | 45% | 93 |
| **CA** | **40%** | **60%** | **2401** |
| **NCI-IDD** | **40%** | **60%** | **9440** |

### Table 119. Staff have the right training to meet person's needs

*Proxy respondents (who were not staff) were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 86% | 14% | 236 |
| **CA** | **89%** | **11%** | **4699** |
| **NCI-IDD** | **89%** | **11%** | **19747** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Access*

*Value Statement: Services and supports are available, accessible, and responsive to people's needs. People know the options available to them for services and supports.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 120. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 81% | 19% | 212 |
| **CA** | **83%** | **17%** | **5265** |
| **NCI-IDD** | **82%** | **18%** | **17313** |

### Table 121. Has a way to get places needs to go (like work, appointments, etc.)

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 97% | 3% | 211 |
| **CA** | **93%** | **7%** | **5285** |
| **NCI-IDD** | **94%** | **6%** | **17403** |

### Table 122. Has access to the internet

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 89% | 11% | 406 |
| **CA** | **89%** | **11%** | **8552** |
| **NCI-IDD** | **86%** | **14%** | **30315** |

### Table 123. Internet always works at home

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 91% | 9% | 332 |
| **CA** | **88%** | **12%** | **6794** |
| **NCI-IDD** | **89%** | **11%** | **22007** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 124. Frequency uses internet

*Proxy respondents were allowed for this question*

| Regional Center | Everyday | Several times a week | Several times a month | Several times a year | Not at all | N |
|---|---|---|---|---|---|---|
| SARC | 76% | 11% | 3% | 0% | 9% | 370 |
| **CA** | **78%** | **9%** | **3%** | **1%** | **10%** | **7697** |
| **NCI-IDD** | **70%** | **10%** | **3%** | **1%** | **15%** | **26234** |

### Table 125. Uses technology in everyday life to help them do more things on their own

*"Using technology in everyday life" refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals; proxy respondents were allowed for this question.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 34% | 66% | 406 |
| **CA** | **39%** | **61%** | **8432** |
| **NCI-IDD** | **35%** | **65%** | **29793** |

### Table 126. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 93% | 7% | 138 |
| **CA** | **92%** | **8%** | **3238** |
| **NCI-IDD** | **92%** | **8%** | **10241** |

### Table 127. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 93% | 7% | 138 |
| **CA** | **93%** | **7%** | **3248** |
| **NCI-IDD** | **94%** | **6%** | **10283** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 128. Has used telehealth to talk with a health professional

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 60% | 40% | 406 |
| **CA** | **51%** | **49%** | **8454** |
| **NCI-IDD** | **51%** | **49%** | **29609** |

### Table 129. Accessed services or supports using videoconference technology

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 51% | 49% | 403 |
| **CA** | **37%** | **63%** | **8444** |
| **NCI-IDD** | **24%** | **76%** | **29536** |

### Table 130. Has talked with their case manager/service coordinator using videoconference technology

*Proxy respondents were allowed for this question.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 59% | 41% | 408 |
| **CA** | **35%** | **65%** | **8345** |
| **NCI-IDD** | **36%** | **64%** | **29445** |

### Table 131. Has a cell phone or smartphone

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 77% | 23% | 215 |
| **CA** | **80%** | **20%** | **5391** |
| **NCI-IDD** | **73%** | **27%** | **17567** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 132. Wants a cell phone or smartphone (if does not have one)

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 39% | 61% | 44 |
| **CA** | **47%** | **53%** | **942** |
| **NCI-IDD** | **45%** | **55%** | **4232** |

### Table 133. Reasons for not having a cell phone or smartphone despite wanting one

*Categories are not mutually exclusive; therefore, N is not shown.*

| Regional Center | Cost | Not allowed | Lost/broke my old phone | Other |
|---|---|---|---|---|
| SARC | n/a | n/a | n/a | n/a |
| **CA** | **36%** | **7%** | **22%** | **40%** |
| **NCI-IDD** | **36%** | **12%** | **21%** | **36%** |

Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in weighted average calculations.

### Table 134a. Additional services needed

*Categories are not mutually exclusive; therefore, N is not shown. Proxy respondents were allowed for this question.*

| Regional Center | Help finding a new place to live | Changes or modifications to home | Staff support to help at home | Help working on job skills |
|---|---|---|---|---|
| SARC | 17% | 7% | 15% | 24% |
| **CA** | **12%** | **8%** | **18%** | **23%** |
| **NCI-IDD** | **12%** | **10%** | **16%** | **19%** |

### Table 134b. Additional services needed (continued)

*Categories are not mutually exclusive; therefore, N is not shown. Proxy respondents were allowed for this question.*

| Regional Center | Help finding or signing up for classes | Help finding something different to do during the day (not including paid community job) | Help finding more reliable transportation |
|---|---|---|---|
| SARC | 25% | 28% | 21% |
| **CA** | **26%** | **24%** | **16%** |
| **NCI-IDD** | **19%** | **20%** | **15%** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 134c. Additional services needed (continued)

*Categories are not mutually exclusive; therefore, N is not shown. Proxy respondents were allowed for this question.*

| Regional Center | Help getting or using tech to help in everyday life | Help with healthcare | Help understanding medication |
|---|---|---|---|
| SARC | 12% | 10% | 7% |
| **CA** | **13%** | **10%** | **7%** |
| **NCI-IDD** | **13%** | **9%** | **8%** |

### Table 134d. Additional services needed (continued)

*Categories are not mutually exclusive; therefore, N is not shown. Proxy respondents were allowed for this question.*

| Regional Center | Help finding, getting or setting up mental health or behavioral health | Anything else | Does not need additional supports | Don't Know |
|---|---|---|---|---|
| SARC | 13% | 22% | 41% | 0% |
| **CA** | **12%** | **22%** | **40%** | **1%** |
| **NCI-IDD** | **10%** | **17%** | **44%** | **1%** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Safety*

*Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 135. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 24% | 76% | 206 |
| **CA** | **24%** | **76%** | **5272** |
| **NCI-IDD** | **22%** | **78%** | **17260** |

**Table 136. Has someone to go to for help when they feel afraid**

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 89% | 11% | 202 |
| **CA** | **92%** | **8%** | **5287** |
| **NCI-IDD** | **93%** | **7%** | **17372** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Health*

*Value Statement: People have access to and get recommended health services at the recommended frequencies.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 137. Has a primary care doctor or practitioner

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 96% | 4% | 408 |
| **CA** | **96%** | **4%** | **8545** |
| **NCI-IDD** | **97%** | **3%** | **30141** |

### Table 138. In poor health

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 2% | 98% | 406 |
| **CA** | **2%** | **98%** | **8548** |
| **NCI-IDD** | **2%** | **98%** | **30337** |

### Table 139. Had a complete physical exam in the past year (this refers to a routine exam, not a visit for a specific problem or illness)

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 91% | 9% | 399 |
| **CA** | **89%** | **11%** | **8396** |
| **NCI-IDD** | **89%** | **11%** | **28280** |

### Table 140. Had a routine dental exam in the past year

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 79% | 21% | 394 |
| **CA** | **81%** | **19%** | **8362** |
| **NCI-IDD** | **80%** | **20%** | **27492** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 141. Had an eye exam/vision screening in the past year

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 47% | 53% | 388 |
| **CA** | **55%** | **45%** | **8200** |
| **NCI-IDD** | **59%** | **41%** | **25677** |

### Table 142. Had a hearing test in the past five years

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 48% | 52% | 372 |
| **CA** | **51%** | **49%** | **7774** |
| **NCI-IDD** | **48%** | **52%** | **20811** |

### Table 143. Had a Pap test in the past three years (among women 21 and older)

*Information may have been obtained through state records.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 32% | 68% | 136 |
| **CA** | **38%** | **62%** | **2770** |
| **NCI-IDD** | **44%** | **56%** | **8209** |

### Table 144. Had a mammogram test in the past two years (among women 40 and over)

*Information may have been obtained through state records. The U.S. Preventive Services Task Force (USPSTF) recommends that all women get screened every other year starting at age 40 to reduce their risk of dying from breast cancer. For more information, please visit USPSTF's page on breast cancer screening.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 74% | 26% | 43 |
| **CA** | **73%** | **27%** | **865** |
| **NCI-IDD** | **73%** | **27%** | **2918** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 145. Last colorectal cancer screening (among people 45 to 75)

*Categories are not mutually exclusive; therefore, N is not shown. Information may have been obtained through State records, "Don't Know" included in denominator.*

| Regional Center | Colonoscopy within the past 10 years | Sigmoidoscopy within the past 5 years | Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year | Never had exam or screening | Don't Know |
|---|---|---|---|---|---|
| SARC | 30% | 1% | 37% | 29% | 18% |
| **CA** | **29%** | **2%** | **25%** | **32%** | **16%** |
| **NCI-IDD** | **32%** | **1%** | **10%** | **22%** | **36%** |

### Table 146. Had a flu vaccine in the past 12 months

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 70% | 30% | 402 |
| **CA** | **64%** | **36%** | **8370** |
| **NCI-IDD** | **67%** | **33%** | **25294** |

### Table 147. Went to the emergency room for any reason to get care for themselves in the past 12 months

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 22% | 78% | 407 |
| **CA** | **24%** | **76%** | **8504** |
| **NCI-IDD** | **27%** | **73%** | **30073** |

### Table 148. Fell and hurt themselves in the past six months

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 11% | 89% | 409 |
| **CA** | **13%** | **87%** | **8532** |
| **NCI-IDD** | **14%** | **86%** | **30196** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Medications*

*Value Statement: Medications are used effectively and appropriately.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 149. Takes medication for mood, anxiety, and/or psychotic disorders

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 23% | 77% | 331 |
| **CA** | **27%** | **73%** | **7425** |
| **NCI-IDD** | **46%** | **54%** | **26434** |

### Table 150. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders

*No data table produced due to insufficient data.*

### Table 151. Takes medication for behavioral challenges

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 3% | 97% | 331 |
| **CA** | **6%** | **94%** | **7443** |
| **NCI-IDD** | **24%** | **76%** | **26202** |

### Table 152. Number of medications taken for behavioral challenges if taking at least one for this purpose

*No data table produced due to insufficient data.*

### Table 153. Has behavior plan

*No data table produced due to insufficient data.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Wellness*

*Value Statement: People are supported to engage in and maintain healthy habits and lifestyles.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 154. Person uses nicotine or tobacco products

*Information may have been obtained through state records*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 2% | 98% | 398 |
| **CA** | **4%** | **96%** | **8413** |
| **NCI-IDD** | **5%** | **95%** | **29489** |

### Table 155. Body mass index (BMI) category (BMI calculated using data on weight and height)

*Information may have been obtained through state records*

| Regional Center | Underweight | Normal | Overweight | Obese | N |
|---|---|---|---|---|---|
| SARC | 6% | 32% | 28% | 34% | 405 |
| **CA** | **6%** | **32%** | **27%** | **35%** | **8497** |
| **NCI-IDD** | **5%** | **29%** | **27%** | **39%** | **27335** |

### Table 156. Exercises or does physical activity at least once per week for 10 minutes or more at a time

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 93% | 7% | 407 |
| **CA** | **85%** | **15%** | **8536** |
| **NCI-IDD** | **83%** | **17%** | **30186** |

### Table 157. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 39% | 61% | 405 |
| **CA** | **35%** | **65%** | **8517** |
| **NCI-IDD** | **33%** | **67%** | **30027** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *Rights and Respect*

*Value Statement: People's rights are respected and people receive the same respect and protections as others in the community.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 158. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 42% | 58% | 385 |
| **CA** | **26%** | **74%** | **8037** |
| **NCI-IDD** | **34%** | **66%** | **28369** |

### Table 159. Has ever voted in local, state, or federal election, or had the opportunity and chose not to

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 46% | 54% | 390 |
| **CA** | **42%** | **58%** | **8377** |
| **NCI-IDD** | **50%** | **50%** | **29401** |

### Table 160. Has a place to be alone in the home

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 96% | 4% | 204 |
| **CA** | **95%** | **5%** | **5451** |
| **NCI-IDD** | **97%** | **3%** | **17730** |

### Table 161. Has a key to the home

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 49% | 51% | 406 |
| **CA** | **51%** | **49%** | **8556** |
| **NCI-IDD** | **56%** | **44%** | **30267** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 162. Wants a key to the home (if does not have one)

*Proxy respondents were allowed for this question*

| Regional Center | Yes | Maybe, not sure | No | N |
|---|---|---|---|---|
| SARC | 10% | 7% | 82% | 188 |
| **CA** | **11%** | **8%** | **81%** | **3685** |
| **NCI-IDD** | **13%** | **7%** | **79%** | **11714** |

### Table 163. Can lock bedroom if wants

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 63% | 37% | 393 |
| **CA** | **58%** | **42%** | **8069** |
| **NCI-IDD** | **60%** | **40%** | **28005** |

### Table 164. Others (who do not live in the home) let person know before entering home

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 88% | 13% | 200 |
| **CA** | **88%** | **12%** | **5191** |
| **NCI-IDD** | **88%** | **12%** | **17154** |

### Table 165. Others let person know before coming into person's bedroom

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 77% | 23% | 208 |
| **CA** | **78%** | **22%** | **5312** |
| **NCI-IDD** | **80%** | **20%** | **17393** |

### Table 166. Others read person's mail or email without asking

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 8% | 92% | 165 |
| **CA** | **8%** | **92%** | **4671** |
| **NCI-IDD** | **11%** | **89%** | **15626** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 167. There are no rules for using phone or internet

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 86% | 14% | 186 |
| **CA** | **86%** | **14%** | **4869** |
| **NCI-IDD** | **83%** | **17%** | **16106** |

### Table 168. There are rules about having friends or visitors in the home

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 29% | 71% | 185 |
| **CA** | **30%** | **70%** | **4820** |
| **NCI-IDD** | **29%** | **71%** | **16011** |

### Table 169. Can stay at home if others in the house go somewhere

*Proxy respondents were allowed for this question*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 55% | 45% | 387 |
| **CA** | **47%** | **53%** | **8032** |
| **NCI-IDD** | **45%** | **55%** | **28085** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## *California Specific Questions*

*Additional survey questions were added into the California survey tool.*

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 170. If have a paid job in the community, also works with co-workers who do not have a disability

*Section I questions must be answered by the individual receiving services. Proxy responses are not permitted. The table includes only surveys with valid Section I responses from the individual receiving services.*

| Regional Center | Yes, I have a paid job in the community, and I work with at least some co-workers who do not have a disability | No, I have a paid job in the community but only work with co-workers who have a disability | N |
|---|---|---|---|
| SARC | 89% | 11% | 47 |
| **CA** | **83%** | **17%** | **1112** |

### Table 171. Are there staff at your job who speak your preferred language?

*Section I questions must be answered by the individual receiving services. Proxy responses are not permitted. The table includes only surveys with valid Section I responses from the individual receiving services.*

| Regional Center | Yes | No | Sometimes | N |
|---|---|---|---|---|
| SARC | 98% | 0% | 2% | 51 |
| **CA** | **97%** | **2%** | **1%** | **1216** |

### Table 172. Do people read your text messages without asking you first? (For example, do people read your text messages without your permission?)

*Section I questions must be answered by the individual receiving services. Proxy responses are not permitted. The table includes only surveys with valid Section I responses from the individual receiving services.*

| Regional Center | Yes, people read my text messages without asking me first | No, people do not read my text messages without asking me first | N |
|---|---|---|---|
| SARC | 4% | 96% | 150 |
| **CA** | **6%** | **94%** | **4026** |

### Table 173a. Best way to receive information from the regional center?

*Section I questions must be answered by the individual receiving services. Proxy responses are not permitted. The table includes only surveys with valid Section I responses from the individual receiving services.*

*Categories are not mutually exclusive; therefore, N is not shown.*

| Regional Center | Phone call (landline) | Phone call (cell phone) | Text message | Email | Information posted on the regional center website |
|---|---|---|---|---|---|
| SARC | 9% | 57% | 18% | 29% | 0% |
| **CA** | **15%** | **47%** | **22%** | **36%** | **0%** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 173b. Best way to receive information from the regional center (continued)

*Section I questions must be answered by the individual receiving services. Proxy responses are not permitted. The table includes only surveys with valid Section I responses from the individual receiving services.*

*Categories are not mutually exclusive; therefore, N is not shown.*

| Regional Center | Facebook post | Instagram post | Twitter post | WhatsApp message | Direct mail | Other |
|---|---|---|---|---|---|---|
| SARC | 0% | 0% | 0% | 0% | 29% | 11% |
| **CA** | **0%** | **0%** | **0%** | **0%** | **40%** | **17%** |

### Table 174. Got a copy of your IPP in your preferred language

*Section I questions must be answered by the individual receiving services. Proxy responses are not permitted. The table includes only surveys with valid Section I responses from the individual receiving services.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC * | 85% | 15% | 149 |
| **CA *** | **90%** | **10%** | **4045** |

Asterisk (*) indicates more than 25% missing or don't know responses.

### Table 175. Knows what to do if disagree with a decision made by a regional center (For example, do you know how to ask for a Fair Hearing or file a complaint?)

*Section I questions must be answered by the individual receiving services. Proxy responses are not permitted. The table includes only surveys with valid Section I responses from the individual receiving services.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC * | 43% | 57% | 148 |
| **CA *** | **50%** | **50%** | **4076** |

Asterisk (*) indicates more than 25% missing or don't know responses.

### Table 176. Feel prepared for how to handle a natural disaster emergency (such as a wildfire or earthquake)

*Section I questions must be answered by the individual receiving services. Proxy responses are not permitted. The table includes only surveys with valid Section I responses from the individual receiving services.*

*Categories are not mutually exclusive; therefore, N is not shown.*

| Regional Center | Yes, I have a written emergency plan | Yes, I know what to do but do not have an emergency plan | Yes, I have a 'go bag' of things that I can take with me if I have to leave my home or workplace | No, I do not feel prepared for how to handle a natural disaster |
|---|---|---|---|---|
| SARC | 9% | 59% | 13% | 12% |
| **CA** | **10%** | **50%** | **16%** | **18%** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

### Table 177. If participated in religious or spiritual practice (either in-person or online), chose the religious service or spiritual practice attended

*Section II questions may be answered by the individual receiving services or a proxy. The table includes only surveys with valid Section II responses either from a proxy or the individual receiving services.*

| Regional Center | Yes | No | N |
|---|---|---|---|
| SARC | 74% | 26% | 163 |
| **CA** | **71%** | **29%** | **3559** |

### Table 178. If have a job, get paid the California state minimum wage ($16.00/hour)

*Section II questions may be answered by the individual receiving services or a proxy. The table includes only surveys with valid Section II responses either from a proxy or the individual receiving services.*

| Regional Center | Yes, I get paid $16.00/hour or more | No, I get paid less than $16.00/hour | N |
|---|---|---|---|
| SARC | 91% | 9% | 47 |
| **CA** | **93%** | **7%** | **1183** |

### Table 179. Staff at day program or work program who speak preferred language

*Section II questions may be answered by the individual receiving services or a proxy. The table includes only surveys with valid Section II responses either from a proxy or the individual receiving services.*

| Regional Center | Yes | Sometimes | No | N |
|---|---|---|---|---|
| SARC | 97% | 1% | 2% | 273 |
| **CA** | **97%** | **2%** | **1%** | **4756** |

### Table 180. Have to ask for permission to get spending money to buy things

*Section II questions may be answered by the individual receiving services or a proxy. The table includes only surveys with valid Section II responses either from a proxy or the individual receiving services.*

| Regional Center | Yes, I have to explain how I am going to spend my money before they give it to me | Yes, someone keeps my money and I ask for it when I need it | No, I keep my money with me | N |
|---|---|---|---|---|
| SARC | 10% | 62% | 28% | 368 |
| **CA** | **6%** | **51%** | **42%** | **7823** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

**Table 181. Devices that can be used to access the internet, talk with others, or see others**

*Section II questions may be answered by the individual receiving services or a proxy. The table includes only surveys with valid Section II responses either from a proxy or the individual receiving services.*

*Categories are not mutually exclusive; therefore, N is not shown.*

| Regional Center | Tablet | Smart phone | Computer | Another electronic device | Do not have a computer/tablet/or another electronic device |
|---|---|---|---|---|---|
| SARC | 57% | 47% | 35% | 27% | 13% |
| **CA** | **52%** | **56%** | **33%** | **26%** | **15%** |

*The NCI-IDD average is weighted. Regional Centers receive an "n/a" designation within the table if 20 or fewer people responded to the survey item; however, their data are included in the Weighted CA Average.*

## NCI-IDD History and Activities

### *Overview of National Core Indicators*

In December 1996, the National Association of State Directors of Developmental Disabilities Services (NASDDDS), in collaboration with the Human Services Research Institute (HSRI), launched the Core Indicators Project (CIP). The aim of the project was to support state developmental disabilities operating agencies in the development and implementation of performance and outcome indicators—and related data collection strategies—so that they could measure service delivery system performance. This effort, now called National Core Indicators—Intellectual and Developmental Disabilities (NCI-IDD), strives to provide states with valid and reliable tools to help improve system performance and better serve people with intellectual and developmental disabilities and their families. Moreover, NASDDDS' active sponsorship of NCI-IDD facilitates pooled knowledge, expertise, and resources among the states.

In 1997, 15 states convened to discuss the scope and content of a potential performance measurement framework. Directors and staff from these 15 states worked to identify the major domains and sub-domains of performance, indicators, measures, and data sources. The original 61 indicators, developed through a consensus process, were intended to provide a system-level "snapshot" of how well each state was performing. The states were guided by a set of criteria that was designed to select indicators that were:

1. Measurable
2. Related to issues the states had some ability to influence
3. Important to all individuals they served, regardless of level of disability or residential setting.

During this initial phase, data collection protocols were developed and field-tested, including a face-to-face In-Person Survey[1] (for individuals age 18 and older who were receiving services) and a mail-out Adult Family Survey (for families who have an adult family member living at home). Seven states volunteered to pilot test the indicators. Eight additional states served on the Steering Committee.

Since the initial field test, NCI-IDD has expanded its scope to include outcomes of services for children with intellectual and developmental disabilities and their families. In addition, NCI-IDD continues to develop and refine the indicators and expand state

[1] Formerly named 'Adult Consumer Survey'

participation. For more information about NCI-IDD states, technical reports, and other resources, please visit https://idd.nationalcoreindicators.org.

### *The Core Indicators*

The Core Indicators are the standard measures used across states to assess the outcomes of services provided to individuals and families. Indicators address key areas of concern, including employment, respect/rights, individual program planning, community inclusion, choice, and health and safety. To see the entire list of Core Indicators, please visit https://idd.nationalcoreindicators.org/wp-content/uploads/2022/09/NCI_IDD_Indicators_FINAL_21-22.pdf .

Each survey instrument is designed to measure certain Core Indicators. While most indicators correspond to a single survey question, a few refer to clusters of related questions. For example, the indicator that measures Community Inclusion (the proportion of people who regularly participate in everyday integrated activities in their communities) is measured by several survey questions that ask about several separate community activities.

The current set of performance indicators includes approximately 100 consumer, family, system, and health and safety outcomes—outcomes that are important to understanding the overall health of public developmental disabilities agencies. Indicators are organized across domains: Individual Outcomes; Health, Welfare and Rights; System Performance. Each domain is broken down into sub-domains (see Figure B on the following page). Three data sources are used to assess outcomes: the In-Person Survey, three Family Surveys, and a State of the Workforce Survey (e.g., staff turnover).

The indicators have remained generally consistent over the last several years and thus can be used to analyze system-level trends over time. However, the NCI-IDD program is a dynamic effort that allows for measures to be added, dropped, or changed to reflect current and future priorities of participating states.

The data collection tools used to gather indicator data are regularly refined and tested to assure they remain valid, reliable, and applicable to current issues within the field.

### *Domains and Sub-Domains*

The following table lists the domains and sub-domains covered by the NCI-IDD In-Person Survey indicators.

**Figure B. In-Person Survey Indicators: Domains and Sub-Domains**

## *Individual Outcomes Domain*

| Sub-domain | Value Statement |
|---|---|
| **Employment** | People have competitive paid jobs in community-based businesses. People's jobs reflect varied preferences for employment. |
| **Community Inclusion and Belonging** | People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing. |
| **Community Participation** | People participate in activities in their community. |
| **Choice and Decision-Making** | People are supported to make everyday choices and life decisions. Support for decision making includes necessary information and experiences. |
| **Relationships** | People are supported to build and maintain relationships that are important to them. |
| **Satisfaction** | People are satisfied with their everyday lives – where they live, work, the supports they receive and what they do during the day. |

## *System Performance*

| Sub-domain | Value Statement |
|---|---|
| **Self-Direction** | People who use a self-directed supports option have the information and support needed to actively participate in directing their own supports and services. |
| **Service Coordination** | Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Individual Program Plans (IPP) reflect people's goals and needs and are modified as changes occur. People actively engage in the Individual Program Planning process. |
| **Workforce** | There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people. |
| **Access** | Services and supports are available, accessible, and responsive to people's needs. People know the options available to them for services and supports. |

### *Health, Welfare, and Rights*

| Sub-domain | Value Statement |
|---|---|
| **Safety** | People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe. |
| **Health** | People have access to and get recommended health services at the recommended frequencies. |
| **Medications** | Medications are used effectively and appropriately. |
| **Wellness** | People maintain healthy habits. |
| **Respect/Rights** | People's rights are respected, and people receive the same respect and protections as others in the community. |

## *How NCI Data Are Used*

The Core Indicators provide information for quality management and are intended to be used in conjunction with other state data sources, such as risk management information, regional level performance data, results of provider monitoring processes, and administrative information gathered at the individual service coordination level. States typically use the indicator data to inform strategic planning, produce legislative reports, and prioritize quality improvement initiatives. Some states use NCI as a data source for supplemental performance measures in their home and community-based services (HCBS) waiver quality management systems and include the information in support of evidentiary reports to the Centers for Medicare & Medicaid Services (CMS). Many states share the indicator data with stakeholder groups such as Quality Councils and use the stakeholder feedback to help set priorities and establish policy direction. It is also important to note that states do not use the information in a punitive way to sanction service providers, nor do they use the results to remediate individual issues (unless specifically requested by the participant or required by law as in the case of suspected abuse, neglect, or mistreatment).

For more information on how to use these data for quality improvement, please see this handbook: Using National Core Indicators for Quality Improvement Initiatives.[2]

[2] Located on the National Core Indicators website: https://idd.nationalcoreindicators.org → How It Works → How to use data. Direct link: https://idd.nationalcoreindicators.org/wp-content/uploads/2026/07/UsingNCIDataforQualityImprovementInitiatives.pdf

## Methodology

Check out the Frequently Asked Questions for more information on Methodology.

### *Administration*

A key principle of NCI-IDD is the importance of gathering information directly from service recipients. The indicators are meant to apply to all individuals receiving services from the state developmental disabilities service system, regardless of disability type, and NCI-IDD administration protocols dictate that every person selected into the sample is given an opportunity to respond and no one is prescreened or predetermined to be unable to respond. Moreover, survey questions should not be marked "not applicable" on the basis of a person's level of ability.

Information for the In-Person Survey is collected via a direct conversation with the person receiving services. Additionally, background information is primarily collected from the individual's record. Section I questions, which pertain to personal experiences and require subjective responses, may only be answered by the individual receiving services. Section II of the survey, which consists of objective questions on the individual's involvement in the community, their choices, respect and rights, and their access to services, allows for the use of "proxy" or other respondents who know the individual well (such as a family member or friend).

### *Proxy Respondents*

Studies have found that the greatest discrepancies between individual and proxy responses occur when the information being collected is subjective (i.e., related to how a person feels; proxies would be aware of the correct answers only if the individual had previously expressed his or her feelings).[3] Questions relating to observable behaviors tend to have higher levels of agreement between the proxy and the individual. By excluding proxies, a large percentage of individuals (most of whom are unable to respond) would be unrepresented in the data. Thus, the NCI-IDD determined at the outset that proxy respondents would be used, though only for specific questions and only in situations where the individual surveyed either could not effectively communicate with the surveyor or chose to have a proxy respondent.

As mentioned, the use of proxy respondents for the NCI-IDD tool is limited to questions in Section II, which relates to observable and/or measurable items: Community Inclusion, Choices, Respect/Rights, and Access to Needed Services. These questions

[3] Magaziner, Jay, Sheryl Zimmerman, Ann L. Gruber-Baldini, J. Richard Hebel, and Kathleen M. Fox. "Proxy Reporting in Five Areas of Functional Status Comparison with Self-Reports and Observations of Performance." American Journal of Epidemiology 146.5 (1997): 418-28.

deal with everyday occurrences on which others may reliably report. State records are also used to report objective data on an individual's health status and exam history as well as employment status; this information is collected in the Background Section of the survey.

NCI-IDD has taken steps to guarantee that the responses gathered are as accurate as possible. First, it is important to make the questions as accessible as possible to increase participation by all individuals. Surveyors are trained to make informed decisions about whether to include a proxy respondent. NCI-IDD attempts to make the language in the In-Person Survey as easy to understand as possible and includes suggested rephrasing for questions that may be nuanced or more difficult to understand. The NCI-IDD surveys are also routinely revised based on feedback from states, self-advocates, families, and surveyors who are administering the tool. Secondly, it is important to establish a set of standards for proxy respondents. NCI-IDD aims to increase the reliability of proxy responses by allowing only those people who know the individual well (family, friends, staff, etc.) to serve as proxy respondents.

To avoid conflict, case managers/service coordinators are not allowed to respond as proxies. Further, if both the individual and a proxy respondent answer a question, the individual's answer is recorded so long as his/her answer is deemed reliable by the surveyor. Surveyors also keep track of who responds to each question—the individual or the proxy—and the proxy's relationship to the individual.

### *Surveyor Training*

States employ a variety of individuals to conduct the face-to-face meetings for the NCI-IDD In-Person Survey. To avoid conflict, surveys cannot be administered by the individual's service provider, relative, personal case manager, staff member, or other close contact. Given this constraint, states often use university students, state staff, private contractors, advocacy organizations, and individuals with disabilities and their families to conduct the surveys.

NCI-IDD National staff implements a required, standardized training for NCI-IDD surveyors each year. Training includes asynchronous and synchronous trainings that include an in-depth review of the NCI-IDD program, survey administration protocol and procedures, and the survey tool. The goal of trainings is to provide a standardized training to assure uniform application of the survey.

Additional training is available to review the process for entering survey data in the Online Data Entry Survey Application (ODESA).

## Data Analysis

### *Criteria for Exclusion of Responses*

All individuals selected in the survey sample are given an opportunity to participate in a face-to-face meeting. There are no prescreening procedures. Exclusion of responses occurs at the time of data analysis by HSRI, based on the criteria described below. There is no threshold of number of answers to be given in order to consider a survey complete.

Surveys are excluded from analysis of questions occurring in Section I if:

1. The surveyor indicated that the individual receiving supports did not respond validly to questions in Section I.
2. All questions in Section I were missing or marked n/a or Don't Know.

Surveys are excluded from analysis of questions occurring in Section II if:

1. The individual receiving supports was marked as the respondent to all questions in Section II but Section I was deemed invalid (for one of the reasons above).
2. No questions were answered in Section II.

The total number of valid In-Person Surveys included in the NCI-IDD average in this report is 30,888; CA contributed 8,614 surveys.

### *Responses for Section I*

Only individuals receiving services may answer questions in Section I. As shown in Figure C, 60% of individuals included in the NCI-IDD total and 67% of individuals in the total CA sample responded to Section I of the direct meeting; valid responses by Regional Center ranged from 56% to 78%.

### *Responses for Section II*

Section II allows for multiple respondents who know the individual well (e.g. family, friend, support worker) to provide answers. If an individual's responses were excluded from Section I in the final analysis, responses from Section II were also excluded if the individual was the only respondent to Section II. For 2024-25, the valid response rate (proxies included) to Section II across NCI-IDD states was 99.7% and 99.9% for CA.

### *Sampling*

Each state is instructed to attempt to complete surveys with a sample of adults who are receiving at least one publicly funded service in addition to case management. A sample size of 400 guarantees valid comparisons to be made across states with a 95% confidence level and a margin of error of +/- 5%, no matter how large the service

population size. A 95% confidence level and a margin of error of +/-5% is mandatory for each state's sample to be included in this report. Most states sample more than 400 individuals to account for refusals and surveys that may be deemed invalid.

In California, the overall approach was to draw a "core sample" based on the minimum numbers needed to yield valid samples from each regional center. Each regional center is represented by at least 400 surveys. Sampling by regional center included stratification to assure that the racial/ethnic makeup of the final sample was proportional to the racial/ethnic population served by each regional center.

### Why do we ask states to collect 400 surveys?

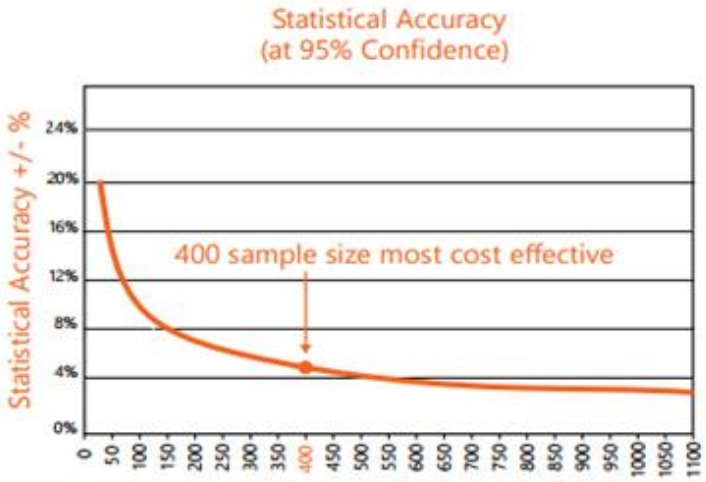
When NCI-IDD asks states to pull a representative sample of 400 surveys, the aim is to compile a dataset that can provide a high level of statistical accuracy. This means that the goal is to create a dataset that can be used to make accurate inferences about the entire population of people using public services in each state. In order to do this, we ask each participating state to pull a sample that reaches the 95% confidence level/5% margin of error threshold; for most states, this sample size is 400.

A sample size that reaches the 95% confidence level/5% margin of error threshold means that if you sampled that number of people from the same population several times, 95% of your responses would fall within 5% above or below the actual percentages. Using this sample size we can assume relative accuracy. The larger the sample size, the smaller the margin of error and the greater the accuracy.

Statistical accuracy is largely a function of sample size. The larger the sample size, the greater the statistical accuracy of results (lower margin of error). However, gains in statistical accuracy are not proportional to increases in sample size. There are diminishing returns. For example, for a large total population, if the sample size increases by 100, and then by another 100, and then by another 100, the statistical accuracy might increase by 5%, then by 3%, then by 1%.

As a result, the 400 sample size gives a statistical accuracy of ±5% and is considered the most "cost effective" sample size for large-scale surveys. Meaning, you could sample more people, but the increase in statistical accuracy those "extra" people would provide is minimal, and not worth the money.

To play around with this, take a look at www.raosoft.com/samplesize.html NCI-IDD requires a margin of error at most 5% and a 95% confidence level. As you increase the population size (in our case, this represents the service population), you'll see that the recommended sample size does not increase proportionally.




https://answersresearch.com/wp-content/uploads/2015/06/Answers-Research-Magic-400-062315.pdf

**Figure C. Valid Surveys and Response Rates by Regional Center 2024-25**

| Regional Center | % Valid Answers to Section I | % Valid Answers to Section II | Number of Valid Surveys Completed |
|---|---|---|---|
| **ACRC** | 71.6% | 100.0% | 415 |
| **CVRC** | 78.0% | 99.8% | 405 |
| **ELARC** | 68.3% | 99.5% | 410 |
| **FDLRC** | 70.6% | 99.8% | 402 |
| **FNRC** | 78.0% | 100.0% | 432 |
| **GGRC** | 60.5% | 100.0% | 392 |
| **HRC** | 63.4% | 99.8% | 410 |
| **IRC** | 63.1% | 100.0% | 428 |
| **KRC** | 67.9% | 100.0% | 405 |
| **NBRC** | 68.8% | 100.0% | 400 |
| **NLACRC** | 64.3% | 100.0% | 415 |
| **RCEB** | 62.0% | 99.8% | 410 |
| **RCOC** | 60.8% | 100.0% | 406 |
| **RCRC** | 75.4% | 100.0% | 410 |
| **SARC** | 55.7% | 100.0% | 409 |
| **SCLARC** | 58.4% | 100.0% | 409 |
| **SDRC** | 60.8% | 99.8% | 416 |
| **SGPRC** | 60.2% | 100.0% | 417 |
| **TCRC** | 75.8% | 100.0% | 401 |
| **VMRC** | 69.6% | 99.5% | 415 |
| **WRC** | 75.9% | 100.0% | 407 |
| **CA Unweighted Total** | 67.1% | 99.9% | 8614 |
| **NCI-IDD Unweighted Total** | 59.5% | 99.6% | 30888 |

## *Data Management and Analysis*

HSRI coordinates the NCI data management and analysis. All states enter data into the Online Data Entry Survey Application (ODESA) system; HSRI staff subsequently download the data into an SPSS data file. This data file is then "cleaned" (reviewed for completeness and compliance with standard NCI formats), and invalid responses are eliminated. Files from individual states are then merged into a single SPSS file. The merged file from 2024-25 was used for all analyses in this report.

Below is a summary of the statistical procedures used to analyze the In-Person Survey data.

## *Weighting*

Statistically, the term "average" refers to a calculated central or middle value of a set of numbers. In NCI reports, we use "NCI average" to demonstrate the typical performance of all the states that conducted the survey. Prior to the 2016-17 survey cycle, the NCI average was calculated as the simple arithmetic mean of all state means (an approach known as "average of averages").

The NCI averages are "weighted" to reflect the states' relative population and sample sizes. We created the weights using the state's number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI average (that is, its contribution is *proportional to its service population*).

When a state's sampling strategy is to identify and interview survey participants using simple random sampling or proportional stratified random sampling, each completed survey in the state gets assigned the same weight. In some cases, when a state's sampling strategy departs markedly from simple random or proportional, it may be necessary for completed surveys in the state to be assigned different weights based on which sampling strata they correspond to.

CA stratified its sample by Regional Center to get more focused insights. Weights are applied in the calculation of the CA average. The weights are calculated using the number of completed surveys and service population sizes in each Regional Center.

The number of respondents (N) for each question is not weighted.

### *Collapsing Data*

For many of the indicators in this report, only “yes” responses are analyzed and reported comparisons. However, there are several indicators for which the “yes” response was collapsed with the middle response (for example, a “sometimes” response, or a “some input” response) to form the “yes” indicator category which was then analyzed and subsequently reported. For example, for choice indicators, responses “person chose” and “person had some input” were collapsed into one “yes, person chose” category. For those indicators, the two responses were considered to be equally indicative of a positive outcome. See Appendix A for information on how the data are collapsed and recoded.

# Appendix A: NCI-IDD In-Person Survey 2024-25 Recoding Guide

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Demographics | Age | n/a | BI-2 |
| Demographics | Age Group | 1=18-22<br>2=23-34<br>3=35-54<br>4=55-74<br>5=75 and older<br>6=Unknown | BI-2 |
| Demographics | Sex | n/a | BI-3 |
| Demographics | Marital Status | n/a | BI-7 |
| Demographics | Is this person a parent? | n/a | BI-8 |
| Demographics | Race and Ethnicity | *NOTE: Reported all categories without creating the categorical variable. ; In previous years, this variable was mutually exclusive* | BI-4 |
| Demographics | Residential designation | n/a | BI-1 |
| Demographics | Type of residence – ICFs/ID, nursing facilities or other specialized institutional settings | Response options 1,2,3,4,5 | BI-36 |
| Demographics | Type of residence – group residential setting | Response options 6-8 | BI-36 |
| Demographics | Type of residence (continued) | Response options 9-15 | BI-36 |
| Demographics | Length of time at current residence (if not homeless or in crisis bed placement) | n/a | BI-35 |
| Demographics | Person's residence owned or controlled by provider agency | n/a | BI-37 |
| Demographics | Person is named on the lease or other legally enforceable rental agreement | n/a | BI-38 |
| Demographics | Has Intellectual/Developmental Disability diagnosis | n/a | BI-10 |
| Demographics | Level of Intellectual/Developmental Disability | n/a | BI-11 |
| Demographics | Mood, anxiety, behavior, psychotic, and other mental illness | “Don’t know” responses are in denominators | BI-12 |
| Demographics | Diagnoses noted in record | “Don’t know” responses are in denominators | BI-12 |
| Demographics | Diagnoses noted in record (continued) | “Don’t know” responses are in denominators | BI-12 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Demographics | Other conditions in record | “Don’t know” responses are in denominators | BI-13 |
| Demographics | Other conditions in record (continued) | “Don’t know” responses are in denominators | BI-13 |
| Demographics | Other conditions in record (continued) | “Don’t know” responses are in denominators | BI-13 |
| Demographics | Preferred language | n/a | BI-15 |
| Demographics | Preferred language (continued) | n/a | BI-15 |
| Demographics | Preferred language (continued) | n/a | BI-15 |
| Demographics | Preferred language (continued) | n/a | BI-15 |
| Demographics | Preferred means of communication | n/a | BI-16 |
| Demographics | Mobility | n/a | BI-17 |
| Demographics | Support needed to manage self-injurious behavior | n/a | BI-59 |
| Demographics | Support needed to manage disruptive behavior | n/a | BI-60 |
| Demographics | Support needed to manage destructive behavior | n/a | BI-60 |
| Demographics | Level of guardianship/conservatorship | n/a | BI-5 |
| Demographics | Guardian’s/Conservator’s relationship to person | n/a | BI-6 |
| Demographics | Guardian’s/Conservator’s relationship to person (continued) | n/a | BI-6 |
| Demographics | Funding source | n/a | BI-51 |
| Demographics | Person receives Medicare | n/a | BI-52 |
| Demographics | Amount of daily support received at home | n/a | BI-39 |
| Demographics | Has remote supports | n/a | BI-40 |
| Demographics | Has ever been diagnosed or presumed diagnosed with COVID-19 | n/a | BI-62 |
| Demographics | Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID-19) | n/a | BI-63 |
| Demographics | Has gotten the COVID-19 vaccine | n/a | BI-64 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Employment | Has a community job; individual, group and/or in a business that primarily hires people with disabilities | Response options collapsed:<br>• YES=Yes<br>• NO=No | BI-41 to BI-43 |
| Employment | Does not have paid community job and wants a paid community job | Response options collapsed:<br>• YES=Yes<br>• NO=No, in-between | 7 |
| Employment | Has community employment as a goal in their IPP | Response options collapsed:<br>• YES=Community employment in IPP<br>• NO=No | BI-55 |
| Employment | Uses special technology to help do their job | Response options collapsed:<br>• YES=Yes<br>• NO=No | 9 |
| Employment | Does these activities at least once a week | n/a | 11 |
| Employment | Takes part in classes, training, or skills-building activities to gain skills to expand their job opportunities | Response options collapsed:<br>• YES=Yes<br>• NO=No | 10 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Community Inclusion and Belonging | Gets to go out and do the things likes to do in the community as much as wants to | Response options collapsed:<br>• YES=Yes<br>• NO=No, or some activities or sometimes | 22 |
| Community Inclusion and Belonging | Does things in the community with the people they want | Response options collapsed:<br>• YES=Yes<br>• NO=No, or some activities or some people | 23 |
| Community Inclusion and Belonging | Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities) | Response options collapsed:<br>• YES=Yes, all groups<br>• NO=No, sometimes or some groups | 68 |
| Community Inclusion and Belonging | Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities) | Response options collapsed:<br>• YES=Yes, all groups<br>• NO=No, sometimes or some groups | 69 |
| Community Inclusion and Belonging | Gets help to learn new things | Response options collapsed:<br>• YES=Yes<br>• NO=No, maybe | 25 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Choice and Decision-making | Chose or had some input in choosing where they live if not living in the family home | Response options collapsed:<br>• YES=Person made choice, person had some input<br>• NO=Someone else chose | 72 |
| Choice and Decision-making | Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone | Response options collapsed:<br>• YES=Person made choice, person had some input<br>• NO=Someone else chose | 73 |
| Choice and Decision-making | Decides or has help deciding their daily schedule | Response options collapsed:<br>• YES=Person made choice, person had some input<br>• NO=Someone else chose | 77 |
| Choice and Decision-making | Decides or has help deciding how to spend free time | Response options collapsed:<br>• YES=Person made choice, person had some input<br>• NO=Someone else chose | 78 |
| Choice and Decision-making | Has enough choice about what to do in free time | n/a | 79 |
| Choice and Decision-making | Chose or had some help in choosing where they work (among those with a paid community job) | Response options collapsed:<br>• YES=Person made choice, person had some input<br>• NO=Someone else chose | 74 |
| Choice and Decision-making | Chose or had some input in choosing day program or work program | Response options collapsed:<br>• YES=Person made choice, person had some input<br>• NO=Someone else chose | 75 |
| Choice and Decision-making | Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/work program) | Response options collapsed:<br>• YES=Person made choice, person had some input<br>• NO=Someone else chose | 76 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Choice and Decision-making | Chooses or has help deciding what to buy or has set limits on what to buy with their spending money | Response options collapsed:<br>• YES=Person chooses, person has help choosing what to buy or has set limits (such as can buy small items but not big items)<br>• NO=Someone else chose | 80 |
| Choice and Decision-making | Chose staff or were aware they could request to change staff | Response options collapsed:<br>• YES=Person chose staff, Staff are assigned but can be changed if requested by person<br>• NO=Someone else chose | 82 |
| Choice and Decision-making | Can change their case manager/service coordinator if wants to | Response options collapsed:<br>YES= Yes<br>NO= Maybe, not sure, or no | 81 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Community Participation | Went out shopping at least once in the past month | Response options collapsed:<br>• YES= One or two times, three or four times, five or more times<br>• NO= Did not go | 56 |
| Community Participation | Went out on errands at least once in the past month | Response options collapsed:<br>• YES= One or two times, three or four times, five or more times<br>• NO= Did not go | 58 |
| Community Participation | Went out for entertainment at least once in the past month | Response options collapsed:<br>• YES= One or two times, three or four times, five or more times<br>• NO= Did not go | 59 |
| Community Participation | Went out to a restaurant or coffee shop at least once in the past month | Response options collapsed:<br>• YES= One or two times, three or four times, five or more times<br>• NO= Did not go | 61 |
| Community Participation | Went out to religious service or spiritual practice at least once in the past month | Response options collapsed:<br>• YES= One or two times, three or four times, five or more times<br>• NO= Did not go | 63 |
| Community Participation | Takes part in groups, organizations or communities (in-person or virtually) | n/a | 65 |
| Community Participation | The groups, organizations or communities takes part in include people without disabilities | Response options collapsed:<br>• YES= Yes<br>• NO= No, some groups | 67 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Relationships | Has friends who are not staff or family members | Response options collapsed:<br>• YES= yes, not staff or family<br>• NO= no, only staff or family | 14 |
| Relationships | Has best friend (may be staff or family) | n/a | 15 |
| Relationships | Wants help to make or keep in contact with friends | Response options collapsed:<br>• YES= Yes, maybe<br>• NO= no | 18 |
| Relationships | Has friends (may be staff or family) and can meet with their friends in person when they want | Response options collapsed:<br>• YES= Yes<br>• NO= No, often unable to see friends, Sometimes cannot see friends when wants | 16 |
| Relationships | Has other ways of talking, chatting, or communicating with friends when cannot see them in person | Response options collapsed:<br>• YES= Yes<br>• NO= No, sometimes | 17 |
| Relationships | Can see and/or talk with their family when they want (among those who do not live in the family home) | Response options collapsed:<br>• YES= Yes<br>• NO= No, sometimes | 21 |
| Relationships | Often feels lonely | Response options collapsed:<br>• YES= Yes, often<br>• NO= No, not often or sometimes | 20 |
| Relationships | Can go on a date or is married or living with partner | Response options collapsed:<br>• YES= Yes or is married living with partner<br>• NO= No, or yes but with restrictions | 19 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Satisfaction | Likes home or where lives | Response options collapsed:<br>• YES= Yes<br>• NO= No, or in between | 1 |
| Satisfaction | Wants to live somewhere else | Response options collapsed:<br>• YES= Yes<br>• NO= No, or in between | 2 |
| Satisfaction | Has enough things they like to do at home | Response options collapsed:<br>• YES= Yes<br>• NO= Not enough or in the middle | 28 |
| Satisfaction | Likes paid community job (if working in a paid community job) | Response options collapsed:<br>• YES= Yes<br>• NO= No or in between | 8 |
| Satisfaction | Wants to go out shopping more, less or the same amount as last month | n/a | 57 |
| Satisfaction | Wants to go out for entertainment more, less or the same amount as last month | n/a | 60 |
| Satisfaction | Wants to go out to a restaurant or coffee shop more, less or the same amount as last month | n/a | 62 |
| Satisfaction | Wants to go out to a religious service or spiritual practice more, less or the same amount as last month | n/a | 64 |
| Satisfaction | Person wants to be a part of more community groups | n/a | 66 |
| Satisfaction | Likes how they usually spend time during the day | Response options collapsed:<br>• YES= Yes<br>• NO= No or some days or sometimes | 24 |
| Satisfaction | Has used telehealth for healthcare services and like using it | Response options collapsed:<br>• YES= Yes<br>• NO= No or in between | 95 |
| Satisfaction | Has accessed services and support using video conference technology and like using it | Response options collapsed:<br>• YES= Yes<br>• NO= No or in between | 99 |
| Satisfaction | Have talked with their case manager/service coordinator using video conference technology and like using it | Response options collapsed:<br>• YES= Yes<br>• NO= No or in between | 97 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Self-Direction | Using a self-directed supports option | Response options collapsed:<br>• YES= Yes<br>• NO= No | BI-57 |
| Self-Direction | People who make decisions or have input in making decisions about the services that are self-directed | n/a | 108 |
| Self-Direction | Can make changes to individual budget/services if needed | n/a | 110 |
| Self-Direction | Has enough help deciding how to direct services | n/a | 109 |
| Self-Direction | Has the amount of control wanted with the services that are self-directed | n/a | 111 |
| Self-Direction | The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire. | n/a | 112 |
| Self-Direction | Gets information about budget and services from financial management service (FMS) | n/a | 113 |
| Self-Direction | Information from FMS is easy to understand | n/a | 114 |
| Self-Direction | Frequency with which the person gets information from FMS | n/a | 115 |
| Self-Direction | Needs help with these elements of self-direction | n/a | 116 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Service Coordination | Has met or spoken with case manager/service coordinator | Response options collapsed:<br>• YES= Yes<br>• NO= No or maybe, not sure | 45 |
| Service Coordination | Case manager/service coordinator knows what is important to person | Response options collapsed:<br>• YES= Yes<br>• NO= No or maybe, knows some things that are important | 46 |
| Service Coordination | Able to contact case manager/service coordinator when wants | Response options collapsed:<br>• YES= Yes<br>• NO= No or sometimes | 47 |
| Service Coordination | Case manager/service coordinator has talked to them about technology that may help them in their everyday life | n/a | 91 |
| Service Coordination | Was at last IPP meeting, or had the opportunity to be but chose not to | Response options collapsed:<br>• YES= Yes or had option but chose not to<br>• NO= No | 48 |
| Service Coordination | Knew what was being talked about at last IPP meeting | Response options collapsed:<br>• YES= Yes<br>• NO= No or in-between | 50 |
| Service Coordination | Last IPP meeting included people person wanted to be there | Response options collapsed:<br>• YES= Yes<br>• NO= No or in-between | 49 |
| Service Coordination | Person helped make IPP | Response options collapsed:<br>• YES= Yes<br>• NO= No or maybe, not sure | 53 |
| Service Coordination | Case manager/service coordinator reviews their IPP with them throughout the year, when needed | Response options collapsed:<br>• YES= Yes<br>• NO= No or maybe, not sure | 54 |
| Service Coordination | IPP includes things that are important to person | Response options collapsed:<br>• YES= Yes<br>• NO= No or in-between | 52 |
| Service Coordination | Knows who to ask if wants to change something about services | Response options collapsed:<br>• YES= Yes<br>• NO= No or maybe | 55 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Workforce | Staff are respectful of person's culture | Response options collapsed:<br>• YES= Yes, all staff, always<br>• NO= No or sometimes or some staff | 38 |
| Workforce | Staff treat person with respect | Response options collapsed:<br>• YES= Yes, all staff, always<br>• NO= No or sometimes or some staff | 39 |
| Workforce | Person can talk or communicate with staff in their preferred language | Response options collapsed:<br>• YES= Yes, all staff, always<br>• NO= No or sometimes or some staff | 40 |
| Workforce | Staff do things the way person wants them done | Response options collapsed:<br>• YES= Yes, all staff, always<br>• NO= No or sometimes or some staff | 42 |
| Workforce | When in the community, staff support person in the way they want | Response options collapsed:<br>• YES= Yes, all staff, always<br>• NO= No or sometimes or some staff | 41 |
| Workforce | Staff come and leave when they are supposed to | Response options collapsed:<br>• YES= Yes, all staff, always<br>• NO= No or sometimes or some staff | 43 |
| Workforce | Person's staff change too often | Response options collapsed:<br>• YES= Yes, staff do change too often<br>• NO= No staff do not change too often | 44 |
| Workforce | Staff have the right training to meet person's needs | Response options collapsed:<br>• YES= Yes<br>• NO= No, maybe, not sure, or only some staff have the right training | 106 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Access | Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun | Response options collapsed:<br>• YES= Yes, almost always<br>• NO= No almost never, sometimes | 26 |
| Access | Has a way to get places needs to go (like work, appointments, etc.) | Response options collapsed:<br>• YES= Yes, almost always<br>• NO= No almost never, sometimes | 27 |
| Access | Has access to the internet | Response options collapsed:<br>• YES= Yes<br>• NO= No, sometimes | 87 |
| Access | Internet always works at home | Response options collapsed:<br>• YES= Yes<br>• NO= Rarely, never or sometimes works | 89 |
| Access | Frequency uses internet | n/a | 88 |
| Access | Uses technology in everyday life to help them do more things on their own | n/a | 90 |
| Access | Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own) | Response options collapsed:<br>• YES= Yes<br>• NO= No, sometimes or some technology | 92 |
| Access | Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own) | Response options collapsed:<br>• YES= Yes<br>• NO= No, maybe not sure | 93 |
| Access | Has used telehealth to talk with a health professional | n/a | 94 |
| Access | Accessed services or supports using videoconference technology | n/a | 98 |
| Access | Has talked with their case manager/service coordinator using videoconference technology | n/a | 96 |
| Access | Has a cell phone or smartphone | n/a | 34 |
| Access | Wants a cell phone or smartphone (if does not have one) | n/a | 35 |
| Access | Reasons does not have cell phone or smartphone | n/a | 36 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Access | Additional services needed | n/a | 105 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Safety | Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places | Response options collapsed:<br>• YES= Yes, either in home, day program, work, community, transport, or other<br>• NO= No | 12 |
| Safety | Has someone to go to for help when they feel afraid | Response options collapsed:<br>• YES= Yes<br>• NO= No, or maybe | 13 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Health | Has a primary care doctor or practitioner | n/a | BI-18 |
| Health | In poor health | Response options collapsed:<br>• YES= Yes, in poor health<br>• NO= No, health is excellent, very good, good or fair | 100 |
| Health | Had a complete physical exam in the past year (routine exam, not a visit for a specific problem or illness) | Response options collapsed:<br>• YES= Yes, In the past year (anytime less than 12 months ago)<br>• NO= One year ago or more | BI-19 |
| Health | Had a routine dental exam in the past year | Response options collapsed:<br>• YES= Yes, within the last 6 months or within the past year<br>• NO= One year ago or more | BI-20 |
| Health | Had an eye exam/vision screening in the past year | Response options collapsed:<br>• YES= Yes, within the past year<br>• NO= Within past 2 years, within past 3 years, within past 5 years, 5 or more years ago, and has never had a vision screening | BI-21 |
| Health | Had a hearing test in the past five years | Response options collapsed:<br>• YES= Yes, within the past 5 years<br>• NO= 5 years ago or more or has never had a hearing test | BI-22 |
| Health | Had a Pap test in the past three years (among women 21 and older) | Response options collapsed:<br>• YES= Yes, Within past year, within past 2 years, within past 3 years<br>• NO= Within past 5 years, 5 or more years ago, and has never had a Pap test | BI-27 |
| Health | Had a mammogram test in the past two years (among women age 40 and over) | Response options collapsed:<br>• YES= Yes, within past year, within past 2 years<br>• NO= Within past 3 years, within past 5 years, 5 or more years ago, and has never had a mammogram | BI-28 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Health | Last colorectal cancer screening (among people age 45 to 75) | n/a | BI-29 |
| Health | Had a flu vaccine in the past 12 months | n/a | BI-23 |
| Health | Went to the emergency room for any reason to get care for themselves in the past 12 months | n/a | 101 |
| Health | Fell and hurt themselves in the past six months | n/a | 102 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Medications | Takes medication for mood, anxiety, and/or psychotic disorders | Response options collapsed:<br>• YES= Yes, takes meds for mood, anxiety, psychotic disorders<br>• NO= No meds for mood, anxiety, psychotic disorders | BI-30 |
| Medications | Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders | n/a | BI-31 |
| Medications | Takes medication for behavioral challenges | Response options collapsed:<br>• YES= Yes, takes meds for behavioral challenges<br>• NO= No does not take meds for behavioral challenges | BI-32 |
| Medications | Number of medications taken for behavioral challenges if taking at least one for this purpose | n/a | BI-33 |
| Medications | Has behavior plan | n/a | BI-34 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Wellness | Uses nicotine or tobacco products | n/a | BI-26 |
| Wellness | Body Mass Index (BMI) category (BMI calculated using data on weight and height) | n/a | BI-24, BI-25 |
| Wellness | Exercises or does physical activity at least once per week for 10 minutes or more at a time | Response options collapsed:<br>• YES= Yes, 1 or 2 times, 3 or 4 times or 5 or more times<br>• NO= No | 103 |
| Wellness | Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard | Response options collapsed:<br>• YES= Yes, 1 or 2 times, 3 or 4 times or 5 or more times<br>• NO= No | 104 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Rights and Respect | Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to | Response options collapsed:<br>• YES= Yes, or had the opportunity but chose not to<br>• NO= No and did not have the opportunity to participate | 70 |
| Rights and Respect | Has ever voted in local, state, or federal election, or had the opportunity and chose not to | Response options collapsed:<br>• YES= Yes, or had the opportunity to register to vote but chose not to<br>• NO= No and did not have the opportunity to register to vote | 71 |
| Rights and Respect | Has a place to be alone in the home | n/a | 5 |
| Rights and Respect | Has a key to the home | Response options collapsed:<br>• YES= Yes<br>• NO= No or maybe, not sure | 83 |
| Rights and Respect | Wants a key to the home (if does not have one) | n/a | 84 |
| Rights and Respect | Can lock bedroom if wants | Response options collapsed:<br>• YES= Yes<br>• NO= No or maybe, not sure | 86 |
| Rights and Respect | Others (who do not live in the home) let person know before entering home | Response options collapsed:<br>• YES= Yes<br>• NO= No or sometimes | 3 |
| Rights and Respect | Others let person know before coming into person's bedroom | Response options collapsed:<br>• YES= Yes<br>• NO= No or sometimes | 4 |
| Rights and Respect | Others read person's mail or email without asking | Response options collapsed:<br>• YES= Yes mail/email is read without permission<br>• NO= No person reads own mail/email or others read with permission | 31 |
| Rights and Respect | There are no rules for using phone or internet | Response options collapsed:<br>• YES= There are no rules about using phone/internet<br>• NO= Rules about internet only, rules about using phone/internet, and rules about phone only | 33 |
| Rights and Respect | There are rules about having friends or visitors in the home | n/a | 32 |

| Sub-domain | Table Title | Recoding/Collapsing | Question Number |
|---|---|---|---|
| Rights and Respect | Can stay at home if others in the house go somewhere | Response options collapsed:<br>• YES= Yes<br>• NO= No or sometimes can stay at home, sometimes has to go | 85 |

California-Specific questions are not collapsed